

1982 Seminole Cross Country Schedule

Date	Event	Place	Time
September 18	Seminole Three Way Meet	Seminole Golf Course	9:00 A.M.
September 25	FSU Invitational	Seminole Golf Course	9:30 A.M.
October 2	Ohio State	Columbus, Ohio	10:30 A.M.
October 9	Furman Invitational	Greenville, S.C.	12:00 Noon
October 22	Florida Invitational	Gainesville, Fl.	6:00 P.M.
November 6	Metro Conference Meet	Blacksburg, Va.	11:00 A.M.
November 13	NCAA Regional	Greenville, S.C.	11:00 A.M.
November 22	NCAA National Championship	Bloomington, In.	11:00 A.M.

1982 Florida State Cross Country Guide

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Florida State Cross Country Information

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Cross Country Phone	904/644-3836
Home Course	Seminole Golf Course

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Florida State Facts

Founded
President Dr. Bernard F. Sliger
Enrollment
Location
Colors Garnet and Gold
Athletic Director C. W. "Hootie" Ingram

The 1982 Florida State Cross Country Guide is published by the FSU Department of Intercollegiate Athletics for the media, perspective athletes and for friends of the University. Questions not covered in this brochure should be directed to the FSU Sports Information Office, 113 Wildwood St., Tallahassee, Fl. 32304.

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Head Coach John Brogle

In just four short seasons as head coach of Florida State's cross country team, John Brogle has taken the Seminoles from a squad that had never qualified for the national championships to a team that placed eighth last season at the NCAA National Championships.

Last season's lofty finish is not that surprising when one examines Brogle's coaching record. Whether in the high school or collegiate ranks, Brogle has produced championship clubs at both levels.

Brogle began his coaching career at Clearwater's Oak Grove Junior High School after graduation from Florida State in 1966 with a physical education degree. After three successful years at that school, Brogle moved on to St. Petersburg Catholic.

It was here that Brogle would put together cross country teams that would dominate state competition for nearly a decade at the AAA level. Under Brogle's leadership, St. Petersburg Catholic went on to win the state cross country championship in 1969-72-73-75 and never finish below third place in eight seasons.

In addition to cross country, Brogle also was the mentor for the St. Petersburg Catholic track teams that finished in the top three in state competition for five consecutive years, including a state title in 1970.

Brogle brought his coaching talents back to his alma mater when he was named assistant track coach in 1976. One season later, Brogle became head cross country coach.

During his tenure as cross country coach, Brogle has led his squad to two Metro Conference Championships and two runner up trophies. But 1981 brought the most impressive FSU cross country achievement to date. Under Brogle, FSU not only qualified its first team ever for the national championships — but surprised the cross country world with a top ten finish. He earned Metro Coach of the Year honors in the cross country division for 1980.

Brogle's athletic accomplishments are not restricted to the coaching field. Prior to his graduation at Florida State, Brogle was a standout athlete for legendary coach Mike Long.

As a Seminole runner, Brogle captained the 1966 team and also set a school record in the 880-yard run with a time of 1:52.2.

Following completion of his degree at FSU, Brogle went on to earn a master's degree in physical education from the University of South Florida. The popular Seminole mentor also serves as an assistant professor within Florida State's physical education school.

He and his wife Margie have two children, Kimberly Ann, 15, and John Mark Jr., 8.

1982 Outlook

At first glance, one would assume Florida State's cross country team would be undergoing a rebuilding year in 1982. After an unbelievable season in which the Tribe finished eighth at the NCAA Cross Country Championship, FSU head coach John Brogle returns only a shell of that team.

Gone from that 1981 squad is All-American Herb Wills who finished 16th overall in the NCAA meet and was only the fourth American runner to cross the finish line. Gone also is Larry Greene, who placed 56th overall and 26th among American runners. Doug Overfelt, Scott Taylor, John Hodge and Robb Gomez, all solid performers, have also departed via the graduation route.

But a rebuilding year is the last description Brogle wants to use when describing his squad. "To me, rebuilding carries an implication that there is no way a team can match the previous year's accomplishments," Brogle says. "That's the last thing I want to convey to our athletes. We have the same goals that we had last season. We want to win the Metro Conference Championship and we want to qualify for nationals."

Although the loss of Wills and Greene will hit the Seminoles hard, FSU does return a solid trio of runners. With his track eligibility used up, Phillip Rolle has one season of cross country remaining after serving a three-year stint in our country's armed forces.

Brogle gives much of the credit to Rolle for FSU's lofty national finish. "Without Phillip we would not have finished nearly as high," Brogle says. "Although he's basically a middle distance runner, he came on strong for us and had a great regional and national meet. We hope he'll be able to repeat last season's stellar performance."

If the Seminoles are to be successful in 1982, Brogle believes that senior Ronnie Treadway must have a productive season. A transfer from Brevard JC, Treadway had a strong first half season before leveling off. "With a year's experience behind him, I believe Ronnie is ready for a big season," Brogle says.

Another runner the Tribe will be counting on is senior Bobby Shackleford. A Miami, Florida native, Shackleford was redshirted with injuries last year and returns as a fifth year senior. Described by Brogle as a strong runner with good potential, Shackleford must shake off nagging injuries that have slowed his career.

Juniors Paul Hodge and Pete Nachtigal return to bring quality depth to the Tribe's squad.

Four outstanding newcomers will compete for the Seminoles this season. Paul Waldron, a junior college transfer from Seminole Community College, heads the list. A former runner at the high school level for Brogle, Waldron was a two-time All-American at the junior college level.

A proven runner at the 10,000-meter level, Waldron will also help the Seminole track team at the middle distance level.

Jeff Muth, another junior college transfer, may also turn out to be a factor in the Seminole plans. A native of Orlando, Muth attended Brevard Junior College (North Carolina) for one season before transferring to FSU. Brogle went to Edgewater High School and signed outstanding distance runners Chip Apple and Greg Doss. Both runners placed high in the Florida 4A high school cross country championships, with Doss also placing eighth in the Junior National Cross Country meet.

If the Seminoles are to meet their goals outlined by Brogle, they must peak at the proper time. As usual, the Tribe will take part in a competitive schedule leading up to the Metro Conference Championship on November 6 and the NCAA regionals a week later.

Top meets the Tribe will compete in this season include the Furman Invitational (November 9) and the Florida meet (November 22). "The Furman Invitational is extremely important," Brogle says. "This course has given us some trouble in the past and since regionals are held here it will be advantageous to run in this meet before regionals begin."

In addition, FSU will host the Seminole Invitational on September 25. Southeast powers Florida, Alabama, Auburn and Georgia have already committed to the meet.

If the Seminoles are to recapture the Metro title, it must dethrone champion Virginia Tech. "Winning the Metro is always our goal and seems Virginia Tech is always the stumbling block," Brogle says. "They're a great team and will have the advantage of the home course."

How does Brogle rate his team's chances for a Metro title and a return to the NCAA national meet? "It's not going to be easy, but it never is," Brogle says. "We'll go out there and compete as hard as we can and then we'll see what happens."



Florida State Cross Country Roster

Name	Ht.	Wt.	Cl.	Hometown
Chip Apple	6-0	150	Fr.	Orlando, Fl.
Brother Barker	5-10	152	Jr.	Bristol, Va.
Greg Doss	5-11	145	Fr.	Orlando, Fl.
Paul Hodge	5-11	150	Jr.	Tallahassee, Fl.
Tony Lewis	5-7	125	Fr.	Ft. Myers, Fl.
Andrew Maurey	5-9	140	Sr.	Tallahassee, Fl.
Rich Melvin	5-7	135	So.	Miami, Fl.
Jeff Muth	5-9	137	So.	Orlando, Fl.
Pete Nachtigal	5-11	150	Jr.	Largo, Fl.
Philip Rolle	6-0	140	Sr.	Ft. Lauderdale, Fl.
Bobby Shackleford	6-0	160	Sr.	Miami, Fl.
Ronnie Treadway	6-1	155	Sr.	Palmetto, Fl.
Paul Waldron	6-0	140	Jr.	St. Petersburg, Fl.



Teammate of FSU recruit Chip Apple . . . placed second at state championships in 4A division . . . excellent middle distance prospect for track team . . . recorded a 4:14 mile in placing third at state track championships . . . showed promise with an eighth place finish this summer at the National Junior Cross Country Championships . . . one of top recruits in Southeast region.

FSU Cross Country All-Americans





MISNER

BROOKS

WILLS

Throughout FSU's cross country history, three athletes have earned the title All-America at Florida State. Herb Wills, a 1981 graduate, became the latest with a 16th place finish at the NCAA Championships last year. Before that, Ken Misner and Bobby Brooks earned the honor.



Chip Apple Fr. — Orlando, Fl.

One of two talented freshman distance runners from Edgewater High School to sign with the Seminoles . . . placed fifth in the 1981 4A cross country championships . . . recorded a career best 9:28 in the two mile . . . running style should fit in with collegiate cross country . . . has outstanding potential.



Greg Do



Returns to cross country team after missing entire 1981 season with injury . . . brother of former Seminole cross country runner John Hodge . . . could be a major factor on FSU's squad if he can remain healthy.



Jeff Muth So. — Orlando, Fla.

Comes to Florida State from Brevard Community College in North Carolina . . . will have three years of eligibility left . . . top times in high school competition include a 9:20 timing in two-mile . . . described by coach John Brogle as capable of breaking into top seven and providing quality depth.



Pete Nachtigal Jr. — Largo, Fl.

Former Largo High School standout . . . has seen limited cross country action in first two years at Florida State . . . has contributed to FSU's track success in the middle distances.



Philip Rolle Sr. — Ft. Lauderdale, Fl.

Has one year of eligibility left in cross country after serving three-year stint in armed forces . . . one of FSU's top middle distance runners in track for past two seasons . . . placed 68th at the NCAA cross country championships last season, despite a four year layoff from cross country competition . . . recorded 1:46.6 timing in the 800-meters . . . former FSU All-American in the 800-meter run and 1600-meter relay . . . placed second in 800-meter run at prestigious Dominoe Pizza Relays in 1982 . . . could earn All-America honors this season in cross country.



Bobby Shackleford Sr. — Miami, Fl.

Returns for senior season after receiving medical redshirt last year ... must overcome nagging injuries that have hampered career ... projected by Brogle to be one of FSU's top three runners ... has recorded a 1:51.4 timing in 800 meter distance in track ... capable of having outstanding year.



Ronnie Treadway Sr. — Palmetto, Fl.

Played important role in leading FSU to eighth place finish at NCAA's last season . . . recorded a 14:22 in the 5000-meters during the outdoor season . . . former All-American at junior college level in cross country . . . will provide team leadership for Seminoles this season.



Paul Waldron Jr. — St. Petersburg, Fl.

Comes to Florida State from Seminole Community College where he earned All-American honors in cross country . . . top times include an impressive 8:54 two-mile, 14:28 in the 5,000-meters and a 30:53 in the 10,000-meters . . . described by Brogle as having the "dedication, desire and natural ability to be a major contributor to Seminole squad."

1981 Cross Country Results

(12-1 Overall, 1-0 Dual)

Floric	la State Invitational		NCAA Region III (4th)	
30	Florida	34	East Tennessee	87
30	Troy State	101	Tennessee	91
30	South Alabama	103	Clemson	93
30	South Florida	112	Florida State	133
30	Albany State	195	Auburn	148
Dual	Meet		NCAA Nationals (8th)	
15	Notre Dame	40	Texas-El Paso (UTEP)	17
			Providence	109
			Arkansas	175
Florid	la Invitational		Wisconsin	179
24	Florida	43	UCLA	187
24	South Florida	68	East Tennessee State	223
			Arizona	253
			Florida State	257
			Clemson	300
	o Conference Champ	Committee of the Commit	Illinois	305
31	Virginia Tech	24		
31	Memphis State	97		
31	Cincinnáti	119		
31	Louisville	124		
31	Tulane	169		

Metro Conference Championship Results

	1981		1977
1.	Virginia Tech	24	1. St. Louis 38
2.	Florida State	31	2. Cincinnati 59
3.	Memphis State	97	3. Memphis State 71
			4. Florida State 78
	1		
	1980		
1.	Virginia Tech	30	1976
2.	Florida State	38	1. Memphis State 43
3.	Memphis State	86	2. Georgia Tech 65
			3. Cincinnati 73
			4. Florida State 78
	1979		,
1.	Florida State	39	
2.	Virginia Tech	51	1975*
3.	Memphis State	54	1. Georgia Tech 53
			2. Memphis State 57
			3. St. Louis 67
	1978		
1.	Florida State	43	Manager of the Control of the Contro
2.	St. Louis	55	*Florida State joined
3.	Virginia Tech	58	Metro in 1976.
8			



THIS IS FLORIDA STATE

Florida State University — the home of more than 22,500 Seminoles — has a campus that starts at the top of one of Tallahassee's famed seven hills, and rolls gently downward and westward across 340-odd acres of pines, palms and pecan trees.

Founded in 1857 as the Seminary West of the Suwannee, its heritage is evidenced in the wide range of architectural struggles to preserve history and keep up with modern times and air conditioning. Yet it still ranks as one of the South's last, few bastions of campus greenery—the kind that combines the blossoms of campulsias, azaleas and dogwoods with moss-hung oaks that are, in some cases, as old as the University itself, if not older.

From the Gothic towers of Westcott at the eastern entrance to the campus, to the modern glass and steel structures of its Science Complex to the west, Florida State University has moved forward in time and growth more rapidly than many of its newer counterparts in the State University System. Its enrollment has quadrupled since it became coeducational in 1947, following nearly half a century as the Florida State College for Women.

Today, its 14 schools and colleges are spread through \$150 million worth of buildings, its annual budget exceeds \$100 million and it attracts more than \$18 million a year in research contracts and grants. Students can pick and choose from more than 100 career options offered in arts and sciences, business, communication, criminology, dance, education, home economics, law, library science, music, nursing, social sciences, social work, theater and visual arts programs.

The location of FSU in the Capital City of Florida offers unusual opportunities for study and research in the social and policy sciences, and an optimum environment for internships and on-the-job learning experiences for students in many fields of study.

A city within a city, Florida State has 1,200 faculty members, more than 6,000 additional employees and a construction program that will exceed \$50 million before the end of 1981.