

FSU

- HEAD COACH **BOBBY BOWDEN**
- **CHUCK AMATO**
- **MICKEY ANDREWS**
- JEFF BOWDEN



- JIM GLADDEN
- **ODELL HAGGINS**
- JIMMY HEGGINS
- JOHN LILLY
- MARK RICHT
- BILLY SEXTON
- DAVE VAN HALANGER FOOTBALL STAFF TRAINING STAFF SUPPORT STAFF

HE COACH

HEAD COACH BOBBY BOWDE

beautifully illustrated for 23 remarkable years in Tallahassee, but his interest in the coaching aspect probably came much earlier in

In 1943, a 13-year old Robert Cleckler Bowden was bed ridden for six months suffering from rheumatic fever. An outstanding young athlete who literally grew up in the shadow of Legion Field, Bowden was subjected to a FSU

obby Bowden means a great many things to the game of college football. His remarkable success, engaging personality and love of people have made him the game's top ambassador. His unprecedented 11 straight finishes among the Associated Press Top Four and record 11 consecutive years of winning 10 or more games make him college football's most successful coach. His ability to be one of the most competitive coaches ever in the game. and also one of the most well thought of, makes him truly unique.

Certainly his legions of All-Americans, record success and coast-to-coast popularity attest to this fact - Bobby Bowden is a legend in the world of college football.

In trying to discover what makes a legend, Bowden himself suggests it may come from the very drive that inspires a person.

"I just love to coach," said Bowden matter-of-factly. "That may sound simple, but I think sometimes people like the things that go around coaching and not the actual job. I have always gotten my greatest pleasure out of breaking down film, learning about opponents and yourself, then implementing a game plan to take advantage of your strengths and their weaknesses. I love to take a group of young men in the late summer and mold them into a team."

> Bowden's love of the X's and O's of coaching has been

Bowden Record SAMFORD 1959 900 1960 .889 1961 .778 0 1962 Total (4 years) 31 .838 WEST VIRGINIA PCT .727 0 0 .667

each)

Mal (6 years)

	(0) (0)		-	- 1	.0.4
	FLORIDA STATE	W	L	T	PCT
7	1976	5	6	0	.455
	1977 (Tangerine)	10	2	0	.833
	1978	8	3	0	.727
	1979 (Orange)	11	-1	0	.917
	1980 (Orange)	10	2	0	.833
	1981	6	5	0	.545
	1982 (Gator)	9	3	0	750
	1983 (Peach)	8	4	0	.667
	1984 (Citrus)	7	3	2	.667
	1985 (Gator)	9	3	0	.727
	1986 (All-American)	7	4	T	.625
	1987 (Fiesta)	11	1	0	.917
	1988 (Sugar)	11	1	0	.917
	1989 (Fiesta)	10	2	0	.833
	1990 (Blockbuster)	10	2	0	.833
	1991 (Cotton)	11	2	0	.846

545

.364

.750

917

1992 (Orange) 1993 (Orange) 923 1994 (Sugar) .864 1995 (Orange) .833 1996 (Sugar) 923 1997 (Sugar) 923 1998 (Fiesta) 846 Total (23 years) .800 219

CAREER TOTAL 292 85





frustrating 18 months of confinement and recuperation following his hospital stay.

"The world's not like it used to be," Bowden is quick to point out. "I mean it was a year of staying in your room with no television, no video games, no computer, just me and my radio and books." Most of what a young Bobby Bowden listened to on his radio and read in his books were news accounts of a terrible war being fought far away. He would listen for hours on end for reports from battles fought in tiny German towns. He would listen to the sounds of planes taking off from airports he had never seen with names he had never heard.

"I basically listened to a play-by-play of World War II for a year," said Bowden. "I would imagine what every place looked like. What the terrain of the battlefield was like, what the army units looked like and how the sounds and smells of the war

must have been. I had a pretty good map in my head of where things were in Europe and I even began to learn which generals were leading which units. FSU

"I've never

lost my fascination for World War NCAA All-Time Bowl Wins

	COACH	NO	RECORD
1.	Joe Paterno*	19	19- 9-1
2.	BOBBY BOWDEN*	16	16- 5-1
3.	Paul "Bear" Bryant	15	15-12-2
	Tom Osborne	12	12-13-0
6.	Don James	10	10- 5-0
	John Vaught	10	10- 8-0
	Lou Holtz	10	10- 8-2
8.	Bobby Dodd	9	9- 4-0
	Johnny Majors	9	9- 7-0
10.	Terry Donahue	8	8- 4-1
	Barry Switzer	8	8- 5-0
	Darrell Royal	8	8- 7-1
	Vince Dooley	8	8-10-2

Most Victories By Active Coaches

 (Minimum 150 wins)

 COACH
 SCHOOL
 WINS

 1. Joe Paterno
 Penn State
 307

 2. BOBBY BOWDEN
 FLORIDA STATE
 292

 3. LaVell Edwards
 BYU
 243

 4. Don Nehlen
 W. Virginia
 192

 5. John Cooper
 Ohio State
 178

All-Time Coaching Victories#

Virginia

George Welsh

	COACH	48 1749
1.	Paul "Bear" Bryant	323
	Glenn "Pop" Warner	
	Amos Alonzo Stagg	
4.	Joe Paterno*	307
5.	BOBBY BOWDEN*	292
6.	Tom Osborne	255
7	LaVell Edwards*	243
	Woody Hayes	
9.	Bo Schembechler	234
	Hayden Fry	
#Di	vision 1-A only; *Active	

II and I read as much about it as I can. The similarities between leading troops in battle and coaching a team are well documented. You face similar tasks of motivation,

preparation, teamwork, discipline. Most of it really relates.

"I'm sure my interest in coaching, in the real X's and O's coaching, probably stems a lot from listening to those



THE COACHES.



accounts of the war and trying to imagine the movements of the battles. I still believe that winning is the greatest feeling there is in coaching, but I probably get the most satisfaction out of putting in the strategies and watching them play out."

Now, 57 years after recreating the war with just a radio and his imagination, Bobby Bowden prepares his 24th edition of the Seminoles for the 1999 season. And much like the fabled generals of the past, Bowden must guide his charges through 12 opponents determined to earn their medal against the Seminoles.

However, the opponents face a daunting challenge considering the fact

that the Seminoles' 11-2 record NCAA All-Time Bowl Winning Percentage

	COACH	APP	W		1077	PCT
1.	BOBBY BOWDEN*	22	16	5	1	.750
2.	Bobby Dodd	13	9	4.	0	.692
3.	Joe Paterno*	29	19	9	1	.672
4.	Don James	15	10	5	0	.667
5.	Terry Donahue	13	8	4	1	.654
6.	Barry Switzer	13	8	5	0	.615
7.	Bill Yeoman	11	6	4	1	.591
8.	Earle Bruce	12	7	5	0	.583
9.	Johnny Majors	16	9	7	0	.563
10.	John Vaught	18	10	8	0	.556
*Act	ive					

Bowden In The Bowls

	(16-5-1)		
TEAM	BOWL	OPPONENT	SCORE
West Virginia	Peach	N.C. State	13-49
West Virginia	Peach	N.C. State	13-10
Florida State	Tangerine	Texas Tech	40-17
Florida State	Orange	Oklahoma	7-24
Florida State	Orange	Oklahoma	17-18
Florida State	Gator	West Virginia	31-12
Florida State	Peach	North Carolina	
Florida State	Citrus	Georgia	17-17
Florida State	Gator	Oklahoma Stat	
Florida State	All-American	Indiana	27-13
Florida State	Fiesta	Nebraska	31-28
Florida State	Sugar	Auburn	13- 7
Florida State	Fiesta	Nebraska	41-17
Florida State	Blockbuster	Penn State	24-17
Florida State	Cotton	Texas A&M	10-2
Florida State	Orange		27-14
Florida State	Orange		18-16
Florida State	Sugar		23-17
Florida State	Orange	Notre Dame	31-26
Florida State	Sugar	Florida	20-52
Florida State	Sugar	Ohio State	31-14
Florida State	Fiesta	Tennessee	16-23
	West Virginia West Virginia Florida State Florida State	TEAM West Virginia West Virginia Florida State	TEAM BOWL OPPONENT West Virginia Peach N.C. State West Virginia Peach N.C. State Florida State Tangerine Texas Tech Florida State Orange Oklahoma Florida State Gator West Virginia Florida State Peach North Carolina Florida State Citrus Georgia Florida State Sugar Florida State

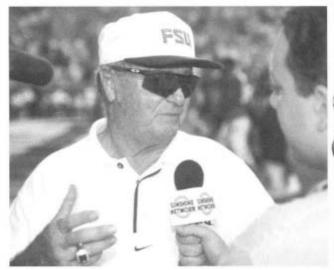
and third place finish in the Associated Press poll last year preserved a stack of records that will likely never be equaled.

Never before in college football history has a school finished in the AP's Top Four for 12 consecutive seasons. No program has ever come close to FSU's 12 straight seasons of 10 or more wins, or its record 11

straight bowl wins.

Florida State is the second winningest program in the '90s and has been ranked preseason number one four times in the last 10 years. With the return of 17 starters and the prospect of entering the season yet again ranked among the nation's best, it's easy to see why Bowden is so eager for fall drills to get started. It also means the Seminoles are poised to





make another run at a national title in 1999.

Bowden is a man so closely tied with the phenomenal success of his program that he, as much as the Symbol Seminoles, is Florida State football. Gracious in both victory and defeat, Bowden is a man at peace with himself, a man with rock-solid character and firm coaching principles that date back more than 46 years. It's not enough that his coaching numbers have reached legendary proportions. Bowden also gives Florida State University a proud moral leader, a family man of the first order, a caring disciplinarian, and a calming voice in the face of the turbulence surrounding college football.

Perhaps the best tribute to the man is that he is not afraid to change with the times, adapting brilliantly to new ways of winning games, as well as dealing with young student-athletes. From a sense of disci-

Bowden Milestone Victories At FSU

WIN	DATE	SITE	OPPONENT	SCORE
1	10/02/76	Tallahassee, FL	Kansas State	20-10
50	10/31/81	Tallahassee, FL	Western Carolina	56-31
63*	10/15/83	Tallahassee, FL	Cincinnati	43-17
100	11/28/87	Gainesville, FL	Florida	28-14
150	10/31/92	Charlottesville, VA	Virginia	13- 3
200	9/20/97	Clemson, SC	Clemson	35-28
		er FSU Head Coach Bi est coach at Florida Si		70) as the

Bowden Milestone Victories Overall

WIN	DATE	SITE	OPPONENT	SCORE
1	09/19/59	Maryville, TN	Maryville	14- 0
50	10/07/72	Morgantown, WV	William & Mary	49-34
100	09/29/79	Blacksburg, VA	Virginia Tech	17-10
150	09/21/85	Tallahassee, FL	Memphis State	19-10
200	10/27/90	Tallahassee, FL	Louisiana State	42- 3
250	09/02/95	Orlando, FL	Duke	70-26
275	10/11/97	Durham, NC	Duke	51-27



Coaching Continuity

FLORIDA STATE'S COACHing staff boasts a re-markable 154 years

of collegiate coaching experience. The staff has three coaches who have been at FSU for 10 years or more including two that have been with the Seminales for over 20 years. Jeff Bowden, Odell Haggins, Jimmy Heggins and Billy Sexton all played for the Seminoles. Chuck Amato was a standout linebacker at NC State and Mickey Andrews was an all-star defensive back and baseball player at Alabama. Jim Gladden played at William Jewel while Mark Richt was a quarterback at Miami. Strength coach Dave Halanger played offensive tackle for Bobby Bowden at West Virginia. John Lilly, who is in his second year as a full-time assistant after taking over as fight ends coach and recruiting coordinator, was a two-way star at Guilford.

pline and control to a bold switch to the Fast Break offense, Bowden constantly finds ways to make his program even better.

Like few coaches before him, Bowden has created something of a monster that sits squarely on his shoulders. He has coached his Florida State teams so very close to perfection that the fans expect nothing less. He has won 129 games over the last 12 seasons, and has won at least 10 games in each of the those years.

In the fickle world of sports, some forget what it is all about. Sure, Bobby Bowden is proud of his national championship, his place among the all-time greats, and a chance at another national title. But as Bowden well understands at this stage of his career, there are things more important in life. That's what makes him "our" Bobby Bowden.

One of Bowden's greatest coaching achievements revolves around bowl games and his team's success in the post season. Bowden guided the Seminoles to an unheard of 11 consecutive bowl wins which ended at the 1997 Sugar Bowl. He also set an NCAA record with his 14 straight bowls without a loss. His 16-5-I record and .750 bowl winning percentage rank first all-time. Only Joe Paterno (19) has won more bowl games.

The list of coaches who have won more games than Bowden is also getting smaller. Only Bear Bryant, Amos Stagg, Pop Warner, and Joe Paterno remain ahead of him on the all-time Division 1-A coaching list. Indeed, Florida State's eighth head coach has inked his name on the list of legends over 33 seasons at Samford, West Virginia and FSU. When Bowden first arrived in Tallahassee in 1976, he described his relationship with the

school as a marriage and was determined to let "no man put it asunder." True to his word, he completed his 23rd season at FSU with a berth in the national title game at the Fiesta Bowl and the schools seventh straight ACC Championship.

What Bobby Bowden means to Florida State University off the playing field cannot be measured. Respect, sincerity, class, honesty, charisma, charm and humor. Those are the words that describe and define this man even better than wins, losses, or coaching records.

By now it's been well-chronicled how the Birmingham native left the snow and ice of West Virginia to come



THE COACHES.

to Florida State and save the program. Three seasons after he walked on campus, he had taken one of the worst football teams in the country to within one game of a national championship.

Bowden's record at Florida State is 219-53-4. That includes a 116-16-2 record in Tallahassee and a 103-37-2 mark away from home. He has built those numbers against some of the nation's toughest schedules, earning respect for his team, attracting top players to his program and establishing his reputation as a competitor in the process.

Bowden also achieved impressive numbers in his previous

coaching stops (31-6 at Samford University in Birmingham between 1959 and 1962, and 42-26 at West Virginia from 1970-75), but what he has done at FSU is simply phenomenal. Fifteen times in 23 years, his Seminoles have won 10 or more games in a season. Florida State had been to eight bowls in the 29 years before him. Last year, the Seminoles played in their

20th bowl game since his arrival, including a string of 17 in a row and 13

"New Year's Day" trips. He is, by far, the winningest coach ever at Florida State as his wintotal is greater than the previous seven Seminole head coaches combined.

In his 23 years, the Seminoles have become a mainstay
in the Associated Press Top
20. FSU has been ranked in
all but two of the last 191
polls. Over the last 12
years, Florida State has
spent 43 weeks as the
nation's number one
team, and nearly every poll among the
Top Five. The Tribe
has spent 73 straight
weeks in the Top.

Florida State is the only school to finish among

the Associated Press Top Four for 12 consecutive seasons. The Seminoles' 11-2 record last season and third place ranking in the polls, kept alive the staggering streak. The 'Noles have finished first (1993), second twice (1987, 92), third five times (1988, 89, 96, 97, 98), and fourth four times (1990, 91, 94, 95) since 1987. No team in college football history can match the run.

After making their mark as one of the nation's top independent football programs, the Seminoles joined the Atlantic Coast Conference in 1992. Over seven seasons in the ACC, FSU is 54-2 and

About Bobby Bowden

BORN . November 8, 1929 in Birmingham, Ala.

HIGH SCHOOL . Woodlawn High, Birmingham, Ala.

COLLEGE . Howard (now Samford) 1953

COLLEGIATE FOOTBALL EXPERIENCE • University of Alabama (QB), freshman; Howard (QB), sophomore-senior

GRADUATE DEGREE . Peabody College

WIFE . The former Julia Ann Estack

CHILDREN • Robyn Hines, Steve, Tommy, Terry, Ginger Madden, Jeff

HEAD COACHING HONORS • 1977 Southern Independent Coach of the Year...1979 National Coach of the Year (ABC-Chevrolet...1979 Southern Independent Coach of the Year...1980 National Coach of the Year (Bobby Dodd)...1983 Florida Sports Hall of Fame...1986 Alabama Sports Hall of Fame...1987 Region II Coach of the Year...1991 Walter Camp Coach of the Year...1992 Neyland Trophy...1993 Bear Bryant Award finalist...1993 ACC Coach of the Year...1996 Home Depot National Coach of the Year...1997 ACC Coach of the Year...1997 Home Depot National Coach of the Year...1998

COACHING ACCOMPLISHMENTS • The only coach in the history of Division I-A football to compile 12 straight 10win seasons (1987-present)...Won his first national championship in 1993 while setting a school record for victories in a season with 12... Nation's second-winningest active head coach with 292, which ranks fifth all-time (Division IA)... Holds the NCAA record with 11 consecutive bowl victories and 14 straight bowl trips without a loss...With a 16-5-1 record in bowl games, his winning percentage of .786 is the best mark, all-time, in college ootball...Owns the fifth-best winning percentage (.769) among active coaches with a career record of 292-84- Has guided FSU to 20 bowl appearances in 23 years, including 16 straight, with 13 "New Year's Day" bowl trips...His 219 wins at Florida State over the last 23 years are more than the previous seven FSU head coaches compiled in over 29 seasons. Patriarch of the only father-son duo ever to lead Division I-A programs, let alone to lead them at the same time.



BOWDEN VS. THE OPPOSITION

OPPONENT	W-L-T	SAMFORD	WEST VIRGINIA	FLORIDA STATE
Arizona State	3-0-0		- 7 7 - 1 - 1 - 1	3-0
Auburn	4-5-0	-	_	4-5
Brigham Young	1-0-0	_	-	1-0
Boston College	4-2-0	-	2-2	2-0
California	1-1-0	0.00	1-1	_
Carson Newman	2-0-0	2-0		1.0
Central Florida	1-0-0		-	1-0
Chattanooga	1-0-0	1-0	-	
Cincinnati	6-0-0	-	1000	6-0
Clemson	8-2-0	-	_	8-2
Colorado State	1-0-0		1-0	_
Delta State	2-1-0	2-1	-	
Duke	7-2-0	Special.	0-2	7-0
East Carolina	9-0-0	-	2-0	7-0
Florida	13-11-1		-	13-11-1
Furman	2-1-0	1-1	-	1-0
Georgetown	2-0-0	2-0	-	-
Georgia	0-0-1		_	0-0-1
Georgia Southern	2-0-0	-	-	2-0
Georgia Tech	7-0-0	-	-	7-0
Gordon Military	1-0-0	1-0	_	-
Houston	0-1-0		1	0-1
Illinois	1-0-0		1-0	100
Indiana	3-1-0	-	2-1	1-0
Kansas	3-0-0	_		3-0
Kansas State	2-0-0		_	2-0
Kent State	1-0-0		1-0	7.00
Kentucky	1-0-0		1-0	
Livingston	2-0-0	2-0	-	_
Louisiana College	1-0-0	1-0		
Louisiana State	7-1-0	4. 17		7-1
Louisiana Tech	1-0-0	1.0		1-0
Louisville	8-0-0	-		8-0
Maryland	9-0-0	150	2-0	7-0
Maryville	2-0-0	2-0	4.0	7-0
McNeese State	0-1-0	0-1	_	
Memphis Navy	1-0-0	1-0	-	
Memphis State	8-1-1	4-1/	-	8-1-1
Mexico	1-0-0	1-0	-	0-1-4
Miami (Fla.)	11-14-0	1-0	1-1	10-13
Michigan	1-1-0	_	1-1	1-1
Michigan State	2-0-0			2-0
Middle Tenn. State	1-0-0			1-0
Millsaps	2-0-0	2-0	_	1-0
Minisalia	2-0-0	2-97		

has claimed seven league championships and set the league record for consecutive victories. Bowden picked up ACC Coach of the Year titles in 1993 and 1997.

Above all Bowden's coaching accomplishments, however, are his credentials as a man. Friendly and outgoing, he is a devoted Christian and family man. He loves people. His personality and charm are bigger than life. He has become somewhat of a folk hero in the South. A coveted speaker, Bowden is constantly in demand around the country. His off-season travel schedule would exhaust anyone. Most Sunday mornings will find him in the pulpit of a church somewhere in the South.

Bowden By The Decade

	(Overall Head Coaching Wins)	
DECADE	RECORD	PCT.
1959	9- 1-0	
1960-62	22- 5-0	
1970-79	76-38-0	
1980-89	88-28- 3	
1990-99	96-12- 1	

Missis	sippi College	1-3-0	1-3	-	
Missis	sippi State	1-1-0	-	-	1-1
Navy.	W. C.	1-0-0	_		1-0
Nebras	ska	6-2-0		_	6-2
North	Carolina	8-0-1		_	9-0-1
	rolina State	7-2-0		1-1	6-1
	as State	2-0-0		1-1	2-0
Notre		3-1-0			3-1
Ohio S		3-0-0			3-0
Oklah		0-3-0			
				-	0-3
	oma State	3-0-0	-	4.6	3-0
Penn S		1-6-0		0-6	1-0
Pittsbu		4-7-0	-	3-3	1-4
Richm		4-2-0		4-2	27.7
San D	iego State	0-1-0	2755	-	0-1
Sewan		2-0-0	2-0	-	
	Carolina	9-1-0	-		9-1
	em California	2-0-0		_	2-0
Southe	em Illinois	1-0-0	-		1-()
Southe	em Methodist	1-0-0	-	1-0	
Southe	em Miss	9-2-0			9-2
	western	3-0-0	3-0	-	
Stanfo		0-1-0	- 4	0-1	
Syracu		7-2-0		4-2	3-()
Templ		3-2-0		2-2	1-0
Tenne		0-1-0	301.	2.2	0-1
	ssee-Chattanooga	1-0-0			1-0
	ssee Tech	1-0-0	1-0		1-9
Texas		2-0-0	1-0	_	2.0
					2-0
Texas		2-0-0	_		2-0
Toledo		1-0-0	4.6	_	1-0
Troy S		3-0-0	3-0	-	
Tulane	2	11-2-0	_	1-2	10-0
Tulsa		2-0-0	177	-	2-0
UTME		1-()-()	1-0	-	-
Villan		1-0-0		1-0	
Virgin		8-1-0		2-0	6-1
Virgin	ia Military	3-0-0	-	3-0	
Virgin	ia Tech	12-0-0	-	3-0	9-0
Wake	Forest	7-0-0	0.00	-	7-0
West V	Virginia	1-0-0			1-0
	rn Carolina	200	Street, Street,	_	2-0
	m Michigan	1-0-0			1-0
	ta State	1-0-0			1-0
Willia	m & Mary	3-0-0		3-0	1.0
Woffo	ed stary	2-0-0	2-0	3-0	
11 0110	14	4.0.0	2-0		

Bowden was an outstanding football player at Woodlawn High School in Birmingham, Ala., and went on to the University of Alabama as a freshman quarterback, fulfilling a lifelong dream to play for the Crimson Tide. During one semester in Tuscaloosa, he found his sweetheart, Ann Estock, and she was enough to lure him back to Birmingham. He soon married Ann and transferred to Howard College (now Samford University) in Birmingham.

As one writer put it while attending an FSU press conference; "You can't swing a golf club in the south without hitting a football coach named Bowden." That statement became especially true in the ACC when Tommy Bowden was named head coach at Clemson last spring. The move sets up the first-ever meeting between a father and son as coaches in Division 1 when the Seminoles travel to Clemson on October 23rd. While oldest son Steve is in private business in Birmingham and former Auburn head coach Terry is also now in the private sector, youngest son Jeff is in his sixth season as wide receivers coach at FSU. The four boys, daughters Robyn Hines (whose husband, Jack, coaches linebackers at Clemson) and Ginger Madden, and their families make up the Bowden clan. With the addition of Jeff Bowden's daughter

two years ago, the list of Bowden grandchildren has

grown to 21.

THE COACHES.

CHUCK AMATO

ASSISTANT HEAD COACH/LINEBACKERS NC STATE '69 • 18TH SEASON AT FLORIDA STATE



huck Amato enters his 18th season as an assistant coach at Florida State and his 14th with the title of assistant head coach to Bobby Bowden. 1999 marks Amato's fourth season coaching the Seminole linebackers after coaching the defensive line for the previous 10 years since coming from the University of Arizona. He has proven just as effective in coaching the linebackers having

coached two-time Butkus Award semifinalist Daryl Bush, and four NFL Draft picks (Henri Crockett, Vernon Crawford, Sam Cowart and Lamont Green) in the last three years alone.

Since joining the Florida State staff, the Eaton, Pa., native has seen the Tribe defense lead the program to unprecedented national prominence. Florida State's defense ranked No. 1 in three categories last year including overall defense, and has ranked among the Top 10 in the nation against the run six of the last seven years.

Amato's linebacker corps in 1999 will be young but talented. Tommy Polley and Bobby Rhodes are the lone returning starters, however, Brian Allen has played a great deal and will be expected to perform like an experiened player as will Theon Rackley. Behind the trio is a great deal of talent, but very little

experience. Over 10 years of coaching the defensive line at FSU, Amato proved he could produce some of the nation's top players. A number of Amato protégés are starting in the NFL including: Peter Boulware (Baltimore), Dan Footman (Indianapolis), Reinard Wilson (Cincinnati), Andre Wadsworth (Arizona) and Greg Spires (New England). In addition, Amato coached All-American noseguard Odell Haggins, who is now in his sixth season as an assistant coach at FSU, along with retired Denver Bronco great Alphonso Carreker.

Prior to his stint at Arizona, Amato coached at his alma mater, NC State, where he was a three-year letterman in football and wrestling. He carned both his bachelor's and master's degrees from NC State and started his coaching career there by serving as a student assistant in 1968. He was named to a full-time position in 1972 and remained with the Wolfpack for the next 12 years coaching the secondary and then inside linebackers. He was promoted to defensive coordinator in 1974 and held the position for six years.

He and his wife, Peggy, are the parents of twin daughters - LuGina and Selena.

Amato Quick Facts

YEARS AS A COLLEGIATE COACH: 28

NC State - Secondary/Inside Linebackers/Defensive

Arizona — Linebackers/Defensive Coordinator (1980-

Florida State - Defensive Line (1982-95); Assistant

Head Coach (1982-present); Linebackers (1996-

COACHING STOPS:

present)

Coordinator (1971-80)



MICKEY ANDREW

DEFENSIVE COORDINATOR/DEFENSIVE BACKS ALABAMA '64 • 16TH SEASON AT FLORIDA STATE



lorida State's rise to its current position as the most consistently successful college football program directly correlates with Mickey Andrews' arrival to tutor the Seminole defense. FSU's offense has long been national championship caliber, but it has been Andrews' ability to catch the Tribe defense up with the offense that has made the Seminole program the powerhouse that it is today.

"I've got the finest defensive coordinator in the nation and I just let him coach," said Bowden. "I've got confidence in the defensive staff's ability to get it done. They scare me sometimes first-ever Frank Broyles Award. The award, presented by the Major Sports Association of Little Rock, Ark., is given to the nation's top assistant coach. Andrews directed the nation's top rated rushing defense in 1996 and his units have been among the top five nationally against the run for six of the last seven seasons. Last year's defensive unit ranked No. 1 nationally as an overall defense and as the nation's best pass defense. In addition, the Seminoles ranked second nationally in rushing defense and scoring defense.

Under Andrews' direction, Florida State has become the top producer of All-America and NFL caliber cornerbacks in the nation. He has coached two players - Deion Sanders (1988) and Terrell Buckley (1991) — who have won the Jim Thorpe Trophy, given annually to college football's top defensive back. LeRoy Butler joined those two as a consensus All-America pick in 1989. Clifton Abraham was an All-American in 1994 and Corey Sawyer in 1993. This means the Seminoles had an All-American at cornerback each year from 1987-94.

Andrews' defenses feature an attacking style up front that puts pressure on the opposing offense. He is also a big believer in creating depth and uses as many as 40 players a game. In 1991, Athlon's Magazine named him the Assistant Coach of the Year and he is on top of every list of the country's top defensive coaches.

Andrews came to Florida State from the Arizona Wranglers of the old USFL, where he spent one season as defensive coordinator after having spent the previous 17 years coaching in the collegiate ranks.

Andrews' coaching resume includes stints at Eastern Kentucky, Livingston, North Alabama and two of the teams that appear on the Seminoles' 1999 schedule. He was Clemson's defensive coordinator from 1977-80 and was an assistant at Florida in 1981-82.

From 1972-76, Andrews was the head coach and athletic director at North Alabama. He was the head coach at Livingston University from 1970-72 where he won the NAIA national

championship.

A star on the football field and the baseball diamond for Alabama from 1961-64, Andrews earned second team All-America honors as a wide receiver and defensive back. During his career, the Crimson Tide won a pair of national championships (1961, '64) and played in three New Year's Day bowl games. In addition to his football honors, Andrews was an All-SEC choice in baseball. In 1964, he received the Hugo Friedman Award as the Tide's best all-around athlete. Andrews and his wife. Diane, have two children -

Ronnie and Shannon, and four grandchildren.

Andrews Quick Facts

YEARS AS A COLLEGIATE COACH: 33 COACHING STOPS:

Erwin High School (Birmingham, AL) - Assistant Coach (1965-66)

Eastern Kentucky - Offensive Backs (1966-67)

Livingston - Assistant Coach (1967-70); Head Coach (1970-72)

North Alabama — Head Coach/Athletic Director (1972-76)

Clemson - Defensive Coordinator (1976-80); Assistant Head Coach (1980)

Florida — Defensive Backs (1981-82)

Arizona Wranglers (USFL) - Defensive Coordinator (1983)

Florida State - Defensive Coordinator/Defensive Backs (1984-present)

with all the young players they are running in and out of there, but I've never really cared much for sticking my nose in the defensive huddle.

Bowden's confidence in Andrews was backed up in 1996 when Andrews was named

the recipient of the



JEFF BOWDEN

WIDE RECEIVERS FLORIDA STATE '83 • 6TH SEASON AT FLORIDA STATE



he old expression about the apple not falling far from the tree certainly applies to the youngests on in the Bowden clan. Since Bobby Bowden heads the nation's most prominent, and well-branched, family tree in coaching, it should have come as no surprise that he chose one of his sons to join his staff in 1994.

Jeff Bowden begins his sixth year on the staff with a receiving corps whose

talent may be as great as any in FSU history. All-American Peter Warrick returns for his senior campaign, where he will be one of the front runners for both the Biletnikoff Award and Heisman Trophy. But Bowden's riches are even deeper as he returns all his receivers from last year's team which finished just short of a national championship.

While 1999 looks extremely promising, Bowden's work has been fruitful since he began at FSU. Under Bowden's direction in

1997, E.G. Green earned second team Associated Press All-America status and he finished with more receiving touchdowns

(29) over his career than any previous FSU receiver. Three years ago, Green teamed with Andre Cooper (now with the Denver Broncos) to become the first tandem in FSU and ACC history to each register over 1,000 receiving yards. Five years ago, Kez
McCorvey finished a career that made him the second most prolific re-

Bowden's transition to Florida State was a smooth one six years ago when he left a Southern Mississippi program where he had served as receivers coach for three years.

ceiver in school history.

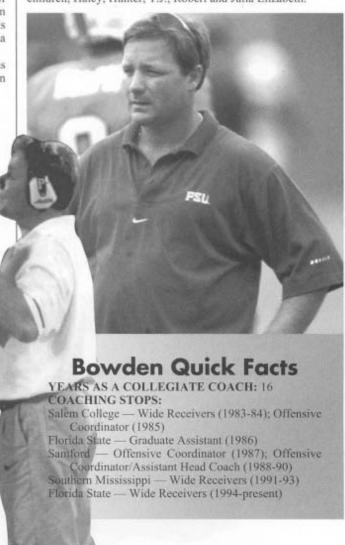
He played in three bowl games on Seminole teams coached by his father and moved immediately into

coaching at Salem College in West Virginia upon graduation from FSU. He was the receivers coach for two seasons under older brother Terry and was promoted to offensive coordinator the third year.

After a year at FSU as a graduate assistant, Jeff joined Terry at Samford University in Birmingham, Ala. He was the Bulldogs' offensive coordinator in 1987 and added the title of assistant head coach for the 1988-90 seasons. He is credited with guiding the career of Division III All-America quarterback Jimbo Fisher at Samford.

He moved from Samford to Southern Mississippi and coached the receivers for three years before coming to Tallahassee.

Jeff is married to the former Cindi Smith and they have five children, Haley, Hunter, T.J., Robert and Julia Elizabeth.





JIM GLADDEN

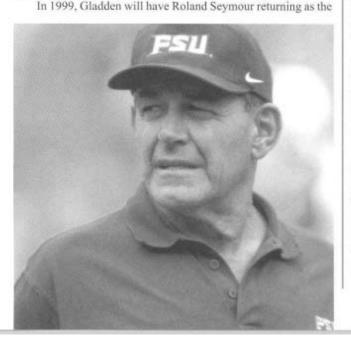
DEFENSIVE ENDS WILLIAM JEWELL '62 • 25TH SEASON AT FLORIDA STATE



t is a silver anniversary season for Jim Gladden on the Florida State coaching staff as 1999 will mark his 25th with the Seminoles. His tenure is even longer than head coach Bobby Bowden and the second longest to Bob Harbison of any coach in FSU history. He was elevated to a full-time coach by Bowden when he came to Tallahassee in 1976 after serving as a graduate assistant on the 1975 FSU team that

finished 3-8 and was coached by Darrell Mudra. Gladden, Bowden and Florida State have had 22 straight winning seasons and have set NCAA records for bowl games won and consecutive top four finishes.

After coaching outside linebackers at FSU for 20 years, Gladden moved to coaching the defensive ends in 1996. He made a smashing debut as he guided pupils Reinard Wilson and Peter Boulware to All-America status in 1996. Wilson had 13.5 sacks in 1996 and was FSU's leading tackler with 105. He finished his career as the program's all-time leader in sacks with 35.5 and was the 14th overall selection in the 1997 NFL Draft by the Cincinnati Bengals. Boulware set a school record for sacks in a season and led the nation with 19. He was the ACC's Defensive Player of the Year, finished with 34 sacks in his career and was the fourth pick in the NFL Draft by the Baltimore Ravens. Boulware went on to win the NFL Defensive Rookie of the Year honors in 1997. Faced with losing two first team All-Americans two years ago, all Gladden did in 1997 was coach yet another player to consensus All-America status as Andre Wadsworth joined the group in 1997.



Gladden Quick Facts

YEARS AS A COLLEGIATE COACH: 24 COACHING STOPS:

Pleasant Hill High School (Pleasant Hill, MO) — Assistant Coach (1962-63)

NW St. Louis High School (St. Louis, MO) — (1964-66)
Paducah-Tilghmam High School (Paducah, KY) —
Defensive Coordinator (1967-69)

Russellville High School, KY — Head Coach (1970-71) Springfield High School (Springfield, TN) — Head Coach (1972)

Hernando High School (Brooksville, FL) — Head Coach (1972-74)

Florida State — Graduate Assistant (1975); Outside Linebackers (1976-95); Defensive Ends (1996-present)

starter on the left side with sensational juniors Jamal Reynolds and David Warren battling it out on the right side.

Over his 24-year stint at FSU, Gladden has produced some of the Seminoles top talent including former Oakland Raider star Willie Jones, former Washington Redskin Sterling Palmer and All-Pro outside linebacker Derrick Brooks of the Tampa Bay Buccaneers. Add to that list Wilson of the Bengals, Boulware with the Ravens, Wadsworth with the Cardinals and Greg Spires with New England and you have one impressive list.

In addition to his position coaching duties, Gladden is one of the nation's best when out on the recruiting trail. Whichever area the affable coach has been assigned has produced some of the top talent on the FSU squad. A keen evaluator and champion recruiter, Gladden's one of the nation's best at culling the talent for the Tribe.

Gladden also coaches the punt block unit for FSU. Last year, the Seminoles blocked two and in 1984, the Seminoles blocked a school record eight punts during the regular season and added a crucial block in the Citrus Bowl to give FSU a 17-17 tie with Georgia. Since 1976, Florida State has blocked 71 kicks, but the numbers are deceiving since the Tribe shifted its effort to returning punts with the likes of Deion Sanders, Terrell Buckley and now Peter Warrick back on the receiving end.

Gladden was an all-conference selection as a player at William Jewell College in Missouri where he graduated in 1962. Over the next 15 years, Gladden coached in the high school ranks. He spent four years in Kansas City and St. Louis as an assistant high school coach before moving into head coaching positions in Tennessee and Kentucky, where he was the high school coach of the year in 1970. After two years as head coach at Hernando High in Brooksville, FL, Gladden came to FSU.

Born in Springfield, Mo., Gladden and his wife, Patty, have two children — Julie and John.





ODELL HAGGINS

DEFENSIVE LINE FLORIDA STATE '93 • 6TH SEASON AT FLORIDA STATE



Bowden was faced with a rare vacancy on his coaching staff in 1994 when Brad Scott was named head coach at South Carolina and took fellow FSU assistants John Eason and Wally Burnham with him. When the decision came as to who would be hired to complete the "new" FSU coaching staff, Bowden turned to one of his own and selected former FSU All-American

defensive lineman Odell Haggins.

"Odell was one of the best players and finest leaders we've ever had at Florida State," said Bowden. "He was dependable and accountable and he has the qualities you look for in a coach. His name just kept popping into my head and once I made the decision I knew it was right."

The decision has indeed been right for Florida State and Haggins has proven it by producing outstanding interior defensive lines in each of his first five seasons. Haggins' troops have made the Seminoles one of the toughest teams in all of college football to run against. Last year, Haggins' interior defense was the strength of the entire team and he welcomes back All-American Corey Simon and Jerry Johnson who should be the cornerstones of their side of the ball again this year.

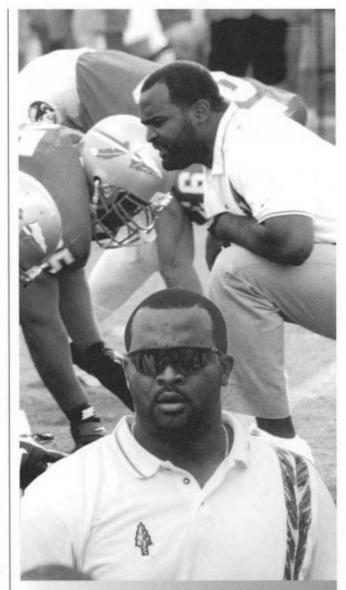
"I'm really enjoying coaching the defensive line," said Haggins. "I feel like I've come home. I know what it takes to be successful at the position and I know how important the defensive line is in the overall scheme. I've learned techniques that will work at the NFL level and those same principles should make you a better college player."

A native of Bartow, Fla., Haggins was a four-year letterwinner and popular team leader for the Seminoles from 1986-89. He earned Kodak, Walter Camp and UPI All-America honors as a senior in 1989 and was a second team Associated Press selection as a junior in 1988. The 1987 FSU team finished the season ranked second in the nation and the Seminoles were third in the country in his junior and senior seasons. Any Florida State fan can remember his trademark of crossing his arms over his head after a big play as a symbol of his role in FSU's "Say No to Drugs" campaign.

Following his standout collegiate career, Haggins was drafted by the San Francisco 49ers and played two years, earning a Super Bowl ring in 1990. He spent the 1991 season with the Buffalo Bills.

Haggins earned a degree in criminology from Florida State and was working with the state attorney's office in Jacksonville before joining the FSU staff. He worked with the rehabilitation of juvenile offenders while with the state attorney and continues to make working with young people a priority.

Haggins is married to the former Robin Kimbrough.



Haggins Quick Facts

YEARS AS A COLLEGIATE COACH: 5 COACHING STOPS: Florida State — Tight Ends/ Offensive Line (1994-95); Defensive Line (1996present)



JIMMY HEGGINS

OFFENSIVE LINE FLORIDA STATE '78 • 14TH SEASON AT FLORIDA STATE



immy Heggins begins his sixth season as offensive line coach at Florida State and his 14th overallon the FSU staff. Heggins coached the tight ends and tutored the noseguards prior to taking over the offensive line duties in 1994.

Heggins was an outstanding noseguard on Bobby Bowden's FSU teams in the mid 70s. He returned to his alma mater in 1986 as a full-time coach

after a year at Southwestern Louisiana where he coached USL's defensive ends. Prior to his stint with the Ragin' Cajuns, Heggins was running backs coach at Eastern Michigan for two years and at Western Illinois for a year.

While Florida State welcomes back all five starters from last year's offensive line, the Seminoles have produced a number of NFL caliber offensive linemen including having an offensive tackle selected in the first round of the 1997 and 1998 drafts. Seattle selected Walter Jones two years ago and he started for the

Heggins Quick Facts

YEARS AS A COLLEGIATE COACH: 19 COACHING STOPS:

South Miami High School (Miami, FL) — Head Track and Field Coach (1978-80)

East Carolina - Graduate Assistant (1980)

Florida State - Graduate Assistant (1981-82)

Western Illinois - Running Backs (1982)

Eastern Michigan - Running Backs (1983-85)

Southwestern Louisiana - Defensive Ends (1985)

Florida State — Recruiting Specialist/Noseguards (1986-89); Tight Ends (1990-91); Offensive Line (1992present)

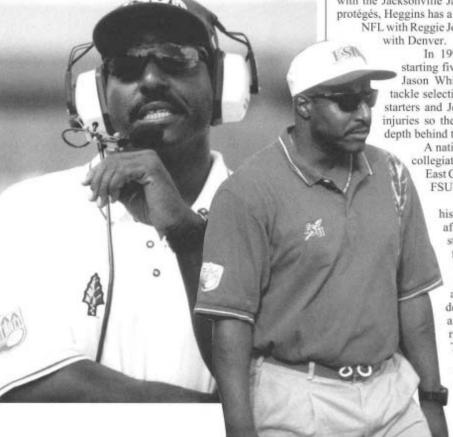
Seahawks as a rookie. Tra Thomas was selected with the 11th pick of the 1998 draft by Philadephia. In fact, the 1996 offensive line produced three NFL players with Clay Shiver starting at center for the Dallas Cowboys the last two years and Todd Fordham signing with the Jacksonville Jaguars. In addition to his offensive line protégés, Heggins has a pair of tight ends he coach playing in the NFL with Reggie Johnson with St. Louis and Lonnie Johnson

In 1999, Heggins welcomes back his entire starting five led by Football Writers All-American Jason Whitaker at guard and All-ACC offensive tackle selection Ross Brannon. However, both those starters and Jerry Carmichael missed the spring with injuries so the fall could be interesting with talented depth behind the returning veterans.

A native of Salisbury, N.C., Heggins began his collegiate coaching career as a graduate assistant at East Carolina in 1980. He filled the same role at FSU in 1981 and '82.

Heggins came to Tallahassee to begin his playing career in 1974 as a running back after gaining 1,670 yards and earning all-state honors in North Carolina in 1973. A fullback his first two seasons with the Seminoles, he made the switch to noseguard in 1976 (Bowden's first year) and was named the squad's outstanding defensive player following the season. As a senior, he led Florida State to a 10-2 record and a win over Texas Tech in the Tangerine Bowl.

Heggins and his wife, the former Winifred Parker, have two daughters — Andrea and Lauren.





JOHN LILLY

TIGHT ENDS/ RECRUITING COORDINATOR GUILFORD '90 • 5TH SEASON AT FLORIDA STATE

ohn Lilly begins his fifth season with the Florida State football program and his second as tight ends coach and recruiting coordinator. John was named a full-time assistant coach in January of 1998 and has headed the efforts in recruiting the last two classes at Florida State which have both been ranked among the nation's best.

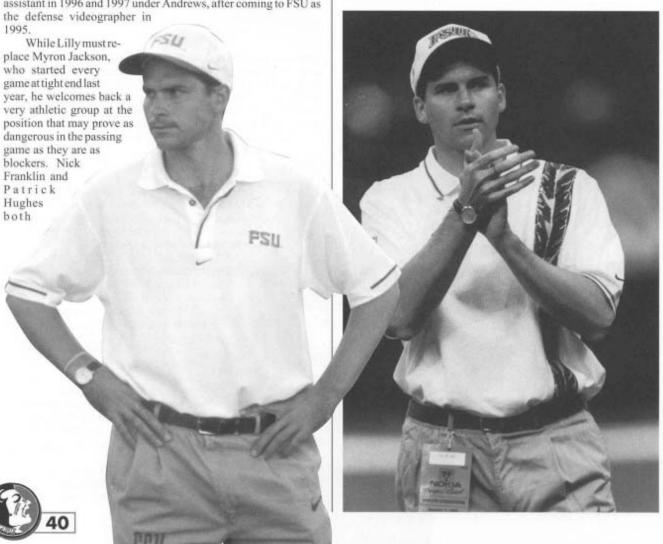
Lilly's transition from coaching the defensive backfield with Mickey Andrews to working with the Seminole tight ends has been an easy one. He served as a graduate assistant in 1996 and 1997 under Andrews, after coming to FSU as the defense videographer in

managed considerable playing time last year and will battle for starting honors in the fall.

A 1990 graduate of Guilford College, Lilly was a dean's list student all four years while playing quarterback, wide reciever and special teams for the Quakers from 1986-89. He was named the "ideal Guilford College football player" as a senior and was a team captain at the North Carolina school.

A native of Beckley, W.Va., Lilly graduated from Woodrow Wilson High where he played quarterback for one of the state's top high school programs.

Lilly joined the Florida State football family in 1995 after coaching and teaching at Northwest Guilford High in Greensboro, N.C., from 1991-94.





MARK RICHT

OFFENSIVE COORDINATOR/QUARTERBACKS MIAMI '82 • 14TH SEASON AT FLORIDA STATE



lorida State offensive coordinator Mark Richt begins his sixth season as the man in charge of the Seminole offense and his 13th overall as the quarterbacks coach at FSU. Richt's offenses have been among the most productive in college football history and he has become one of the most respected coaches in the country.

Richt's notoriety has been gained through an innovative and exciting of-

fensive style and a long list of excellent quarterbacks. Naturally,

Richt Quick Facts

YEARS AS A COLLEGIATE COACH: 14 COACHING STOPS:

Florida State - Graduate Assistant (1985-86); Volunteer Assistant (1987-88)

East Carolina - Offensive Coordinator (1989)

Florida State - Quarterbacks (1990-present); Offensive Coordinator (1994-present)

Richt's most famous protégé is Charlie Ward, who is the most Bay Storm.

decorated player in the history of college football. Richt has sent five quarterbacks into the NFL since 1987. Current Washington Redskin Casey Weldon was the runner-up for the Heisman Trophy in 1991. His backup, Brad Johnson, is the new starting quarterback for Washington, Danny Kanell was the starter for the New York Giants during most of 1998, his third year in the NFL and is now with

the Atlanta Falcons. Richt pupil Danny McManus was drafted by the Kansas City Chiefs and the Canadian Football League and is currently the starter for the Hamilton Tiger Cats. Peter Tom Willis, who is in his second season as the color analyst on the Seminole Radio Network, was drafted by the Chicago Bears and spent three years in the NFL before becoming the starting quarterback for the Tampa

> Richt has logged 13 years as quarterbacks coach at Florida State, and this season will mark his 10th in that role, since returning from a one year stint as the offensive coordinator at East Carolina in 1989. Richt had served as a graduate assistant and then volunteer quarterbacks coach for the Seminoles from 1985-88.

A native of Boca Raton, Fla., Richt came to Tallahassee with an astute knowledge of the passing game after playing the position for the Miami Hurricanes under Howard Schnellenberger. Richt was the backup to former Buffalo Bills star Jim Kelly during his last three seasons at Miami.

Richt is married to the former Kathryn Francis of Tallahassee. The couple have two children -Jonathan and David. The Richts are hoping to adopt two orphaned children from the Ukraine over the summer.



BILLY SEXTON

RUNNING BACKS FLORIDA STATE '74 • 24TH SEASON AT FLORIDA STATE



illy Sexton has been a familiar sight on the sidelines of Florida State football games since 1973. The Tallahassee native started his career at FSU as a player for the Seminoles and went on to become a graduate assistant coach and then a full-time coach in 1977. Only defensive ends coach Jim Gladden has logged more time on the Seminole coaching staff than Sexton.

The 1999 season will be Sexton's 17th as the Seminoles running backs coach, where a slew of pros have learned and refined their skills under the former FSU quarterback. Sexton's pro protégés increased when Warrick Dunn was drafted by Tampa Bay in 1997 and earned NFL Offensive Rookie of the Year honors. Dunn became Florida State's all-time leading rusher in 1996 and finished his career with 3,989 yards.

Sexton has seen nine of his pupils taken in the draft since 1988, including first rounders Dunn, William Floyd (San Francisco 49ers, 1994), Dexter Carter (San Francisco 49ers, 1990) and Sammie Smith (Miami Dolphins, 1989). Also among Sexton's former pupils are All-American Greg Allen, who broke 26 school records during his FSU career, and Edgar Bennett, of the 1997 Super Bowl champion Green Bay Packers.

Since 1983, Sexton's running backs have become one of the most effective components of the FSU offense, averaging nearly six yards per carry and over 10 yards per catch during those 15 seasons. Florida State's backs have earned a reputation for being surehanded receivers.

Sexton joined the Florida State staff as a graduate assistant in 1976, Bobby Bowden's first year as the FSU mentor. He became a member

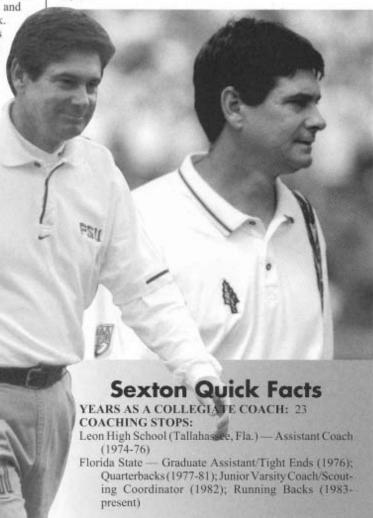
> of the full-time staff in 1977 and worked with the Seminole quarter

backs for five seasons until 1982, when he became the head junior varsity coach and handled scouting duties. He took over the running backs position the following year.

A standout at Leon High School in Tallahassee, Sexton played his first three years of college football at Alabama before transferring to Florida State. He was the Seminoles' starting quarterback for the opening half of the 1973 season.

Sexton earned a bachelor's degree in business from FSU and began his coaching career as an assistant coach at Leon before returning to Florida State as a coach.

He and his wife, Joy, have three children — Wyatt, Leslie and Taylor.



42



ALL-TIME FSU ASSISTANT COACHES

Hugh Adams 1955 (GA), 1956
Chuck Amato 1982-present
Mickey Andrews 1984-present
Charlie Armstrong 1948-51
Ned Ashton 1976 (GA)
Ned Ashton 1976 (GA)
Art Baker
Don Blackwelder1970
Bobby Bowden 1963-65 Jeff Bowden 1986 (GA), 1994-present
Jeff Bowden 1986 (GA), 1994-present
Terry Bowden 1982 (GA)
Tommy Bowden
Billy Joe Breakhouse 1974
Don Breaux 1966-67
Mack Brown1974
Jerry Bruner 1976-78
Wally Burnham 1985-93
Billy Canty 1971-73
Aaron Carter
Dava Castas 1984 (GA)
Doug Carter 1984 (GA)
John Coatta 1958-64
John Coatta, Jr
John Conlin 1972-73
Al Conover 1966-67 (GA), 1968-70
Lee Corso
Ronnie Cottrell 1989 (GA), 1990-97
Billy Cox 1970
Bill Crutchfield 1964-66
Dave Darovec 1975 (GA)
Frank DeBord 1974-75
Frank DeBord 1974-75 Chris Demarest 1998-present (GA)
John Devlin1971-72
Daryl Dickey 1989 (GA)
Jim Donnan
John Eason
Sam Elliott
Ed Feely
Jeff Ferrington 1984 (GA)
Dick Flowers 1959-62
Scott Fountain 1996 (GA)
Mike Fox 1980 (GA)
Steve Gabbard 1997-present (GA)
Mike Fox 1980 (GA) Steve Gabbard 1997-present (GA) Joe Gibbs 1967-68 Vince Gibson 1956-57 (GA), 1958-63
Vince Gibson 1956-57 (GA), 1958-63
Jim Gladden 1975 (GA), 1976-present Jake Gonos
Jake Gonos 1980 (GA), 1982
Gary Grouwinkel 1975
Gary Grouwinkel
Greg Guy 1991 (GA)
George Haffner 1976-78
Doug Hafner
Odell Haggins 1994-present
Owen Hale
Doug Hanlon 1991 (GA)
Bob Harbison 1948-72, 1974-85
Steve Hardin 1977 (GA)
Jimmy Heggins 1981-82 (GA),
1986-present

Gene Henderson 1971-73	
Dan Henning 1968-70 1974	
Gene Henderson 1971-73 Dan Henning 1968-70, 1974 George Henshaw 1976-82	
Clark Herman 1992 (GA)	
Jack Hines 1985-86 (GA)	
Pat Hodgson1983-86 (GA)	
Lame Halton 1971	
Larry Holton	
Dick Hopkins	
May Hawall 1000 (GA)	
Max Howell	
Don James	
Doll James	
Bobby Johns	
Willie Jones	
Ville Jones 1988 (GA)	
Steve Kalenich	
NICK KISH 19/0-/8 (GA), 19/9-82	
Mike Kruczek	
Charlie LaPradd 1956 (GA), 1957-61	
Clint Ledbetter 1988-89 (GA), 1990-91	
John Lies	
John Lilly 1996-97 (GA), 1997-present	ı
1997-present	
Mike Long	
Dana Martin	
Cana Ma Dawall 1965 66 (CA)	
Gene McDowell	
Wayna McDuffia 1971 72 (GA)	
1973 1083-80	,
1973, 1983-89 Bubba McGowan	
John McGregor 1968 (GA) 1969	
Ken McLean 1951-52, 1963-67	
Ken Meyer 1959-62	
Jimmy Messinese 1954 (GA)	ŀ
Pat Milligan 1987-88 (GA)	
John Mooney 1975 (GA)	
Roger Mosure 1975 (GA)	
Roger Mosure	
Mike Owens 1989-90 (GA)	
Bill Parcells 1970-72	
Larry Pecatiello 1970	ì
Larry Pecatiello	
Jay Perkins 1985-87 (GA)	
Jim "Red" Phillips 1972-73	
Donald "Deck" Pollard 1974-75	
Mike Pope1970 (GA), 1971-74	ì
Don Powell 1959 (GA) 1964-66	ı
Bill Proctor 1962 (GA), 1963-65	
Bill Proctor	
Vince Ragunas 1953-54	ŀ
Barry Rice 1980-82 (GA)	ľ
Mark Richt 1985-86 (GA).	
1987-88 (VA), 1990-present Gerald Riopelle	ı
Gerald Riopelle 1987 (GA)	

Pete Rodriguez 1974-75

Mark Salva 1990-93 (GA)



Dan Henning

Dun Heiming
Bob Sanders 1972-73
Neil Schmidt 1964-67
Rick Schachner 1974-75
Jeff Schaum 1985 (GA)
Kent Schoolfield
Kent Schoolfield
Billy Sexton 1976 (GA), 1977-present
Bill Shaw 1972-74 (GA), 1979-81
Kenneth Shipp 1959
Stan Shiver 1991-92 (GA)
Steve Sloan
Hank Small
Moyer Smith 1973
David Snell 1976 (GA)
Mike Spencer 1989-90 (GA)
Phil Spooner 1970
Winston Siegfried 1953-54
David Stallworth 1992 (GA)
Jack Stanton 1973, 1976-83
Bob Stinchcomb 1985-86 (GA)
Hugh Taylor 1956
Mark Thomas 1980 (GA)
Frank Toomey
Dave Van Halanger 1983-present
Frank Vohun 1976 (GA)
Will Walls1959
Tom Wheeler 1991-92 (GA)
Bud Whitehead 1969-70
Oscar Williams 1994-95 (GA)
David Wilson 1992 (GA)
Eddie Wilson 1975
Charlie Wright 1969
Gary Wyant 1966 (GA), 1967-69

Bold - Current Assistant Coaches





SEMINOLE STRENGTH & CONDITIONING



<u>"</u>The Strong Shall Survive"

t is the motto of Florida State Strength and Conditioning Coach Dave Van Halanger and his staff in the FSU weight room facility. It's also the philosophy that has made Seminole athletics in all sports among the strongest, fastest and fittest anywhere.

At Florida State, the strong not only survive, they win too! That is why the Seminole football team is dedicated to year-round conditioning and weight training as the only way to improve their physical gifts.

The newly-renovated Seminole weight room is complete with a rubberized floor surface, drop-ceilings with enhanced lighting, stereo sound system, cooled water fountains and a mirrored area which includes exercise systems by Cybex Eagle as well as freeweight equipment. A variety of exercise bicycles, rowing machines and Stairmasters complete both the strength conditioning and cardiovascular experience.

"To become a champion, you must first train like a champion."

Florida State athletes achieve their goals in a state-of-the-art facility at the Coyle E. Moore Athletics Center, located in the same building as the coaches' offices, football locker room, film projection and meeting rooms. The weight room used by the Seminole football team is a spacious area encompassing over 7,000 square feet. Banners commemorating FSU's bowl victories hang from the rafters and inspirational slogans cover the walls. A variety of music blares from the stereo system and words of encouragement

are supplied as superior athletes strive to reach their peak performances.

The words of encouragement and guidance come from Coach Van Halanger, and the rest of the Florida State Strength and Conditioning staff, who take a personal interest in each and every Seminole student-athlete. Van Halanger and stafff work with each individual to tailor a custom weight program specific to their needs and goals. His office is conveniently located within the weight room, where he is close to the action at all times.

He is assisted by five graduate assistants who help maintain the weight room, work with basketball and olympic-sport program athletes, and also assist with the football team. Van Halanger will be assisted by Mark Morrison, Steve Tamborra, Eric Johnson, Russ Barbarino and Don Acosta in 1999.

"Desire! Dedication! Determination!"

Florida State student-athletes begin the strength and conditioning process the minute they step on campus. In addition to the physical work,

Van Halanger and his staff believe in a three-pronged approach.

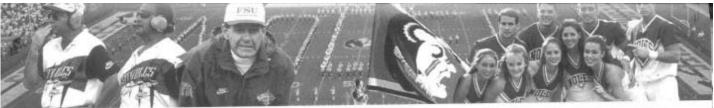
"The mental aspect of conditioning, combined with a solid spiritual base, is vital for our athletes to perform at the peak of their physical potential," says Van Halanger.

Since Van Halanger's arrival in Tallahassee 17 years ago, Florida State athletes have improved strength, speed, flexibility, quickness and explosiveness each year. They are always among the fittest in college football, which helps both endurance and injury prevention.

The 1999 Seminole football team follows the standard set by great Florida State teams of the past. Among athletes tested, the Seminole strength coaches recorded 31 players with 40-yard dash times of 4.5 seconds or better. Along with the team's outstanding speed, 24 players benched pressed over 400 pounds in spring testing with two over 500 pounds and Jerry Johnson on the verge of breaking Tra Thomas' 550-pound bench record. Junior Dan Kendra, one of the most dedicated athletes in the Seminole weight room, broke the leg press record in '96 with a mark of 1,335 pounds and continued his phenomenal efforts with an above 700-pound squat. More than 20 football players have also increased their vertical jumps to above 35 inches. Under the guidance of Van Halanger, expect to see the '99 team enhance already impressive weight room results.

"Performance Not Promises"

Superior strength and conditioning, just one more reason the Seminole football team has become a mainstay at the top.



DAVE VAN HALANGER

STRENGTH AND CONDITIONING WEST VIRGINIA '76 • 17TH SEASON AT FLORIDA STATE



n the competitive environment of college football, games are often won because of strength and speed. Part of the reason for Florida State's success on the field is a year-round strength program run by strength and conditioning coach Dave Van Halanger. The 17-year veteran of the Seminole coaching staff has helped thousands of FSU athletes get stronger, faster and more flexible.

Under Van Halanger's direction, the average studentathlete gains 20-25 pounds, adds 100 pounds to his bench
press and 200 pounds to his squat during his years at FSU.
Each athlete can knock about two-tenths of a second off his
40 time and can jump four to five inches higher when he
leaves Florida State, thanks in part to the work of Van
Halanger and his staff. He was one of three strength
coaches featured in a July 1998 issue of Sports Illustrated. And just a few months ago he was the first
strength coach in the 74-year history of the EastWest Shrine Game to be asked to coach the
team. He was named the 1993 Strength
Coach of the Year by the NFL Coaches.

In addition to work in the weight room, Van Halanger works closely with the FSU trainers to keep players in shape as they recover from injury.

Van Halanger spent five years as the head strength coach at his alma mater, West Virginia, prior to his arrival at FSU in July of 1983. He is credited with starting WVU's first organized weight training program.

A four-year letterman under Bowden at West Virginia, Van Halanger was co-captain of the 1975 West Virginia Peach Bowl team. An offensive tackle, he earned All-Easthonorshis junior and senior seasons and was an honorable mention All-America selection as a

Van Halanger Quick Facts

YEARS AS A COLLEGIATE COACH: 20 COACHING STOPS:

West Virginia — Graduate Assistant (1976-77); Strength Coach (1978-82)

Florida State - Strength Coach (1983-present)

senior. He played professionally with the Atlanta Falcons in 1976 before returning to WVU as a graduate assistant and head junior varsity coach. He became the full-time strength coach at WVU in 1978.

Van Halanger is currently serving a fiveyear term as a member of the National Board of Ethics for the National Strength and Conditioning Association. He teaches several classes on strength training and conditioning available to FSU students and the Tallahassee community. Van Halanger also leads FSU's Fellowship of Christian Athletes group.

Many of Van Halanger's former assistants from Florida State currently hold positions as strength coaches with professional and collegiate teams across the country, including the Florida Marlins, St. Louis Cardinals, Milwaukee Brewers, Notre Dame, Ohio State, Syracuse, Vanderbilt, Georgia Tech, Pepperdine, Maryland and Memphis

Van Halanger, a native of Turtle Creek, Pa., and his wife, Michele, have three children — Danielle, Julie and Matthew.



THE COACHES.

FOOTBALL STAFF



JIMMIE CALLAWAY
Equipment Manager
23rd Season at FSU

23-year veteran of the Florida State athletic staff, Jimmie Callaway enters his 10th season as the head equipment manager for the football team. Callaway served as

assistant equipment manager at FSU for 13 years before taking over the head position. He was honored last summer as the national Equipment Manager of the Year by the All-American Foundation.

In addition to the huge task of ordering and directing the upkeep of the football team's equipment, he handles ground transportation arrangements for all of Florida State's athletic teams and assists in the coordination of security of the Moore Athletic Center on football game days.

Callaway supervises the everyday distribution of football gear and maintenance of the practice fields. He oversees team facilities in the Moore Athletic Center. When the Tribe goes on the road, he directs the transfer of all equipment and baggage to the site of the game. A large staff of student managers, supervised by Callaway, assist him in these duties.

In addition to his duties with the Seminoles, Callaway also serves on the World Sporting Goods Advisory Board and the Nike Shoe Advisory Board. He is a certified member of the American Equipment Managers Association.

A Tallahassee native, Callaway came to the athletic staff after 20 years with the Department of Highway Safety and Motor Vehicles.

He and his wife, Donna, have two daughters — Connie and Leanne, and a grandson, Cody.

DAVE DELEGAL

Assistant Equipment Manager (Florida State '93) • Fifth Season at FSU

ave Delegal begins his fifth year as the Seminoles' assistant equipment manager and his third consecutive after returning to FSU following a two-year stint with the NFL's Jacksonville Jaguars.

Delegal's duties include the supervision of the student managers and practice facilities, as well as fitting and repairing protective equipment for the Seminole football team. He is also responsible for inventory and ordering of protective equipment.

A 33-year-old native of Jacksonville, Delegal is a 1993 graduate of Florida State where he was a student manager for the football team. Delegal then served as the Seminoles' assistant equipment manager for two seasons (1993-94) before filling

the same role with the Jacksonville Jaguars.

Delegal is a certified member of the American Equipment

Managers Association. He has also worked at Sunbelt Athletic, Inc., and for the Houston Oilers. Delegal was a member of the 1997 AFC Pro Bowl Staff.



CHRIS DEMAREST Graduate Assistant

Graduate Assistant (Northeastern '88)

hris Demarest begins his second season at Florida State and assists Defensive Coordinator Mickey Andrews with the defensive backs. Demarest spent his last eight years prior to

coming to FSU serving as an assistant coach primarily in the northeast.

Demarest joined the Seminoles after three years coaching the defensive backs and punt team at Lehigh University in Bethlehem, Penn., following one-year stints as an assistant coach at both Millersville University and East Stroudsberg University in Pennsylvania. Prior to his tenure at East Stroudsberg, Demarest spent the 1991 and 1992 seasons coaching the defensive line at his alma mater, Northeastern University. He also served the 1990 season as a volunteer assistant coach at East Carolina University after one year as a graduate assistant at Rutgers University.

A native of Keyport, N.J., Demarest attended St. John Vianney High School in Holmdel, N.J. He graduated in 1988 from Northeastern University with a B.S. Degree in Business Administration, where he earned first All-New England honors as a defensive back. Demarest also garneered Division I-AA All-American honorable mention as well as several ECAC Defensive Player of the Week awards as a member of the Huskies from 1983-1987. Professionally, Demarest spent the 1988 season as a free agent signee with the Washington Redskins.

1

STEVE GABBARD
Graduate Assistant

(Florida State '88)

A Seminole defensive tackle from 1984-88, Steve Gabbard returned to his alma mater in a coaching capacity prior to the 1997 season. Gabbard was a three-year starter for

the Tribe, earning Football News All-America honors as a junior and honorable mention AP All-America and second team All-South Independent honors as a senior.

Professionally, Gabbard spent time with the Philadelphia Eagles in 1989 and 1990 as an offensive lineman. As the first player selected by the London Monarchs of the World League in the spring of '91, Gabbard earned first team All-World and helped the Monarchs to the World League Championship in its inaugural season. He spent the remainder of the '91 season with the Green Bay Packers before his last NFL stint as a plan B free agent signee with the Washington Redskins. Gabbard wound up his professional career in the CFL with the Sacramento Gold Miners in '93 and '94.

A native of Charlotte, N.C., Gabbard attended Independence High School with future Seminole quarterback Chip Ferguson in Concord, N.C. He graduated with a degree in economics and business management from Florida State in '88. Gabbard is married to the former Kimberly Shalley, and they have three children — Jacqueline, Ava and Stephen, Jr.

46



1

RANDY ORAVETZ

Director of Sports Medicine (Florida State '79) 21st Season at FSU

ne of the most important aspects of a top athletic program is the training staff and Florida State's athletic training operation is headed by one of the best in the country in Randy Oravetz. In fact, Oravetz was honored in 1998 by the National Association of Athletic Trainers as the winner of the National Service Award.

Oravetz begins his 14th season in his post as the director of sports medicine at FSU in 1999. He oversees the training room operation for all 17 intercollegiate sports offered at Florida State. Before being elevated to the head trainer's position in 1986, Oravetz served as the number one assistant trainer at FSU for seven years.

Oravetz leads a staff of six full-time assistant trainers and a large group of student trainers. He is the primary liaison between the Florida State team doctors and the coaching staff. Oravetz is directly responsible for the everyday care and treatment of the FSU football players. He and his staff deal with the prevention, treatment and rehabilitation of all athletic injuries.

Oravetz served as a student trainer for four years as an undergraduate at FSU under legendary FSU athletic trainer Don Fauls. He was elevated to a full-time assistant in 1979 under Fauls, who passed away in 1987 and after whom the current training facility is named, immediately following graduation from FSU.

During his tenure as an assistant trainer, Oravetz served as the head trainer for FSU baseball team as well as assisting with the basketball, track, swimming and tennis squads.

He and his wife, Linda, have two sons, Jonathan and Thomas.



DUANE BROOKS

Assistant Trainer (Florida A&M '94) Sixth Season at FSU

uane Brooks enters his sixth season on the Florida State training staff and his fourth as an assistant athletic trainer. Brooks previously served as a graduate assistant in the FSU training room for two years.

Brooks' main responsibilities are as the head trainer of the baseball team, but he also works closely with the FSU football squad. Brooks already has distinguished himself in baseball circles as he has overseen the rehabilitation of three pitchers currently on the FSU staff who have recovered from "Tommy John" surgery. Brooks also supervises the student trainer education program.

A 30-year-old native of Tampa, Fla., Brooks graduated from Florida A&M University in 1994 with a bachelors' degree in Applied Physical Education. Brooks worked with the Rattlers' football team, as well as other sports, as FAMU's head student athletic trainer from 1991 to 1993.

Brooks received his masters' degree in 1996 from Florida State in sports administration. He has also served as a summer assistant athletic trainer for the Tampa Bay Buccaneers and the

TRAINING STAFF





Trick Plays

FLORIDA STATE'S BOBBY BOWDEN was likened to a Riverboat

gambler early in his career for his penchant for pulling trick plays at the most unpredictable times. Bowden shifted his offense to the now famous Fast Break during Charlie Ward's junior year and utilized the direct snap to Warrick Dunn, but some of his most outstanding tricks have been one-play wonders. ABC analyst Beano Cook called Bowden's fake punt at Clemson in 1988 (The Puntrooskie) "the greatest play since My Fair Lody."

Tallahassee Sports Council. Brooks is a member of the National Athletic Trainers Association and the Athletic Trainers Association of Florida.

He married the former Natasha Palmer in July.



DAVID WALLS

Assistant Trainer (West Virginia '87) Fourth Season at FSU

David Walls begins his fourth year as an assistant athletic trainer on the Florida State staff. Walls works directly with the Seminole football team and coordinates the rehabilitation programs for FSU's student-athletes.

Walls came to Florida State after working for the Penn State University Orthopedic & Sports Medicine Center and Tallahassee Orthopedic & Sports Physical Therapy where he was responsible for implementing a sports medicine outreach program to area high schools and junior colleges.

Walls received his master's degree from Penn State in Health Education where he served as a graduate assistant athletic trainer for two years. His duties included working with Nittany Lions football and track teams and supervising the Indoor Sports Complex. In addition, Walls has worked as an assistant trainer for the Indianapolis Colts.

A 35-year-old native of Craigsville, W.Va., Walls received his undergraduate degree from West Virginia in 1987.

47

SUPPORT STA



DR. TOM HANEY Team Physician



DR. DOUG HENDERSON Team Physician



DR. KRIS **STOWERS** Team Physician



DR. EMORY CAIN Team Dentist



DR. BOB **ORSILLO** Team Optometrist



DR. JOHN VAN TASSEL Team Chiropractor



MAJOR BILLY **SMITH**



MARK RODIN Seminole Productions General Manager



BILLY VIZZINI Video Coordinator



MANNY DIAZ Videographer



KYLE WILSON Videographer



NICK MENACOF Dorm Supervisor/ P.A. Announcer

BARRY EVERY

Recruiting Assistant



CLINT PURVIS Team Chaplain



Dietician



SUE HALL Administrative Assistant





CAROL MOORE Recruiting Program Assistant



CAROLINE SCOTT Football Operations



STACI WILKSHIRE-MARTIN Defense Secretary



DEBRA CREWS Offense Secretary

