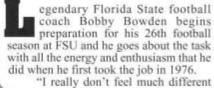




HEAD COACH BOBBY BOWDEN



than I did when I came here," said
Bowden. "I just can't believe
it's been 25 years. I still
enjoy coaching just as much
as I did when I started and I
still hate losing just as
much. I'm excited about
the spring. We've got a
lot of work to do, but
we've got talent."

To put the recent accomplishments of Florida State's football program in perspective one almost must use another sport for the analogy. Imaga college basketball program advancing to the

ine a college basketball program advancing to the Final Four for the last 14 years in a row. Even more startling is the thought of a team playing in the national title game for it's fifth time in the last eight seasons. That's just what the Seminoles have done. FSU is on an NCAA record pace of 14 straight Top Five finishes and the 2001 Orange Bowl was the Tribe's third straight national title game and fifth in the last eight years.

Bobby Bowden is a man so closely tied with the phenomenal success of his program that he, as much as Renegade and the war chant, is Florida State football. Gracious in both victory and

BOWDEN MILESTONE VICTORIES AT FSU

WIN	DATE	SITE	OPPONENT	SCORE
1	10/02/76	Tallahassee, FL	Kansas State	20-10
50	10/31/81	Tallahassee, FL	Western Carolina	56-31
63*	10/15/83	Tallahassee, FL	Cincinnati	43-17
100	11/28/87	Gainesville, FL	Florida	28-14
150	10/31/92	Charlottesville, VA	Virginia	13- 3
200	9/20/97	Clemson, SC	Clemson	35-28

BOWDEN MILESTONE VICTORIES OVERALL

WIN	DATE	SITE	OPPONENT	SCORE	
1	09/19/59	Maryville, TN	Maryville	14- 0	
50	10/07/72	Morgantown, WV	William & Mary	49-34	
100	09/29/79	Blacksburg, VA	Virginia Tech	17-10	
150	09/21/85	Tallahassee, FL	Memphis State	19-10	
200	10/27/90	Tallahassee, FL	Louisiana State	42- 3	
250	09/02/95	Orlando, FL	Duke	70-26	
275	10/11/97	Durham, NC	Duke	51-27	
300	10/23/99	Clemson, SC	Clemson	17-14	

defeat, Bowden is a man at peace with himself, a man with rock-solid character and firm coaching principles that date back more than 46 years. It's not enough that his coaching numbers have reached legendary proportions. Bowden also gives Florida State University a proud moral leader, a family man of the first order, a caring disciplinarian, and a calming voice in the face of the turbulence surrounding college football.

Perhaps the best tribute to the man is that he is not afraid to change with the times adapting brilliantly to new ways of winning games, as well as dealing with young student-athletes. From a sense of discipline and control, to a bold switch to the Fast Break offense, Bowden proves you're only as old as you feel.

Like few other coaches before him, Bowden has created something of a monster that sits squarely on his shoulders. He has coached his Florida State teams so very close to perfection that the fans expect the moon. He has won 152 games over the last 14 seasons, including monumental wins over Miami, Notre Dame, Michigan, Nebraska, Penn State, North Carolina, Florida and others.

In the fickle world of "big-time" college sports, some forget what it is all about. Sure, Bobby Bowden is proud of his national championships, his place among the all-time greats, and a chance at a third national title. But as Bowden well understands at this stage of his career, there are things more important in life.

He has time for charity and to give to his church. He has never walked past an admiring child without a wink and a smile. He greets total strangers, he listens and he cares. He is a father figure in the traditional sense.

One of Bowden's greatest coaching achievements revolves around bowl games and his team's success in them. Bowden's 17-6-1 record and .729 bowl winning percentage rank first all-time. Only Joe Paterno (20) has won more bowl games.

Just three names remain ahead of Bowden on the all-time Division 1-A coaching list — Bryant, Warner, and Paterno. Indeed, Florida State's eighth head coach has inked his name on the list of legends over 35 seasons at Samford, West Virginia and FSU.

When Bowden first arrived in Tallahassee in 1976, he described his relationship with the school as "a marriage" and was determined to let "no man put it asunder." True to his word, he completed his 25th season at FSU last season.

What Bobby Bowden means to Florida State University off the playing field cannot be measured. Respect, sincerity, class, honesty, charisma, charm and humor. Those are the words that describe and define this man — not wins, losses, or coaching records.

As if his character isnit enough, his coaching style draws admirers nationwide. A wide-open, gambling style makes Bowden teams a treat to watch, a pleasure to play on and a delight to cover. Reverses, flea-flickers, laterals — you name it, here it comes.

A look at the record shows he's done it both ways. The flashy wins may get all the attention, but for every one of those, there are dozens of others spawned from



BOWDEN RECORD

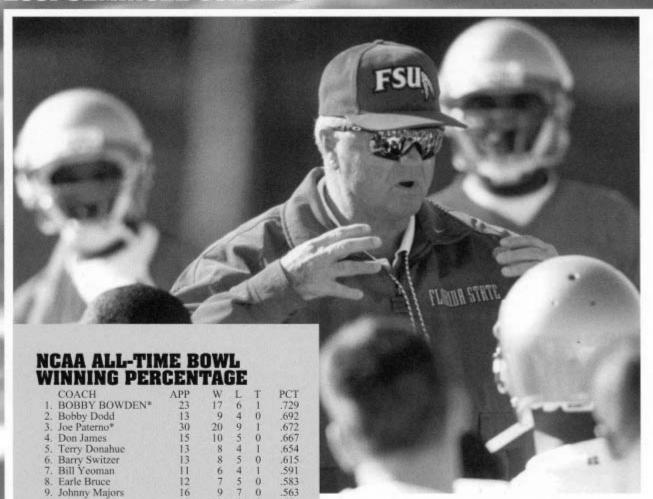
SAMFORD	W	L	T	PCT
1959	9	1	0	.900
1960	9 8	1	0	.889
1961	7	2	0	.778
1962	7	2	0	
Total (4 years)	31	6	0	.838
WEST VIRGINIA	W	L	т	PCT
1970	8	3		.727
1971	7	4		.636
1972 (Peach)		4		.667
1973	6	5	0	.545
1974	4	7	0	.364
1975 (Peach)	9	3		.750
Total (6 years)	42	26		.618
FLORIDA STATE	w	L	Т	PCT
1976	5	6	0	455
1977 (Tangerine)	10	2	0	.833
1978	8		0	.727
1979 (Orange)	11	1	0	.917
1980 (Orange)	10	2	0	
1981	6	5	0	.545
1982 (Gator)	9	3	0	.750
1983 (Peach)	8	4	0	.667
1984 (Citrus)	7	3	2	.667
1985 (Gator)	9	3	0	.727
1986 (All-American)	7	4	1	.625
1987 (Fiesta)	-11	T	0	.917
1988 (Sugar)	11	-1	0	.917
1989 (Fiesta)	10	2	0	.833
1990 (Blockbuster)	10	- 3	0	.833
1991 (Cotton)	11	2	0	.846
1992 (Orange)	- 11	1	0	.917
1993 (Orange)	12	1	0	.923
1994 (Sugar)	10	1	1	.864
1995 (Orange)	10	2	0	.833
1996 (Sugar)	11	1	0	.923
1997 (Sugar)	11	1		.923
1998 (Fiesta)	11	2	0	.846
1999 (Sugar)	12	0	0	1.000
2000 (Orange)	11	2	0	.846
Total (25 years)	242	55	4	.811
CAREER TOTAL	315	87	4	.781

sound fundamental football.

By now it's been well-chronicled how the Birmingham native left the snow of West Virginia to come to Florida State and save the program. Three seasons after he walked on campus, he had taken one of the worst football teams in the country to within one game of a national championship.

Bowden's record at Florida State is 242-55-4. That includes a 128-16-2 record in Tallahassee and a 113-39-2 mark away from home. He has built those numbers against some of the nation's toughest schedules, earning respect for his team, attracting top players to his program and establishing his reputation as a competitor in the process.

Bowden achieved impressive numbers in his previous coaching stops (31-6 at Samford University in Birmingham between 1959 and 1962, and 42-26 at West Virginia from 1970-75), but what he has done at FSU is simply phenomenal.



BOWDEN IN THE BOWLS

18

10

556

10. John Vaught

St. bertreit	Sentitive Calif	A CALL		
YEAR	TEAM	BOWL	OPPONENT	SCORE
1972	West Virginia	Peach	N.C. State	13-49
1975	West Virginia	Peach	N.C. State	13-10
1977	Florida State	Tangerine	Texas Tech	40-17
1979	Florida State	Orange	Oklahoma	7-24
1980	Florida State	Orange	Oklahoma	17-18
1982	Florida State	Gator	West Virginia	31-12
1983	Florida State	Peach	North Carolina	28- 3
1984	Florida State	Citrus	Georgia	17-17
1985	Florida State	Gator	Oklahoma State	34-23
1986	Florida State	All-American	Indiana	27-13
1987	Florida State	Fiesta	Nebraska	31-28
1988	Florida State	Sugar	Auburn	13- 7
1989	Florida State	Fiesta	Nebraska	41-17
1990	Florida State	Blockbuster	Penn State	24-17
1991	Florida State	Cotton	Texas A&M	10- 2
1992	Florida State	Orange	Nebraska	27-14
1993	Florida State	Orange*	Nebraska	18-16
1994	Florida State	Sugar	Florida	23-17
1995	Florida State	Orange	Notre Dame	31-26
1996	Florida State	Sugar*	Florida	20-52
1997	Florida State	Sugar	Ohio State	31-14
1998	Florida State	Fiesta*	Tennessee	16-23
1999	Florida State	Sugar*	Virginia Tech	46-29
2000	Florida State	Orange*	Oklahoma	2-13
*Natio	onal Championsl			

17 times in 25 years, his Seminoles have won 10 or more games in a season. Florida State had been to just eight bowls in the 29 years before him. The Orange Bowl marked the Seminoles 22nd since his arrival, including a string of 19 in a row and 15 "New Year's Day" trips. He is, by far, the winningest coach ever at Florida State as his win total is greater than the previous seven Seminole head coaches combined.

Over his 25-year career at Florida State, Bowden has made the Seminoles a mainstay in the Associated Press polls. FSU has been ranked in the Top 25 in each of the last 216 polls dating back to the second week of the 1989 season. The Seminoles have been among the Top 10 for 99 consecutive polls and have spent 53 weeks at No. 1 since 1991, including one week last season.

Florida State is the only school to finish among the Associated Press Top Five for 14 consecutive seasons. The Seminoles have finished first twice (1993, 1999), second twice (1987, 92), third four times (1988, 89, 97, 99), fourth five times (1990, 91, 94, 95, 96) and fifth last year. No team in college football history can match the run.

Over the past nine years, Florida State has played in the Atlantic Coast Conference. Since joining the league in football, FSU is 70-2 and has claimed (either outright or shared) nine ACC championships and set the league record for consecutive victories. Bowden picked up ACC Coach of the Year titles in 1993 and 1997.

Rising above Bowden's coaching accomplishments, though, are his credentials as a man. Friendly and outgoing, he is a devoted Christian and family man. He loves people. His personality and charm are bigger than life. He has become somewhat of a folk hero in the south. A polished speaker,

NCAA ALL-TIME BOWL WINS

	COACH	NO	RECORD
1.	Joe Paterno*	20	20- 9-1
2.	BOBBY BOWDEN*	17	17- 6-1
3.	Paul "Bear" Bryant	15	15-12-2
4.	Tom Osborne	12	12-13-0
5.	Lou Holtz	11	11- 8-2
6.	Don James	10	10- 5-0
	John Vaught	10	10- 8-0
8.	Bobby Dodd	9	9- 4-0
	Johnny Majors	9	9- 7-0
10.	Terry Donahue	8 8	8- 4-1
	Barry Switzer	8	8- 5-0
	Darrell Royal	8	8- 7-1
	Vince Dooley	8	8-10-2

MOST VICTORIES BY ACTIVE COACHES

(Minimum 150 wins)

COACH	SCHOOL	WINS
1. Joe Paterno	Penn State	322
2. BOBBY BOWDE	EN FSU	315
3. LaVell Edwards	BYU	259
4. Don Nehlen	W. Virginia	203
5. John Cooper	Ohio State	190
George Welsh	Virginia	189

ALL-TIME COACHING VICTORIES#

	COACH	WINS
1.	Paul "Bear" Bryant	323
1.	Joe Paterno*	322
3.	Glenn "Pop" Warner	319
4, 5,	BOBBY BOWDEN*	
5.	Amos Alonzo Stagg	
6.	LaVell Edwards*	
7.	Tom Osborne	255
8.	Woody Hayes	238
9.	Bo Schembechler	234
10.	Havden Fry	232
#Di	ivision 1-A only; *Active	

Bowden is constantly in demand. His busy coaching schedule curtails many speaking engagements, but any free evening will find him on the speaking circuit. His off-season travel schedule would exhaust anyone. Every free Sunday morning will find him in the pulpit of a church somewhere in the south.

Outside of football, Bowden has an intense interest in World War II history and reads countless books and articles on the subject. He traced his ancestry to parts of Germany and has

visited the country several times.

Bowden was an outstanding football player at Woodlawn High School in Birmingham, Ala., and went on to Alabama as a freshman quarterback, fulfilling a lifelong dream to play for the Crimson Tide. During one semester in Tuscaloosa, he found his childhood sweetheart, Ann Estock, and she was enough to lure him back to Birmingham. They soon married and Bobby transferred to Howard College (now Samford University) in Birmingham.

Bowden's family has always been most important to him. The nation can follow Tommy's career as head coach at Clemson as well as Terry who is ABC's top college football studio analyst. The Bowden's oldest son, Steve, is in private business in Birmingham and youngest son, Jeff, is in his sixth season on the FSU staff. The four boys, daughters Robyn Hines and Ginger Madden, and 21 grandchildren make up the Bowden

LOMBARDI COACH OF THE YEAR AWARD

(Text of Speech by the daughter of Vince Lombardi at the presentation of the Lombardi Coach of the Year Trophy to Bobby Bowden.)

Bobby Bowden is not only one of the most competitive coaches in the game of college football, he is a legend. Like my dad, he has a great love of X's and O's. Running a football team is no different from running any other kind of organization — an army, a political party, a business. The principles are still the same. The task of motivation, preparation, discipline, and teamwork are the real X's and O's of leadership.

There are many words that describe coach Bowden. Not just his wins, losses or coaching records, but his respect, sincerity, class, his honesty, charisma, charm and humor. These are what make him a great man and coach.

Bobby Bowden has been to 21 bowl games since his arrival at Florida State University, a string of 18 in a row in 25 years as head coach. His credentials: friendly, outgoing, family man and devoted christian, love of God, people, and his country, and love of his job.

It's an honor and privilege to present the Vince Lombardi College Coach of the Year award to an outstanding football coach, Bobby Bowden.

His incredible success as a coach makes him one of college football's most successful coaches with a 761% winning average. He has taken one of the worst football teams in the country and made them into national champions. The only school in the history of college football to finish among the top four in 13 straight seasons.

It's a reality of life that men are competitive and the most competitive games draw the most competitive men. That's why they're there to compete. They know the rules and objectives when they get in the game. The objective is to win — fairly, squarely, decently, by the rules — but to win.

Coach Bowden's commitment to excellence, his strong leadership, his honorable beliefs on and off the football field, and his discipline and decency, have gained him respect everywhere he goes — on the football field and in his community equally. Coach Bowden knows the rules.

Coach Bowden, I am honored — as is the entire Lombardi family — to present you with the 1999 Vince Lombardi College Coach of the Year award. Congratulations!

About Bobby Bowden...

BORN • November 8, 1929 in Birmingham, Ala.

HIGH SCHOOL • Woodlawn High, Birmingham, Ala.

COLLEGE . Howard (now Samford) 1953

COLLEGIATE FOOTBALL EXPERIENCE • University of Alabama (QB), freshman; Howard (QB), sophomore-senior

GRADUATE DEGREE • Peabody College

WIFE . The former Julia Ann Estock

CHILDREN • Robyn Hines, Steve, Tommy, Terry, Ginger Madden, Jeff

HEAD COACHING HONORS • 1977 Southern Independent Coach of the Year...1979 National Coach of the Year (ABC-Chevrolet ...1979 Southern Independent Coach of the Year...1980 National Coach of the Year (Bobby Dodd)...1983 Florida Sports Hall of Fame...1986 Alabama Sports Hall of Fame...1987 Region II Coach of the Year...1991 Walter Camp Coach of the Year...1992 Neyland Trophy...1993 Bear Bryant Award finalist...1993 ACC Coach of the Year...1996 Home Depot National Coach of the Year...1997 ACC Coach of the Year...1997 Home Depot National Coach of the Year Finalist...1999 Football News Coach of the Year Semifinalist...1999 Home Depot Coach of the Year...1999 Home Depot Coach of the Year...1999

COACHING ACCOMPLISHMENTS . The only coach in the history of Division I-A football to compile 14 straight 10-win seasons (1987-present)...Won his first national championship in 1993 while setting a school record for victories in a season with 12...Nation's second-winningest active head coach with 315, which ranks fourth all-time (Division IA)...Holds the NCAA record with 11 consecutive bowl victories and 14 straight bowl trips without a loss...With a 17-6-1 record in bowl games, his winning percentage of .729 is the best mark, all-time, in college football...Owns the fifthbest winning percentage (.781) among active coaches with a career record of 315-87-4...Has guided FSU to 22 bowl appearances in 25 years, including 18 straight, with 15 "New Year's Day" bowl trips...His 242 wins at Florida State over the last 25 years are more than the previous seven FSU head coaches compiled in over 29 seasons...Patriarch of the only father-son duo ever to lead Division I-A programs, let alone to lead them at the same time.



Bobby Bowden starred at Samford College.



FSU played in back-to-back Orange Bowls in 1979 and '80.



Bowden's program was the winningest of the 1990s.

Bowden vs. The Opposition

Arizona State Auburn Auburn Brigham Young Boston College 4-2-0 California 1-1-0 Carson Newman 2-0-0 Central Florida 1-0-0 Chattanooga 1-0-0 Cincinnati 6-0-0 Clemson 11-2-0 Colorado State 1-0-0 Delta State 2-1-0 Duke 9-2-0 East Carolina 15-11-1 Furman 15-11-1 Furman 2-1-0 Georgia Southern Georgia Southern Georgia Tech Houston Houston Houston Houston Ulinois Indiana 3-1-0 Kansas State 1-0-0 Kentucky 1-0-0 Louisiana College Louisiana State 7-1-0 Louisville Purdan Ausura 3-0-0 Colorado State 1-0-0 Colorado Sta	3-0
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Boston College	4-5
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North Carolina 11-0-1 — —	
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N. Texas State 2-0-0 — —	2-0
Notre Dame 3-1-0 — —	3-1
Ohio State 3-0-0 — —	3-0
Oklahoma 0-4-0 — —	0-4
Oklahoma State 3-0-0 — —	3-0
Penn State 1-6-0 — 0-6	1-0
Pittsburgh 4-7-0 — 3-3	1-4
Richmond 4-2-0 — 4-2	_
San Diego State 0-1-0 — — —	0-1
Sewanee 2-0-0 2-0 —	
South Carolina 9-1-0 — —	9-1
Southern California 2-0-0 — — —	2-0
Southern Illinois 1-0-0 — —	1-0
Southern Methodist 1-0-0 — 1-0	
Southern Miss 9-2-0 — — — — — — — — — — — — — — — — — — —	9-2

Stanford	0-1-0	-	0-1	-
Syracuse	7-2-0	-	4-2	3-0
Temple	3-2-0	-	2-2	1-0
Tennessee	0-1-0	_	_	0-1
Tenn-Chattanooga	1-0-0		_	1-0
Tennessee Tech	1-0-0	1-0	_	
Texas A&M	2-0-0		_	2-0
Texas Tech	2-0-0	-	_	2-0
Toledo	1-0-0	-	_	1-0
Troy State	3-0-0	3-0	_	-
Tulane	11-2-0	_	1-2	10-0
Tulsa	2-0-0	-	_	2-0
UTMB	1-0-0	1-0	-	- (1)
Villanova	1-0-0	_	1-0	-
Virginia	10-1-0	-	2-0	8-1
Virginia Military	3-0-0		3-0	-
Virginia Tech	13-0-0	-	3-0	10-0
Wake Forest	9-0-0		300	9-0
West Virginia	1-0-0	-	-	1-0
Western Carolina	2-0-0	_	2	2-0
Western Michigan	1-0-0	-	-	1-0
Wichita State	1-0-0	-	-	1-0
William & Mary	3-0-0	-	3-0	1000
Wofford	2-0-0	2-0	-	_

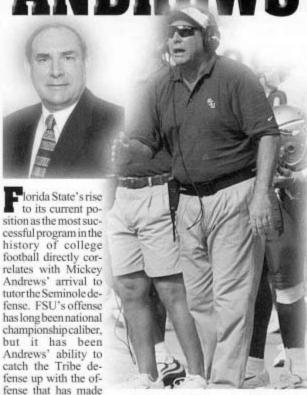


Bowden and Joe Paterno are chasing Bear Bryant as college football's all-time winningest coach.

BOWDEN BY THE DECADE

(Overall Head C	Coaching Wins)	
DECADE	RECORD	PCT.
1959	9- 1-0	
1960-62	22- 5-0	
1970-79	76-38-0	
1980-89	88-28- 3	
1990-99	96-12- 1	

Mickey



the Seminole program the powerhouse that it is today.

"I've got the finest defensive coordinator in the nation and I just let him coach," said Bowden. "I've got confidence in the defensive staff's ability to get it done. They scare me sometimes with all the young players they are running in and out of there, but I've never really cared much for sticking my nose in the defensive huddle.'

Bowden's confidence in Andrews was backed up in 1996 when Andrews was named the recipient of the first-ever Frank Broyles Award. The award, presented by the Major Sports Association of Little Rock, AR, is given to the nation's top assistant coach. Andrews directed the nation's top rated rushing defense in 1996 and his units have been among the top five nationally against therun in six of the last eight seasons.



DEFENSIVE COORDINATOR/ DEFENSIVE BACKS ALABAMA '64 · 18TH SEASON AT FLORIDA STATE

Last year, FSU ranked among the country's top 15 in every major defensive statistical category.

Under Andrews' direction, Florida State has become the top producer of All-America and NFL caliber cornerbacks in the nation. He has coached two players - Deion Sanders (1988) and Terrell Buckley (1991) — who have won the Jim Thorpe Trophy, given annually to college football's top defensive back. LeRoy Butler joined those two as a consensus All-America pick in 1989. Clifton Abraham was an All-American in 1994 and Corey Sawyer in 1993 — which means the Seminoles had an All-American at cornerback each year from 1987-94. Tay Cody earned consensus All-America honors as a senior in 2000.

Andrews' defenses feature an attacking style up front that puts pressure on the opposing offense. He is also a big believer in creating depth and uses as many as 40 players a game. In 1991, Athlon's Magazine named him the Assistant Coach of the Year and in 1998 he was named the national Defensive Coordinator of the Year by American Football Coach's Magazine.

Andrews came to Florida State from the Arizona Wranglers of the old United States Football League (USFL), where he spent one season as defensive coordinator after having spent the previous 17 years coaching in the collegiate ranks.

Andrews' coaching resume includes stints at Eastern Kentucky, Livingston, North Alabama and two of the teams that appear on the Seminoles' 2001 schedule. He was Clemson's defensive coordinator from 1977-80 and was an assistant at

Florida in 1981-82. From 1972-76, Andrews was the head coach and athletic director at North Alabama. He was the head coach at Livingston University from 1970-72 where he won the NAIA national championship.

A star on the football field and the baseball diamond for Alabama from 1961-64, Andrews earned second team All-America honors as a wide receiver and defensive back. During his career, the Crimson Tide won a pair of national championships (1961, '64) and played in three New Year's Day bowl games.

In addition to his football honors, Andrews was an All-SEC choice in baseball. In 1964, he received the Hugo Friedman Award as the Tide's best all-around athlete.

Andrews and his wife, Diane, have two children - Ronnie and Shannon — and four grandchildren.

ANDREW'S QUICK FACTS

YEARS AS A COLLEGIATE COACH: 35 COACHING STOPS:

Erwin High School (Birmingham, AL) - Assistant Coach (1965-66)

Eastern Kentucky - Offensive Backs (1966-67)

Livingston — Assistant Coach (1967-1970); Head Coach (1970-72)

North Alabama — Head Coach/Athletic Director (1972-76)

Clemson Defensive Coordinator (1976-80); Assistant Head Coach (1980)

Florida — Defensive Backs (1981-82)

Arizona Wranglers (USFL) - Defensive Coordinator (1983)

Florida State — Defensive Coordinator/Defensive Backs (1984-present)

OFFENSIVE COORDINATOR/WIDE RECEIVERS FLORIDA STATE '83 · 8TH SEASON AT FLORIDA STATE

Bobby Bowden was faced with replacing his offensive coordinator in January for only the second time since 1990 when Mark Richt left to become head coach at Georgia following the Orange Bowl. FSU's head coach did not have to look far to find someone who knew the Seminoles' offensive system inside and out, and one that he could put his trust in to continue the amazing offensive run for the 'Noles. Jeff Bowden was named offensive coordinator in February after serving as wide receivers coach at FSU for the past six years. Bowden will continue to coach the receivers, and will be in charge of the offensive system for the first time this season.

Bowden will have his work cut out for him with the task of replacing seven starters on offense including three-year starter, and Heisman Trophy winner, Chris Weinke at quarterback. He must also replace a four-year starter at tailback and the team's top receiver, but Bowden is his dad's equal in terms of looking forward to a challenge.

His confidence is justified as his work has been fruitful since he began at FSU. Under Bowden's direction in 1997, E.G. Green earned second team Associated Press All-America status and he finished with more receiving touchdowns (29) over his career than any previous FSU receiver. Three years ago, Green teamed with Andre Cooper (now with the Denver Broncos) to become the first tandem in FSU and ACC history to each register over 1,000 receiving yards. Five years ago, Kez McCorvey finished a career that made him the second most prolific receiver in school history. Just two years ago, Peter Warrick broke Green's FSU record and set a new ACC record with 31 career TD catches. Last year, Snoop Minnis earned consensus All-America honors and was was selected in the third round by the Kansas City Chiefs.

Bowden's transition to Florida State was a smooth one eight years ago when he left a Southern Mississippi program where he had served as receivers coach for three years.

He played in three bowl games on Seminole teams coached by his father and moved immediately into coaching at Salem College in West Virginia upon graduation from FSU. BOWDEN



He was the receivers coach for two seasons under older brother Terry and was promoted to offensive coordinator the third year.

After a year back at FSU as a graduate assistant, Jeffrejoined Terry at Samford University in Birmingham, AL. He was the Bulldogs offensive coordinator in 1987 and added the title of assistant head coach for the 1988-90 seasons. He is credited with guiding the career of Division III All-America

quarterback Jimbo Fisher at Samford.

He moved from Samford to Southern Mississippi and coached the receivers for three years

before coming to Tallahassee.

Jeff is married to the former Cindi Smith and they have five children, Haley, Hunter, T.J., Robert and Julia Elizabeth.

BOWDEN'S QUICK FACTS

YEARS AS A COLLEGIATE COACH: 18 COACHING STOPS:

Salem College — Wide Receivers (1983-84); Offensive Coordinator (1985)

Florida State — Graduate Assistant (1986)

Samford - Offensive Coordinator (1987); Offensive

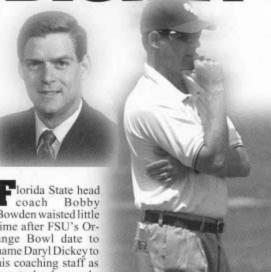
Coordinator/Assistant

Head Coach (1988-1990)

Southern Mississippi — Wide Receivers (1991-93)

Florida State - Wide Receivers (1994-present)

Daryl DICKEY



Blorida State head coach Bobby Bowden waisted little time after FSU's Orange Bowl date to name Daryl Dickey to his coaching staff as quarterback coach. Dickey fills the position vacated by Mark Richt who was named head coach at Georgia in December of 2000.

"I felt ever since Daryl left here in 1990 that if I ever lost

Mark (Richt), Daryl Dickey would be the first person I would try to hire to replace him. He coached Peter Tom (Willis) here in 1989 and he broke nearly all of our passing records in that year. I had three people on a short list when the job came open and

Daryl was at the top."

Dickey, 39, just finished his fourth season at the helm of the Presbyterian College football program. The 2000 season was a special one for the Blue Hose as they posted an 8-2 mark overall and a 6-1 record in South Atlantic Conference regular season play, good for second place. It marked the second time in the last three years that a Dickey-led Blue Hose team finished second in the league regular season and posted an eight-win season. The overall record in 2000 was the best for a Blue Hose squad since 1979 when PC finished the regular season ranked No. 1 in the NAIA and posted an 11-2 record. The 1999 & 2000 teams provided the best two-year span in football (15-6) for the Blue Hose since the 1978-79 seasons. Presbyterian finished 7-4 in 1999, 8-3 in 1998 and 5-6 in Dickey's first season with the Blue Hose (1997).

A graduate of Tennessee, Dickey quarterbacked the Volunteers to a 9-1-2 record during his senior season in the fall of 1985 and led the Southeastern Conference in passing efficiency. The team was unbeaten in the seven games that he started that season. He was named Most Valuable Player in the 1986 Sugar Bowl when he led the Vols to a 35-7 win over Miami.

After a year of professional football with the San Diego Chargers in the NFL and the Memphis Showboats in the USFL, Dickey returned to Knoxville to serve as an assistant coach for the Volunteers. He was assistant quarterback coach at Tennessee before being named quarterback coach at Florida State.

QUARTERBACKS TENNESSEE '85 • IST SEASON AT FLORIDA STATE

During his stint with the Seminoles, Dickey helped guide quarterback Peter Tom Willis to the seventh-best total offense ranking in the nation during the 1989 season as Willis passed for 3,124 yards and 20 touchdowns.

"Coach Dickey played a big part in my development as a quarterback," said Willis who is now the color analyst on the Seminole radio network. "I think that Coach Bowden made a great choice. Coach Dickey is a great guy and an excellent coach. Coach Bowden is the best coach in college football for

a reason. He makes smart decisions with people."

Dickey served as quarterback coach at Kentucky from 1990-93 and then was promoted to offensive coordinator for the Wildcats, a position he held for another two years. Three of Dickey's quarterbacks at Kentucky — Pookie Jones, Freddie Maggard, and Brad Smith all finished their careers ranked among the top 15 passers in Wildcat history. Jones finished with the second-best career total offensive numbers in school history.

From March of 1995 until December of 1996, he served as offensive coordinator and quarterback coach for Georgia Southern University, a Division I-AA member of the Southern Con-

ference.

Dickey is the son of former Tennessee and Florida head coach, and current Tennessee Director of Athletics, Doug Dickey. He played high school football at Buchholz High in Gainesville, Fla. but graduated from Fairview High in Knoxville, TN. He is married to the former Kendall George and they have three children — Karis (9), Dallas James (6) and Drew (4).

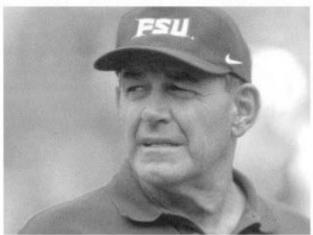


ASSOCIATE HEAD COACH/ DEFENSIVE ENDS WILLIAM JEWELL '62 · 27TH SEASON AT FLORIDA STATE

im Gladden is back for his 27th year on the Seminole coaching staff and his second with the title of Associate Head Coach.

He was elevated to a full-time coach by Bowden when he came to Tallahassee in 1976 after serving as a graduate assistant on the 1975 FSU team that finished 3-8 and was coached by Darrell Mudra. Gladden, Bowden and Florida State have had 24 straight winning seasons and have set NCAA records for bowl games won and consecutive top four finishes.

After coaching outside linebackers at FSU for 20 years, Gladden moved to coaching the defensive ends in 1996. He made a smashing debut as he guided pupils Reinard Wilson and Peter Boulware to All-America status in 1996. Wilson had 13.5 sacks in 1996 and was FSU's leading tackler with 105. He finished his career as the program's all-time leader in sacks with 35.5 and was the 14th overall selection in the 1997 NFL Draft by the Cincinnati



Bengals. Boulware set a school record for sacks in a season and led the nation with 19. He was the ACC's Defensive Player of the Year, finished with 34 sacks in his career and was the fourth pick in the NFL Draft by the Baltimore Ravens. Boulware went on to win the NFL Defensive Rookie of the Year honors in 1997. Faced with losing two first team All-Americans three years ago, all Gladden did in 1997 was coach yet another player to consensus All-America status as Andre Wadsworth joined the group. Last year, Gladden coached Jamal Reynolds who won the Lombardi Award and earned consensus All-America honors. He was drafted in the first round by the Green Bay Packers.

Over his 26-year stint at FSU, Gladden has produced some of the Seminoles' top talent including former Oakland Raider star Willie Jones, former Washington Redskin Sterling Palmer and All-Pro outside linebacker Derrick Brooks of the Tampa Bay Buccaneers. Add to that list Wilson of the Bengals, Boulware with the Ravens, Wadsworth with the Cardinals, Greg Spires with New England, and Tony Bryant with the Raiders and you have one impressive list.

In addition to his position coaching duties, Gladden is one of the nation's best when out on the recruiting trail. Whichever area the affable coach has been assigned has produced some of the top talent on the FSU squad. A keen talent evaluator and personable

recruiter, Gladden's one of the nation's best at culling the talent for the Tribe.

Gladden also coaches the punt block unit for FSU. Since 1976,



Jewell College in Missouri where he graduated in 1962. Over the next 15 years, Gladden coached in the high school ranks. He spent four years in Kansas City and St. Louis as an assistant high school coach before moving into head coaching positions in Tennessee and Kentucky, where he was the high school coach of the year in 1970. After two years as head coach at Hernando High in Brooksville, Fla., Gladden came to FSU.

Born in Springfield, Mo., Gladden and his wife, Patty, have two children — Julie and John and five grandchildren.

GLADDEN QUICK FACTS

YEARS AS A COLLEGIATE COACH: 26 COACHING STOPS:

Pleasant Hill High School (Pleasant Hill, MO) — Assistant Coach (1962-63)

NW St. Louis High School (St. Louis, MO) — (1964-66)Paducah-Tilghmam High School (Paducah, KY) — Defensive Coordinator (1967-69)

Russellville High School, KY — Head Coach (1970-71)

Springfield High School (Springfield, TN) — Head Coach (1972)

Hernando High School (Brooksville, FL) — Head Coach (1972-74)

Florida State — Graduate Assistant (1975); Outside Linebackers (1976-1995); Defensive Ends (1996present)

Odell HAGGINS



lorida State head coach Bobby Bowden was faced with a rare vacancy on his coaching staff in 1994 when Brad Scott was named head coach at South Carolina and took fellow FSU assistants John Eason and Wally Burnham with him. When the decision came as to who would be hired to complete the "new" FSU coaching staff, Bowden turned to one of his own and selected former FSU All-America defensive lineman Odell

Haggins.
"Odell was one of the best players and finest leaders we've ever had at Florida State," said Bowden. "He was dependable and accountable and he has the qualities you look for in a coach. His name just kept popping into my head and once I made the

decision I knew it was right."

The decision has indeed been right for Florida State and Haggins has proven it by producing outstanding interior defensive lines in each of his first seven seasons. Haggins' troops have made the Seminoles one of the toughest teams in all of college football to run against. Last year, Haggins molded a group of young players into a solid unit.
"I'm really enjoying coaching the defensive tackles," said

HAGGINS QUICK FACTS

YEARS AS A COLLEGIATE COACH: 7 COACHING STOPS:

Florida State - Tight Ends/Offensive Line (1994-95); Defensive Tackles (1996-present)

DEFENSIVE TACKLES FLORIDA STATE '93 · 8TH **SEASON AT FLORIDA STATE**

Haggins. "I feel like I've come home. I know what it takes to be successful at the position and I know how important the defensive line is in the overall scheme. I've learned techniques that will work at the NFL level and those same principles should

make you a better college player."

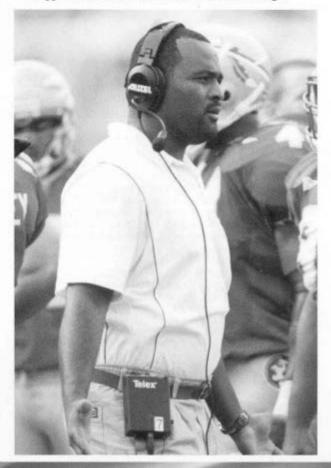
A native of Bartow, Fla., Haggins was a four-year letterwinner and popular team leader for the Seminoles from 1986-89. He earned Kodak, Walter Camp and UPI All-America honors as a senior in 1989 and was a second team Associated Press selection as a junior in 1988. The 1987 FSU team finished the season ranked second in the nation and the Seminoles were third in the country in his junior and senior seasons. Any Florida State fan can remember his trademark of crossing his arms over his head after a big play as a symbol of his role in FSU's "Say No to Drugs" campaign.

Following his standout collegiate career, Haggins was drafted by the San Francisco 49ers and played two years, earning a Super Bowl ring in 1990. He spent the 1991 season with the

Buffalo Bills.

Haggins earned a degree in criminology from Florida State and was working with the state attorney's office in Jacksonville before joining the FSU staff. He worked with the rehabilitation of juvenile offenders while with the state attorney and continues to make working with young people a priority.

Haggins is married to the former Robin Kimbrough.



OFFENSIVE LINE FLORIDA STATE '78 · 16TH SEASON AT FLORIDA STATE

Jimmy Heggins is in his eighth season as offensive line coach at Florida State and his 16th overall on the FSU staff. Heggins coached the tight ends and tutored the noseguards prior to taking over the offensive line duties in 1994.

Heggins was an outstanding noseguard on Bobby Bowden's FSU teams in the mid 70s. He returned to his alma mater in 1986 as a full-time coach after a year at Southwestern Louisiana where he coached USL's defensive ends. Prior to his stint with the Ragin' Cajuns, Heggins was running backs coach at Eastern Michigan for two years and at Western Illinois for a year.

The Seminoles have produced a number of NFL caliber offensive linemen and have had an offensive tackle selected in the first round of two of the last five pro drafts. Seattle selected Walter Jones three years ago and he started for the Seahawks as a rookie. Tra Thomas was selected with the 11th pick of the 1999 draft by Philadephia. In fact, FSU's 1996 offensive line produced three NFL players with Clay Shiver starting at center for

the Dallas Cowboys in 1997 and Todd Fordham signing with the Jacksonville Jaguars. In addition to his offensive line protégés, Coach Heggins has a pair of tight ends he coached playing in the NFL with Reggie Johnson with St. Louis and Lonnie Johnson with Denver.

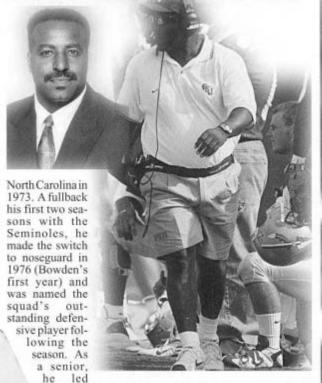
In 2001, Heggins welcomes back just two starters, but both should contend for post-season honors. Brett Williams was second team All-ACC and should push for All-America honors as a junior. Offensive guard Montrae Holland's biggest enemy has been injury. If he stays healthy, Heggins

young but very talented.
A native of Salisbury, N.C., Heggins began his collegiate coaching career as a graduate assistant at East Carolina in 1980. He filled the same role at FSU in 1981 and '82.

will have a solid foundation with which to work. The group will be

Heggins came to Tallahassee to begin his playing career in 1974 as a running back after gaining 1,670 yards and earning all-state honors in

Jimmy HEGGINS



Florida State to a 10-2 record and a win over Texas Tech in the Tangerine Bowl.

Heggins has two daughters - Andrea and Lauren.

HEGGINS QUICK FACTS

YEARS AS A COLLEGIATE COACH: 21 COACHING STOPS:

South Miami High School (Miami, FL) — Head Track and Field Coach (1978-80) East Carolina — Graduate Assistant (1980)

Florida State — Graduate Assistant (1981-82) Western Illinois — Running Backs (1982)

Eastern Michigan — Running Backs (1983-85) Southwestern Louisiana — Defensive Ends (1985)

Florida State — Recruiting Specialist/Noseguards (1986-89); Tight Ends (1990-91); Offensive Line (1992-present)

KINES



hen long-time assistant head coach Chuck Amato became head coach at North Carolina State. Bobby Bowden and Seminole defensive coordinator Mickey Andrews had a hole to fill on the defensive staff as linebackers coach. Bowden and Andrews filled that spot by hiring one of the top defensive minds in the college game to the FSU staff Joe Kines.

Kines came to Tal-

lahassee after a five-year stint at Georgia. He served as the Bulldogs' defensive coordinator from 1995-98 and as their assistant head coach in 1999. Kines also tutored Georgia's defensive ends.

"Joe is our kind of people," Bowden said when he

LINEBACKERS JACKSONVILLE STATE '65 · 2ND SEASON AT FLORIDA STATE

hired Kines. "He is a Florida State kind of guy. When I talked to Mickey about replacing Chuck, I wanted to get someone who knew the game and could hit the ground running. We felt like we got someone who can come in and pick up where Chuck left off."

Kines has long-standing ties with Andrews as the two coached together at Clemson in the late '70s and at Florida in the early '80s.

"He was, by far, the best coach available," said Andrews.
"We got a guy who knows our scheme and knows how to coach.
And he is one of the finest men I have ever been around."

A 1965 graduate of Jacksonville State in Jacksonville, Ala., Kines was a three-year letterman from 1964-66. He earned his master's degree there and began his coaching career at his alma mater in 1972. Kines served as assistant head coach and defensive coordinator through 1976.

Kines' path crossed with Andrews during his next coaching stop at Clemson in 1977. He was the Tigers' linebackers coach in '77 and 1978 while Andrews served as defensive coordinator. Kines moved onto the University of Florida in 1979 and was the Gators' assistant head coach and defensive coordinator through 1984.

In 1985 and 1986, Kines was the defensive coordinator and inside linebackers coach at Alabama then went with Crimson Tide

head coach Ray
Perkins to the
National Football League's
Tampa Bay
Buccaneers.
Kines was
the Bucs linebackers coach

from 1987-90.

Kines returned to college coaching in 1991 as the defensive coordinator at Arkansas and was promoted to head coach of the Razorbacks in 1992. He was Arkansas' assistant head coach and defensive coordinator in 1993 and 1994 before moving onto Georgia.

Kines and his wife, Rubye, have a daughter, Susan, and a grandson.

KINES QUICK FACTS

YEARS AS A COLLEGIATE COACH: 25 COACHING STOPS:

Jacksonville State — Assistant Head Coach/Defensive Coordinator (1972-76)

Clemson — Linebackers (1977-78)

Florida — Assistant Head Coach/Defensive Coordinator (1979-84)

Alabama — Defensive Coordinator/Inside Linebackers (1985-86)

Tampa Bay Buccaneers (National Football League) — Linebackers (1987-90)

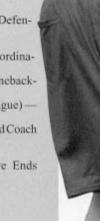
Arkansas — Defensive Coordinator (1991); Head Coach (1992); Assistant Head

Coach/Defensive Coordinator (1993-94)

Georgia — Defensive Coordinator/Defensive Ends (1995-98); Assistant Head

Coach/Defensive Ends (1999)

Florida State — Linebackers (2000-present)



TIGHT ENDS/ RECRUITING COORDINATOR GUILFORD '90 • 7TH SEASON AT FLORIDA STATE

ohn Lilly begins his seventh season with the Florida State football program and his fourth as tight ends coach and recruiting coordinator.

Lilly was named a full-time assistant coach in January of 1998 and has headed the efforts in recruiting the last three classes at Florida State, which have all been ranked among the nation's best. His 2001 recruiting class has been a nearunanimous choice as the very best in the nation.

Lilly's transition from coaching the defensive backfield with Mickey Andrews to working with the Seminole tight ends has been an easy one. He served as a graduate assistant

in 1996 and 1997 under Andrews, after coming to FSU as the defensive videographer in 1995.

In 2001, Lilly welcomes back Carver Donaldson and Patrick Hughes. The two should battle throughout the spring for starting honors, but the position will not enjoy the depth it has had for the past three years.

A 1990 graduate of Guilford College, Lilly was a Dean's List student all four years while playing quarterback, wide receiver and special teams for the Quakers from 1986-89. He was named the "ideal Guilford College football player" as a senior and was a team captain at the North Carolina school.

A native of Beckley, W.V., Lilly graduated from Woodrow Wilson High where he played quarterback for one of the state's top high school programs.

Lilly joined the Florida State football family in 1994 after coaching and teaching at Northwest Guilford High in Greensboro, N.C., from 1991-94.



John

LILLY QUICK FACTS

YEARS AS A COLLEGIATE COACH: 7 COACHING STOPS:

Northwest Guilford High School (Greensboro, NC)— Assistant Coach (1991-94)

Florida State — Videographer (1995), Graduate Assistant (1996-97);

Recruiting Coordinator/Tight Ends (1998-present)

Billy



and then a fulltime coach in 1977. Only defensive ends coach Jim Gladden has logged more time on the Seminole coaching staff than Sexton.

The 2001 season will be Sexton's 25th as a staff member at the school and his 19th as the Seminoles running backs coach, where a slew of pros have learned and refined their skills under the former FSU quarterback. Sexton's pro protégés increased when Warrick Dunn was drafted by Tampa Bay in 1997 and earned NFL Offensive Rookie of the Year honors. Dunn became Florida State's all-time leading rusher in 1996 and finished his career with 3,989 yards.

Sexton has seen 12 of his pupils taken in the draft since 1988, including first rounders Dunn, William Floyd (San Francisco 49ers, 1994), Dexter Carter (San Francisco 49ers, 1990) and Sammie Smith (Miami Dolphins, 1989). Also among Sexton's former pupils are All-Ameri-

SEXTON QUICK FACTS

YEARS AS A COLLEGIATE COACH: 25 COACHING STOPS:

Leon High School (Tallahassee, Fla.) — Assistant Coach (1974-76)

Florida State — Graduate Assistant/Tight Ends (1976); Quarterbacks (1977-81); Junior Varsity Coach/Scouting Coordinator (1982); Running Backs (1983present)

RUNNING BACKS FLORIDA STATE '74 · 25TH **SEASON AT FLORIDA STATE**

can Greg Allen, who broke 26 school records during his FSU career and Edgar Bennett, of the Green Bay Packers. Travis Minor was a four-year starter at tailback and was selected by the Miami Dolphins this past draft.

Since 1983, Sexton's running backs have become one of the most effective components of the FSU offense, averaging nearly six yards per carry and over 10 yards per catch during those 18 seasons. Florida State's backs have earned a reputation for

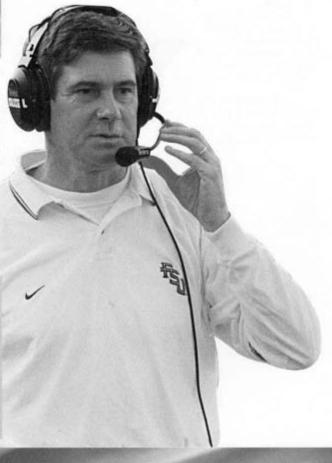
being sure-handed receivers.

Sexton joined the Florida State staff as a graduate assistant in 1976, Bobby Bowden's first year as the FSU mentor. He became a member of the full-time staff in 1977 and worked with the Seminole quarterbacks for five seasons until 1982, when he became the head junior varsity coach and handled scouting duties. He took over the running backs position the following усаг.

A standout at Leon High School in Tallahassee, Sexton played his first three years of college football at Alabama before transferring to Florida State. He was the Seminoles' starting quarterback for the opening half of the 1973 season.

Sexton earned a bachelor's degree in business from FSU and began his coaching career as an assistant coach at Leon before returning to Florida State as a coach.

He and his wife, Joy, have three children - Wyatt, Leslie and Taylor.



ALL-TIME FSU ASSISTANT COACHES

Hugh Adams 1955 (GA), 1956
Jody Allen 2000-present (GA)
Chuck Amato 1982-1999
Mickey Andrews 1984-present
Charlie Armstrong 1948-51
Ned Ashton 1976 (GA)
Art Baker 1984
Don Blackwelder 1970
Bobby Bowden 1963-65
Jeff Bowden . 1986 (GA), 1994-present
Jen Bowden . 1986 (GA), 1994-present
Terry Bowden 1982 (GA)
Tommy Bowden 1982 (GA)
Billy Joe Breakhouse1974
Don Breaux 1966-67
Mack Brown 1974
Jerry Bruner
Jerry Bruner 1976-78
Wally Burnham 1985-93
Billy Canty 1971-73
Aaron Carter 1984 (GA)
Doug Carter 1984 (GA)
John Coatta
John Coatta, Jr 1984
John Conlin 1972-73
Al Conover 1966-67 (GA), 1968-70
Lee Corso 1958-59
Ronnie Cottrell 1989 (GA), 1990-97
Billy Cox1970
Bill Crutchfield
Bill Crutchfield1964-66
Dave Darovec 1975 (GA)
Frank DeBord 1974-75
Chris Demarest 1998-99 (GA)
John Devlin 1971-72
Daryl Dickey 1989 (GA),
2001 present
Jim Donnan 1972-73
Jim Donnan 19/2-/3
John Eason 1981-93
Sam Elliott 1974
Sam Elliott 1974
Sam Elliott
Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA)
Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA) Dick Flowers 1959-62
Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA) Dick Flowers 1959-62 Scott Fountain 1996 (GA)
Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA) Dick Flowers 1959-62 Scott Fountain 1996 (GA) Mike Fox 1980 (GA)
Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA) Dick Flowers 1959-62 Scott Fountain 1996 (GA) Mike Fox 1980 (GA) Steve Gabbard 1997-99 (GA)
Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA) Dick Flowers 1959-62 Scott Fountain 1996 (GA) Mike Fox 1980 (GA) Steve Gabbard 1997-99 (GA) Joe Gibbs 1967-68
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Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA) Dick Flowers 1959-62 Scott Fountain 1996 (GA) Mike Fox 1980 (GA) Steve Gabbard 1997-99 (GA) Joc Gibbs 1967-68 Vince Gibson 1956-57 (GA), 1958-63
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Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA) Dick Flowers 1959-62 Scott Fountain 1996 (GA) Mike Fox 1980 (GA) Steve Gabbard 1997-99 (GA) Joe Gibbs 1967-68 Vince Gibson 1956-57 (GA), 1958-63 Jim Gladden 1975 (GA), 1976-present Jake Gonos 1980 (GA), 1982
Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA) Dick Flowers 1959-62 Scott Fountain 1996 (GA) Mike Fox 1980 (GA) Steve Gabbard 1997-99 (GA) Joc Gibbs 1967-68 Vince Gibson 1956-57 (GA), 1958-63 Jim Gladden 1975 (GA), 1976-present Jake Gonos 1980 (GA), 1982 Gary Grouwinkel 1975
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Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA) Dick Flowers 1959-62 Scott Fountain 1996 (GA) Mike Fox 1980 (GA) Steve Gabbard 1997-99 (GA) Joe Gibbs 1967-68 Vince Gibson 1956-57 (GA), 1958-63 Jim Gladden 1975 (GA), 1976-present Jake Gonos 1980 (GA), 1982 Gary Grouwinkel 1975 J.E. Gundersheimer 1975 (GA) Greg Guy 1991 (GA) George Haffner 1976-78 Doug Hafner 1967-68 Franklin Hagenbeck 1977-78 (GA) Odell Haggins 1994-present
Sam Elliott 1974 Ed Feely 1973-74 Jeff Ferrington 1984 (GA) Dick Flowers 1959-62 Scott Fountain 1996 (GA) Mike Fox 1980 (GA) Steve Gabbard 1997-99 (GA) Joc Gibbs 1967-68 Vince Gibson 1956-57 (GA), 1958-63 Jim Gladden 1975 (GA), 1976-present Jake Gonos 1980 (GA), 1982 Gary Grouwinkel 1975 J.E. Gundersheimer 1975 (GA) Greg Guy 1991 (GA) George Haffner 1976-78 Doug Hafner 1967-68 Franklin Hagenbeck 1977-78 (GA)

Doug Hanlon
Steve Hardin 1977 (GA)
Jimmy Heggins 1981-82 (GA),
Junity rieggins 1901-02 (GA),
1986-present Gene Henderson
Gene Henderson 19/1-/3
Dan Henning 1968-70, 1974
George Henshaw 1976-82
Clark Herman 1992 (GA)
Jack Hines 1985-86 (GA)
Pat Hodgson 1971
Larry Holton 1972
Skip Holtz 1987-88 (GA)
Dick Hopkins 1980 (GA)
Max Howell 1988 (GA)
Bobby Jackson 1965 (GA), 1966-69
Don James 1959-65
Bobby Johns 1985 (GA)
Cal Jones 1974-75
Willie Jones 1988 (GA)
Steve Kalenich 1954 (GA)
Joe Kines2000-present
Nick Kish 1976-78 (GA), 1979-82
Mike Kruczek 1982-83
Charlie LaPradd 1956 (GA), 1957-61
Clint Ledbetter 1988-89 (GA), 1990-91
John Lies 1975 (GA)
1-1-1:11- 1006 07 (CA)
John Lilly 1990-9/ (GA).
John Lilly1996-97 (GA), 1997-present
1997-present Mike Long
1997-present Mike Long 1953-54
1997-present Mike Long
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Mike Long
1997-present 1953-54 Vaughn Mancha 1951-56 Dana Martin 1983-84 (GA) Gene McDowell 1965-66 (GA), 1967-69, 1974-84 Wayne McDuffie 1971-72 (GA), 1973, 1983-89 Bubba McGowan 1959-63 John McGregor 1968 (GA), 1969 Ken McLean 1951-52, 1963-67 Ken Meyer 1959-62 Jimmy Messinese 1954 (GA) Pat Milligan 1987-88 (GA) John Mooney 1975 (GA)
1997-present 1953-54
1997-present 1953-54
1997-present 1953-54
1997-present 1953-54
1997-present 1953-54 Vaughn Mancha

Bill Ragans 1993-95 (GA)
Vince Ragunas 1953-54
Barry Rice 1980-82 (GA)
Mark Richt 1985-86 (GA),
1987-88 (VA), 1990-2001
Gerald Riopelle 1987 (GA)
Pete Rodriguez 1974-75
Pete Rodriguez 1974-75 Mark Salva
Bob Sanders 1972-73
Neil Schmidt
Rick Schachner 1974-75
Jeff Schaum 1985 (GA)
Kent Schoolfield 1976-80
Brad Scott 1984 (GA), 1985-93
Billy Sexton 1976 (GA), 1977-present
Bill Shaw 1972-74 (GA), 1979-81
Kenneth Shipp 1959
Stan Shiver 1991-92 (GA)
Steve Sloan
Hank Small 1972
Moyer Smith 1973
David Snell 1976 (GA)
Mike Spencer 1989-90 (GA)
Phil Spooner 1970
Winston Siegfried 1953-54
David Stallworth 1992 (GA)
Jack Stanton 1973, 1976-83
Bob Stinchcomb 1985-86 (GA)
Hugh Taylor 1956
Mark Thomas 1980 (GA)
Frank Toomey 1953-56
Dave Van Halanger 1983-2001
Bob Vogt 1964-67
Frank Vohun 1976 (GA)
Will Walls 1959
Tom Wheeler 1991-92 (GA)
Bud Whitehead 1969-70
Oscar Williams 1994-95 (GA)
David Wilson 1992 (GA)
Eddie Wilson 1975
Kyle Wilson 2000-present (GA)
Charlie Wright
Gary Wyant 1966 (GA), 1967-69

Bold - Current Assistant Coaches

FSU STRENGTH & CONDITIONING

Building Champions

The FSU strength and conditioning program is designed to improve athletic performance through an individualized regimen of stretching, lifting, speed, power, agility and conditioning drills. The goal of the program is to maximize the onfield performance of each athlete, while reducing the risk of injury.

Before a strength program is designed for an athlete, they are put through a series of physical tests to evaluate their speed, power, strength, agility, and body composition. Once the testing is completed, we proceed to assign a program for each student-athlete that will specifically address his weaknesses and enhance his strengths.

closely monitor progress to assure each student-athlete is on

Our computerized workout programs show in detail the exercise, the number of sets, repetitions and amount of weight prescribed for each workout. Coach Jost and his staff of experts

schedule to reach their goals. Physical development is critical in order to excel at the collegiate level.

and mentoring of Nebraska strength and conditioning legend Boyd Epley. Prior to joining FSU, Jost spent two years at Holy Cross and the last five years at Southern Methodist University. While at SMU, he established a very solid strength and conditioning program and completed the design of one of the Nation's top-notch weight room facilities contained within the new Gerald Ford Stadium in Dallas, TX.

Jost's focus at Florida State will continue to revolve around building — building stronger and better athletes as well as new

facilities.

This is an exciting time for the strength and conditioning program, our goal is to provide our the best athletes in the nation with the best resources and tools in the nation. Our athletic department is committed to excellence in every area, this includes providing our athletes with the most state of the art facility and equipment. Our new facility will give us with the best platform train our athletes to their full athletic potential.

"At Florida State we are always striving to improve – building bigger and better athletes and facilities."

Our strength and conditioning staff is continuously researching and following the most scientifically sound and up-todate principles of strength training to safely maximize the athletic potential of our players.

This year marks the start of a new era for our strength and conditioning program. FSU was excited to welcome Jon Jost as the new director of strength and conditioning. Jost started his fifteen-year coaching career at Nebraska, under the guidance

HIGHLIGHTS OF THE NEW FACILITY:

14,000 square foot strength complex

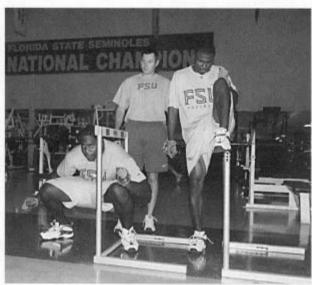
- 20 self-contained Olympic Power Platforms
- 20 elite sets of competition bumper plates
- State of the art aerobic equipment
- 2000 square foot complex training area
- Football-specific weight training equipment
- State of the art sound system



Ground-based or closed-chain movements mean that the activity is being performed with the athlete's feet on the ground. The more force you can exert against the ground, the faster you can run, and the higher you can jump. Our athletes training requires the majority of exercises to be ground based in order to develop their position specific skills and muscular recruitment patterns from the ground up.



All Athletic skills require multiple joint actions timed in the proper neuromuscular recruitment patterns. At FSU we maximize the efficiency of each workout by prescribing multiple joint movements as much as possible.



Explosive Training

This is the most critical training aspect for football. Training explosive, quick muscular contractions with free weights allows more fast twitch muscle fibers to be recruited which results in power.

Progressive Overload

The load of weight lifted for each exercise is a very fundamental component of strength training. Overload happens when the body responds to training loads greater than normal. This causes muscle tissue to go into a catabolic state or to break down. The body then adapts, through good nutrition and rest. By compensating repeatedly over and over, the muscle develops more strength and endurance.

THE PROGRAM

The primary objective of conditioning is to improve the energy capacity of an athlete to improve performance on the field. Football is defined as a power sport, an activity with work bouts of high intensity and short duration. There are physiological reasons why a football player trains differently than a distance runner. FSU athletes improve football specific conditioning by primarily training at the correct work to rest ratio and training the ATP energy system.

ACCELERATION

The ability to reach top speed in the shortest period of time. Number one tested indicator of performance

Training Focus:

- Developing leg strength
- Increasing lower body explosive power
- Performing resisted running and training the ATP energy system

FLEXIBILITY

The range of movement in a joint and its surrounding muscle. This is a key component of improving athletic performance and avoiding injuries.

Training Focus:

- Using passive and active static stretching
- Addressing the importance of warm ups
- · Practicing dynamic (Full range of motion) flexibility drills

SPEED

The combination of stride length (the amount of ground covered between steps) and stride frequency (the number of steps per second).

Training Focus:

- Developing leg strength with ground based power movements
- Improving running mechanics
- Training the ATP energy system

AGILITY

The ability to change direction without the loss of speed.

Training Focus:

- Performing both programmed (cone, line and bag drills) and reaction (visual stimulus directed movements) agility drills
- · Improving acceleration and lower body power

STRENGTH

Strength is defined as Mass x Distance. Research shows that there is a positive correlation between improvement in strength and improvement in athletic performance.

Training Focus:

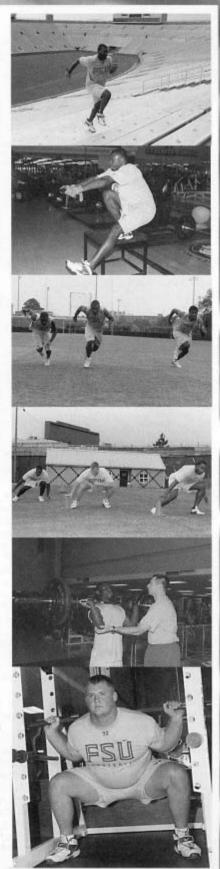
 Following a program that includes a carefully monitored progressive overload and a variety of multiple joint exercises.

POWER

Defined as Mass x Distance + by Time. In other words, it is the combination of strength and speed.

Training Focus:

- Performing Olympic lifts
- · Employing plyometrics



Jon JOST

ne of the most important aspects of any successful athletic department is the strength and conditioning of its student-athletes. When Florida State officials were faced with their first opening in the position of Director of Strength and Conditioning in 18 years during the winter, the position was considered of the utmost importance. After a national search, Jon Jost was named to the position on February 9, 2001 marking a new era in the training and conditioning of Florida State athletes. Jost, who came to FSU from Southern Methodist University, took over for Dave Van Halanger who had held the position for the previous 18 years before leaving to join Mark Richt's staff at the University of Georgia.

"I am extremely excited about the opportunity to become a part of Florida State University," said Jost when his hiring was announced. "It is a dream come true job for me. To get the opportunity to work with so many people who pursue excellence. I am extremely proud to be a part of the FSU program. I have been able to see first hand why the Seminole's program excels so much and that is the outstanding people throughout the athletic department."

Jost, 33, came to SMU in 1996 via the College of Holy Cross where he was the head strength and conditioning coach for two years. He started his career as a strength and conditioning coach at the University of Nebraska where he served as an assistant for seven years and earned certification as a strength and conditioning specialist. During that time, Jost worked closely with Boyd Epley, the Nebraska Director of Athletic Performance and chair of the National Strength and Conditioning Association's College Strength Coaches Committee.

"We are very excited to attract a person with the experience and ability that Jon brings with him," said FSU Associate

STRENGTH & CONDITIONING NEBRASKA '90 · IST SEASON AT FLORIDA STATE

Athletic Director Andy Urbanic. "He has had the opportunity to head up the strength and conditioning programs for all sports both at SMU and Holy Cross. In addition, he has the background and training from Nebraska, which is the benchmark in strength circles. We were looking for someone with the organizational skills to coordinate all our sports programs and his background brings these credentials."

Jost earned a master's degree in education administration with an emphasis in post-secondary education and athletic administration from Nebraska in 1994, and a bachelor's degree in exercise science with an emphasis in strength and conditioning from Nebraska in 1990. Jost is married to Marianella Baez.



GRADUATE ASSISTANTS

JODY ALLEN

Graduate Assistant (Valdosta State '83)

Jody Allen is in his second season at Florida State where he will assist Defensive Coordinator Mickey Andrews and work primarily with the defensive backs. Allen has over 18 years of coaching experience at both the collegiate and professional level. The Fayetteville, Ga. native has spent most of his career working with offenses and specifically wide receivers.

Allen spent the 1999 season coaching wide receivers at his alma mater Valdosta State University after a oneyear stint as the offensive coordinator at Griffin High School in Marietta, Ga. Prior to 1998, Allen coached wide receivers at Murray State University and spent three years coaching in the Canadian Football League. Allen was a wide receivers coach and special teams coordinator with both the Shreveport Pirates (1995-1997) and the British Columbia Lions (1994).

Before joining the CFL, Allen spent the previous 10 years coaching in the southeast including a four-year tenure at the University of Mississippi coaching wide receivers and running backs from 1987-1991. In 1992 and 1993, he served as the offensive coordinator and quarterbacks coach at Arkansas State University in Jonesboro. Prior to his four-year stint at Ole Miss, Allen had spent three years at Alabama where he worked with the quarterbacks as a graduate assistant for two years before being promoted to receivers coach in 1986. Allen also spent one year working as an offensive line coach at Marion Military Institute in 1983.

Allen graduated from Fayette County High School and played football where his father was a head football coach years before his arrival. Allen began his collegiate football career at the Marion Military Institute Junior College as a linebacker. He eventually transferred to Valdosta State University where he became a member of the University's first football team. Allen earned a B.S. degree in Mathematics and Secondary Education in 1983 from Valdosta State.



Kyle Wilson

Wilson, who hails from Minnesota, graduated from Temple Heights High School in Tampa, Fla. After graduating from high school, Wilson joined the United States Army and spent five years as a military policeman stationed in Germany, Somalia, and Cuba. After his stint in the armed forces, Wilson spent a year at Liberty University before eventually completing his B.S. degree in Physical Education at Florida State in May 1998.



Graduate Assistant (Florida State, 1998)

Florida State alumnus, Kyle Wilson will assist offensive coordinator Jeff Bowden and work closely with offensive line coach Jimmy Heggins this season.

Wilson has spent four of the past five years working with the Seminole football team. He has worked as a volunteer assistant and cinematographer for Florida State since July of 1998. Wilson conducted film breakdown of both the FSU offense and opponents, produced scouting reports on upcoming opponents and aided recruiting coordinator John Lilly throughout the season.

Before spending a year as the assistant coach and offensive line coach at Shanks H.S. in Quincy, Fla., Wilson spent two years as an undergraduate assistant at FSU



EQUIPMENT MANAGERS





Keith Graham

DAVE DELEGAL

Equipment Manager (Florida State '93) Seventh Season at FSU

ave Delegal begins his second year as the Seminoles' head equipment manager and his fifth consecutive after returning to FSU following a two-year stint with the NFL's Jacksonville Jaguars.

Delegal's duties include the supervision of the student managers and practice facilities, as well as fitting and repairing protective equipment for the Seminole football team. He is also responsible for inventory and ordering of protective equipment.

A 35-year-old native of Jacksonville, Delegal is a 1993 graduate of Florida State where he was a student manager for the football team. Delegal then served as the Seminoles' assistant equipment manager for two seasons (1993-94) before filling the same role with the Jacksonville Jaguars.

Delegal is a certified member of the American Equpiment Managers Association. He has also worked at Sunbelt Athletic, Inc., and for the Houston Oilers. Delegal was a member of the 1997 AFC Pro Bowl Staff.

KEITH GRAHAM

Assistant Equipment Manager (Florida State '97) Fourth Season at FSU

eith Graham begins his second season as the Seminole's assistant equipment manager and his ninth year overall with the Seminole football team. Graham returns to Florida State after a one-year stint with the NFL's Seattle Seahawks.

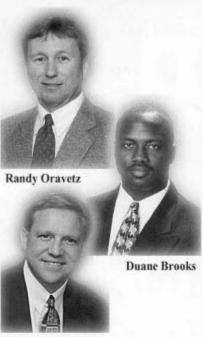
A 31-year-old native of Savannah, Ga., Graham is a 1997 graduate of Florida State. He earned a degree in Sport Management while serving as a student manager for the football team from 1992-1996. Graham spent the 1997 and 1998 seasons working in the equipment room prior to becoming the assistant equipment manager for the Seattle Seahawks during the 1999 season.

Graham's duties include the supervision of the student managers and practice facilities, as well as fitting, preparing and inventorying protective equipment for the Seminole football team.



2001 SEMINOLE FOOTBALL

SPORTS MEDICINE STAFF



David Walls



RANDY ORAVETZ

Director of Sports Medicine • (Florida State '79) • 23rd Season at FSU

ne of the most important aspects of a top athletic program is the training staff and Florida State's athletic training operation is headed by one of the best in the country in Randy Oravetz. In fact, Oravetz was honored in 1998 by the National Association of Athletic Trainers as the winner of the National Service Award.

Oravetz begins his 16th season in his post as the director of sports medicine at FSU in 2001. He oversees the training room operation for all 17 intercollegiate sports offered at Florida State. Before being elevated to the head trainer's position in 1986, Oravetz served as the number one assistant trainer at FSU for seven years.

Oravetz leads a staff of six full-time assistant trainers and a large group of student trainers. He is the primary liaison between the Florida State team doctors and the coaching staff. Oravetz is directly responsible for the everyday care and treatment of the FSU football players. He and his staff deal with the prevention, treatment and rehabilitation of all athletic injuries.

Oravetz served as a student trainer for four years as an undergraduate at FSU under legendary FSU athletic trainer Don Fauls. He was elevated to a full-time assistant in 1979 under Fauls, who passed away in 1987 and after whom the current training facility is named, immediately following graduation from FSU.

During his tenure as an assistant trainer, Oravetz served as the head trainer for FSU baseball team as well as assisting with the basketball, track, swimming and tennis squads.

He and his wife, Linda, have two sons—Jonathan, who will enroll at FSU this fall, and Thomas.

DUANE BROOKS

Assistant Trainer • (Florida A&M '94) • Eighth Season at FSU

uane Brooks enters his eighth season on the Florida State training staff and his fifth as an assistant athletic trainer. Brooks previously served as a graduate assistant in the FSU training room for two years.

Brooks' main responsibilities are as the head trainer of the baseball team, but he also works closely with the FSU football squad. Brooks already has distinguished himself in baseball circles as he has overseen the rehabilitation of three pitchers who have recovered from "Tommy John" surgery.

A 32-year-old native of Tampa, Fla., Brooks graduated from Florida A&M University in 1994 with a bachelors' degree in Applied Physical Education. Brooks worked with the Rattlers' football team, as well as other sports, as FAMU's head student athletic trainer from 1991 to 1993.

Brooks received his masters' degree in 1996 from Florida State in sports administration. He has also served as a summer assistant athletic trainer for the Tampa Bay Buccaneers and the Tallahassee Sports Council. Brooks is a member of the National Athletic Trainers Association and the Athletic Trainers Association of Florida.

He married the former Natasha Palmer in 1999.

DAVID WALLS

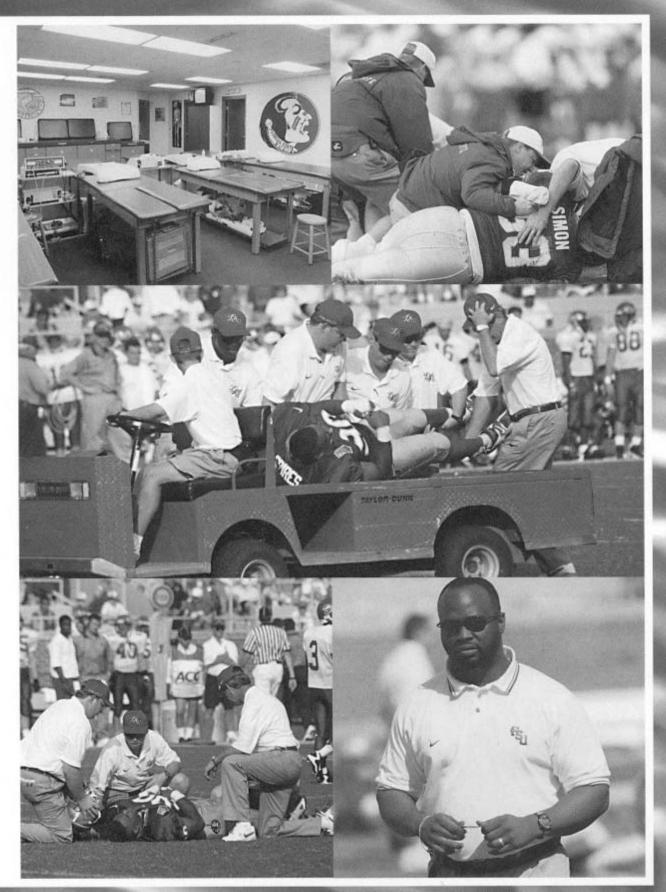
Assistant Trainer • (West Virginia '87) • Sixth Season at FSU

avid Walls begins his sixth year as an assistant athletic trainer on the Florida State staff. Walls works directly with the Seminole football team and coordinates the rehabilitation programs for FSU's student-athletes.

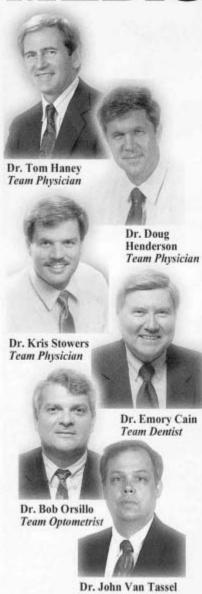
Walls came to Florida State after working for the Penn State University Orthopedic & Sports Medicine Center and Tallahassee Orthopedic & Sports Physical Therapy where he was responsible for implementing a sports medicine outreach program to area high schools and junior colleges.

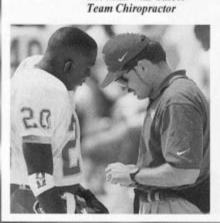
Walls received his master's degree from Penn State in Health Education where he served as a graduate assistant athletic trainer for two years. His duties included working with Nittany Lions football and track teams and supervising the Indoor Sports Complex. In addition, Walls has worked as an assistant trainer for the Indianapolis Colts.

A 36-year-old native of Craigsville, W.Va., Walls received his undergraduate degree from West Virginia in 1987.



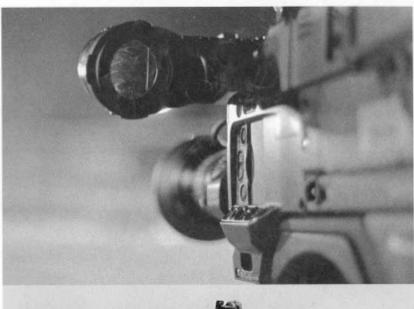
MEDICAL STAFF







DEOGRAPHERS









General Manager





Craig Campanozzi Videographer



Bill Long Videographer



Dan Nagy Videographer

SUPPORT STAFF



