

Tpack&Fleld 1978



Florida State University

1978 TRACK AND FIELD SCHEDULE

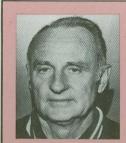
INDOOR SEASON

DATI	Ε	MEET	CITY
Jan.	14	East Tennessee Invitational	Johnson City, Tenn
Jan.	21	Sunkist Invitational	Los Angeles, Cal.
Jan.	27	Wanamaker Millrose Games	New York, N.Y.
Jan.	28	Louisiana State	Baton Rouge, La.
		Georgia	
		Mississippi State	
		Baylor	
		Arkansas State	
Feb.	4	Vitalis U.S. Olympic Invitational	New York, N.Y.
Feb.	10	National USTFF Indoor Championships	Montgomery, Ala.
Feb.	11	Mason Dixon Games	Louisville, Ky.
Feb.	24-25	Illini USTFF Classic	Champaign, III.
Mar.	10-11	NCAA Indoor Championships	Detroit, Mich.

OUTDOOR SEASON

Mar.	18	Springtime Relays	Tallahassee, Fla.
Mar.	24-25	Florida Relays	Gainesville, Fla.
Apr.	1	Mississippi State	Tallahassee, Fla.
Apr.	8	Tennessee	Tallahassee, Fla.
Apr.	15	Dogwood Relays	Knoxville, Tenn.
Apr.	22	Auburn	Auburn, Ala.
Apr.	28-29	Drake Relays	Des Moines, Iowa
Apr.	29	Southeastern Collegiate Track & Field Classic	Tallahassee, Fla.
May	6	Florida	Gainesville, Fla.
May	12-13	Metro Conference Championships	Tallahassee, Fla.
May	20	Tom Black Classic	Knoxville, Tenn.
May	26-27	National USTFF Outdoor Championships	Wichita, Kan.
	1-3	NCAA Outdoor Championships	Eugene, Ore.
June	9-10	National AAU Outdoor Championships	Los Angeles, Cal.
June	16-17	National AAU Junior Outdoor Champs.	Bloomington, Ind.

Home meet times: Springtime Relays — 1 p.m.; Mississippi State — 7:15 p.m.; Tennessee — 4 p.m.; Southeastern Collegiate Classic — 7:15 p.m.



DEDICATION

The 1978 Florida State Track and Field Guide is dedicated to Mike Long, who retired last June after 23 years as head track coach of the Seminoles. Long's teams sported a dual meet record of 115 wins and only 31 losses including five unbeaten seasons. He also coached 13 All-Americans.

"There are very few experiences quite like lining up before a race and knowing that you are the man and it is all on your shoulders," said Long.



SEMINOLE TRACK AND FIELD

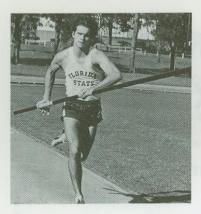
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1977 Metro Championships
This Is Florida State
Seminoles Now Coaching
Coaching Assistants
Team Photo IBC

About the cover: First-year head coach Dick Roberts poses with All-America hurdler Mike Roberson.

FLORIDA STATE UNIVERSITY

LOCATION
NICKNAME Seminoles
COLORS Garnet and Gold
ENROLLMENT 21,000
PRESIDENT Dr. Bernard F. Sliger
ATHLETIC DIRECTOR John Bridgers
BUSINESS MANAGER
ASSISTANT TO DIRECTOR Larry Pendleton
SPORTS INFORMATION DIRECTOR Mark Carlson
ASSISTANT SPORTS INFORMATION DIRECTOR Mike Parsons
HEAD TRACK COACH Dick Roberts
ASSISTANT TRACK COACH John Brogle
ASSISTANTS Jim Long, Paul Toran
SPORTS INFORMATION OFFICE 904/644-4038
TRACK OFFICE 904/644-3836





"YEAR OF THE SEMINOLES"

As Dick Roberts gazes ahead at his first season as head coach at Florida State, he has to anticipate that this may well be the "Year of the Seminoles" in collegiate track and field.

Here is a breakdown of the Florida State track team:

SPRINTS (100-400 METERS)

The sprints should once again provide the backbone for the Seminoles despite the loss of All-Americans Don Merrick and Jesse Forbes

to graduation.

Two time All-American and school record holder Mike Roberson returns for his junior year. Roberson has completed his best fall practice ever and appears completely recovered from the hamstring pull he suffered last spring which kept him out of post season competition. His 1977 performance was highlighted by a third place finish in the NCAA indoor 60 yard high hurdles and the 100 meter dash championship in the prestigious Drake Relays over Olympians Harvey Glance and Johnny Jones.

Roberson will be joined by America's premier high school sprinter Cyril Wyatt. Another newcomer who may prove to be one of FSU's most versatile performers ever is Kevin Johnson who was the national junior college 60 yard and 100 meter champion in 1976. Johnson has already demonstrated his leadership qualities and inspired the entire sprint corps during fall workouts according to the FSU track staff. Making his debut in the Seminole sprint ranks is Florida high school champion

Ron Nelson.

Also returning is sophomore John Walker who established the FSU school record in the 400 meter dash last season in addition to running the second leg of the school record 400 meter relay team. Walter McCoy, fastest Florida prep ever at 400 meters, is the best prospect at that distance in the recent history of the program. Freshman Brad Gwinn will add depth to the lineup.

HURDLES

Mike Roberson is perhaps at his best here where he holds the school record at 110 meters. Junior John Citron, last spring's Metro Conference champion and gold medal winner at the Macabiah Games, also returns.

This pair of standouts will give the Seminoles consistent points in the high hurdle events. Freshman Leo Hodges will join Citron in the longer race.

The Seminoles are rarely found lacking in talent and depth in this area and the '78 contingent may prove to be more solid than any group in recent years. A few event changes, if successful, could enable this group to compete with anybody on the 1978 schedule.

Sophomore Lynn Brown will switch to the 800 meter after competing in the 400 last year. Junior Earl Caruthers has recovered from a sophomore knee injury and should be at full strength for the upcoming campaign. Glenn Kettenacker returns for his senior year where he may make the transition to the 1500 for the outdoor season.

Senior Cliff Cook, the defending Metro Conference 1500 meter champion, will be looking for his best season ever. He made tremendous strides during cross country and could challenge the best. Donnie Cook has been the top Seminole cross country runner for three seasons and holds the FSU frosh, sophomore, and junior records at 5000 meters.

Sophomore Tom Herron, co-holder of the Florida prep mile run record, will compete in the 1500 and 5000. Steeplechaser Mike Sautter missed the cross country season a year ago, but wound up as one of the Seminoles' best this past fall.

THROWS

The throws have been substantially bolstered by several new recruits that will provide immediate help. National junior college record holder Brad Cooper has thrown 20 feet farther than the FSU school record already. Cooper will anchor the discuss event and also compete in the shotput.

Freshman Ken Lanier, third among prep shotputters nationally last year, will make the transition from football where he earned a starting offensive tackle slot, to the track where he will handle the Seminole shotput chores.

Vinni Bilotto hopes to return to his former level and better in the shot put event.

One of the most outstanding performers on the team is returning sophomore javelin thrower Eric Allain. Bigger and stronger from off season weight work, Allain should be a contender in any competition. Freshman Hank Langee will add depth in all three events.

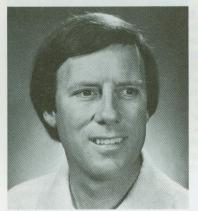
JUMPS

A look at this area finds the Seminoles well balanced with a lot of talent and depth. High jumper Larry Sayers has already leaped to within one inch of the Florida State record as he begins his sophomore year. Sayers' excellent fall practice will help him add heighth and consistency to his 1978 performance.

Kevin Johnson, 1976 national junior college long jump champion, should challenge all comers and will work for the first time on the triple jump.

Seniors Willie Taylor and Van Brown, competing in the long jump and triple jump, should add considerable depth in both events while sophomore John Crombie will compete in all three jumps.

The pole vault should also be a consistent point gatherer as junior Hilmar Skagfield returns after a redshirt season. Last years' AAAA champion and record setter Donnie Bailey also joins the Seminoles. Senior Manny Wetherbee returns to action after a year of inactivity.



DICK ROBERTSHead Track Coach

Florida State graduate Dick Roberts begins his first year as head coach of the Seminole track team after serving as an assistant to Mike Long for eight seasons.

A native of St. Petersburg, Fla., Roberts was an outstanding distance runner for FSU and earned three varsity letters. He put his name in the school record book while running the indoor half mile and as a member of the two-mile and distance medley teams. He also won the Florida intercollegiate mile twice.

After graduating in 1964, Roberts remained on campus as a graduate assistant in cross country and track for Long. He received his master's degree and moved to Dunedin High School as head coach, where his track squad won the state championship in 1968 and he was named Florida High School Coach of the Year. His athletes accumulated 10 individual state championships and 13 state records during his three seasons at Dunedin.

Roberts returned to Florida State in 1970 as academic advisor for Seminole athletes, head cross country coach, and assistant track coach.

Roberts has gained the reputation of an energetic and highly successful recruiter. He has been largely responsible for bringing the Seminoles' top track and field performers to FSU, and this year's bumper crop of recruits is an excellent example of his recruiting prowess.

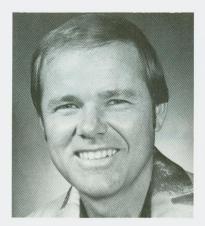
He is also an experienced speaker and clinician having spoken at many track affairs including the 1973 NCAA Track Coaches winter clinic.

Roberts was tutored by one of the most respected coaches in the collegiate track and field ranks and holds in highest regard the man who directed Seminole track fortunes for the past 23 years.

"Mike Long was certainly the finest coach I've ever known," Roberts says, "and his reputation among other coaches is well deserved."

"My goal is to continue to guide the track program as successfully as we have in the past on the regional level and hopefully expand our accomplishments at the national level."

Roberts is married to the former Judy Goggin of St. Petersburg.



JOHN BROGLE

Head Cross Country, Asst. Track Coach

This season marks John Brogle's first on the Florida State track staff but he is by no means a stranger on the FSU campus.

Brogle, a former FSU student who obtained his physical education degree in 1966, served as captain of former coach Mike Long's track squad. He put his name in the Seminole record books that same year with a 1:52.2 clocking in the 880.

Brogle began his coaching career on the staff of St. Petersburg's Oak Grove Junior High School where he remained three years before moving across town to St. Petersburg Catholic High School (formerly Bishop Barry).

Brogle's coaching record at his Bishop Barry alma mater is nothing short of phenomenal. His cross country teams won state championships in 1969, 1972, 1973 and 1975 and never finished lower than third in the state meet during his eight years at the Class AAA school.

His track and field performance has been just as impressive. Brogle coached squads finished either second or third in the state meet between 1971-74 and won the state crown in 1970.

"Returning to Florida State is like coming home," says the easy going coach. "We're excited to be back in the atmosphere that FSU and Tallahassee provide."

In addition to assisting head coach Dick Roberts with the Seminole track team, Brogle will play a major role in coaching the Florida State cross country squad during the fall season.

Brogle obtained a master's in physical education from the University of South Florida and serves as Asst. Professor of Physical Education in addition to his coaching duties. He and his wife, Margie, have two children, Kimberly Anne, 10, and John Mark, Jr., 5.









Allain

Bailey

Bilotto

L. Brown

ERIC ALLAIN

Javelin Sophomore Madison, Conn.

Established FSU school record of 250 feet with upset victory over the NCAA champion last year . . . had top freshman throw in U.S. last year . . . consistent winner and tough competitor . . is ahead of last year in all areas, particularly size and strength development.

DONNIE BAILEY

Pole Vault Freshman Orlando, Fla.

Florida's top prep vaulter in '77 . . . won state AAAA championship, establishing state record of 15-6 . . . outstanding student with super attitude . . . member of state champion team at Oak Ridge High School.

VINNI BILOTTO

Shot Put Junior

Locust Valley, N.Y.

Set frosh record (53'7") before shoulder injury caused red shirt year in '76... started comeback last year, placed third in Metro... should have best season ever this year... exceptionally hard worker... good student... excellent technician.

LYNN BROWN

800 Relays Sophomore Quincy, Fla.

Former prep AAA 440 champion . . . cracked Top 10 runners ever at FSU as a frosh . . . ran only one open 800 (1:51.4) but was a regular on school record 2 mile relay team . . . as talented, dedicated and willing to work as any.









V. Brown

Caruthers

Citron

C. Cook

VAN BROWN

Triple Jump, Long Jump Senior Ft. Lauderdale, Fla.

Conference placer and steady performer in '77 after a year's layoff in '76 . . . with best performances of just under 24 feet and 48 feet he should be much improved this season.

EARL CARUTHERS

800, Relays Junior

St. Petersburg, Fla.

Extremely graceful and talented . . . former two time all-state performer in basketball and state champion in track . . . established frosh 800 record (1:50.0) and ran on school record mile relay in '75 . . . has been held back by chonic knee injury resulting in surgery for last two seasons . . . made super comeback last summer and has had his best fall ever.

JOHN CITRON

400, 110 Hurdles Junior Alexandria, Va.

Established himself as FSU's No. 2 intermediate hurdler of all time (51.1) as a sophomore . . . qualified nationally there and was close to qualifying in 110 hurdles . . . added gold medals in both hurdles at the Maccabiah Olympics last summer . . . as dedicated as any athlete on the team.

CLIFF COOK

1500 meters Senior Tampa, Fla.

Returning Metro Conference Champ . . . former Florida prep AAAA 880 champion . . . originally was out of state on football scholarship . . . transferred from junior college and switched to longer event last season . . . No. 3 on all time 1500/one mile list at FSU . . . tough competitor . . . aspires to run nationally as a senior.









D. Cook

Cooper

Herron

Johnson

DONNIE COOK

5,000, 10,000 meters Senior Winter Park, Florida

Former Florida prep AAAA one mile champion . . . holds FSU frosh, soph, and junior records at 3 miles/5000 m . . . No. 3 on all time list (13:44.3) . . . FSU's number one cross country runner for past three seasons . . . qualified nationally last season . . . hopes to compete nationally as a senior.

BRADLEY COOPER

Discus, Shot Put Junior Nassau, Bahamas

Top junior college discus thrower in U.S. last season . . . set national record of 188-7 . . . also competes with and hopes to improve in the shot . . . has potential to compete at NCAA level this season.

TOM HERRON

5,000, 1,500 meters Sophomore Longwood, Fla.

Co-holder of Florida High School AAAA mile record of 4:10.4 . . . plagued by injuries as a frosh . . . extremely dedicated and talented . . . had an outstanding summer and fall and should be ready to contribute in '78.

KEVIN JOHNSON

Sprints, Relays, Long Jump, Triple Jump Junior Tampa, Fla.

Most versatile athlete on team . . . capable of competing nationally in several events plus relays . . . was national junior college champ in the 60 (indoor), 100 (outdoor), and long jump (indoor and outdoor) . . . extremely hard worker and excellent leader . . . has bests of 10.1 in 100 and 25-6 in long jump.









Kettenacker

Lanier

McCoy

Nelson

GLENN KETTENACKER

1,500, 800, Relays Senior Titusville, Fla.

Extremely gifted and most versatile middle distance runner on team . . . former prep AAA 880 champ and No. 4 on all time FSU list in 800 (1:49.9) . . . will move to 1500 for senior year after indoor season and make decision on best event after dual meet sason.

KEN LANIER

Shot Put, Discus Freshman Columbus, Ohio

Super talented young thrower . . . one of top three prep shotputters in U.S. last season (66-5) . . . started at offensive tackle for Seminole football team last fall . . . has all the physical and mental tools plus the desire to achieve nationally in college also . . . threw over 54 feet with college shot in his only competition with the heavier implement.

WALTER McCOY

400, Relays Freshman Daytona Beach, Fla.

Florida prep AAAA 440 champion and all time fastest quarter miler in Florida prep history (46.53) . . . made U.S. Junior Team and ran excellent leg (under 46) to beat Russian juniors last summer . . . one of nation's top prospects . . . can compete from 100 through 800 meters . . . extremely dedicated . . . a leader throughout fall practice . . . outstanding student.

RON NELSON

Sprints, Relays Freshman Rockledge, Fla.

Florida prep AAA 100 and 440 champion last season . . . as much potential as any on team . . . has bests of 9.5, 21.1, and 47.4 in the 100, 200, and 400 meters . . . outstanding student, worker and leader . . . may be a sleeper for national recognition sooner than most expect.









Overcash

Roberson

Sautter

Sayers

BRANTLEY OVERCASH

Steeplechase Sophomore Brandon, Fla.

Consistent member of the top five FSU cross country runners . . . two year letterman in cross country . . . showed promise in the steeple-chase as a freshman . . . top scholar on team with a 3.9 grade point average.

MIKE ROBERSON

Sprints, 110 High Hurdles, Relays Junior Winter Park: Fla.

Most accomplished and celebrated athlete on team . . . holds or coholds school records in 100, 200, 110 high hurdles, 400 meter relay . . . All-American sprinter as a frosh and hurdler as a sophomore . . . qualified for Olympic trials in three events in '76 . . . has won several major meet titles in sprints and/or hurdles indoors and outdoors including Drake Relays 100 meter last year . . . leg injury prevented late season and post season competition last year but is healthy and in best condition yet this fall . . . as talented as any in the country . . . olympic prospect.

MIKE SAUTTER

3000, Steeplechase Senior Hollywood, Fla.

Top Seminole steeplechaser (9:16.4) in '77 . . . runner-up in Metro championships . . . ran cross country this year and made tremendous progress . . . has his sights set on school record and NCAA qualifying and has good chance of achieving it.

LARRY SAYERS

High Jump, Triple Jump Sophomore Warren, N.S.W., Australia

Jumped 7-0 as a frosh for second on all time list . . . was plagued by inconsistency due to lack of conditioning but has worked himself into his best condition ever this fall . . . could be a factor at any level of competition.









Skagfield

Taylor

Walker

Wyatt

HILMAR SKAGFIELD

Pole Vault Junior Tallahassee, Fla.

Top returning vaulter for Seminoles (15-6) . . . redshirted to gain experience in '77 . . . very hard worker . . . should be a big asset to team effort this season . . . has chance to be outstanding if he makes another move.

WILLIE TAYLOR

Long Jump, Triple Jump Senior Orlando, Fla.

Surprise performer and point getter for FSU in '77 . . . placed second in the conference meet . . . has the talent to jump at the top level if he continues to work this year . . . excellent competitor.

JOHN WALKER

400, Relays Sophomore Pensacola, Fla.

Established FSU school record (46.5) as a frosh . . . returning Metro Conference champ . . . excellent talent, could run with the best . . . former prep AAAA 440 champ in '76 . . . well ahead of conditioning level at this time last year.

CYRIL WYATT

Sprints, Relays Freshman Orlando, Fla.

Prep AAAA 100 (9.2) and 220 (20.8) champion in '77 . . . the nation's premier high school sprinter . . . a member of the U.S. junior team in '76 . . . super starter, good attitude and tough competitor . . . is adjusting to harder workouts to improve consistency and top performances this fall . . . can undoubtedly compete nationally as a freshman.

1978 TRACK & FIELD ROSTER FLORIDA STATE UNIVERSITY

NAME	EVENT	HT.	WT.	CL.	1	AGE	HOMETOWN	HIGH SCHOOL OR JUNIOR COLLEGE	COACH
	EACIAL	147,747,1	175	So.		19	Madison, Conn.	Daniel Hand	Warren Miller
Eric Allain	J	6-0 5-9	140	Fr.	1	18	Titusville, Fla.	Titusville	Randy Wilbur
Steve Andrews	D	5-8	155	Fr.	3	18	Orlando, Fla.	Oak Ridge	John Hemmer
Donald Bailey	PV					21	Locust Valley, N.Y.	Locust Valley	Bill Erhart
Vincent Bilotto	SP	6-0	230	Jr.		20	Ouincy, Fla.	Quincy Shanks	James Pelham
Lynn Brown	MD	6-0	157	So.			Ft. Lauderdale	Santa Fe	Frank Logstic
Van Brown	TJ/LJ	5-10	150	Jr.		22		St. Pete Catholic	John Brogle
Earl Caruthers	MD/R	6-1	155	Jr.		21	St. Petersburg, Fla.	W. T. Woodson	George Bond
John Citron	IM/HH	6-1	175	Jr.		19	Miami Beach, Fla.	Miami Dade South	Jerry Isom
Clifford Cook	MD	6-1	170	Sr.		21	Tampa, Fla.	Winter Park	Bob Mosher
Donnie Cook	D	5-8	125	Sr.		21	Winter Park, Fla.	Miami-Dade C.C.	Roosevelt Richardson
Bradley Cooper	D/SP	6-2	260	Jr.		21	Nassau, Bahamas	Notre Dame	Hubert Smith
John Crombie	HJ/LJ/TJ	6-0	160	So.		19	Chattanooga, Tenn.	Brandon	Jeff DeCola
Tommy Curtis	MD/D	5-9	140	R.S.		20	Tampa, Fla.		
Brad Gwinn	S/MD	6-0	155	Fr.		18	Winter Park, Fla.	Winter Park	Bob Mosher
Tom Herron	MD/D	5-10	145	So.		19	Tangerine, Fla.	Longwood Lyman	David Huggins
Leo Hodges	HH/IH	6-0	156	Fr.		18	Winter Park, Fla.	Winter Park	Bob Mosher
Kevin Johnson	S/LJ/TJ/R	5-5	142	Jr.		20	Tampa, Fla.	Seminole C.C.	Terry Long
Glenn Kettenacker	MD	5-10	145	Sr.		20	Titusville, Fla.	Astronaut	Nick Gailey
Cyril Kidder	D	6-2	156	Jr.		21	Fort Walton Beach, Fla.	Choctawhatchee	Richard Westbrook
Mike Kushner	D	6-0	155	So.		20	Hollywood, Fla.	Nova	Joe Stagnone
Hank Langee	SP/J/DS	6-3	220	Fr.		18	Gainesville, Fla.	Jax Bolles	Mike Barrett
Ken Lanier	SP/DS	6-4	265	Fr.		18	Columbus, Ohio	Marion Franklin	Roger Graves
Craig Lindell	PV	5-9	155	So.		20	Delmar, N.Y.	Bethlehem Central	Bruce Roeck
Jim McCauley	D	5-8	140	So.		24	Tallahassee, Fla.	Tallahassee C.C.	None
Tim McClain	D	6-3	155	Jr.		21	St. Petersburg, Fla.	Lake City C.C.	Bill McGill
Walter McCoy	S/R	5-10	156	Fr.		18	Daytona Beach, Fla.	Seabreeze	Dick Edson
Warner Miller	S/R	5-10	165	R.S.		22	Monticello, Fla.	Jefferson County	Harry Jacobs
Ronald Nelson	S/R	6-2	170	Fr.		18	Rockledge, Fla.	Rockledge	Bob Jackson
Brantley Overcash	SC/R	6-2	158	So.		19	Brandon, Fla.	Brandon	Owen Self
Mike Roberson	S/HH/R	5-10	154	Jr.		21	Winter Park, Fla.	Winter Park	Bob Mosher
Chuck Rolling	Mgr.	5-10	155	Jr.	1	21	Davie, Fla.	Cooper City	Charles Hodges
Mike Sautter	SC/D	6-3	150	Sr.	· ·	22	Hollywood, Fla.	Santa Fe C.C.	Frank Lagotic
Larry Sayers	HJ	6-5	184	So.	- 1	20	Warren, Aust.	St. Joseph's	None
Hilmar Skagfield	PV	6-1	165	Jr.	3	21	Tallahassee, Fla.	Seminole C.C.	Terry Long
Thomas Smith	D	6-1	135	Fr.		18	Bartow, Fla.	Bartow	J. J. Corbett
Willie Taylor	LJ/TJ	6-0	165	Sr.		21	Orlando, Fla.	Seminole C.C.	Terry Long
John Walker	S/R	6-1	180	So.		19	Pensacola, Fla.	Pensacola	Jim Hewitt
Cyril Wyatt	S/R	5-8	155	Fr.		18	Orlando, Fla.	Oakridge	John Hemmer

KEY: S — Sprints, HH — High Hurdles, IM — Intermediate Hurdles, LJ — Long Jump, TJ — Triple Jump, SP — Shot Put, PV — Pole Vault, MD — Middle Distance, D — Distance, SC — Steeplechase, J — Javelin, HJ — High Jump, DEC — Decathlon, D — Discus, R — Relays.

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INDOOR RECORDS

Event	Record	Holder	Year
50 Yard Dash	:05.3	Doug Brown, Eddie McMillan	1970
00 1414 2401		Danny Smith	1973
		Don Merrick	1977
60 Yard Dash	:06.1	Kenny White	1965
oo rara basii		Jesse Forbes	1975
		Don Merrick	1976
100 Yard Dash	:09.6	Eddie McMillan	1971
440 Yard Dash	:47.3**	Joel Garren	1972
TTO Tara basis	:48.8	Vesco Bradley	1975
600 Yard Dash	1:10.6	Warner Miller	1976
880 Yard Run	1:52.4	Tyrone Frederick	1973
1000 Yard Run	2:10.3	Tommy Curtis	1976
Mile Run	4:07.0	Bob Burr	1974
2 Mile Run	8:43.7**	Ken Misner	1971
50 Yard High Hurdle		Danny Smith	1973
60 Yard High Hurdle		Danny Smith	1974
70 Yard High Hurdle		Danny Smith	1975
70 Tara Tilgir Tiaran		David Williams, Marvin Dixon,	
Mile Relay	3:12.5	Mike Roberson, Don Merrick	1976
mile menay		Wes Koenig, Bobby Brooks,	
2 Mile Relay	7:35.0	Bob Burr, Tyrone Frederick	1974
Z mno motor		Del Ramers, Jack Wise,	
4 Mile Relay	17:33.4	Bobby Brooks, Ken Misner	1971
1 mine itelay		Jack Wise, Randy Stow,	
Distance Medley	9:52.4**	Del Ramers, Ken Misner	1971
Distance Medley	10:00.0	Bobby James, Billy Weldon,	
Diotalio illiouro		Bob Burr, Bobby Brooks	1974
Shot Put	57-13/4	Osborn Brown	1973
Pole Vault	17-2	Phares Rolle	1976
High Jump	7-1	Jeff Nedimyer	1976
Long Jump	24-101/4	Henry Finney	1977
Triple Jump	50-6	Charlie Harris	1974
pio samp			

^{*} Ties World Record



OUTDOOR RECORDS

Event	Record		
100 Yard Dash	9.3	Vesco Bradley	1975
		Don Merrick	1976
		Jesse Forbes	1976
		Mike Roberson	1976
100 Meter Dash	10.0	Don Merrick	1977
		Mike Roberson	1977
200 Meter Dash	20.5	Don Merrick	1976
(Curve)		Mike Roberson	1977
220 Yard Dash (Straight)	20.3	Ron Harrison	1960
400 Meter Dash	46.5	John Walker	1977
800 Meter Run	1:48.3	Tyrone Frederick	1974
Mile Run	4:02.4	Bobby Burr	1974
2 Mile Run	8:50.6	Ken Misner	1971
5000 Meter Run	13:55.1	George West	1976
6 Mile Run	27:55.2	Ken Misner	1971
3000 Meter Steeplechas		Bobby James	1976
110 Meter High Hurdle		Danny Smith	1974
110 Meter riigii marare	.5 10.1	Mike Roberson	1977
400 Meter IM Hurdles	49.9	Mike Kelly	1969
220 Yard Low Hurdles	22.6	Terry Long	1962
330 Yard IM Hrdules	37.6	Steve Landis	1965
480 Yard High Hurdle	57.5	John Citron, Mike Woods,	
Shuttle Relay	37.3	Gary Bassa, Mike Roberson	1977
	39.1	Mike Roberson, John Walker,	20.,
400 Meter Relay	39.1	Don Merrick, Jesse Forbes	1977
000 Vard Dalan	1.26.8	Quentin Till, Bill Davis,	1.777
880 Yard Relay	1.20.0	Terry Long, Craig Johnson	1962
Mile Deles	2.00 E	David Williams, Earl Caruthers,	1302
Mile Relay	3:08.5		1975
	7.071	Marvin Dixon, Mike Kincaid	1373
2 Mile Relay	7:27.1	Glenn Kettenacker, Lynn Brown,	1977
		Tommy Curtis, Philip Rolle	1977
4 Mile Relay	17:05.8	Donnie Cook, Bobby James,	1070
		Tommy Curtis, George West	1976
Sprint Medley	3:19.4	Danny Smith, Billy Weldon,	1070
		Joel Garren, Tyrone Frederick	1973
Distance Medley	9:50.3	Glenn Kettenacker, Warner Miller,	
		Tommy Curtis, George West	1976
Long Jump	25-63/4	Vesco Bradley	1975
Triple Jump	51-10	Henry Finney	1976
High Jump	7-1	Jeff Nedimyer	1975
Pole Vault	17-1	Phares Rolle	1975, 76
Shot Put	59-10	Allen Williams	1963
Discus	168-9	Ray Nuredini	1977
Javelin	250-0	Eric Allain	1977
Decathlon	6,829	Charlie Galloway	1971
Decatillon	0,023	onanio danonaj	-071

^{**} Oversize Track

^{***} National Collegiate Record

UNIVERSITY TRACK RECORD

Event	Record	Holder and School	Year
Steeplechase	8:46.6	Wesley Maiyo (Florida Track Club)	1976
		Mike Roberson, John Walker, Don Merrick,	1977
400 Meter Relay	39.1	Jesse Forbes (Florida State)	1077
1500 Meter Run	3:44.3	Wesley Maiyo (Florida)	1977
Mile Run	4:00.2	Jim Schaper (South Carolina)	1974
110 Meter High Hurdles		Mike Roberson (Florida State)	1977
400 Meter Dash	45.8	Willie Smith (Auburn)	1977
100 Meter Dash	10.0	Don Merrick (Florida State)	1977
100 Meter Dash	10.0	Harvey Glance (Auburn)	1977
100 Yard Dash	9.3	Vesco Bradley (Florida State)	1975
		Don Merrick (Florida State)	1975
800 Meter Run	1:47.0	Horace Tuitt (Florida)	1977
400 Meter Hurdles	49.2	Edwin Moses (Morehouse)	1976
200 Meter Dash	20.5	Mike Roberson (Florida State)	1977
3 Mile Run/5000M	13.17.2		4070
	(3 miles)	Barry Brown (Florida Track Club)	1973
6 Mile Run/10,000M	29:21.4		1071
	(6 miles)	Jeff Galloway (Florida Track Club)	1974
Mile Relay	3:10.3	Noel Gray, Dave Bryant, Horace Tuitt,	
		Clive Bariffe (Florida)	1977
2 Mile Relay	7:36.6	Ben Vaught, Terry Martin, Wes Koenig,	4075
		Glenn Kettenacker (FSU)	1975
4 Mile Relay	17:15.0	Phil Taul, John Hexom, Vince Marino,	
		Charlie Messenger (Unattached)	1975
Sprint Medley	3:29.8	Gary Woolford, Jesse Forbes, Mike Kincaid,	4075
		Earl Caruthers (FSU)	1975
Distance Medley	10:07.8	Glenn Kettenacker, Wes Koenig, Bob James,	
		George West (FSU)	1975
480 yd. Shuttle		Mike Woods, Mark Herman, James Ruth,	1070
Hurdle Relay	58.2	Mike Roberson (Florida State)	1976
Pole Vault	17-9	Dave Roberts (Florida Track Club)	1976
High Jump	7-1	Jeff Nedimyer (Florida State)	1975
Long Jump	25-3	Larry Myrick (Mississippi College)	1976
Triple Jump	52-53/4	Stephen Hanna (Miami Dade North)	1977
Shot Put	59-31/2	George Woods (Southern Illinois)	1966
Discus	183-9	John Morton (Florida)	1968
Javelin	250-0	Eric Allain (Florida State)	1977
Hammer N	ew Event		

CONVERSION TABLE	
Tables for converting Meters to Yards	
110 meters HH to 120 yard HH	.0
200 meters to 220 yards	.1
400 meters to 440 yards	.3
400 meter IH to 440 yard IH	.3
800 meters to 880 yards	.7
1.500 meters to the one-mile run	16.0
5.000 meters to the 3-mile run	28.0
10.000 meters to the 6-mile run	55.0



UNIVERSITY TRACK

Florida State's University Track is one of the finest on-campus outdoor track facilities in the nation.

Located conveniently to the FSU athletic complex, the eight-lane, quarter-mile oval has a high-regarded Chevron 440 running surface. The same surfacing material is used for the jump runways in the infield portion of the track. The Chevron 440 surface is reputed to be one of the finest all-purpose surfaces for a multi-use university track. It not only gives a uniform, fast, all-weather track for meets, but also is soft enough to be an ideal daily workout surface.

The University Track facility, completely enclosed and surrounded by tall pine trees, is used by the entire campus. One day it may be the site of the Southeastern Collegiate Championships while the next day only coeds will be using it for daily jogging.

The University Track has seating for approximately 4,000 persons and a press box is located over the west stands. The facility is lighted for night events.

Double chutes allow the runners to take advantage of prevailing winds in the sprints and hurdles. Timing is handled by the fully automatic Accutrack timing system.

FSU HOSTS METRO CHAMPIONSHIP

The third annual Metropolitan Collegiate Athletic Conference Track and Field Championships will be held at the University Track on the FSU campus as part of the Metro Spring Championship weekend.

The two-day event will begin Friday, May 12, and run through Saturday evening.

Teams from Cincinnati, Georgia Tech, Memphis State, St. Louis, Tulane, and Louisville will be represented in the championship meet.

TRACK HISTORY

YEAR	COACH	CAPTAINS	W	L
1949	Ken Miller	None	0	3
1950	Ken Miller	Al Bradford	5	1
1951	Ken Miller	Max Watson	5	1
1952	Ken Miller	John Poston	6 3 1 5 7	1
1953	Ken Miller	Dick Mize	3	3
1954	Ken Miller	Carlos Fraundorfer	1	6
1955	Mike Long	Ron Weaver	5	1
1956	Mike Long	Ron Weaver		1
1957	Mike Long	Joe Davis	4	1
1958	Mike Long	Mike Conley, Jack Terwilliger	4	0
1959	Mke Long	Jim Casteel, Dick Elwood	3	1
1960	Mike Long	Ted Keen	4	0
1961	Mike Long	Don Ostergaard	4	1
1962	Mike Long	Jeff Clark, Quintin Till	5	0
1963	Mike Long	Craig Johnson, Herb Craft	4	1
1964	Mike Long	None	5	0
1965	Mike Long	Al Cato, Jerry McDaniel	5	0
1966*	Mike Long	Kenny White, John Brogle	4*	4*
1967	Mike Long	Sid Gainey, Steve Landis	4	8
1968	Mike Long	Bud Manning, Charlie Vickers	7	4
1969	Mike Long	Mike Kelly	7	3
1970	Mike Long	Randy Stow, Ken Misner		
		Charlie Galloway	11	2
1971	Mike Long	Randy Stow, Ken Misner,		
		Bill Jackson	6	5
1972	Mike Long	Chuck Crowder, Bernie Waxman	2	5
1973	Mike Long	Rudy Falana, Allen McMillen,		
		Tyrone Frederick	10	5
1974	Mike Long	None	7	2
1975	Mike Long	None	15	2
1976	Mike Long	None	12	5 2 2 2
1977	Mike Long	Don Merrick	11	2
		Harbert	146	50

*Won-Loss records since 1966 include multiple team meet victories and losses (e.g. third place in five-way meet scored as two wins and two losses.)

\$

MISNER JOINS FSU HALL

Ken Misner, considered one of the most versatile distance runners who ever performed in a Seminoles uniform, was selected to the Florida State University Sports Hall of Fame last spring. He was the first selected from the track and cross country teams.

Misner served as captain of the Garnet and Gold and still holds the marks in the indoor two mile, outdoor two mile and outdoor six mile runs. He earned All-America cross country honors in 1969 and was an All-American in the outdoor three mile after his showing at the USTFF meet in 1971.



Kelly



Merrick



Parker



Brown



Garren



Smith



Forbes



Harris



Falana



Frederick



Roberson



Rolle

SEMINOLE TRACK & FIELD ALL-AMERICANS

Mike Kelly	1969 USTFF 120-Yard High Hurdles 1969 USTFF 440-Yard IM Hurdles
	1969 NCAA Cross Country
Phil Parker	1969 USTFF Triple Jump
Doug Proup	1969 USTEE 100 Vard Dach
Doug Brown	1969 USTFF 100-Yard Dash
Ken Misner	1971 USTFF 3 Mile Run
Joel Garren	1972 USTFF 200-Meter Dash
Danny Smith	. 1973 NCAA 60-Yard High Hurdles
	1974 NCAA 60-Yard High Hurdles*
	1974 NCAA 120-Yard High Hurdles
	1975 NCAA 60-Yard High Hurdles*
Jesse Forbes	1975 NCAA 100-Yard Dash
Charlie Harris	1975 USTFF Triple Jump
Rudy Falana	1975 USTFF Long Jump
Tyrone Frederick	1975 USTFF 880-Yard Run
Don Marrick	1976 NCAA 60-Yard Dash
Mike Debersen	1976 NCAA 200 Meter Dash
WIRE RODEISON	1976 NCAA 200-Meter Dash 1977 NCAA 60-Yard High Hurdles
	19// NCAA OU-TAID FIGHT FUIDIES
Phares Rolle	1976 NCAA Pole Vault

^{*} National Indoor Champion

METRO CONFERENCE CHAMPIONSHIPS

Track and Field May 15, 1977, Memphis, Tennessee

JAVELIN — 1. Eric Allain, FSU- 233-8*. 2. Brad Geddes, Ga. Tech, 211-3. 3. Steve Housley, Ga. Tech, 198-5. 4. Don Smith, Ga. Tech, 196-11. 5. Chris Soro, Memphis State, 183-6. 6. Bill Astary, Ga. Tech, 174-10.

LONG JUMP — 1. Henry Finney FSU, $24\cdot2^{1}$ /4. 2. Willie Taylor, FSU, $23\cdot6^{1}$ /2. 3. James Triplett, Louisville, $23\cdot2^{3}$ /4. 4. Oscar Johnson, FSU, $23\cdot2^{3}$ /4. 5. Eric Knight, Memphis State, $23\cdot1$. 6. Larry Lowe, Ga. Tech, $22\cdot8$.

10,000 METERS — 1 Paul Bannon Memphis State, 31:33.69. 2. Don Cook, Florida State, 31:40.33.3. Jim Prolsdorfer, Ga. Tech, 32:01.63. 4. Richard Parsons, Memphis State, 32:17.90. 5. Mark Luzecky, St. Louis, 32:36.05. 6. Tom Sturtz St. Louis, 33:56.39.

SHOT PUT — 1. Ray Nuredini, FSU, 54-3¾ (breaks old meet record of 50-11 set by Tony Alvarez, Ga. Tech, 1976). 2. Carlos Tandron, Ga. Tech, 53-1. 3. Vicent Bilotto, FSU, 50-6. 4. Ralph Woodring, St. Louis, 50-5. 5. David Crimmins, FSU, 50-2. 6. Ron Wynheven, MSU, 49-10¾.

STEEPLECHASE — 1. Bernie Weber, Cin., 9:13.06. 2. Mike Sauter, FSU, 9:21.62. 3. Bob Huber, Cin., 9:30.60. 4. John O'Donnell, St. L., 9:41.06; 5. Alan Thomas, Ga. Tech, 9:47.32 6. Dave Kreschmann, St. L., 9:50.88.

TRIPLE JUMP — 1. Larry Lowe, Ga. Tech, $52 \cdot 3\frac{1}{2}$ (new meet record, old record of 51-11 set by Reuben Fairfax, Memphis State, 1976). 2. Oscar Johnson, FSU, $49 \cdot 2\frac{3}{4}$. 3. Van Brown, FSU, $47 \cdot 5\frac{1}{4}$. 4. Willie Taylor, FSU, $47 \cdot 1$. 5. Dexter Rowland, Ga. Tech, $44 \cdot 11\frac{1}{2}$. 6. Paul Daniels, Ga. Tech, $44 \cdot 9\frac{3}{4}$.

440 YARD RELAY — 1. FSU (Roberson, Walker Merrick, Forbes), 40.62*. 2. Memphis State, 41.62. 3. Cincinnati, 41.77. 4. Georgia Tech, 43.16. 5. Louisville, 43.71.

1,500 METERS — 1. Cliff Cook, FSU 3:52.8. 2. Mike Shields, Cin., 3:52.80; 3. Ricky Kirk, Mem. State, 3:53.86. 4. Perry Shaw, FSU, 3:55.23. Paul Cammett, Ga. Tech, 3:56.41. 6. Tom Herron, FSU 3:57.26.

110 METER HIGH HURDLES — 1. Wayne Mson, Cin., 14.24. 2. James Triplett, Louisville, 14.32. 3. Mike Woods, FSU, 14.36. 4. Nate Dean-Cin., 14.42. 5. John Citron, FSU, 15.02. 6. Mike Bolin, Mem. State, 15.15.

DISCUS — 1. Lamar McClain, Ga. Tech, $177-4\frac{1}{2}$ * 2. Rob Horton, Ga. Tech, $162-2\frac{1}{2}$. 3. Bill Astary, Ga. Tech, 160-8. 4. Ray Nuredini, FSU, 159-8. 5. Ron Wynhoven, Mem. State, $152-10\frac{1}{2}$. 6. David Crimmins, FSU, 147-10.

400 METERS — 1. John Walker, FSU, 46.72. 2. Steve Davis, Cin., 47.03. 3. Henry Holland, Mem. State, 47.77. 4. Bobby Joe Hasen, Mem. State, 47.90. 5. Lynn Brown, FSU, 48.00. 6. Leonard Bollware, Louisville, 49.04.

HIGH JUMP — 1. Dexter Rowland, Ga. Tech, 6-11* 2. Larry Jenkins, Mem. State, 6-11. 3. Pat Palma, Ga. Tech, 6-9. 4. Larry Sayers, FSU, 6-7. 5. Kim Flanigan, Louisville, 6-5. 6. Fred Gainley, Mem. State, 6-5.

100 METERS — 1. Don Merrick, FSU, 10.51. 2. Jesse Forbes, FSU, 10.56. 3. Marvell Mitchell, Mem. State, 10.86. 4. Arthur Battle, Mem. State, 11.05. 5. Nate Dean, Cin., 11.06. 6 Ed. Brown, Cin., 11.08.

800 METERS — 1. Philip Rolle, FSU, 1:48.69. 2. Gregg Lewis, Ga. Tech, 1:51.21. 3. Glenn Kettenacker, FSU, 1:51.77. 4. Claude Holland, Cin., 1:52.13. 5. John Clay, Ga. Tech, 1:52.87. 6. Rick Akam, Louisville, 1:53.26.

POLE VAULT — 1. Phares Rolle, FSU, 15-0*. 2. Craig Lindell, FSU, 14-0. 3. David Kabboord, Ga. Tech, 13-6. 4. Mike Dvorscak, Ga. Tech, 13-0. 5. Pat Wheatley, Ga. Tech, 12-6. 6. Gary Honir, Ga. Tech, 11-6.

400 METER IM HURDLES — 1. John Citron, FSU, 52.99. 2. Mike Anderson, Ga. Tech, 53.99. 3. Bob Sanford, Mem. State, 54.35. 4. Steve Arnold, Louisville, 55.16. 5. Mike Vorherr, Cin., 55.20. 6. Mike Bolin, Mem. State, 55.21.

200 METERS — 1 Jesse Forbes, FSU, 21.35. 2. Don Merrick, FSU, 21.46. 3. Marvell Mitchell, Mem. State, 21.61. 4. Wayne Mason, Cin., 22.11. 5. Steve Davis, Cin., 22.12. 6. Arthur Battle, Mem. State, 22.20.

5,000 METERS — 1. Paul Bannon, Mem. State, 14:34.93. 2. Don Cook, FSU, 14:44.03. 3. Bernie Weber, Cin., 15:10.46. 4. Jim Prolsdorfer, Ga. Tech, 15:22.9. 5. Mark Luzecky, St. Louis, 15:28.90. 6. George Griggs, St. Louis.

MILE RELAY — 1. FSU (Lynn Brown, Philip Rolle, Glen Kettenacker, John Walker) 3:11.80; 2. Memphis State, 3:13.71. 3. Cincinnati, 3:14.10. 4. Louisville, 3:26.76. 5. Georgia Tech, 3:30.44 (New Meet record, breaks old record of 3:13.99 set by Georgia Tech, 1976.

TEAM FINISH

1.	Florida State	236
2.	Georgia Tech	132
3.	Memphis State	97
4.	Cincinnati	79
5.	Louisville	32
6.	St. Louis	11



THIS IS FLORIDA STATE

Florida State University witnessed several milestones in the academic year 1976-77, celebrating its 30th anniversary and receiving a new president who envisions FSU as one of the top twenty institutions in the future.

The Board of Regents named Bernard F. Sliger president on Feb. 7, and on June 10 — just one day beore 6,000 graduates received their degrees — Dr. Sliger was inaugurated as Florida State's 10th president.

"I am confident that with the support, assistance and encouragement of students, faculty, alumni, citizens and friends, the University will use its distinguished tradition as a sound base upon which to build an equally distinguished future," President Sliger said at his inauguration. The immediate past was a mixture of hope and caution, a year of austerity as well as bold new projects.

Construction work, for instance, continued, on such projects as the Diffenbaugh Building renovation and the new College of Education. On Nov. 14, the University dedicated its completed \$2.2 million School of Nursing complex, and the ground was broken this year for a new \$5.3 million music annex.

And, after five years of work and planning, the 1977 legislature funded the \$4.4 million Center for Continuing Education, a center that will serve the proessional and educational needs of government leaders, businessmen, and just about every sector of community life.

Research programs and academic achievements did not take a back seat either. Thanks to money provided by the Lilly Endowment, the Charles MacArthur Center for the American Theater produced and taped a television production of S. N. Behrman's "End of Summer" starring Helen Hayes, which was telecast last spring on the PBS program "Theater in America." Grants continue to support University labors — the Agency for International Development awarded FSU a \$790,000 contract for studies of adult education radio programs in South America and the University's Center for the Study of Southern Culture and Religion earned \$104,000 from the Rockefeller Foundation.

Individual achievements were equally stellar. Herbert J. Taylor, professor of biological science, became the sixth Florida member of the National Academy of Sciences, one of the most distinguished honors awarded in the scientific profession. Novelist-in-residence Janet Burroway published "Raw Silk," which garnered glowing reviews from the likes of The Los Angeles Times and Newsweek. Playwright Susan Zeder saw her work performed in the Kennedy Center, and in the student ranks, the University was honored with its first Rhodes Scholar, 20-year-old Caroline Alexander.

All the good news fit in perfectly with FSU's celebration of its 30th anniversary as a statewide university. Although the school itself is actually 120 years old, it was exactly 30 years ago when Gov. Millard Caldwell signed the legislation which made it co-education and changed its name from the Florida State College for Women.

The academic growth of FSU in those three decades has often been referred to as an "educational miracle." Contrast between 1947 and today's campus are dramatic. Nearly 22,000 students now attend classes

on a campus not much larger than the 80 acres that held only 4,000 students 30 years ago. Faculty strength has grown from 369 to 1,300 in the interim, and state revenues, from \$2.5 million per year to \$54.3 million.

Graduate research programs, which attracted 77 students in the fall of '47, now attract more than 4,000 students and \$18 million a year in contracts and grants. The University's first doctoral programs were approved in 1948; today there are 50 programs, producing more than 300 doctorates each year.

On June 11, Florida State graduated its 30th year class. During commencement, Richard L. Rubenstein, professor of religion was named the Distinguished Professor of the Year, the highest honor the University can accord one of its peers. Earlier in the year, the University awarded honorary degrees to Lee Strasberg, the founder and director of the famed Actors Studio, and to Mae Knight Clark, a pioneer Dade County educator and a FSCW graduate.

In addition to the regular functions of a university, Florida State offers a spectrum of challenging special programs. FSU maintains study centers in Florence, Italy and London, England, which are open to all State University System students, and the University's Department of Hotel and Restaurant Administration annually conducts a summer program of study in Switzerland.



SEMINOLES NOW COACHING TRACK & FIELD

NAME

David H. Barton John Brogle Jerry Cousins Jeff DeCola Rudy Falana Don Fuchs Joel Garren **Brent Haley** Charlie Harris Doc Kelly Curt Long Jim Long Terry Long Terry Martin Billy Maxwell Jerry McDaniel Warren Murray James Pelham **David Pitts Bob Neyland** Dick Roberts Don Roberts **Bob Sable** Michael Urich

SCHOOL

Winter Haven High School Florida State University DeLand High School Brandon High School Largo Jr. High School South Plantation High School Plantation, Florida St. Petersburg Catholic High Largo Senior High School Seminole Community College Sanford, Florida Randy Hutchinson Sandy High School **Brevard Community College** University of Georgia Florida State University Seminole Community College Sanford, Florida Colonial High School University of Tennessee Lakeside High School J. I. Leonard High School Shanks High School Blountstown High School Dover High School Florida State University McArthur High School Plantation High School Raritan High School

CITY

Winter Haven, Florida Tallahasse, Florida DeLand, Florida Brandon, Florida Largo, Florida St. Petersburg, Florida Largo, Florida Portland Oregon Cocoa, Florida Athens, Georgia Tallahassee, Florida Orlando, Florida Knoxville, Tennessee Atlanta, Georgia Ft. Lauderdale, Florida Quincy, Florida Blountstown, Florida Dover, Delaware Tallahassee, Florida McArthur, Florida Plantation, Florida Hazlet, New Jersey

COACHING ASSISTANTS



Long

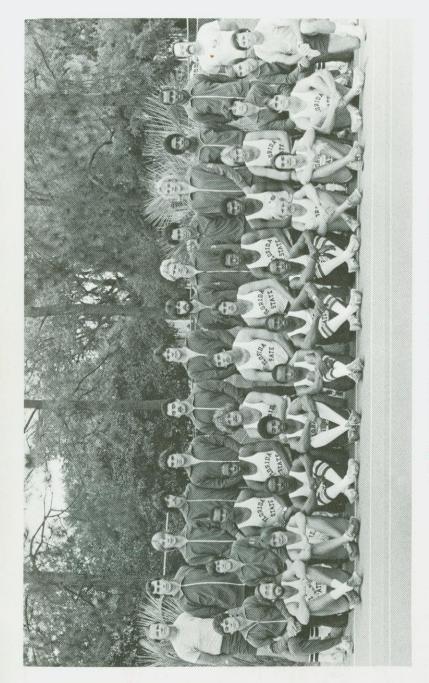


Toran

Jim Long and Paul Toran are working closely with coaches Dick Roberts and John Brogle during the 1978 track season.

Long, a 1970 graduate of Florida State and the son of former Seminole track coach Mike Long, works directly with the sprints, hurdles, pole vault and relay teams. He ran sprints at FSU for three years during his collegiate days and coached on the high school level for three years prior to returning to Florida State.

Toran, who also serves as head coach of the Lady Seminoles cross country and track teams, aides the men's team by working with the shot put, discus and javelin personnel. He was a three year letterman at Michigan and coached at Belleville (Mich.) High School at the Ann Arbor Track Club.



This public document was promulgated at an annual cost of \$1,139, or \$.76 per copy, to serve as a guide for track and field to acquaint the media and fans with the 1978 Florida State University track program.