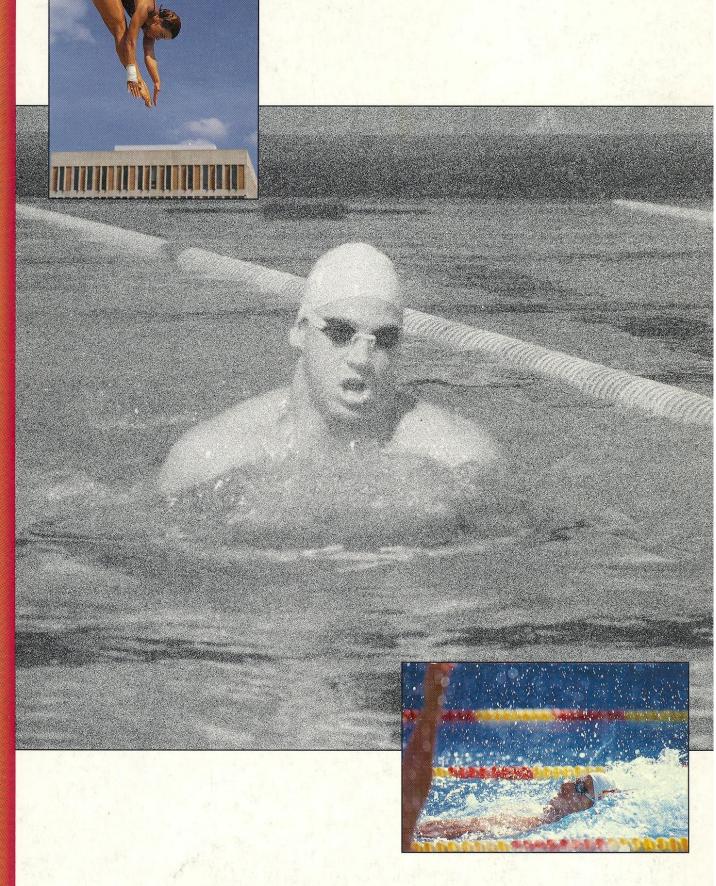
# 1990-91 MEDIA GUIDE



FLORIDA STATE UNIVERSITY

# FINGERTIP FACTS



#### **ABOUT FLORIDA STATE**

| Location               | Tallahassee, Florida  |
|------------------------|-----------------------|
| Enrollment             | 28,000                |
| Founded                | 1854                  |
| Nickname               | Seminoles             |
| Colors                 |                       |
| Conference             | Metro                 |
| President              | Dr. Bernard F. Sliger |
| Faculty Representative | Dr. Charles Ehrhardt  |

#### ATHLETIC DIRECTORY

| Athletic Director |    | Bob Goin          |
|-------------------|----|-------------------|
| President         | Dı | r. Bernard Sliger |

#### ATHLETIC ADMINISTRATION

| Assistant Athletic Directors | Dr. Janice Stocker       |
|------------------------------|--------------------------|
| Larry Pendleton, And         | y Urbanic, Charles Hurst |
| Academic Coordinator         | Dr. Beverly Yerg         |
| Marketing Coordinator        | Terry Hume               |

#### **SPORTS INFORMATION OFFICE**

| Sports Information Director | Wayne Hogan                 |
|-----------------------------|-----------------------------|
| Assistants                  | Donna Turner                |
|                             | Rob Wilson, Nick Gandy      |
| Swimming Contacts           | Joey Ferolito, Brett Moyers |
| Sports Information Phone    | (904) 644-1403              |
| Sports Information FAX      | (904) 644-3820              |
| Tully FAX                   |                             |
| Mailing Address P.O. Box    | 2195, Tallahassee, FL 32316 |
|                             |                             |

#### FLORIDA STATE SWIMMING

| Head Coach        |               | Terry Maul              |
|-------------------|---------------|-------------------------|
| Associate Coach   |               | Bill Shults             |
| Diving Coach      |               | Gary Cole               |
| Assistant Coach   |               | Sid Cassidy             |
| Graduate Assista  | ant           | Marian Cassidy          |
| Swimming Coach    | nes Phone     | (904) 644-1091          |
| 1990 Metro Finisl | hN            | len—2nd; Women—2nd      |
|                   |               | m Stults Aquatic Center |
| Mailing Address   | 100 Tully Gym | , Tallahassee, FL 32316 |
|                   |               |                         |

# ACADEMICS AND COLLEGIATE SPORTS

Over the last decade, the role of academics in collegiate sports has been a controversial matter. Low graduation rates, scandals, and corruption have often been the price at the cost of winning. The accomplishment of a student-athlete completing their eligibility and obtaining a degree is the most important goal of the Florida State Swimming program. The Florida State coaches and support staff hold winning in high regard, but most importantly the total development of the athletes is the main priority. Character traits such as perseverance, dedication, self-confidence, and sportsmanship, receive an equal amount of attention as athletic training and meet performance. When the participation is over, the athletes come out with a clearer understanding of character development, teamwork, and goal-setting, that will benefit them as a future member of society. Florida State Swimming - building better athletes, and better people.



# SWIMMING GUIDE



#### **CREDITS**

The 1989 FSU Swimming Media Guide was edited by Student Assistant SID Dan Densmore with editorial assistance from Assistant SID's Donna Turner and Nick Gandy. Photography by Sam Lewis and Bucky Parrish. Design and printing by Gandy Printers, Inc.

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#### **1990-91 SCHEDULE**

#### Men's and Women's Swimming and Diving Schedule

|                    |                                   | •   |                     |
|--------------------|-----------------------------------|---|---------------------|
| Oct. 13<br>Oct. 26 | Garnet & Gold<br>LSU              | Tallahassee, FL<br>Tallahassee, FL  | 11:00 am<br>2:00 pm |
| Nov. 2             | Florida Atlantic (W)              | Boca Raton, FL  | 3:00 pm             |
| Nov. 3             | Miami                             | Coral Gables, FL  | 10:00 am            |
| Nov. 29            | Alabama Invitational              | Tuscaloosa, AL  | All Day             |
| Dec. 1             | (Alabama, South Card              | lina, Florida,  | ă.                  |
| 147                | Georgia, Kansas, Flor             | 200 THE RESERVE TO THE PERSON OF THE PERSON |                     |
| Jan. 19            | South Carolina                    | Columbia, SC  | 11:00 am            |
| Jan. 26            | Georgia                           | Athens, GA  | 11:00 am            |
|                    | Vanderbilt (W)                    |   | 2:00 pm             |
| Feb. 2             | Tampa                             | Tallahassee, FL*  | 11:00 am            |
| Feb. 9             | Florida                           | Tallahassee, FL*  | 12:00 pm            |
| Feb. 28-2          | Metro Conference<br>Championships | Columbia, SC  | All Day             |
| Mar. 9-10          | Gainesville                       |   |                     |
|                    | Invintational                     | Gainesville, FL   | All Day             |
| Mar. 21-23         | NCAA                              |   |                     |
|                    | Championship (W)                  | Indianapolis, IN  | All Day             |
| Mar. 28-30         | NCAA                              |   |                     |
| ,                  | Championship (M)                  | Austin, TX  | All Day             |
|                    | *Held at Myers Park               |   |                     |

# 1991 NCAA QUALIFYING STANDARDS

| MEN              | Automatic | Optional         |
|------------------|-----------|------------------|
| Event            |           |                  |
| 50 Free          | 20.34     | 20.74            |
| 100 Free         | 44.44     | 45.32            |
| 200 Free         | 1:37.60   | 1:39.45          |
| 500 Free         | 4:23.04   | 4:28.30          |
| 1650 Free        | 15:17.01  | 15:35.35         |
| 100 Butterfly    | 48.87     | 49.84            |
| 200 Butterfly    | 1:47.77   | 1:49.92          |
| 100 Backstroke   | 50.13     | 51.13            |
| 200 Backstroke   | 1:49.19   | 1:51.37          |
| 100 Breaststroke | 55.72     | 56.83            |
| 200 Breaststroke | 2:01.40   | 2:03.82          |
| 200 IM           | 1:49.15   | 1:51.33          |
| 400 IM           | 3:55.08   | 3:59.78          |
| 200 Free Relay   | 1:20.74   |                  |
| 400 Free Relay   | 2:59.29   |                  |
| 800 Free Relay   | 6:35.82   |                  |
| 200 Medley Relay | 1:30.39   |                  |
| 400 Medley Relay | 3:19.05   |                  |
| 1-Meter Diving   | 290 Dual  | 465 Championship |
| 3-Meter Diving   | 310 Dual  | 480 Championship |

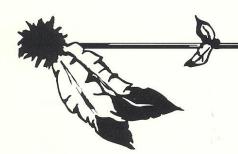
| WOMEN            | Automatic | Optional         |
|------------------|-----------|------------------|
| Event            |           |                  |
| 50 Free          | 23.37     | 23.83            |
| 100 Free         | 50.36     | 51.36            |
| 200 Free         | 1:48.95   | 1:51.12          |
| 500 Free         | 4:49.19   | 4:54.84          |
| 1650 Free        | 16:33.18  | 16:53.04         |
| 100 Butterfly    | 55.54     | 56.65            |
| 200 Butterfly    | 2:01.12   | 2:03.54          |
| 100 Backstroke   | 57.40     | 58.54            |
| 200 Backstroke   | 2:02.30   | 2:04.74          |
| 100 Breaststroke | 1:04.06   | 1:05.34          |
| 200 Breaststroke | 2:18.36   | 2:21.12          |
| 200 IM           | 2:02.86   | 2:05.31          |
| 400 IM           | 4:22.56   | 4:27.81          |
| 200 Free Relay   | 1:34.04   |                  |
| 400 Free Relay   | 3:24.51   |                  |
| 800 Free Relay   | 7:24.06   |                  |
| 200 Medley Relay | 1:44.83   |                  |
| 400 Medley Relay | 3:48.64   |                  |
| 1-Meter Diving   | 245 Dual  | 375 Championship |
| 3-Meter Diving   | 255 Dual  | 425 Championship |
|                  |           |                  |

### FLORIDA STATE UNIVERSITY

# STAFF PROFILES



(L-R)
Sid Cassidy,
Gary Cole,
Marian Cassidy,
Terry Maul,
Bill Shults





# **TERRY MAUL**

(Florida State '68)
HEAD COACH

Terry Maul works from the philosophy that each individual should have the opportunity to develop to their fullest potential academically, emotionally, and athletically. From this philosophy, Maul has built a reputation for success, while at the same time, insuring the development of the individual athlete in the college environment.



In his fifteen seasons at Florida State, Maul has guided 30 All-Americans. He has served as the women's head coach since it's initial season in 1976, joined by Bill Shults in 1987 when the program was reorganized. He compiled a 75-35-1 dual meet record and led his 1982 squad to an AlAW National Championship runner-up finish to Texas.

Since joining with Shults as co-head coaches, the pair have combined the men's and women's programs into a 53-26 dual meet slate. This year Maul is the lone head coach, while Shults has been named as an associate to the program, while assisting with administration of other non-revenue sports. Maul's specific duties include personally directing the overall training regimen for the entire swim team. He designs the physiological cycles for water workouts, sets the periodization and applications of strength training, and implements dryland training systems.

Nationally known and respected, Maul has gained international coaching experience as well. This past summer, he coached the East team to the championship title at the 1990 U.S. Olympic Festival in Minneapolis, Minnesota. In 1984, he headed the U.S. National team in the South American Cup in Rio de Janiero, Brazil. He also served as head coach of the South squad at the 1987 U.S. Olympic Festival in Chapel Hill, North Carolina.

Maul graduated from FSU with a bachelor's degree in Biology in 1968 and went on to earn a Master's degree in Sports Psychology in 1975. He has completed coursework for a doctorate in Sports Psychology and is a frequent speaker on the subject at United States Swimming sponsored coaching clinics.

# SID CASSIDY

# (North Carolina State '77) ASSISTANT COACH

Sid Cassidy has established himself as clearly one of the top assistant coaches on the swimming scene. The former Division I All-American begins his sixth year at Florida State, and his twelfth as a career oriented swimming



Cassidy has been the key to Florida State's continued resurgence since his arrival in 1985. He has served as recruiting coordinator, credited with signing many All-American swimmers to the program. His success has been clearly visible over the past three seasons, which has elevated the Seminoles to a new-found respect in swimming circles. Cassidy's other duties include planning and implementing training methods for an assigned group of swimmers, and assisting with all aspects of training for the entire team.

The Kinston, NC native has international, as well as head coaching experience. Before his stint at FSU, Cassidy was the head coach of the Greater Tampa(FL) Swimming Association and before that, he directed the Wilmington (DE) Aquatic Club. This is the same club he spent his prep years under the tutelage of internationally acclaimed Bob Mattson.

He has been chosen on numerous occasions as a USS National Team Coach both domestically and abroad. He also coached the Mexican Olympic National Team in Mexico City. Cassidy is an assistant coach of the United States Swimming National Long-distance Team, and has guided former FSU-swimmer Jay Wilkerson to two consecutive national championships in open-water swimming. He will return to Perth, Australia as part of the contingent that will participate in the World Games this year. Cassidy was a world-ranked professional marathon swimmer after completing his collegiate career at North Carolina State, where he was twice named an All-American.

# **BILL SHULTS**

(New Hampshire '76)
ASSOCIATE COACH

In his ninth year as part of the rising Florida State swim program, Bill Shults has been promoted as an assistant athletic administrator. Shults will assist Dr. Jan Stocker in the non-revenue sports area, while still oversee-



ing the administrative duties of the swimming program. The swim program has built a reputation for its academic success, as over the last four seasons FSU's team grade point average has reached a "B" average. In 1988 the swim team won all four academic awards given by the athletic department. In 1990 the swim team captured three of the four academic awards. Under Shults, the women's team received a commendable mark by the College Swim Coaches Association of America for its overall GPA for the 1988 and 1989 academic school years.

In 1981 Shults became the fourth head coach of the men's program after serving as an assistant under John Stafford. He led the men to two top 30 finishes as a head coach, and is credited with coaching several swimmers to All-America status.

Shults, 36 is active in a number of positions. He serves as a chairman of the Academic Committee to the CSCAA and was honored as a recipient of the President's Award for outstanding service to the organization. He is also a member of the NCAA Swimming Committee which is responsible for rule changes.

Shults is married to the former Linda Carlton and they have two sons, Stevie and Ricky.

# GARY COLE

(Bowling Green '75)

DIVING COACH

Gary Cole is in his ninth year as the diving coach at Florida State, carrying a wealth of collegiate and international coaching experience.



Cole, a member of the NCAA Diving

Rules Committee and member of the U.S. Professional Diving Coaching Association, has developed divers at all levels. He has coached two world age group champions and collegiate All-Americans. In 1984, three of his pupils placed in the top eight at the Canadian Olympic Trials.

In June of 1987, Cole was selected from applicants all across the nation to coach South Korea's Olympic hopefuls. Before his work with the South Korea national team, Cole gave clinics for the International Olympic Committee in Chile and Canada.

In addition to his work with the FSU divers, Cole is responsible for opponent scouting and meet operations at Florida State. He also assists with the analysis and instruction of swimming starts and turns.

Cole was a standout diver in high school, coached by Ron O'Brien, U.S. Olympic Coach since 1972. He is married to the former Miss Vickie Welcher of Ormond Beach. He also enjoys playing golf and reading.

# **MARIAN CASSIDY**

(Pittsburgh '88)

GRADUATE ASSISTANT

Marian Cassidy returns for her second year as a member of the coaching staff at Florida State.



After swimming four years at the University of Pittsburgh, Cassidy earned

her bachelor's degree in Exercise Physiology in 1988. She served as an assistant coach at Pitt during the 1988-89 campaign before accepting the position here, where she will complete a masters degree in Exercise Physiology over the summer months.

While a swimmer at Pittsburgh, Cassidy was a Big East conference champ, an NCAA qualifier, and was named a Big East Post Graduate Scholar Athlete in 1988. This summer Cassidy ventured into the world of professional marathon swimming and won the 22.5 mile race around Atlantic City, NJ.

The younger sister of Coach Sid Cassidy, Marian was born in Kinston, NC and grew up in Wilmington, DE, where she swam for the Wilmington Aquatic Club.

# LADY SEMINOLE PROFILES

#### **ALLISON AHRENS**

Freshman PENSACOLA, FL

A hard-working walk-on breaststroker from Greater Pensacola Aquatic Club, is a Junior National Qualifier... will add depth to the the breaststroke events... could be a surprise... (PREP): captain of Pensacola Washington during her



senior year... excellent student... (PERSONAL): a physical therapy major... born July 5, 1972

### JONNA BOYNTON

Freshman HOUSTON, TX

A strong, but elegant diver... looks to be a Metro Conference finalist her freshman year... needs more development... (PREP): District Champion at Cypress Creek H.S... an Age Group National Finalist... (PERSONAL): plans to major in Elementary Education... born March 4, 1972

#### MERRIE BRENNAN

Senior TAMPA, FL

Enters final season as a team captain and one of the most experienced members on the the squad... Has been able to contribute in a wide range of events, including the 500, 1000, and 1650 free. A threat in the IM



events... will continue to provide great leadership both in and out of the pool... (1989-90): turned in a pair of third place finishes in the 400IM and 1650 Free at the Metro meet... was a finalist in the 500 free... (1988-89): broke school mark in 1650 Free with a 16:56.37 at UNC meet in Chapel Hill... scored in three events at the Metro meet with a second place finish in the 1650 Free... a finalist in the 500 Free and also earned points in the 400 IM... led squad with bests in the long distance events (1650 and 500 Free)... (1987-88): scored in three events at the Conference Championships as a freshman... turned in a tremendous campaign with third, fourth, and fifth place finishes in the 1650 free, 200 IM, and 400 IM at Metro Championships... posted a team best 10:17.14 in the 1000 free vs. Alabama... led team in the 1650... swam 200 IM in 2:08.28 at the Conference finals, one of the fastest times all year... (PREP): set school records while earning All-County and All-Area at Tampa Plant... (PERSONAL): father Edearned Division II National Coach-of-the-Year honors as head swimming coach at Tampa... member of the National Honor Society in high school... born November 30, 1969

#### NADA CENANOVIC

Freshman MISSISSACUAGA, CANADA

The Seminoles primary recruit for the year who is a sprint freestyler from Ontario, Canada... the tallest female swimmer ever at Florida State... will contribute to the sprint freestyle relays... has unlimited potential...



(PREP): Ontario High School champion for three consecutive years... lettered in three sports, volleyball, basketball, and swimming at the Woodlands H.S... was also the MVP in all three sports (PERSONAL): Electrical Engineer Major... born May 6, 1972



# KRISTAN CHAMBERS

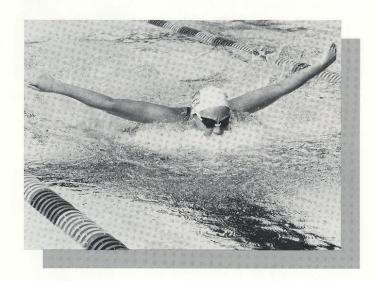
Senior FT. WORTH, TX

Selected as a team captain... an exceptional workout swimmer over her career, which has elevated her to one of the most consistent performers on the squad... improved steadily over the years and should peak at the end



of this season... will see action in the 100 fly and 200 free events, as well as the 200 IM... an extremely intense swimmer... (1989-1990): came into her own last season turning in some of the top times in the 200 free 1:53.01 and 100 fly 57.60... finished in the top eight in both the 100 fly and 200 IM... (1988-89): a finalist in the 200 back and 100 back at the

conference meet... (1987-88): earned a scholarship for her continued effort after joining the team as a walk-on... didn't miss a single workout all season and received the "NO PAIN, NO GAIN" award... owned team's top four times in the 200 backstroke, finishing sixth at the conference meet... finished 10th with a 2:10.79 200 IM (PREP): swam for Texas Aquatics while a prep... named District Swimmer-of-the-Year at W.E. Boswell HS... (PERSONAL)... Business/Real Estate major... born January 3, 1969



#### **MISSY CONNOLLY**

Sophomore MARGATE, FL

\* SCHOOL RECORD HOLDER

Enters her sophmore year with a couple of school records to her credit, in both the 1000 and 1650 freestyle events... capable of achieving NCAA qualifying standards... an excellent



trainer. (1989-90): consistently turned in top times in dual meet performances. Swam to a second place finish in the 1650 free at the Metro Conference Championships, shattering the school-record with a 16:39.79 clocking. Her split at the 1000 (10:01.62) was also a new school record... finished 5th and 11th in the 500 and 200 free events. (PREP): one of the most highly touted signees in school history... All-American out of Pine Crest HS... won Coaches Award, All-County, and All-Conference honors... voted Rookie-of-the-Meet at her first senior nationals in 1987... earned a trip to the 1989 U.S. Olympic Festival at the Phillips 66/USS Short Course nationals in Chapel Hill, NC in March... chose Florida State over Florida and Tennessee... (PERSONAL): plans to major in Business... born June 18, 1971

# **ANN EVINS**

Freshman FALLS CHURCH, VA

A walk-on diver who has excellent potential... has great form and technique... will add depth to the diving squad... (PREP): attended McLean High School in Virginia... (PER-SONAL): plans to major in Criminology... born October 16, 1972

#### **SUZIE GUNN**

Sophomore TALLAHASSEE, FL

Struggled the first half of the season before exploding at the Metro Conference Championships by scoring in the top eight in two events... another consistent workout swimmer, just beginning to reach her potential... had a



very good summer while training with ATAC under Maul and Cassidy... could see more action in the distance events this season... has an excellent attitude and great work habits... (1989-90): literally shocked the coaching staff with her 17:12.96 time and 5th place finish in the 1650 free at Conference... a finalist in the 400IM with a 4:35.76... (PREP): named Big Bend area Swimmer-of-the-Year in 1988-89 while at Maclay HS... also an honorable mention All-American choice... swam for ATAC under FSU coaches Terry Maul and Sid Cassidy... (PERSONAL): enjoys tennis... born May 19, 1971

# KIRSTEN HARRINGTON

Senior COPENHAGEN, DENMARK

An extremely powerful sprinter with all the physical tools to qualify for the NCAA Championships in the individual sprint free events... will serve as a team captain this season... after a



slow start, came on at the end of the year to post some of the team's top times in the sprint events...will have to step into a leadership role this season... stayed in Tallahassee this summer to train... should play a key role in the relays this year, while at the same time will be one of the top swimmers in the 50 and 100 free... (1989-90): had a pair of 5th place finishes in the 50 and 100 free at the Metro Conference Championships... won the consolation heat in the 100 fly... swam a blazing 50.58 free split on the record-setting 400 medley relay that qualified for the NCAA Championship Meet... (JUCO): Four-Time Junior College National Champ at Florida's Indian River CC... NJCAA All-American in 1988 while being named team MVP... (PERSONAL): originally from Denmark... Hospitality Administration major... born August 11, 1967

#### **ALISON HARVEY**

Senior COCOA BEACH, FL

After an off-year, Alison enters her final season as one of the top three middle-distance freestyle swimmers... will be counted on heavily in dual meet competition... (1989-90): had a disappointing Metro performance, but still



managed to score in the final heat in the 500 free... turned in a 1:53.78 200 free performance last year at LSU... (1988-89): finalist in several events at the Conference meet... provided several thrilling finishes throughout the season... (1987-88):

surprised coaching staff and proved to be one of the top dual meet competitors on squad... improved during entire season to finish eighth in the 200 free at the Metro Conference Championships... swam a season best (1:53.77) in the 200 free... (PREP): two time All-County selection out of Cocoa Beach HS... named team MVP and best all around swimmer... swam for John Hughes at the Brevard Swim Club... (PERSONAL): Business major... born September 28, 1969

### **MEGHAN HENNING**

Sophomore GAITHERSBURG, MD

Returns for her sophmore season with a year of experience under her belt... showed some speed late in the season, and will be able to contribute in the sprint events. (1989-90): swam exhibition at the Metro Conference



Championships and turned in a pair of personal bests in the 50 free(24.63) and the 100 free(54.50)... (PREP): All-County and All-Metro choice out of T.S. Wootten HS...named outstanding student athlete as a senior... (PERSONAL): is one of four teammates who swam for the Curl Burke Swim Club... undecided on major... born July 29, 1971

#### KATHY ISACKSON

Senior CLEARWATER, FL

- \* 1988-89 HONORABLE MENTION ALL-AMERICAN
- \* OLYMPIC TRIALS QUALIFIER
- \* 1989 METRO SWIMMER OF THE YEAR
- \* SCHOOL RECORD HOLDER
- \* 1990 ACADEMIC ALL-AMERICA



Enters her final season with the goal of placing in the top eight at the NCAA Championships in the butterfly events... will be a valuable weapon in the 200 free as well... a vital part of the relays that last year qualified for NCAA Championships... a vocal leader... (1989-90)... won both fly events at the Metro Conference Championships... was an individual qualifier at NCAA's in the fly events... had an excellent dual meet season... served as a tri-captain... named an Academic-All America... (1988-89): Metro Conference Swimmer of the Year, winning all three individual events (100 Fly, 200 Fly, and 200 Free) and swimming on two relay champions... an NCAA qualifier in the 100 Fly after turning in a 55.82 at the North Carolina meet, bettering that time at the conference championships with a (55.50)... earned honorable mention All-American status after winning the consolation final at the NCAA's... also turned in team bests in the 200 Fly (2:01.95) and 200 Free (1:52.07)... swam with winning 200 and 400 Medley relay squads at Metro's...named women's co-MVP, the second straight year she has been honored as such... (1987-88): completed sensational freshman season scoring in the 100 fly (55.83) and 200 fly (2:00.99) at the NCAA Championships... shattered school record in the 200 Fly at the NCAA Championships... named team MVP in her first collegiate season...

Olympic Trials qualifier who was sidelined by mononucleosis and was forced to miss the trials... (PREP): HS All-American and state champion at Pinellas Park HS... (PERSONAL): a Special Education major... born February 15, 1969

#### **MONICA JONES**

Freshman PENSACOLA, FL

A walk-on swimmer from Greater Pensacola Aquatic Club, who is a backstroke specialist... comes from a solid swimming background... will need time to mature... an oustanding student... (PREP): named captain her



sophomore and senior years at Pensacola H.S... was MVP her sophomore season... excellent student earning a pair of academic scholarships... (PERSONAL): born July 19, 1972

#### THERESA LUKES

Junior ALEXANDRIA, VA

Has the physical tools and attitude to become one of the top divers in the country... should be a contender to win both boards at the Metro Conference Championships... excellent entries and technique... (PREP): attended



West Potomac H.S. where she lettered all four years... (PERSONAL): majoring in Criminology... born March 24, 1969

### **BELINDA MARTIN**

Senior MARLTON, NJ

Another senior that will challenge NCAA standards in the 200 breast-stroke... will team with Danielle VanDyke as a 1-2 breaststroke combination... A tough mental swimmer... a vocal team leader... (1989-90):



placed 6th in the both the 100 and 200 breaststokes at the conference championships... had a solid dual-meet season.(1988-89): finished third in an exciting 200 breaststroke race at the conference championships, behind winner and teammate Danielle Van Dyke as the Lady Seminoles took a first and third finish... earned squads "Wheel Barrow" award for carrying the load during the season... qualified for the United States Swimming National Championships... (1987-88): finished tenth in the 200 breast at the Conference meet... (PREP): bettered NCAA qualifying standards with a 2:20.3 in the 200 breast... swam personal best in the 100 breast at 1:06.4... four time letter winner at Cherokee HS... (PER-SONAL): earned U.S. Naval National Academic/Athletic Honor in high school... brother Donnie (Pittsburg) and sister Amanda (Southern Illinois) also had successful collegiate careers... hobbies include cycling and running... Marketing major... born June 16, 1969

#### **VALERIE MOORE**

Sophomore HARTFORD, WI

A dislocated shoulder injury sidelined Moore in mid-season, but after a summer of rehabilatation she should be back to form... a top-notch backstroker that will challenge NCAA standards in both events (1989-90): had an excel-



lent dual meet season till her injury... was the team's top backstroker in dual meets... (PREP): HS All-American who chose FSU over Michigan and Michigan State... team MVP, Coaches Award winner, and All-State selection at Hartford HS...swam for the Lake County Swim Team... (PERSONAL): plans to major in Accounting... born August 23, 1971

#### KRISSY MYERS

Senior AMERICUS, GA

- \* 1988 HM ALL-AMERICAN
- \* OLYMPIC TRIALS QUALIFIER

NCAA Championships her freshmen year... will play a vital role in the free sprints and the relays... (1989-90): had a pair of seventh place finishes in



the 50 and 100 free at the conference championships... also finished ninth in the 100 backstroke... (1988-89): member of two winning relays at the Metro Championships (200 Medley and 200 Free)... (1987-88): NCAA qualifier as both an individual and as a member of a relay in only her freshman year... earned honorable mention All-American will swimming the fastest leg as a member of the 200 medley relay team... finished 18th in the 50 free at the NCAA meet with a personal best of 23.39... qualified for the Olympic Trials... named team's most improved swimmer... (PREP): swam a personal best (58.5) in the 100 back... regarded as a sleeper in many recruiting circles after inking with Florida State out of Southland Academy... (PERSONAL): both her parents serve as swim coaches for the Americus Blue Tide... member of the Ladv Scalphunters organization at FSU... a Leisure Servies major... born October 2, 1968

# SUSAN POLLACK

Senior MIAMI, FL

After an excellent dual meet season, continues to improve... was named the most valuable diver for the third straight year... (1989-90): finished fifth and sixth on the one-meter and threemeter boards at the conference



championships... qualified for the one-meter standards for the Zone B NCAA qualifying meet and finished 17th... named Academic Athlete of the Year for Florida State... (1988-89): named most valuable diver for the second straight year after leading the squads conference effort with an eigth place finish on the three-meter board... (1987-88): named most valuable diver... finished in 13th place in one meter diving competition at the Metro Conference Championships as a freshman... (PREP): earned three letters as a diver at Coral Park Senior High and finished fourth at the state meet... competed for the Hurricane Swim Club, one of the top programs in the country... advanced to her age group's national championships two straight years... (PERSONAL): Accounting major who qualified for the honor's program... was a 4.0 student last spring... born November 7, 1969

# ANNE SPAEDER

Junior PITTSBURGH, PA

Another casualty to injuries, and underwent shoulder surgery... a key loss at the Metro Conference Championships... stayed in Tallahassee this summer to recuperate and train under Maul and Cassidy... has a great atti-



tude and training habits... (1989-90): swam a winning time of 4:30.49 in the 400 IM against Alabama before the injury set in... (1988-89): one of the top scorers at the Metro Conference Championships in just her freshman season... placed second in the 400 IM and fourth in the 200 IM... turned in a season best with a (4:28.66) in the 400 IM... "No Pain, No Gain" award winner... (PREP): captured state 200 IM title as a senior at Gateway HS... swam for the Pittsburgh Aquatic Club... chose Florida State over Pittsburgh... came back from a bought with mononucleosis early in the summer and swam well at the Junior Nationals in July of 1988... (PERSONAL): an Elementary Eduaction major... born July 10, 1970

The Lady Noles were able to set four new school records during the course of the 1989-90 season.



#### KIKI STEINBERG

Sophomore ANNANDALE, VA

An extermely talented swimmer who improved over the course of the season... went to NCAA Championship meet as the backstroker on the medley relays... a valuable asset in the sprint free and IM events... her



versatality will be a key in dual meet competition... (1989-90): had a banner Metro Conference Championship, finishing fourth in the 200 IM with a 2:07.37... finished third and fourth in the 200 and 100 backstroke events..(PREP): An All-District, Region, and Metro selection out of W.T. Woodson HS... served as team captain for two years...swam for the Curl Burke Swim Club... enjoys sailing and running... plans to major in Business... born June 11, 1971

### TRACY TUVESON

Senior SARASOTA, FL

Will enter her senior year as one of the more consistent divers on the squad... expected to challenge for points at Metro Conference Championships 1989-90... placed on both boards at the Conference Championships...



PERSONAL): majoring in Communications/Russian... born June 10, 1969

The Lady Noles placed eleven athletes on the Metro Commissioner's List of Academic Achievement (3.0 or better).

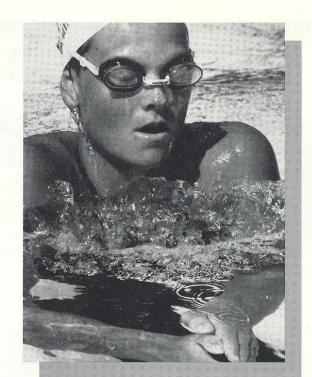
# **AURORA VALSECA**

Sophomore POTOMAC, MD

Had a solid freshmen year, adding depth to the distance free and the 400 IM... another solid workout swimmer, who will only continue to improve. (1989-90): finished fifth in the 400 IM and seventh in the 1650 free at the



Metro's... was consistently solid in dual meet competition... Made the Commissioner's List with a 3.02 GPA... (PREP): made the All-County team at Walt Whitman HS... won the 500 free state title... swam for the Curl Burke Swim Club... (PERSONAL): joins fellow newcomers Henning and Steinberg after being teammates at the Curl Burke Swim Club... swam with FSU men's star Dieter Holtz in the Central American and Caribbean games this past summer... plans to major in Hotel Management... born January 10, 1971



### DANIELLE VAN DYKE

Junior NEWARK, DE

- \* 1989 HM ALL-AMERICAN
- \* SCHOOL RECORD HOLDER

One of the most talented swimmers on the squad... had an unusual season,



while the breaststroke events were off from her freshman years times, her sprint free times improved... a versatile swimmer that can excell in a number of events... should regain form that took her to the NCAA Championship meet her freshman year... (1989-90): swam the fastest individual 100 free at the conference championships for the Seminoles with a 51.89 clocking... finished 2nd in the 100 breast at conference....qualified for the NCAA Championships on all the relays... (1988-89): an NCAA qualifier in the 100 Breast, finishing tenth overall while gaining honorable mention All-American status... captured a pair of individual titles (100 and 200 Breast) at the Metro Conference meet while also swimming with two relay champions (200 Free and 400 Medley)... finished third individually in the 50 Free... set school records in the 100 Breast (1:03.86) and 200 Breast (2:17.87) at the NCAA meet... had season bests in the 100 and 50 Free... (PREP): one of the most prized recruits in the nation, chose FSU over Clemson and SMU... HS All-American and state record holder at Christiana HS... won the 100 breaststroke at the National Sports Festival in 1986... impressive credentials included bests of 1:04.5 in the 100 breast, 56.7 in the 100 fly, 52.0 in the 100 free, and 24.0 in the 50 free... (PERSONAL): was a national age group record holder as a 10 and under swimmer... swam for FSU assistant Sid Cassidy from 1979-83 in Wilmington, DE... undecided on major... born September 11, 1970

# WOMEN'S ROSTER



Top Row (L-R); Nada Cenanovic, Alison Harvey, Kristan Harrington, Meghan Henning, Danielle Van Dyke, Kiki Steinberg: 2nd Row (L-R); Belinda Martin, Kristan Chambers, Kathy Isackson, Merrie Brennan, Susan Pollack, Suzie Gunn; 3rd Row (L-R) Jonna Boynton, Krissy Myers, Val Moore, Ann Spaeder: Bottom Row (L-R); Monica Jones, Aurora Valseca, Missy Connolly, Tracy Tuveson, Allison Ahrens

| NAME                | YR  | HT   | HOMETOWN            | <b>EVENT</b> |
|---------------------|-----|------|---------------------|--------------|
| Jonna Boynton       | Fr. | 5-7  | Houston, TX         | Diving       |
| Merrie Brennan      | Sr. | 5-4  | Tampa, FL           | Dist Free    |
| Nada Cenanovic      | Fr. | 6-3  | Ontario, Canada     | Sprint Free  |
| Kristan Chambers    | Sr. | 5-8  | Ft. Worth, TX       | Back, IM     |
| Melissa Connolly    | So. | 5-3  | Margate, FL         | Dist Free    |
| Ann Evins           | Fr. | 5-4  | Falls Church, VA    | Diving       |
| Suzanne Gunn        | So. | 5-6  | Tallahassee, FL     | IM and Free  |
| Kirsten Harrington  | Sr. | 5-10 | Copenhagen, Denmark | Sprint Free  |
| Alison Harvey       | Sr. | 5-7  | Cocoa Beach, FL     | Fly, Free    |
| Meghan Henning      | So. | 5-9  | Gaithersburg, MD,   | Sprint Free  |
| Kathy Isackson      | Sr. | 5-8  | Clearwater, FL      | Fly, Free    |
| Monica Jones        | Fr. | 5-3  | Pensacola, FL       | Back         |
| Teri Lukes          | Jr. | 5-7  | Alexandria, VA      | Diving       |
| Belinda Martin      | Sr. | 5-7  | Cherry Hill, NJ     | Breast       |
| Valerie Moore       | So. | 5-6  | Hartford, WI        | Back         |
| Krissy Myers        | Sr. | 5-7  | Americus, GA        | Sprint Free  |
| Susan Pollack       | Sr. | 5-6  | Cape Coral, FL      | Diving       |
| Anne Spaeder        | Jr. | 5-7  | Pittsburgh, PA      | IM           |
| Christine Steinberg | So. | 5-10 | Annandale, VA       | Back         |
| Tracy Tuveson       | Sr. | 5-3  | Sarasota, FL        | Diving       |
| Aurora Valseca      | So. | 5-6  | Potomac, MD         | Dist Free    |
| Danielle Van Dyke   | Jr. | 5-8  | Newark, DE          | Breast, IM   |

# SEMINOLE OUTLOOK

plashing into a new decade, the Florida State Men's and Women's Swimming and Diving programs look to build upon their recent successes. The Seminoles are progressively climbing back into the national scene. A combined total of twelve Seminole school records fell during the course of last season, and all but two members are back from last years record breaking group. The one obstacle the Seminoles haven't cleared yet, is capturing the Metro Conference Title. In the past eight years, the Florida State Swimming program seems to have been snake-bit when it comes to winning the Metro Conference Championship.

This year things look optimistic in the Seminoles camp. The men should be boosted by what head coach Terry Maul says,"the best recruiting class since I've been at Florida State." The top recruits include Jose Guttiriez and Sean McKenzie, who both are capable of rewriting the record books and winning individual titles at the Metro Conference Championships.

The mission: To win the Metro Conference Championship for the first time in eight years and finish amongst the nation's top 25 swimming teams.

Opponents: A challenging schedule which includes the likes of L.S.U., South Carolina, Georgia, Florida, Miami, and Alabama.

Returning letterman: Eight upperclassmen led by senior Charlie Rose who was the Seminoles top point scorer at Metro's head the FSU attack. A pair of NCAA qualifiers in Craig Zettle and Mike Roder will head the breastroke events. Junior Scott Mundell will be a key in the Florida State scheme, while also the leading contender in free and butterfly events. Sophomore Jeff Feldman will be looked upon as one of the top sprinters and will serve as an important component on the relays.

Top Newcomers: Jose Guitterez, George Willard, Sean McKenzie, Desmond Koh, Emmett Smith, George Willard, Brad Hoffman, and Pablo Garcia.

Prognosisis: The key words here are versatility and depth. The Seminoles look to be deeper and stronger in every single event, with the exception of the distance races, where they need to replace a pair of seniors from last season. Combining this outstanding recruiting class, with a wealth of quality upperclassman, and the return of six NCAA qualifiers the Seminoles should field their strongest men's team in the last decade. Look for the Gamecocks to be faced with their stiffest challenge at

the Metro Conference Championships since they joined in 1983.

Last year, the Lady Seminoles came up fifty points short of dethroning South Carolina at the Metro Conference Championships. This team appears to be solid, as eight seniors return to challenge for the Metro Conference Championship. Leading the squad are Kathy Isackson and Danielle VanDyke who both have experience from the NCAA Championships. Anne Spaeder and Val Moore are recuperated from season ending injuries and should solidify the squad. "This squad has the right mix of talent and it's just a matter of them coming together and deciding that they want it as a group. They need to decide it for themselves. I think they are capable of winning the Metro Conference Championship and scoring at the NCAA Championships." comments Terry Maul.

The Mission: Winning the Metro Conference Championship and placing in the NCAA Championships.

Opponents: The schedule is filled with some of the pernennial top twenty teams in the nation. The Lady Seminoles will face Georgia, Florida, Alabama, Louisiana State, Miami, and South Carolina.

Top Newcomers: Nada Cenanovic from Ontario, Canada. This 6'3" sprinter should play a key on all the sprint relays. Freshmen Jonna Boynton, and Ann Evins will add depth on the boards.

Prognosis: If Junior Danielle VanDyke regains her breaststroke form, the medley relays should place in the top sixteen at the NCAA Championships. The diving will be a factor as newcomer Jonna Boynton, combined with senior Susan Pollack heads the fleet of divers. Junior-transfer Terri Lukes will add a top threat to win both boards at the Metro Conference Championships. The sprint events look strong across the board, which will give the Lady Seminoles the extra boost to push them to their potential. Florida State should field more talent than last years squad, if the team can stay healthy, look for them to be the favorites to win the Metro Conference Championships.

# MEN'S ROSTER



Top Row (L-R); Jeff Feldman, Mike Roder, John Bates, Scott Mundell Craig Zettle, Troy Holloman, Jose Guitterez, Bill Bracken: 2nd Row (L-R); George Willard, Sean Carey, Pablo Garcia, Brad Hoffman, Richard Greenwood, Dane Nelson, Dieter Holtz: Bottom Row (L-R); Sean McKenzie, Chris Jones, Emmett Smith, Charlie Rose, Grant Segal, Martin Gaal, Steve Barry

| NAME                 | CLASS | HT   | HOMETOWN              | EVENT               |
|----------------------|-------|------|-----------------------|---------------------|
| Pablo Garcia-Aguiler | Fr.   | 6-0  | Pedregal, MEX         | Dist Free           |
| William Bracken      | Fr.   | 6-3  | Atlanta, GA           | MD Free             |
| John Bates           | So.   | 6-2  | Sydney, Australia     | Sprint Free         |
| Sean Carey           | So.   | 6-0  | University Park,      | MD IM               |
| Jeffrey Feldman      | So.   | 6-4  | Tampa, FL             | Sprint Free         |
| Matt Foster          | Sr.   | 5-8  | Tallahassee, FL       | Diving              |
| Martin Gaal          | So.   | 5-10 | Miami, FL             | Fly, IM             |
| Richard Greenwood    | Jr.   | 6-0  | Yorkshire, England    | Fly                 |
| Jose Guitterrez      | Fr.   | 6-2  | Pedregal, MEX         | Sprint Free, Fly    |
| Brad Hoffman         | Fr.   | 6-0  | Belle Vernon, PA      | Back, IM            |
| Troy Holleman        | Fr.   | 6-3  | Houston, TX           | Sprint Free         |
| Dieter Holtz         | · Jr. | 5-10 | Mexico City, Mexico   | Free                |
| Cory Hrynyck         | So.   | 5-10 | Boca Raton, FL        | Breast              |
| Chris Jones          | Fr.   | 5-9  | Plano, TX             | Breast              |
| Desmond Koh          | Fr.   | 5-7  | Singapore             | Breast, IM, Fly     |
| Sean McKenzie        | Fr.   | 5-10 | Plano, TX             | Fly                 |
| Scott Mundell        | Jr.   | 6-2  | Wilmington, DE        | Sprint Free, Fly    |
| Dane Nelson          | Sr.   | 6-0  | Danville, IL          | Diving              |
| Mike Roder           | Sr.   | 6-2  | Morgantown, WV        | Breast              |
| Charlie Rose         | Sr.   | 5-9  | Altamonte Springs, FL | IM,Free             |
| Grant Segal          | Sr    | 5-7  | Tallahassee, FL       | Diving              |
| Emmett Smith         | Fr.   | 5-9  | Metairie, LA          | Free, Fly           |
| George Willard       | Fr.   | 5-10 | Willingboro, NJ       | Back, IM            |
| Craig Zettle         | Sr.   | 6-4  | Naples, FL            | Sprint Free, Breast |

# SEMINOLE PROFILES

# PABLO GARCIA-AGUILAR

Freshman PEDREGAL, MEXICO

Comes to the Florida State program with a strong background in the middle distance freestle events... should add depth and stability in the 500 free and 1650 free... is an eager young man with a lot of enthusiasm...



#### JOHN BATES

Sophomore SYDNEY, AUSTRALIA

Improved by leaps and bounds as the 89-90 season progressed... only in his fourth season as a competitive swimmer... with additional strength and experience can become a top-flight sprinter. (1989-90): had personal bests



at the conference championships (21.33) in the 50 free and (46.82) in the 100 free.(PREP): swam two years as a prepster at Knox Granmar HS under former Seminole swimmer Ben Gathercole... was a regional finalist in his native land... (PERSONAL): plans to major in Mass Communication... born March 30, 1970

### WILLIAM BRACKEN

Freshman ATLANTA, GA

Swam under the highly respected Alex Braunfeld at the Dynamo Swim Club in Atlanta... a middle-distance freestyler... borderline Junior National Qualifier... (PREP): named MVP his senior year at Parkview H.S... (PERSONAL): plans to major in Criminology... born May 14, 1971



# SEAN CAREY

Sophomore UNIVERSITY PARK, MD

Had a solid freshman year... came through with some great dual meet performances... will concentrate on the IM, fly, and distance free events... a versatile swimmer who will be counted on to score big points at the



Conference Championships. (1989-90): a big factor in FSU's win over Miami with a pair of 2nd place finishes in the 200 IM and 200 fly... placed fourth in the 400 IM, fifth in the 200 fly, and ninth in the 200 IM at the conference championships... (PREP):

Area champion in the 500 free and 200 IM... swam for highly respected Curl Burke Swim Club... (PERSONAL): plans to major in Communications... born April 19, 1971

#### JEFF FELDMAN

Sophomore TAMPA, FL

Showed flashes of greatness, most notably his 19.77 split on the 200 medley relay at the conference championships, where he almost ran down the eventual winner, South Carolina on the final leg... is inconsistent, but

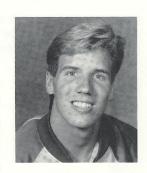


with more experience could become a legitimate NCAA contender... a great relay swimmer... had an excellent dual meet season.(1989-90): had a pair of victories in the 50 and 100 free in a dual meet against Georgia... placed fourth in the 100 free, and seventh in the 200 free at the conference championships... (PREP): earned high school All-American honors at Chamberlain HS... two time All-Tribune selection... chose FSU over Florida... swam for the Carrollwood Village Swim Team... (PERSONAL): lists Communications as expected major... born May 22, 1971

### **MATTHEW FOSTER**

Junior TALLAHASSEE, FL

Was able to play a vital role in the diving scheme last season to give the Seminoles a solid diving nucleus. An exceptional student who led the squad with a 4.0 last spring... was named Academic Athlete of the Year at Florida



State... (1989-90): Finished sixth in both boards at the conference championships. (PREP): two-time city and district diving champion at Leon HS, where he was twice name MVP... (PERSONAL): enjoys reading and surfing... Political Science major... born August 9, 1968

# MARTIN GAAL

Sophomore MIAMI, FL

Returns as the lone distance swimmer from last season's squad... will be counted on to score points in the 1000 free... improved as the season progressed... also finished seventh in the 1990 25K National Championships in



California this past summer... (1989-90): swam a personal best of (9:40.98) in the 1000 free against Alabama... finished 13th in the 500 free... and 11th in the 1650 free at Metro

Conference Championships... (PREP): an All-Dade County selection out of Archbishop Curley Notre Dame HS... four time MVP and three time team captain there... swam for Pine Crest Swim Club... (PERSONAL): lists running and biking as hobbies... plans to major in Business... born November 11, 1971

#### JOSE GUITIERREZ

Freshman PEDREGAL, MEXICO

A big, strong newcomer in mold of previously recruited top sprinters... one of the top male recruits for the Seminoles... has recorded times of (52.5) in the 100 meter free and (1.52.0) in the 200 meter free... will be a threat to



qualify for the NCAA Championships in several events... (PREP): One of the top swimmers to come out of Mexico, will vie for a spot on the Mexican Olympic Team in 1992... (PERSONAL): plans to major in Engineering.

# RICHARD GREENWOOD

Junior YORKSHIRE, ENGLAND

Coming off a solid summer of training and should be a major contributer making the shift to the sprint training group... a strong swimmer that will concentrate on the butterfly and sprint



free events... will be counted on to score big points at the Metro Conference Championships... (1989-90): finished fifth in the 100 fly at the conference championships... (1988-89): joined squad in the middle of the season and went on to be a finalist at conference in the 100 Fly and 50 Free events... also contributed on runner-up 200 Free Relay and 200 Medley Relay... swam season best time in the 100 Fly at the conference meet (49.62)... (PREP): attended Bingley Grammar HS... (PERSONAL): born April 9, 1968

# **BRAD HOFFMAN**

Freshman BELLE VERNON, PA

Will provide depth and speed in the backstroke events... also a threat to score well in the IM events at the Metro Conference Championships... has the potential to qualify for the NCAA meet... a solid worker and an excel-



lent student... top finalist at the spring and summer Junior National Swimming Championships... (PREP): Two-time High School State Champion in the 200 IM, holds every swimming record at Belle Vernon H.S... (PERSONAL): plans to major in Electrical Engineering... born March 19, 1972

#### TROY HOLLEMAN

Freshman DALLAS, TX

A tall sprinter who has the physical attributes to be a contributor... needs development in the weight room... an honor student... (PREP): an Academic All-American out of Klein Oak H.S... (PERSONAL): enrolled in Basic Studies... born June 15,1972



### DIETER HOLTZ

Junior MEXICO CITY, MEXICO

\*\*\*\* 1990 HM ALL-AMERICA

A versatile swimmer who is a threat in the IM, sprint and middle-distance free events... approaching NCAA standards in the 400 IM and 200 free... an excellent dual-meet swimmer who



had a number of great performances... will be counted on heavily throughout the season... (1989-90): split a (1:38.69) on the 800 Free relay at the NCAA Championships... placed third in the 400 IM and sixth in 200 IM at the conference championships... (1988-89): a triple finalist as a freshman at the Metro Conference Championships... finished sixth in the 200 IM with a (1:53.10)... also swam with the third place 400 Free relay team, replacing injured Skip Laing... (PREP): one of the best freestylers to come out of Latin America in recent years according to international swimming insiders... injury or illness kept him from completing full seasons in his final two years... (PERSONAL): a business major... born March 17,1969

### **CORY HRYNYK**

Sophomore BOCA RATON, FL

With another year of maturity and strength, will only continue to improve... is coming off an excellent summer season... adds depth to the breast-stroke events... swam a number of personal bests, 2:10.90 in the 200



breast and 1:58.45 in the 200 IM... (PREP): swam for state champion Spanish River HS as a junior... named team MVP as a sophomore... swam for powerful Mission Bay USS Club... (PERSONAL): enjoys skiing and playing the guitar... plans to major in Business... born June 13, 1971

# **CHRIS JONES**

Freshman PLANO, TX

A breaststroke specialist who has been a 59.5 and 2:09 in the 100 and 200 events... comes from a solid background of training and will provide depth in the breaststroke events... teammate of Sean McKenzie in Plano...



(PREP): was District Champion and a State Finalist at the Texas H.S. Swimming Championships... (PERSONAL): plans to major in Psychology... born April 17, 1971.

# DESMOND MUN KIT KOH

Freshman SINGAPORE

Just turned seventeen years of age making him the youngest swimmer on the squad... very versatile, can swim the breaststroke, and the IM events... will be looked to score big points at the



Metro Conference Championships... is an honor student... (PREP): attended the Anglo Chinese School... (PERSONAL): plans to major in Business... born May 19, 1973

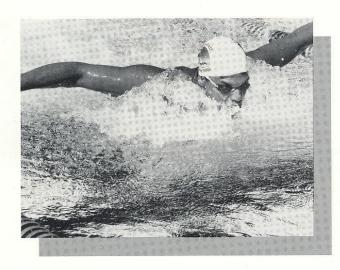
### SEAN McKENZIE

Freshman PLANO, TX

The most talented butterfly recruit in the last eight years... has posted a (1:48:87) in the 200 fly which is barely off NCAA qualifying standards... is an impact swimmer and has the potential to win at the Metro Conference Cham-



pionships... (PREP): comes out of the powerful City of Plano team where he developed under noted Coach Chris MacCurdy... All-America out of Plano East Senior High... competed in the 1990 United States Olympic Festival... (PERSONAL): enrolled in Basic Studies... born August 20, 1971



#### SCOTT MUNDELL

Junior WILMINGTON, DE

\*\*\*\* 1990 HONORABLE MENTION ALL-AMERICA

Came into his own midway last season... has all the physical tools to be one of the elite swimmers in the coun-

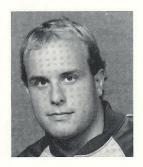


try... will be counted on heavily in the middle-distance and sprint free events, as well as the 100 fly... came up with several outstanding dual-meet performances... an excellent relay swimmer... still reaching his potential... (1989-90): a doublewinner against Florida in the 100 and 200 free... placed second in the 100 fly and sixth in both the 100 and 200 free at the Metro Conference Championships... split a (1:37.62) on the 800 free relay at the NCAA Championships... (1988-89): a vital member of several relays including three finalists... swam with second place 200 Free Relay and a pair of third place relays... placed seventh in the 100 Free... (PREP): an All-American and All-State choice out of Alexis I. Dupont HS... Junior National Champion in the 100 free... swam personal bests of (45.6) in the 100 free and (20.7) in the 50 free... a highly recruited baseball propspect who turned down a number of Division II offers... (PERSONAL): majoring in Physical Education... born September 16, 1970

#### DANE NELSON

Senior DANVILLE, IL

A five time Division III All-American transferring from Mt. Union College in Ohio... will walk-on the diving squad this season... should prove to be a good dual meet scorer come January... (1989-90): scored 11th in the 400 IM



at the Metro Conference Championships... (PREP): made the sectional and state finals for Schlarman HS... (PERSONAL): likes to play golf... father, Mick, is a well known coach in Illinois... a Physical Education major... born May 16, 1969



# MIKE RODER

Senior MORGANTOWN, WV

Coming off a great junior year that was capped off with NCAA qualifying time in the 100 breast (55.81) in the prelims at the Metro Conference Championships... swam close to his best times throughout the course of the season...



looks to be a legitimate contender for the top 16 at NCAA Championships... (1989-90): had an oustanding Alabama

meet with personal bests of (2:03.61) in the 200 breast, and (56.70) in the 100 breast... finished third and sixth in the 100 and 200 breast events at the conference championships... (1988-89): a solid performer who was a finalist in the breast-stroke events... finished second in the 200 Breast at the conference championships with a season best (2:05.23)... (1987-88): named team's most improved swimmer... swam his best race of the year at the Metro Championships with a (2:06.09) in the 200 breast... finished eighth in the 100 breast with a (57.42)... (PREP): state champion at Morgantown HS... (PERSONAL): a Criminoloy major... born December 15, 1968

#### **CHARLIE ROSE**

Senior ALTAMONTE SPRINGS, FL

\*\*\*\* SCHOOL RECORD HOLDER

\*\*\*\* FOURTIME MACCABIAH GAMES
GOLD MEDALIST

\*\*\*\* 1990 HONORABLE MENTION ALL-AMERICA



Probably one of the most talented allaround athletes on the squad... just missed qualifying for NCAA Championships in the 400 IM... is a burner in the sprint free events and is the squad's top backstroker... selected as a team captain... broke two individual school records in the 200 back (1:50.82) and 400 IM (3:56.26)... is known for his outstanding relay splits... (1988-89): teams top scorer at the Metro Championships... a three-time finalist as an individual and as a member of a relay team... placed third in the 200 Back after breaking school record with a (1:51.53) earlier in the year... was third in the 200 Free and swam with a second place and a pair of third place relays... (1987-88): one of the teams most consistant performers as a freshman... member of the 800 free relay that competed at the NCAA Championships... finished seventh in the 200 back and 200 IM at the Metro meet... (PREP): a five-time All-American out of Lyman HS... won state championships in both junior and senior seasons... considered by many recruiters as the top prospect in the talent-rich Orlando area as a senior... (PERSONAL): a Physical Rehabilitation major... born March 21, 1969

# **GRANT SEGAL**

Junior CHAMBLEE, GA

Will continue to add depth on both boards... has shown considerable improvement from last season... (1989-90): combined with Foster to add depth in dual meet competition... (1988-89): named Most Improved male diver...



(PREP): two-time county champion out of Chamblee HS... (PERSONAL): a Business major... born October 14, 1970

#### **EMMETT SMITH**

Freshman MATAIRIE, LA

A very versatile swimmer... will add depth and strength to the middle-distance free events and butterfly events... state champion in the 100 and 500 free. (PERSONAL): enrolled basic studies... born September 9, 1972



# The men assaulted the Seminole record book by shattering eight school records last season.

#### **GEORGE WILLARD**

Freshman WILLINGBORO, NJ

Another valuable asset that can swim the backstroke and the IM events... will combine with Hoffman and Rose as a 1-2-3 combination and in the 200 backstroke... comes from the highly acclaimed coach John Carroll of the



Jersey Wahoos Swim Club... (PREP): All-America out of Willingboro H.S... (PERSONAL): plans to major in Pre-Med... born September 21, 1971

#### **CRAIG ZETTLE**

Senior NAPLES, FL

\*\*\*\* SCHOOL RECORD HOLDER

Enters his final season as one of the elite sprint breaststrokers in the country... selected as a team captain... qualified for the NCAA Championships last season in the 100



breaststroke... is a threat in the sprint free events as well... a vital leg to the medley relay... will team with Mike Roder to make for a lethal combination in the breaststroke events... (1989-90): captured his second consecutive Metro title in the 100 breast... also finished 11th and 12th in the 200 breast and 50 free... (1988-89): Metro Champion in the 100 Breast with a (56.14) the men's only champion... also swam with the runnerup 200 Free Relay and 200 Medley Relay teams... (JUCO): trained under SWIMFLORIDA head coach Mac Kennedy at Edison Community College... qualified for the Olympic Trials in the 100 breast with a (55.8.)... (PREP): an All-County selection and team captain who earned four letters... didn't attract many scholarship offers out of high school and went to Edison CC where he blossomed into an excellent college prospect... (PERSONAL): enjoys shark fishing... majoring in Physical Education... born March 6, 1967

# LADY SEMINOLE RECORDS

#### **ALL-AMERICANS**

#### INDIVIDUAL

| Year   | Name                   | Event                       |
|--------|------------------------|-----------------------------|
| 1976   | Laura Barber           | 50 and 100 backstroke       |
| 1977   | Laura Barber           | 100 backstroke              |
|        | Susie Yates            | 50 freestyle                |
| W-2-12 | Jana Wilkins           | 100 butterfly               |
| 1978   | Terri Miller           | 400 IM and 1650 freestyle   |
|        | Jana Wilkins           | 50 and 100 butterfly        |
| 1980   | Sharon Spuler          | 50 breaststroke             |
|        | Lisa Nencioni          | 100 breaststroke            |
|        | Lenore Gribble         | 100 butterfly               |
| 1981   | Sharon Spuler          | 50 breaststroke             |
|        | Lenore Gribble         | 50 and 100 butterfly        |
|        | Meg McCully            | 50 and 100 backstroke       |
| 1982   | Sharon Spuler          | 50 and 100 breaststroke     |
|        | Lenore Gribble         | 50 and 100 butterfly        |
|        | Meg McCully            | 50, 100, and 200 backstroke |
|        | Kim Foster             | 200 backstroke              |
|        | Laurie Lehner          | 50 and 100 butterfly        |
|        |                        | 50 and 100 freestyle        |
| 1983   | Sara Linke             | 200 and 500 freestyle       |
| 1984   | Sara Linke             | 200 and 500 freestyle       |
| 1985   | Wendy Fuller           | One Meter Diving            |
| 1988   | Kathy Isackson (HM)    | 100 and 200 butterfly       |
| 1989   | Kathy Isackson (HM)    | 100 butterfly               |
|        | Danielle Van Dyke (HM) | 100 breast                  |

#### 200 Freestyle Relay

| 1976 | Laura Barber, Kim Reeves, Patty Taylor, Ritchie Dorrier  |
|------|--|
| 1977 | Laura Barber, Ritchie Dorrier, Susie Yates, Jana Wilkins |
| 1982 | Sharon Spuler, Lenore Gribble, Laurie Lehner,            |
|      | Simone Kusseling   |

#### 200 Medley Relay

| Terri Winkling, Kim Krueger, Jana Wilkins, Susie Yates |
|--|
| Laura Barber, Jeanne Dowdle, Jana Wilkins,             |
| Jackie Bajus, Lisa Davidson                            |
| Kim Dunlop, Sharon Spuler, Lenore Gribble,             |
| Jeanne Dowdle  |
| Meg McCully, Sharon Spuler, Lenore Gribble, Kim Foster |
| Meg McCully, Sharon Spuler, Laurie Lehner,             |
| Simone Kusseling                                       |
| Stacia Evans, Jenifer Hazard, Kathy Isackson,          |
| Krissy Myers (HM)                                      |
|  |

#### **400 Freestyle Relay**

|      | -  |
|------|--|
| 1976 | Laura Barber, Kim Reeves, Ritchie Dorrier,<br>Kathy MacHardy |
| 1977 | Laura Barber, Ritchie Dorrier, Jana Wilkins, Susie Yates     |
| 1978 | Terri Miller, Jeanne Dowdle, Laura Barber, Jana Wilkins      |
| 1979 | Jeanne Dowdle, Lisa Davidson, Kim Dunlop, Kathi Miller       |
| 1982 | Sharon Spuler, Laurie Lehner, Lenore Gribble, Stacey Deck    |
|      |  |

#### 400 Medley Relay

| 1981 | Meg McCully, Sharon Spuler, Lisa Nencioni, |
|------|--|
|      | Lenore Gribble                             |
| 1982 | Meg McCully, Sharon Spuler, Lisa Nencioni, |
|      | Lenore Gribble                             |

#### 800 Freestyle Relay

| 1977 | Laura Barber, Sara Shuster, Nancy Pfaff, Beth Jones    |
|------|--|
| 1978 | Terri Miller, Jackie Bajus, Jana Wilkins, Sara Shuster |





#### **SWIMMING RECORDS**

| Event            | Time     | Holder  |
|------------------|----------|---|
| 50 Free          | 22.77    | Laurie Lehner (1982)                              |
| 100 Free         | 50.01    | Laurie Lehner (1982)                              |
| 200 Free         | 1:49.39  | Sara Linke (1984)                                 |
| 500 Free         | 4:45.80  | Sara Linke (1984)                                 |
| 1000 Free        | 10:01.62 | Missy Connolly (1990)                             |
| 1650 Free        | 16:39.79 | Missy Connolly (1990)                             |
| 50 Back          | 27.06    | Meg McCully (1982)                                |
| 100 Back         | 57.71    | Meg McCully (1982)                                |
| 200 Back         | 2:04.04  | Meg McCully (1982)                                |
| 50 Breast        | 29.81    | Sharon Spuler (1982)                              |
| 100 Breast       | 1:03.86  | Danielle Van Dyke (1989)                          |
| 200 Breast       | 2:17.87  | Danielle Van Dyke (1989)                          |
| 50 Fly           | 24.48    | Laurie Lehner (1982)                              |
| 100 Fly          | 53.42    | Laurie Lehner (1982)                              |
| 200 Fly          | 2:00.99  | Kathy Isackson (1988)                             |
| 100 IM           | 58.37    | Natalie Deschamps (1983)                          |
| 200 IM           | 2:04.97  | Natalie Deschamps (1983)                          |
| 400 IM           | 4:24.62  | Natalie Deschamps (1983)                          |
| 200 Medley Relay | 1:42.86  | McCully, Spuler, Lehner,<br>Kusseling (1982)      |
| 400 Medley Relay | 3:49.17  | Steinberg, VanDyke, Isackson<br>Harrington (1990) |
| 200 Free Relay   | 1:33.50  | Lehner, Spuler, Kusseling,<br>Gribble (1982)      |
| 400 Free Relay   | 3:26.52  | VanDyke, Myers, Isackson,<br>Harrington (1990)    |
| 800 Free Relay   | 7:32.26  | Proctor, Acre, Hoffman, Linke<br>(1984)           |
| I Meter Diving   |          | (1004)  |
| 11 Dives         | 431.60   | Wendy Fuller (1985)                               |
| 6 Dives          | 276.40   | Wendy Fuller (1986)                               |
| 3 Meter Diving   |          | 3, ()   |
| 11 Dives         | 470.00   | Jane Alexander (1984)                             |
| 6 Dives          | 298.85   | Patsy O'Toole (1986)                              |
|                  |          |   |

# 1989-90 WOMEN'S RESULTS (10-5-0)

| Tampa             | 119-57 | W |
|-------------------|--------|---|
| Miami (FL)        | 62-51  | W |
| North Carolina St | 141-88 | W |
| Harvard           | 42-98  | L |
| Maryland          | 75-65  | W |
| Southern Illinois | 81-59  | W |
| Alabama           | 44-98  | L |
| Houston           | 69-71  | L |
| Georgia           | 99-145 | L |
| Louisiana St      | 64-48  | W |
| Colorado St       | 67-44  | W |
| NE Louisiana      | 63-10  | W |
| Florida Atlantic  | 77-54  | W |
| Georgia State     | 91-37  | W |
| Florida           | 26-83  | L |

# 1990 METRO CONFERENCE RESULTS

| 1. South Carolina | 387 |
|-------------------|-----|
| 2. Florida State  | 324 |
| 3. Cincinnati5    | 686 |
| 4. Virginia Tech4 | 187 |
| 5. Louisville2    | 286 |

- ★ The Lady Noles were able to set four new school records during the course of the 1989-90 season.
- ★ The women's squad 824 points were the most points ever scored by a Seminole team in the Metro Conference Championships.
- ★ The Lady Noles placed eleven athletes on the Metro Commissioner's List of Academic Achievement (3.0 or better). This was the highest number of all the women's sports at FSU.



### **SWIMMING THROUGH THE YEARS**

| Year | Coach                  | W   | L  | T | Pct  |
|------|------------------------|-----|----|---|------|
| 1976 | Terry Maul             | 2   | 4  | 0 | .333 |
| 1977 | Terry Maul             | 8   | 4  | 0 | .666 |
| 1978 | Terry Maul             | 6   | 3  | 0 | .666 |
| 1979 | Terry Maul             | 10  | 2  | 0 | .833 |
| 1980 | Terry Maul             | 9   | 3  | 0 | .750 |
| 1981 | Terry Maul             | 11  | 1  | 0 | .910 |
| 1982 | Terry Maul             | 6   | 2  | 0 | .750 |
| 1983 | Terry Maul             | 6   | 3  | 0 | .666 |
| 1984 | Terry Maul             | 7   | 2  | 1 | .720 |
| 1985 | Terry Maul             | 3   | 6  | 0 | .333 |
| 1986 | Terry Maul             | 7   | 5  | 0 | .583 |
| 1987 | Terry Maul/Bill Shults | 7   | 4  | 0 | .636 |
| 1988 | Terry Maul/Bill Shults | 9   | 3  | 0 | .750 |
| 1989 | Terry Maul/Bill Shults | 8   | 5  | 0 | .615 |
| 1990 | Terry Maul/Bill Shults | 10  | 5  | 0 | .666 |
|      | Totals                 | 109 | 52 | 1 | .677 |

# FSU WOMEN'S SWIMMING AND DIVING RECORD VS. ALL OPPONENTS

| Opponents           | W   | L   | T | Pct   |
|---------------------|-----|-----|---|-------|
| Alabama             | 5   | 5   | 0 | .500  |
| Auburn              | 3   | 2   | 0 | .600  |
| Brenau College      | 5   | 1   | 0 | .833  |
| Brevard CC          | 1   | 0   | 0 | 1.000 |
| Charleston College  | 1   | 0   | 0 | 1.000 |
| Cincinnati          | 0   | 1   | 0 | .000  |
| Clemson             | 0   | 1   | 1 | .000  |
| Colorado St         | 1   | 0   | 0 | 1.000 |
| Daytona Beach CC    | 6   | 0   | 0 | 1.000 |
| East Carolina       | 1   | 0   | 0 | 1.000 |
| Florida             | 0   | 15  | 0 | .000  |
| Florida Atlantic    | 4   | 0   | 0 | 1.000 |
| Furman              | 1   | 0   | 0 | 1.000 |
| Georgia             | 5   | 7   | 0 | .417  |
| Georgia Southern    | 2   | . 0 | 0 | 1.000 |
| Georgia State       | 2   | 0   | 0 | 1.000 |
| Harvard             | 0   | 1   | 0 | .000  |
| Houston             | 0   | 1   | 0 | .000  |
| Indian River CC     | 7   | 2   | 0 | .750  |
| Louisiana State     | 2   | 3   | 0 | .400  |
| Maryland            | 3   | 0   | 0 | 1.000 |
| Miami (FL)          | 8   | 5   | 0 | .633  |
| Miami (OH)          | 1   | 0   | 0 | 1.000 |
| Michigan State      | 1   | 0   | 0 | 1.000 |
| Miss. UWomen        | 2   | 0   | 0 | 1.000 |
| Nebraska            | 3   | 0   | 0 | 1.000 |
| New Orleans         | 2   | 0   | 0 | 1.000 |
| North Carolina      | 0   | 1   | 0 | .000  |
| North Carolina St   | 2   | 2   | 0 | .500  |
| Northeast Louisiana | 5   | 0   | 0 | 1.000 |
| Ohio State          | 1   | 0   | 0 | 1.000 |
| Oklahoma State      | 1   | 0   | 0 | 1.000 |
| South Carolina      | 3   | 3   | 1 | .500  |
| South Florida       | 11  | 1   | 0 | .917  |
| Southern Illinois   | 1   | 0   | 0 | 1.000 |
| Southern Miss       | 2   | 0   | 0 | 1.000 |
| Tampa               | 7   | 0   | 0 | 1.000 |
| Tennessee           | ^ 2 | 0   | 0 | 1.000 |
| Tulane              | 6   | 0   | 0 | 1.000 |
| Virginia Tech       | 1   | 0   | 0 | 1.000 |
| West Virginia       | 1   | 0   | 0 | 1.000 |
| Totals              | 109 | 52  | 2 | .677  |

# SEMINOLE RECORDS

#### **ALL-AMERICANS**

#### INDIVIDUAL

| Year | Name             | Event                      |
|------|------------------|----------------------------|
| 1950 | Roger Slater     | One-Meter Diving           |
| 1951 | Roger Slater     | One and Three Meter Diving |
| 1954 | Ernest Stock     | 100 Breaststroke           |
| 1959 | Buck Hiles       | 400 Freestyle              |
|      | Curt Genders     | One-Meter Diving           |
|      | Robert Weber     | One and Three Meter Diving |
| 1961 | *Curt Genders    | One and Three Meter Diving |
|      | Buck Hiles       | 100 Butterfly              |
| 1962 | Paul Thompson    | 220 and 440 Freestyle      |
| 1969 | Phil Boggs       | One Meter Diving           |
| 1970 | Phil Boggs       | One and Three Meter Diving |
|      | Dean Jerger      | 50 Freestyle               |
| 1971 | *Phil Boggs      | One and Three Meter Diving |
|      | Dean Jerger      | 50 Freestyle               |
| 1978 | Steve Allbritton | 50 Freestyle               |
| 1979 | Kevin Connell    | 200 Breaststroke           |
| 1985 | Dan Akre         | 200 Breaststroke           |
|      | Mike Kowalski    | 100 Backstroke             |
| 1986 | Mike Kowalski    | 100 Backstroke             |

#### 800 Freestyle

| 1974 | John Hegert, Bob Horne, Steve Meisel, Cliff Schlak    |
|------|---|
| 1976 | Larry Brown, Steve Meisel, Mike Grattan, Cliff Schlak |
| 1990 | Vance Tankersley, Dieter Holtz, Scott Mundell,        |
|      | Charlie Rose (HM)                                     |
|      | *National Champions                                   |
|      |   |

### **SWIMMING RECORDS**

| Event            | Time     | Holder                                     |
|------------------|----------|--|
| 50 Free          | 20.30    | Pat McConnell (1986)                       |
| 100 Free         | 44.91    | Skip Laing (1989)                          |
| 200 Free         | 1:38.51  | Vance Tankersley (1990)                    |
| 500 Free         | 4:25.10  | Vance Tankersley (1988)                    |
| 1000 Free        | 9:18.85  | Henrick Jangvall (1987)                    |
| 1650 Free        | 15:26.85 | Henrick Jangvall (1987)                    |
| 100 Back         | 46.37    | Mike Kowalski (1986)                       |
| 200 Back         | 1:50.82  | Charlie Rose (1990)                        |
| 100 Breast       | 55.64    | Craig Zettle (1990)                        |
| 200 Breast       | 2:01.27  | Dan Akre (1985)                            |
| 100 Fly          | 48.88    | Sam Seiple (1982)                          |
| 200 Fly          | 1:48.32  | David DeGruchy (1984)                      |
| 200 IM           | 1:50.96  | David DeGruchy (1984)                      |
| 400 IM           | 3:56.26  | Charlie Rose (1990)                        |
| 400 Medley Relay | 3:21.29  | Kowalski, Akre, Muller,                    |
|                  |          | McConnell (1986)                           |
| 400 Free Relay   | 2:59.90  | Mundell, Feldman, Muller,<br>Rose (1990)   |
| 800 Free Relay   | 6:33.98  | Tankersley, Holtz, Mundell,<br>Rose (1990) |
|                  |          |  |

| 1 Meter Diving             |        |                      |
|----------------------------|--------|----------------------|
| 11 Dives                   | 538.65 | Benoit Seguin (1988) |
| 6 Dives                    | 360.90 | Phil Boggs (1971)    |
| 3 Meter Diving<br>11 Dives | 552.93 | Phil Boggs (1971)    |

# SWIMMING THROUGH THE YEARS

Coach

|      |                        | 200 |     | 70 |       |
|------|------------------------|-----|-----|----|-------|
| 1949 | Bim Stults             | 3   | 5   | 0  | .375  |
| 1950 | Bim Stults             | 7   | 2   | 0  | .778  |
| 1951 | Bim Stults             | 7   | 0   | 0  | 1.000 |
| 1952 | Bim Stults             | 5   | 2   | 1  | .714  |
| 1953 | Bim Stults             | 7   | 1   | 0  | .875  |
| 1954 | Bim Stults             | 9   | 0   | 0  | 1.000 |
| 1955 | Bim Stults             | 6   | 0   | O  | 1.000 |
| 1956 | Bim Stults             | 9   | 2   | O  | .818  |
| 1957 | Bim Stults             | 9   | 3   | 0  | .750  |
| 1958 | Bim Stults             | 10  | 1   | 1  | .909  |
| 1959 | Bim Stults             | 8   | 1   | 0  | .889  |
| 1960 | Bim Stults             | 10  | 0   | 0  | 1.000 |
| 1961 | Bim Stults             | 9   | 1   | 0  | .900  |
| 1962 | Bim Stults             | 11  | 1   | 0  | .917  |
| 1963 | Bim Stults             | 6   | 3   | 0  | .666  |
| 1964 | Bim Stults             | 7   | 0   | 0  | 1.000 |
| 1965 | Bim Stults             | 9   | 0   | 0  | 1.000 |
| 1966 | Bim Stults             | 7   | 1   | 0  | .875  |
| 1967 | Bim Stults             | 9   | 2   | 0  | .818  |
| 1968 | Bim Stults             | 4   | 4   | 0  | .500  |
| 1969 | Bim Stults             | 8   | 2   | 0  | .800  |
| 1970 | Bim Stults             | 8   | 3   | 0  | .727  |
| 1971 | Bim Stults             | 8   | 3   | 0  | .727  |
| 1972 | Bim Stults             | 4   | 6   | 0  | .400  |
| 1973 | Bim Stults             | 5   | 5   | 0  | .500  |
| 1974 | Terry Carlisle         | 4   | 5   | 0  | .444  |
| 1975 | Terry Carlisle         | 5   | 4   | 0  | .556  |
| 1976 | Terry Carlisle         | 6   | 3   | 0  | .667  |
| 1977 | Terry Carlisle         | 5   | 5   | 0  | .500  |
| 1978 | John Stafford          | 9   | 2   | 0  | .818  |
| 1979 | John Stafford          | 6   | 2   | 0  | .750  |
| 1980 | John Stafford          | 5   | 5   | 0  | .500  |
| 1981 | John Stafford          | 4   | 5   | 0  | .444  |
| 1982 | John Stafford          | 6   | 2   | 0  | .750  |
| 1983 | Bill Shults            | 5   | 3   | 0  | .625  |
| 1984 | Bill Shults            | 3   | 9   | 0  | .333  |
| 1985 | Bill Shults            | 4   | 4   | 0  | .500  |
| 1986 | Bill Shults            | 8   | 5   | 0  | .615  |
| 1987 | Bill Shults/Terry Maul | 7   | 4   | 0  | .636  |
| 1988 | Bill Shults/Terry Maul | 8   | 3   | 0  | .727  |
| 1989 | Bill Shults/Terry Maul | 5   | 5   | 0  | .500  |
| 1990 | Bill Shults/Terry Maul | 7   | 4   | 0  | .636  |
|      | Totals                 | 282 | 118 | 2  | .701  |
|      |                        |     |     |    |       |
|      |                        |     |     |    |       |

# 1989-90 MEN'S RESULTS

(7-4-0)

| Tampa             | 112-63    | W |
|-------------------|-----------|---|
| Miami (FL)        | 61-52     | W |
| North Carolina St | 115-128   | L |
| Southern Illinois | 57.5-75.5 | L |
| Alabama           | 38-91     | L |
| Maryland          | 73-40     | W |
| Georgia           | 142-99    | W |
| Louisiana State   | 59-54     | W |
| NE Louisiana      | 65-42     | W |
| Florida           | 37-76     | L |
|                   |           |   |

# 1990 METRO CONFERENCE RESULTS

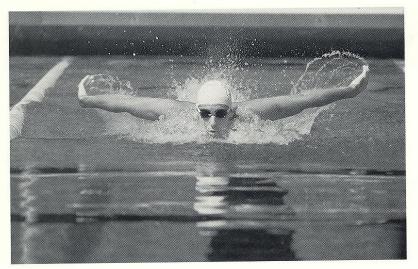
| 1. South Carolina | 962.5 |
|-------------------|-------|
| 2. Florida State  | 746.0 |
| 3. Virginia Tech  | 498.0 |
| 4. Cincinnati     | 272.5 |
| 5. Louisville     | 232.0 |
|                   |       |

- ★ The men assaulted the Seminole record books by shattering eight school records last season.
- ★ Junior Scott Mundell achieved a rare double-win (100 and 200 free) in a loss to the Florida Gators in Gaineville.
- ★ The men's squad scored the most points ever in a second-place finish at the Metro Conference Championships.
- ★ Seventy percent of last year's senior class graduated or is on course to graduate this fall.



# FSU MEN'S SWIMMING AND DIVING RECORD VS. ALL OPPONENTS

| Opponent             | W   | L   | т | Pct   |
|----------------------|-----|-----|---|-------|
| Alabama              | 8   | 5   | 0 | .667  |
| Arkansas             | 0   | 1   | 0 | .000  |
| Auburn               | 0   | 7   | 0 | .000  |
| Bethany              | 1   | 0   | 0 | 1.000 |
| Birmingham Southern  | 1   | 0   | 0 | 1.000 |
| Brevard CC           | 1   | 0   | 0 | 1.000 |
| Bowling Green        | 2   | 0   | 0 | 1.000 |
| Cincinnati           | 0   | 1   | 0 | .000  |
| Clemson              | 5   | 0   | 0 | 1.000 |
| Daytona Beach CC     | 5   | 0   | 0 | 1.000 |
| Drexel               | 1   | 0   | 0 | 1.000 |
| Duke                 | 1   | 0   | 0 | 1.000 |
| East Carolina        | 13  | 1   | 1 | .930  |
| Emory                | 11  | 1   | 0 | .917  |
| Evansville           | 4   | 0   | 0 | 1.000 |
| Florida              | 21  | 32  | 1 | .389  |
| Furman               | 2   | 0   | 0 | 1.000 |
| Georgia              | 38  | 12  | 1 | .745  |
| Georgia Southern     | 1   | 0   | 0 | 1.000 |
| Georgia State        | 2   | 0   | 0 | 1.000 |
| Georgia Tech         | 18  | 1   | 1 | .947  |
| Indian River CC      | 9   | 0   | 0 | 1.000 |
| Jacksonville Navy    | 4   | 0   | 0 | 1.000 |
| Kentucky             | 4   | 0   | 0 | 1.000 |
| LaSalle              | 1   | 0   | 0 | 1.000 |
| Louisiana State      | 4   | 4   | 0 | .500  |
| Louisville           | 2   | 0   | 0 | 1.000 |
| Maryland             | 3   | 0   | 0 | 1.000 |
| Miami (FL)           | 17  | 16  | 0 | .515  |
| Miami (OH)           | 2   | 0   | 0 | 1.000 |
| North Carolina       | 10  | 4   | 0 | .714  |
| UNC-Wilmington       | 1   | 0   | 0 | 1.000 |
| North Carolina State | 1   | 8   | 0 | .111  |
| NE Louisiana         | 5   | 0   | 0 | 1.000 |
| NW Louisiana         | 1   | 0   | 0 | 1.000 |
| Oberlin              | 1   | 0   | 0 | 1.000 |
| Pensacola Navy       | 2   | 2   | 0 | .500  |
| St. Bonaventure      | 1   | 0   | 0 | 1.000 |
| Rice                 | 2   | 0   | 0 | 1.000 |
| Suwanee              | 4   | 0   | 0 | 1.000 |
| South Carolina       | 9   | 8   | 0 | .529  |
| South Florida        | 22  | 0   | 0 | 1.000 |
| Southern Illinois    | 0   | 2   | 0 | .000  |
| Southern Methodist   | 2   | 4   | 0 | .333  |
| Southern Mississippi | 2   | 0   | 0 | 1.000 |
| Tampa                | 6   | 1   | 0 | .857  |
| Tennessee            | 0   | 4   | 0 | .000  |
| Texas A&M            | 8   | 1   | 0 | .888  |
| Tulane               | 19  | 5   | 0 | .792  |
| Vanderbilt           | 1   | 0   | 0 | 1.000 |
| Virginia Tech        | 1   | 0   | 0 | 1.000 |
| Wake Forest          | 1   | 0   | 0 | 1.000 |
| West Virginia        | 1   | 0   | 0 | 1.000 |
| Totals               | 281 | 120 | 2 | .701  |



Charlie Rose

#### COACHES

| HEAD COACH        | Terry Maul                         |
|-------------------|------------------------------------|
|                   | (Florida State '69)                |
| ASSOCIATE COACH   | Bill Shults<br>(New Hampshire '76) |
| DIVING COACH      | Gary Cole<br>(Bowling Green '75)   |
| ASSISTANT COACHES | Sid Cassidy                        |

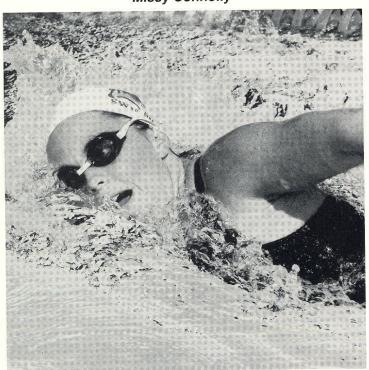
Marian Cassidy (Pittsburgh '88)

(N.C. State '77)

### **FAST FACTS**

- ★★ The men assaulted the Seminole record book by shattering eight school records last season.
- ★★ The men and women's combined point totals at the Metro Conference Championships were the most in Seminole history.
- ★★ Seventy percent of the 86-87 men's recruiting class graduated from last year's swimming team.
- ★★ The Lady Noles placed eleven athletes on the Metro Commissioner's List of Academic Achievement (3.0 or better).
- ★★ The Seminoles are internationally represented with nine swimmers hailing from six different countries. The following is breakdown: Australia (John Bates), England (Richard Greenwood), Canada (Nada Cenanovic), Mexico (Deiter Holtz, Pablo Garcia-Aguilar, Jose Guttierrez, Aurora Valseca), Singapore (Desmond Mun Kit Koh), and Denmark (Kirsten Harrington).

Missy Connolly



Merrie Brennan



# THIS IS FLORIDA STATE

lorida State University, expanding on its long-standing reputation in the performing arts, will soon be the professional training ground for one of the state's fastest growing industries—the motion picture and television industry.

Keeping pace with professional film studios opening this year in Florida, FSU is embarking on a new project that will eventually train 150 graduate and undergraduate students each year-putting jobs in Florida films in the hands of Florida residents. Admitting its first students this fall, the new School of Motion Picture, Television and Recording Arts will offer a bachelor of fine arts degree program in film production and management at the Tallahassee campus and a master of fine arts degree program at the FSU Motion Picture, Television and Recording Arts Conservatory at the Asolo Performing Arts Center in Sarasota.

Florida State's entry into film education complements both its commitment to nationally respected programs in music, dance and theater, led by highly credited faculty and well-known professional artists-in-residence, and to its high standing as a research institution.

Florida State is a public, coeducational university with more than 26,000 students enrolled. A senior member of the State University System, FSU was founded in 1851 by a legislative act that provided for two institutions of higher learning, one east and one west of the Suwannee River, and began operating in Tallahassee with its first students in 1857.

Today, the main campus is spread over 347 acres in Tallahassee; the University owns a total of 1,167 acres in Leon, Bay and Franklin counties.

Florida State's operating budget is \$323 million. Faculty and administrators generate more than \$50 million annually in external funding to supplement state-sponsored research, and the private, non-profit FSU Foundation raised \$15 million in private gifts during the past fiscal year to support academics.

The University's academic programs are divided among eight colleges—Arts and Sciences, Business, Communication, Education, Engineering, Human Sciences (formerly Home Economics), Law and Social Sciences—and seven schools—Criminology, Library and Informational Studies, Music, Nursing, Social Work, Theatre, and Visual Arts and Dance. FSU offers more than 275 graduate and undergraduate degree programs.

With 1,450 members, the FSU faculty boasts renowned scholars, and has included four

Nobel laureates. It currently includes four members of the American Academy of Arts and Sciences. The faculty is backed by 2,750 administrative, professional and support staffers.

Library holdings at Florida State include 1.7 million book titles, 18,000 serials, and 3.1 million microforms. The main library facility, the Robert M. Strozier Library, is linked via a computerized information system to other campus libraries and other state university research centers, as well as to the nation's outstanding research centers. Opened in fall 1988, the Paul A.M. Dirac Science Center Library places scientific library resources close by the university's main science research complex.

On the top floor of the Dirac Library is the Supercomputer Computations Research Institute, a multidisciplinary program that brings together some 50 scientists, engineers and technicians to develop computational techniques using high-performance computers. Electronically linked to an offcampus research complex, SCRI is home to two of the world's fastest and most powerful supercomputers, including the ETA 10, which is capable of performing 10 billion calculations per second. Faculty members and graduate students in a variety of disciplines, as well as visitors from other universities around the world, are attracted to the research possibilities of these computing dynamos. Examples of super-computing applications are underground pollution studies, weather forecasting, the motion of DNA molecules, and probabilities in the state lottery.

Also providing unique research opportunities is the Tandem Van de Graaff Superconducting Accelerator Laboratory in the department of physics. It houses two powerful atom smashers and is ranked among the top four such laboratories in the nation by the National Science Foundation.

FSU extends it reach far outside of Florida by means of international study programs in England, Italy, Switzerland, Yugoslavia, France, Panama, Costa Rica and the West Indies. Within the state, it spreads 45 miles south to its marine laboratory on the Gulf of Mexico, west to its 20-acre campus in Panama City, and south to its professional programs at the Asolo State Theater in Sarasota and the Burt Reynolds Institute for Theatre Training in Jupiter.

The Center for Professional Development and Public Service, housed in the Florida State Conference Center located on the edge of the main campus, last year extended the University's services in credit and non-credit continuing education activities to 78,000 participants from Pensacola to Miami.

Recent growth during Dr. Bernard F. Sliger's 12-year presidency at FSU includes the student union complex expansion, the building for the joint Florida A&M University/Florida State University College of Engineering, the Village Green project at the College of Law, the the new FSU Panama City Campus, which offers students in Florida's Panhandle the opportunity to pursue bachelor's and master's degrees. Recent renovation projects include the Westcott Building, Ruby Diamond Auditorium, and Dodd and Bryan halls. Currently under construction is a new student recreation center.

The needs and interests of all its students rate high on the priority list at Florida State. Recognized as one of the nation's top universities in minority retention, FSU is among the 22 percent of colleges and universities that account for nearly 80 percent of all bachelor's degrees awarded to minority students. Indeed, Florida State's performance in retaining black students has been such that the University was selected by the U.S. Department of Education for a study of successful minority-retention policies and practices.

The one-of-a-kind, all-collegiate Flying High Circus, where students in every major may become stars on the high wire or trapeze, is but one of many extracurricular activities available to students at Florida State. The Honors and Scholars program, student government and intramural sports are among more than 200 organizations in which students can participate. Additionally, programs such as the FSU Artist Series and Distinguished Lecture Series, which bring top-caliber performers and well-known personalities to the campus, serve to broaden the horizons of Florida State students.

Florida State bonds the educational and social aspects of campus life, just as it blends Gothic and modern styles of architecture with the oaks, pines, palms, azaleas and dogwood of North Florida and with the thriving capital city, Florida's hub of state government.

Florida State remains a growing institution—from its roots as the Seminary West of the Suwannee, through the early 20th century as the academically respected Florida State College for Women, to its coeducational status as a university in 1947, and its modern development as an acclaimed research institution, a top-ranked competitor in athletics and as a standard-setter in the performing arts. In all areas of teaching, research and service, Florida State University continues to build on its national stature.

