

# FLORIDA STATE

# SWIM



# DIVE



# 2014-15 Media Guide

# FLORIDA STATE®

## 2014 - 15 Swimming and Diving Quick Facts

Location..... Tallahassee, Fla.  
 Founded..... 1851  
 Enrollment ..... (as of 2013) 41,477  
 Symbol..... Seminoles  
 Colors Garnet and Gold  
 Conference..... Atlantic Coast Conference  
 President..... Garnett S. Stokes (Interim)  
 Athletics Director..... Stan Wilcox  
 Associate AD..... Vanessa Fuchs

Head Coach..... Frank Bradley (Second)  
 Alma Mater..... Florida State '97  
 Assistant Coach..... Andy Robins (19th)  
 Alma Mater..... William & Mary '83  
 Assistant Coach..... Matthew McVittie (Second)  
 Alma Mater..... Florida State, '98  
 Assistant Coach..... Katie Gardocki (Second)  
 Alma Mater..... Auburn '13  
 Head Diving Coach..... John Proctor  
 Alma Mater..... Texas - Permian Basin  
 Director of Operations..... Pat Blom  
 Alma Mater..... Wingate '09  
 Office 850.644.7665  
 Home Venue..... Morcom Aquatics Center  
 Capacity..... 1,250  
 Address..... 2560 Pottsdamer Street.  
 Tallahassee, FL 32310

First Year..... 1949  
 All-Time Record..... M 457-192-2 (.702)  
 W 318-134-2 (.898)

**Women**  
 2013-14 Overall Record..... 7-2  
 2013 - 14 ACC Record..... 3-0  
 2013 - 14 ACC Finish..... 3rd  
 2013- 14 NCAA Finish ..... 30th

**Men**  
 2013 - 14 Overall Record..... 4-1  
 2013 - 14 ACC Record..... 2-0  
 2013 - 14 ACC Finish..... 5th  
 2013- 14 NCAA Finish ..... 14th

Twitter..... @FSU\_Swimming  
 Facebook..... Facebook.com/FSUSwimming&Diving  
 SID ..... Elliott Finebloom  
 Swim & Dive SID..... Christa Salerno  
 SID Office ..... 850.644.5653  
 SID Email..... csalerno@fsu.edu  
 Web site..... seminole.com  
 Mailing Address..... 403 Stadium Drive W.  
 Tallahassee, Fla. 32306

**SEMINOLES BY CLASS**  
 Freshmen (M -13 , W - 14 = 27)  
 Sophomores (M - 9, W - 6 = 15)  
 Juniors (M - 8, W - 7 = 15)  
 Seniors (M - 7, W - 4 = 11)

**SEMINOLES BY STROKE/EVENT**  
 Free (M - 16, W - 15)  
 Sprint : 11,10  
 Middle Distance : 3,2  
 Distance : 2,3  
 Back ( M - 4, W - 5)  
 Breast (M - 8, W - 7 )  
 Fly ( M - 9, W - 9)  
 IM ( M - 7, W - 4)  
 Diving: (M - 4, W - 4)

### 2014-15 Florida State Swimming and Diving Support Staff



**Kim Hinckley**  
Facilities



**Brian Baldwin**  
Athletic Training



**Erin Dechellis**  
Academics



**Derrick Coles**  
Compliance



**Brandon Lane**  
Marketing



**Pat Bloom**  
Director of Operations





**Frank Bradley**  
**Head Coach**  
**Second Year - Florida State '97**

Florida State is a program on the rise. Under the direction of Frank Bradley, the Seminoles have climbed back into spotlight after his first year at the helm as he helped the women's team set 14 out of 19 new FSU records during the season, while the men's team produced its best NCAA finish since 1999.

The men's team took 14th place at the 2014 NCAA Championships, which marks the fifth best finish in school history. The Seminoles were led by two-time ACC Swimmer of the Year Pavel Sankovich, who turned in silver in the 100 fly while helping the medley relays to All-America honors. The team of Sankovich, Jared Pike, Connor Knight and Paul Murray placed fourth in the 200 distance - turning in the highest relay finish in FSU history.

Prior to the NCAA meet, the Seminoles placed fifth at the ACC Championships in one of the tightest meets the conference has ever seen. Bradley's Sankovich won Swimmer of the Meet, marking the third-consecutive year FSU has taken home the MVP.

Bradley guided seven women to the NCAA Championships in Minneapolis, Minn., where Madison Jacobi, McKayla Lightbourn and Julia Henkel all grabbed All-America honorable mention accolades after a third place finish at the 2014 ACC Championships.

Prior to his hiring at FSU, Bradley was the associate head coach at Auburn University for three seasons where he primarily instructed the distance and individual medley group.

In 2013, Bradley coached junior Zane Grothe to an SEC title in the 1650 free-the Tigers' second-ever mile champion in school history. Under Bradley's instruction, Grothe set new Auburn records in the 500, 1000 and 1650 free events during his freshman year and has lowered each mark since.

Bradley helped Auburn finish among the Top 15 nationally over the last three years. The men's team placed sixth in both 2011

and 2012 before taking eighth at the 2013 NCAA Championships, while the women's squad finished seventh in 2011, eighth in 2012 and 13th in 2013.

Auburn won the SEC men's championship in 2011 and 2012 and totaled 181 All-American honors during his three seasons.

Prior to joining the Auburn staff in 2010, Bradley spent five years coaching at Indian River State College, four of which he served as head coach. During his time at the helm of the NJCAA powerhouse, Bradley's student-athletes turned in 177 NJCAA national titles, 45 NJCAA national records and 53 school records, while 13 athletes garnered Swimmer of the Year accolades. In 2010, Bradley guided the men's team to their 36th straight national title while the women captured their 29th consecutive championship.

While at IRSC, Bradley worked with former Seminole All-American Mateo De Angulo. De Angulo is the current FSU record holder in the 1000 free and 1650 free and was the 2012 ACC Swimmer of the Year. The Cali, Colombia native still owns the NJCAA national record in the 500 free, a mark which was earned while under the instruction of Bradley. De Angulo moved on to collect nine NJCAA national titles before transferring to FSU.

In just five years, Bradley was named the NJCAA Coach of the Year four times (Men- 2007, 2008; Women- 2009, 2010).

Bradley started out as an assistant at the University of South Carolina during 1999-2005. While with the Gamecocks, Bradley worked with 2000 SEC Swimmer of the Year, Zsolt Gaspar in addition to guiding the Gamecocks to 26 All-American honors, 34 school records and three SEC individual titles.

Throughout his coaching career, Bradley has instructed several Olympians including Gideon Louw (RSA), Arianna Vanderpool-Wallace(BAH), Micah Lawrence (USA) as well as De Angulo (COL).

Bradley returns to his alma mater after a 13-year absence from Tallahassee. While a Seminole, Bradley earned his Bachelor's Degree in social science in 1997 before serving as a graduate assistant for the team from 1997-1999. During his swimming career, Bradley was the 1995 ACC Champion in the 200 IM.

**Coaching Resume**  
**Florida State - (Grad Assistant) - 1997-1999**  
**South Carolina - (Assistant) 1999-2005**  
**Indian River State College (Head Coach) - 2005-2010**  
**Auburn - (Associate Head Coach)- 2010-2013**  
**Florida State - Head Coach 2013-present**

A native of Woodbury, N.J., Bradley has two daughters, Grace and Paige.





**Andy Robins**  
**Assistant Coach**  
**19th Year - William & Mary '83**

Entering his 18th season with Florida State, assistant coach Andy Robins continues to produce some of the top athletes in the ACC and the NCAA.

Since 2001 when Robins took over the sprint group, FSU has won 16 ACC titles in the 50 and 100 freestyle events and 13 gold medals in the 200 and 400 freestyle relays.

Robins' produced another championship season, with Paul Murray setting a new ACC record in the 50 free of 19.04, topping Cullen Jones' mark. In addition, Tiffany Oliver became the first Seminole in history to defend her titles in the sprint races.

His group claimed ten medals at the 2013 ACC Championships before moving on to grab three All-America honorable mention accolades. Tiffany Oliver won gold in both the 50 and 100 free, while Kaitlyn Dressel won her first ACC bronze in the 100 free. Both Oliver and Dressel contributed to silvers in the 200 and 400 free relay in addition to setting new FSU records.

Oliver owns the 50 (22.17) and 100 (48.19) free records, while Dressel took down the 200 free (1:46.26) mark.

In the men's events, Paul Murray, Trice Bailey, David Sanders and Mark Weber added more hardware to their shelves, as the four took gold in the 200 free relay at the ACC Championships, the four posted a mark of 1:16.76 at the Georgia Tech Invite, setting new school and ACC records en route to setting one of the fastest times in the country.

Weber and Murray went on to claim individual gold medals at ACC's in the 50 and 100 free.

In 2012, the men's sprint relays highlighted the season by garnering a plethora of accolades during the post season. The team of Murray, Bailey, Sanders and Weber captured their first All-America honors in the 400 free relay with a seventh place finish.

Robins guided those same four at the 2012 ACC where they started the competition with a new meet, school and Christiansburg Aquatic Center record in the 200 free relay with a time of 1:17.73 en route to a first place finish. They would finish ninth in the event at the NCAA Championships, capturing All-America honorable mention honors. The same four added another ACC gold in the 400 free relay.

Under Robins, Oliver became the first FSU female to break the 49 second mark in the 100 free as she turned in a time of 48.93 en route to an NCAA appearance.

In 2009, Robins' group earned Honorable Mention All-American status in the men's 400 free relay at the 2009 NCAA Championships and Jarryd Botha ended his storied career as a Seminole with a pair of All-ACC honors in the 100 free and 100 fly.

Robins helped add a new chapter to FSU's illustrious sprinting history in 2008. Under the coaching of Robins' junior Scott Baker had a career year culminating with All-America honors in the 50 free at the NCAA Championships. Robins' also helped lead senior Lauren Sparg to her first career individual honorable mention All-America honors with her 11th place finish in the 100 fly. Sparg was also the ACC Champion in the 100 fly and still holds the school record in the event.

In 2007, five Seminoles qualified for the NCAA Championships in sprint events.

While first taking over the sprint group, Robins helped Christy Cech to back-to-back (2001-02) All-America awards in the 50 freestyle.

Prior to 2000, Robins worked primarily with the stroke disciplines and individual medley specialists. He most notably worked with Stephan Parry, an NCAA Finalist, as well as a 2004 Olympic bronze medalist. During that time Robins also coached Seminole All-Americans Anne Blachford, Keam Ang and Nelson Mora.

Even prior to his graduation from college, Robins had been actively involved in coaching and his involvement with local swimming and diving dates back more than 20 years. His association with swimming in the Big Bend began in 1985 when he took a position with the Area Tallahassee Aquatic Club. Robins took over the head coaching duties for ATAC in 1993 and led the squad to a top ten finish at the 1996 Junior National Championships.

In conjunction with his work with ATAC, Robins served as the head coach at Leon High School in Tallahassee from 1986-91. After only his second year on the job he was named High School Coach of the Year by the Tallahassee Democrat.

Robins also served as head coach for the Florida All-Star Team in 1990 and 1991 after spending the previous two seasons as an assistant coach. Away from the pool Robins served on the Florida Swimming Board of Directors, the House of Delegates and the Technical Planning Committee from 1987-98.

A 1983 graduate of The College of William & Mary with a bachelor's in psychology, he earned his master's in science education from Florida State in 1987. While in college, Robins swam both the backstroke and distance freestyle events. His swimming accomplishments at William & Mary include setting the school record in the 1650 freestyle while also serving as co-captain.

Robins and his wife Karen have three daughters and one son, Beth, Kurt, Jenna, and Annemarie.

**ROBINS COACHING RESUME**

1995-present: Assistant Coach, Florida State

1993-97: Head Coach, ATAC

1990-91: Head Coach, Florida All-Stars

1989: Assistant Coach, Florida All-Stars

1986-91: Head Coach, Leon High School

1985-92: Assistant Coach, ATAC



# Matt McVittie

## Assistant Coach

### Second Year - Florida State '99

2003-2007.

In addition to his coaching responsibilities at South Carolina, McVittie maneuvered administration tasks, such as maintaining the budget, implementing communication strategies and providing logistical support on top of serving as the academic liaison to the athletic advisors.

McVittie guided a total of 14 Gamecocks to All-America honors, highlighted by an 11th place finish at the NCAA Championships in 2004.

He was also valued for his recruiting skills, where he helped South Carolina sign the ninth best recruiting class in the country for the 2007-2008 season.

A native of Chelsea, Mich., McVittie is engaged to Lindsey Williams. The couple have an infant daughter named

Ashlyn Mae.



Matt McVittie enters his second season as the assistant coach of the FSU swimming and diving program.

While a Seminole from 1995-99, McVittie was known as the ultimate relay swimmer, contributing six ACC titles and 10 All-America honors during his career, guiding FSU to its highest team finish in 1997 at the NCAA Championships (Ninth).

In addition to his relay excellence, McVittie earned his highest finish at the ACC Championships in 1999, where he took silver in the 100 free.

After graduating with a Bachelor of Science in Communications, McVittie ran the Kamehameha Swim Club in Honolulu, Hawaii for three years as one of the head coaches. The club claimed three-consecutive state titles under McVittie with swimmers ranging from age group speed all the way up to senior national finalists.

Following his time in Hawaii, McVittie followed his former FSU head coach Don Gibb to the University of South Carolina, where he served as an assistant from

### McVittie's

### Coaching Resume:

2014- Present : FSU Assistant  
2003-2007 - University of South Carolina - Assistant Coach

2000-2003 - Kamehameha Swim - Head Coach



# Katie Gardocki

## Assistant Coach

### Second Year - Auburn '13

Championships, placing sixth in the 1650 with a time of 16:01.86 after taking 10th in the 500 free with a mark of 4:38.75.

Following her graduation in December of 2013, Gardocki joined the FSU staff in January, just in time for championship season. As one of Bradley's most hardworking, knowledgeable and tenacious athletes he's ever coached, he knew that her experiences mixed with her patience, carefree and easy-going personality would make her the perfect piece to complete his coaching staff.

In just a short amount of time, Gardocki made an immediate impact on both squads, especially the distance group. She helped Madison Jacobi achieve a pair of bronze medals at the 2014 ACC Championships before she went on to take ninth place in the mile at the NCAA Championships with a time of 16:01.09.



Katie Gardocki enters her second season as an assistant coach for the FSU swimming and diving teams. An all-around coach, Gardocki mainly helps coaching the distance group while heading up the women's team recruiting.

A standout distance swimmer and four-time NCAA qualifier for Auburn from 2009-2013, Gardocki spent three of those seasons under the instruction of current FSU head coach Frank Bradley.

During her career, she was a five-time All-American and 2012 U.S. Olympic Trial qualifier and produced her best times at the 2013 SEC

Prior to Auburn, Gardocki was a three-time U.S. Junior Team member while swimming for the Aquabears Swim Club. She also holds Connecticut State Records and attended Suffield High School.

Gardocki is a native of Suffield, Conn. and is the daughter of Peter and Lynda Gardocki. Her sister, Sara swam for the College of Charleston. She majored in hotel and restaurant management at Auburn.

# John Proctor

Head Diving Coach

First Year - Texas - Permian Basin



"John is a great addition to our staff," Bradley said. "I think he will make a smooth transition into our program. He's very well-rounded and has been familiar with our athletes since he's been affiliated with USA diving for quite some time."

Proctor joins the Seminole staff after serving as the Program Director and Head Diving Coach of City of Midland (COM) Aquatics in Midland, Texas for 15 years (1999-2014). He built a nationally-known program where he has produced over 50 junior national individual champions including four USA Junior All-Starts and has also coached a finalist in every USA Diving National Meet since 2009.

In 2011, COM Aquatics was named a USA Diving Center of Excellence.

Since 2008, Proctor has occupied the volunteering position of Coaching Representative on the Board of Directors at USA Diving after previously collaborating on the Committee for Competitive Excellence in 2004.

In 2012, he was invited to join the USA Diving staff at the FINA Grand Prix in Rostock, Germany.

"He's a guy that is very well connected," Bradley said. "I know he will be able to work well with our athletes on top of being an excellent recruiter. We're working towards something here as a program and I believe that John will help us get there. I'm happy to have him on board."

Proctor has produced a three-time and current national team member Anna James, who is currently heading into her freshman year at Purdue. James competed in the 10m-synchronized event at the 2011 FINA World Championships before contesting in the same event at the 2014 FINA Diving World Series in 2014 in both Dubai and Beijing.

While at the helm of COM Aquatics, Proctor oversaw the development of 225 athletes ranging from beginners to elite level divers in addition to heading the growth of five assistant coaches. Proctor has also been the heart of fundraising for the club, generating over three-million dollars in athletic scholarship money since 1999 while directing the Dive Parent Booster Club.

During his 15 years in Midland, Proctor has volunteered for other duties that included both Junior (2000-2005) and Senior (2006-2008) Diving Representative roles for the Northwest Texas Diving Association.

Prior to 1999, Proctor was the head coach of the Tucson Diving Team while serving as the diving team manager for the University of Arizona (1997-1999). He previously was the Head Diving Coach at Ballard High School in Louisville, Ky. (1995-1996) after starting his coaching career as an age group instructor at Auburn Diving Club (1992-1993).

## Proctor's Coaching Resume:

2014- Present : FSU Head Diving Coach  
1999-2014 - Head Diving Coach City of Midland Aquatics  
2008-2014 - USA Diving Coaching Representative.  
2012 - USA FINA Grand Prix Coach, Rostock, Germany  
1997-1999 - University of Arizona Team Manager  
1995-1996 - HC Ballard High School  
1992-1993 - Auburn Diving Club



# FLORIDA STATE®

## THE MORCOM AQUATICS CENTER



In 2008 Florida State opened its new \$10.5 million Morcom Aquatic Center. The state-of-the-art facility is located off-campus next to the Don Veller Seminole Golf Course. The main pool features up to 30 practice lanes and maintains a temperature of 80 degrees. FSU will be swimming in the same pool that hosted the 2005 FINA World Championships in Montreal, Canada. During those World Championships nine world records were broken. Included in the record breaking performances were American's Aaron Peirsol (200m back), Ian Crocker (100m fly) and Jessica Hardy (100m breast).

The diving well features two one-meter and two three-meter springboards as well as one, three, five, seven-and-a-half and 10 meter platforms. The platforms are 10 feet wide making them the widest in the nation. The diving pool is kept temperature controlled at 82 degrees and also features a compression bubble used to soften

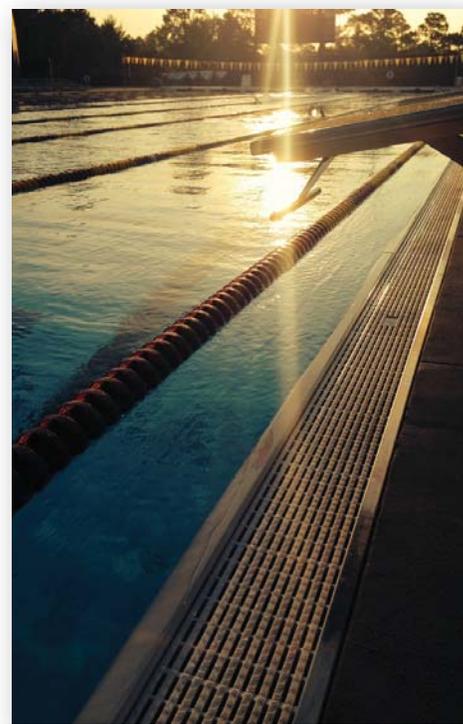
a divers impact during entry while practicing platform dives. Divers will also be able to practice their dives using the dryland equipment which includes two springboards attached to an intricate rope and pulley system and a trampoline.

Spacious locker rooms and coaches offices are located in the adjoined 10,000 square-foot building, which house the athletes equipment and coaching staff

Since the unveiling, Florida State has hosted several prime events. The Morcom Aquatics Center served as host to the 2009 USA Diving Nationals, the 2010 National Zone Diving Championships and the 2010 US Master Championships. It also was the diving training site for the 2009 World Championships, which took place in Rome, Italy.

In 2013, the Morcom Aquatics Center was host to the 2013 World Championship Trials, which consisted of a week-long display of the

country's best divers, including 2012 U.S. Olympic Gold Medalist, David Boudia, and silver medalists Kristian Ipsen and Troy Dumais.



# FLORIDA STATE®

## 2014-15 Florida State Women's Swimming and Diving Roster

Ariel Barber	Free/Back	FR	Meadowbrook, Pa. (Abington Senior High School)
Chelsea Britt	Fly/Back	SO	Orlando, Fla. (Boone)
Cameron Brown	Free/Fly	FR	Cary, N.C. (Athens Drive High School)
Josie Cuda	Free	JR	Bluffton, S.C. (Hilton Head Island High School)
Kaitlyn Dressel	Free	SR	Green Cove Springs, Fla. (Clay)
Caroline Gehardt	Diving	FR	Jacksonville, Fla. (Stanton College Preparatory)
Alexia Gonzalez	Diving	SO	Tampa, Fla. (East Lake High School)
Meghan Halia	Breast/IM	FR	St. John's, Fla. (Creekside High School)
McKenna Harris	Breast	FR	St. Petersburg, Fla. (St. Petersburg High School)
Colby Harvey	Fly/Free	FR	Cape Elizabeth, Maine (Waynflete School)
Lauren Hine	Free	JR	York, Pa. (Commonwealth Connections Academy)
Madison Jacobi	Free/Back	JR	Acworth, Ga. (Harrison High School)
Jordan Jarmakowicz	Breast	JR	Winter Springs, Fla. (Trinity Preparatory School)
Alex Kehoe	Free	FR	St. Petersburg, Fla. (St. Petersburg High School)
Mary Elizabeth King	Fly	JR	Duluth, Ga. (St. Pius X Catholic High School)
Robin Landy	Free	FR	Jacksonville, Fla. (Mandarin High School)
Kendall McIntosh	Free	FR	Palm Harbor, Fla. (Palm Harbor High School)
Blaire Mulka	Diving	FR	Wellington, Fla. (Boca Raton High School)
Caroline Neil	Breast/IM	SO	Winston-Salem, N.C. (Ronald Reagan)
Caroline Page	Back/Fly	SO	Pace, Fla. (Pace High School)
Natalie Pierce	Breast	FR	Bloomfield, Mich. (Detroit Country Day)
Sami Pochowski	Breast	JR	Muskego, Wisc. (Muskego High School)
Haley Powell	Free/Back	SR	Mooresville, N.C. (Lake Norman)
Krissa Robinson	Fly	FR	Fort Lauderdale, Fla. (University High School)
Brenna Ruth	Free	FR	Boca Raton, Fla. (St. Andrews)
Alexi Smith	Free/Fly	FR	Lawrenceville, Ga. (Archer High School)
Bianca Spinazzola	Back/Fly	JR	Narragansett, R.I. (Narragansett High School)
Katy Stringfield	Free	SO	Waynesville, N.C. (Tuscola)
Daniella Van der Berg	Free/IM	FR	Pos Chiquito, Aruba (The Sagemont School)
Lydia Ware	Free	SO	Jacksonville, Fla. (Bishop Kenny)
Katrina Young	Diving	RS SR	Shoreline, Wash. (Shorecrest)

### FSU Women's Swim & Dive By State



#### SEMINOLES BY CLASS

Freshmen - 15  
 Sophomores - 6  
 Juniors - 7  
 Seniors - 4

#### SEMINOLES BY STROKE

Free - 13  
 Sprint :  
 Middle Distance :  
 Distance :  
 Back - 6  
 Breast - 8  
 Fly - 8  
 IM - 5



## Katrina Young

**RS Senior- Shoreline, Wash.  
Shorecrest High School  
Diving - Northwest Diving Club  
- US National Team**

### Top Scores:

1-meter: 332.15 - FSU RECORD

3-meter: 352.95

Platform: 364.70 - FSU RECORD/ACC MEET RECORD

- Represented Team USA in the 10M synchro event with Amy Cozad at the 2014 World Cup where the duo placed eighth after taking silver at the 2014 FINA San Juan Grand Prix.
- An NCAA Qualifier in 2014.
- Won her second ACC crown on platform and set a new ACC Meet record score of 364.70 at the ACC Championships. Placed third on 1-meter and fourth on 3-meter.
- Was named ACC Diver of the Week Twice in 2013-14.
- Proved she was an all-around diver after improving significantly in the springboard events during 2013-14.
- Was selected to compete at the World University Games in 2013 on 10-Meter Platform where she took sixth. Earned a silver medal with Team USA for the Team Classification.
- Placed fifth at the World Championship Trials in 2013 on Platform.
- Sat out the 2012-13 season after suffering an injury early in the year.
- Earned All-America accolades for a fourth place finish at the NCAA Championships on platform in 2012.
- Was the Gold medalist on the Platform at ACC's in 2012. Awarded bronze on platform in 2011 at ACC's.
- Finished 12th on Platform at the 2012 U.S. Olympic Trials

**Personal:** Born January 10, 1992...majoring in music-liberal arts... grandmother was a Olympic bronze medalist in Track and Field... daughter of Patrick Sean Young and Carol Young.



## Kaitlyn Dressel

**Senior- Jacksonville, Fla.  
Clay High School - Free  
YMCA of Florida's First  
Coast**

### Top Times

50 free: 22.27

100 free: 48.36

200 free: 1:46.26 FSU RECORD

100 breast: 1:02.86

- Swam her best 100 free time as the lead-off leg of the 400 free relay that placed 14th at the NCAA Championships.
- Contributed to three FSU relay records in 2014 (200 FR, 400FR, 400 medley).
- Swam in three championship finals at ACC's. Placed fifth in the 50 after winning a swim-off with her career best time. Was seventh in the 100 free and eighth in the 200.
- Broke the school record in the 200 free with a time of 1:46.26 as the lead-off leg of the All-American honorable mention 800 free relay that placed 16th at the NCAA Championships.
- Placed 14th in the 100 free at the NCAA Championships in 2013.
- Grabbed bronze at ACC's the 100 free, took 10th in the 50 free and placed 13th in the 200 free in 2013.
- Placed seventh in her ACC debut in the 100 free in 2012. Added an 11th place finish in the 50 free and took 14th in the 100 breast.
- A 2012 U.S. Olympic Trial qualifier - 50 and 100 free.

**Personal:** Born May 5, 1993...daughter of Mike and Christina Dressel... father swam for the University of Delaware...member of the National Honor Society, National Art Society and Students Working Against Tobacco... majoring in studio art.



## Haley Powell

**Senior - Mooreville, N.C.  
Lake Norman High School  
Free/Back - SwimMAC**

### Top Times

200 free: 1:50.06

100 free: 50.98

50 free: 23.21

- Competed at the 2014 ACC Championships in the 50, 100 and 200 free races...swam her career best time in the 50 free at the Bulldog Last Chance meet.
- A member of the 200 free relay team that took second at ACC's in 2013.
- Earned two second swims in the C-finals at the 2012 ACC Championships in the 100 and 200 free.

**Personal:** Born July 9, 1993...daughter of Jim and Linda Powell... was a Scholastic All-American her sophomore and junior years in high school...dad played baseball for Ole Miss...plans to major in Hospitality Management.



## Josie Cuda

**Junior - Hilton Head, S.C.  
Hilton Head Island  
High School - Free - GCAT**

### Top Times

200 free: 1:48.92

500 free: 4:48.10

200 fly: 2:03.15

- Had a breakthrough ACC Championships by scoring in all three of her individual races while taking away career best times in each race...placed 16th in the 500 free after swimming a career best of 4:48.10 in prelims...placed 22nd in the 200 free and 21st in the 200 fly...also attended the NCAA Championships as a relay alternate.
- Was named FSU's Most Improved Female Swimmer in 2014.
- A member of the ACC Championship team in 2013 where she swam the 200 free, 500 free and 1650 free.
- Posted her best marks at the Georgia Tech Invite, placing fifth in the 500 free and 12th in the 200 free.
- A five-time state champion while representing Hilton Head High School.
- Was Swim Player of the Year in 2010 and 2011 and a two-time All-State selection.
- A Sectional and NCSA Junior National qualifier.

**Personal:** Born June 17, 1994...daughter of William Cuda and Shannon Stone...graduated from Hilton Head Island High School in 2012 where she was on the honor roll and a member of the National Art Society...was involved in the interact club and was elected to the Homecoming Court in 2010 and 2011...sister Claire swam for Clemson during the 2005-2006 season...a member of the Georgia Coastal Aquatic Team where she was coached by Bill Forrester.



### Lauren Hine

Junior - York, Pa.  
Commonwealth Connections  
Academy - Free- NBAC

#### Top Times

500 free: 4:54.16
1000 free: 9:54.31
1650 free: 16:42.41

- Competed in her first ACC Championships in the distance races... placed 19th in the 1650 scoring points.
- Was given the Academic Award at the end of the year banquet.
- Took fourth in the 1650 free with a season best of 16:52.19 at the at the Georgia Tech Invite and placed sixth with another season best at 4:55.30.
- A 2012 U.S. Olympic Trial Qualifier - 800m free.
- Placed seventh in the 1500m free at the 2010 Summer Junior National Championships.
- State Champion of Maryland in 2012 in the 500 and 100 free.

**Personal:** Born June 24, 1994...daughter of Roger and Barbara Hine...graduated from Commonwealth Connections Academy where she was on the Distinguished Honor Roll for all four years... member of the National Honors Society and was a Scholastic All-American...volunteered at an elementary school where she helped students with their work and taught basic sign language to third graders...has two younger brothers that are also swimmers... a member of NBAC where she is coached by Erik Posegay under FSU alumni Bob Bowman...majoring in special education.



Junior - Acworth, Ga.  
Harrison High School  
Free/Back - Marietta Marlins

#### Top Times

200 free: 1:46.57
500 free: 4:37.77 FSU RECORD
1000 free: 9:40.81 FSU RECORD
1650 free: 16:01.09 FSU RECORD

- Is the fastest distance swimmer in FSU history after setting new records in each of those races in 2014.
- Earned All-ACC honors after finishing third in both the 500 free and 1650 free.
- Placed ninth in the 1650 free at NCAA's.
- Qualified for the 2013 NCAA Championships in the 500 free at ACC's after dropping six seconds in the race in order to place fourth.
- Anchored FSU's All-American honorable mention 800 free relay team that took 16th at NCAA's.
- Was named the Rookie of the Year.
- A 2012 U.S. Olympic Trial qualifier- 400, 800 free, 200 back.
- 2012 Cobby County's Swimmer of the Year.
- Holds seven school records at Harrison High School.

**Personal:** Born August 9, 1993...daughter of Craig and Lisa Jacobi... graduated from Harrison High School in 2012 where she was a four-year honor roll member...was the literature student of the year her freshman and senior year...a member of the National Honors Society and the Vice President of the French Honors Society... both parents swam for the University of Georgia.breast.



### Jordan Jarmakowicz

Junior - Winter Springs, Fla.  
Trinity Prep - Breast  
Trinity Prep Aquatics

#### Top Times

100 breast: 1:03.59
200 breast: 2:19.03
200 IM: 2:05.10

- Placed 13th in the 200 breast at the Bulldog Last Chance Invite after swimming a career best in the event in prelims...added a 10th place finish in the 100 breast at the meet with another personal top time...won her first individual collegiate events in the victory over Florida Atlantic by taking the 100 and 200 breast.
- Was invited to attend the NCAA Career Fair in Sports Forum in 2014.
- Placed fifth in the 200 breast with a career best time of 2:21.86 and seventh in the 200 IM at the Bulldog invite with a time of 2:07.06.
- Swam in the B finals of the 200 IM, 100 breast and 200 breast at the Georgia Tech Invitational.
- NISCA All-American in the 100 breast in 2009.
- Trinity Prep team captain for four years.

**Personal:** Born September 24, 1993...daughter of Eddie Jarmakowicz and Laura Segal...graduated from the Trinity Prep School in 2012 where she was on the Honor Roll for her junior and senior year...was awarded The President's Volunteer Service Award in 2009 and 2010...earned Excellence in AP 3D Studio Art as a senior and in Advanced Wheel as a junior...president of the Art Club...is a



### Mary Elizabeth King

Junior - Duluth, Ga.  
St. Pius X Catholic High School  
Fly- SwimAtlanta

#### Top Times

100 fly: 54.60
200 fly: 2:00.45

- Swam her season bests in the 100 fly (56.64) and 200 fly (2:03.94) at the Auburn Invite...placed 13th in the 200 fly at the meet...took eighth in the 200 fly and 16th in the 100 fly at the Bulldog Last Chance Invite...placed third in the 200 fly in the win over Florida Atlantic.
- Placed eighth in the 100 fly with a time of 55.63 at the Bulldog Invite in 2013.
- Earned second swims in the 500 free, 100 and 200 fly at the Georgia Tech Invite.
- A 2012 U.S. Olympic Trial qualifier- 100 and 200 fly.
- 4A State Champion in the 100 fly in 2012
- Contributed to a St.Pius X runner-up finish in 2009 and a third place finish in 2012.

**Personal:** Born August 17, 1993...daughter of Ray and Michelle King...qualified for Georgia's Hope Scholarship and maintained a 3.0 GPA before graduating from St. Pius X Catholic High School in 2012...is a member of the church youth group where she is an avid volunteer...her grandfather swam for the University of Southern California and was the captain of the water polo team...is a member of SwimAtlanta where she is coached by Chris Davis...plans to



**Samantha Pochowski**  
**Junior - Muskego, Wis.**  
**Muskego High School**  
**Breast/Free - SWAT**

Top Times
100 breast: 1:00.67
200 breast: 2:14.35
100 free: 50.70
200 free: 1:48.50
200 IM: 2:02.27

- Qualified for the NCAA Championships in the 100 breast by ways of posting her best time of 1:00.67 at the Bulldog Last Chance Meet.
- Was 11th in the 100 breast at the 2014 ACC Championships.
- swam her best 200 breast in the dual against Florida Atlantic with a 2:14.35.
- Placed seventh in her ACC Championship final debut in the 100 breast with a time of 1:02.39 in 2013.
- Took 15th in the 200 breast and earned a second swim in the 200 IM at ACC's.
- Placed 34th at the 2012 U.S. Olympic Trials in the 100 breast.
- A three-time State Champion in the 100 breast (2010, 2011) and 200 free (2011). Is the state record holder in the 100 breast.
- A three-year High School All-American
- Placed second in the 100 breast at the 2011 Junior National Championships.

Personal: Born April 5, 2012...daughter of Scott and Judy Pochowski...graduated from Muskego High School in 2012 where she was on the honor roll all four years...earned the Academic President's Honor her senior year...a member of SWAT where she is coached by Bob White Jr...majoring in exercise science.



**Bianca Spinazzola**  
**Junior - Narragansett, R. I.**  
**Narragansett High School**  
**Back/Fly - Bluefish Swim Club**

Top Times
100 back: 53.02
100 fly: 53.75

- Attended the NCAA Championships as a relay alternate where she helped the Seminoles set a new school record in the 400 medley relay...contributed to a 14th place finish in the race and garnered All-America honorable mention accolades by leading the relay off with a career best of 53.09.
- Took fifth place in the 100 back at the 2014 ACC Championships... placed 10th in the 100 fly with a personal best of 53.75 and added 20th place showing in the 50 free. Was also a part of the record-setting 200 free relay.
- Placed fourth in her first ACC Championship final in the 100 back en route to setting a new school record of 53.47 in 2013.
- Added a 15th place finish in the 100 fly at the ACC Championships after swimming her career best time of 54.86
- A four-year team MVP and all-state selection.
- 2012 High School Swimmer of the Year in Rhode Island.
- 2011 National Qualifier
- Brother Luca is an All-American for USC.

Personal: Born November 3, 1994...daughter of Gianni and Judith Spinazzola...graduated from Narragansett High School in 2012 after being on the honor roll all four years...brother Luca swims for the University of Southern California while her twin sister swims for the University of Rhode Island...older sister Chiara swam at Cornell...is a surfer...is a current member of the Bluefish Swim Club...plans to major in interior design.



**Chelsea Britt**  
**Sophomore - Belle Isle, Fla.**  
**Boone High School - Back/Fly/**  
**IM - Highlander Aquatics**

Top Times
100 back : 52.68
100 fly: 51.80 FSU RECORD
200 fly: 1:53.68 FSU RECORD/ACC Record
200 IM: 1:58.91

- Lowered her school records in the fly events in the fall of 2014. Captured the ACC record in the 200 fly at the UGA Invite.
- As a rookie, Britt qualified individually for the NCAA Championships in the 100 and 200 fly. Swam the fly leg in the FSU record-setting 400 medley relay that placed 14th and captured All-America honorable mention accolades.
- Nearly took gold in the 100 fly where she set a new FSU record in the event with a 52.32 and placed second...earned bronze in the 200 fly with another school record time of 1:55.51. Swam in the A final of the 100 back as well.
- A state record holder in the 100 fly with a time of 53.83 for Lake Highland Prep.
- A three-time state champion in the 100 fly and a three-time runner up in the 100 back
- A two-time U.S. Olympic Trial Qualifier.
- Was a member of the USA Junior National Team in 2012.



**Alexia Gonzalez**  
**Sophomore - Belle Air, Fla.**  
**East Lake High School**  
**Diving - WLFA**

Top Times
1-meter: 268.95
3-meter: 287.03
Platform: 229.95

- Qualified for the Zone B Championships in her first season where she scored a season best on 1-meter with a 253.50.
- Placed 18th on platform with a score of 229.95 at the 2014 ACC Championships.
- Took bronze at the 2011 state meet.
- A three-time conference and district champion.

Personal: Born Aug. 21, 1995...daughter of Eduardo Gonzalez and Tammy Farris...graduated from East Lake High School on the honor roll...was awarded the Chevron Award and Principal's Award...a member of the National Honors Society and English National Honors Society...dad played baseball at the University of Tampa...a member of the WFLA diving team where she is coached by Tony Periello.



## Caroline Neil

Sophomore - Winston-Salem, N.C.  
Ronald Reagan High School -  
Breast - Enfinity

### Top Times

100 breast: 1:02.96
200 breast: 2:15.83

- Earned points in her first career ACC Championships by placing 21st in the 200 breast and 24th in the 100 breast with a career best times in both event.
- Three- time regional champion in the 100 breast and 200 IM in high school.
- Three- time all-conference and conference champ in the 200 IM and 100 breast.
- First team All-State in 2012 and first team all-county in 2011 and 2012.

**Personal :** Born Aug. 23, 1995...daughter of Paul and Debbie Neil... graduated from Ronald Reagan in 2013 ranked 20th in her class...a USA Swimming Academic All-American...a member of National Honors Society, National Latin Honors Society, National Junior Classical League, Spanish and Latin Clubs...a Crosby Scholar...a member of Enfinity where she is coached by Tim Hillen...plans to major in business.

## Caroline Page



Sophomore - Pace, Fla.  
Pace High School - Back/Fly  
Greater Pensacola Aquatic Club

### Top Times

100 fly : 56.50
100 back : 55.45
200 back : 2:02.60

- Won the 100 back in the victory over Florida Atlantic and took second place in the 200 back.
- Placed sixth in the 100 back with a career best time of 55.45 at the Bulldog Last Chance Invite...added a fourth place in the 200 back and 14th place in the 100 fly.
- A two-time state silver medalist in the 100 fly (2010, 2011).
- NISCA All-American as a sophomore. Also was the Pensacola News Journal Female Swimmer of the Year.
- Earned USA Swimming Scholastic All-American and Pensacola Sports Association Senior Female Academic Swimmer of the Year.

**Personal:** Born Aug. 16, 1995...daughter of Spencer and Susan Page...graduated in 2013 from Pace High School with a weighted GPA of 4.18...was a finalist for the Pace High School "Pacesetter Award"...was on the honor roll for all four years...member of NAHS, National Honors Society and BETA...mother played tennis at Purdue...a member of the Greater Pensacola Aquatic Club where she is coached by Phil Kraus.



## Katy Stringfield

Sophomore - Waynesville, N.C.  
Tuscola High School- Free  
Smokey Mountain Aquatic Club

### Top Times

200 free : 1:50.90
500 free: 4:54.50
1000 free: 10:11.03

- Placed sixth in the 200 free with a time of 1:53.94 at the Bulldog Last Chance Invite...also swam her season top time of 4:58.51 at the meet and placed 12th.
- A 3A NCSHSAA State Record holder in the 500 free - 4:56.08
- A three-time state champion.
- A High School All-American

**Personal:** Born Dec. 16, 1994...daughter of John and Judy Stringfield...graduated from Tuscola High School as an Academic All-American, ranking sixth in her class...was a part of the French Club and the Ecology Club...sister swam at Davidson and her brother swam at North Carolina...a member of the Smokey Mountain Aquatic Club where she is coached by Andy Wagner...plans to major in business.

## Lydia Ware



Sophomore - Jacksonville, Fla.  
Bishop Kenny High School - Free/  
IM - YMCA of Florida's First Coast

### Top Times

50 free: 23.30
100 free: 51.04
100 back: 56.34
100 fly: 56.47

- Took eighth place in the 100 back at the Last Chance Bulldog Invite...added a 10th place finish in the 100 free with a career best time of 51.04 and took 14th in the 50 free.
  - Won the state title as a member of the 200 medley relay as a freshmen for Bishop Kenny.
  - A 2012 Canadian Olympic Trial qualifier in the 50 and 100 free as well as the 100 back and 100 fly
  - First team All-State in 2012 and first team all-county in 2011 and 2012.
  - A junior national qualifier.
  - Named the team captain her senior year and voted as the 2013 scholar athlete award by the Times Union
- Personal:** Born August 31, 1995...daughter of Earl and Isabelle Ware...graduated from Bishop Kenny in 2013 with a 4.3 GPA and Summa Cum Laude honors...was on the President's Honor Roll and was in the top 10 in her class...a member of the National Honors Society and French National Honor's Society...swims for the YMCA of Florida's First Coast where she is coached by Craig Teeters.



## Ariel Barber

Freshman - Meadowbrook, Pa.  
Abington Senior High School  
Free/Back - SSC

### Top Times

50 free: 23.79
100 free: 51.92
100 back: 56.58

• Swam her best time in the 100 back at the 2013 Minneapolis Grand Prix with a 56.90

• NCSA junior national qualifier in five events.

• A junior national qualifier.

**Personal:** Born May 6, 1996...daughter of Tyrone and Toni Barber...was a member of the Jack and Jill and Mall service groups...father Tyrone was a football player for the University of Notre Dame.



## Cameron Brown

Freshman - Cary, N.C.  
Athens Drive High School  
Free/Fly - Marlins of Raleigh

### Top Times

200 fly: 2:03.39
200 free: 1:51.01
100 fly: 57.87

• A 2012-13 team MVP for Athens Drive High School

• Brown was a NCSA Junior National Finalist in the 200 fly

• A junior national qualifier.

**Personal:** Born March 24, 1996...daughter of Robert and Renee Brown...an 2013 Academic All-American...a member of Project Unify where she helps with the Special Olympics.



## Caroline Gehardt

Freshman - Jacksonville, Fla.  
Stanton College Prep  
Diving - North Florida Diving Club

### Top Times

200 fly: 2:03.39
200 free: 1:51.01
100 fly: 57.87

• 2013 FHSAA 2A State Champion in 1-meter with a score of 427.95. Took silver in the event in 2012.

• Placed fifth at the AAU National Championships on 1-meter

• A team captain at Stanton College Preparatory

**Personal:** Born Feb. 9, 1996...daughter of Kurt and Monica Gehardt...member of National Honors Society as well as Science Honors Society, Film Honors Society and Math Honors Society...plans to major in exercise science.



## Meghan Halia

Freshman - St. John's Fla.  
Creekside High School  
Breast - Bolles

### Top Times

100 breast : 1:02.73
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• A two-time state champion in the 100 breast and All-American for Creekside High School

• A four-time finalist in the 100 breast at the state meet

• Took bronze at the 2011 state meet.

• A junior national qualifier.

**Personal:** Born Aug. 21, 1995...daughter of Eduardo Gonzalez and Tammy Farris...graduated from East Lake High School on the honor roll...was awarded the Chevron Award and Principal's Award...a member of the National Honors Society and English National Honors Society...dad played baseball at the University of Tampa...a member of the WFLA diving team where she is coached by Tony Periello.



## McKenna Harris

Freshman - St. Petersburg, Fla. St. Petersburg High School  
Breast - St. Petersburg Aquatics

### Top Times

100 breast: 1:04.41
200 breast: 2:19.33

- A junior national qualifier in the 200 breast with a top time of 2:19.33.
- Grabbed bronze at the 2013 FHSSA 4A State Championships in the 100 breast with a top time of 1:04.41. Was the silver medalist at the 2012 meet.
- A two-time MVP for St. Petersburg HS and a team captain her senior year.
- Earned first-area team all four years while taking the regional and district titles in the 100 breast

**Personal :** Born Dec. 31, 1995...daughter of David and Tracy Harris...graduated with summa cum laude honors...has two cousins that swam at NCAA Division I schools...enjoys surfing...a member of the Volusia County junior lifeguard program.



## Colby Harvey

Freshman - Cape Elizabeth, Maine - Waynflete School  
Fly/Free - Costal Maine Aquatics

### Top Times

100 fly : 54.88
200 fly: 2:03.26
100 free: 52.82

- A three-time state champion and All-American in the 100 fly while representing Waynflete High School. A current state record holder in the 100 fly and three-year team captain
- A Senior National qualifier.
- Was a finalist at the Minnesota Grand Prix of Nov. 2012 in the 100 fly
- NISCA All-American as a sophomore. Also was the Pensacola News Journal Female Swimmer of the Year.
- Earned USA Swimming Scholastic All-American and Pensacola Sports Association Senior Female Academic Swimmer of the Year.

**Personal:** Born Sept. 29, 1996...daughter of Jim Harvey and Laurie Fisher...was on the honor roll for four years at Waynflete...involved in a number of community service activities that include Parkside Fun which is a mentoring program for kids with unstable family life...also involed in Operation Smile, Donate Life in addition to instructing in swimming clinics...father Jim was an Olympic Trial qualifier and national team member and swam at Bucknell... mother played softball at Bucknell.



## Alex Kehoe

Freshman - St. Petersburg Fla. - St. Petersburg High School - Free - St. Petersburg Aquatics

### Top Times

50 free: 24.82
100 free: 54.02

- Earned All-County honors in 2012 and was awarded the Iron Man honor in 2013 while representing St. Petersburg High School

**Personal:** Born June 25, 1996...daughter of Steve and Barb Kehoe... was in the top 20 percent of her graduating class...was members of National Honors Society, Beta Club and Pinellas County young entrepreneurs.



## Robin Landy

Freshman - Jacksonville, Fla. Mandarin High School  
Fly/IM- Bolles

### Top Times

100 fly : 1:00.22
200 fly: 2:20.75
200 IM: 2:11.51

- A 2012 district champion in the 200 IM for Mandarin High School where she was a three-time MVP
- A two-time FHSAA state qualifier in the 100 fly and 200 IM...All-Gateway Conference in the 200 Im and 100 fly for three seasons

**Personal :** Born Jan. 26, 1996...daughter of John and Betsy Landy... an AP scholar with distinction and an 1010XL Scholar Athlete of the Week...a four-year scholar athlete of Mandarin High where she finished in the top percent of her class...a member of student council...continues a family tradition of attending FSU as two of her brothers and their wives went to Florida State.



## Kendall McIntosh

Freshman - Palm Harbor, Fla.  
Palm Harbor High School  
Breast - St. Petersburg Aquat-

### Top Times

50 free: 23.85

100 free: 52.92

200 free: 1:52.51

500 free: 4:58.79

- A four-time FSHAA State Championships qualifier...helped Palm Harbor take third in both 2011 and 2013 at the state meet.
- Placed third at states in the 50 free her junior season before grabbing silver in the race in 2013
- Most Outstanding Junior and Senior earning in 2012 and 2013.

**Personal :** Born Aug. 29, 1995...daughter of Scott and Susan McIntosh...graduated Cum Laude...member of National Honors Society, Students Against Destructive Decisions and Peer Connectors...father Scott swam for the University of Cincinnati...a member of the Palm Harbor YMCA Piranhas where she is coached by Lisa Bitting



## Blaire Mulka

Freshman - Wellington, Fla.  
Boca Raton High School  
Diving

- Grabbed the bronze at the 2013 FHSAA State Championships on 1-meter with score of 475.65
- Placed second at the USA Spring Junior Region 7 Championships on platform (312.00) and 3-meter (442.50) and added a third place on 1-meter (420.00).

**Personal:** . Born July 7, 1996...daughter of Anne and Garry Mulka... plans to major in communications.



## Natalie Pierce

Freshman - Bloomfield, Mich.  
Detroit Country Day - Breast

### Top Times

100 breast: 1:01.34

200 breast: 2:14.98

- Pierce posted her career best time at 1:03.62 at 2013 MSHAA D3 State Championships en route to taking the title
- Helped Detroit Country Day to a gold medal performance in the 200 medley relay by splitting a 28.39 in the breast portion of the race which was the fastest split in the field by about a second
- Earned All-State honors in her sophomore and senior seasons in the 100 breast...earned All-American accolades in 2011 as a member of the 200 medley relay and in 2013 individually in the 100 breast.

**Personal:** Born Jan. 18, 1996...daughter of Matt and Murry Pierce



## Krissa Robinson

Freshman - Fort Lauderdale, Fla. - University School of Nova Southeastern - Plantation Swim Team

### Top Times

100 fly : 56.09

200 fly: 2:03.32

- A four-time FHSAA state qualifier swimming the 500 free, 100 fly, 200 IM and relays for University School of Nova Southeastern.
- Owns the school record in the 100 fly (56.13) and 200 free (1:54.41)
- Named to the All-Broward County Second Team all four years

**Personal:** Born Feb. 20, 1996...daughter of James and Kathleen Robinson...A 2013 Special Olympic Volunteer of the Year...was on the Director's and Principal's Honor Roll all four years...member of National Honors Society, English Honor Society, Mu Alpha Theta Honor Society, Science Honor Society and Chinese Honor Society... has been a Special Olympics swim coach since sixth grade...a member of Plantation Swim Team where she is coached by Jimmy Parmenter.



## Brenna Ruth

Freshman - Boca Raton, Fla.  
St. Andrews  
Free - St. Andrews

### Top Times

50 free: 23.68

100 free: 51.15

• A member of the state record holding 400 free relay - a mark that was set in 2012 at 3:23.43 while earning gold

• A six-time state medalist while swimming on the free relays and is a four-time individual medalist...placed fourth at the 2013 1A State Championships in the 100 free with a career best of 51.15... turned in another career top time at the meet in the 50 free with a time of 23.68 and placed sixth

• Helped St. Andrews to a state title with just four members... earned all-county recognition in 2012 and 2013 by the Palm Beach Post...a junior national qualifier.

**Personal :** Born Feb.4, 1996...daughter of Greg and Laura Ruth... also played water polo...has artwork on display at the Boca Museum of Art...is coached by Sid Cassidy...originally from Atlanta, Ga.



## Alexi Smith

Freshman - Lawrenceville, Ga.  
Archer High School  
Fly/Free - SwimAtlanta

### Top Times

50 free: 22.75

100 free: 49.61

100 fly: 57.85

• A two-time Georgia 6A High School State Champion in the 50 free in 2013 and 2014 while representing Archer High School...broke Amanda Weir's state record at the 2014 meet with a 22.83

• Added silver in the 100 with a mark of 50.94 in 2013...was second in the 50 free and took sixth in 2012 at the state meet before making her debut with a pair of ninth places in the 50 and 100 free at the 2011 state championships.

• A two-time All-American in the 50 free.

**Personal:** Born April 1, 1996...daughter of Jerome Smith and Evelyn Shorty...a standout student all four years...a member of Student Athletic Leadership...volunteered for Special Olympics...a member of SwimAtlanta where she is coached by Chris Davis.Parmenter.



## Daniella Van den Berg

Freshman - Weston, Fla.  
Sagemont - Free - Azura  
Florida

### Top Times

200 free: 1:52.56

500 free: 4:56.10

• Earned Sagemont's MVP for three-straight seasons...placed ninth in both the 200 and 500 free at the 2013 FHSAA 1A State Championships

• W on Aruba's first-ever medal at the Youth South American Games in September of 2013 with a gold in the 800m free...won 10 medals at the Carifta Caribbean Games in April of 2014.

• A two-time All-American in the 50 free.

**Personal:** Born May 24, 1996...daughter of Antoinette Van Den Berg...made the honor roll her senior year and was on the Pricipal Honor Roll her sophomore and junior years at Sagemont...won the Geometry Award of the Year as a sophomore and AP French Award of the Year as a senior...taught swimming classes to special olympians as well as to beginners...a member of Azura Florida where she is coached by Gianluca Alberani.

## 2013-14 Highlights

- Set 16 out of a possible 22 new school records.
- Tiffany Oliver became the first Seminole in history to defend her ACC titles in the sprint events.
- Chelsea Britt took silver and bronze in the fly races at ACC's while Madison Jacobi turned in bronze in both distance races.
- The Seminoles finished third at the ACC Championships.
- Florida State captured three medals in the relay races, taking bronze in both the 800 and 400 free relay while adding silver in the 200 free relay.
- Florida State took a record-setting nine athletes to the NCAA Championships in March in Minneapolis, Minn.
- McKayla Lightbourn, Julia Henkel and Madison Jacobi all swam to individual All-America honorable mention awards. Lightbourn placed 16th in the 100 back while Henkel grabbed 16th in the 400 IM. Jacobi was ninth in the 1650 free.
- Katrina Young won the women's platform title at the ACC Championships with a new meet record of 364.70. She picked up bronze on 1-meter before finishing fourth on 3-meter.
- The Seminoles finished the dual meet season 8-2.
- Kelsey Goodman and Katrina Young picked up two ACC Diver of the Week awards each while Katilyn Dressel added an ACC Swimmer of the Week.

# FLORIDA STATE®

## 2014-15 Florida State Men's Swimming and Diving Roster

Ian Apple	Free/Fly	SO	Jacksonville, Fla. (Paxon School for Advanced Studies)
Harrison Brogden	Back	SR	Greensboro, N.C. (Western Guilford)
Calvin Bryant	Free	FR	St. Petersburg, Fla. (Osceola Fundamental)
Kalonji Cole	Diving	JR	Tallahassee, Fla. (Leon)
Gavin Colley	IM/Free/Fly	FR	Annapolis, Md. (Annapolis)
Jason Coombs	IM/Free	SO	Oviedo, Fla. (Hagerty High School)
Kyle Doxtater	Free/IM	JR	Hebron, Md. (James M Bennett)
Soren Evans	Free	FR	Sanford, Fla. (Seminole High School)
Tyler Fozkos	Free	SR	Valpariso, In. (Chesterton)
Josh Friedel	Back	SR	Fredricksburg, Va. (Mountain View)
Dylan Grisell	Diving	SO	Toronto, Ontario (Riverdale Collegiate Institute)
Cole Hensley	Fly	JR	Winter Springs, Fla. (Oviedo High School)
Storm Hewitt	Breast/IM	FR	Destin, Fla. (University of Miami Global Academy)
Trevor Hine	IM/Free	FR	York, Pa. (Dallastown, Pa.)
Frank Horpel	Free	JR	Castro Valley, Calif. (Castro Valley)
Cameron Johnson	Diving	FR	Indian Harbor Beach, Fla. (Satellite High School)
Connor Kalisz	IM/Breast	FR	BelAir, Md. (Fallston High School)
Connor Knight	Fly	SR	Juno Beach, Fla. (William T. Dwyer)
Jemal LeGrand	Free	SO	Sannidad, Aruba (Sagemont High School)
Anthony Lyons	Free	FR	Calgary, Alberta
Cadell Lyons	Fly/Free	SR	South Oropouche, Trinidad
Kevin Matheus	Breast/Fly	SO	Boca Raton, Fla. (Boca Raton High School)
Jason McCormick	Free	SO	Boca Raton, Fla. (Boca Raton High School)
Dustin Miller	Diving	SO	Lafayette, Ind. (Jefferson High School)
Sam Mitchum	Free	JR	Ocala, Fla. (Bellevue High School)
Chad Mylin	Free	FR	Longwood, Fla. (Seminole High School)
Joe Plechy	Free	FR	Sarasota, Fla. (Out of Door Academy)
Jonathan Ratliff	Fly/Free	FR	Panama City, Fla. (A. Crawford Mosley High School)
Tyler Roberge	Diving	FR	Edmonton, Alberta (Vimy Ridge Academy)
Kevin Rogers	Back/Fly	SR	Raleigh, N.C. (Needham Broughton)
Marc Rojas	Free/Breast	JR	Miramar, Fla. (Pembroke Pines Charter)
Phillip Sims	Free/Fly	SO	Boca Raton, Fla. (Boca Raton)
Jake Urbano	Free/Fly	RSFR	Kailua, Hawaii (Hawaii Technology Academy)
Rafael Van Leeuwaarde	Breast	JR	Charlotte, N.C. (Charlotte United Christian Academy)

### FSU Men's Swim & Dive By State



#### SEMINOLES BY CLASS

Freshmen - 11  
 Sophomores - 9  
 Juniors - 8  
 Seniors - 7

#### SEMINOLES BY STROKE

Free - 16  
 Back - 4  
 Breast - 5  
 Fly - 7  
 IM - 8



## Cadell Lyons

**RS Senior- South Oropouche,  
Trinidad- Presentation Col-  
lege - Fly/Back**

### Top Times

100 back: 48.92
100 fly: 46.54
100 free: 44.13
50 free: 20.15

- Placed 12th in the 100 fly with a time of 48.21 at the ACC Championships in 2013.
- Earned a second swim in the 100 free and placed 22nd with a final time of 45.29
- Took ninth in the 100 fly at 47.68 at the ACC's in 2012.
- Earned second swims in the 100 free and 100 back at the ACC's.

**Personal:** Born January 2, 1992...son of Wendell and Shirla Lyons... also is a martial artist and gymnast...swam for the Petrotrin Baracudas where he was coached by his father...majoring in computer science.



## Harrison Brogden

**Senior - Greensboro, N.C.  
Western Guilford- Back- STAR**

### Top Times

100 back: 49.27
200 back: 1:46.58

- Had a two-second drop in the 200 back of 1:46.58 in finals while taking ninth place.
- Posted his person best in prelims of the 100 back at 49.27 before taking seventh place with a 49.62 at the Bulldog Invite in 2013.
- Earned a second swim in the 100 back at ACC's in 2012.
- Placed 15th in the 200 back at the Georgia Tech Invite in 2011 with a personal best of 1:50.79. Added a 14th place showing in the 100 back at the same meet.
- Senior National qualifier.

**Personal:** Born April 23, 1993...son of Lee and Mary Brogden... graduated from Western Guilford High School in 2011 on the honor roll...was a part of National Honors Society as well as a three-time Academic All-American...majoring in business - accounting.



## Tyler Fozkos

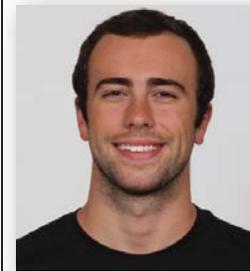
**Senior - Valporasio, Ind.  
Chesterton- Free/Fly  
Duneland Swim Club**

### Top Times

50 Free: 20.62
100 free: 45.76
100 Fly: 50.80

- Swam in the B finals of the 50 and 100 free events at the Bulldog Invite in 2013.
- Posted a career best in the 100 fly at 50.80 at the Georgia Tech Invite in 2012.
- Placed second at the Bulldog Last Chance Invitational in the 50 free and took sixth in the 100 free in 2012.
- Went his fastest 100 fly of the season at the Georgia Tech Invite at 52.89.

**Personal:** Born March 18, 1992...son of Brian and Leigh Fozkos... graduated from Chesterton High School in 2011 as a member of FCA ,student government, as well as the honor roll...majoring in engineering.



## Josh Friedel

**Senior - Fredricksburg, Va.  
Mountain View - Back  
Rappahannock RAYS**

### Top Times

200 IM: 1:48.44
100 back: 47.80
200 back: 1:42.82

- An NCAA qualifier in the 200 back in 2013.
- Placed 12th in the 100 back before taking fifth in the 200 back at the ACC Championships in 2013
- Made his Olympic Trial semifinal berth in the 200 back in 2012. Also competed in the 100 back.
- Accomplished All-ACC honors with a third place finish in the 200 back at the ACC's in 2012. Placed ninth in the 100 back and swam in the bonus heat of the 200 IM.

**Personal:** Born September 28, 1992...son of Mike and Cathy Friedel...majoring in social science.



## Connor Knight

**Senior - Juno Beach, Fla.  
William T. Dwyer-North Palm  
Beach Swim Club**

### Top Times

100 fly: 45.83
200 fly: 1:42.25 FSU RECORD
200 IM: 1:47.10

• Swam career bests in the 100 and 200

- fly at the Auburn Invite.
- Placed fifth in the 100 fly at the ACC Championships after swimming a career best of 47.06 in prelims also took ninth in the 200 fly with a 1:44.81 in 2013.
- Swam the fly leg in the 400 medley relay that took bronze at ACC's in 2013.
- Earned ACC Swimmer of the Week (Nov. 6, 2012)
- Earned a second swim in the 200 fly at ACC's in 2012.
- A 2012 U.S. Olympic Trial qualifier- 200 fly.
- Placed 17th in the 100 fly at the Georgia Tech Invite.

**Personal:** Born May 27, 1993...son of David Knight...graduated from William T. Dwyer High School where he was on the A/B Honor Roll from 2007-2011...plans to major in professional sales.



## Kevin Rogers

**Senior - Raleigh, N.C.  
Needham Broughton- Back/  
Free- YMCA of the Triangle**

### Top Times

200 free: 1:34.52 FSU RECORD
500 free: 4:19.56
200 back: 1:43.53

- Swam career best marks in the 200 and 500 free at the Auburn Invite.
- Placed ninth in the 200 free with a career best time of 1:36.44 at the ACC Championships and took 15th in the 200 back in 2013.
- Swam the third leg in the 800 free relay posting the fastest split of 1:35.81 while taking fourth place at ACC's in 2013.
- Placed 10th in the 500 free and 12th in the 200 free at ACC's in 2012.
- Swam in the bonus heat of the 200 back at ACC's in 2012.

**Personal:** Born June 27, 1992...son of Joe and Karen Rogers...graduated from Broughton High School in 2011, where he achieved high honors all four years where he also completed 125 hours of community service...was a USA Swimming Scholastic All-American...majoring in sport management.



## Ian Apple

**Sophomore - Jacksonville, Fla.  
Paxton School for Advanced  
Studies- Free/Fly- Bolles**

### Top Times

50 Free: 20.63
100 fly: 49.95
100 breast: 56.17
100 free: 44.88

- Placed fourth in the 100 free with a career best of 44.88 at the Bulldog Invite in 2013. Took sixth in the 100 breast with a career best of 56.17.
- Added great depth to the sprint relays all year.
- A two-time FHSAA state champion in the 50 free.
- Runner-up at the state meet in the 100 free in 2011.
- A junior national qualifier.

**Personal:** Born May 11, 1994...son of Steven and Nancy Apple...graduated from the Paxton School for Advanced Studies in 2012 where he was a member of the National Honors Society...earned scholastic All-American honors 2009-2011...was a Golden Eagles Ambassador...both parents graduated from FSU and his brother is currently a junior...swims for Bolles...majoring in Sport Management



## Kalonji Cole

**Junior - Tallahassee, Fla.  
Leon - Diving- Tomahawk**

### Top Times

1-meter: 307.50
3-meter: 323.05
Platform: 266.10

- Appeared in three meets in 2013 and placed 21st on 3-meter after taking 22nd on 1-meter at the ACC Championships.
- A 2012 state champion on 1-meter in 2011 while representing Leon County.

**Personal:** Born April 19, 1994...son of Dwayne Cole...majoring in exercise science.



## Kyle Doxtater

**Junior - Hebron, Md.  
James M. Bennett- Free/IM  
Mid-Delmarva**

### Top Times

200 fly: 1:49.66
200 IM: 1:49.70
400 IM: 3:51.34

- Swam career bests in the 400 IM and 200 fly at the Auburn Invite.
- Placed seventh in the 400 IM at the Bulldog Invite with a career best time of 3:53.64.
- Won the 400 IM at the Georgia Tech Invite with a time of 3:54.71.
- All-Maryland team honors his freshman through junior years

**Personal:** Born March 11, 1994...son of Dale and Ellen Doxtater... graduated from James M Bennett High School in 2012 with Summa Cum Laude accolades...earned the President Academic Excellence Award and a three-year academic letter...was a member of the National Honors Society and Mu Alpha Theta...swam for the Mid-Delmarva YMCA where he was coached by Scott McIntire... plans to major in biochemistry.



## Cole Hensley

**Junior - Winter Springs, Fla.  
Oviedo- Fly- Blue Dolphins  
Aquatics**

### Top Times

100 Fly: 47.55
200 Fly: 1:46.21

- Swam a career best time in the 200 fly at the Bulldog Invite at 1:47.94 in prelims before taking fourth at finals. Added another career best of 48.89 and placed sixth.
- Was given the Academic Award at the end of the year banquet.
- Placed third at the state meet in the 100 fly in 2011.
- Was an All-America honorable mention and first-team All-Central Florida as a junior in water polo.
- A junior national qualifier.

**Personal:** Born September 27, 1993...son of Don and Sue Hensley... first name is Thaxter but goes by Cole...graduated from Oviedo High School where he was listed in the top 24 of his class...was a member of the National Honors Society, honor roll, Science Honors Society and was a scholastic All-American...was involved with the Italian club...mother Sue swam for Florida State...also played water polo...is a member of the Blue Dolphins Aquatics where he is coached by Charlie Rose...plans to major in physics.



## Jason Coombs

**Sophomore - Osteen, Fla.  
Hagerty High School  
Blue Dolphins**

### Top Times

100 breast: 53.09 FSU RECORD
200 breast: 1:55.81
200 IM: 1:46.09

- A three-time MVP for Hagerty High School.
- A two-time state champion in the 100 breast (2010, 2011) and as a member of the 400 free relay in 2010.
- A three- time all-state selection.

**Personal:** Born February 20, 1995...son of Scott and Sandra Coombs...played a year of water polo...a member of the Blue Dolphins where he is coached by Charlie Rose...also plays the piano... plans to major in psychology.



## Dylan Grisell

**Sophomore - Toronto, Ont.  
Riverdale Collegiate Insitute  
Diving  
Etobicoke Diving Club**

### Top Scores:

1-meter: 344.00
3-meter: 411.80
Platform: 419.55

- A two-time Canadian Junior National Champion and a member of the junior national team.
- A Canadian Olympic Trial Qualifier.
- Represented Canada in five International junior meets starting in 2009.

**Personal:** Born June 29, 1995...son of Karen Goldstein and Joel Grisell...graduated from Riverdale Collegiate Institute in 2013... achieved high honors with a 4.0 GPA during grades 9-12...had the highest academic average in his class in grades 9-11...brother Josh plays baseball for Triple-A affiliate...was a gymnast for five years... is coached by Anna Dacyshyn at the Etobicoke Diving Club.



## Jemal LeGrand

**Sophomore - Sannidad,  
Aruba - Sagemont  
Free - Davie Nadadores**

### Top Times

100 free: 44.81
200 free: 1:38.28

- Swam his best time in the 200 free at the Auburn Invite.
- A 2012 Olympian for Aruba. Competed in the 100 free.
- Competed at the 2013 World Championships in the 100 and 200 free.
- Won silver in both the 100 and 200 free at the state championships as a senior.

**Personal:** Born June 20, 1994...son of Arnold Le Grand and Noanni Cham...graduated from Sagemont High School in 2013...a member of the Davie Nadadores where he is coached by Alexander Pussieldi.



## Kevin Matheus

**Sophomore - Venice Fla.  
Venice- Free- Sarasota YMCA  
Sharks**

### Top Times

200 IM: 1:54.65
100 fly: 49.93
100 breast: 58.39

- A state champion as a member of the 200 medley relay for Boca Raton
- Won the team Sportsmanship Award for three-consecutive season.

**Personal:** Born November 29, 1994...son of German and Lisbeth Matheus...a member of the Science Engineering Mathematics Honors Program...also a member of AICE Diploma and the honor roll...won the AP Scholar Award...graduated Boca Raton Community High School in the top 20 percent of his class...was given a personalized letter from principal Dr. McKee recognizing his student-athlete success...plays guitar...involved in Calvary Chapel and Youth Group...a lifeguard at The Ocean Club...a member of St. Andrew's Swimming where he is coached by Sid Cassidy...plans to major in engineering.



## Jason McCormick

**Sophomore - Boca Raton, Fla.  
Boca Raton - Free/Fly - FLA  
Aquatics**

### Top Times

50 Free: 19.71
100 free: 43.37
200 free: 1:39.63

- A four-time state champion in 2012 in the 50 free, 100 free, 200 and 400 free relays.
- Contributed to a boys team title in 2012 for Boca Raton.
- Placed sixth in the 50 free at the Winter Junior National Championships.
- A two-time Palm Beach Country Swimmer of the Year
- A 2011 state champion in the 50 free.
- A long-time teammate of Phillip Simms.

**Personal:** Born June 24, 1994...son of Kirk and Dawn McCormick...graduated from Boca Raton High School in 2013...earned a 4.0 HPA ...also played water polo and basketball...a member of FLA Aquatics where he is coached by Allan Williams...plans to major in Business.



## Dustin Miller

**Sophomore - Lafayette, Ind.  
Jefferson - Diving  
STARZ Diving**

### Top Scores

1-meter: 293.20
3-meter: 329.45

- A two-time Indiana All-State honoree
- Broke Olympic Gold Medalist David Boudia's high school conference record.
- Took third as a senior in the state finals.

**Personal:** Born Aug. 27, 1994...son of Tim and Debbie Miller...graduated from Lafayette Jeff High School on the honor roll...was also a varsity concert choir member...a member of the Boiler Diving Academy where his is coached by Josh Karshen and Sean McCarthy.



## Phillip Sims

Sophomore - Boca Raton, Fla.  
Boca Raton - Free -  
FLA Aquatics

### Top Times

100 free: 46.45

200 free: 1:43.49

- Placed 10th in the 100 free and 11th in the 200 free at the state meet in 2012.

- Contributed to a team title in 2012.

- Long-time teammate of Jason McCormick.

- Received the Bobcat Coaches Award in 2011 and 2012.

**Personal:** Born February 15, 1995...son of Rex and Lou Sims...was a nominee for the 2012-13 FHSAA Academic All-State team...graduated from Boca Raton Community High School in 2013 with stem cord...earned the President's Award for Educational Excellence all four years...was crowned homecoming king in 2012...was the water polo team captain for his senior season...was the National Honors Society president... a member of FLA Aquatics where he is coached by Allan Williams...plans to major in pre-exercise science.



## Calvin Bryant

Freshman - St. Petersburg, Fla.  
Osceola Fundamental - Free  
St. Petersburg Aquatics

### Top Times

200 free: 1:39.37

500 free: 4:23.47

1650 free: 15:06.07

- Grabbed the silver in both the 200 and 500 free at the 2013 3A FHSAA State Championships for Osceola High School...was fifth in the 500 and 11th in the 200 free at the 2012 state meet

- A national qualifier in the 1650 free, swimming his best time in the mile at the FL GSC Holiday Classic

- Took third as a senior in the state finals.

**Personal:** Born Dec. 8, 1995...son of Susan Kivior...a member of St. Petersburg Aquatics where he is coached by Fred Lewis...earned the nickname "CalPal"



## Gavin Colley

Freshman - Annapolis, Md.  
Annapolis High School - Im/  
Free/Fly - NBAC

### Top Times

400 IM : 3:56.84

200 fly: 1:49.90

500 free: 4:33.20

- Colley is a national qualifier in the 200 fly and 400 IM events

- A member of North Baltimore Aquatic Club, Colley placed 24th in 400 IM at the 2013 World Championship Trials after swimming a best of 4:39.67 in prelims

- A national qualifier.

- A five-time Maryland Outstanding Swimmer

**Personal:** Born Oct. 25, 1996...Son of Doug and Robin Colley...made the honor roll at Anapolis High School...understands some Turkish and Mandarin Chinese...a member of North Baltimore Aquatic Club where he is coached by Erik Posegay and Bob Bowman.



## Soren Evans

Freshman - Sanford, Fla.  
Free/Fly  
Seminole High School

### Top Times

50 Free - 21.92

100 free - 47.83

1:44.51

- A two-time Indiana All-State honoree

- Broke Olympic Gold Medalist David Boudia's high school conference record.

- Took third as a senior in the state finals.

**Personal:** Born Aug. 27, 1994...son of Tim and Debbie Miller...graduated from Lafayette Jeff High School on the honor roll...was also a varsity concert choir member...a member of the Boiler Diving Academy where his is coached by Josh Karshen and Sean McCarthy.



## Storm Hewitt

Freshman -Destin, Fla.  
University of Miami Global Academy  
Breast - IM - Club Compensar

### Top Times

100 breast - 1:04.17 (LCM)
200 breast - 2:18.94 (LCM)

- A member of the Colombian junior national team since the turn of 2013
- Current age group record holder in the 100 and 200 breast as well as the 200 IM
- Earned a bronze medal at the 2013 Junior South American Games in Chile in the 200 IM and 200 breast

**Personal:** Born Nov. 11, 1995...son of Stanley and Wassiya Hewitt...attended three different high schools - Asociacion Escuelas Lincoln, Colegio Nueva Granada, University of Miami Global Academy...won the English Award in 2011.



## Trevor Hine

Freshman - York, Pa.  
Dallastown - Free/IM  
NBAC

### Top Times

400 IM - 3:59.88
500 free - 4:34.87
200 IM - 1:52..22

- Produced his highest PIAA finish in 2014 in the 200 IM with a career best time of 1:52.22
- Helped his Dallastown team placed sixth in the 200 free relay in 2014
- Took third as a senior in the state finals.

**Personal:** Born Dec. 8, 1995...son of Susan Kivior...a member of St. Petersburg Aquatics where he is coached by Fred Lewis...earned the nickname "CalPal"

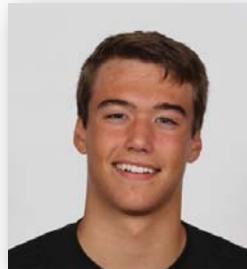


## Cameron Johnson

Freshman - Indian Harbor  
Beach, Fla. - Satellite High  
School - Diving

- Johnson was named the 2013 All-Space Coast Diver of the Year after he won the state title at the FHSAA 2A State Championships with a score of 438.90 from 1-meter...took bronze at the 2012 meet with a score of 422.95.

**Personal:** Born April 11, 1996...son of Doug and Laura Johnson... was on the honor roll at Satellite High School...plans to major in business.



## Connor Kalisz

Freshman - BelAir, Md.  
Fallston - Back/IM/Breast  
NBAC

### Top Times

200 back - 1:45.95
200 IM - 1:51.57
400 IM - 3:53.97

- A two-time state champion in the 200 back.
- Qualified and swam at the 2014 Arena Grand Prix in Charlotte.
- Took third as a senior in the state finals.

**Personal:** Born May 13, 1996...son of Mike and Cathy Kalisz...His older brother, Chase was the 2014 NCAA Champion in the 400 IM where he broke the American Record with a time of 3:34.50...was on the Distinguished Honor Roll at Fallston High School...is the founder of Embrace The Beat.



## Anthony Lyons

**Freshman - Calgary, Canada  
Free**

### Top Times

50 free - 20.40
100 free - 44.70
200 free - 1:38.20

• Grabbed silver at the 2013 Canada Summer Games for Alberta in the 100m free with a time of 51.47

• Also the runner up in the 17-18 age group in the 100 free at the Canadian Age Group Championships in 2013.



## Chad Mylin

**Freshman - Longwood, Fla.  
Seminole High School - Free  
Seminole Aquatics**

### Top Times

50 free - 20.89
100 free - 46.60
200 free - 1:44.59

• Placed fifth in the 50 free and seventh in the 100 free at the state meet while representing Seminole High School in 2013 and earned all-conference honors.

• Was the team captain for the squad that won the conference and district titles.

**Personal:** Born July 20, 1996...son of David and Tracey Mylin... graduated Cum Lade from Seminole High School...a member of National Honors Society...was also a water polo player...mother Tracey is an FSU alumni...a member of Seminole Aquatics where he is coached by Tony Akerson



## Joe Plechy

**Freshman - Bradenton, Fla.  
Out of Door Academy  
Free • Sarasota Sharks**

### Top Times

50 free - 21.70
100 free - 47.60

• A two-year swimmer Plechy was given the MVP for both seasons as a member of ODA

• Was a two-year MVP on the soccer team.

• A junior national qualifier.

• A five-time Maryland Outstanding Swimmer

**Personal:** Born Dec. 11, 1995...son of Michael and Ana Plechy...a member of National Honors Society and the honor roll...plays the trombone, trumpet and baritone and he was a part of music honors society and jazz band.



## Jonathan Ratliff

**Freshman - Panama City, Fla.  
A. Crawford Mosley - Fly/Free**

### Top Times

100 fly - 49:83
200 fly - 1:48.59
200 free - 1:39.74
500 free - 4:33.16

• Took silver in the 100 fly and earned All-American consideration honors on top of placing third in the 200 free at the 2013 3A FHSAA State Championships.

• A finalist in 2012 in the 200 and 500 free, placing eighth in the 200 and sixth in the 500 while helping his team to the gold in the 200 medley relay and state runner up team finish

• A junior national qualifier.

• A five-time Maryland Outstanding Swimmer

**Personal:** Born June 17, 1996...son of Scott and Lori Ratliff... academically is ranked third in his class at A. Crawford Mosley where he is a member of National Honors Society, Mu Alpha Theta and Beta Club Historian...won the Science Award at State Beta Convention in 2014...is a USA Swimming Scholastic All-American... Dean's List...earned AP Scholar with Distinction in 2013 and a National Merit Letter of Commendation...was a FSU Presidential Scholar Finalist...grandfather Thomas Hancock played basketball



## Tyler Roberge

Freshman - Edmonton, Alberta.  
Diving

- Finished fifth at the 2014 Canadian National Championships on platform
- Owns the Junior Provincial Records for Alberta in the Boys A 1M (10 dives) with a score of 476.70 and Boys A 3m (10 dives) 549.55 which were set back in 2012. Also holds the Boys A 3m for nine dives at 503.73
- Participated in the 2010 FINA Junior World Championships and placed 11th in the 3-meter event with a score of 394.05.

**Personal :** Born December 27, 1995...son of Gerry and Lynne Roberge...was a student at Vimy Ridge Academy...plans to major in exercise science.



## Jacob Urbano

RS Freshman - Kailua, Hi  
Hawaii Technology Academy  
Kamehameha Aquatics

### Top Times

100 free: 46.22

200 free: 1:39.72

500 free : 3:32.03

100 fly - 50.45

- Was the state champion in the 200 free while representing Kalaheo High School in 2012. Finished in the top five at states in five other races during his three seasons of competition
- A multi Hawaiian relay record holder in both short and long course distances

**Personal:** Born June 25, 1995...son of Rodney and Jennifer Urbano... graduated from Hawaii Technology Academy 2013, which was an online charter school that allowed him to swim for Kalaheo High School...can play guitar and piano...is a surfer.

## 2013-14 Highlights

- The men finished 14th at the NCAA Championships which was the highest finish at the meet since the 1999 season.
- Pavel Sankovich was awarded the ACC Swimmer of the Year after taking second in the 100 fly with a new ACC and FSU record of 45.00 at NCAA's. Sankovich also placed eighth in the 100 back at the meet while helping the medley relays to All-American finishes. Sankovich finished his career as an eight-time ACC Champion.
- Sankovich headlined the medley relays for the Seminoles, helping the team of Jared Pike, Connor Knight and Paul Murray place fourth in the 400 medley relay after taking sixth in the 200 medley. The team set the highest finish for a relay in school history.
- Connor Knight placed ninth in the 200 fly and set a new school record in the race, breaking Stephen Parry's mark. He took bronze in the 100 fly at ACC's.
- Paul Murray placed seventh in the 50 free at the NCAA Championships after winning the ACC title setting a new record of 19.04, breaking Cullen Jones' mark.
- Tom Neubacher became the only diver in ACC history to compete in every possible ACC championship final throughout his career after turning in two seventh places and an eighth at the 2014 meet. He was also awarded the ACC Postgraduate Scholarship.
- Pavel Sankovich earned ACC Swimmer of the Week twice and Connor Knight also grabbed the honor. Tom Neubacher was awarded ACC Diver of the Week twice and Mikey Lewark picked it up once.



## Rafael Van Leeuwarde

Freshman - St. Petersburg, Fla.  
Osceola Fundamental - Free  
St. Petersburg Aquatics

### Top Times

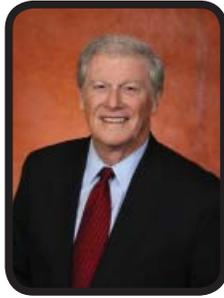
100 breast : 54.56

200 breast: 2:03.60

- Leeuwarde is the national record holder in all of the SCM (Short Course - meters) events, posting times of 28.14 (50 breast), 1:02.20 (100 breast) and 2:17.66 (200 breast)
- Competed in the 2013 FINA World Championships in the 50m and 100m breast
- Was the 2014 North Carolina state champion in the 100 breast.
- Placed 12th in the 100 breast at the 2012 Winter Junior National Championships with a 55.50

**Personal:** Born Feb. 21, 1994...son of Ine Van Leeuwarde and Lucien Van Leeuwarde...father won the bronze in Judo at the CACSO Games in 1982...was coached by Oscar Braaf and Gordon Touw in Suriname.

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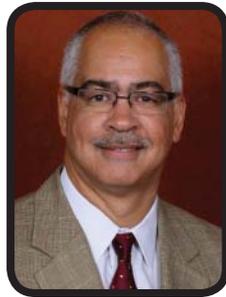
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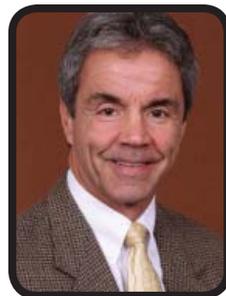
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# FLORIDA STATE<sup>®</sup> SCHOOL RECORDS

## Women's School Records

Event	Swimmer (Year)	Time/Score
50 Free	Tiffany Oliver (2014)	22.02
100 Free	Tiffany Oliver (2013)	48.19
<b>200 Free</b>	<b>Kaitlyn Dressel (2013)</b>	<b>1:46.26</b>
<b>500 Free</b>	<b>Madison Jacobi (2014)</b>	<b>4:37.77</b>
<b>1000 Free</b>	<b>Madison Jacobi (2014)</b>	<b>9:40.82</b>
<b>1650 Free</b>	<b>Madison Jacobi (2014)</b>	<b>16:01.09</b>
<b>100 Fly</b>	<b>Chelsea Britt (2014)</b>	<b>51.80</b>
<b>200 Fly</b>	<b>Chelsea Britt (2014)</b>	<b>1:53.68</b>
100 Back	McKayla Lightbourn(2014)	52.39
200 Back	Stephanie Sarandos (2010)	1:54.14
100 Breast	Lauren Brick (2007)	1:00.51
200 Breast	Emma Dutton (2004)	2:12.76
200 IM	McKayla Lightbourn (2014)	1:58.11
400 IM	Julia Henkel (2014)	4:09.64

200 Free Relay (2014)  
Tiffany Oliver, **Kaitlyn Dressel**  
**Bianca Spinazzola**, McKayla Lightbourn  
1:29.25

400 Free Relay (2014)  
Tiffany Oliver, McKayla Lightbourn,  
Julia Henkel, **Kaitlyn Dressel**  
3:15.76

800 Free Relay (2014)  
Tiffany Oliver, **Kaitlyn Dressel**,  
Julia Henkel, **Madison Jacobi**  
7:06.56

200 Medley Relay (2014)  
**Bianca Spinazzola**, **Samantha Pochowski**  
**Chelsea Britt**, Tiffany Oliver  
1:37.97

400 Medley Relay (2014)  
**Bianca Spinazzola**, **Samantha Pochowski**  
**Chelsea Britt**, **Kaitlyn Dressel**  
3:34.02

1 Meter Diving  
**6 Dives** **Katrina Young (2014)** **332.15**  
11 Dives Wendy Fuller (1985) 431.60

3 Meter Diving  
6 Dives Kelsey Goodman (2013) 373.05  
11 Dives Brittany Lerew (2005) 556.60

Platform  
6 Dives Courtney McCLOW (2005) 348.50  
**5 Dives** **Katrina Young (2014)** **364.70**

## Men's School Records

Event	Swimmer (Year)	Time/Score
50 Free	Paul Murray (2014)	19.04
100 Free	Paul Murray (2014)	42.59
<b>200 Free</b>	<b>Kevin Rogers (2014)</b>	<b>1:34.52</b>
500 Free	Kyle Young (2009)	4:14.60
1000 Free	Mateo De Angulo (2012)	8:54.28
1650 Free	Mateo De Angulo(2012)	14:42.77
100 Fly	Pavel Sankovich (2014)	45.00
<b>200 Fly</b>	<b>Connor Knight (2014)</b>	<b>1:42.25</b>
100 Back	Pavel Sankovich (2014)	45.31
200 Back	Andy Hodgson (2009)	1:41.11
<b>100 Breast</b>	<b>Jason Coombs (2014)</b>	<b>53.09</b>
200 Breast	Rob Holderness (2011)	1:54.39
200 IM	Pavel Sankovich (2014)	1:41.92
400 IM	Juan Sequera (2012)	3:45.83

200 Free Relay (2012)  
Paul Murray, Trice Bailey  
David Sanders, Mark Weber  
1:16.76

400 Free Relay (2009)  
Jimmy Holway, Jarryd Botha  
Ed Denton, Andy Hodgson  
2:52.03

800 Free Relay (2009)  
Kyle Young, Andy Hodgson,  
Stephen Pendleton, Robby Hayes  
6:25.11

200 Medley Relay (2014)  
Pavel Sankovich, Jared Pike,  
**Connor Knight**, Paul Murray  
1:24.57

400 Medley Relay (2014)  
Pavel Sankovich, Jared Pike  
**Connor Knight**, Paul Murray  
3:04.47

1 Meter Diving  
6 Dives Terry Horner (2010) 463.00  
11 Dives Paul Spray (1991) 581.65

3 Meter Diving  
6 Dives Terry Horner (2010) 458.40  
11 Dives Louis Gagnet (2003) 621.05

Platform  
6 Dives Landon Marzullo (2011) 441.25

**Bold denotes active swimmers/divers**

## Women

### 1993

Dora Bralic  
Julie Henderson  
Helen Jepson

### 1994

Dora Bralic  
Helen Jepson

### 1995

Erin Gillooly  
Helen Jepson  
Ruth Kominski  
Jodi Krieg  
Allison Smith

### 1996

Sherry Fowler  
Sara Henderson  
Jodi Kreig  
Tenelle Ramer  
Samantha White  
Katie Wright

### 1997

Anne Blachford  
Sam White

### 1998

Anne Blachford

### 1999

Tanya Gurr  
Marya Sabesky

### 2000

Kristen Adams  
Anne Blachford  
Christy Cech  
Tanya Gurr

### 2001

Christy Cech  
Caren Hirai  
Keryn Krynauw  
Chelsie Lerew  
Michelle Sekeres

### 2002

Emily Breen  
Christy Cech  
Emma Dutton  
Chelsie Lerew  
Courtney McClow  
Tiffany Manning  
Michelle Sekeres  
Candice Nethercott

### 2003

Emily Breen  
Emma Dutton  
Loren Hansen

Chelsie Lerew  
Andreee-Anne Leroy  
Jennie Lyes  
Tiffany Manning  
Courtney McClow  
Liz Parkinson

### 2004

Emily Breen  
Lauren Brick  
Rachel Dong  
Emma Dutton

Lisa How  
Taryn Ignacio  
Brittany Lerew  
Andree-Anne LeRoy  
Tiffany Manning  
Courtney McClow

### 2005

Romy Altmann  
Emily Breen  
Lauren Brick  
Carrie Ellis  
Lindsay Kenney  
Brittany Lerew  
Courtney McClow

### 2006

Romy Altmann  
Lauren Brick  
Carrie Ellis  
Georgia Holderness  
Lindsay Kenney  
Abbie King  
Christie Raleigh  
Lauren Sparg

### 2007

Romy Altmann  
Lauren Brick  
Lindsay Kenney  
Abbie King  
Christie Raleigh  
Lauren Sparg

### 2008

Georgia Holderness  
Holly Mills  
Lauren Sparg  
Lowri Tynan

### 2009

Katie Sirounis  
Stephanie Sarandos

### 2010

Katherina Adham  
Charlotte Broadbent  
Aleia Monden  
Stephanie Sarandos  
Katie Sirounis

### 2011

Lisi Rowland  
Stephanie Sarandos  
Katrina Young

### 2012

Melissa Cooper  
Kelsey Goodman  
Ariel Rittenhouse  
Katrina Young

### 2013

Kaitlyn Dressel  
Julia Henkel  
Tiffany Oliver  
Julia Henkel  
Kristine Polley  
Ariel Rittenhouse

### 2014

Chelsea Britt  
Tiffany Oliver  
Madison Jacobi  
Katrina Young

## Men

### 1992

Robert Caicedo  
Desmond Koh  
Paul Spray

### 1993

Robert Caicedo  
Rob Branknis  
Ingacio Merino

### 1994

Rob Branknis  
Chip Haberstroh  
Ignacio Merino

### 1995

Dustin Bengston  
Frank Bradley  
Rob Branknis  
Eduardo Coelho  
Sean Gerrard  
Chip Haberstroh  
John Haynes  
Ignacio Merino

### 1996

Eduardo Coelho  
Brendon Dedekind  
Chip Haberstroh  
John Haynes  
Matt McVittie  
Stephen Parry

### 1997

Rob Branknis  
Eduardo Coelho  
Brendon Dedekind  
Chip Haberstroh  
Matt McVittie  
Stephen Parry  
Brett Petersen

### 1998

Keam Ang  
Brendon Dedekind  
Kevin Flanagan  
Matt McVittie  
Stephen Parry  
Brett Peterson  
Julio Santos

### 1999

Keam Ang  
Brendon Dedekind  
Kevin Flanagan  
Greg Main-Baillie  
Matt McVittie  
Nelson Mora  
Stephen Parry  
Brett Petersen  
Julio Santos

### 2000

Nnamnse Ammons  
Brent Burkman  
Kevin Flanagan  
Greg Main-Baillie  
Joey Mashburn  
Brett Petersen

### 2001

Devin Crock  
Josh Edelman  
Greg Main-Baillie  
Wickus Nienaber

### 2002

Nnamnse Ammons  
Justin Betts  
Louis Gagnet  
Devin Crock  
Joey Mashburn

### 2003

Nnamnse Ammons  
Justin Betts  
Matt Carmen  
Devin Crock  
Louis Gagnet  
Joey Marshburn  
Joel Roycik  
Wickus Nienaber  
Michael Paulus

### 2004

Michael Averett  
Wickus Nienaber

Michael Paulus  
Joel Roycik  
Chris Vythoulkas

### 2005

Michael Averett  
Tommy Bishop  
Jarryd Botha  
Ed Denton  
Billy Jamerson  
Alex Kennon  
Joel Roycik

### 2006

Jarryd Botha  
Alex Kennon  
Ed Denton  
Carl Marais  
Paul Erben  
Joel Roycik  
Danny Keeling  
Kyle Young

### 2007

Jarryd Botha  
Ed Denton  
Terry Horner  
Billy Jamerson  
Alex Kennon  
Ian Powell  
Steve Roof  
Corey Swanson  
Kyle Young

### 2008

Scott Baker  
Dan Frebel  
Rob Holderness  
Terry Horner  
Ian Powell  
Ian Rowe

### 2009

Jarryd Botha  
Dan Frebel  
Andy Hodgson  
Rob Holderness  
Terry Horner  
Scott Thacker  
Kyle Young

### 2010

Andy Hodgson  
Rob Holderness  
Terry Horner  
Landon Marzullo  
Mike Neubacher  
Scott Thacker

### 2011

Robby Hayes  
Rob Holderness  
Jordan Horsley

Landon Marzullo  
Mike Neubacher  
Matt Shead

### 2012

Trice Bailey  
Mateo DeAngulo  
Josh Friedel  
Nick Klein  
Ford McLIney  
Paul Murray  
Tom Neubacher  
David Sanders  
Juan Sequera  
Mark Weber

### 2013

Trice Bailey  
John Jessell  
Paul Murray  
Tom Neubacher  
Jared Pike  
Mark Weber

### 2014

Paul Murray  
Pavel Sankovich  
Jared Pike  
Connor Knight

# FLORIDA STATE®

## ALL-TIME ACC CHAMPIONS

### Women's

- 1993** - Dora Bralic, 100 Breast  
Helen Jepson, 200 Fly
- 1994** - Dora Bralic, 100 Breast
- 1995** - Erin Gillooly, 3M Diving  
Helen Jepson, 100 Fly, 200 Fly  
Jodi Kreig, 100 Back, 200 Back  
Alison Smith, 100 Breast  
200 Medley Relay (Kreig, Smith, Jepson, Kominski)  
400 Medley Relay (Kreig, Smith, Jepson, Kominski)
- 1996** - Jodi Kreig, 100 Back  
200 Medley Relay (Kreig, White, Wright, Ramer)
- 1997** - Samantha White, 100 Breast
- 2000** - Christy Cech, 100 Free  
Tanya Gurr, 200 Free  
400 Free Relay (Adams, Blachford, Gurr, Cech)
- 2001** - Chelsie Lerew, 1M Diving, 3M Diving
- 2002** - Christy Cech, 100 Free  
Chelsie Lerew, 3M Diving  
Courtney McClow, 1M Diving  
400 Medley Relay (Breen, Dutton, Nethercott, Cech)
- 2003** - Emma Dutton, 100 Breast  
Chelsie Lerew, 1M Diving, 3M Diving  
Andree-Anne Leroy, 200 IM  
200 Free Relay (Lyres, Hansen, Breen, Parkinson)  
400 Free Relay (Lyres, Hansen, Breen, Dutton)
- 2004** - Emma Dutton, 50 Free, 100 Breast, 200 Breast  
Tiffany Manning, 1M Diving, 3M Diving  
200 Free Relay (Breen, Dong, How, Dutton)  
400 Free Relay (Breen, Dong, How, Dutton)  
200 Medley Relay (Breen, Brick, Dong, Dutton)  
400 Medley Relay (Leroy, Dutton, How, Breen)
- 2005** - Lauren Brick, 100 Breast  
Brittany Lerew, 3M Diving
- 2006** - Romy Altmann, 200 Free  
Lauren Brick, 100 Breast  
Carrie Ellis, 100 Free  
Georgia Holderness, 200 Breast  
Christie Raleigh, 50 Free, 100 Fly  
200 Free Relay (Ellis, King, Sparg, Raleigh)  
400 Free Relay (Raleigh, Holderness, Kenney, Ellis)  
200 Medley Relay (Raleigh, Brick, Sparg, Ellis)  
400 Medley Relay (Altmann, Brick, Raleigh, Ellis)
- 2007** - Christie Raleigh, 50 Free, 100 Free, 100 Fly  
Lauren Brick, 100 Breast  
Romy Altmann, 100 Back, 200 Back  
200 Medley Relay (Raleigh, Brick, Sparg, King)  
400 Medley Relay (Altmann, Brick, Sparg, Raleigh)

- 2008** - Lauren Sparg, 100 Fly
- 2012** - Katrina Young, Platform Diving
- 2013** - Tiffany Oliver, 50 free, 100 free  
Ariel Rittenhouse, 3M Diving
- 2014** - Tiffany Oliver, 50 free, 100 free  
Katrina Young, Platform Diving

### All-Time Winningest Seminoles (By ACC Titles)

- Emma Dutton - 10  
Christie Raleigh - 10  
Emily Breen - 7  
Lauren Brick - 7  
Rommy Altmann - 5  
Chelsie Lerew - 5  
Carrie Ellis - 5  
Lauren Sparg - 5  
Jodi Kreigh - 5  
Helen Jepson - 5  
Christy Cech - 4  
Lisa How - 4  
Tiffany Oliver - 4

### Men's

- 1992** - Desmond Koh, 200 Breast  
Paul Spray, 1M Diving, 3M Diving
- 1993** - Ignacio Merino, 200 Fly  
Rob Braknis, 100 Back
- 1994** - Rob Braknis, 100 Back
- 1995** - Frank Bradley, 200 IM  
Rob Braknis, 50 Free, 100 Back, 200 Back  
Chad Haberstroh, 400 IM  
200 Free Relay (Brakins, Coelho, Schlichenmaier, Gerrard)  
200 Medley Relay (Brakins, Merino, Bengston, Coelho)  
400 Medley Relay (Brakins, Merino, Bengston, Coelho)
- 1996** - Brendon Dedekind, 50 Free, 100 Free  
Chad Haberstroh, 400 IM  
200 Free Relay (Dedekind, Coelho, McVittie, Haynes)



**Ariel Rittenhouse - ACC  
Champion (2013)**



**Tiffany Oliver -Four-Time-  
ACC Champion (2013)**

- 1997** - Rob Brankis, 100 Back, 200 Back  
Brendon Dedekind, 50 Free, 100 Free, 100 Breast  
Stephen Parry, 200 Free, 200 Fly  
200 Free Relay (Dedekind, Coelho, McVittie, Brakins)  
400 Free Relay (Dedekind, Coelho, McVittie, Brakins)  
200 Medley Relay (Brakins, Peterson, Parry, Coelho)  
400 Medley Relay (Brakins, Peterson, Parry, Dedekind)
- 1998** - Brendon Dedekind, 50 Free, 100 Breast  
200 Free Relay (Santos, McVittie, Flanagan, Dedekind)  
400 Free Relay (Santos, McVittie, Flanagan, Dedekind)  
200 Medley Relay (Parry, Petersen, Ang, Dedekind)
- 1999** - Brendon Dedekind, 50 Free, 100 Free, 100 Breast  
Stephen Parry, 200 Free, 200 Fly, 200 Back  
200 Free Relay (Santos, McVittie, Flanagan, Dedekind)  
400 Free Relay (Santos, McVittie, Flanagan, Dedekind)  
800 Free Relay (McVittie, Mora, Santos, Parry)  
200 Medley Relay (Brakins, Petersen, Parry, Dedekind)  
400 Medley Relay (Brakins, Petersen, Parry, Dedekind)
- 2000** - Brent Burkman, 1M Diving  
200 Free Relay (Main-Baillie, Ammons, Marshburn, Flanagan)
- 2001** - Devin Crock, 100 Fly  
Josh Edelman, 1M Diving, 3M Diving  
Greg Main-Baillie, 50 Free
- 2002** - Louis Gagnet, 1M Diving, 3M Diving  
200 Medley Relay (Ammons, Betts, Crock, Mashburn)
- 2003** - Justin Betts, 100 Breast  
Louis Gagnet, 1M Diving, 3M Diving  
200 Free Relay (Ammons, Marshburn, Carmen, Nienaber)  
200 Medley Relay (Cook, Betts, Marshburn, Ammons)
- 2004** - Wickus Nienaber, 100 Breast  
Joel Roycik, 100 Fly  
200 Medley Relay (Vythoulikas, Nienaber, Averett, Paulus)

- 2005** - 400 Free Relay (Roycik, Kennon, Averett, Denton)
- 2006** - Jarryd Botha, 200 Back  
200 Free Relay (Botha, Denton, Kennon, Roycik)  
400 Free Relay (Kennon, Botha, Denton, Roycik)
- 2007** - Kyle Young, 500 Free, 1650 Free  
Alex Kennon, 50 Free  
Jarryd Botha, 100 Back, 200 Back  
Ed Denton, 100 Free  
200 Medley Relay (Powell, Jamerson, Swanson, Botha)  
400 Medley Relay (Botha, Jamerson, Kennon, Denton)
- 2008** - Terry Horner, 1M Diving, 3M Diving
- 2009** - Dan Frebel, Platform Diving  
Andy Hodgson, 200 Back
- 2010** - Andy Hodgson, 200 Back  
Rob Holderness, 200 Breast  
Terry Horner, 3M Diving  
Scott Thacker, 100 Breast
- 2011** - Rob Holderness, 100 Breast, 200 Breast
- 2012** - Mateo De Angulo, 500, 1650 free  
200 Free Relay (Murray, Bailey, Sanders, Weber)  
400 Free Relay (Murray, Bailey, Sanders, Weber)
- 2013** - Pavel Sankovich, 200 IM, 100 Back, 200 Back  
Mark Weber, 50 Free  
Paul Murray, 100 Free  
200 Free Relay (Murray, Bailey, Sanders, Weber)  
200 Medley Relay (Sankovich, Pike, Weber, Murray)

### **All-Time Winningest Seminoles (By ACC Titles)**

- Brendon Dedekind - 20
- Rob Brankis - 14
- Stephen Parry - 11
- Matt McVittie - 8
- Pavel Sankovich - 8
- Eduardo Coelho - 7
- Jaryd Botha - 7
- Paul Murray - 7
- Mark Weber - 5



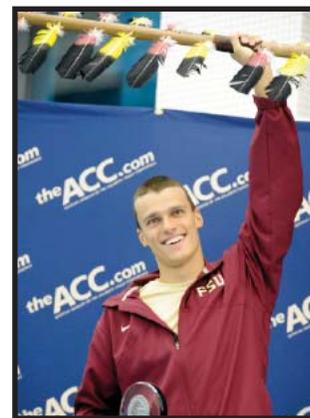
**Mark Weber - Five-Time ACC Champion (2012, 2013)**



**Paul Murray - Five-Time ACC Champion (2012, 2013)**



**Mateo De Angulo - Two-Time ACC Champion (2012)**



**Pavel Sankovich - Four-Time ACC Champion (2013)**

# FLORIDA STATE®

## All-Time All-Americans

### Women's

<b>1975</b>	Susan Clark	50 Fly - 11th (HM), 100 Fly - 14th (HM), 100 IM - 7th
	Katie Jones	100 Back - 16th (HM)
	Mary Montgomery	400 Free - 4th
	Jackie Walker	400 Free - 9th (HM)
<b>1976</b>	Laura Barber	50 Back - 16th (HM), 100 Back - 16th (HM)
	Laura Barber, Kim Reeves, <b>200 free relay</b> - Patty Taylor, Ritchie Dorrier	
<b>1977</b>	Laura Barber	100 Back - 14th (HM)
	Susie Yates	50 Free - 10th (HM)
	Jana Wilkins	100 Fly - 14th (HM)
<b>1978</b>	Terri Miller	400 IM - 11th (HM), 1650 Free - 11th (HM)
	Jana Wilkins	100 Fly - 7th
<b>1980</b>	Lenore Gribble	100 Fly - 16th (HM), 200 Free - 11th (HM)
	Lisa Nencioni	100 Breast - 16th (HM)
	Sharon Spuler	50 Breast - 15th (HM)
<b>1981</b>	Lenore Gribble	50 Fly - 11th (HM), 100 Fly - 9th (HM)
	Meg McCully	50 Back - 16th (HM), 100 Back - 14th (HM)
	Sharon Spuler	50 Breast - 8th
<b>1982</b>	Kim Foster	200 Back - 8th
	Lenore Gribble	50 Fly - 7th, 100 Fly - 7th, 100 IM - 9th (HM), 50 free - 10th (HM), 100 free - 10th(HM)
	Laurie Lehner	50 Fly - 2nd, 100 Fly - 2nd, 50 Free - 2nd, 100 Free - 6th
	Meg McCully	50 Back - 2nd, 100 Back - 2nd, 200 Back - 3rd
	Lisa Nencioni	100 IM - 8th, 200 IM - 15th (HM)
	Sonya Booth	200 IM - 13th (HM)
	Simone Kusseling	50 free - 12th (HM)
	Sharon Spuler	50 Breast - 4th, 100 Breast - 7th
<b>1983</b>	Sara Linke	200 Free - 12th (HM), 500 Free - 11th(HM)
<b>1984</b>	Sara Linke	200 Free - 5th, 500 Free - 7th, 400 IM - 13th (HM)
<b>1985</b>	Wendy Fuller	1M Diving - 15th (HM)
<b>1988</b>	Kathy Isackson	100 Fly - 15th (HM), 200 Fly - 10th (HM)
<b>1989</b>	Kathy Isackson	100 Fly - 9th (HM), 200 Fly - 16th (HM)
	Danielle Van Dyke	100 Breast- 10th (HM), 200 Breast-10th (HM)
<b>1995</b>	Helen Jepson	200 Fly - 12th (HM)
<b>1996</b>	Samantha White	100 Breast - 13th(HM)
<b>1997</b>	Samantha White	100 Breast - 9th (HM)
	Anne Blachford	200 IM - 13th (HM)
<b>2001</b>	Christy Cech	50 Free - 4th, 100 Free - 15th (HM)
<b>2002</b>	Christy Cech	50 Free - 9th (HM)
	Tiffany Manning	Platform Diving - 7th
	Chelsie Lerew	1M Diving - 14th (HM)
<b>2003</b>	Tiffany Manning	Platform Diving - 10th (HM)
<b>2004</b>	Emma Dutton	100 Breast - 8th, 200 Breast - 8th
	Tiffany Manning	Platform Diving - 5th, 3M Diving - 9th (HM), 1M Diving - 10th (HM)
	Taryn Ignacio	Platform - 15th (HM)
<b>2005</b>	Courtney McCLOW	1M Diving - 10th (HM), Platform - 13th (HM)
<b>2006</b>	Lauren Brick	100 Breast - 8th
	Christie Raleigh	100 Fly - 9th (HM)
<b>2007</b>	Lauren Brick	100 Breast - 5th
	Romy Altmann	200 Back - 7th

<b>2008</b>	Aleia Monden	Platform Diving - 11th (HM)
	Lauren Sparg	100 Fly - 14th (HM)
<b>2010</b>	Stephanie Sarandos	200 Back - 13th (HM)
<b>2012</b>	Katrina Young	Platform - 4th
<b>2013</b>	Kaitlyn Dressel	100 Free - 14th (HM)
	Tiffany Oliver	50 Free - 10th (HM)
<b>2014</b>	Julia Henkel	400 IM - 16th (HM)
	McKayla Lightbourn	100 back - 16th (HM)
	Madison Jacobi	1650 free - 9th (HM)

### 200 Free Relay

1976-

1977- Laura Barber, Ritchie Dorrier, Susie Yates, Jana Wilkins - 16th (HM)

1980 - Lenore Gribble, Sharon Spuler, Jeanna Dowdle, Kim Dunlop - 11th (HM)

1982- Shanon Spuler, Lenore Gribble, Laurie Lehner, Simone Kusseling \* - 1st

2000 - Christine Williams, Christy Cech, Tanya Gurr, Anne Blachford - 14th (HM)

2003 - Jennie Lyes, Emma Dutton, Emily Breen, Loren Hansen - 16th (HM)

2004 - Emily Breen, Emma Dutton, Rachel Dong, Lisa How - 14th (HM)

### 400 Free Relay

1975 - Mary Montgomery, Susan Clark, Jackie Walker, Kathy McHardy - 10th (HM)

1976 - Laura Barber, Kim Reeves, Ritchie Dorrier, Kathy McHardy - 16th (HM)

1977 - Laura Barber, Ritchie Dorrier, Jana Wilkins, Susie Yates - 10th (HM)

1978 - Terri Miller, Jeanne Dowdle, Laura Barber, Jana Wilkins - 16th (HM)

1979 - Jeanne Dowdle, Lisa Davidson, Kim Dunlap, Kathi Miller - 16th (HM)

1982 - Sharon Spuler, Laurie Lehner, Lenore Gribble, Stacey Deck - 3rd

2000 - Kristen Adams, Anne Blachford, Tanya Gurr, Christy Cech (HM) - 16th

2004 - Emily Breen, Rachel Dong, Emma Dutton, Lisa How - 16th (HM)

2006 - Georgia Holderness, Romy Altmann, Carrie Ellis, Christie Raleigh - 10th (HM)

2014 - Kaitlyn Dressel, Julia Henkel, McKayla Lightboun, Tiffany Oliver - 14th (HM)



**Tiffany Manning - Five-Time All-American**



**Emma Dutton - Seven-Time All-American**

## 800 Free Relay

1977 - Laura Barber, Sara Shuster, Nancy Pfaff, Beth Jones - 16th (HM)  
 1978 - Terri Miller, Jackie Bajus, Jana Wilkins, Sara Shuster - 14th (HM)  
 1982 - Jane Triau, Stacey Deck, Kim Foster, Meg McCully - 13th (HM)  
 2000 - Kristen Adams, Anne Blachford, Tanya Gurr, Christy Cech (HM) - 16th  
 2013 - Kaitlyn Dressel, Tiffany Oliver, Madison Jacobi, Elizabeth Pepper (HM) - 16th

## 200 Medley Relay

1975 - Katie Jones, Penny Knutsen, Susan Clark, Mary Montgomery - 8th  
 1977 - Terri Wiking, Kim Krueger, Jana Wilkins, Susie Yates  
 1978 - Laura Barber, Jeanne Dowdle, Jana Wilkins, Jackie Bajus - 14th (HM)  
 1980 - Kim Dunlap, Sharon Spuler, Lenore Gribble, Jeanne Dowdle  
 1981 - Meg McCully, Sharon Spuler, Lenore Gribble, Kim Foster - 6th  
 1982 - Meg McCully, Sharon Spuler, Laurie Lehner, Simone Kusseling - \*1st  
 1988 - Stacia Evans, Jennifer Hazard, Kathy Isackson, Krissy Myers - 13th (HM)  
 2004 - Emily Breen, Lauren Brick, Rachel Dong, Emma Dutton - 11th (HM)  
 2006 - Christie Raleigh, Lauren Brick, Lauren Sparg, Carrie Ellis - 3rd  
 2007 - Christie Raleigh, Lauren Brick, Lauren Sparg, Abbie King - 11th (HM)

## 400 Medley Relay

1981 - Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble - 8th  
 1982 - Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble - 2nd  
 2004 - Emily Breen, Lauren Brick, Lisa How, Emma Dutton - 12th (HM)  
 2006 - Romy Altmann, Lauren Brick, Christie Raleigh, Carrie Ellis - 9th (HM)  
 2007 - Romy Altmann, Lauren Brick, Lauren Sparg, Christie Raleigh - 10th (HM)  
 2014 - Bianca Spinazzola, Sami Pochowski, Chelsea Britt, Kaitlyn Dressel - 14th (HM)

## \* - National Champions(HM) – Honorable Mention



The 200 Free Relay National Champions - 1982

## 50 Free

1975 Susie Yates - 10th -HM  
 1982 Laurie Lehner - 2nd  
 Lenore Gribble - 10th - HM  
 Simone Kusseling - 12th - HM  
 2001 Christy Cech - 4th  
 2002 Christy Cech - 9th - HM  
 2013 Tiffany Oliver - 10th - HM

## 100 Free

1982 Laurie Lehner - 6th  
 Lenore Gribble - 10th - HM  
 2001 Christy Cech - 15th - HM  
 2013 Kaitlyn Dressel - 14th - HM

## 200 Free

1980 Lenore Gribble -11th - HM  
 1983 Sara Linke - 12th - HM  
 1984 Sara Linke - 5th

## 500 Free

1983 Sara Linke - 11th - HM  
 1984 Sara Linke - 7th

## 1650 Free

1978 Terri Miller - 11th - HM  
 2014 Madison Jacobi - 9th - HM

## 100 Back

1975 Katie Jones - 16th - HM  
 1976 Laura Barber - 16th - HM  
 1977 Laura Barber - 14th - HM  
 1981 Meg McCully - 14th - HM  
 1982 Meg McCully - 2nd  
 2014 McKayla Lightbourn - 16th - HM

## 200 Back

1982 Meg McCully - 3rd  
 Kim Foster - 8th  
 2007 Romy Altmann - 7th  
 2010 Stephanie Sarandos - 13th - HM

## 100 Fly

1975 Susan Clark - 14th -HM  
 1977 Jana Wilkins - 14th- HM  
 1978 Jana Wilkins - 7th  
 1980 Lenore Gribble - 16th - HM  
 1981 Lenore Gribble - 9th - HM  
 1982 Laurie Lehner - 2nd  
 Lenore Gribble - 7th  
 1988 Kathy Isackson - 15th - HM  
 1989 Kathy Isackson - 9th - HM  
 2006 Christie Raleigh - 9th - HM  
 2008 Lauren Sparg - 14th- HM

## 200 Fly

1988 Kathy Isackson - 10th- HM  
 1989 Kathy Isackson - 16th- HM  
 1995 Helen Jepson - 12th - HM

## 100 Breast

1980 Lisa Nencioni - 16th - HM  
 1982 Sharon Spuler - 7th  
 1989 Danielle Van Dyke - 10th - HM

1996 Samantha White - 13th- HM  
 1997 Samantha White - 9th - HM  
 2004 Emma Dutton - 8th  
 2006 Lauren Brick - 8th  
 2007 Lauren Brick - 5th

## 200 Breast

1989 Danielle Van Dyke - 10th - HM  
 2004 Emma Dutton - 8th

## 200 IM

1982 Sonya Booth - 13th HM  
 Lisa Nencioni - 15th- HM  
 1997 Anne Blachford - 13th - HM

## 400 IM

1978 Terri Miller - 11th - HM  
 1984 Sara Linke - 13th - HM  
 2014 Julia Henkel - 16th - HM

## 1-Meter Springboard

1985 Wendy Fuller - 15th - HM  
 2002 Chelsie Lerew - 14th- HM  
 2004 Tiffany Manning - 10th - HM  
 2005 Courtney McCLOW - 10th - HM

## 3-Meter Springboard

2004 Tiffany Manning - 9th - HM

## Platform

2002 Tiffany Manning - 7th  
 2003 Tiffany Manning - 10th - HM  
 2004 Tiffany Manning - 5th  
 Taryn Ignacio - 15th - HM  
 2005 Courtney McCLOW - 13th - HM  
 2008 Aleia Monden - 11th- HM  
 2012 Katrina Young - 4th

# FLORIDA STATE®

## Men's

<b>1951</b>	Roger Slater	1M Diving - 6th, 3M Diving- 10th (HM)
<b>1954</b>	Ernest Stock	100 Breast - 4th
<b>1958</b>	Robert Weber	1M Diving - 15th (HM), 3M Diving -15th (HM)
<b>1959</b>	Curt Genders	1M Diving - 7th, 3M Diving - 11th (HM)
	Buck Hiles	440 Free - 6th
	Robert Weber	1M Diving - 8th, 3M Diving - 10th (HM)
<b>1960</b>	Curt Genders	1M Diving - 9th (HM), 3M Diving - 14th(HM)
	Robert Weber	1M Diving - 10th (HM), 3M Diving - 12th (HM)
	Paul Thompson	220 Free - 12th (HM), 440 Free - 15th(HM)
<b>1961</b>	Curt Genders	1M Diving - 1st, 3M Diving
	Buck Hiles	100 Fly - 6th
<b>1962</b>	Paul Thompson	220 Free, 440 Free
<b>1969</b>	Phil Boggs	3M Diving - 4th
<b>1970</b>	Phil Boggs	1M Diving - 4th, 3M Diving - 9th (HM)
	Dean Jerger	50 Free
<b>1971</b>	Phil Boggs	1M Diving* - 1st, 3M Diving
<b>1978</b>	Steve Allbritton	50 Free - 6th
<b>1979</b>	Kevin Connell	200 Breast - 15th (HM)
<b>1985</b>	Dan Akre	200 Breast - 13th (HM)
	Mike Kowalski	100 Back - 9th (HM)
<b>1986</b>	Mike Kowalski	100 Back - 8th
<b>1991</b>	Paul Spray	1M Diving - 12th
	Craig Zettle	100 Breast - 13th (HM)
<b>1992</b>	Paul Spray	1M Diving - 5th
	Craig Zettle	100 Breast
<b>1994</b>	Ignacio Merino	100 Fly - 13th (HM)
<b>1995</b>	Rob Brakins	200 Back - 8th
	Ignacio Merino	200 Fly - 13th (HM)
<b>1996</b>	Brendon Dedekind	50 Free - 9th (HM)
	Chip Haberstroh	400 IM - 10th (HM)
	Stephen Parry	200 Fly - 10th (HM)
<b>1997</b>	Brendon Dedekind	50 Free - 3rd, 100 Free - 4th, 100 Breast - 5th
	Stephen Parry	100 Fly - 9th (HM), 200 Fly*- 1st
<b>1998</b>	Brendon Dedekind	50 Free*- 1st, 100 Breast - 5th 100 Free - 4th
	Stephen Parry	200 Fly - 4th, 200 Free - 14th (HM)
<b>1999</b>	Brendon Dedekind	100 Breast* - 1st, 50 Free - 2nd, 100 Free - 10th (HM)
	Stephen Parry	100 Fly - 14th (HM), 100 Back - 11th (HM), 200 Fly - 3rd
	Julio Santos	50 Free - 15th (HM)
	Brett Peterson	100 Breast - 14th (HM)
<b>2003</b>	Louis Gagnet	3M Diving - 9th (HM)
<b>2006</b>	Steve Roof	1650 Free - 15th (HM)
<b>2007</b>	Terry Horner	1M Diving*- 1st, 3M Diving - 8th
	Kyle Young	1650 Free - 7th, 500 Free (HM)
	Steve Roof	1650 Free - 11th (HM)
<b>2008</b>	Scott Baker	50 Free - 7th
	Terry Horner	1M Diving - 3rd, 3M Diving - 16th (HM)
	Nick Graves	1650 Free - 10th(HM)
	Ian Rowe	1650 Free - 14th (HM)
<b>2009</b>	Terry Horner	3M Diving - 5th, 1M Diving - 11th (HM)
	Andy Hodgson	200 Back - 13th (HM)
<b>2010</b>	Terry Horner	1M Diving - 2nd, 3M Diving - 5th
	Andy Hodgson	200 Back - 11th (HM)
	Rob Holderness	200 Breast - 9th (HM)
	Landon Marzullo	1M Diving - 15th (HM), 3M Diving - 15th (HM)

<b>2011</b>	Rob Holderness	200 Breast - 7th
	Landon Marzullo	3M Diving - 7th, 1M Diving - 15th (HM)
	Mike Neubacher	Platform - 11th (HM)
<b>2012</b>	Mateo De Angulo	1650 Free- 7th, 500 Free - 10th (HM)
<b>2013</b>	Tom Neubacher	1M Diving - 7th , Platform - 15th (HM)
	Pavel Sankovich	200 IM - 16th (HM), 100 Back - 11th (HM)
	Mark Weber	50 Free - 14th (HM)
<b>2014</b>	Pavel Sankovich	100 fly - 2nd, 100 back - 8th
	Paul Murray	50 free - 6th
	Connor Knight	200 fly - 9th (HM)

## 200 Free Relay

<b>1996</b>	- Brendon Dedekind, Eduardo Coelho, John Haynes, Matt McVittie (HM) - 9th
<b>1997</b>	- Brendon Dedekind, Eduardo Coelho, Matt McVittie, Rob Braknis (HM) - 7th
<b>1998</b>	- Kevin Flanagan, Brendon Dedekind, Matt McVittie, Julio Santos - 7th
<b>1999</b>	- Brendon Dedekind, Julio Santos, Kevin Flanagan, Matt McVittie - 6th
<b>2006</b>	- Joel Roycik, Alex Kennon, Ed Denton, Jarryd Botha (HM) - 15th
<b>2012</b>	- Paul Murray, Trice Bailey, David Sanders, Mark Weber (HM) - 9th

## 400 Free Relay

<b>1996</b>	- Brendon Dedekind, Eduardo Coelho, Matt McVittie, John Haynes (HM)- 9th
<b>1997</b>	- Brendon Dedekind, Eduardo Coelho, Matt McVittie, Stephen Parry (HM)- 11th
<b>1998</b>	- Matt McVittie, Julio Santos, Brendon Dedekind, Stephen Parry- 7th
<b>1999</b>	- Matt McVittie, Brandon Dedekind, Kevin Flanagan, Stephen Parry (HM)- 10th
<b>2006</b>	- Stephan Connor, Joel Roycik, Alex Kennon, Ed Denton (HM)- 14th
<b>2009</b>	- Jarryd Botha, Ed Denton, Jimmy Holway, Andy Hodgson (HM)- 12th
<b>2012</b>	- Paul Murray, Trice Bailey, David Sanders, Mark Weber- 7th

## 800 Free Relay

<b>1974</b>	- John Hegert, Bob Horne, Steve Meisel, Cliff Schlak - 14th
<b>1976</b>	- Larry Brown, Steve Meisel, Mike Gratton, Cliff Schlak - 14th
<b>1990</b>	- Vance Tankersly, Dieter Holtz, Scott Mundell, Charlie Rose (HM) - 16th
<b>1991</b>	- Jose Gutierrez, Dieter Hotlz, Scott Mundell, Charlie Rose (HM)- 12th
<b>1997</b>	- Brendon Dedekind, Stephen Parry, Darren Milun, Matt McVittie (HM) - 16th
<b>1999</b>	- Matt McVittie, Nelson Mora, Julio Santos, Stephen Parry (HM)- 16th
<b>2005</b>	- Thomas Bishop, Billy Jamerson, Steve Roof, Kyle Young (HM)- 16th
<b>2007</b>	- Kyle Young, Alex Kennon, Ed Denton, Steve Roof - 15th (HM)
<b>2009</b>	- Kyle Young, Andy Hodgson, Stephen Pendleton, Robby Hayes (HM) - 16th

# FLORIDA STATE®

## 200 Medley Relay

1995 - Rob Braknis, Ignacio Merino, Dustin Bengston, Eduardo Coelho (HM) - 16th

1996 - Erick Schlichenmaier, Tim Welsch, Nea-Kuan Chia, Brendon Dedekind, (HM)

1997 - Rob Braknis, Brett Peterson, Stephen Parry, Brendon Dedekind - 7th

1998 - Brett Peterson, Brendon Dedekind, Stephen Parry, Julio Santos - 8th

2013- Pavel Sankovich, Jared Pike, Mark Weber, Paul Murray (HM) - 10th

2014 - Pavel Sankovich, Jared Pike, Connor Knight, Paul Murray - 4th

## 400 Medley Relay

1995 - Robert Braknis, Ignacio Merino, Dustin Bengston, Eduardo Coelho (HM) - 16th

1997 - Rob Braknis, Brett Peterson, Stephen Parry, Brendon Dedekind - 7th

1999 - Stephen Parry, Brett Peterson, Keam Ang, Brendon Dedekind - 10th

2014 - Pavel Sankovich, Jared Pike, Connor Knight, Paul Murray - 6th

\* - National Champions (HM) - Honorable Mention(HM) - Honorable Mention

## 50 free

1970 Dean Jerger  
1978 Steve Allbritton - 6th  
1996 Brendon Dedekind - 9th - HM  
1997 Brendon Dedekind - 3rd  
1998 Brendon Dedekind - 1st  
1999 Brendon Dedekind- 2nd  
Julio Santos - 15th - HM  
2008 Scott Baker - 7th  
2013 Mark Weber - 14th - HM  
2014 Paul Murray - 7th

## 100 free

1998 Brendon Dedekind - 4th  
1999 Brendon Dedekind - 10th - HM

## 200 free

1998 Stephen Parry - 14th - HM

## 500 free

2007 Kyle Young - (HM)  
2012 Mateo De Angulo - 10th (HM)

## 1650 free

2006 Steve Roof - 15th (HM)  
2007 Kyle Young- 7th  
Steve Roof - 11th (HM)  
2008 Nick Graves - 10th (HM)  
Ian Rowe - 14th (HM)  
2012 Mateo De Angulo - 7th

## 100 back

1985 Mike Kowalski - 9th (HM)  
1986 Mike Kowalski - 8th  
1999 Stephen Parry - 11th (HM)  
2013 Pavel Sankovich - 11th (HM)  
2014 Pavel Sankovich - 8th

## 200 back

1995 Rob Brankis - 8th  
2009 Andy Hodgson - 13th (HM)  
2010 Andy Hodgson - 11th (HM)

## 100 fly

1961 Buck Hiles - 6th  
1994 Ignacio Merino -13th (HM)  
1997 Stephen Parry - 9th (HM)  
1999 Stephen Parry - 14th (HM)  
2014 Pavel Sankovich - 2nd

## 200 fly

1995 Ignacio Merino - 13th (HM)  
1996 Stephen Parry - 10th (HM)  
1997 Stephen Parry - 1st  
1998 Stephen Parry - 4th  
1999 Stephen Parry - 3rd  
2014 Connor Knight - 9th (HM)

## 100 breast

1954 Ernest Stock - 4th  
1991 Craig Zettle - 13th (HM)  
1992 Craig Zettle  
1997 Brendon Dedekind- 5th  
1998 Brendon Dedekind - 5th  
1999 Brendon Dedekind - 1st  
Brett Peterson - 14th (HM)

## 200 breast

1979 Kevin Connell - 15th (HM)  
1985 Dan Akre - 13th (HM)  
2010 Rob Holderness - 9th (HM)  
2011 Rob Holderness - 7th

## 200 IM

2013 Pavel Sankovich - 16th (HM)

## 400 IM

1996 Chip Haberstroth - 10th (HM)

## 1-meter diving

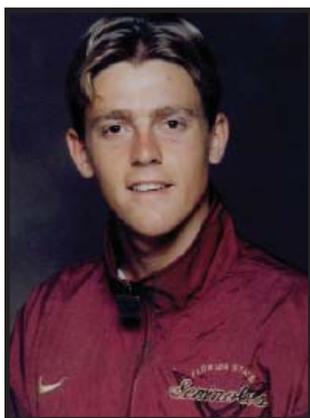
1951 Roger Slater - 6th  
1958 Robert Weber - 15th (HM)  
1959 Curt Genders - 7th  
Robert Weber - 8th  
1960 Curt Genders - 9th (HM)  
Robert Weber - 10th (HM)  
1961 Curt Genders - 1st  
1970 Phil Boggs - 4th  
1971 Phil Boggs - 1st  
1991 Paul Spary - 12th (HM)  
1992 Paul Spray - 5th  
2007 Terry Horner -1st  
2008 Terry Horner -3rd  
2009 Terry Horner - 11th  
2010 Terry Horner - 2nd  
Landon Marzullo - 15th (HM)  
2011 Landon Marzullo - 15th (HM)  
2013 Tom Neubacher - 7th

## 3-meter diving

1951 Roger Slater - 10th (HM)  
1958 Robert Weber - 15th (HM)  
1959 Curt Genders - 11th (HM)  
Robert Weber - 10th (HM)  
1960 Curt Genders - 14th (HM)  
Robert Weber - 12th (HM)  
1961 Curt Genders  
1969 Phil Boggs - 4th  
1970 Phil Boggs - 9th (HM)  
1971 Phil Boggs  
2007 Terry Horner -8th  
2008 Terry Horner - 16th (HM)  
2009 Terry Horner - 5th  
2010 Terry Horner - 5th  
Landon Marzullo - 15th (HM)  
2011 Landon Marzullo - 7th

## Platform

2011 Mike Neubacher - 11th (HM)  
2013 Tom Neubacher - 15th (HM)



**Brendon Dedekind - National Champion - 50 Free - 1998, 100 Breast- 1999**



**Stephen Parry - National Champion - 200 Fly - 1997**



**Terry Horner - National Champion - 1-Meter Diving - 2007**



**Phil Boggs - National Champion- 1-Meter Diving - 1971**

# FLORIDA STATE<sup>®</sup> WOMEN'S ALL-TIME SERIES

School	W	L	T	Pct.
Alabama	10	9	0	.526
Arizona	0	1	0	.000
Arkansas	2	1	0	.667
Army	2	0	0	1.000
Auburn	3	13	0	.188
Boston College	1	0	0	1.000
Brigham Young	1	0	0	1.000
Brenau College	5	1	0	.833
Brevard CC	1	0	0	1.000
California	0	1	0	.000
Charleston College	1	0	0	1.000
Cincinnati	0	1	0	.000
Clemson	10	4	1	.714
Colorado State	1	0	0	1.000
Daytona Beach CC	6	0	0	1.000
Duke	3	0	0	1.000
East Carolina	1	0	0	1.000
Emory	1	0	0	1.000
Florida	3	36	0	.077
Florida A&M	12	0	0	1.000
Florida Atlantic	28	0	0	1.000
Florida Gulf Coast	7	0	0	1.000
Florida International	9	0	0	1.000
Florida Southern	1	0	0	1.000
Furman	1	0	0	1.000
Georgia	6	8	0	.429
Georgia Southern	6	1	0	.857
Georgia State	2	0	0	1.000
Georgia Tech	12	0	0	1.000
Harvard	1	1	0	.500
Houston	0	1	0	.000
Howard	1	0	0	1.000
Indian River SC	22	3	0	.880
James Madison	2	0	0	1.000
UL-Monroe	6	0	0	1.000
Louisiana State	10	16	0	.385
Maryland	6	1	0	.857
Maryland-BCo.	1	0	0	1.000
Miami	26	11	0	.703
Miami (OH)	1	0	0	1.000
Michigan	1	1	0	.500
Michigan State	2	0	0	1.000
Minnesota	0	1	0	.000
Miss. Women's College	2	0	0	1.000
Nebraska	3	0	0	1.000
New Orleans	3	0	0	1.000
UNLV	1	0	0	1.000
North Carolina	0	6	0	.000
UNC-Wilmington	9	0	0	1.000
NC State	17	2	0	.895
North Florida	7	0	0	1.000
Notre Dame	1	0	0	1.000
Nova Southeastern	1	0	0	1.000
Ohio State	1	0	0	1.000
Oklahoma State	1	0	0	1.000
Pacific	1	0	0	1.000
Penn State	0	1	0	.000
Rice	1	0	0	1.000
Savannah College A&S	1	0	0	1.000
South Carolina	7	4	1	.636

School	W	L	T	Pct.
South Florida	11	1	0	.917
Southern Illinois	1	0	0	1.000
Southern Mississippi	2	0	0	1.000
Tampa	8	0	0	1.000
Tennessee	2	0	0	1.000
Texas	0	1	0	.000
Texas A&M	0	1	0	.000
TCU	1	0	0	1.000
Truman State	1	0	0	1.000
Tulane	8	0	0	1.000
Utah	1	0	0	1.000
Vanderbilt	2	0	0	1.000
Villanova	1	0	0	1.000
Virginia	0	7	0	.000
Virginia Tech	5	1	0	.833
Washington State	2	0	0	1.000
West Florida	1	0	0	1.000
West Virginia	1	0	0	1.000
William & Mary	1	0	0	1.000
<b>Total</b>	<b>318</b>	<b>135</b>	<b>2</b>	<b>.699</b>



**Kaitlyn Dressel**



**The 2006 ACC Championship Team**

# FLORIDA STATE<sup>®</sup> MEN'S ALL-TIME SERIES

School	W	L	T	Pct.
Alabama	12	11	0	.521
Arizona	0	1	0	.000
Arkansas	0	1	0	.000
Army	2	0	0	1.000
Auburn	0	18	0	.000
Bethany	1	0	0	1.000
Birmingham Southern	1	0	0	1.000
Boston College	1	0	0	1.000
Bowling Green	2	0	0	1.000
Brevard CC	1	0	0	1.000
Brigham Young	0	1	0	.000
California	0	1	0	.000
Cincinnati	0	1	0	.000
Clemson	15	4	0	.789
Daytona Beach CC	5	0	0	1.000
Darton	1	0	0	1.000
Drexel	1	0	0	1.000
Duke	4	0	0	1.000
East Carolina	13	1	0	.929
Emory	12	1	0	.923
Evansville	4	0	0	1.000
<b>Florida</b>	<b>24</b>	<b>52</b>	<b>1</b>	<b>.312</b>
Florida A&M	12	0	0	1.000
Florida Atlantic	21	0	0	1.000
Florida Southern	1	0	0	1.000
Furman	2	0	0	1.000
Georgia	39	12	1	.765
Georgia Southern	6	0	0	1.000
Georgia State	2	0	0	1.000
Georgia Tech	36	1	0	.973
Harvard	1	1	0	.500
Howard	1	0	0	1.000
Indian River SC	22	1	0	.957
Jacksonville Navy	4	0	0	1.000
James Madison	2	0	0	1.000
Kentucky	4	0	0	1.000
LaSalle	1	0	0	1.000
Louisiana State	15	11	0	.577
UL-Monroe	6	0	0	1.000
Louisville	2	0	0	1.000
Maryland	7	0	0	1.000
Maryland-BCo.	1	0	0	1.000
Miami	30	15	0	.667
Miami (OH)	2	0	0	1.000
UNLV	1	0	0	1.000
NW Louisiana	1	0	0	1.000
North Carolina	11	8	0	.579
North Carolina St.	11	12	0	.478
UNC-Wilmington	8	0	0	1.000
Notre Dame	1	0	0	1.000
Nova Southeastern	1	0	0	1.000
Oberlin	1	0	0	1.000
Pacific	1	0	0	1.000
Penn State	1	0	0	1.000
Pensacola Navy	2	2	0	.500
Rice	3	0	0	1.000
Rutgers	1	0	0	.000
St. Bonaventure	1	0	0	1.000
Savannah College A&S	1	0	0	1.000
Sewanee	4	0	0	1.000

School	W	L	T	Pct.
South Carolina	13	9	0	.591
Southern Illinois	0	2	0	.000
SMU	2	6	0	.250
Southern Mississippi	2	0	0	1.000
Tampa	7	1	0	.875
Tennessee	0	4	0	.000
Texas A&M	8	2	0	.800
TCU	1	0	0	1.000
Truman State	1	0	0	1.000
Tulane	19	5	0	.792
Utah	1	0	0	.000
Vanderbilt	1	0	0	1.000
Villanova	1	0	0	1.000
Virginia	2	5	0	.286
Virginia Tech	4	2	0	.667
Wake Forest	1	0	0	1.000
West Virginia	1	0	0	1.000
William & Mary	1	0	0	1.000
<b>Totals</b>	<b>430</b>	<b>191</b>	<b>2</b>	<b>.690</b>



**Mark Weber**



**Scott Derner and Dan Frebel**

# FLORIDA STATE® COACHING RECORDS

## Women's

### Under Terry Maul

Year	W	L	T	Pct.
1976	2	4	0	.333
1977	8	4	0	.667
1978	6	3	0	.667
1979	10	2	0	.833
1980	9	3	1	.692
1981	11	1	0	.917
1982	6	2	0	.750
1983	6	3	0	.667
1984	7	2	1	.700
1985	3	6	0	.333
1986	7	5	0	.583
1987	7	4	0	.636
1988	9	3	0	.750
1989	8	5	0	.615
1990	10	5	0	.667
1991	3	5	0	
1992	7	6	0	.538
1993	6	5	0	.545
<b>Total</b>	<b>125</b>	<b>68</b>	<b>2</b>	<b>.641</b>

### Under Don Gibb

Year	W	L	T	Pct.
1994	6	5	0	.546
1995	3	7	0	.300
1996	4	5	0	.444
1997	5	5	0	.500
1998	5	2	0	.714
1999	4	4	0	.500
<b>Total</b>	<b>27</b>	<b>28</b>	<b>0</b>	<b>.491</b>

### Under Neil Harper

Year	W	L	T	Pct.
2000	9	4	0	.692
2001	8	5	0	.615
2002	14	2	0	.875
2003	12	2	0	.857
2004	15	2	0	.882
2005	13	4	0	.764
2006	13	2	0	.867
2007	9	1	0	.900
2008	17	3	0	.809
2009	7	7	0	.500
2010	8	3	0	.727
2011	10	1	0	.909
2012	11	1	0	.917
2013	13	1	0	.929
<b>Total</b>	<b>159</b>	<b>38</b>	<b>0</b>	<b>.807</b>

### Under Frank Bradley

Year	W	L	T	Pct.
2014	7	2	0	.778
<b>Total</b>	<b>7</b>	<b>2</b>	<b>0</b>	<b>.778</b>

## Men's

Year	W	L	T	Pct.
1949	3	5	0	.375
1950	7	2	0	.778
1951	7	0	0	1.000
1952	5	2	1	.688
1953	7	1	0	.875
1954	9	0	0	1.000
1955	6	0	0	1.000
1956	9	2	0	.818
1957	9	3	0	.750
1958	10	1	1	.875
1959	8	1	0	.889
1960	10	0	0	1.000
1961	9	1	0	.900
1962	11	1	0	.917
1963	6	3	0	.667
1964	7	0	0	1.000
1965	9	0	0	1.000
1966	7	1	0	.875
1967	9	2	0	.818
1968	4	4	0	.500
1969	8	2	0	.800
1970	8	3	0	.727
1971	8	3	0	.727
1972	4	6	0	.400
1973	5	5	0	.500
<b>Totals</b>	<b>185</b>	<b>48</b>	<b>2</b>	<b>.761</b>

### Under Terry Carlisle

Year	W	L	T	Pct.
1974	4	5	0	.444
1975	5	4	0	.556
1976	6	3	0	.667
1977	5	5	0	.500
<b>Totals</b>	<b>20</b>	<b>17</b>	<b>0</b>	<b>.541</b>

### Under John Stafford

Year	W	L	T	Pct.
1978	9	2	0	.818
1979	6	2	0	.750
1980	5	5	0	.500
1981	4	5	0	.444
1982	6	2	0	.750
<b>Totals</b>	<b>30</b>	<b>16</b>	<b>0</b>	<b>.652</b>

### Under Bill Shults

Year	W	L	T	Pct.
1983	5	3	0	.625
1984	3	9	0	.250
1985	4	4	0	.500
1986	8	5	0	.615
<b>Totals</b>	<b>20</b>	<b>21</b>	<b>0</b>	<b>.488</b>

### Under Bill Shults & Terry Maul

Year	W	L	T	Pct.
1987	7	4	0	.636
1988	8	3	0	.727
1989	5	5	0	.500
1990	7	4	0	.636
<b>Totals</b>	<b>27</b>	<b>16</b>	<b>0</b>	<b>.628</b>

### Under Terry Maul

Year	W	L	T	Pct.
1991	4	2	0	.667
1992	10	4	0	.714
1993	8	4	0	.667
<b>Totals</b>	<b>22</b>	<b>10</b>	<b>0</b>	<b>.688</b>

### Under Don Gibb

Year	W	L	T	Pct.
1994	6	6	0	.500
1995	4	6	0	.400
1996	5	4	0	.556
1997	10	0	0	1.000
1998	6	1	0	.857
1999	6	1	0	.857
<b>Totals</b>	<b>37</b>	<b>18</b>	<b>0</b>	<b>.673</b>

### Under Neil Harper

Year	W	L	T	Pct.
2000	7	4	0	.636
2001	6	7	0	.462
2002	10	3	0	.769
2003	11	2	0	.846
2004	9	3	0	.750
2005	10	3	0	.769
2006	9	3	0	.750
2007	6	2	0	.750
2008	10	5	0	.667
2009	7	4	0	.636
2010	6	2	0	.750
2011	7	2	0	.778
2012	6	3	0	.667
2013	8	2	0	.800
<b>Totals</b>	<b>112</b>	<b>45</b>	<b>0</b>	<b>.713</b>

### Under Frank Bradley

Year	W	L	T	Pct.
2014	4	1	0	.800
<b>Totals</b>	<b>4</b>	<b>1</b>	<b>0</b>	<b>.800</b>

# FLORIDA STATE® WOMEN'S ALL-TIME TOP 10

## Women

### 50 Freestyle

1. Tiffany Oliver	22.02	2014
<b>2. Kaitlyn Dressel</b>	<b>22.27</b>	<b>2014</b>
3. Christy Cech	22.54	2001
4. Emma Dutton	22.64	2004
5. Christie Raleigh	22.67	2007
6. Brittany Selts	22.74	2010
<b>7. Alexi Smith</b>	<b>22.75</b>	<b>2014</b>
8. Carrie Ellis	22.76	2006
9. Laurie Lehner	22.77	1982
10. Grace Hoffman	22.78	2013

### 100 Freestyle

1. Tiffany Oliver	48.19	2013
<b>2. Kaitlyn Dressel</b>	<b>48.36</b>	<b>2014</b>
3. Carrie Ellis	49.32	2006
4. Christy Cech	49.36	2001
5. Christie Raleigh	49.56	2007
<b>6. Alexi Smith</b>	<b>49.61</b>	<b>2014</b>
7. Stevi Steinhauer	49.98	2009
8. Abbie King	50.01	2008
8. Laurie Lehner	50.01	1982
10. Emma Dutton	50.27	2003

### 200 Freestyle

<b>1. Kaitlyn Dressel</b>	<b>1:46.26</b>	<b>2013</b>
<b>2. Madison Jacobi</b>	<b>1:46.57</b>	<b>2014</b>
3. Tiffany Oliver	1:46.72	2012
4. Jocelyn Phillips	1:46.76	2009
5. Holly Mills	1:47.70	2010
6. Tanya Gurr	1:48.14	2000
7. Christy Cech	1:48.45	2001
8. Romy Altmann	1:48.67	2006
9. Julia Henkel	1:48.74	2010
10. Josie Cuda	1:48.92	2014

### 500 Freestyle

<b>1. Madison Jacobi</b>	<b>4:37.77</b>	<b>2014</b>
2. Charlotte Broadbent	4:42.92	2011
3. Caroline Smith	4:45.69	2010
4. Sara Linke	4:45.80	1984
5. Marissa Harrington	4:46.41	2010
6. Julia Henkel	4:47.81	2013
<b>7. Josie Cuda</b>	<b>4:48.10</b>	<b>2014</b>
8. Jocelyn Phillips	4:49.28	2008
9. Lisa How	4:49.56	2004
10. Holly Mills	4:49.67	2010

### 1000 Freestyle

<b>1. Madison Jacobi</b>	<b>9:40.82</b>	<b>2014</b>
2. Marissa Harrington	9:50.77	2010
3. Charlotte Broadbent	9:51.42	2010
4. Caroline Smith	9:55.42	2010
5. Corey Allison	9:57.95	2010
6. Jen Guyler	9:58.06	2006
7. Holly Mills	10:01.11	2009
8. Missy Connolly	10:01.62	1990
9. Sara Linke	10:03.17	1984
<b>10. Julia Henkel</b>	<b>10:06.62</b>	<b>2011</b>

### 1650 Freestyle

<b>1. Madison Jacobi</b>	<b>16:01.09</b>	<b>2014</b>
2. Charlotte Broadbent	16:16.44	2010
3. Marissa Harrington	16:16.65	2010
4. Caroline Smith	16:34.86	2010
5. Julia Henkel	16:35.37	2012
6. Holly Mills	16:37.59	2009
7. Missy Connolly	16:39.79	1990
8. Rachel Harrington	16:44.39	2012
9. Corey Allison	16:45.38	2012
10. Jen Guyler	16:50.84	2007

### 100 Breaststroke

1. Lauren Brick	1:00.51	2007
<b>2. Sami Pochowski</b>	<b>1:00.67</b>	<b>2014</b>
<b>3. Natalie Pierce</b>	<b>1:01.34</b>	<b>2014</b>
4. Emma Dutton	1:00.84	2004
5. Melissa Cooper	1:00.92	2012
6. Georgia Holderness	1:01.67	2009
7. Morgan Stephenson	1:01.72	2013
8. Lowri Tynan	1:02.25	2008
9. Laura Flewelling	1:02.27	2013
10. Tori Richmond	1:02.32	2011

### 200 Breaststroke

1. Emma Dutton	2:12.38	2004
2. Morgan Stephenson	2:12.92	2014
3. Kristine Polley	2:13.32	2013
4. Georgia Holderness	2:14.06	2006
5. Laura Flewelling	2:14.37	2013
6. Keryn Krynauw	2:14.93	2001
7. Tori Richmond	2:15.09	2012
<b>8. Sami Pochowski</b>	<b>2:14.23</b>	<b>2014</b>
<b>9. Natalie Pierce</b>	<b>2:14.98</b>	<b>2014</b>
10. Lauren Brick	2:15.51	2007

### 100 Butterfly

<b>1. Chelsea Britt</b>	<b>51.80</b>	<b>2014</b>
2. Lauren Sparg	52.81	2008
3. Christie Raleigh	53.00	2007
4. Laurie Lehner	53.42	1982
<b>5. Bianca Spinazzola</b>	<b>53.75</b>	<b>2014</b>
6. C.J. Hendry	54.08	2010
7. Emily Breen	54.15	2004
8. Candice Nethercott	54.17	2002
9. Brittany Selts	54.39	2009
10. Lisa How	54.49	2004

### 200 Butterfly

<b>1. Chelsea Britt</b>	<b>1:53.68</b>	<b>2014</b>
2. Elizabeth Pepper	1:56.82	2012
3. Lauren Sparg	1:57.87	2008
4. C.J. Hendry	1:58.80	2010
5. Tiffany Elias	1:59.85	2010
6. Lindsay Kenney	1:59.92	2005
<b>7. Julia Henkel</b>	<b>1:59.95</b>	<b>2014</b>
8. Helen Jepson	2:00.28	1995
9. Lisa How	2:00.41	2004
10. Kathy Isackson	2:00.99	1988

### 100 Backstroke

1. McKayla Lightbourn	52.39	2014
<b>2. Chelsea Britt</b>	<b>52.68</b>	<b>2014</b>
<b>3. Bianca Spinazzola</b>	<b>53.02</b>	<b>2014</b>
4. Ashley Hicks	53.69	2013
5. Stephanie Sarandos	54.33	2010
6. Romy Altmann	54.39	2007
7. Emily Breen	55.48	2004
8. Carolina Page	55.45	2014
9. Brittany Selts	55.66	2010
10. C.J. Hendry	55.75	2010

### 200 Backstroke

1. Stephanie Sarandos	1:54.14	2010
2. Romy Altmann	1:55.36	2007
<b>3. McKayla Lightbourn</b>	<b>1:55.66</b>	<b>2013</b>
4. Ashley Hicks	1:56.98	2013
5. Holly Mills	1:58.10	2008
6. Emily Harris	1:59.12	2010
7. C.J. Hendry	1:59.45	2008
8. Andree-Anne LeRoy	1:59.50	2004
9. Caroline Smith	2:00.07	2011
10. Jodi Krieg	2:00.69	1995

### 200 Individual Medley

<b>1. McKayla Lightbourn</b>	<b>1:58.11</b>	<b>2013</b>
<b>2. Chelsea Britt</b>	<b>1:58.91</b>	<b>2014</b>
<b>3. Tori Richmond</b>	<b>1:59.04</b>	<b>2011</b>
4. Laura Flewelling	1:59.56	2013
5. Andree-Anne LeRoy	1:59.59	2003
6. Julia Henkel	1:59.75	2014
7. Jessica Sabotin	1:59.91	2009
8. Jamie Barrett	2:00.16	2012
9. Stephanie Sarandos	2:00.18	2010
10. Kristine Polley	2:00.85	2012

### 400 Individual Medley

1. Julia Henkel	4:09.64	2014
2. Jessica Sabotin	4:14.32	2009
3. Jamie Barrett	4:15.08	2013
4. Charlotte Broadbent	4:16.80	2010
5. McKayla Lightbourn	4:17.54	2011
6. Tori Richmond	4:18.37	2012
7. Andree-Anne LeRoy	4:18.40	2003
8. Meredith Martelle	4:20.67	2009
9. Ann Cipoletti	4:21.26	2007
10. Lisa How	4:21.49	2003

# FLORIDA STATE®

## MEN'S ALL-TIME TOP 10

### Men

#### 50 Freestyle

1. Paul Murray	19.04	2014
2. Brendon Dedekind	19.17	1998
3. Mark Weber	19.44	2013
4. Scott Baker	19.49	2008
5. Jimmy Holway	19.68	2009
6. Jason McCormick	19.71	2014
7. Pavel Sankovich	19.73	2014
7. Jarryd Botha	19.73	2009
9. Julio Santos	19.74	1998
10. Trice Bailey	19.82	2013

#### 100 Freestyle

1. Paul Murray	42.59	2014
2. Brendon Dedekind	42.96	1999
3. Jarryd Botha	43.28	2009
4. Jason McCormick	43.37	2014
5. Robby Hayes	43.38	2011
6. Mark Weber	43.52	2013
7. Jimmy Holway	43.54	2009
8. Ed Denton	43.68	2009
9. Trice Bailey	43.72	2013
10. Joel Roycik	43.75	2006

#### 200 Freestyle

1. Kevin Rogers	1:34.52	2014
2. Andy Hodgson	1:34.80	2009
3. Kyle Young	1:35.65	2009
4. Stephen Parry	1:36.18	1997
5. Mateo De Angulo	1:36.26	2012
6. Robby Hayes	1:36.52	2011
7. Carl Marais	1:36.99	2006
8. Trice Bailey	1:37.26	2012
9. Alex Kennon	1:37.42	2006
10. Ed Denton	1:37.65	2009

#### 500 Freestyle

1. Kyle Young	4:14.60	2009
2. Mateo De Angulo	4:15.43	2011
3. Kevin Rogers	4:19.56	2014
4. John Jessell	4:20.09	2013
5. Ian Rowe	4:20.30	2009
6. Steve Roof	4:20.60	2007
7. Nick Graves	4:22.76	2008
8. Stephen Parry	4:23.28	1997
9. Thomas Bishop	4:25.01	2005
10. Vance Tankersley	4:25.10	1988

#### 1000 Freestyle

1. Mateo De Angulo	8:54.28	2012
2. Kyle Young	8:54.94	2009
3. Ian Rowe	9:00.28	2009
4. Nick Graves	9:04.35	2009
5. Steve Roof	9:05.84	2006
6. Tommy Bishop	9:07.98	2005
7. Tyler Sell	9:10.42	2011
8. Chip Haberstroh	9:14.69	1994
9. Dylan Marsolek	9:18.68	2014
10. Henrick Jangvall	9:18.85	1986

#### 1650 Freestyle

1. Mateo DeAngulo	14:42.77	2012
2.. Kyle Young	14:46.68	2009
3.. Ian Rowe	14:56.22	2009
4. John Jessell	14:58.89	2013
5. Steve Roof	15:03.15	2007
6. Nick Graves	15:05.01	2008
7. Thomas Bishop	15:08.47	2005
8. Tyler Sell	15:12.78	2011
9. Derek Pridemore	15:16.17	2012
10. Chip Haberstroh	15:24.62	1994

#### 100 Backstroke

1. Pavel Sankovich	45.31	2014
2. Andy Hodgson	47.31	2009
3. Stephan Perry	47.72	1999
4. Josh Friedel	47.80	2014
5. Jarryd Botha	47.98	2009
6. Rob Braknis	48.10	1995
7. Chris Vythoulkas	49.00	2003
8. Cadell Lyons	49.05	2012
9. Ian Rowe	49.15	2011
10. Ian Powell	49.18	2007

#### 200 Backstroke

1. Andy Hodgson	1:41.11	2009
2. Pavel Sankovich	1:41.83	2013
3. Josh Friedel	1:43.14	2012
4. Kevin Rogers	1:43.53	2014
5. Rob Braknis	1:43.39	1995
6. Stephen Parry	1:44.90	1999
7. Jarryd Botha	1:45.10	2007
8. Ian Rowe	1:45.66	2011
9. Brad Morrison	1:45.92	2013
10. Carl Marais	1:46.10	2006

#### 100 Breaststroke

1. Jason Coombs	53.09	2014
2. Brendon Dedekind	53.16	1999
3. Scott Thacker	53.30	2009
4. Jared Pike	53.33	2014
5. Rob Holderness	53.55	2010
6. Brett Peterson	53.64	2000
7. Alex Rodriguez	53.70	2014
8. Billy Jamerson	53.98	2007
9. Richie Hildebrand	54.06	2014
10. Corey Swanson	54.18	2009
10. Wickus Nienaber	54.18	2003

#### 200 Breaststroke

1. Rob Holderness	1:54.36	2010
2. Jason Coombs	1:55.81	2014
3. Juan Sequera	1:56.39	2014
4. Wickus Nienaber	1:58.30	2003
5. Jared Pike	1:58.59	2014
6. Billy Jamerson	1:58.74	2005
7. Matt Shead	1:58.97	2011
8. Scott Thacker	1:59.05	2010
9. Alex Rodriguez	1:59.14	2013
10. Paul Erben	1:59.24	2007

#### 100 Butterfly

1. Pavel Sankovich	45.00	2014
2. Connor Knight	45.83	2014
3. Jarryd Botha	46.23	2009
4. Cadell Lyons	46.65	2014
5. Stephen Parry	47.16	1997
5. Joel Roycik	47.16	2006
7. Cole Hensley	47.55	2014
8. Corey Swanson	47.83	2009
9. Mark Weber	47.68	2013
10. Devin Crock	48.03	2002

#### 200 Butterfly

1. Connor Knight	1:42.25	2014
2. Stephen Parry	1:43.69	1998
3. Ian Powell	1:46.11	2008
4. Cole Hensley	1:46.21	2014
5. Pavel Sankovich	1:46.27	2014
6. Keam Ang	1:46.29	1999
7. Nelson Mora	1:46.44	1999
8. Robby Hayes	1:46.64	2009
9. Danny Nguyen	1:46.97	2010
10. Ignacio Merino	1:47.11	1994

#### 200 Individual Medley

1. Pavel Sankovich	1:41.92	2014
2. Robby Hayes	1:45.81	2011
3. Jason Coombs	1:46.09	2014
4. Juan Sequera	1:46.72	2014
5. Connor Knight	1:47.10	2014
6. Rob Holderness	1:47.65	2010
7. Corey Swanson	1:47.95	2009
8. Matt Shead	1:48.30	2009
9. Josh Friedel	1:48.44	2012
10. Ed Denton	1:48.56	2007

#### 400 Individual Medley

1. Juan Sequera	3:46.51	2012
2. Mateo De Angulo	3:47.23	2011
3. Kyle Young	3:47.93	2009
4. Ian Rowe	3:50.67	2010
5. Chip Haberstroh	3:50.76	1994
6. Nicholas Brown	3:50.85	2013
7. Kyle Doxtater	3:51.34	2014
8. Steve Roof	3:53.16	2007
9. Stephen Parry	3:53.47	1996
10. Mike Thomas	3:53.56	2013

## ACC Awards

### Women's

#### Swimmer of the Year

2004 - Emma Dutton

#### Freshman of the Year

2002 - Tiffany Manning

2006 - Christie Raleigh

#### Coach of the Year

2004 - Neil Harper

2006 - Neil Harper

#### ACC Meet MVP

2004 - Emma Dutton

2007 - Christie Raleigh

#### ACC Meet Diver MVP

1995 - Erin Gillooly

2001 - Chelsie Lerew

2002 - Chelsie Lerew

2003 - Chelsie Lerew

2004 - Tiffany Manning

### Men's

#### Swimmer of the Year

1995 - Rob Branknis

1997 - Stephen Parry and

Brendon Dedekind

1998 - Brendon Dedekind

1999 - Brendon Dedekind

2012 - Mateo De Angulo

2014 - Pavel Sankovich

#### Diver of the Year

2007 - Terry Horner

#### Freshman of the Year

1996 - Brendon Dedekind

2007 - Terry Horner

2012 - Juan Sequera

#### Coach of the Year

1995 - Don Gibb

1998 - Don Gibb

2007 - Neil Harper

#### ACC Meet MVP

1995 - Rob Branknis

1997 - Brendon Dedekind

2007 - Kyle Young

2012 - Mateo De Angulo

2013 - Pavel Sankovich

2014 - Pavel Sankovich

#### ACC Meet Diver MVP

1992 - Paul Spray

2001 - Josh Edelman

2002 - Louis Gagnet

2003 - Louis Gagnet

2008 - Terry Horner

## Olympians

**Phil Boggs** - USA- 1976 Montreal - Gold Medal 1-meter diving

**Wendy Fuller**- Canada 1980 Moscow, 1988 Seoul

**Keam Ang**- Malaysia - 1996 Atlanta

**Nelson Mora**- Venezuela - 1996 Atlanta

**Rob Branknis**- 1996 Atlanta

**Brendon Dedekind**- South Africa - 1996 Atlanta, 2000 Sydney

**Brett Peterson**- South Africa - 2000 Sydney

**Tal Stricker**- Israel - 2000 Sydney

**Stephen Parry**- Great Britain- 2000 Sydney, 2004 Athens - Bronze Medal 200 Fly

**Chris Vythoulkas**- Bahamas - 2004 Athens

**Wickus Neinaber**- Swaziland - 2000 Sydney, 2004 Athens

**Golda Marcus** - El Salvador - 2004 Athens, 2008 Beijing

**Ariel Rittenhouse** - USA - 2008 Beijing

**Mateo De Angulo**- Colombia - 2012 London

**Pavel Sankovich**- Belarus- 2008 Beijing, 2012 London

**Jemal Le Grand**- Aruba - 2012 London



*Mateo De Angulo representing Colombia*

#### 2014 European Championships

Pavel Sankovich grabbed the bronze medal in 100 fly with a time of 51.91 after placing sixth in the 50m backstroke with a 25.11.

#### 2014 Pan Pac Championships

Jared Pike was selected to represent South Africa at the meet.

#### 2014 Commonwealth Games

Rob Holderness competed for

Wales and made semifinals in the 200 breast.

#### 2014 FINA Diving World Cup

Katrina Young and Amy Cozad took eighth in the 10-meter synchronized event.

#### 2013 FINA World Championships

While representing Belarus, Pavel Sankovich placed 15th in the 50m back, 21st in the 100 fly and 22nd in the 100 back. He also helped his country to a 17th place showing in the 4x100 relay. Mateo DeAngulo competed for Colombia, placing 38th in the 200 free and 28th in the 1500 free. McKayla Lightbourn represented the Bahamas in the 200 IM and 100 back and incoming freshman Jemal LeGrand competed in the 100 and 200 free for Aruba.

#### 2013 World University Games

Katrina Young placed sixth in the women's 10-meter platform event while grabbing a Team USA silver in the Team Classification. Head Diving Coach Patrick Jeffrey led Team USA throughout the meet.

#### 2012 London Olympics

After receiving word that he wouldn't be included in the field, FINA was able to grant Mateo De Angulo (COL) a spot in the 400m free in the Olympic Games. Pavel Sankovich competed in his second Olympics for Belarus, placing 18th in the 100 back. Jemal LeGrand swam his best time in the 100 free while representing Aruba in his first international meet.

#### 2011 Pan-American Games

Taking a break from collegiate competition, senior Mateo De Angulo competed in the 200m and 1500m free for Colombia and sophomore McKayla Lightbourn swam the 200 IM, 200 back, 100 and 200 breast events for the Bahamas.

#### 2011 FINA World Championships

Senior Mateo De Angulo competed in the 200m, 400m, and 800m freestyle events for Colombia. While in Shanghai, De Angulo became the fastest distance swimmer in Colombian history, by setting the national record in the 800m free. He currently holds all the national records in the distance events. Pavel Sankovich competed for Belarus.

#### 2011 World University Games

Senior Landon Marzullo competed in 1-meter and 3-meter springboards as well as the 10 meter platform. His best event was the 3-meter synchronized event where he was a part of a fourth place finish. Assistant Diving Coach Yayha Radman



*Katrina Young's Team USA Silver*

also represented the United States as a coach.

#### 2010 Commonwealth Games

Senior Rob Holderness began his final season at Florida State in Dehli, India, competing in the Commonwealth Games. Holderness represented his native Wales in style placing sixth in the 200 breast and ninth in the 100 breast.

#### 2009 World Diving Championships

Florida State diver Terry Horner accomplished many things as a Seminole, but perhaps one of his greatest achievements was representing his country at the 2009 World Championships in Rome, Italy. The NCAA Champion qualified for the event on the one-meter and earned the opportunity to compete against the worlds elite on one of the events biggest stages. Current transfer from USC, Ariel Rittenhouse earned fifth place on the 3-meter synchronized event.

#### 2008 Beijing Olympics

While representing the United States, Ariel Rittenhouse placed fourth in the 3-meter synchronized event alongside Kelci Bryant. Pavel Sankovich represented Belarus.

# FLORIDA STATE® THE ACC

## The Tradition

Consistency. It is the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now, in its 62nd year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 136 NCAA team championships, including 71 in women's competition and 65 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 156 times in men's competition and 107 times in women's action. Given the ACC's strong history and the strengthening of its ranks with the additions of Notre Dame, Pitt and Syracuse in 2013, followed by Louisville in 2014, those numbers – and the league's longstanding tradition of excellence – appear destined to only grow greater in the years ahead.

In 2013, Atlantic Coast Conference football enjoyed one of the most successful seasons in history by any Conference. With Florida State winning its third national championship with a perfect 14-0 record, and Clemson winning the Discover Orange Bowl, the league became only the second in history to win the national title and record a second win in a BCS bowl game. For the third time in its history, the ACC set an NCAA record for bowl participation as 11 of its 14 teams earned bids to bowl games. The ACC also finished with 11 football teams sporting winning records, the most for any league since 1932 when the old Southern Conference was a 24-team league.

The ACC also became the first Conference to have student-athletes win the Heisman Trophy (Jameis Winston, FSU), the Nagurski Trophy (Aaron Donald, Pitt), the Outland Trophy Award (Donald), the Lombardi Award (Donald), the Chuck Bednarik Award (Donald), the Doak Walker (Andre Williams), the Lou Groza Award (Roberto Aguayo, FSU), the Rimington Award (Bryan Stork, FSU) and Davey O'Brien Award (Winston) in the same year. The league had 42 players selected in this year's NFL Draft, including four who were the first players chosen at their positions. And for the eighth straight year the ACC led all conferences in football in the APR and for the eighth time in nine years in the GSR (graduation success rate).

## 2013-14 Review

The 2013-14 academic year saw ACC teams capture five more national team titles and nine individual NCAA crowns. In all, the ACC has won 67 national team titles over the last 17 years and has won two or more NCAA titles in 31 of the past 33 years. A total of 207 ACC teams placed took part in NCAA post-season play in 2013-14, including a record 193 in NCAA championships. League teams compiled a 151-82-4 (.646) mark in NCAA championship dual competition.

Academically, the member institutions of the Atlantic Coast Conference again led the way among Power 5 conferences in the latest "Best Colleges" rankings released by US News & World Report. ACC member institutions combined for an average rank of 48, marking the seventh straight year that the ACC led all FBS conferences.

## The Championships

The conference will conduct championship competition in 27 sports during the 2014-15 academic year—13 for men and 14 for women. The first ACC championship was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis during the first year.

The 13 sports for men include football, cross country, soccer, basketball, fencing, swimming, indoor and outdoor track, wrestling, baseball, tennis, golf

and lacrosse. Women's sports were initiated in 1977 with the first championship meet held in tennis at Wake Forest University. Championships for women are currently conducted in cross country, field hockey, soccer, basketball, fencing, swimming, indoor and outdoor track, tennis, golf, lacrosse, softball and rowing, with volleyball deciding its champion by regular season play.

## A History

The Atlantic Coast Conference was founded on May 8, 1953, at the Sedgefield Inn near Greensboro, N.C., with seven charter members - Clemson, Duke, Maryland, North Carolina, North Carolina State, South Carolina and Wake Forest - drawing up the conference by-laws.

The withdrawal of seven schools from the Southern Conference came early on the morning of May 8, 1953, during the Southern Conference's annual spring meeting. On June 14, 1953, the seven members met in Raleigh, N.C., where a set of bylaws was adopted and the name became officially the Atlantic Coast Conference.

Suggestions from fans for the name of the new conference appeared in the region's newspapers prior to the meeting in Raleigh. Some of the names suggested were: Dixie, Mid-South, Mid-Atlantic, East Coast, Seaboard, Colonial, Tobacco, Blue-Gray, Piedmont, Southern Seven and the Shoreline.

Duke's Eddie Cameron recommended that the name of the conference be the Atlantic Coast Conference, and the motion was passed unanimously. The meeting concluded with each member institution assessed \$200.00 to pay for conference expenses.

On December 4, 1953, conference officials met again at Sedgefield and officially admitted the University of Virginia as the league's eighth member. The first withdrawal of a school from the ACC came on June 30, 1971, when the University of South Carolina tendered its resignation. The ACC operated with seven members until April 3, 1978, when the Georgia Institute of Technology was admitted. The Atlanta school had withdrawn from the Southeastern Conference in January of 1964.

The ACC expanded to nine members on July 1, 1991, with the addition of



### 2013-14 National Championships

Football	Florida State
Men's Soccer	Notre Dame
Men's Lacrosse	Duke
Women's Lacrosse	Maryland
Women's Golf	Duke

### Mission Statement of the Atlantic Coast Conference

The Atlantic Coast Conference, through its member institutions, seeks to maximize the educational and athletic opportunities of its student-athletes while enriching their quality of life. It strives to do so by affording individuals equitable opportunity to pursue academic excellence and compete successfully at the highest level of intercollegiate athletics competition in a broad spectrum of sports and championships.

The Conference will provide leadership in attaining these goals, promoting diversity and mutual trust among its member institutions, in a spirit of fairness for all. It strongly adheres to the principles of integrity and sportsmanship, and supports the total development of the student-athlete and each member institution's athletics departmental staff, with the intent of producing enlightened leadership for tomorrow.



Boston College



Clemson



Duke



Florida State



Georgia Tech



Louisville



Miami



North Carolina



NC State



Notre Dame



Pittsburgh



Syracuse



Virginia



Virginia Tech



Wake Forest

# FLORIDA STATE<sup>®</sup>

## MEDIA INFORMATION

### A NOTE TO THE MEDIA, FANS AND OPPONENTS

Florida State assistant sports information director Christa Salerno is ready to assist you with any questions or requests you may have about the 2014 Seminole volleyball program, almanac, coaches and student-athletes. Please do not hesitate to contact the FSU Sports Information office if we can further assist you.

### PLAYERS & COACHES INTERVIEWS

All players and coaches interviews should be arranged through the sports information office by contacting Christa Salerno (850-644-5653) at least 24 hours in advance. Student-athlete's phone numbers will not be released. Media may not contact any student-athlete through the use of social media, including Facebook, Twitter and Instagram.

### HOW TO COVER THE SEMINOLES

Members of the media are supplied with weekly press releases, including updated statistics, as well as conference and national rankings and information on upcoming matches. This information may be obtained in the sports information office and will be updated after every match at [www.seminoles.com](http://www.seminoles.com).

### WHERE THE HOME MATCHES WILL BE

All of the 2014 volleyball matches take place on Lucy McDaniel Court at Tully Gymnasium (capacity 1,162). Media should notify the sports information office prior to home matches if they plan to attend. Any accredited photographer wishing to shoot the matches must check in with Steve Stone prior to match day. There are no strobe lights in Tully Gym.

### FSU ON THE WEB

All the game stories, updated stats, weekly releases and Seminole volleyball news you could ever ask for is available 24 hours a day, 365 days a year at [Seminoles.com](http://Seminoles.com). The official FSU athletics Web site is your first stop for all the information you could ever need on the Seminole volleyball team and is updated immediately following each match.

### FOLLOW SEMINOLE VOLLEYBALL ON TWITTER, FACEBOOK AND INSTAGRAM

Media and fans are encouraged to follow @FSU\_Volleyball on the team's official Twitter page and Facebook ([Facebook.com/FSUVolleyball](http://Facebook.com/FSUVolleyball)) for instantaneous information surrounding the squad. Throughout the 2014 regular season, in-match tweeting will be provided in addition to CBS Game Tracker for live statistics.

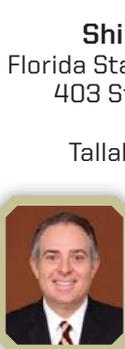
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**STEVEN MCCARTNEY**

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**AARON BRECHEISEN**

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# SWIM DIVE



## 2014-15 SCHEDULE

10/3-5	@ALL FLORIDA INVITE	ALL DAY
10/25	@GA TECH/NC STATE	11AM
11/7	FLORIDA SOUTHERN	10AM
11/21-23	@GEORGIA TECH INVITE	ALL DAY
12/5-7	@UGA INVITE	ALL DAY
1/3	FLORIDA	10AM
1/9-10	@LOUISVILLE	ALL DAY
1/30-31	@FLORIDA GULF COAST (WOMEN)	ALL DAY
2/18-21	WOMEN'S ACC CHAMPIONSHIP	ALL DAY
2/25-28	MEN'S ACC CHAMPIONSHIP	ALL DAY
2/27-3/1	@UF INVITE	ALLDAY
3/7-8	@LAST CHANCE MEET (MEN)	ALL DAY
3/19-21	WOMEN'S NCAA CHAMPIONSHIP	ALL DAY
3/26-28	MEN'S NCAA CHAMPIONSHIP	ALL DAY

ACC CHAMPIONSHIP'S • ATLANTA, GEORGIA

WOMEN'S NCAA • GREENSBORO, NORTH CAROLINA

MEN'S NCAA • IOWA CITY, IOWA