



FLORIDA STATE UNIVERSITY

Nomen's Basketball

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EDITOR: Tina Thomas; RESEARCH: Bill Baker, Jennifer Dowling, Daniel Huffman, John Levesque; PHOTO-GRAPHY: Ross Obley, Ryals Lee, Jr., FSU Photo Lab, Bob Rosato, Paul Chapman, Allen Kee, USA Basketball, Cory Lum; DESIGN: Chameleon Graphics & Design; PRINTING: Durra-Print, Inc.



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On The Cover: Seniors Lako Brown, Vanessa Fuchs, Levys Torres and Brooke Wyckoff will lead the Seminoles to The Next Level.

This document is available upon request in alternate formats for individuals with print-related disabilities. Contact the ADA Office, 301 Westcott Administration Building, for more information.

2000-2001 WOMEN'S BASKETBALL

Notes To The Media

FLORIDA STATE UNIVERSITY

Press (redentials REQUESTS FOR WORKING PRESS CREDENTIALS



Tina Thomas

should be directed to the sports information office. Media representatives should contact Associate SID Tina Thomas at least one day in advance by calling (850) 644-1065. For FSU home games, media will be seated in front of the east stands at the Leon County Civic Center.

Photographers

Photographers are to contact the SID office as well. Working area for all photographers will include the floor area at both ends of the court.

Television camera persons should abide by the same guidelines as still photographers.

Radio

A complimentary radio line is available for visiting teams. The SID office must be notified at least three days in advance.

Game Operations

Pre-game notes, rosters and a running play-by-play will be provided along with halftime and final statistics. A fax machine is also available upon request.

Player « Coaches Interviews

All player and coaches interviews must be arranged through the SID office (850) 644-1065. Players and coaches will be available to give interviews before and after, but not during practice times.

Post-Game Interviews

Coach Semrau and requested players will be available after a 10-minute cooling-off period. No interviews will be given on the floor immediately following the game. The visiting coach and players will be brought in on a request basis only.

MediaTeamlink® ~ InfoConnection®

Releases, Standings, Statistics and other sports information are available by accessing www.mediateamlink.com. You can have documents delivered directly to your e-mail and/or fax the moment they are updated. You can also view documents online. MediaTeamlink® is FREE to all accredited Media.

Log on to www.mediateamlink.com if you do not already have an account and click the "Sign Up Here" button and complete the short form. Documents requested via fax will incur a 15¢ per page fee. This site is for accredited media only. Pivotal

will conduct an audit to eliminate non-accredited media.

Documents are also still available on InfoConnection[®]. To access, please dial (770) 558-6000 from the handset of your fax machine and enter your 10-digit PIN. If you do not have a PIN number, please call Pivotal Communications at (770) 399-0096.

FLORIDA STATE MEDIA OUTLETS

Print Media

Frent Media
Associated Press (Local)
Bradenton Herald
Daytona Beach News-Journal
Florida Times-Union (Local)
Florida Times-Union
Ft. Lauderdale Sun-Sentinel
Ft. Myers News-Press
FSView
Gainesville Sun
Lake City Reporter
Lakeland Ledger
Miami Herald
Ocala Star-Banner
O 1 - 1 C - 4' - 1 (I 1) (950) 222 5564

Orlando Sentinel (Local)......(850) 222-5564

36 E. College Ave., Suite 303, Tallahassee, FL 32301

Fax (850) 224-0979

Orlando Sentinel
THE Osceola
Palatka Daily News
Palm Beach Post
Panama City News-Herald
Pensacola News-Journal
Sarasota Herald-Tribune
St. Petersburg Times
Tallahassee Democrat
Tampa Tribune (Local)
Tampa Tribune
Electronic Media Cable 47 (850) 487-3170 WFSU Television Center
Cable 47
Florida News Channel
Sunshine Network
WCTV-TV (CBS) (850) 906-0477 Fax (850) 668-3851 • Lee Gordon, <i>Sports Director</i> 4000 County Rd. 12, Tallahassee, FL 32312
WFSU
WNLS-WTNT RADIO
WTWC-TV (NBC)
WTXL-TV (ABC)

7927 Thomasville Rd., Tallahassee, FL 32312

FLORIDA STATE UNIVERSITY

SEMINOLES ON THE WEB

Keep up with all the action of Florida State Athletics by visiting FSU's official website at:





SPORTS INFORMATION DIRECTORY

CONTACT US AT: 850/644-1403; FAX 850/644-3820

ADDRESS INQUIRIES TO:

Florida State Sports Information PO Drawer 2195, Tallahassee, FL 32316

SHIP OVERNIGHT PACKAGES TO:

Florida State Sports Information, Moore Athletic Center Pensacola Street, Tallahassee, FL 32306

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Assistant Sports Information Director Jeff Purinton, 850/644-0615

Graduate Assistants Pat Connolly, 850/644-4836 Elliott Finebloom, 850/644-5656

Administrative Secretary Lynn Hobby, 850/644-2016

MEDIA INFORMATION

2000-2001 WOMEN'S BASKETBALL

Seminoles In The Air

Seminole Productions

THE FLORIDA STATE WOMEN'S BASKETBALL **PROGRAM** enjoys some of the finest video production in the country through Seminole Productions.

Seminole Productions is an educational auxiliary of the Florida State University Department of Communication. The department began in 1988 by producing an athletics television se-

ries called "Seminole Uprising."

Since then, the relationship with FSU athletics has grown. SP now provides virtually every video service in the athletics area including the Bobby Bowden Show, Seminole Basketball Highlights with Sue Semrau and Steve Robinson, The Mike Martin Show and Seminole Sports Magazine, which are aired weekly in the Southeast Region on Sunshine Network. SP also handles the production for In-Game Entertainment of FSU football and men's and women's basketball.

Under the direction of Mark Rodin, Seminole Productions provides complete professional-quality video production services to University Departments, Schools, Colleges, Divisions, and other



"One-on-One" with Coach Semrau.



The broadcast team of Liberty Taylor and Todd Van Dyke.

activities. Seminole Productions also provides services to state government, local government, and FSU related entities. SP has also produced nature documentaries, informational and training videos, and even an opera for television.

Utilization of Seminole Productions services does more than just provide great video productions. Seminole Productions provides an opportunity for students of television design, production, performance, and broadcasting to participate in actual, professional television activities.

Projects are supervised by the industry's finest professional producers while seniors in the Media Communication program in the Department of Communication provide the crews.

Seminole Productions award-winning productions are produced using high-end, network-quality video equipment. SP uses Betacam SP and Digital DVCam for videotaping, and do master editing on Avid Non-Linear, digital editors and Betacam SP iin order to assure a high-quality finished product.

SP also has sophisticated digital video effects equipment and can perform complicated 3-D animation and multi-layer compositing effects. Complete studio facilities are also avail-

able.

The Seminoles on Radio

Florida State University's marketing office announced in May that it has extended the contract with WTNT-FM and WNLS-AM of Tallahassee to continue as the flagship stations for Seminole athletics through the 2002-2003 athletic season.

The three-year deal features expanded coverage of Seminole athletics with all football and men's basketball games carried live on WTNT while 16 women's basketball games will be carried live on WNLS this season.

"We have enjoyed our relationship with our flagship stations and are very pleased that we are able to extend and expand on that relationship in this contract," FSU Director of Athletics Dave Hart

"Clear Channel is thrilled to be a long-term partner with Florida State to present the premiere sports program in the Southeast," John Hunt, Vice President and Market Manager, Clear Channel Communications said. "Our continued affiliation with the Seminoles organization is a long term strategic goal for both Sportsradio 1270 WNLS and 94.9 WTNT. This alliance gives us a competitive advantage that allows us to continue our ratings dominance across the radio dial."

Todd Van Dyke

WNLS SportsRadio
WNLS SportsRadio 1270 AM
will carry 16 Florida State
women's basketball regularseason games for the 2000-01

Todd Van Dyke returns for his second season as the voice of the Seminoles while former Seminole Liberty Taylor will serve as the color analyst for the third straight season straight season.

Van Dyke is a native of Rochelle, Ill., but has lived in Tallahassee for six years and is very active with the FSU Athletics Marketing and Promotions Office.

Orleans, La., lettered for Florida State from 1991-95. She graduated in 1996 with a degree in nutrition and fitness. In 1999, Taylor earned her master's degree from FSU in Communications and Liberty Taylor

an adjunct professor.
Aside from the Tallahassee area, the broadcasts can be heard via Broadcast.Com. Internet users can link to the site from the women's basketball page of the official website of Florida State athletics,

www.seminoles.com.

Women's Basketball on WNLS

11/21 at Florida	1/21 at Clemson
12/28 Coppin State	1/24 Virginia 1/29 at NC State
12/30 NC State	2/1 at Xavier
1/5 at Georgia Tech	2/5 Georgia Tech
1/8 Duke	2/8 at Duke
1/10 Maryland	2/15 Wake Forest
1/14 at Wake Forest	2/22 Clemson
1/18 UNC	

FLORIDA STATE UNIVERSITY

Florida State University ~ Sunshine Network

Florida State University and Sunshine Network announced a multi-year contract in August that ensures Sunshine Network will continue to be the exclusive Florida cable home of FSU athletics for many years to come. Six regular-season women's basketball games will be shown on Sunshine Network in 2000-01.

As the first major television property to sign with Sunshine Network prior to its 1988 inception, Florida State and the network have enjoyed a long relationship that has provided Seminole fans with extensive coverage of their athletic program ñ rivaling that of any other Division I program in the country.

Sunshine Network is the state's largest and leading regional sports network with more than 4.8 million cable homes statewide and across the nation via satellite. Under terms of the new longterm agreement, Sunshine Network will televise a minimum of six football games annually on tape delay and produce and make available for distribution those games designated under applicable conference rules for pay-per-view. In addition, the network will produce one preseason football show, a highlight show featuring



1st in Florida Sports

www.sunshinenetwork.com

the annual spring football game and be entitled to produce a preview show in advance of FSU's appearance in any post-season bowl game.

Also included in the agreement are the rights to a minimum of 10 baseball games and a minimum of 14 women's events including basketball, volleyball, soccer and softball.

Other programming

includes highlights shows for fall and spring sports, call-in and/or coaches shows, "Seminole Summer Showcase," highlighting replays or highlights of previous FSU events, "Seminole Sports Magazine," "Seminole Uprising" and more. Additional FSU athletic events, including men's and women's basketball, are available to Sunshine Network from the Atlantic Coast Conference

Part of Sunshine Network's commitment to FSU over the years has been in the area of public affairs programming. This will continue under the new agreement with a variety of programs produced by FSU that will air during Sunshine Networkis daily public affairs block.

Sunshine Network will also assist FSU with on-air, website and other promotions, providing multi-media support for the program to the network's vast audience.

"Our contractual partnership with Sunshine Network provides an extremely valuable distribution avenue for Florida State University events which are showcased within our own state and well beyond," FSU Director of Athletics Dave Hart said. "This extension affords us a very comprehensive means of exposure which enhances every facet of our athletics program. We are pleased to extend our contract and relationship with the people at Sunshine Network."

"Extending our relationship with FSU is a formidable milestone in our continued role as the leader in providing coverage of Florida sports to Florida sports fans," Sunshine Network Corporate Vice President and General Manager Jim Liberatore said. "As one of the country's most recognized and respected institutions, both academically and athletically, we value our partnership with FSU and look forward to providing them with unparalleled distribution, quality production, and creative promotion for years to come. Obviously, as a Florida based sports network, Sunshine Network considers Florida State a programming cornerstone and one of our most important partnerships."

MEDIA INFORMATION

2000-2001 WOMEN'S BASKETBALL

Quick Facts

FLORIDA STATE UNIVERSITY

Location	Tallahassee, Florida
Founded	1851
Enrollment	34,500
President Talbot	
Symbol	Seminoles
Colors	Garnet & Gold
Home Court Tallahassee Leon Count	y Civic Center/12,200
LCCC Press Row Phone	
Affiliation	
Conference	Atlantic Coast

Athletic Administration

Athletics Director	
Hart's Phone	(850) 644-2526
Associate Athletics Director,	
Basketball Operations	Kim Record
Record's Phone	(850) 644-3354

Sports Information

Assistant Athletics Director for	
Media & Public Relations	Rob Wilson
Associate SID, Women's Basketball	Tina Thomas
Email Address ttho	omas@mailer.fsu.edu
Address	allahassee, FL 32316
SID Phone	(850) 644-1065
Thomas' Home Phone	(850) 514-3351
SID Fax	(850) 644-3820
Website	www.seminoles.com





Basketball Staff

mrau (California-San Diego '85)
eresa Gernatt (Georgia Tech '91)
Angie Johnson (Louisville '91)
Roy Heintz (South Florida '85)
(850) 644-6959
Stacey Burch
Kari Langley
(850) 644-1849

1999-2000 Results

Record	12-17
Conference Record/Place	4-12/8th

2000-01 Personnel

Starters Returning/Lost
Letterwinners Returning/Lost
Returning Starters:
Brooke Wyckoff (F/Sr., 10.8 ppg, 7.1 rpg)
April Traylor (G/Jr., 12.7 ppg, 5.2 apg)

Cowley Co. (Kan.) CC) *Tasheika Morris (So., 6-0, F, Huntsville, Ala./ Butler HS/Tennessee)

*Morris will not be eligible until 2001-02 season

2000-01 SEASON PREVIEW

- Season Outlook
- 2000-01 Personnel Chart
- 2000-01 Rosters
- A Closer Look...



2000-2001

WOMEN'S BASKETBALL

evel

"WE SEEK A WHOLENESS OF HEART, but we do not expect to reach the promised land without going through some wilderness together." It was the theme of the Florida State women's basketball European tour this summer and it couldn't be more fitting, because after three years together, Sue Semrau and her Seminoles are more ready than ever to take it to "The Next Level" in 2000-01.

An extra week of practice, four games in Europe and 10 days of travel, not only brought the Seminoles closer as a unit, but it made them hungry.

'The players are more driven and focused than I have seen them before," Semrau said. "We played great basketball in August and every player made a commitment to doing what it takes to move to the next level.

With 10 returning letterwinners, the experience is obvious, but having the opportunity to practice and compete in the month of August adds even more promise to a season filled with high expectations.

ceptional rebounder and is someone who is much more of a defensive presence in the middle because of her size and mobility.

FSU could have a variety of looks at the point guard position. Junior April Traylor, a natural



"The players are more driven and focused than I have seen them before... we played great basketball in August and every player made a commitment to doing what it takes to move to the next level."

The Seminoles will have a wealth of leadership with four seniors on the roster. Brooke Wyckoff, a third team All-ACC and ACC All-Defensive Team selection last year, headlines the group. She spent her third straight summer with USA Basketball and was a starter on the elite Jones Cup Team, that won the Gold Medal in Taipei, Taiwan in July and played the USA Olumpic team in September in Hawaii. Veterans Vanessa Fuchs and Lako Brown bring a great deal of knowledge, solid work ethic and unselfishness to the team. Levys Torres adjusted well to the Division I game last year after transferring from Chipola Junior College and after winning a bronze medal with her Colombian National Team at the Pan American Games in German, Puerto Rico, she is ready to make the most of her final season.

"The seniors are all leaders in different ways," Semrau said. "Brooke's level of playing experience, not only as a starter at Florida State, but with her USA Basketball experience, is extremely important to our leadership. Vanessa is the hardest worker on our team. She fights for everything, has an extremely positive outlook and has a strong desire to take this program to the next level in any way that she can. Lako is such an unselfish player. She leads by the mere fact that although she hasn't seen a whole lot of playing time, she is rewarded with the respect based on who she is. Her character is to put others first and give encouragement. She's the consummate team player. What Levys was able to do stepping in from a junior college has been a huge lift. She is an two guard, took over the starting position at the point last year and ranked second in the ACC at 5.2 assists per game. This season, with junior Lakesha Springle and newcomer Petra Hofmann, Traylor will likely see more minutes at her true position. Springle, who played in 28 games last year, has worked extremely hard this summer and was arguably the most improved player during the team's European tour. Hofmann, who hails from Pecs,

Brooke Wyckoff



Vanessa Fuchs

Hungary, has a lot of experience coming in at the position, not only from her junior college, but on her Hungarian National team.

"I really thought April developed nicely as a player at the point guard position," Semrau said, "but we'll have a lot more versatility and freedom with Petra and Kesha. They are similar players, while April provides a different look. Both Petra and Kesha have the instinct to be good distributors first and scorers second, whereas April becomes a scoring threat at the point. We definitely have options and depth at this position."

The two-guard position is pretty wide open for the Seminoles. Traylor, who was second on the team in scoring at 12.7 points per game, has the most experience at the position. She will be challenged by Fuchs, who has had an outstanding offseason and showed great offensive production in four games in Europe. Sophomores Molly Beal and Shinikki Whiting will also vie for substantial playing time. Beal played in 27 games and earned her first career start in the ACC Tournament while Whiting, who may be the most explosive of the group, had offseason knee surgery and will be ready for action in late November.

"There will be a lot of fight at that position," Semrau said. "All of the players are talented enough to be impact players. Who will start, we just don't know, but if we want to run, then it is great to have people who don't have to play 35 minutes a game."

FLORIDA STATE UNIVERSITY

Wyckoff, who averaged 10.8 points and a team-leading 7.1 rebounds last year, will occupy the three spot, with Brown and Whiting adding depth. Transfer Tasheika Morris will have to sit out this season, but will be a valuable practice player who will challenge the players at this position.

"Brooke has become a great three player," Semrau said. "She's improved her game as a pull-up and a long-range shooter. She's always been a nice penetrator, and a great rebounder and defender and now she's become a threat in so many different areas. Never before have I felt like Brooke had the desire to be a scoring threat that she has now. Lako, who played very well in Europe, challenges the other players and is ready to contribute on the floor when called upon."

Replacing All-ACC player Latavia Coleman will not be easy, but Semrau has a host of talent ready to step up. Torres, who started 13 games in 1999-2000, will be a dominant force inside. Tempo was an issue for Torres, coming from a junior college, but once she adjusted, she showed vast improvement. Katelyn Vujas played in all 29 games and averaged 19.3 minutes per game — the most of all newcomers last year. She averaged 7.2 points and 4.0 rebounds per game. Lauren Bradley started nine games before a foot fracture sidelined her for four weeks. She averaged 6.6 points and 3.8 rebounds per game.

"With a year of experience under their belts, all three of these



April Traylor

SEASON PREVIEW 2000-2001 WOMEN'S BASKETBALL

2000-2001 PERSONNEL CHART

5 /	Starters (3)
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E	Prooka Wyakoff	S.	6-1	10.8 ppg, 7.1 rpg
C	April Troylor	S1	5-10	12.7 ppg 3.5 rpg
G	Levys Torres	Jr Sr	6-4	
	Levys forces	Other Re	Lange	/¬
		viner Re	minees 1	(A) (1) (1) (A) (A) (A) (A) (A) (A) (A) (A) (A) (A
G/F	Lako Brown	Sr	5-11	0.7 ppg, 0.5 rpg
G/F	Vanessa Fuchs	Sr	5-10	
G	Lakesha Springle	Jr	5-3	
G	Molly Beal	So	5-11	3.8 ppg, 1.2 rpg
C	Lauren Bradley	So	6-3	6.6 ppg, 3.8 rpg
C	Katelyn Vujas	So	6-3	
G	Shinikki Whiting	So	5-9	
		Nowlean	word (2)	Pecs, Hungary (Cowley Co. (Kan.) CC)
		/ EN Cos	ners [2]	
G	Petra Hofmann	Jr	5-8	Pecs, Hungary (Cowley Co. (Kan.) CC)
F	Tassheika Morris	So	6-0	Huntsville, Ala. (Butler HS/Tennessee)



players are very capable of starting," Semrau said. "Levys is more comfortable and confident this season and is ready to be an impact player. Katelyn has worked really hard this summer and is becoming more of a power, low-block player, but she also has the ability to step out and hit the jumper. A healthy Lauren Bradley is an awesome finesse player who can do so many things. She can play the high post and is a great passer. I think we will be very mobile and versatile at that post spot."

A contest with UNC-Asheville on Sunday, November 19th at the Tallahassee-Leon County Civic Center will get the ball rolling for the Seminoles, who will play 18 games against teams that participated in postseason action last year. FSU will have 13 regular-season home games, including two contests in the 2000 *Tallahassee Democrat* Seminole Classic, November 25-26, which features Michigan State, Virginia Tech and Chicago State.

The Seminoles will have an early date with the Gators this season when FSU visits Florida in Gainesville on November 21st. The Tribe's schedule is also highlighted by a pre-Christmas road trip to New York where the Seminoles will play St. Francis and Fordham. Other non-conference opponents include Central Florida, UT-Chattanooga, Mercer, Coppin State and Xavier.

"I think this year's schedule presents some great challenges for our program," Semrau said. "Obviously, the ACC will once again be strong, but I think we've scheduled some non-conference opponents that will prepare us well for our conference season.

"New York is the seniors' choice for our pre-Christmas trip and it will be a great opportunity to experience a different part of the country. There's not a more perfect time to be in New York than Christmas time. We play two teams with new coaches and I am sure will their programs will have a lot of ethusiasm and freshness."

The Seminoles will also be able to reap the benefits of the European trip the team took in August. FSU embarked on a 10-day journey through France and Switzerland where the Tribe went 4-0.

"Our European tour was a trip of a lifetime," Semrau said. "Not only did it allow us to compete, but we played against some solid teams. The opportunity to spend 10 days together overseas was a real team-bonding experience. As far as the educational aspect, that's just immeasureable. Not many people their age, or any age, get that opportunity."

2000-01 Seminoles

NUMERICAL & ALPHABETICAL ROSTERS

Numerical Roster

No.	Name	Pos.	Ht.	Yr.	Hometown (previous school)
3	Shinikki Whiting*	G	5-9	So	
4	Petra Hofmann	G	5-8	Jr	Pecs, Hungary (Cowley County (Kan.) CC)
10	Lakesha Springle**	G	5-3	Jr	
12	April Traylor**	G	5-10	Jr	
13	Levys Torres*	C	6-4	Sr	
20	Katelyn Vujas*	C	6-3	So	
21	Brooke Wyckoff***	F	6-1	Sr	
22	Vanessa Fuchs***	G/F	5-10	Sr	
25	Lako Brown***	G/F	5-11	Sr	Eastman, Ga. (Dodge County HS)
32	Molly Beal*	G	5-11	So	Mission Hills, Kan. (Pembroke HS)
33	Tasheika Morris	F	6-0	So	Huntsville, Ala. (Butler HS/Tennessee)
44	Lauren Bradley*	C	6-3	So	Lake Mary, Fla. (Lake Mary HS)

Alphabetical Roster

		,	/	7.50	
No.	Name	Pos.	Ht.	Yr.	Hometown (previous school)
32	Molly Beal*	G	5-11	So	Mission Hills, Kan. (Pembroke HS)
44	Lauren Bradley*	C	6-3	So	Lake Mary, Fla. (Lake Mary HS)
25	Lako Brown***	G/F	5-11	Sr	Eastman, Ga. (Dodge County HS)
22	Vanessa Fuchs***	G/F	5-10	Sr	
4	Petra Hofmann	G	5-8	Jr	Pecs, Hungary (Cowley County (Kan.) CC)
33					
10	Lakesha Springle**	G	5-3	Jr	
13	Levys Torres*	C	6-4	Sr	
12	April Traylor**	G	5-10	Jr	
20	Katelyn Vujas*	C	6-3	So	
3	Shinikki Whiting*	G	5-9	So	
21	Brooke Wyckoff***	F	6-1	Sr	

^{*}Letters won; Morris will not be eligible until 2001-02

HEAD COACH: Sue Semrau (California-San Diego, '85)

ASSISTANT COACHES: Theresa Gernatt (Georgia Tech, '91), Angie Johnson (Louisville, '91), Roy Heintz (South Florida, '85)



Pronunciation Guide

Fuchs	Fyoucks
Lakesha	Lah-keesha
Lako	Lake-oh
	Leh-vees Torr-ez
Tasheika	Tah-sheekah
Vujas	Voo-jiss
Wyckoff	Y-koff



COACHING STAFF

- HEAD COACH
 Sue Semrau
- ASSISTANT COACHES
 Theresa Gernatt
 Angie Johnson
 Roy Heintz



Sue Semrau

HEAD COACH • FOURTH YEAR • CALIFORNIA-SAN DIEGO '85

"I HAD A PASSION AND DESIRE TO BUILD SOME-

THING," Florida State women's basketball head coach Sue Semrau said upon her hiring in June of 1997.



From the moment she stepped onto the Florida State campus, Sue Semrau brought hope and excitement back to the Florida State women's basketball program. With vast coaching experience at two Division I schools, Semrau brought a great deal of wisdom and vision to a program starving for such nourishment.

"Sue's integral role in the building process at two different programs, along with her tremendous energy and reputation as a recruiter, were the most important profile characteristics in her selection as our women's bas-

ketball coach at Florida State University," FSU Director of Athletics Dave Hart said.

From the moment she stepped onto the Florida State campus, Sue Semrau brought hope and excitement back to the Florida State women's basketball program.

Semrau's philosophy in rebuilding the Florida State program has been a simple one. Semrau runs her program in such a way where players are treated as people first, students second and athletes third. She is a relationship coach who believes in initiating relationships rather than waiting for others to do so.

After three seasons at the helm of the FSU program, Semrau's style has been embraced by all who have come in contact with her. She has won the hearts of the Florida State media, fans and most importantly, the student-athletes, which has become very

Semrau File

FSU/CAREER RECORD: 28-55 (3 years) COACHING STOPS:

Santa Monica High School (Santa Monica, CA) — (1986-87)

Occidental College (Los Angeles, CA) — Head Coach/Assistant Athletic Director (1987-90)

Northern Illinois University (DeKalb, IL) — Assistant Coach/Recruiting Coordinator (1990-93)

University of Wisconsin (Madison, WI) — Assistant Coach/Recruiting Coordinator (1993-97)

Florida State University — Head Coach (1997-present)



evident in her recruiting success. Semrau and her staff brought in the nation's 8th-ranked recruiting class in 1999. The current FSU roster is highlighted by a Parade All-American, six USA Today honorable mention All-Americans, 1999's Miss Florida and Miss Alabama Basketball recipients as well as a three-time USA Basketball performer in senior Brooke Wyckoff, who is one of just 12 players nationally, and the only ACC player, to be named to the 2000 Jones Cup Team.

Semrau's friendliness and ease with the media have prompted the group to refer to her as the "female Bobby Bowden." And the "Lunch with Sue," — a Booster-sponsored biweekly luncheon on campus — has become so popular that the event had to be moved

to a larger room.

Her commitment to community service has also been a priority for the program and it all starts on the court. Following every Seminole home game, fans are invited to circle the court to meet the players and coaches. But that's just the beginning. The Seminoles have performed a variety of services, including the Walker Ford Tutorial Program, in which the players donate two hours of their time on Saturday mornings to tutor elementary-aged children. They have helped package and deliver meals with Elder Care Services for the "Meals on Wheels" program, cleaned and cooked at the Ronald McDonald House, done lawn work and helped plant a garden at a local women's shelter, gone Christmas caroling at a retirement home and visited children in the Pediatrics Ward.

From day one of her reign, Semrau emphasized a need to build consistency in every facet of the women's basketball program from when and where the Seminoles practices, to where they hold meetings, to what time they eat dinner. With Semrau's arrival to Florida State in the summer of 1997, the Seminole women's basketball program had had three different head coaches in three years. Now in her fourth season, Semrau's commitment to building a respectable program at FSU has

provided stability to the once-floundering program.

Florida State has seen dramatic improvements in

Semrau's three seasons. In her first season, she led FSU to the most victories since 1992-93 and its best ACC record and finish in five years. In 1999-2000, ketball. fessional soccer team from 1986-87, and the public relations director for the Seattle Storm soccer team in the previous year. In 1986-87, she also served as an assistant basketball coach at Santa

FLORIDA STATE UNIVERSITY

the Seminoles had their best season under Semrau's direction. Latavia Coleman, Brooke Wyckoff and April Traylor all received All-ACC honors while Coleman was the first FSU player since 1993 to earn ACC All-Tournament first team honors.

Prior to coming to FSU, Semrau served three years as an assistant coach and recruiting coordinator at the University of Wisconsin under Badger Head Coach Jane Albright. Semrau joined Albright at Northern Illinois in 1991 where she assisted in leading NIU to three consecutive NCAA tournament appearances.

In her three seasons at Wisconsin, Semrau contributed to the Badgers' three straight winning seasons and two NCAA tournament appearances, including the program's first ever back-to-back 20-win seasons. Wisconsin also posted its best record in program history, a 21-8 mark in 1995-96, during Semrau's tenure.

"With the hiring of Sue Semrau, Florida State has demonstrated its commitment to the total student-athlete," Wisconsin head coach Jane Albright said. "Sue will very much be a player's coach. Every athlete in her program will become a better person, student and athlete. She is an accomplished recruiter, and her knowledge of the game is exceptional. This hire ensures a positive future for Florida State women's basketball.'

Semrau has also been noted for her recruiting efforts at Wisconsin with a 1995 recruiting class that ranked eighth in the country by Blue Star Index. The Badgers' 1997 class features the program's first WBCA Prep All-American and the first multiple Parade Magazine honoree.

In the summer of 1996, Semrau was the head coach of a team of college alumni that competed in the Athletes in Action Spring Australian Tour.

Semrau came to Northern Illinois after serving as head women's basketball coach and assistant athletic director at Occidental College in Los Angeles for four years where she compiled a 51-47 overall record. She also coached soccer

> trative duties of fundraising and promotions at the Division III institution. At Occidental, Semrau was a member of the NCAA regional selection committee and chaired the Southern California Intercollegiate Athletic Conference for women's bas-Prior to her appointment at Occidental, Semrau worked as the public relations and promotions director for the L.A. Heat pro-

> for two seasons and was responsible for the adminis-

Monica High School. A native of Seattle, Wash., Semrau is a graduate of Shorecrest High School where she earned all-conference honors in her senior year. She went on to attend the University of Puget Sound for two years, garner-

ing Freshman of the Year honors. Semrau transferred to the University of California-San Diego in 1984 where she ranks 13th in all-time scoring and fourth in all-time assists. In 1985, she graduated from the University of California-San Diego with a bachelor's degree in communications, and received her master's de-

gree in athletic administration from the University of Southern California in 1988.

- COACHING STAFF 2000-2001 WOMEN'S BASKETBALL

Theresa Gernatt

ASSISTANT COACH • FIFTH YEAR • GEORGIA TECH '91

THERESA A. GERNATT, KNOWN BY MOST AS COACH "TAG", begins her fifth season as the top assistant coach for the Florida State women's basketball program. Gernatt came to FSU as an assistant coach in 1996 and retained her posi-



tion upon Sue Semrau's arrival in 1997. Her familiarity with the FSU athletics program was a great advantage to Semrau as was her familiarity with the coaching staff that Semrau assembled. Gernatt worked with Semrau and Angie Johnson back in 1994-95 when she served one year as an admin-

istrative assistant for the Wisconsin women's basketball

program.

As Semrau's top assistant, Gernatt is instrumental in Florida State's recruiting process, serving as the program's recruiting coordinator. Her efforts were rewarded in 1999 when she and the women's basketball staff signed the No. 8 ranked recruiting class in the nation. With Gernatt's help, the current FSU roster consists of a *Parade* All-American, six *USA Today* honorable mention All-Americans, 1999's Miss Florida and Miss Alabama Basketball recipients as well as three-time USA Basketball performer, senior Brooke Wyckoff.

Gernatt came to FSU in 1996 after serving one year as an assistant coach at Mississippi State. At MSU, Gernatt monitored the academic progress of the student-athletes, managed the program's tape-exchange and assisted with on-

court responsibilities.

A native of Marietta, Ga., Gernatt has several ties to the Atlantic Coast Conference. She was a four-year letterwinner at Georgia Tech, where she earned a degree in management in 1991, and then served as an assistant coach at the University of Maryland the following season during which time the Terrapins reached a No. 1 national ranking. Gernatt returned to her alma mater the for the next two years and worked as an assistant to the athletic director while pursuing her master's degree.



Angie Johnson

ASSISTANT COACH • FOURTH YEAR • LOUISVILLE '91

WHEN SUE SEMRAU CAME TO FLORIDA STATE,

she knew that her selection of assistant coaches would play a vital role in the success of the Florida State's women's basketball program. She had this in mind when she hired third-year assistant

Angie Johnson.



Aside from her on-the-court coaching duties, Johnson is responsible for monitoring the academic progress of the Seminoles. For three consecutive years, seven women's basketball players have earned their place on the ACC Academic Honor Roll — the most since Florida State joined the league. Johnson also works closely with the women's basketball support club, the Hoop Troop, and is very instrumental in the planning of such events as the an-

nual Hoop Troop Golf Outing and the Alumni Game.

Johnson, like Semrau, came to Florida State in 1997 from the University of Wisconsin, where she served as the Badgers' third assistant for three years. Some of her responsibilities at UW included opponent scouting, coordinating video exchange and arranging student-athletes community service. In her final season at UW, she also served as the team's academic liaison. Johnson was also active with the BadgerBall Booster Club, the Jane's Gem kids club and was co-director of the BadgerBall Girls Hoops Camp for two summers.

Prior to joining the Badger staff, Johnson was the assistant basketball coach at Paul G. Blazer High School in her hometown of Ashland, Ky. She was a four-year letterwinner at the University of Louisville from 1987-91. A 6-0 center, she still ranks among the top 10 in career rebounds (621) and games played (120). A biology major, Johnson was the recipient of the Ed Kallay Senior Award in 1991 and was a Woodford R. Porter Scholar.





Roy Heintz

ASSISTANT COACH • FIRST YEAR • SOUTH FLORIDA '85

ROY HEINTZ, THE FORMER ATHLETICS DIRECTOR

and Head Girls' Basketball Coach at The First Academy in Orlando, Fla., became the newest member of the Florida State coaching in July. He replaced Leslie Davies, who left the program after

three years to pursue other interests.



Heintz was with The First Academy since July of 1996 where he compiled an impressive 72-25 record as head coach of the girls basketball team and led the Lady Royals to the 1997-98 and 1998-99 Florida Class A state championships. A two-time Florida Athletic Coaches Association District Coach of the Year, Heintz also oversaw and directed the Junior Varsity, Junior High and 7th grade girls teams. He was elected by his peers to the Florida High School Athletic Association

Basketball Advisory Committee and is also an active member of the Women's Basketball Coaches Association.

As Athletics Director at The First Academy, Heintz was responsible for 10 girls and nine boys interscholastic sports, includ-

The Heintz family: Roy, Sharon and Sarah

ing 35 teams and 43 coaches. He also managed the athletic budget and coordinated all the event management, marketing and public and media relations for the department.

In addition to his duties at The First Academy, Heintz worked as the National Clinic Coordinator and Clinician for the Crosspoint Basketball Coaching Clinics the past year. Active with the Fellowship of Christian Athletes, Heintz also served as the team chaplain for the Orlando Magic since October of 1994.

Heintz is a 1985 graduate of the University of South Florida. He spent two years at Eckerd College in St. Petersburg where his duties included being an assistant coach for the men's and women's basketball teams, head coach for women's volleyball and sports information director.

He and his wife Sharon have a daughter, Sarah, who is 10-years-old.



- **PLAYER BIOGRAPHIES**
 - Lako Brown
 - Vanessa Fuchs

 - Levys Torres Brooke Wyckoff Lakesha Springle

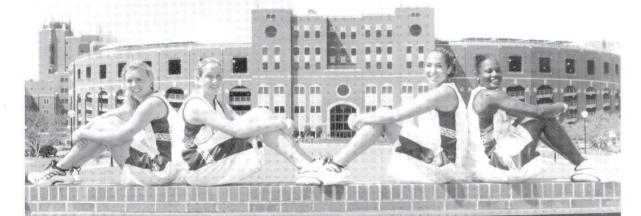
 - **April Traylor**

 - Molly Beal Lauren Bradley

 - Katelyn Vujas Shinikki Whiting NEWCOMERS
- Petra Hofmann
 - Tasheika Morris







Florida State Universit



#25 Lako Brown

G/F • 5-11 • SR • EASTMAN, GA • DODGE CO.

SOLID, HARD-WORKING PLAYER who adds depth to the small forward position...team motivator...**1999-2000:** Played in 10 games...averaged 3.3 minutes per game...hit her first career trey vs. Georgia Tech...scored in three games...**1998-99:** Played

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in 12 games and scored in five of them...grabbed two rebounds in three contests...scored four points in five minutes of play at Georgia Tech... played a season-high 14 minutes vs. Western Carolina...1997-98: Played in 12 contests and scored in five of them...grabbed at least one rebound in six games...High School: Lettered in basket-

ball, softball and track and field all four years... y basket-

helped lead her Dodge County basketball team to a perfect 22-0 record as a senior...high school coach was Dick Kelly...was named team's Most Valuable Player as a senior...team did not lose a home game during all four years of prep career...participated in the North/South and Georgia/ Tennessee All-Star basketball games...squad was pegged the GHSA Girls AA All-State First Team of the Year...earned Best Defensive Player honors in softball as a senior ...participated in the North/South Softball All-Star game as was voted Best Defensive Player...was chosen most outstanding in field events in track all four years...served as president of the Fellowship of Christian Athletes in high school...was presented the National Sojourners and American Legion Auxiliary Awards for outstanding attributes of Americanism and Leadership...was a JROTC Cadet for three years...**Personal:** Is majoring in criminal justice...was born December 18, 1978.



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YEAR	G-GS	MPG	FGM-FGA	PCT	3FG-3FGA	PCT	FTM-FTA	PCT	REB-AVG	AS	ST	BK	ТО	PF-DO	PTS-AVG
97-98	12-0	3.8	4-14	.286	0-1	.000	3-5	.600	6-0,5	1	0	0	6	10-0	11-0.9
98-99	12-0	6.3	4-11	.364	0-0	.000	6-6	1.000	11-0.9	1	0	0	2	7-0	14-1.2
99-00	10-0	3.3	2-7	.286	1-2	.500	2-4	.500	5-0.5	2	0	0	1	2-0	7-0.7
Totals	34-0		10-32	.313	1-3	.333	11-15	.733	22-0.6	4	0	0	9	19-0	32-0.9
			10-32											12-0	32-0.9
VEAD	C-C2	MPC		Br	cown's	e of	ICC N	um	bers						
	G-GS	MPG	FGM-FGA	BA PCT	LOWN S 3FG-3FGA	PCT	CC A	um PCT	bers REB-AVG	AS	ST	BK	то	PF-DQ	PTS-AVG
YEAR 97-98	8-0	3.5	FGM-FGA 1-3	B APCT .333	SFG-3FGA	PCT .000	FTM-FTA	PCT .667	bers REB-AVG 4-0.5		ST 0	BK 0		PF-DQ 4-0	PTS-AVG 4-0.5
97-98 98-99	0.00		FGM-FGA	BA PCT	LOWN S 3FG-3FGA	PCT	CC A	um PCT	bers REB-AVG	AS	ST	BK	то	PF-DQ	PTS-AVG
97-98	8-0	3.5	FGM-FGA 1-3	B APCT .333	SFG-3FGA	PCT .000	FTM-FTA	PCT .667	bers REB-AVG 4-0.5	AS	ST 0	BK 0	то	PF-DQ 4-0	PTS-AVG 4-0.5



PLAYER BIOGRAPHIES

2000-2001 WOMEN'S BASKETBALL

#22 Vanessa Fuchs

G/F • 5-10 • SR • POMPANO BEACH, FL • CARDINAL GIBBONS

SOLID CONTRIBUTER WITH A GREAT WORK

ETHIC...team captain...**1999-2000:** Played in 17 games and averaged 5.6 minutes per game...earned first career start vs. Oakland on Nov. 27th and started three straight...averaged 1.5 ppg



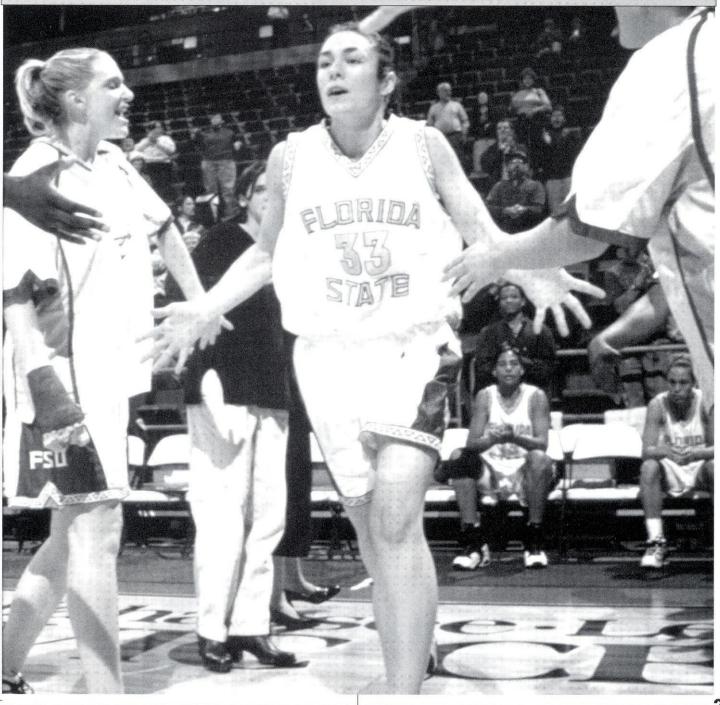
and 0.8 rpg...scored a season-high six points at USF and in season-finale vs. Duke...had five points in back to back games vs. Oakland and Mercer ...had a season-high four rebounds vs. Wake Forest...scored in six games ...1998-99: Played in 22 games... scored a career-high nine points and grabbed a career-high five rebounds in 17 minutes of play vs. Western Carolina...averaged 1.9 points per game...scored in 11 games...1997-98: Saw limited action in freshman campaign...played in six games... High School: Was a four-year let-

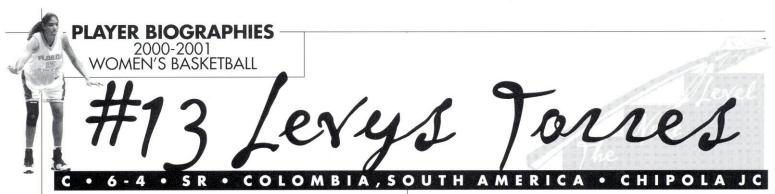
ter-winner in both basketball and track at Cardinal Gibbons ...high school coach was Todd Faber...averaged 16.0 points and 8.0 rebounds per game as a senior...was a second team all-conference and honorable-mention all-state selection as a senior...set the school record for three-pointers in a season with 68 and in a single game with eight...earned team's Most Valuable Player honors ...served as the team captain as a senior...chosen the Most Athletic Female of the senior class...participated in the Broward vs. Dade County All-Star game...was a first team all-conference choice as a senior...holds school record for the discus and shot put...was a three-time state champion in the discus...was a four-year honor roll member and a Broward County Athletic Association Scholar Athlete as a senior...was active in the Fellowship of Christian Athletes and the National Honor Society...Personal: Father Donald pole vaulted for FSU...was born November 5, 1978...is a threetime ACC Academic Honor Roll selection...is majoring in media productions...is vice president of the Student Athletic Advisory Council...participated in the NCAA Foundation Leadership Conference in May 2000.



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YEAR	G-GS	MPG	FGM-FGA	PCT	3FG-3FGA	PCT	FTM-FTA	PCT	REB-AVG	AS	ST	BK	TO	PF-DQ	PTS-AVG
97-98	6-0	3.8	1-5	.200	0-1	.000	0-0	.000	0-0.0	1	0	0	0	1-0	2-0.3
98-99	22-0	5.6	12-36	.333	3-17	.176	14-17	.824	15-0.7	3	1	0	14	22-0	41-1.9
99-00	17-3	5.6	9-29	.310	6-19	.316	2-2	1.000	12-0.8	6	2	0	10	6-5	26-1.5
Totals	45-3		22-70	.314	9-37	.243	16-19	.842	28-0.6	10	3	0	24	29-5	69-1.5
				1	uch's	.11	CN.	. 1110	ont						
A Comment				74	un s	91	1/4	mv	ecs		11000				
YEAR	G-GS	MPG	FGM-FGA	PCT	3FG-3FGA	PCT	FTM-FTA	PCT	REB-AVG	AS	ST	BK	TO	PF-DQ	PTS-AVG
97-98	3-0	2.7	1-2	.500	0-0	.000	0-0	.000	0-0.0	1	0	0	0	1-0	2-0.7
98-99	12-0	4.2	5-16	.313	1-6	.167	3-4	.750	5-0.4	0	0	0	3	4-0	14-1.2
99-00	6-1	3.0	0-4	.000	0-3	.000	2-2	1.000	5-0.8	3	0	0	3	1-0	2-0.3
Totals	21-1		6-22	.273	1-9	.111	5-6	.833	10-0.5	4	0	0	6	6-0	18-0.8





AT 6-4, IS THE TALLEST MEMBER OF THE TEAM... very mobile and active for her size...excellent rebounder, who has adjusted nicely to the Division I game...**1999-2000:** Played in all 29 games and started 13 in her first season at FSU...averaged 3.8



points and 4.0 rebounds per game ...grabbed a season-high 10 boards vs. Wake Forest, which was a game-high...boosted the team with a season-high 10 points vs. FIU...led the team with nine rebounds at Chicago State...had seven points and added seven rebounds at South Florida... was third on the team with eight rebounds in season-opener vs. Tulsa... played a season-high 28 minutes against NC State...also had seven rebounds at Maryland....JUCO: Averaged 20.0 points, 15.0 rebounds, 5.0 steals and 3.0

assists in her two seasons at Chipola Junior College where she played for Coach Hilary Allen... competed in the 1996-97 and 1997-98 seasons and spent the past season completing her academic degree...was the team's leading rebounder in both her freshman and sophomore years and ranked third on the squad in scoring...earned first team All-Panhandle Conference honors in 1997-98...was pegged the team's Most Valuable Player in 1997-98...was born and raised in Colombia, South America...was a member of the Colombian National Team and helped lead the squad to the South American Championship title in the summer of 1997...PER-SONAL: Is majoring in information studies...was named to the ACC Academic Honor Roll...was born April 2, 1978.



Career Highs



FLORIDA STATE UNIVERSITY

Torres' Career Numbers

 MPG
 FGM-FGA
 PCT
 3FG-3FGA
 PCT
 FTM-FTA
 PCT
 REB-AVG
 AS
 ST
 BK
 TO
 PF-DQ
 PTS-AVG

 15.4
 41-83
 .494
 0-0
 .000
 27-56
 .482
 115-4.0
 9
 12
 9
 30
 37-1
 109-3.8
 YEAR G-GS 29-13 99-00

Torres' ACC Numbers

MPG FGM-FGA PCT 3FG-3FGA PCT FTM-FTA PCT REB-AVG AS ST BK TO PF-DQ PTS-AVG YEAR G-GS 99-00 16-10 27-54 .500 0-0 .000 15-32 .469 62-3.9 5 5 8 20 21-1



AYER BIOGRAPHIES

2000-2001 VOMEN'S BASKETBALL

rooke Nuckon 13

ALL AROUND PLAYER...ALL-AMERICA CANDIDATE...

team captain...has great blocking ability and is a strong defender ...solid fundamentally...team leader...has spent the past three summers with USA Basketball...has been a starter for both the Jones



Cup and World University Games teams...1999-2000: Played in 24 games with 22 starts and averaged 30.0 minutes...averaged 10.8 points and a team-leading 7.1 rebounds per game...earned third team All-ACC honors and was one of just five players named to the inaugural ACC All-Defensive team...tallied double figures in 12 games, including a seasonhigh 22 points at Georgia Tech...led the team with 34 blocks...had two double-doubles with 12 points and 10 rebounds vs.

NC State and

18 points and 10 rebounds vs. UVA...was named to the FIU Sun & Fun Classic All-Tournament Team...1998-99: Was a third team All-ACC selection...averaged 13.7 points and a team-leading 7.9 rpg...led the team with 64 blocks, including a season-high six

vs. USF and is FSU's all-time blocks leader with 144...had seven double-doubles on the season...scored in double figures in all but five games, including a team-leading and career-high 28 points vs. Maryland...led the team in rebounding in 17 games...tied her career high with 15 boards vs. Tulsa...also had a career-high seven steals vs. La. Tech...was named to the Seminole Classic All-Tourney Team...1997-98: Averaged 9.9 points and 8.0 rebounds per game in 29.0 minutes per game as a rookie...was named to the ACC All-Freshman Team...broke the ACC freshman record for blocks per game at 3.0...was second in the ACC and fifth in the nation in blocks per game...hit two free throws with :02 left to secure FSU first ACC victory in game vs. Wake Forest...recorded four double-doubles on the season...started all 27 games...was third on the team in scoring and first in rebounding...had at least one block in all but four games and had at least five swats in six games...was one of three FSU players to reach double-digits in blocks with 80 and steals with 52 and led the team in both...set a new FSU single-game mark for blocks with eight vs. SMSU...set a new FSU all-time season record for blocks with 80...led the team in rebounding in 12 games...earned the season's first ACC Rookie of the Week honor...grabbed double-digit rebounds in eight games...scored in double figures in 10 games, including a seasonhigh 18 vs. Clemson...High School: Averaged 14.0 points, 11.0 rebounds, 5.0 assists, 5.0 steals and 4.0 blocks per game as a se-

Career Highs
POINTS 28 vs. Maryland (1/17/99)

REBOUNDS...... 15 (twice) BLOCKS 8 vs. SMSU (12/21/97) ASSISTS 5 (five times) STEALS 7 vs. Long Beach State (11/22/98)

nior at Lakota...high school coach was Cindy Feltman...was a fouryear letterwinner in basketball, volleyball and track...pegged a Street and Smith's, USA Today honorable mention All-American as a junior and senior and a Nike/WBCA honorable mention All American as a senior...helped lead the Columbus Lions to the AAU 17-under National Championship in senior season...twice selected to the All-Ohio first team...chosen the district Player of the Year and team Most Valuable Player in final two seasons... earned allconference and Butler County Player of the Year honors three years...holds numerous school records in basketball and track...was

