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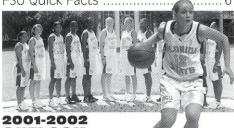


**COACHING STAFF** 

2001-2002

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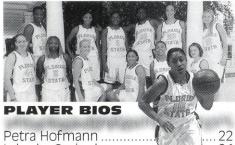


### OUTLOOK

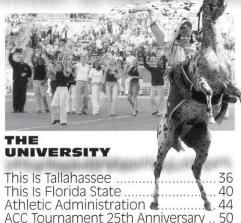
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Opponents' Profiles Travel Headquarters .

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## media INFORMATION



Tina Thomas

### PRESS CREDENTIALS

Requests for working press credentials should be directed to the sports information office. Media representatives should contact Associate SID Tina Thomas at least one day in advance by calling (850) 644-1065. For FSU home games, media will be seated in front of the east stands at the Leon County Civic Center.

### **PHOTOGRAPHERS**

Photographers are to contact the SID office as well. Working

area for all photographers will include the floor area at both ends of the court. Television camera persons should abide by the same guidelines as still photographers.

### RADIO

A complimentary radio line is available for visiting teams. The SID office must be notified at least three days in advance.

### **GAME OPERATIONS**

Pre-game notes, rosters and a running play-by-play will be provided along with halftime and final statistics. A fax machine is also available upon request.

### PLAYER & COACHES INTERVIEWS

All player and coaches interviews must be arranged through the SID office (850) 644-1065. Players and coaches will be available to give interviews before and after, but not during practice times.

### POST-GAME INTERVIEWS

Coach Semrau and requested players will be available after a 10-minute cooling-off period. No interviews will be given on the floor immediately following the game. The visiting coach and players will be brought in on a request basis only.

### MEDIATEAMLINK® & INFOCONNECTION®

Releases, Standings, Statistics and other sports information are available by accessing <a href="www.mediateamlink.com">www.mediateamlink.com</a>. You can have documents delivered directly to your e-mail and/or fax the moment they are updated. You can also view documents online. MediaTeamlink® is FREE to all accredited Media.

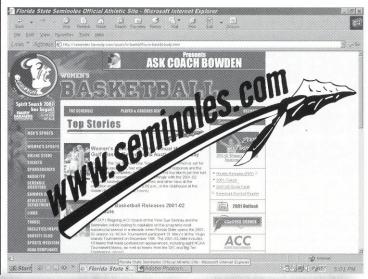
Log on to <a href="www.mediateamlink.com">www.mediateamlink.com</a> if you do not already have an account and click the "Sign Up Here" button and complete the short form. Documents requested via fax will incur a  $15 \phi$  per page fee. This site is for accredited media only. Pivotal will conduct an audit to eliminate non-accredited media.

# SPORTS INFORMATION DIRECTORY CONTACT US AT: 850/644-1403; FAX 850/644-3820 ADDRESS INQUIRIES TO: Florida State Sports Information, PO Drawer 2195, Tallahassee, FL 32316 SHIP OVERNIGHT PACKAGES TO: Florida State Sports Information, Moore Athletic Center, Pensacola Street, Tallahassee, FL 32306 ASSISTANT ATHLETICS DIRECTOR FOR MEDIA & PUBLIC RELATIONS: Rob Wilson, 850/644-1403 ASSOCIATE SPORTS INFORMATION DIRECTORS: Tina Thomas, 850/644-1065; Chuck Walsh, 850/644-1077 ASSISTANT SPORTS INFORMATION DIRECTORS: Jeff Purinton, 850/644-0615; Elliott Finebloom, 850/644-5656 GRADUATE ASSISTANTS: Jennifer Dowling, 850/644-4836; Bill Baker 850/644-1403 ADMINISTRATIVE SECRETARY: Lynn Hobby, 850/644-2016

Documents are also still available on InfoConnection®. To access, please dial (770) 558-6000 from the handset of your fax machine and enter your 10-digit PIN. If you do not have a PIN number, please call Pivotal Communications at (770) 399-0096.

### **SEMINOLES ON THE WEB**

Keep up with all the action of Florida State Athletics by visiting FSU's official website at:



### Florida State Media Outlets

### **PRINT MEDIA**

ASSOCIATED PRESS (Local) ......(850) 224-1211 Fax (850) 224-2099 • Brent Kallestad 336 E. College Ave., Suite 301, Tallahassee, FL 32301

**BRADENTON HERALD ......(941) 745-7007** 102 Manatee Ave., W., Bradenton, FL 34205

DAYTONA BEACH NEWS-JOURNAL .....(904) 252-1511 PO Box 431, Daytona Beach, FL 32015

**FLORIDA TIMES-UNION (Local) ......(850) 224-7515** Fax (850) 681-2961 • Bob Thomas 336 E. College Ave., Suite 304, Tallahassee, FL 32301

FT. LAUDERDALE SUN-SENTINEL .....(954) 356-4635 Fax (954) 356-4676 • Craig Barnes New River Center, 200 E. Las Olas Blvd., Ft. Lauderdale, FL 33301

**FT. MYERS NEWS-PRESS ......(941) 335-0358** 2442 Anderson Ave., Ft. Myers, FL 33901

**LAKE CITY REPORTER.......(904) 754-0421** Fax (904) 752-9400 • P.O. Box 1709, Lake City, FL 32056

**LAKELAND LEDGER.......(941) 802-7557** Fax (941) 802-7812 • PO Box 408, Lakeland, FL 33802

ORLANDO SENTINEL ......(407) 420-5474 Fax (407) 420-5069 • Alan Schmadtke PO Box 28333, Orlando, FL 32802

402 Dunwoody St., Tallahassee, FL 32304

PALM BEACH POST ......(561) 820-4440 Fax (561) 820-4481 • Tom D'Angelo 2751 S. Dixie Highway, W. Palm Beach, FL 33405

**PANAMA CITY NEWS-HERALD ......(850) 747-5065** Fax (850) 747-5097 • Jim Oberdier 501 W. 11th St., Panama City, FL 32401

**PENSACOLA NEWS-JOURNAL ......(850) 435-8558** Fax (850) 434-6241 • Bill Vilona



PO Box 12710, Pensacola, FL 32574

SARASOTA HERALD-TRIBUNE ...... (941) 957-5172 Fax (941) 957-5276 • Doug Fernandez 801 S. Tamiami Trail, Sarasota, FL 34236

TALLAHASSEE DEMOCRAT ......(850) 599-2167 Fax (850) 599-2301 • Randy Beard, Jack Corcoran PO Box 990, Tallahassee, FL 32302

**TAMPA TRIBUNE (Local)......(850) 222-8382** Fax (850) 222-4772 • Doug Carlson 336 E. College Ave., Tallahassee, FL 32301

### **ELECTRONIC MEDIA**

CABLE 47 ......(850) 487-3170 WFSU Television Center

FLORIDA NEWS CHANNEL ......(850) 222-6397 Fax (850) 894-5202 • Barry Milligan, Tom Block 1801 Halstead Blvd., Tallahassee, FL 32308

SUNSHINE NETWORK ......(407) 648-1150 Fax (407) 245-2571

390 N. Orange Ave. Suite 1075, Orlando, FL 32801

**WFSU**......(850) 644-1360 Fax (850) 644-8344 • Dennis Schnittker, Jay Wirth

### seminoles ONLILL



### SEMINOLE PRODUCTIONS

The Florida State women's basketball program enjoys some of the finest video production in the country through Seminole Productions.

Seminole Productions is an educational auxiliary of the Florida State
University Department of Communication.
The department began in 1988 by producing an athletics television series called
"Seminole Uprising."

Since then, the relationship with FSU athletics has grown. SP now provides virtually every video service in the athletics area including the Bobby Bowden Show, Seminole Basketball Highlights with Sue Semrau and Steve Robinson, The Mike Martin Show and Seminole Sports Magazine, which are aired weekly in the Southeast Region on Sunshine Network. SP also handles the production for In-Game Entertainment of FSU football and men's and women's basketball.

Under the direction of Mark Rodin, Seminole Productions provides complete professional-quality video production services to University Departments, Schools, Colleges, Divisions, and other activities. Seminole Productions also provides services to state government, local government, and FSU related entities. SP has also produced nature documentaries, informational and training videos, and even an opera for television.

Utilization of Seminole Productions services does more than just provide great video productions. Seminole Productions provides an opportunity for students of television design, production, performance, and broadcasting to participate in actual, professional television activities.

Projects are supervised by the industry's finest professional producers while seniors in the Media Communication program in the Department of Communication provide the crews.

Seminole Productions award-winning productions are produced using high-end, network-quality video equipment. SP uses Betacam SP and Digital DVCam for videotaping, and do master editing on Avid Non-Linear, digital editors and Betacam SP iin order to assure a high-quality finished product.

SP also has sophisticated digital video effects equipment and can perform complicated 3-D animation and



multi-layer compositing effects. Complete studio facilities are also available.

### THE SEMINOLES ON RADIO

Florida State University's marketing office announced in May of 2001 that it has extended the contract with WTNT-FM and WFLA-AM of Tallahassee to continue as the flagship stations for Seminole athletics through the 2002-2003 athletic season.



### WFLA NEWSRADIO

Newsradio 1270 WFLA AM will carry 18 Florida
State women's basketball regular-season games
for the 2001-02 season.
To third coarpy as the voice



Todd Van Dyke

his third season as the voice of the Seminoles while former Seminole Liberty Taylor will serve as the color analyst for the fourth straight season.
Van Dyke is a native of
Rochelle, Ill., but has lived in

Tallahassee for seven years and is very active with the FSU Athletics Marketing and Promotions Office.

Taylor, who hails from New Orleans, La., lettered for Elorida State from 1991-95

Florida State from 1991-95 She graduated in 1996 with a degree in nutrition and fitness. In 1999, Taylor earned her master's degree from FSU in Communications and is currently working for Porter Novelli, a public relations and marketing firm. Taylor is also marketing firm. Taylor is also teaching in FSU's Communications Department as an adjunct profess

Aside from the Tallahassee area, the broadcasts can be heard via Broadcast.Com.

Internet users can link to the site from the women's basketball page of the official website of Florida State athletics, www.seminoles.com.



Liberty Taylor

The three-year deal features expanded coverage of Seminole athletics with all football and men's basketball games carried live on WTNT while 18 women's basketball games will be carried live on WFLA this season.

"We have enjoyed our relationship with our flagship stations and are very pleased that we are able to extend and expand on that relationship in this contract," FSU Director of Athletics Dave

"Clear Channel is thrilled to be a long-term partner with Florida State to present the premiere sports program in the Southeast," John Hunt, Vice President and Market Manager, Clear Channel Communications said. "Our continued affiliation with the Seminoles organization is a long term strategic goal for both Newsradio 1270 WFLA and 94.9 WTNT. This alliance gives us a competitive advantage that allows us to continue our ratings dominance across the radio dial.'

### 2001-02 WOMEN'S BASKETBALL REGULAR-SEASON

RADIO SCHEDUL	
11/24 East Tenn State	1/20Georgia Tech 1/23at Virginia
12/2 Austin Peay	1/27 Ďuke
12/5 at Georgia Tech	1/31 Clemson
12/7 Jacksonville	
12/19 at Indiana	2/4 at North Carolina
12/21 at IUPUI	2/7 Maryland
	2/9 Wake Forest
1/2 North Carolina	2/14 at NC State
1/10 at Wake Forest	2/21 at Duke



### FLORIDA STATE UNIVERSIT & SUNSHINE NETWORK

Florida State University and Sunshine Network announced a multi-year contract in August of 2000 that ensures Sunshine Network will continue to be the exclusive Florida cable home of FSU athletics for many years to come. Seven regular-season women's basketball games will be shown on Sunshine Network in 2001-02.



Since 1988, Sunshine Network has been the exclusive regional sports network home of FSU athletics in Florida. Available in over 5.5 million homes statewide via cable and satellite, Sunshine Network provides more coverage of FSU athletics than any other Florida television outlet.

1<sup>st</sup> in Florida Sports www.sunshinenetwork.com

Each year, Sunshine network airs over 100 games/programs for FSU, including its own production

of every FSU regular season football game, which replay statewide on Sunshine Sunday evenings at 7 p.m. during "Prime Time Noles."

Also included in the agreement are the rights to a minimum of 10 baseball games and a minimum of 14 women's events including basketball, volleyball, soccer and softball.

Other programming includes highlights shows for fall and spring sports, call-in and/or coaches shows, "Seminole Summer Showcase," highlighting replays or highlights of previous FSU events, "Seminole Sports Magazine," "Seminole Uprising" and more. Additional FSU athletic events, including men's and women's basketball, are available to Sunshine Network from the Atlantic Coast Conference and its rightsholders.

In addition to game coverage, Sunshine Network also provides fans with daily reports and features on its two sports news shows, "Sunshine Network LIVE!," weeknights at 6:30 p.m. and "NEXTEL Florida Sports News," weeknights at 10 p.m. Keith Jones, Tom Block and Barry Milligan cover the 'Noles for both sports news shows on Sunshine Network.

An agreement with the ACC provides Sunshine Network with additional FSU games and events, including the conference's new Sunday night ACC basketball package which begins this fall on regional sports networks nationwide (exclusively on Sunshine in Florida). The network also airs "ACC Live!," Mondays at 7 p.m., and numerous other games/events for the ACC, giving FSU fans coverage of not only their home team, but FSU's conference opponents as well.

"Our contractual partnership with Sunshine Network provides an extremely valuable distribution avenue for Florida State University events which are showcased within our own state and well beyond," FSU Director of Athletics Dave Hart said. "This extension affords us a very comprehensive means of exposure which enhances every facet of our athletics program. We are pleased to extend our contract and relationship with the people at Sunshine Network."

## florida state OUGUSTAGIS

UNIVERSITY INFORMATION
Location Tallahassee, Florida Founded 1851 Enrollment 35,500 President Talbot "Sandy" D'Alemberte Symbol Seminoles Colors Garnet & Gold Home Court Tallahassee-Leon County Civic Center/12,200 LCCC Press Row Phone (850) 224-8790 Affiliation NCAA Division I Conference Atlantic Coast
ATHLETIC ADMINISTRATION
Athletics Director
Basketball OperationsKim RecordRecord's Phone(850) 644-3354
SPORTS INFORMATION
Sports Information Director: Rob Wilson Associate SID, Women's Basketball Tina Thomas Email Address tthomas@mailer.fsu.edu Mailing Address P.O. Box 2195, Tallahassee, FL 32316 Shipping Address Moore Athletic Center Pensacola St. & Stadium Dr., Tallahassee, FL 32306 SID Phone (850) 644-1065 Thomas' Home Phone (850) 514-3351 SID Fax (850) 644-3820 Website www.seminoles.com
PROGRAM HISTORY First Year of Basketball
Overall All-time Record
Overall ACC Record
NCAA Tourney Record
Last NCAA Appearance 2001 Result 1st Round, defeated Tulane, 72-70;
2nd Round, lost to Iowa State, 85-70 No. Years in WNIT
WNIT Record 2-1
BASKETBALL STAFF
Head Coach Sue Semrau (California-San Diego '85) Record at FSU (Years)
Career Record (Years) 47-67 (4) Assistant Coaches Theresa Gernatt (Georgia Tech '91)
Angie Johnson (Louisville '91)  Roy Heintz (South Florida '85)

Basketball Trainer Training Room Phone	Rhonda Kelly (850) 644-1849
2000-01 RESULTS Record	
2001-02 PERSONI Starters Returning/Lost Letterwinners Returning/Lost Newcomers	3/2
Starters Returning: April Traylor (Sr., 5-10, G)	

### 2000-01 HIGHLIGHTS

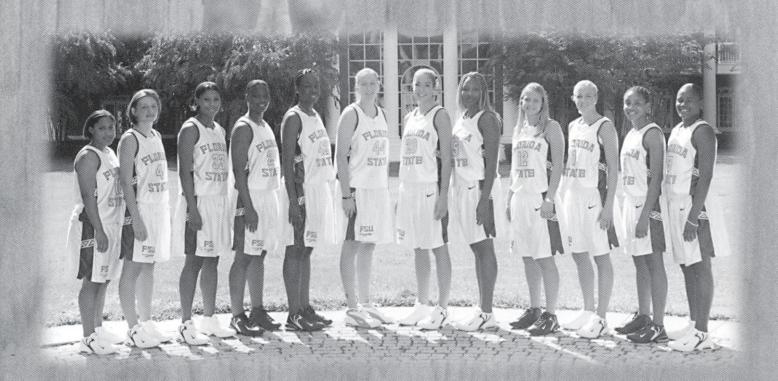
- ◆ First final national ranking, 25th USA Today
- First NCAA Tourn. appearance since 1990-91, advanced to 2nd Round
- First NCAA Tourney win away from Tallahassee, *def. Tulane*, 72-70
- First winning season since 1991-92, 19-12
- ♦ Most wins since 1990-91, 19
- ◆ Best ACC record and finish, 9-7/T3rd
- ♦ Highest ACC Tournament seed and finish, 4th/semifinals
- ◆ AČC Coach of the Year, Sue Semrau
- First All-ACC First Team selection since 1992-93, Brooke Wyckoff
- ◆ First wins over Virginia, def. 60-58 and 83-77 (ACC Tourney)
- Only team in the nation to beat No. 4 Duke in Cameron Indoor, 71-69
- First win over a Top 5 opponent since Jan. 12, 1993, at Duke

Basketball Office Phone ...... (850) 644-6959

Administrative Assistant ....... Kristin Brookens

Roy Heintz (South Florida '85)

- Season Outlook
- 2001-02 Rosters
- A Closer Look...



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### outlook oodin Hillous oodin Hillous

19-12 record... a third-place finish in the Atlantic Coast Conference... the ACC Coach of the Year... advancing to the second round of the NCAA Tournament. The 2000-01 season, was indeed, a good year for the Florida State women's basketball team. The task of last year's team was to take the program to "the next level," and the Seminole veterans did an admirable job. With a strong nucleus returning and the addition of five talented newcomers, expecta-

tions will be the same this season ... "and then some."

"There's no question that last year's success makes us more hungry," FSU Head Coach Sue Semrau said. "That success was just a glimpse of what we want this program to stand for. Every player from top to bottom feels a real eagerness to make Florida State women's basketball a

program to be reckoned with."

While the absence of

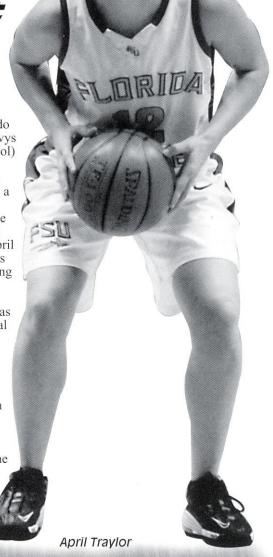
"There's no question that last year's success makes us more hungry...that success was just a glimpse of what we want this program to stand for."

— Coach Sue Semrau



Katelyn Vujas

starters Brooke Wyckoff (Orlando Miracle) and Levys Torres (Miami Sol) gives the Seminoles a different look, there's still a great deal of experience on the roster, including three seniors. April Traylor headlines the group. Having been a starter throughout her career, Traylor has played an integral role in the rebuilding process of the program. She led the Seminoles last year in scoring, averaging 15.1 points per game and ranked among the Top 10 in the ACC in three statistical categories, including assists (3.8),



### 2001-2002 SEASON PREVIEW

steals (2.4) and points per game (15.1). Fellow seniors, Lakesha Springle and Petra Hofmann, point guards, are natural leaders on the court and have experience directing the team. Springle started all 31 games for the Seminoles last season and averaged 3.9 points, 3.0 rebounds and 2.0 assists per game. Hofmann also played in every game and was a valuable back up to Springle in leading the offense.

With April having started four years, Kesha being our leadership on the court last year and Petra being close behind her, our seniors have great leadership skills and all three of them will see a lot of minutes which is really important," Semrau said. While the seniors are certainly an important aspect to the success of this year's team, they are certainly not alone. Several other key players also return and will be expected to help carry the load. Juniors Katelyn Vujas and Shinikki Whiting both earned valuable experience in 2000-01. Vujas started all 31 games at forward and ranked third on the team in scoring (11.0 ppg) and rebounding (6.0 rpg). Vujas was a consistent force inside and finished the season strong, averaging 14.5 points, 5.5 rebounds and 4.0 assists in the Seminoles' run in the NCAA Tournament. Coaches expect Whiting to have a breakout season. She played in all 31 games last season and averaged 8.1 points per game. She tallied double figures in 11 games, including two games in postseason play.

Tasheika Morris, who transferred from Tennessee in 2000, will be eligible after sitting out last season per NCAA regulations. The 6-0 forward practiced with the team all of last season and knows the system and could be ready to step into the starting

lineup. A healthy Lauren Bradley (6-3, center), who redshirted last season, will also vie for starting honors. She was redshirted in order to allow proper healing of chronic stress fractures in her lower legs. With rest and rehab over the past season, Bradley should be ready to pick up from a solid rookie season in which she averaged 6.6 points and 3.8 rebounds.

"Katelyn, who has started since her freshman year and has played in a lot of games, is ready to step into the role that the post players of the past have taken on. Nikki steps into her junior year with a wealth of experience on the court and great on and off the court presence for our program. Tasheika has a year of practice experience and knows the system and those types of things. While Lauren was injured, she had the opportunity to see preparation from a different side and is eager to put what she has learned into motion. There's going to be a different kind of experience to this year's team. It's going to be more leadership by committee and I think that the leaders will emerge

Perhaps the most heralded of all of the newcomers is 6-3 center Genesis Choice. Choice, a Street &

during the preseason."

Smith All-American, played in the WBCA High School All-America Game in April and scored 11 points for the victorious White team. Joining Choice in the 2000-01 signing class is a wealth of talent including 5-8 guard LaQuinta Neely, the Class 4A Player of the Year from Laurens, S.C., 5-10 guard Jamil Burrell, a Street & Smith honorable mention All-American from Bartow, Fla., 6-2 center Trinetta Moore, from County Cowley JC and 5-10 shooting guard Linea Liljestrand from

Stockholm, Sweden. When I look at this team, I think of athleticism," Semrau said. "At every position, we have great athletes and great competitors who won't back down from anybody. I think (former Seminoles) Brooke (Wyckoff), Vanessa (Fuchs), Levys (Torres) and Lako (Brown) were great teachers of who we are at Florida State and yes, they left a void, but they left a void of educated,

schooled, players who are ready to step in and now take their turn. I see our players really busting through and coming into the season just eager and anxious to be in that role and get their turn."

Despite the obvious depth, the departure of last year's senior starters will be most felt in the defense and rebounding departments. Wyckoff averaged 14.6 points and 6.6 rebounds and was a two-time ACC All-Defensive Team selection. Torres averaged a double-double at 10.8 points and a team-leading 10.0 rebounds per game. The two combined for 52 of the team's 82 blocked shots.

"Brooke, on the court, was a great teacher and the example that she left will carry on through the tradition at Florida State,' Semrau said. "Defensively, that's what we really stress and I think Brooke and Levys really developed into great defensive players. Rebounding is a skill and we have players who can take on that role. Lauren and Tasheika are already great rebounders while Trinetta and Genesis will both develop into great rebounders. Maybe we lost those two great rebounders, but we could gain four and that would be really critical."

Having been a college point guard herself, Semrau understands the importance and value of the position and this season, she has options. The return of both Springle and Hofmann is a definite advantage and the two will be further challenged by Neely, who was a four-year starter at Laurens High School.

'Obviously Kesha did a tremendous job for us last year in starting every game," Semrau said. "We are going to rely on her leadership and experience and with Petra having a year of experience under her belt, she is going to be much more comfortable with the Division I college game. I know she'll really come into her own. Kesha's more of a penetrating kind of point guard and Petra's more of a perimeter point guard, but both of them have really worked on their outside shooting and both can be great scorers but just didn't need to do a lot of that last year.

> different look and it's very exciting to know that we have two very capable senior point guards. Then you throw Quint into the mix and she's just eager to step in and learn and at the same time, may be a bright

spot for us coming into some of the games. She can also play multiple positions."

"Either of them running the point gives us a

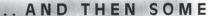
Traylor will once again occupy the two-guard position, but will have plenty of help this season. An aggressive player who has the ability to take it to the hoop, hit from the outside or dish it off, is the team's go-to player this season.

"I think April is going to love this being 'her team' and this being 'her vear.' Semrau said. "She doesn't back down to anything and knowing that this is it for her and having hopes and expectations of playing beyond this level will help her to continue to hone the skills she needs to be an even better

athlete and player."

Lakesha Springle

Having played in 84 games through her first three seasons, Traylor ranks eighth all time at FSU in assists (308) and steals (176). An explosive scorer, Traylor scored a career-high 30 points, including five threepointers, to lift FSU over Tulane in the NCAA Tournament. She scored in double figures in 28 games last season and has already surpassed the 1,000-point mark with 1,139



### 2001-2002 SEASON PREVIEW

career points. Over the summer, Traylor was one of 36 of the top women's collegiate basketball players in the nation who was invited to the 2001 USA Basketball Women's National Team Trials.

"Being invited to the USA Trials was a compliment to April and her game," Semrau said, "but not making that team was a challenge for her to step up and prove that maybe she has a little bit more work to do and she took it to heart this summer." Joining Traylor on the perimeter will be returning players Whiting and Morris. Whiting, who was recovering from a torn ACL, wasn't expected to see action until December of last season, but with determination and hard work, she returned to play at the start of the season and was a solid contributor. She's continued that work ethic in this off-season.

"Nikki has maybe worked harder than anybody in the off-season and has probably come the furthest," Semrau said. "She was probably never 100 percent last season after her knee surgery, but she will be now. She'll be playing without her brace and will get to showcase a little bit more who she is. She has really worked on her weaknesses and is developing into someone who takes pride in all areas of her game. I'm excited to see what she'll do this year."

Morris possesses a great deal of natural talent and because of her size and quickness, will play a versatile role for the squad. After a season of practicing with the team, Morris is comfortable with the system and should be ready to step up.

"Tasheika will play inside and outside for us," Semrau said. "As a high school post player, she was a first team All-USA Today selection. She played both roles for us last year in practice. She has great ball handling skills, is a great three-point threat, great rebounder and adds size to our perimeter and quickness to our posts."

Burrell will add a lot of strength to the perimeter game but she also has the ability to shoot the three. Liljestrand is a tremendous outside shooter and solid athlete.

"Jamil's very different than all of the players we have on the

perimeter which we really like because she compliments what we have in Nikki, April and Tasheika," Semrau said. "She's strong and wants to play a power game. She's the power vs. the finesse. Linea's not just a spot-up shooter. She can take it off the dribble and has a quick release. She's got a lot of experience because she's a little bit

older coming in as a freshman."

Although the post game may be lacking experience, it is certainly not lacking talent and potential. Vujas is FSU's veteran in terms of the team's inside game and having started all 31 games in 2000-01, she will lead the young group of post players. Vujas scored in double figures in 21 games and led the team in rebounding in seven games last season. Bradley, Moore and Choice will all compete for playing time as all three have the tools to assume a starting role.

"Not only do we have depth, but we have really quality depth," Semrau said. "There's going to be a lot of challenging for positions this year and a lot of challenges for playing time which will enable us to run an up-tempo style of play with players who can step in and play a lot of minutes."

Semrau and the Seminoles will be looking to capitalize on the program's most successful season in a decade when they open the 2001-02 season vs. NCAA Tournament participant St. Mary's at the Virgin Islands Tournament on November 18th. The

2001-02 slate includes 10 teams that made postseason appearances, including eight NCAA Tournament teams, as well as teams from the SEC and Big Ten Conference.

"We've got a great schedule," Semrau said. "Preseason, we wanted to go somewhere that was attractive to our players and the seniors chose to go somewhere tropical. It will be a Classic. St. Mary's was in the NCAA Tournament last year and had a great year and we open with them. In our tournament, St. Joe's has been in the NCAA Tournament and they're a highly rated team and we have Florida coming in and we've got two other intrastate rivals in Jacksonville and UCF and we travel to Auburn and Indiana. We get a look at a variety of conferences and teams that have fared very well in their conferences as well. We felt like we could really step up our non-conference schedule this year and I think we did a good job of doing that."

The schedule has 14 regular-season home dates, including the fifth annual Tallahassee Democrat Seminole Classic, which features East Tennessee State, Dayton and St. Joe's. The Seminoles will also play two games in Indiana which will allow Traylor, who hails from Martinsville, Indiana, the opportunity to play close to home, which is something Semrau has done for all of her seniors since coming to Florida State.

While the 2000-01 season becomes a distant memory, it solidified the hard work that has been put into building the Florida State women's basketball program. Heading into this season, the Seminoles are standing on a solid foundation in which they can continue to build upon and there's a real eagerness to get started.

"Last year established us," Semrau said. "We turned a corner and now we can gain momentum. After you turn the corner, then you put on the gas. We've established our program as one to be reckoned with."



1	Linnea Liljestrand	5-10	G	Fr	Stockholm, SWE (Brannkyrka Gymnasium)
2	LaQuinta Neely	5-8	G	Fr	Laurens, SC (Laurens HS)
					Clearwater, FL (Clearwater HS)
4	Petra Hofmann	5-8	G	Sr	Pecs, Hungary (Cowley County CC)
5	Trinetta Moore	6-2	C	Jr	Atlanta, GA (Cowley County CC)
10	Lakesha Springle	5-3	G	Sr	Thomasville, GA (Thomasville HS)
12	April Traylor	5-10	G	Sr	Martinsville, IN (Martinsville HS)
20	Katelyn Vujas	6-3	C	Jr	Wadsworth, OH (Wadsworth HS)
24	Jamil Burrell	5-11	G	Fr	Bartow, FL (Bartow HS)
33	Tasheika Morris	6-0	F	So	Huntsville, AL (Butler HS/Tennessee)
42	Genesis Choice	6-3	C	Fr	Orlando, FL (Maynard Evans HS)
					Lake Mary, FL (Lake Mary HS)

### **ALPHABETICAL**

44	Lauren Bradley	. 6-3	. C	So	Lake Mary, FL (Lake Mary HS)
					Bartow, FL (Bartow HS)
					Orlando, FL (Maynard Evans HS)
					Pecs, Hungary (Cowley County CC)
					. Stockholm, SWE (Brannkyrka Gymnasium)
5	Trinetta Moore	. 6-2	C	Jr	Atlanta, GA (Cowley County CC)
					Huntsville, AL (Butler HS/Tennessee)
					Laurens, SC (Laurens HS)
					Thomasville, GA (Thomasville HS)
12	April Traylor	. 5-10	G	Sr	Martinsville, IN (Martinsville HS)
20	Katelyn Vujas	. 6-3	C	Jr	Wadsworth, OH (Wadsworth HS)
					Clearwater, FL (Clearwater HS)

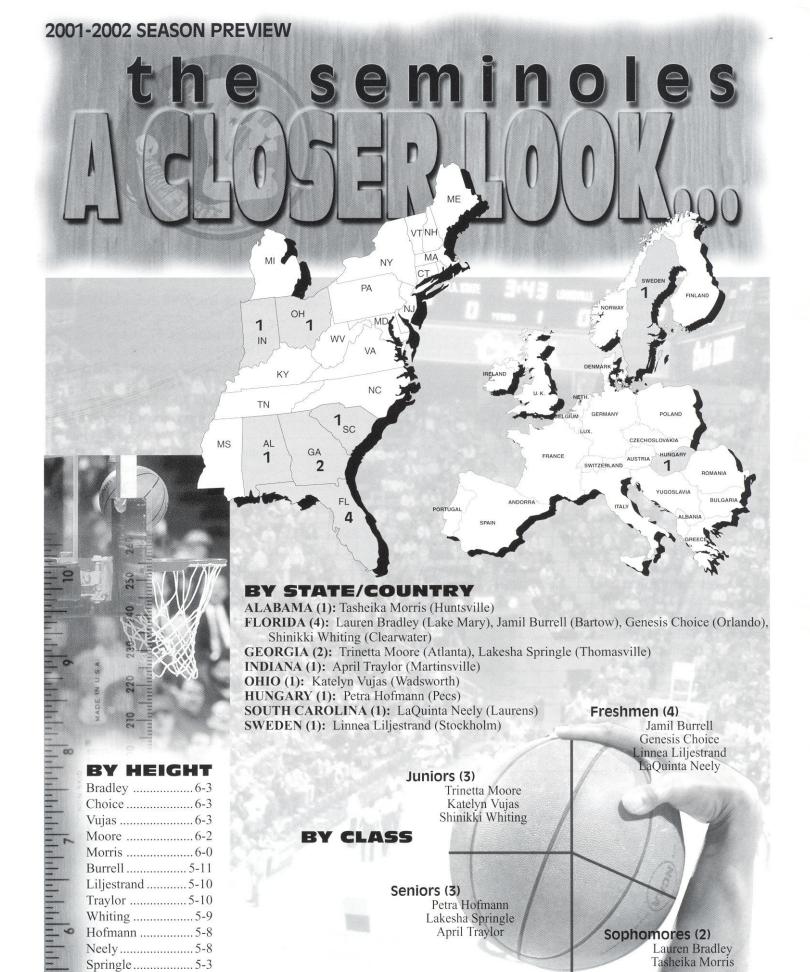
HEAD COACH ...... Sue Semrau/5th year

ASSISTANT COACHES ...... Theresa Gernatt, Angie Johnson, Roy Heintz



### PRONUNCIATION GUIDE

Jamil Burrell	Jah-mill Bur-rell
Petra Hofmann	Pet-trah
Linnea Liljestrand Lah-KNEE-	yah Lee-lah-strund
Tasheika Morris	Tah-sheekah
LaQuinta NeelyLah	-Quin-tah Knee-lee
Sue Semrau	Sem-rwow
Lakesha Springle	Lah-keesha
Katelyn Vujas	Voo-jiss





**Roy Heintz** 

**HEAD COACH · FIFTH YEAR · CALIFORNIA-SAN DIEGO '85** 



had a passion and desire to build something," Florida State women's basketball head coach Sue Semrau said upon her hiring in June of 1997.

And build she has. In just four short years, Semrau has turned a once-floundering program into a conference and national contender. Last season, Semrau and the Seminoles turned the corner and she has her players poised and ready to accelerate into a promising future.

Florida State had a breakout

season in 2000-01 as Semrau guided the Seminoles to a No. 25 final ranking with a 19-12 record, a third-place finish in the ACC and its first NCAA Tournament since 1990-91. It was Florida State's first winning season since 1991-92 as well as the school's best league finish since joining the ACC 10 seasons ago. Her efforts were recognized and rewarded when the Atlantic Coast Sports Writers Association announced on March 6th that Semrau was named the 2001 Atlantic Coast Conference Coach of the Year.



"You would have to understand the magnitude of the task that she undertook four years ago in order to fully appreciate just how deserving this honor is for Sue Semrau," FSU Director of Athletics Dave Hart said. "In a conference full of outstanding coaches, Sue very much earned this recognition. I'm very happy for her.' Hart is also very happy for Florida State. Four years ago when he went searching for a women's basketball coach, he knew he would have to find the perfect fit in order to turn the program around. "Sue's integral role in the building process at two different programs, along with her tremendous energy and reputation as a recruiter, were the most important profile characteristics in her selection as our women's basketball coach at Florida State University," Hart said in 1997.

### SEMRAU FILE

FSU/CAREER RECORD: 47-67 (4 years)

COACHING STOPS:
Santa Monica High School (Santa Monica, CA) — (1986-87)

Occidental College (Los Angeles, CA) — Head Coach/ Assistant Athletic Director (1987-90)

Northern Illinois University (DeKalb, IL) — Assistant Coach/Recruiting Coordinator (1990-93)

University of Wisconsin (Madison, WI) — Assistant Coach/ Recruiting Coordinator (1994-97)

Florida State University — Head Coach (1997-present)

### **COACHING STAFF**

It appears Hart did, indeed, find the perfect fit and since that time, Semrau has been nothing short of remarkable in her efforts. From the moment she stepped onto the Florida State campus, Semrau brought hope and excitement back to the Florida State women's basketball program. With vast coaching experience at two Division I schools, Semrau brought a great deal of wisdom and vision to a program starving for such nourishment.

In 1997, Semrau inherited a Seminole team that had gone winless in the ACC the previous season. Four years later, Florida State concluded the 2000-01 season ranked No. 25 in the final *USA Today*/ESPN Coaches' Poll marking the first time in the program's history that the women's basketball team has been ranked at the end of the season. The Seminoles, who were picked to finish eighth in the ACC preseason poll, tied for third with a 9-7 league mark and were the only team in the nation to defeat Duke on its home court in 2000-01. The Seminoles earned their

highest-ever seed in the ACC Tourney at No. 4 and advanced to the tournament's semifinals for the first time. Other firsts included defeating Virginia and FSU took two of three from the Cavaliers, including a win in the ACC Tournament. The Seminoles' win over Tulane in the NCAA Tournament marked the first time that FSU has recorded a postseason victory away from Tallahassee.

Semrau's philosophy in rebuilding the Florida State program has been a simple one. Semrau runs her program in such a way where players are treated as people first, students second and athletes third. She is a coach who believes in initiating relationships rather than waiting for others to do so.

Semrau's style has been embraced by all who have come in contact with her. She has won the hearts of the Florida State fans, media and most importantly, the student-athletes. This has become very evident in her recruiting success. Semrau and her



### **COACHING STAFF**



staff brought in the nation's 8th-ranked recruiting class in 1999. The current FSU roster is highlighted by a two-time Parade All-American, six USA Today honorable mention All-Americans and 1999's Miss Florida and Miss Alabama Basketball recipients. Semrau and her staff have also been responsible for grooming the program's two professional players as former Seminoles Brooke Wyckoff and Levys Torres now play for the Orlando Miracle and Miami Sol of the WNBA.

Semrau's friendliness and ease with the media have prompted

the group to refer to her as the "female Bobby Bowden." And the "Lunch with Sue," — a booster-sponsored biweekly luncheon, continues to grow in popularity and attendance.

Her commitment to community service has also been a priority for the program and it all starts on the court. Following every Seminole home game, fans are invited to circle the court to meet the players and coaches. But that's just the beginning. The Seminoles have performed a variety of services, including the Walker Ford Tutorial Program, in which the players donate two hours of their time on Saturday mornings to tutor elementaryaged children. They have helped package and deliver meals with Elder Care Services for the "Meals on Wheels" program, cleaned and cooked at the Ronald McDonald House, done lawn work and helped plant a garden at a local women's shelter, gone Christmas caroling at a retirement home and visited children in the Pediatrics Ward. In the 2000-01 season, the Seminoles took their commitment to community service up a notch and beyond the comfort of the city of Tallahassee. While continuing to serve the Tallahassee community, the Seminoles also extended a helping hand to the communities in which they traveled to for competition. FSU made visits to the Boys and Girls Club at the Coalition for the Homeless in Orlando and elementary schools in both Harlem and West Chester, Ohio.

"Anytime we can do something to help people when we're on the road, it sinks in a little deeper than when we are in our own community," Semrau said. "It's not only important when we are in Tallahassee, but anywhere you go, there's a need. What I see as a result is a bunch of players who are very excited about giving back. I think it's a culture that not only women's basketball, but Florida State athletics has started and one that's really meeting a need for people who are out there and it turns out to be a lot of fun."

From day one of her reign, Semrau emphasized a need to build consistency in every facet of the women's basketball program, starting with when and where the Seminoles practice, to where they hold meetings, to what time they eat dinner. With Semrau's arrival to Florida State in the summer of 1997, the Seminole women's basketball program had had three different head coaches in three years. Now entering her fifth season,



Coach Sue Semrau with the Seminole alumni following last season's Alumni Game.



Semrau's commitment to building a respectable program at FSU has provided stability to the program.

Prior to coming to FSU, Semrau served three years as an

Prior to coming to FSU, Semrau served three years as an assistant coach and recruiting coordinator at the University of Wisconsin under Badger Head Coach Jane Albright. Semrau joined Albright at Northern Illinois in 1991 where she assisted in leading NIU to three consecutive NCAA tournament appearances.

In her three seasons at Wisconsin, Semrau contributed to the Badgers' three straight winning seasons and two NCAA tournament appearances, including the program's first ever back-to-back 20-win seasons. Wisconsin also posted its best record in program history, a 21-8 mark in 1995-96, during Semrau's tenure.

Semrau was also noted for her recruiting efforts at Wisconsin with a 1995 recruiting class that ranked eighth in the country by Blue Star Index. The Badgers' 1997 class featured the program's first WBCA Prep All-American and the first multiple Parade Magazine honoree. In the summer of 1996, Semrau was the head coach of a team of college alumni that competed in the Athletes in Action Spring Australian Tour.

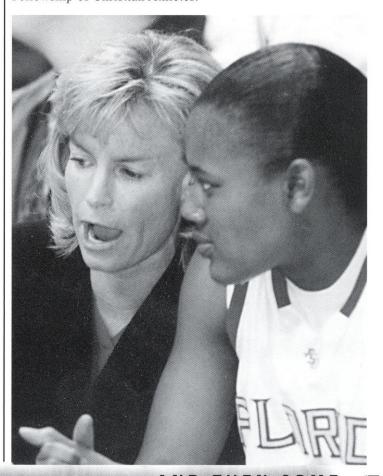
Prior to her hiring at Northern Illinois, Semrau served as head women's basketball coach and assistant athletic director at Occidental College in Los Angeles for four years where she compiled a 51-47 overall record. She also coached soccer for two seasons and was responsible for the administrative duties of fundraising and promotions at the Division III institution. At Occidental, Semrau was a member of the NCAA regional selection committee and chaired the Southern California Intercollegiate Athletic Conference for women's basketball.

Semrau also worked as the public relations and promotions director for the L.A. Heat professional soccer team from 1986-87, and the public relations director for the Seattle Storm soccer team in the previous year. In 1986-87, she also served as an assistant basketball coach at Santa Monica High School.

A native of Seattle, Wash., Semrau is a graduate of Shorecrest High School where she earned all-conference honors in her senior year. She went on to attend the University of Puget Sound for two years, garnering Freshman of the Year honors. Semrau transferred to the University of California-San Diego in 1984 where she ranks 13th in all-time.scoring and fourth in all-time assists. She graduated in 1985 with a bachelor's degree in communications and

received her master's degree in athletic administration from the University of Southern California in 1988.

An accomplished speaker, Semrau is a very popular guest speaker in the community as well as with alumni groups around the state. She is also active as a volunteer with the Fellowship of Christian Athletes.



ASSISTANT COACH • SIXTH YEAR • GEORGIA TECH

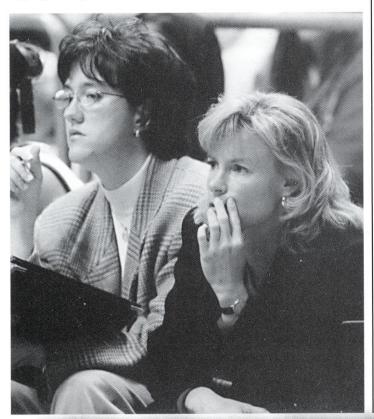


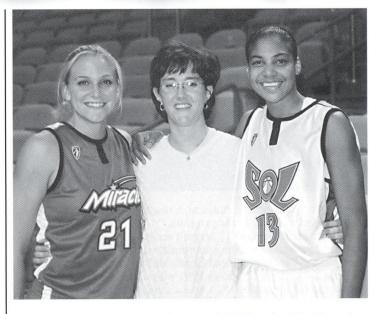
heresa A. Gernatt, or "Coach Tag" as she is affectionately called, begins her sixth season as the top assistant coach for the Florida State women's basketball program. Gernatt came to FSU as an assistant coach in 1996 and retained her position upon Sue Semrau's arrival in 1997. Her familiarity with the FSU athletics program was a great advantage to Semrau as was her familiarity with the coaching staff that Semrau assembled. Gernatt worked with Semrau and Angie Johnson back in 1994-95 when she

served one year as an administrative assistant for the Wisconsin

women's basketball program.

As Semrau's top assistant, Gernatt is instrumental in Florida State's recruiting process, serving as the program's recruiting coordinator. Her efforts were rewarded in 1999 when she and the women's basketball staff signed the No. 8 ranked recruiting class in the nation. With Gernatt's help, the current FSU roster is highlighted by a two-time *Parade* All-American, six *USA Today* 





honorable mention All-Americans and 1999's Miss Florida and Miss Alabama Basketball recipients. Gernatt can also add two professional players to her resume, helping former Seminoles Brooke Wyckoff and Levys Torres to professional careers with the WNBA's Orlando Miracle and Miami Sol.

Gernatt came to FSU in 1996 after serving one year as an assistant coach at Mississippi State. At MSU, Gernatt monitored the academic progress of the student-athletes, managed the program's tape-exchange and assisted with on-court responsibilities.

A native of Marietta, Ga., Gernatt has several ties to the Atlantic Coast Conference. She was a four-year letterwinner at Georgia Tech, where she earned a degree in management in 1991, and then served as an assistant coach at the University of Maryland the following season during which time the Terrapins reached a No. 1 national ranking. Gernatt returned to her alma mater the for the next two years and worked as an assistant to the athletic director while pursuing her master's degree.

### **GERNATT FILE**

### **COACHING STOPS:**

University of Maryland (College Park, MD) - Assistant Coach (1991-92)

University of Wisconsin (Madison, WI) - Administrative Assistant (1994-95)
Mississippi State University (Mississippi State, MS) - Assistant Coach (1995-96)

Florida State University - Assistant Coach/Recruiting Coordinator (1996-present)

COACHING STAFF

## ASSISTANT COACH • FIFTH YEAR • LOUISVILL

hen Sue Semrau came to Florida State, she knew that her selection of assistant coaches would play a vital role in the success of the Florida State's women's basketball program. She had this in mind when she hired fifth-year

Aside from her on-the-court coaching duties, Johnson works closely with Florida State's athletic academic support staff in monitoring the academic progress of the Seminoles. For four consecutive years, at least six women's basket-

assistant Angie Johnson.

ball players have earned their place on the ACC Academic Honor Roll — the most since Florida State joined the league. Johnson also works closely with the women's basketball support club, the Hoop Troop, and is very instrumental in the planning of such events as the annual Hoop Troop Golf Outing, the Alumni Game and the "Lunch with Sue," booster luncheons.

Johnson, like Semrau, came to Florida State in 1997 from the University of Wisconsin, where she served as the Badgers' third





assistant for three years. Some of her responsibilities at UW included opponent scouting, coordinating video exchange and arranging student-athletes community service. In her final season at UW, she also served as the team's academic liaison. Johnson was also active with the BadgerBall Booster Club, the Jane's Gem kids club and was co-director of the BadgerBall Girls Hoops Camp for two summers.

Prior to joining the Badger staff, Johnson was the assistant basketball coach at Paul G. Blazer High School in her hometown of Ashland, Ky. She was a four-year letterwinner at the University of Louisville from 1987-91. A 6-0 center, she still ranks among the top 10 in career rebounds (621) and games played (120). Johnson, who earned her degree in biology, was the recipient of the Ed Kallay Senior Award in 1991 and was a Woodford R. Porter Scholar.

### JOHNSON FILE

**COACHING STOPS:** 

Paul G. Blazer High School (Ashland, KY) - Assistant Coach (1991-94)

University of Wisconsin (Madison, WI) - Assistant Coach (1994-97)

Florida State University - Assistant Coach (1997-present)

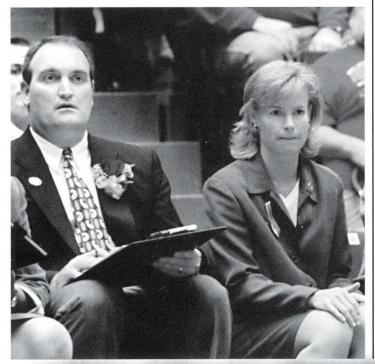
### COACHING STAFF ASSISTANT COACH • SECOND YEAR • SOUTH FLORIDA '85

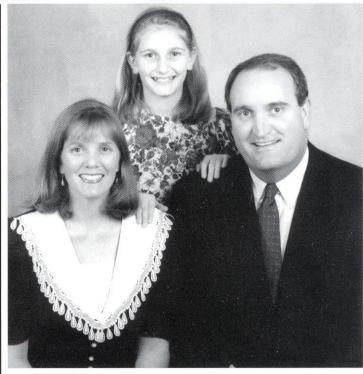


Roy Heintz, who is in his second year with the Seminoles, brings a unique perspective and a great deal of basketball knowledge to the Florida State program. The former Athletics Director and Head Girls' Basketball Coach at The First Academy in Orlando, Fla., Heintz turned his sights to the collegiate level when he joined the coaching staff in July of 2000. At FSU, some of Heintz' responsibilities include monitoring the squad's conditioning program, overseeing the team managers and coordinating the program's video efforts.

Heintz was with The First Academy since July of 1996 where he compiled an impressive 72-25 record as head coach of the girls' basketball team and led the Lady Royals to the 1997-98 and 1998-99 Florida Class A state championships. A two-time Florida Athletic Coaches Association District Coach of the Year, Heintz also oversaw and directed the Junior Varsity, Junior High and 7th grade girls teams. He was elected by his peers to the Florida High School Athletic Association Basketball Advisory Committee and is also an active member of the Women's Basketball Coaches Association.

As Athletics Director at The First Academy, Heintz was responsible for 10 girls and nine boys interscholastic sports,





including 35 teams and 43 coaches. He also managed the athletic budget and coordinated all the event management, marketing and public and media relations for the department.

In addition to his duties at The First Academy, Heintz worked as the National Clinic Coordinator and Clinician for the Crosspoint Basketball Coaching Clinics the past year. Active with the Fellowship of Christian Athletes, Heintz also served as the team chaplain for the Orlando Magic for several years.

Heintz is a 1985 graduate of the University of South Florida. He spent two years at Eckerd College in St. Petersburg where his duties included being an assistant coach for the men's and women's basketball teams, the head women's volleyball coach and the sports information director.

He and his wife Sharon have a daughter, Sarah, who is 11 years old.

### HEINTZ FILE

### **COACHING STOPS:**

Eckerd College (St. Petersburg, FL) - Assistant Coach/ Sports Information Director (1987-89) The First Academy (Orlando, FL) - Head Coach/Athletic Director (1996-2000)

Florida State University - Assistant Coach (2000present)



- PLAYER BIOGRAPHIES
   Petra Hofmann
   Lakesha Springle
   April Traylor
   Katelyn Vujas
   Shinikki Whiting
   Lauren Bradley
   Tasheika Morris
- SEMINOLE NEWCOMERS



### #4.5-8. G. SR. PECS, HUNGARY



Provides depth at the point guard position...gained Division I experience in first year as a Seminole...2000-01: Valuable player at the point guard position...played in all 31 games...averaged 1.1 points and 1.2 assists per game...averaged 13.9 minutes per game...scored a season-high six points, on her first two three pointers of the year, in the NCAA Tournament second round game vs. Iowa State... had five points in the opener vs. UNC-Asheville...had a season-high four assists in Chicago State game and three steals at Wake Forest...had two

blocks in UVA win on Jan. 24th...was a perfect 4-for-4 from the free throw line at NC State...scored in 12 games...played a season-high 24 minutes in the Coppin State game...1999-00: A junior college transfer from Cowley County CC in Kansas...was a two-time all-region performer...averaged 10.8 points, 7.0 assists, 5.1 rebounds and 3.2 steals per game in 1999-2000...also earned all-league honors the past two years in the Jayhawk Conference — one of the top junior college conferences in the nation...was a member of the Hungarian Junior National Team...helped guide her high school squad to the national title...selected Florida State over Clemson and Providence... PERSONAL: Is a sport management major...birthday is January 14, 1980...was named to the 2000-01 ACC Academic Honor Roll.

### HOFMANN'S CAREER HIGHS

Points 6 vs. Iowa St (3/18/01)
Rebounds 3 (twice)
Assists 4 vs. Chicago St (11/25/00)
Steals 3 vs. Wake (1/14/01)
Blocks 2 vs. Virginia (1/24/01)
Turnovers 3 (three times)
FGM2 (twice)
FGA 5 vs. Iowa St (3/18/01)
3FGM2 vs. Iowa St (3/18/01)
3FGA3 vs. Iowa St (3/18/01)
FTM 4 vs. NC State (1/29/00)
FTA
Minutes 24 vs. Coppin State
(12/28/00)
(12/20/00)

### HOFMANN'S NUMBERS AT A GLANCE

Games played 31
Points/game 1.1
FG Pct
3FG Pct200
FT Pct
Rebounds/game 0.9
Assists/game 1.2
Turnovers/game . 1.2
Steals/game 0.6
Blocks/game 0.1



### Hofmann's Career Numbers

YEAR	G-GS	MPG	FG-A	PCT	3FG-A	PCT	FT-A	PCT	REB-AVG	AS	ST	BK	TO	PF-DQ	PTS-AVG
00-01	31-0	13.9	11-29	.379	2-10	.200	11-24	.458	29-0.9	36	20	3	38	35-0	35-1.1
TOTAL	31-0	13.9	11-29	.379	2-10	.200	11-24	.458	29-0.9	36	20	3	38	35-0	35-1.1

### Hofmann's ACC Numbers

MPG FGM-FGA PCT 3FG-3FGA PCT FTM-FTA PCT REB-AVG AS ST BK TO PF-DQ YEAR G-GS PTS-AVG 9 2 · 10-0.6 00-01 16-0 2-6 .333 0-3 .000 6-9 .667 12-0.8 15 20 18-0 12.6 .000 12-0.8 10-0.6 2-6 .333 0-3 6-9 15 9 20 18-0 TOTAL 16-0 12.6 .667

