

COMMUNITY SERVICE

Giving back to the community is a priority for all of Florida State's student-athletes and the Seminole women's soccer team performs countless hours of community service each year. During the 2008-09 academic calendar, the women's athletics programs at FSU joined forces this season to help support a great cause as each team hosted individual "Paint it Pink" games. In support of breast cancer research, the Florida State soccer team raised more than \$4,900 in online auctions and donations for Breast Cancer Research as the proceeds were donated to the Susan G. Komen for the Cure, as well as the WBCA Kay Yow Cancer Fund in honor of the late NC State head women's basketball coach. Here is a look at some of the places and events in the community that members of the FSU soccer team have volunteered their time over the last several years:

- Bobby Bowden True Seminole Tailgate
- Cards and Posters for FCAT
- Dance Marathon
- FCAT Pep Rally at Sabal Palm
- Freshman Orientation
- 🚯 Ft. Braden Honor Roll Awards/Assembly
- FSU Youth Soccer Clinic
- Get Carded for Life
- Healthy Living Tallahassee
- Hurricane Katrina Clothing Drive
- Mentoring at Pineview Elementary and Bond Elementary
- Paint It Pink Game vs. Wake Forest
- Relay for Life
- Renegade Recess
- Senior Center Tailgate
- Southwood Kidsfest







SERVICES



BRANDI STUART Assistant Athletics Director for Student Services/Soccer



JOHN LATA Director of Student Services



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STUDENT DEVELOPMENT / LIFE SKILLS

NEW OPPORTUNITIES FOR LEADERSHIP, EDUCATION AND SERVICE (N.O.L.E.S)

Developed by the Florida State University Department of Athletics, the N.O.L.E.S. program represents a commitment to the total growth and development of each student-athlete. The program establishes an administrative commitment to academic and athletic excellence. Those efforts will be supported with programs and services in personal and career development service.

PERSONAL DEVELOPMENT

Fostering the development of personal growth is a fundamental component of the N.O.L.E.S. program. The support programs ensure that the student-athlete will be provided with opportunities to focus on personal growth areas such as value clarification, goal setting, fiscal planning, decision making and personal responsibility. Programming focuses on helping the student-athlete develop a healthy lifestyle while they are at Florida State and habits that will benefit them for life.

CAREER DEVELOPMENT

Preparing for life after college is a major focus of the N.O.L.E.S program. The program is designed to work in cooperation with Florida State's Career Center to acquaint students with the job search process, provide networking opportunities and ultimately assist with job placement. The program places a priority on the development of the total person, with the goal of developing individuals who will have rewarding careers and productive lifestyles after they leave Florida State. The newest addition to the Career Development program is the Senior Transition Seminar offered through the Office of Student Services. The course is offered to all senior student-athletes with exhausting eligibility and is designed to assist with resume building, networking with former student-athletes, and tips on transitioning from intercollegiate athletics into the working world.

COMMUNITY SERVICE

Serving the community is the focus of the Seminole Spirit program. Student-athletes are challenged to provide service to our community and individuals who are in need. With a clearly defined program of service, student-athletes are given the opportunity to develop lifelong commitment to volunteerism. Over the years, the commitment to community service has grown leaps and bounds. The FSU athletic department was recently recognized by the National Consortium for Academics and Sports for the most successful outreach and community service program in which FSU student-athletes impacted the lives of over 150,000 youths.

LEADERSHIP DEVELOPMENT

The Florida State University Department of Athletics is committed to developing programs of excellence that foster leadership development. The Student-Athlete Advisory Council (SAAC) has been in place in the Florida State University Athletic Department for over ten years, and consists of a fantastic group of motivated student-athletes. The SAAC consists of 42 student-athletes, at least two from every team, and they meet every two weeks to discuss issues confronting student-athletes, here at FSU, as well as in the Atlantic Coast Conference and across the nation. The SAAC at FSU has many responsibilities: they take the lead on a variety of events, starting with the New Student-Athlete Orientation, Peers Helping Athletes Transition (PHAT) Tuesdays with freshmen student-athletes, the Welcome Back Picnic and culminating with the Golden Nole Awards year ending banquet where seniors from each team are honored and student-athletes who have excelled in the area of community service are awarded.



2009-10 STUDENT-ATHLETE ADVISORY COUNCIL

1	
Lacey Agnew	Golf
Robin Ahrberg	Softball
Brianna Barry	Volleyball
Dan Bradford	Swimming & Diving
Kendall Brown	Golden Girls
Melanie Cabassol(President)	Swimming & Diving
Jessie Carr (Sec.)	Swimming & Diving
Caila Coleman (VP)	Track & Field
Everette Dawkins	Football
Stephanie Dick	Golden Girls
Deividas Dulkys	Basketball
Becky Edwards	Soccer
	Swimming & Diving
Mike Fout	Cross Country
Maurice Harris	Football

Bryan Howard	Track & Field
Andrew Jacobs	
Marissa Kazbour	Soccer
Cameron Knight	Golf
Jamie Kuhn	Golf
Luke Loucks	Basketball
Lauren Macfarlane	Tennis
Stephanie Neville	Volleyball
Michael O'Shea	Tennis
Amanda Quick	Cross Country
James Ramsey	Baseball
Chelsey Severance	Cheer
Amanda Skillen	Cross Country
Heather Smith	
Ashley Stager	Softball
Stevi Steinhauer	Swimming & Diving



NCAA COMPLIANCE



BRIAN BATTLE Associate Athletics Director for Compliance



JODY SMITH Assistant Athletics Director for Compliance



BRET COWLEY Compliance Assistant

FLORIDA STATE UNIVERSITY COMPLIANCE OFFICE

The following information is provided by the Florida State University Compliance Office for prospective student-athletes, alumni and boosters. It is intended as a guideline to introduce you to some of the rules governing NCAA athletics.

KEY DEFINITIONS YOU SHOULD KNOW

Representatives of Athletics Interests: A representative of athletics interests, commonly called a booster, is any individual who is known (or should have been known) by a member of the institution's athletic department that has ever:

- Contributed financially to the athletics department or to its booster club.
- Joined the institution's booster club or any sport specific support group.
- Provided benefits to enrolled student-athletes or their families
- Assisted in any manner in the recruitment of prospective student-athletes.
- Promoted the institution's athletics program.
- · Purchased season tickets.

*** Once an individual is identified as a representative, the person retains that identity forever. ***

Prospective Student-Athlete: A prospective studentathlete "prospect" is any student who has started classes for the ninth grade regardless of his/her athletics ability and/or participation. Any student younger who receives any benefit from an institution or representatives of athletics interests immediately becomes a prospective student-athlete. In addition, student-athletes enrolled in preparatory school or two-year colleges or officially withdrawn from a four-year institution are considered prospective student-athletes. A prospective studentathlete remains a prospect even after he or she has signed a National Letter of Intent or accepts an offer of financial aid or admissions to attend an institution. The prospect remains a prospect until he/she reports for the first day of classes for a regular term (fall or spring) or the first official day of practice, whichever occurs earlier.

Contact: A contact is any face-to-face encounter between a prospect or the prospect's parents, relatives or legal guardian(s) and an institutional staff member during which any dialogue occurs in excess of an exchange of a greeting.

Evaluation: An evaluation is any off-campus activity designed to assess the prospect's academic qualifications or athletic ability, including any visit to his/her high school (during which no contact occurs) or the observation of a prospect's practice or competition at any site.

96

PHONE CALLS AND LETTERS

Phone calls from coaches (but not boosters) are permitted beginning July 1 before the prospect's senior year in high school. A coach is limited to one phone call per week except that unlimited phone calls may be made:

- During the five days immediately before an official visit to the university;
- On the day of a coach's off-campus contact with a prospect; or
- During the time beginning with the National Letter of Intent signing date through the two days after the signing date and the day after a National Letter of Intent or scholarship agreement is signed.

A Prospect of Any Age Could Receive the Following From a Coach:

- · Questionnaire
- · Camp brochure
- · NCAA educational information
- Non-athletics institutional publications (official academic, admission and student services publications and videotapes produced by the institution and are available to all students)

After September 1 of a Prospect's Junior Year, a Coach Could Provide:

- Written correspondence, including letters and e-mails
- Business Cards
- · Media Guide
- Game programs (only on an official or unofficial visit)
- Pre-enrollment information after prospect signs National Letter of Intent or has been admitted
- Any other information may be provided via the institution's web site

WHO IS PERMITTED TO RECRUIT FOR FLORIDA STATE?

Only Florida State coaches who have successfully completed the NCAA Recruiting Rules Examination on an annual basis may be involved in the recruitment process. Boosters may not make any recruiting contacts. This includes letters, telephone calls or face-to-face contact on or off campus with a prospect or the prospect's parents.

ALUMNI AND BOOSTERS Do's and don'ts

- You may forward information about prospects to the appropriate coaches.
- You may have contact with a prospect regarding permissible pre-enrollment activities such as summer employment, provided the prospect has already signed a National Letter of Intent and the Compliance Office is aware you are making these contacts in regard to employment.
- You may have a telephone conversation with a
 prospect only if the prospect initiates the call. Such
 a call may not be prearranged by an institutional staff
 member and you are not permitted to have a recruiting
 conversation, but may exhibit normal civility. You
 must refer any questions about our athletic programs
 to an athletics department staff member/coach.
- You may view a prospect's contest at your own initiative provided you do not contact the prospect or his/her parents. In addition, you may not contact a prospect's coach, principal or counselor in an attempt to evaluate the prospect.
- You may continue established family relationships with friends and neighbors. Contacts with sons and daughters of these families are permitted as long as they are not made for recruiting purposes or encouraged by Florida State University coaches.
- You may not become involved in making arrangements to receive money or financial aid of any kind for a prospect or the prospect's family and friends.
- You may not make contact with a prospect and his/ her parents when the prospect is on campus for an official or unofficial recruiting visit.
- You may not transport, pay or arrange for payment of transportation costs for a prospect and his/her relatives or friends to visit campus (or elsewhere).
- You may not pay or arrange for payment of summer camp registration fees for a prospect.
- You may not provide anything to a prospect, the prospect's family or friends without prior approval from the Compliance Office.

For more information, please contact the Florida State University Compliance Office at (850) 644-4272.





ACADEMIC SERVICES

MISSION STATEMENT

The primary mission of Florida State University's Athletic Academic Support Services is to provide an environment that facilitates the academic success of each student-athlete. The focus is to provide a comprehensive support program integrated with the total University that will assist all student-athletes with the transition into college and provide continued support in all phases of academic and professional development, culminating with graduation, job placement or graduate school.

SERVICES AND PROGRAMS ACADEMIC ADVISING

The advisors in Athletic Academic Support Services serve as the lower-division advising unit for all student-athletes. The staff advises students through the Liberal Studies curriculum and degree prerequisites. The advisors work with the students in a number of areas related to the academic experience at Florida State University, but with a primary emphasis in advising and monitoring the progress toward the selected degree program, taking into consideration, all variables, which would enhance or impede each student's progress toward the goal of graduation.

STUDY HALL

Professionally supervised study sessions for each athletic team are organized in order to help ensure the academic success of the student-athletes. The main focus of the study hall program is to help students develop consistent and appropriate study patterns by providing a structured setting to work on class assignments and to provide tutorial assistance before academic problems arise. Although the criteria for study hall is left to the discretion of each academic advisor, typically, most freshmen, first year transfers, and upperclassmen who have not yet achieved a satisfactory cumulative grade point average are requested to attend study hall.

TUTOR AND MENTOR PROGRAM

The tutorial program is available to all student-athletes as they progress towards their ultimate goal of obtaining a college degree. Approximately, 100 tutors are hired each year, from a variety of academic departments. Every tutor is committed to providing a proactive, individualized approach in assisting student-athletes with course comprehension and study skills. The tutors are graduate level students who excel in a specific area of study. All mentors are graduate students who have outstanding academic backgrounds.

Mentors are academic role models who have demonstrated the ability to teach and give guidance in areas of academic developmental skills. They are responsible for providing assistance in the development of skills such as note taking, test preparation, and communication with faculty. In essence, mentors become an extension of the academic advisor as they keep the academic performance of their student-athletes under close observation and report to the academic advisors each week.

COMPUTER LAB

The Athletic Academic Support Services computer labs are located in the Moore Athletics Center and in



BILL SHULTS Director of Athletic Academic Support



SAMANTHA SWEENEY Soccer Academic Program Specialist

the new Learning Center located on the 9th floor of the University Center. FSU has 47 PC compatible computers and several laser printers available for use by the student-athletes. A computer lab is available 24/7 to student-athletes with a current FSU ID card. The entire Athletic Academic Support Services wing is also equipped with wireless internet.

SUMMER BRIDGE PROGRAM

Athletic Academic Support Services, in conjunction with Athletic Student Services and the University, offers incoming student-athletes a "Summer Bridge Program" to aid in the transition from high school to college and highlights many different topics that are important for student-athlete success. The program is a week-long intensive orientation that incorporates the University orientation with the athletics department orientation and continues throughout the six-week summer session. Seminars, designed to acclimate the students to the University community, are conducted weekly. Seminar topics include media training, health promotions, academic mapping requirements, the Academic Honor Policy and Student Code of Conduct as well as faculty communications and expectations.

ACADEMIC HONORS AND AWARDS PROGRAM

Athletic Academic Support Services is committed to recognizing the academic success of all student-athletes. The annual "Golden Torch Gala," is an academic awards banquet that occurs each fall and is the highlight of the year. At this event, the ACC Honor Roll student-athletes, as well as the individuals with the highest GPA on their respective teams, and the men's and women's teams with the highest GPA are recognized.

Team meetings are held each year, during which time student-athletes are notified of potential honors and awards and are encouraged to apply. Combining a strong grade point average with athletic accomplishments, community service activities, and leadership experiences make for a student-athlete capable of obtaining unlimited academic honors, awards and postgraduate opportunities.

2008-09 WOMEN'S SOCCER ACADEMIC ACHIEVEMENTS

ESPN THE MAGAZINE/COSIDA ACADEMIC ALL-DISTRICT TEAM

Becky Edwards, 2nd Team Sanna Talonen, 2nd Team Marissa Kazbour, 3rd Team Katrin Schmidt, 3rd Team Lauren Switzer, 3rd Team

NSCAA ACADEMIC ALL-AMERICANS

Becky Edwards, 1st Team

2008 ALL-ACC ACADEMIC WOMEN'S SOCCER TEAM

Becky Edwards
Marissa Kazbour
Katrin Schmidt*
Sanna Talonen
* denotes four-time honoree

2008-09 ACC HONOR ROLL

Katie Bolinsky
Kimmy Diaz
Becky Edwards
Tori Huster
Marissa Kazbour
Julie Lancos
Margo McAuley
Tiffany McCarty
Erin McNulty
Jessica Price
Katrin Schmidt
Casey Short
Ella Stephan
Susanna Zorn

PRESIDENT'S LIST (4.0 GPA)

Becky Edwards, Fall 2008 Tori Huster, Spring 2009 Erin McNulty, Fall 2008

DEAN'S LIST (3.5 GPA)

Katie Bolinsky, Fall 2008 & Spring 2009
Becky Edwards, Spring 2009
Tori Huster, Fall 2008
Marissa Kazbour, Fall 2008
Margo McAuley, Fall 2008
Casey Short, Fall 2008 & Spring 2009
Susanna Zorn, Fall 2008 & Spring 2009

OFFICIAL ATHLETIC SITE OF FLORIDA STATE UNIVERSITY

SPORTS INSIDE ATHLETICS MULTIMEDIA TICKETS

WWW.SEMINOLES.COM WWW.SEMINOL





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PRESENTED BY VERT OF WIRELESS

Seminole Soccer Summer Update

With the Florida State soccer season less than a month away from its season opener on August 21, many of the current Seminoles are spending their summer vacation fine tuning their skills in leagues across the country. Throughout the summer, Seminoles.com will provide fans an inside look at how the current Seminoles are performing both on and off the field. FULL STORY







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Football





Rodney Hudson Interview

Summer Conditioning: July 21st

BACK TO SCHOOL

The Official Athletics Website of Florida State University

SEMINOLES.COM

At Seminoles.com you can be the first to get breaking news & updates... order tickets...check the rosters & scoreboard...listen to sporing events with live audio streaming...download free desktop wallpapers...see what the Seminoles are doing i the classroom and in the community...access a stadium seating diagram to see wher your tickets are located...take a 360 degree virtual tour of Coach Bowden's office...purchase high quality Florida State pictures...and much MORE! **Tickets**

Mobile Site



Podcasts

Gametracker



Merchandise

FSU

FSII



SEMINOLES.COM ALL-ACCESS





You Tube

FLORIDA STATE MEDIA INFORMATION

A NOTE TO THE MEDIA, FANS AND OPPONENTS

Assistant Sports Information Director Jason Leturmy of the Florida State Sports Information Office is ready to assist you with any questions or requests you may have regarding the 2009 Women's Soccer program, media guide, coaches and student-athletes. Please do not hesitate to phone - (850) 644-5656, fax - (850) 644-3820, email – jleturmy@fsu.edu or write a letter to the sports information office at PO Drawer 2195, Tallahassee, FL 32316. All package shipments should be sent to Florida State Sports Information, 403 Stadium Drive West, Room D0107, Tallahassee, Fla., 32306.

PLAYERS AND COACHES INTERVIEWS

All player and coach interviews must be arranged through the Florida State Sports Information Office by contacting Jason Leturmy at (850) 644-5656. Player's home phone numbers and cell phone numbers will not be given to members of the media. Players and coaches should not be called directly under any circumstances.

HOW TO COVER THE SEMINOLES

Members of the media will be provided with media guides, weekly releases and games notes. Updated individual and team stats will be available immediately following every match and games stories with a box score will be emailed, faxed and posted to the official athletic department web site at www.seminoles.com following each match. If you would like to be included on an email or fax release list, please contact Jason Leturmy. Media do not need to request credentials for regular season home matches and seating will be provided for any media covering FSU women's soccer games. However, credential requests and passes are required if Florida State hosts any NCAA Tournament matches. All home matches are played at the Seminole Soccer Complex (1,500). The complex is located just north of the FSU football practice field off of Spirit Way.

FSU ON THE WEB

All the game stories, updated stats, weekly releases, photo galleries, live stat links and Seminole soccer news you could ever ask for is available 24 hours a day, seven days a week at www.seminoles.com, the official athletic website for Florida State University. Be sure to make Seminoles.com your first stop for all Florida State women's soccer information.











SPORTS INFORMATION DIRECTORY



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DIGITAL MEDIA DIRECTORY



Ryan Pensy Director



Scott Kotick Assistant Director



Layne Herdt Video Producer



Reid Ferrin Video Producer