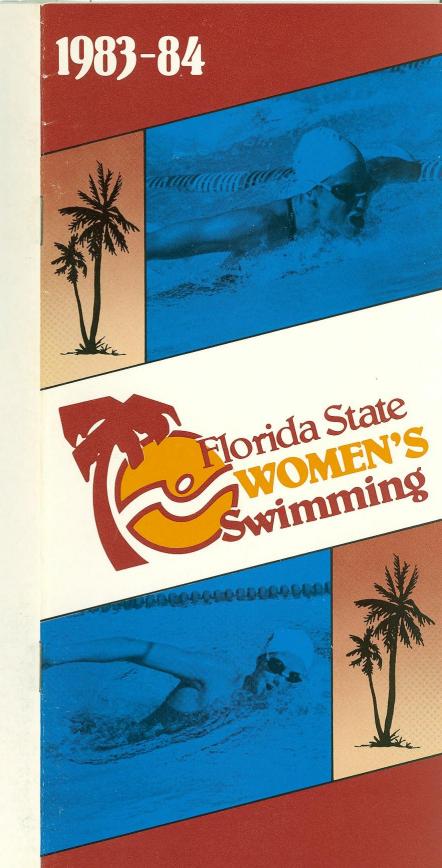
Swimmin	Swimming Schedule		
Date	Event	Site	Time
Oct. 15	Garnet and Gold Meet	Tallahassee, Fla.	11:00 a.m.
Oct. 28	University of Florida	Tallahassee, Fla.	11:00 a.m.
Oct. 29	University of South Florida	Tallahassee, Fla.	11:00 a.m.
Nov. 4	Clemson University	Version, S.C.	11:00 a.m.
Nov. 18	Auburn University	Tallahassee, Fla.	2:00 p.m.
Nov. 19	University of Georgia	Tallahassee, Fla.	2:00 p.m.
Dec. 2-3	Southern Illinois Invitational	Carbondale, III.	All Day
Jan. 7	North Carolina State University	Tallahassee, Fla.	1:00 p.m.
Jan. 14	University of Alabama/Tulane University	Pensacola, Fla.	11:00 a.m.
Jan. 21	University of South Carolina	Tallahassee, Fla.	11:00 a.m.
Jan. 28	University of Miami	Miami, Fla.	11:00 a.m.
Feb. 9-11	Southern Intercollegiate Championship	Athens, Ga.	All Day
Feb. 23-25	Metro Conference Championship	Columbia, S.C.	All Day
Mar. 15-17	NCAA Championship	Indianapolis, Ind.	All Day
Mar 28-31	alegalians of the state of the	bal siloncacibal	, C     V



## Why FSU?

For years, parents, coaches and educators have praised sports and athletics as a means for improving physical abilities and developing character. There is little argument against the fact that participation in a regularly scheduled athletic training program will improve the physical status of those involved. But what of sports as a character builder? Do individuals involved in athletics develop into more self-confident, understanding, humane, moral, achievement-oriented individuals? Does the experience give the participant a clearer understanding of her environment, herself, her peers, her lifestyle, the lifestyle of others, and the value of such things as dedication, positive thinking, perseverance, humility, etc.? Unfortunately, in today's society these questions may not always be answered affirmatively.

With the extensive involvement of our society in the sports world of today, the emphasis on winning and being number one has emerged as the priority in most athletic programs. This fact, plus the close economic ties to the production of winners has caused many athletic organizations to become so totally involved in winning that they lost sight of the potential of their sport as a means for

character development.

WINNING IS IMPORTANT! Yet there is also an opportunity to learn through sport experiences. The potential does in fact exist. Many researchers and extremely knowledgeable men and women will agree that the athletic experience can aid in the development of the values mentioned earlier, IF DIRECTED TO THAT END.

Herein lies the philosophy of coaching in the Florida State program. The FSU program is set up to develop the whole individual, not only physically, but mentally as well. Character traits such as perseverance, dedication, self-confidence, caring for others, "sportsmanship" and basic understanding of one's capabilities and limitations receive an equal amount of attention as do stroke work, interval training and meet performance.

Don't get us wrong. We work hard! We strive to win! We hold very strenuous workouts and we develop quality athletes. Yet their quality, when their participation is over, will hopefully not be just a memory in a scrapbook, but will be in the type of human being who will have a great deal of positive input to her environment.

Terry Mark

## Florida State Swimming Information

Head CoachTerry Maul
Years at FSUEnters 9th Season
Record at FSU
Assistant CoachJodi Yambor
Assistant CoachGreg Dietrich
Diving Coach
Athletic SecretaryTammy Easom
Home Facility Stults Aquatic Center
Swimming Phone

# Florida State University Women's Swimming 1983-84



FSU's women's swimming guide is published by the Department of Intercollegiate Athletics, C. W. "Hootie" Ingram, Director, for use by the media, alumni and friends of Florida State. Graduate Assistant Scott Atwell served as editor for the publication, with assistance from Donna Turner. Photographs used in this guide were supplied by the University photo lab.

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#### Florida State Fingertip Facts

Location	Tallahassee, Fla.
Enrollment	
Nickname	Lady Seminoles
Colors	Garnet and Gold
President	.Dr. Bernard Sliger
Athletic Director	V. "Hootie" Ingram
Sports Information Director	Wayne Hogan
Sports Information Phone	904/644-1060

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#### Terry Maul HEAD COACH



In nine years, Terry Maul has built Lady Seminole swimming into one of the truly great collegiate programs in America today.

Working from the philosophy that each individual should have the opportunity to develop to her fullest potential academically, educationally and athletically, Maul has built consistent winning teams at Florida State, while at the same time insuring the development of the individual in the college setting.

Proof of success of this philosophy comes from a quick glance at Maul's record. During the course of his tenure, Maul-coached teams have racked up an impressive 58-21 record in dual meet competition, for a winning percentage of .734. His 1982 team won the National Independent Championships (NIC) and placed second at the AIAW National Championships. During his tenure at Florida State, Maul has coached 28 swimmers to All-American status.

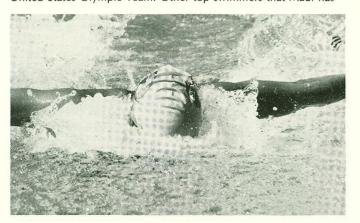
Despite the time required of his athletes to achieve these lofty athletic goals, Maul insists that academics come first with his team. Each year, an academic excellence award is presented by the women's athletic department to the squad with the highest grade point average on campus. Since the award's inception four years ago, Maul's squad has been the winner each time.

"We strive for excellence in both athletics and academics," Maul says. "Our academic goal is to have a team grade point average of at least 3.0. Athletically, we want each member to develop to her full potential."

A former Seminole swimmer, Maul graduated from Florida State with a bachelor's degree in biology in 1968. He then earned a master's degree in sports psychology in 1975; and has completed all class work for a doctorate in the same area.

Maul's coaching career began during his undergraduate days at FSU, where he coached summer swimming teams in both Tallahassee and Wellington, Kansas.

In 1971, Maul became manager and coach of the Sheridan Swimming Club in Quincy, Ill. It was there that he developed Nicole Kramer, who would later become a member of the 1976 United States Olympic Team. Other top swimmers that Maul has



coached include former FSU star Laurie Lehner, who won the 100 meter butterfly at both the Pan American and Pan Pacific Games this past summer. She posted the fastest 100 meter butterfly time in the world during the summer as well (59.54).

In addition to an outstanding coaching career, Maul has authored several articles on swimming and sports psychology that have been published in professional journals. He has also served as president of the National Collegiate Women's Swimming Coaches Association. Maul is responsible for developing and editing a research newsletter for that organization which circulates quarterly to over 400 coaches throughout the world.

Year	Record	Pct.
1976	2-4-0	.333
1977	8-4-0	.666
1978	6-3-0	.666
1979	10-2-0	.833
1980	9-3-0	.750
1981	11-1-0	.917
1982	6-2-0	.750
1983	6-2-0	.750

#### Jodi Yambor ASSISTANT COACH



A 16-time All-American at the University of Miami, Jodi Yambor is now in her fifth season as an assistant on the Florida State women's swimming staff.

As Terry Maul's chief assistant, Yambor is handling certain administrative tasks as assigned, as well as utilizing her talents in the area of sports psychology to direct the team's mental preparation.

Yambor began her coaching career in 1979, after graduating with honors in psychology from Miami.

While with the Lady Hurricanes, she was a four year All-American and twice helped Miami to the AIAW National Championship. Yambor claimed three national championships during her career, as a member of the 1976-77-78 200-yard medley relay team at UM.

In addition to coaching at the collegiate level, Yambor has experience coaching at the club level. Coaching age group and senior swimmers, Yambor has instructed at the Carrollwood Village Swimming Club in Tampa, the Area Tallahassee Aquatic Club, and the Pine Crest Swim Club.

Yambor received her master's degree in movement science from FSU in 1980, and is currently working on a doctorate in sports psychology.

# Greg Dietrich ASSISTANT COACH



Greg Dietrich, a native of Lancaster, Pa., begins his first year as an assistant to Terry Maul.

"Greg has an extensive background in stroke mechanics and will work primarily in that area," Maul says.

Prior to accepting the FSU assignment, Dietrich spent the past two years as an adult conditioning instructor in Tallahassee. Before that he gained valuable experience as a coach at the Tallahassee Area Aquatic Club (ATAC), working with

every age group level.

While at ATAC, one of his girl swimmers went on to qualify in all 11 events offered at the Florida Junior Olympics. Other coaching assignments include three years of work at the Pompano Beach (Fla.) Swim Club and a summer as head coach for the East Hill Baptist Church swim team.

Currently pursuing his masters degree in math, Dietrich already has graduated from FSU with a Bachelor of Science degree in math education and is serving as a teaching assistant for the Department of Math at FSU.

The 23-year old Dietrich was a breaststroke specialist during his AAU and high school swimming days in Pennsylvania. In addition to his coaching duties with the women's squad, he will also handle administrative duties for the squad as assigned by Maul.

#### Gary Cole DIVING COACH



Gary Cole is in his second year as diving coach for both the men's and women's programs at Florida State. Last season he won NIC Women's Coach of the Year honors in his initial campaign. A graduate of Bowling Green University, Cole came to Florida State from Auburn University where he served as head diving coach for both men's and women's teams for three and one-half years.

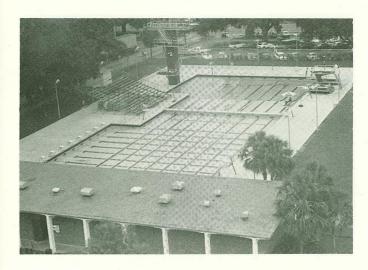
Prior to the Auburn assignment, Cole worked one year as assistant

diving coach at Michigan State University, as well as coaching for three additional years at the Tulip City Diving Club in Holland, Mich.

While at Tulip, six of Cole's pupils earned high school All-American acclaim; with one winning a national title. At Auburn, six of Cole's divers made it to the finals of the U.S. Senior National Championships.

Distinguished among his peers, Cole is a member of the NCAA Rules Committee for Diving as well as the U.S. Diving Law Legislation Committee. He is also in charge of all clinics for the U.S. Diving Coaches Association.

A standout diver in high school, Cole was coached by Ron O'Brien, U.S. Olympic diving coach since 1972.



# N. B. "Bim" Stults Aquatic Center

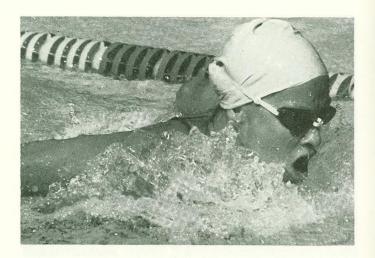
Count Florida State's N. B. "Bim" Stults Aquatic Center among the best in America, following a massive \$1 million renovation this past year which refurbished both the pool and locker room facilities.

The construction of a moveable bulkhead, which allows almost total water flow-through, has created a competition area which ranges in depth from five to 16 feet — making it one of the fastest in the South. Heated between 80 and 82 degrees year-round, the pool itself sports two standard 25-yard collegiate courses which have eight lanes set in a 60-foot wide area. With outside lanes two feet from the wall they are as fast as the middle lanes. The same holds true for the 50-meter "long course".

In addition, the pool is equipped with Keefer lane lines at both the 25-yard and 50-meter distances. Three underwater windows are available for stroke analysis and filming. The recently installed stainless steel gutters are extremely deep.

The diving areas at the center meet or exceed published specifications as outlined by the NCAA. FSU's diving areas include a pair of one meter boards, one three meter board and a 10-meter tower. All three boards are mounted on Durafirm fulcrums and the tower possesses platforms at five, seven and a half, and ten meters — each with new coco matting. The diving facilities also include a new porta pit/trampoline practice area located just a few feet from the competition boards.

Located conveniently on the FSU campus, the entire facility is named after legendary former Florida State swimming coach N. B. "Bim" Stults, and is home to both FSU swimming teams, as well as being the center for many physical education and recreational activities.



#### 1983-84 Outlook

Generally Speaking — Rather than tab 1983-84 as a rebuilding campaign, Head Coach Terry Maul suggests that this season will bring a "new beginning" for Lady Seminole swimming. Gone are eight seniors from last season, a group which helped FSU to a second place AIAW National finish two years ago. Spearheading the drive to regain the magic of 1982 are Sara Linke and Natalie Deschamps, a pair of NCAA qualifiers from last season. Linke was high point winner at the 1983 USS International meet while Deschamps recently competed for the Canadian Pan Pacific team. Working on the 1983-84 Lady Seminole motto, "Up Where We Belong," Maul has developed a coaching style which requires the athlete to take the responsibility to make the commitment to strive for excellence. Such a philosophy will be most important for the 14 incoming freshman who must grasp the idea in a hurry if this year's edition of Lady Seminole swimming is to reach its full potential.

Sprints — 50/100 Freestyle — Sweeping both sprint relays at the '82 AIAW Championships served notice to FSU's power in these events. This year's field is wide open as several freshman of equal caliber were recruited. Newcomers Missy Proctor and Tina Gallivan will be in the spotlight, while Sara Linke returns as a factor in the 100 free. Simone Kusseling, the lone senior here, was the anchor on both of those national championship relays.

Middle Distance — 200/500 Freestyle — Linke will dominate both events as a returning All-American and school record holder (1:49.39; 4:49.43). Maul will look for added strength from freshman Karen Acre, Ann Belew and Proctor.

Distance — 1,000/1,650 Freestyle — The Lady Seminoles haven't enjoyed as much depth at these spots in some time. Kelly Hillencamp is the only returner but new comers Acre and Belew enter with great promise.

Backstroke — 100/200 — Depth is a question mark but Lori Skrobiak returns off of a fine summer and will carry most of the load. Others to look for are freshman Jane Hayes and Missy Proctor

**Breaststroke** — 100/200 — This should be one of the bright spots. Former Canadian Pan Am team member Joanne Bedard is back while freshman Lisa Goodman enters as a national qualifier. Another promising newcomer is Connie Price of Jacksonville.

Butterfly — 100-200 — Two strongest events. Linke, the school record holder in the 200-yard event (2:05.54), and Deschamps, were both NCAA qualifiers a year ago. Incoming freshman Karen Keller was a Junior National finalist, and should add depth with Jane Hayes and Lisa Goodman.

Individual Medley — 200/400 — Deschamps, the school record holder in both events (2:04.97; 4:24.62) and Linke were both finalists at the USS International meet in January as well as NCAA qualifiers. Look to the freshman, Hayes and Goodman for back-up help.

Relays — 400 Medley/400 Freestyle/800 Freestyle — Each team here has the potential to reach NCAA finals but to do so, lifetime bests will be required of the newcomers. Everyone is back on the 400 medley team that qualified a year ago (Skrobiak, Bedard, Deschamps, Linke). The freestyle units must each showcase a pair of freshman. Linke is one of the top 200 freestylers in the country and similar performances may come from some of the top freshman. A top 10 finish in the 800 free relay is no pipe dream.

Diving — One and Three Meter — Expect good things from this year's corps of divers as four NIC finalists return, including school record holder Patsy O'Toole. A big addition will be freshman Chris Creutzinger, a four-time state finalist from Cincinnati, Ohio. Jane Alexander, a transfer from Iowa, placed 25th at the 1981 AIAW's and will become eligible in January. With Susan Hahn, Suzanne Bishop and Siobhan Morse, this could be the strongest group of divers at FSU in quite some time.

NCAA	1984
Qualifying	<b>Standards</b>

Event	Yards	Meters
50-Free	23.89	26.52
100-Free	51.49	57.16
200-Free	1:50.99	2:03.10
500-Free	4:54.09	4:17.33
1650-Free	16:51.09	16:48.09
100-Back	58.69	1:05.15
200-Back	2:05.99	2:19.85
100-Breast	1:05.99	1:13.25
200-Breast	2:22.99	2:38.72
100-Fly	56.79	1:03.04
200-Fly	2:03.99	2:17.63
200-IM	2:07.39	2:21.41
400-IM	4:29.09	4:58.69
200-Medley Relay	1:48.09	1:59.98
400-Medley Relay	3:56.49	4:22.51
200-Free Relay	1:36.79	1:47.44
400-Free Relay	3:31.09	3:54.31
300-Free Relay	7:37.39	8:27.71
Diving	Dual	Championship
One-Meter	240	390
Three-Meter	250	410

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# 1983-84 Swimming Roster

Name	Class	Height	Event	Hometown/High School
Karen Acre	. Freshman	. 5′ -9″	Free	. Fern Park, Fla./Lake Howell
Jane Alexander	. Junior	. 5′ -8″	Diving	. Winnetka, III./New Trier East
Jill Bajus	. Freshman	. 5′ -9″	Free	. Fanwood, N.J./Union Catholic
Joanne Bedard*	. Sophomore	. 5′ -9″	Breast	. Quebec, Canada
Ann Belew	. Freshman		Free	. Germantown, Tenn./Germantown
Suzanne Bishop	Junior		Diving	. St. Petersburg, Fla./Catholic
Chris Creutzinger	. Freshman	.5'-5"	Diving	. Cincinnati, Ohio/Oak Hills
Natalie Deschamps*	. Sophomore	. 5'-11"	Fly, IM	. Quebec, Canada
Kristina Gallivan	. Freshman	. 5′ -9″	Free	. Attleboro, Mass./Attleboro
Lisa Goodman	. Freshman	.5'-7"	Breast, Fly, IM	.Shelbyville, Ky./Shelby County
Susie Hahn**	. Junior	.5'-5"	Diving	. Ft. Washington, Md./Friendly
Jane Hayes	. Freshman	.5'-5"	Back, Fly, IM	. Boca Raton, Fla./Pope John Paul II
Kelly Hillencamp**	. Junior	.5′-8″	Free	. Jacksonville, Fla./Bishop Kenny
Patty Hoffman	Junior	. 5' -6"	Free	. Ormond Beach, Fla./Mainland
Kelly Holmes	Freshman	. 5' -6"	Free	. St. Petersburg, Fla./Northeast
Karen Keller	. Freshman	.5'-5"	. Fly	. Middletown, N.J./Middletown
Cheryl Kupan	. Sophomore		Fly, IM	. Westport, Conn./Staples
Simone Kusseling**	.Senior		Free, Fly	. Alexandria, Va./Jefferson
Sara Linke*	.Sophomore	. 5'-9"	. Free, Fly, IM	. Walnut Creek, Cal./Acalanes
Siobhan Morse	. Freshman	.5'-3"	Diving	. Miami, Fla./Miami Palmetto
Patsy O'Toole*	. Sophomore	. 4'-11"	Diving	. Louisville, Ky./Sacred Heart
Connie Price	. Freshman	.5'-7"	Breast	. Atlantic Beach, Fla./Fletcher
Missy Proctor	. Freshman	. 6′-0	Back, Free	. West Bloomfield, Mich./Bloomfield
Lisa Salmela	. Freshman	.5'-6"	Free	. Shreveport, La./Southwood
Lori Skrobiak	.Sophomore	. 5'-10"	Back	. Longwood, Fla./Lyman
Jennifer Tankersley	. Freshman	.5′-10″	Free	. Miami, Fla./Gulliver Prep
*Number of Years Won Varsity Letters				



Karen Acre Freshman Fern Park, Fla.

Made considerable strides through final high school season and should be definite asset in middle distance events this year . . . Junior National finalist in 200 free . two-time Seminole County Swimmer of the Year and honorable mention All-American

at Lake Howell High under coach Dwain Picou . . . swims in the summer for John Woods of Greater Orlando Swim Club . . . majoring in business.



Jane Alexander Diver Junior Winnetka, II.

Transfers from the University of Iowa where she lettered for two years . . becomes eligible in January . . . finished 25th on both boards at 1981 AIAW Championships . . . artistic and strong . . . should be finalist at Metro Conference

Championships . . . two-time All-American at New Trier East High under coach Arnold Cajet . . . majoring in English.



Jill Bajus Free Freshman Fanwood, N.J.

Will fight for spot on relay units in addition to adding depth at the sprint events . . . All-American at Union Catholic under coach Bill Reichle . . . majoring in computer science.



Joanne Bedard

**Breast** Sophomore Ste-Foy, Quebec, Canada

Lettered last season as a freshman . . . school record holder in the 200 breast (2:22.17) . . . former Canadian Pan Am finalist . . . should be NCAA point scorer this year . . . also a member of FSU's medley relay team . . . majoring in basic studies.



**Anne Belew** 

Free Freshman Germantown, Tn.

Versatile performer . . . will swim everything from 100 to 1,650 freestyle . . . looked upon to provide depth in all of these areas . . . Junior National qualifier in four long course and two short course events . . . majoring in business.



Suzanne Bishop Junior

St. Petersburg, Fla.

Made great strides over the summer and could be a finalist at Metro Conference . . . finished 16th on both boards at NIC's a year ago . . . features a good list of dives on one meter . . . two-time city champion at St. Petersburg Catholic High under coach Bill Walker . . . majoring in biology.



**Chris Creutzinger** 

Diver Freshman Cincinnati, Oh.

Could be the finest FSU diving recruit in recent years . . . four-time state finalist and two-time All-American at Oak Hills High under coach Charlie Casuto . . . placed 21st at 1981 U.S. National Indoors . . . should be contender this year for

conference three-meter title as well as a finalist on both boards . . . NCAA's are not out of the question for this freshman . . . majoring in physical education.



**Natalie Deschamps** 

Fly, IM Sophomore Ste-Foy, Quebec, Canada Lettered as a freshman last season . . . holder of school records in the 200 and 400 IM events (2:04.97; 4:24.62) . . .

competed on Canadian Pan Pacific team this past summer . . . projected as NCAA finalist in both fly and IM events . . .

penciled in as flyer for FSU's medley relay team . . . majoring in basic studies.



Kristina Gallivan

Free Freshman Attleboro, Ma.

Displayed tremendous talent in early season workouts and could be NCAA finalist in sprint events . . . named three years running to Boston Globe All-Scholastic team . . . 1982 Swimmer of the Year . . . four-year honor student and

letter winner . . . majoring in basic studies.



Lisa Goodman
Breast, IM, Fly
Freshman
Shelbyville, Ky.
Versatile swimmer . . . could score dualmeet points in several events . . . another potential NCAA finalist . . . three-time All-American for coach Bill Peak at Shelby
County High . . . majoring in basic studies.



Diver Junior
Ft. Washington, Md.
Two-time letter winner at FSU . . . notched best season a year ago, reaching NIC finals on both boards . . . more of the same is expected this year . . . strong on threemeter board . . . three-time letter winner for coach Russ Anderson at Friendly High

. . three-time all-county selection . . . majoring in English.

Jane Hayes

Susan Hahn



Fly, IM
Freshman
Boca Raton, Fla.
Versatile in several events . . . is coming off disappointing senior year at Pope John Paul II High School, but looks to be well on her way to regaining top calibre form . . . counted upon to add depth at conference meet . . . two-time school MVP

and all-county performer for coach Diane Eaton . . . majoring in computer science.



Kelly Hillencamp
Free
Junior
Jacksonville, Fla.
Two-time letter winner at FSU . . . top contender for 1,650 but must do battle with a couple of newcomers . . . won allcity and All-American honors at Bishop Kenny High . . . brother John earned NCAA All-American status at the University

of Florida . . . majoring in communications.



Free Junior
Ormond Beach, Fla.
Based on early season performances, should be much improved over last year and will vie for spots on both free relay teams . . . transferred to FSU after one year at Daytona Beach Community College

where she won All-American honors in the

200-free . . . selected most improved at DBCC that year . . . all-county and all-state at Maitland High under coaches Tim Huth and Gary Goodner . . . majoring in nursing.

**Patty Hoffman** 



Kelly Holmes Free Freshman St. Petersburg, Fla.

Is coming off an outstanding senior year at Northeast High . . . expected to provide depth in sprint free events . . . two-time all-county and team MVP selection . . . won all-city honors four years running . . . majoring in computer science.



Karen Keller Fly Freshman Middletown, N.J.

Comes in as one of the top middle distance flyers along the East Coast . . . four-time selection as outstanding swimmer at Middletown High South, where she went undefeated each season . . . second place finisher in 200 long course fly at

South Carolina Junior Nationals . . . high school coaches — Pat O'Shea and Mark Gotthelf . . . USS Coach — Bill Palmer . . . majoring in physical education.



Cheryl Kupan Fly, IM Sophomore Westport, Conn.

Won All-America, all-state (three times) and all-county honors at Staples High in Norwalk . . . MVP both junior and senior years under coach Mike Krein . . . majoring in accounting.



Simone Kusseling Fly, Free Senior Alexandria, Va.

Two-time letter winner at FSU . . . the lone senior this year and one of the top freestylers . . . will vie for spots on sprint relays . . . earned All-America honors as a sophomore in 200 free relay and 200 medley relay . . . both relays won national

titles at the AIAW National Championships as well as setting FSU school records . . . two-year AIAW qualifier . . . two-time All-American and MVP at Jefferson High . . . majoring in hotel/restaurant administration.



Sara Linke Free, Fly, IM Sophomore Walnut Creek, Calif.

Lettered last year as a freshman . . . high point winner at 1983 USS International meet, outpointing several world class swimmers, including Tracy Caulkins . . . has good shot at making the 1984 U.S. Olympic Team . . . holder of FSU records

in the 200/500 free (1:49.39; 4:49.43) and the 200 fly (2:05.54) . . . became first FSU swimmer to win U.S. national title by finishing first in the 200-meter free at 1982 USS long course Senior Nationals . . . competed in World Games for U.S. team in 200-fly . . . All-American, all-state and team MVP at Acalanes High under coach Debbie Holcomb . . . majoring in child psychology.



Siobhan Morse Diver Freshman Miami, Fla.

Placed second in 1982 state meet off of one meter . . . many times age group qualifier . . . could be a surprise this year and should reach finals on both boards at Metro Conference meet . . . All-American at Palmetto High . . . Club Coach - Steve

McFarland . . . majoring in psychology.



Patricia O'Toole Diver

Sophomore Louisville, Ky.

Lettered last year as a freshman . . . school record holder on three meter board for both six and 11 dives (262.275; 425.60) . . . should challenge for three meter title at conference and is possible NCAA qualifier . . . All-American and all-state as

senior at Sacred Heart Academy in Louisville under coach Mike Zehnder . . . majoring in business.



**Connie Price Breast** Freshman Atlantic Beach, Fla.

Comes from strong swimming background at Bolles school under coach Greg Troy . . . expected to be NCAA national calibre breaststroker within a year or two . . . allcity, all-conference and all-district at Fletcher Senior High in Atlantic Beach

under coach Lena Brown . . . majoring in nursing.



**Missy Proctor** Free, Back Freshman Bloomfield, Mich.

Will provide depth in freestyle events from 50 to 500 . . . Michigan state champ in 500 free and national YMCA finalist in 100 and 200 free . . . three-year All-American and team MVP at Bloomfield Hills Andover High under coach Mike Lane . . . majoring

in special education.



Lisa Salmela Free Freshman Shreveport, La.

Will strive this year to establish herself as a conference point scorer in distance events . . . Junior Olympics qualifier and tops in state in 1,000 and 1,650 free at Southwood High . . . coached by Butch Jordan . . . majoring in basic studies.



Lori Skrobiak Back Sophomore Longwood, Fla.

Displayed great improvement over summer and will carry responsibility of back events this year . . . could be NCAA point scorer . . . member of FSU medley relay team which qualified for NCAA's a year ago . . . all-county, all-state and honorable mention

All-American at Lyman High under coach Bob Goff . . . USS coach John Woods . . . majoring in advertising and design.



Jennifer Tankersley Free

Freshman Miami, Fla.

Surprise walk-on . . . showing a great deal of early speed and is expected to challenge for top spots in sprint free events . . . definite conference point scorer . . four-time all-city and "Female Athlete of the Year" as senior at Gulliver Prep in

Miami . . . majoring in basic studies.

#### **All-Americans**

#### Individual

1976 -	Laura	Barber,	50 and 100 backstroke
1977 -	Laura	Barber,	100 backstroke

Susie Yates, 50 freestyle Jana Wilkins, 100 butterfly

1978 — Terri Miller, 400 IM, 1,650 freestyle Jana Wilkins, 50 and 100 butterfly

1980 — Sharon Spuler, 50 breaststroke Lisa Nencioni, 100 breaststroke Lenore Gribble, 100 butterfly

1981 — Sharon Spuler, 50 breaststroke Lenore Gribble, 50 and 100 butterfly Meg McCully, 50 and 100 backstroke

1982 — Sharon Spuler, 50 and 100 breaststroke Lenore Gribble, 50 and 100 butterfly Meg McCully, 50, 100 and 200 backstroke Kim Foster, 200 backstroke Laurie Lehner, 50 and 100 butterfly, 50 and 100 freestyle

1983 - Sara Linke, 200 and 500 freestyle

#### 200 Freestyle Relay

1976 — Laura Barber, Kim Reeves, Patty Taylor, Ritchie Dorrier

1977 — Laura Barber, Ritchie Dorrier, Susie Yates, Jana Wilkins
 1982 — Sharon Spuler, Lenore Gribble, Laurie Lehner, Simone

Kusseling

#### 200 Medley Relay

1977 - Terri Winkling, Kim Krueger, Jana Wilkins, Susie Yates

1978 — Laura Barber, Jeanne Dowdle, Jana Wilkins, Jackie Bajus, Lisa Davidson

1980 — Kim Dunlop, Sharon Spuler, Lenore Gribble, Jeanne Dowdle

1982 — Meg McCully, Sharon Spuler, Laurie Lehner, Simone Kusseling

#### 400 Freestyle Relay

1976 — Laura Barber, Kim Reeves, Ritchie Dorrier, Kathy

MacHardy 1977 — Laura Barber, Ritchie Dorrier, Jana Wilkins, Susie Yates

1978 — Terri Miller, Jeanne Dowdle, Laura Barber, Jana Wilkins 1979 — Jeanne Dowdle, Lisa Davidson, Kim Dunlap, Kathi Miller

1982 - Sharon Puler, Laurie Lehner, Lenore Gribble, Stacey Deck

#### 400 Medley Relay

1981 — Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble

1982 — Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble

#### 800 Freestyle Relay

1977 — Laura Barber, Sara Shuster, Nancy Pfaff, Beth Jones

1978 — Terri Miller, Jackie Bajus, Jana Wilkins, Sara Shuster

## Florida State Swimming Records

Event	Time	Holder	Year
50-Free 100-Free 200-Free 500-Free 1,650-Free	22.77 50.01 1:49.39 4:49.43 17:09.58	Laurie Lehner Laurie Lehner Sara Linke Sara Linke Terri Miller	1982 1982 1983 1983 1978
50-Back 100-Back 200-Back	27.06 57.71 2:04.04	Meg McCully Meg McCully Meg McCully	1982 1982 1982
50-Breast 100-Breast 200-Breast	29.81 1:04.43 2:22.17	Sharon Spuler Sharon Spuler Joanne Bedard	1982 1982 1983
50-Fly 100-Fly 200-Fly	24.48 53.42 2:05.54	Laurie Lehner Laurie Lehner Sara Linke	1982 1982 1983
100-IM 200-IM 400-IM	58.37 2:04.97 4:24.62	Natalie Deschamps Natalie Deschamps Natalie Deschamps	1983 1983 1983
200-Medley Relay	1:42.86	Meg McCully, Sharon Spuler, Laurie Lehner,	1000
400-Medley Relay	3:50.88	Simone Kusseling Meg McCully, Sharon Spuler, Lisa Nencioni,	1982
200-Free Relay	1:33.50	Lenore Gribble Laurie Lehner, Sharon Spuler, Simone Kusseling,	1982
400-Free Relay	3:27.52	Lenore Gribble Laurie Lehner, Stacey Deck,	1982
800-Free Relay	7:40.25	Sharon Spuler, Sonya Booth Meg McCully, Sonya Deck,	1982
		Jane Triau, Kim Foster	1982

## **Diving Records**

Event	Score	Holder	Year
1-meter (6-dives)	237.5	Lynn McCoy	1981
		Tina Patala	1978
1-meter (11-dives)	373.30	Camille Cox	1983
3-meter (6-dives)	262.275	Patsy O'Toole	1983
3-meter (11-dives)	425.60	Patsy O'Toole	1983

# Year by Year Record

Year	Record	Pct.	Coach	Captain(s)	
1976	2-4-0	.333	Terry Maul	Kathy MacHardy	-
1977	8-4-0	.667	Terry Maul	Ritchie Dorrier	
				Sara Shuster	
1978	6-3-0	.667	Terry Maul	Sara Shuster	
				Nancy Pfaff	
1979	10-2-0	.833	Terry Maul	Nancy Pfaff	
				Terri Miller	
1980	9-3-0	.750	Terry Maul	Lisa Davison	
				Terri Miller	
1981	11-1-0	.917	Terry Maul	Terri Miller	
				Lisa Nencioni	
				Jeanne Dowdle	
1982	6-2-0	.750	Terry Maul	Lisa Nencioni	
				Dawn Smith	
1983	6-2-0	.750	Terry Maul	Amy Davis	

# **Records vs. All Opponents**

Opponent	W	L	T	Pct.	Series Began
Alabama	3	3	0	.500	1976
Auburn	2	2	0	.500	1978
Brenau College	5	1	0	.883	1976
Brevard CC	1	0	0	1.000	1983
Charleston College	1	0	0	1.000	1977
Daytona Beach CC	6	0	0	1.000	1977
Florida	0	8	0	.000	1975
Georgia	4	1	0	.800	1977
Georgia Southern	1	0	0	1.000	1976
Indian River CC	6	2	0	.750	1976
Louisiana State	1	0	0	1.000	1981
Miami	4	3	0	.571	1975
Michigan State	1	0	0	1.000	1979
Miss. UWomen	2	0	0	1.000	1977
Nebraska	3	0	0	1.000	1976
Ohio State	1	0	0	1.000	1980
Oklahoma	1	0	0	1.000	1978
South Carolina	3	2	0	.600	1977
South Florida	7	0	0	1.000	1975
Tampa	1	0	0	1.000	1983
Tennessee	2	0	0	1.000	1979
Tulane	2	0	0	1.000	1981
TOTALS	57	22	0	.722	

# **MVS Award**

At the conclusion of each season, a Most Valuable Swimmer is selected on the basis of her performance during the past season. Previous award winners are listed below:

1976-77 Sara Shuster 1977-78 Terri Miller 1978-79 Lisa Nencioni

1979-80 Lisa Nencioni

1980-81 Jeanne Dowdle 1981-82 Laurie Lehner 1982-83 Natalie Deschan

1982-83 Natalie Deschamps

## **All-Time Results**

1976 (2-4-	-0)	
Head Coach: Terry N	Maul	
Florida	L	43-87
South Florida	W	81-47
Miami	L	38-92
Indian River CC	L	42-88
Alabama	L	35-94
Brenau College	W	73-57
1977 (8-4	-0)	
Head Coach: Terry I	Maul	
Brenau College	L	65-66
MUW	W	77-49
Georgia Southern	W	83-42
South Florida	W	76-53
Nebraska	W	86-45
Florida	L	43-80
Alabama	L	40-91
MUW	W	72-55
Indian River CC	L	
Miami	W	66-64
Georgia	W	83-48
South Carolina	W	78-53
1978 (6-3	i-0)	
Head Coach: Terry	Maul	
Brenau College	W	67-64
Charleston College	W	67-48
Daytona Beach CC	W	72-41
Alabama	W	66-65
South Carolina	L	49-82
Florida	L	29-102
Indian River CC	W	75-56
Miami	L	31-100
South Florida	W	74-56
1979 (10-	2-0)	415 354
Head Coach: Terry	Maul	
Brenau College	W	82-43
Alabama	L	57-74
Daytona Beach CC	W	71-42
Auburn	W	75-56
Oklahoma	W	92-33
Tennessee	W	77-54
Michigan State	W	63-48
Georgia	W	71-41
Florida	L	51-79
	14/	(( (=

W 66-65

W 75-56 W 77-52

Miami Indian River CC

South Florida

1980 (9-3-0)				
Head Coach: Terry I	Maul			
Alabama	W	72-59		
Auburn	W	78-53		
Brenau College	W	87-42		
Daytona Beach CC	W	76-37		
Nebraska	W	82-56		
South Florida	W	87-52		
Tennessee	W	91-49		
Ohio State	W	83-46		
Florida	L	48-90		
South Carolina	L	44-82		
Indian River CC	W	71-59		
Miami	L	53-78		
Wildilli	_	33-70		
1981 (11-				
Head Coach: Terry				
Indian River CC	W	77-34		
Florida	L	68-81		
Daytona Beach CC	W	79-34		
South Florida	W	79-52		
Brenau College	W	93-37		
Nebraska	W	99-39		
Georgia	W	73-58		
Miami	W	88-60		
Louisiana State	W	86-63		
South Carolina	W	71-60		
Tulane	W	87-27		
Alabama	W	80-60		
Southern Intercolleg	iate	1st		
AIAW Nationals		14th		
1982 (6-2	2-0)			
Head Coach: Terry	Maul			
Daytona Beach CC	W	72-41		
Georgia	W	94-55		
Florida	L	57-92		
Indian River CC	W	85-62		
South Florida	W	87-60		
Auburn	L	67-82		
Miami	W	84-65		
South Carolina	W	67-62		
NIC		1st		
AIAW Nationals		2nd		
	2.0)			
1983 (6-	_			
Head Coach: Terry		404		
Tampa	W	101-44		
South Florida	W	86-60		
Indian River CC	W	90-59		
Brevard CC	W	93-12		
Daytona Beach CC	W	84-41		
Florida	L	58-91		

Head Coach: Terry	Maul	
Tampa	W	101-44
South Florida	W	86-60
Indian River CC	W	90-59
Brevard CC	W	93-12
Daytona Beach CC	W	84-41
Florida	L	58-91
Auburn	L	72-77
Tulane	W	89-52
Georgia	L	68-81
Canadian Cup		1st
NIC		4th
NCAA Championsh	24th	

# C. W. "Hootie" Ingram



Cecil Ingram, known to his friends and associates as "Hootie", is in his third year as Florida State's athletic director. He came to the post in January of 1981 after serving as associate commissioner of the Southeastern Conference.

Since his arrival in Tallahassee, Ingram has initiated a \$10 million dollar building program for

athletic facilities. A new athletic administration building that houses all administration, coaches and ticket personnel opened this fall. Fully equipped with locker rooms, weight rooms and a cafeteria, the complex also serves as a home for the Seminole football team.

A native of Tuscaloosa, Ala., the home of the University of Alabama, Ingram played football for the Crimson Tide from 1951 through 1954. He was All-SEC as a sophomore when he led the nation in pass interceptions. The '53 Alabama team played in the Orange Bowl and the '54 squad in the Cotton Bowl. Ingram also lettered for the Tide as an infielder.

He later moved into college coaching and has assistant coaching assignments at Wake Forest, Virginia Tech, Georgia and Arkansas. His only college football head coaching job began in 1970 at Clemson. Three years later he joined the SEC as assistant commissioner.

# Barbara Palmer Associate Athletic Director



Barbara Palmer has been with the Florida State athletic program since 1977. As associate athletic director, Palmer is in charge of the women's athletic program.

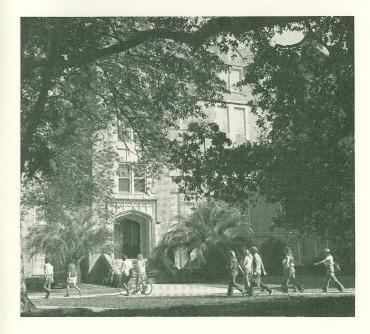
Since her arrival on campus, the FSU women's program has grown to the point where it is now

considered among the top five programs in the country. All eight women's sports have turned in winning records over the past three years. There have been three national championships won, including back-to-back titles by the softball team in 1981 and 1982.

Simply put, Barbara Palmer has been the energy behind that climb toward national excellence. She was directly responsible for the funding FSU women's athletics receives from the state legislature each year. It was Palmer's lobbying that pushed Title IX legislation through the state government in 1980.

So great has been Palmer's impact on the growth of women's athletics in the state of Florida that she was chosen to the inaugural Women's Florida Hall of Fame by Governor Bob Graham. She was one of just six women elected from a field of 226 candidates.

Palmer joined Florida State after serving four years as executive director of a private leisure and recreation services organization. A long-time resident of Tallahassee, Palmer graduated from FSU in 1970 and earned a master's degree in leisure services in 1974.



#### This is Florida State

Florida State University, nestled in the center of Florida's capital city, is home to more than 22,000 students from all over the nation and from 115 foreign countries. FSU was founded in 1857 as the Seminary West of the Suwannee. Today, the main campus, with more than 340 green acres, is one of the prettiest in the South. Camellias, azaleas and dogwoods blossom under towering moss-draped oaks. From the stately Gothic-styled structures on the eastern end of the campus to the contemporary science complex on the west, FSU has grown and changed with the times. Enrollment has quadrupled since the school became coeducational in 1947, following nearly half a century as FSCW — Florida State College for Women.

Today, students at Florida State can choose from more than 100 career options made available by 14 schools and colleges including arts and sciences, business, communication, criminology, education, home economics, law, library science, music, nursing, social sciences, social work, theatre and visual arts. Also, the FAMU/FSU Institute of Engineering began this fall.

The University's location in the capital city of Florida affords excellent study and research opportunities in the areas of government, social sciences and policy sciences. Additionally, the presence of state government provides widespread opportunities for internships and on-the-job study.

When it comes to the performing arts, Florida State ranks among the best schools in the nation.

The School of Theatre is recognized nationally for its leadership and training of talented young people. Burt Reynolds, acclaimed for his work with aspiring theatre professionals at the Reynolds Institute for Theatre Training in Jupiter, Florida, is an adjunct professor of professional and regional theatre at FSU.

The Department of Dance is ranked as one of the top five in the country. The University is home to the only collegiate circus in the country. The Flying High Circus carries a reputation of quality, professional aerial and stage entertainment for children of all ages.

When it comes to intercollegiate athletics, Florida State has established a winning tradition. The athletic program, including both men's and women's athletics, is among the top 20 in the nation.

But it's not just good programs that make the University great. As President Bernard Sliger proclaims, it is the people who make Florida State the successful monument to learning that it is. He takes pride in the people — students, faculty, administrators and staff — who are Florida State University.