



FLORIDA STATE UNIVERSITY

DEPARTMENT OF ATHLETICS



FSU Cross Country Finish Big at Mountaineer Open
Men Take First Place While Women Finish Second

Aug. 31, 2003

Tallahassee, FL - The Florida State men's cross country team placed first at the Mountaineer Open hosted by Appalachian State in Boone, NC on Friday, August 29, 2003. The women's team earned 44 points to place second in the first cross country meet of the 2003 season.

The Seminole men posted 37 points to take first place. FSU was led by junior Kevin Cook who finished third at the Mountaineer Open with a time of 15:37. Senior transfer Eduardo Rodriguez finished one second behind FSU teammate Cook with a 15:38 finish time. Junior Joep Tigehelaar finished in the top ten with a seventh place finish and a time of 15:43. Freshman Tom Lancashire (15:55) and junior Ian Hornabrook (15:56) rounded out the top five scorers for the Seminoles with eleventh and twelfth place finishes, respectively.

The Florida State women recorded 44 points en route to a second place finish. Junior Natalie Hughes finished fifth with a time of 18:27. Fellow junior Anne Clinton followed with a seventh place finish and 18:35 time and senior Helen Hofstede rounded out the group with a time of 18:42 for eighth place. Freshman Heather Clark and redshirt sophomore Rachel Marsh posted times of 19:36 and 19:41 for sixteenth and eighteenth place, respectively.

The Seminoles return to action at the Florida Intercollegiate Championships in Tallahassee, FL on Sept 12, 2003.

- Go Seminoles -



FLORIDA STATE UNIVERSITY

DEPARTMENT OF ATHLETICS



By Michael McFaul, FSU Sports Information

The Florida State men's and women's cross country teams kickoff their seasons at the Appalachian State Mountaineer Open, August 29 in Boone, North Carolina. Both teams enter the meet with high expectations for the 2003 season.

The 2002 season found the Seminole men matching their best ACC Championships finish earning the 5th spot en route to a 4th place overall finish in the NCAA South Region. The men's team is led by junior runner Joep Tigchelaar, who placed 12th in last year's Mountaineer Open. Returning runners Kevin Cook and AJ Wilson are coming off strong seasons. Both placed in the top 25 at last year's meet. The Noles placed 3rd overall behind meet champion High Point University and runner up Wake Forest.

On the women's side, the 2002 season had Florida State enjoying one of the most decorated years in the history of the program. The season was capped off by the Tribe's first ever appearance in the NCAA National Championships, where the Lady Seminoles were able to capture a 28th place finish. This year's squad consists of junior runners Natalie Hughes and Anne Clinton. Hughes and Clinton placed 7th and 10th respectively at the 2002 Mountaineer Open. As a team, the women are looking to exceed their 3rd place meet finish from a year ago.

AppalachianTrack
Hy-Tek's MEET MANAGER

Mountaineer Open

Page 1

Appalachian State University

Boone, NC - Friday August 29, 2003

RESULTS BY ORDER OF FINISH

Women's 5,000 Meter Run

PLACE ATHLETE NAME

SCHOOL

TIME

SCORE

- Ford, Jenn	Unattached	17:55.2	
- Sikes, Michelle	Wake Forest	18:00.2	1
- Bremier, Hanna	Wake Forest	18:16.9	2
- Franklin, Erin	Wake Forest	18:19.5	3
- Hughes, Natalie	Florida State	18:27.1	4
- Clinton, Anne	Florida State	18:32.7	5
- Sekulic, Selina	Wake Forest	18:35.3	6
- Hofstede, Helen	Florida State	18:42.8	7
- Krueger, Romy	North Florida	18:45.5	8
- Fillnow, Kelly	Davidson	18:51.4	9
- Mistur, Rachel	Wake Forest	19:02.7	10
- Hefferin, Denise	Wake Forest	19:12.2	11
- Fath, Tess	Wake Forest	19:29.8	12
- Magee, Laura	North Florida	19:35.8	13
- Stanhope, Sally	Davidson	19:36.3	14
- Clark, Heather	Florida State	19:36.7	15
- Fortin-Major, Catherin	Wake Forest	19:38.1	
- Price, Kelly	North Florida	19:39.0	16
- Marsh, Rachel	Florida State	19:41.9	17
- Caudill, Melissa	High Point	19:42.4	18
- Dempsey, Caitlin	Wake Forest	19:43.3	
- Dunigan, Ashley	Wake Forest	19:45.1	
- Posey, Nicole	North Florida	19:45.6	19
- Kruppa, Jenna	Davidson	19:51.7	20
- Hess, Jemissa	High Point	19:55.6	21
- Chappell, Angela	Lees-McRae	20:12.1	22
- Agnew, Carla	Florida State	20:15.4	23
- Littleton, Amber	North Florida	20:17.4	24
- Gomez, Jenny	Florida State	20:22.9	25
- Keating, Erin	Wake Forest	20:26.2	
- Urban, Meredith	Florida State	20:27.6	
- Puckett, Laura	Davidson	20:29.4	26
- Smith, Amber	North Florida	20:33.3	27
- Warring, Tracy	High Point	20:40.2	28
- Baxter, Sarah	Davidson	20:44.8	29
- Leigh, Lizzy	North Florida	20:45.3	30
- Skrivanek, Carissa	Davidson	21:00.5	31
- Morando, Angela	North Florida	21:05.0	
- Hunter, Kelly	North Florida	21:06.0	
- Truelove, Shawna	High Point	21:07.0	32
- Mondragon, Sydney	Florida State	21:12.7	
- Mohr, Carolyn	Davidson	21:13.3	33
- Paffie, Casey	North Florida	21:16.5	
- Lewis, Catherine	High Point	21:28.4	34
- Lindsey, Rebekah	North Florida	21:35.3	

Appalachian Track
Hy-Tek's MEET MANAGER
Mountaineer Open
Appalachian State University
Boone, NC - Friday August 29, 2003

Page 2

RESULTS BY ORDER OF FINISH

Women's 5,000 Meter Run (Continued)

PLACE	ATHLETE NAME	SCHOOL	TIME	SCORE
-	Thurman, Leslie	Lees-McRae	21:37.2	35
-	Leister, Hilary	Davidson	21:45.4	
-	Trexler, Mairy	Lees-McRae	21:57.4	36
-	Heavner, Whitney	Lenoir Rhyn	21:58.4	
-	Vetten, Jamie	High Point	22:04.2	37
-	Johnson, Rebecca	Lees-McRae	22:04.8	38
-	Willis, Casey	Lees-McRae	22:05.1	39
-	Mitchell, Julia	Appalachian	22:05.8	
-	Edel, Elizabeth	Appalachian	22:19.0	
-	Creavy, Golden	North Florida	22:37.5	
-	Simeone, Olivia	Unattached	22:59.2	
-	Needham, Heather	Unattached	23:13.2	
-	Zola, Courtney	Unattached	23:25.0	
-	Williams, Lashanda	Lees-McRae	23:27.9	40
-	Felts, Kristen	Unattached	23:43.7	
-	Corman, Amanda	Appalachian	23:49.8	
-	Weeks, Claire	Lees-McRae	23:58.5	41
-	Whitley, Jenny	Lenoir Rhyn	24:22.7	
-	Morrison, Cinnamon	North Florida	24:27.8	
-	Beaudwin, Nicole	High Point	24:28.0	42
-	Rosborough, Kelly	Unattached	24:51.5	
-	Roberts, Sara	Unattached	26:10.5	
-	Eldridge, Susan	Unattached	31:32.0	

9 teams

RESULTS BY ORDER OF FINISH
 Men's 5,000 Meter Run

PLACE	ATHLETE NAME	SCHOOL	TIME	SCORE
-	Nakluski, Derek	High Point	15:33.1	1
-	Stevens, Sean	Wake Forest	15:35.1	2
-	Cook, Kevin	Florida State	15:37.5	3
-	Rodriguez, Eduardo	Florida State	15:38.1	4
-	Fairman, Jeff	High Point	15:39.4	5
-	Smith, Brian	Wake Forest	15:41.4	6
-	Tigheelaar, Joep	Florida State	15:43.5	7
-	Bartholomew, Brandon	Wake Forest	15:51.9	8
-	Hill, Bubba	High Point	15:52.8	9
-	Sisco, Nathan	Wake Forest	15:54.7	10
-	Lancashire, Tom	Florida State	15:55.3	11
-	Hornabrook, Ian	Florida State	15:56.9	12
-	Elder, Chris	Wake Forest	15:58.4	13
-	Storojev, Denis	North Florida	16:04.1	14
-	Pilay, Niran	High Point	16:05.1	15
-	Baker, Jonathan	Davidson	16:11.0	16
-	Schmader, Chris	Davidson	16:12.6	17
-	Wharton, Brad	Wake Forest	16:18.4	18
-	Lounsbury, Kyle	High Point	16:19.1	19
-	Scott, Greg	Davidson	16:24.8	20
-	Carmichael, Caleb	West Florida	16:28.1	21
-	Barrett, Dave	Wake Forest	16:28.5	22
-	Starr, Zach	North Florida	16:31.9	23
-	Prunty, Jared	Unattached	16:33.2	
-	Jones, Kevin	Wake Forest	16:33.7	
-	Dobson, Matthew	Unattached	16:34.0	
-	Padilla, Michael	West Florida	16:34.7	24
-	Sumner, Dave	Unattached	16:35.4	
-	Ishee, Sam	West Florida	16:38.9	25
-	Ice, Andrew	Wake Forest	16:42.6	
-	Briscoe, Dorrell	North Florida	16:43.2	26
-	Pereschuck, Chris	High Point	16:44.2	27
-	Hill, Jared	Unattached	16:45.3	
-	Gaspar, Ben	Davidson	16:49.9	28
-	Lev, Sam	Unattached	16:53.4	
-	Bunge, Dave	Davidson	16:53.7	29
-	Davis, Nate	Florida State	16:54.2	30
-	Barnett, Joe	Lees-McRae	16:57.9	31
-	Rhodes, Matt	Davidson	16:58.2	32
-	Varnier, Alex	Davidson	16:58.8	33
-	Kerley, Oattie	Wake Forest	16:59.3	
-	Vera, Matt	Unattached	17:00.9	
-	Nassis, Wayne	North Florida	17:01.1	34
-	Lehman, Nick	Davidson	17:01.3	
-	Hicks, Ramad	West Florida	17:05.9	35
-	Mercadante, Austin	Davidson	17:07.6	

RESULTS BY ORDER OF FINISH

Men's 5,000 Meter Run (Continued)

PLACE	ATHLETE NAME	SCHOOL	TIME	SCORE
-	Renner, Jon	High Point	17:07.9	36
-	Duffell, Jamie	West Florida	17:08.2	37
-	Martin, Lewis	Lees-McRae	17:08.7	38
-	Anderson, Brandon	North Florida	17:10.4	39
-	Bilotta, John	Lees-McRae	17:10.7	40
-	Poindexter, Scott	West Florida	17:13.0	41
-	Bauer, Danny	West Florida	17:13.2	42
-	Knapp, Brian	Lees-McRae	17:14.9	43
-	Galloway, Westin	Unattached	17:16.5	
-	Noreen, Douglas	Davidson	17:16.7	
-	Martinez, Eric	Unattached	17:19.8	
-	Holland, Shawn	Appalachian	17:20.2	
-	Stewart, Adam	Lenoir Rhyn	17:22.4	44
-	Allan, Rob	Unattached	17:23.5	
-	Rigby, Mike	Unattached	17:23.7	
-	Dodsonn, Ethan	Unattached	17:24.0	
-	Salamone, Mike	High Point	17:29.4	
-	Walton, Andrew	Lees-McRae	17:35.8	45
-	Reeves, KC	North Florida	17:38.0	46
-	Doehring, John	Davidson	17:39.2	
-	Orfield, Paul	North Florida	17:50.3	47
-	Henry, Craig	West Florida	17:50.7	
-	Milne, Taylor	Unattached	17:51.7	
-	Barrow, Owen	Davidson	17:54.0	
-	Bess, Perrell	Lenoir Rhyn	17:57.0	48
-	Winters, Nolan	Lenoir Rhyn	18:03.6	49
-	Sharp, Jon	Lenoir Rhyn	18:06.6	50
-	Niwinski, Noah	Unattached	18:11.4	
-	Hazen, Andrew	Davidson	18:13.2	
-	Shimko, Ben	North Florida	18:16.4	
-	Warriner, Russell	Unattached	18:16.8	
-	Haines, Andy	Lenoir Rhyn	18:19.3	51
-	Swicegood, Jeffrey	Lees-McRae	18:22.9	52
-	Szalach, Mike	High Point	18:50.6	
-	Ianuario, Doug	Lees-McRae	19:02.8	53
-	Whited, Rob	Davidson	19:08.5	
-	Adams, Nick	High Point	19:25.5	
-	Anderson, Nate	Lees-McRae	19:25.8	
-	Guastella, Alex	North Florida	19:51.5	
-	Landis, Mike	Davidson	20:20.8	
-	Scola, Kevin	Unattached	20:37.0	
-	McCreary, Ryan	Lenoir Rhyn	20:49.6	54