From the Tallahassee Democrat December 30 1961 page 8

FT. LAUDERDALE — Florida State's Paul Thompson set a new pool record while winning the 220-yard freestyle in 2:11.8 here yesterday in the East-West Swim Meet.

Thompson, the only FSU swimmer entered, nosed out Pete Insintz of Indiana, holder of the previous record, a second slower than Thompson's time.

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