

2000-01 FLORIDA STATE SWIMMING ROSTERS_

WOMEN'S

Kristen Adams	Sr.	Free	Greer, SC
Summer Bell	Jr.	Fly, IM	Apollo Beach, FL
Christy Cech	Jr.	Free, Fly	Pietermaritzburg, South Africa *
Margaret Colley	So.	Back, Fly	Jacksonville, FL
Allison Cucci	So.	Free	Tallahassee, FL
Jill Deviese	So.	Fly	Yorktown, VA
Shannon Goff	So.	Fly	Birmingham, AL
Amber Goodwin	Jr.	Back, Free	Midland, TX
Loren Hansen	Fr.	IM, Fly	Pensacola, FL
Caren Hirai	Jr.	Diving	McLean, VA
Kristan Keelan	So.	Breast, Fly, IM	Raleigh, NC
Lisa Kirsch	Jr.	Distance Free	Winter Springs, FL
Keryn Krynauw	Jr.	Breast	Pietermaritzburg, South Africa *
Chelsie Lerew	Fr.	Diving	Orlando, FL
Amy Lo	Fr.	Distance Free	Longwood, FL
Megan Lock	Sr.	Distance Free, IM	Englewood, FL
Amber McLain	Jr.	Distance Free	Midland, TX
Betsy Nagy	So.	Back, IM	Shalimar, FL
Candice Nethercott	So.	Fly, IM	Bryanston, J.H.B., South Africa
Tonya Rasor	Fr.	Fly, Free	Niceville, FL
Michelle Sekeres	Jr.	Diving	St. Paul, MN
Jennifer Smith	Fr.	IM, Distance Free	Pensacola, FL
Lauren Walker	Fr.	Diving	Jacksonville, FL
Christine Williams	So.	Free	Mercerville, NJ

MEN'S

Nnamse Ammons	So.	Free	Michellville, MD
Justin Betts	So.	Breast, IM	Springfield, VA
Jeff Boatright	Fr.	Fly, IM	Waynesboro, VA
Chris Brosche	So.	Breast	Orlando, FL
Matt Carmen	Jr.	Free	Merritt Island, FL
Michael Clarke	Fr.	IM, Back	Pensacola, FL
Richard Cowling	Jr.	IM, Breast	Meare, Som. England
Devin Crock	So.	Fly, Free, Back	Alexandria, VA
Robert Dabrowski	Fr.	Breast	Jupiter, FL
Lou Dondero	Sr.	Diving	Christiansburg, VA
Josh Edelman	Fr.	Diving	Rockville, MD
Steven Forson	Jr.	Fly, Back	Pietermaritzburg, South Africa *
Mike Franks	Fr.	Diving	Naples, FL
Jonathan Kaplan	Jr.	IM, Back	Winter Haven, FL
James Korten	Fr.	Diving	Longwood, FL
Greg Main-Baillie	Sr.	Back, Free	Pietermaritzburg, South Africa *
Joey Marshburn	So.	Free	Marietta, GA
Will McReynolds	Jr.	Free, Fly	Apopka, FL
Erik Moe	Fr.	Free, Back	Melbourne, FL
Tim Montgomery	Fr.	Breast, IM	Duluth, GA
Michael Paulus	Fr.	Free	Somerset West, South Africa
Matt Wheeler	Fr.	Fly, IM	Houston, TX
James Willhite	Fr.	Back, Free	Naples, FL

HEAD COACH: Neil Harper (Louisiana State '88)

ASSISTANT COACHES: Andy Robbins (William & Mary '83); Michelle Gacio (Florida '96)

DIVING COACH: Patrick Jeffrey (Ohio State '88)

2000-01 FLORIDA STATE WOMEN'S TOP TIMES

50 Freestyle

22.54*A	Cech, Christy (NCAA Tournament)
23.76p	Adams, Kristen (Georgia Fall Invite)
23.79	Bell, Summer (Georgia Fall Invite)
23.86	Goodwin, Amber K. (ACC Tournament)
24.07	Williams, Christine M. (ACC Tournament)
24.60	Colley, Margaret (Georgia Fall Invite)
24.62	Nethercott, Candice (Georgia Fall Invite)
25.05p	Cucchi, Alison (Georgia Fall Invite)
25.24x	Rasor, Tonya (FSU vs. Texas)
25.61	Lo, Amy T. (FSU vs. Truman St.)

100 Freestyle

49.36*A	Cech, Christy (Georgia Fall Invite)
51.26	Adams, Kristen (ACC Tournament)
51.59	Williams, Christine M. (ACC Tournament)
52.05	Bell, Summer M. (Georgia Fall Invite)
53.29	Rasor, Tonya (Georgia Fall Invite)
53.59	Lo, Amy T. (Georgia Fall Invite)
54.01p	Hansen, Loren (Georgia Fall Invite)
54.30	Cucchi, Alison (FSU vs. LSU)
54.37	Nethercott, Candice (FSU vs. UNF)
55.48	Goodwin, Amber K. (FSU vs. Truman St.)

200 Freestyle

1:48.45B	Cech, Christy (Georgia Fall Invite)
1:51.30	Adams, Kristen (ACC Tournament)
1:53.78	Bell, Summer M. (FSU Vs. FAU)
1:54.15	Lo, Amy T. (Georgia Fall Invite)
1:54.64p	Williams, Christine M. (ACC Tournament)
1:54.88	Hansen, Loren (FSU vs. Texas)
1:56.24	Smith, Jennifer (FSU vs. Truman State)
1:57.72p	Cucchi, Alison (Georgia Fall Invite)
2:00.83	Nethercott, Candice (FSU Pentathlon 2000)
2:00.96	Nagy, Betsy (FSU vs. UNF)

500 Freestyle

5:02.26	Smith, Jennifer (Georgia Fall Invite)
5:05.26p	Adams, Kristen (Georgia Fall Invite)
5:06.62p	Lo, Amy T. (ACC Tournament)
5:15.99p	Kirsch, Lisa (Georgia Fall Invite)
5:14.71	Lock, Megan (ACC Tournament)
5:21.69p	Deviese, Jill (Georgia Fall Invite)

1000 Freestyle

10:26.07	Smith, Jennifer (FSU vs. LSU)
10:31.58	Lo, Amy T. (FSU vs. Texas)
10:33.96	Kirsch, Lisa (FSU vs. Alabama)
10:39.06	Krynauw, Keryn (Gamet vs. Gold Meet)
11:03.52	Lock, Megan (FSU vs. LSU)
11:11.70	Deviese, Jill (FSU vs. IRCC)

1650 Freestyle

17:27.47	Lock, Megan (ACC Tournament)
17:27.49	Kirsch, Lisa (ACC Tournament)
17:36.22	Smith, Jennifer (ACC Tournament)

17:48.71 Lo, Amy T. (Georgia Fall Invite)

100 Backstroke

57.78p	Goodwin, Amber K. (ACC Tournament)
58.36	Colley, Margaret (Georgia Fall Invite)
59.24	Rasor, Tonya (ACC Tournament)
59.38p	Nagy, Betsy (Georgia Fall Invite)
1:01.21	Williams, Christine M. (Georgia Fall Invite)
1:01.46	Cech, Christy (Gamet vs. Gold Meet)
1:03.14	Lo, Amy T. (FSU Pentathlon 2000)
1:04.43	Bell, Summer M. (FSU Pentathlon 2000)
1:06.53	Hansen, Loren (FSU Pentathlon 2000)
1:06.58	Nethercott, Candice (FSU Pentathlon 2000)

200 Backstroke

2:03.29	Goodwin, Amber K. (ACC Tournament)
2:06.63	Colley, Margaret (FSU vs. LSU)
2:07.24	Nagy, Betsy (ACC Tournament)
2:09.32	Bell, Summer M. (FSU vs. Truman St.)
2:13.11	Lo, Amy T. (FSU vs. Truman St.)

100 Breaststroke

1:03.02B	Dutton, Emma (ACC Tournament)
1:03.30B	Krynauw, Keryn (ACC Tournament)
1:05.14	Keelan, Kristan (ACC Tournament)
1:10.88	Adams, Kristen (FSU Pentathlon 2000)
1:12.02	Bell, Summer M. (FSU Pentathlon 2000)
1:13.79	Hansen, Loren (FSU Pentathlon 2000)
1:14.30	Nethercott, Candice (FSU Pentathlon 2000)
1:15.71	Smith, Jennifer (FSU Pentathlon 2000)
1:16.10	Nagy, Betsy (FSU Pentathlon 2000)
1:18.57	Cech, Christy (FSU Pentathlon 2000)
1:19.23	Lo, Amy T. (FSU Pentathlon 2000)

200 Breaststroke

2:14.93*B	Krynauw, Keryn (ACC Tournament)
2:17.46B	Dutton, Emma (ACC Tournament)
2:20.35	Keelan, Kristan (ACC Tournament)

100 Butterfly

55.27B	Nethercott, Candice (Georgia Fall Invite)
56.57p	Bell, Summer M. (Georgia Fall Invite)
57.28p	Cech, Christy (Georgia Fall Invite)
57.87	Hansen, Loren (Georgia Fall Invite)
58.44	Rasor, Tonya (Georgia Fall Invite)
58.61	Colley, Margaret (Georgia Fall Invite)
59.21p	Deviese, Jill (Georgia Fall Invite)
1:00.31	Lo, Amy T. (FSU Vs. Arizona)
1:00.73	Adams, Kristen (FSU Pentathlon 2000)
1:03.68	Keelan, Kristan (FSU Pentathlon 2000)

200 Butterfly

2:04.41	Nethercott, Candice (FSU vs. Texas)
2:07.20	Deviese, Jill (FSU vs. Florida)
2:08.20	Hansen, Loren (ACC Tournament)
2:09.38	Lo, Amy T. (Georgia Fall Invite)

2:24.83 Smith, Jennifer (FSU vs. IRCC)

200 Individual Medley

2:04.99	Dutton, Emma (ACC Tournament)
2:06.60	Bell, Summer M. (Georgia Fall Invite)
2:08.30	Hansen, Loren (FSU vs. Alabama)
2:10.99p	Nethercott, Candice (Georgia Fall Invite)
2:11.11	Goodwin, Amber K. (FSU vs. UNF)
2:12.23p	Nagy, Betsy (Georgia Fall Invite)
2:12.66	Keelan, Kristan (FSU vs. Texas)
2:18.32	Smith, Jennifer (FSU vs. UNF)
2:19.02p	Deviese, Jill (Georgia Fall Invite)
2:26.24	Adams, Kristen (Gamet vs. Gold Meet)

400 Individual Medley

4:30.57	Smith, Jennifer (Georgia Fall Invite)
4:36.89p	Keelan, Kristan (ACC Tournament)
4:40.97	Hansen, Loren (FSU Vs. FAU)
4:41.64	Nagy, Betsy (ACC Tournament)
5:00.72	Lock, Megan (FSU Vs. Arizona)

One-METER Diving

299.55	Lerew, Chelsie (Georgia Fall Invite)
273.45	Sekeres, Michelle (FSU vs. IRCC)

Three-Meter Diving

493.70	Lerew, Chelsie (ACC Tournament)
423.85	Hirai, Caren (ACC Tournament)

200 Freestyle Relay

1:32.90B	FSU "A" (Georgia Fall Invite) (Adams, Cech, Bell, Williams)
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400 Freestyle Relay

3:23.97B	FSU "A" (ACC Tournament) (Adams, Cech, Williams, Bell)
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800 Freestyle Relay

7:40.80	FSU "A" (ACC Tournament) (Adams, Bell, Williams, Hansen)
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200 Medley Relay

1:44.22	FSU "A" (ACC Tournament) (Colley, Krynauw, Nethercott, Cech)
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400 Medley Relay

3:45.00B	FSU "A" (Georgia Fall Invite) (Goodwin, Krynauw, Nethercott, Cech)
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* FSU Record

A NCAA Automatic Qualifying Time

B NCAA Provisional Qualifying Time

p Preliminaries

x Exhibition

2000-01 FLORIDA STATE MEN'S TOP TIMES

50 Freestyle

20.00B	Main-Baillie, Greg D. (ACC Tourney)
20.32B	Ammons, Nnamse (ACC Tourney)
20.69	Marshburn, Joey (GA Fall Invite)
20.80	McReynolds, Will (ACC Tourney)
20.87p	Paulus, Michael (ACC Tourney)
20.98	Crock, Devin (Georgia Fall Invite)
21.57	Carmen, Matt (Georgia Fall Invite)
22.05	Stricker, Tal (FSU vs. Alabama)
22.08	Moe, Erik K. (FSU Vs. FAU)
22.82	Betts, Justin (FSU Vs. AZ/SMU)
22.85	Forson, Steven (FSU Pentathlon 2000)

100 Freestyle

44.03B	Main-Baillie, Greg D. (ACC Tourney)
45.19	Ammons, Nnamse (GA Fall Invite)
45.71p	McReynolds, Will (ACC Tourney)
45.85	Marshburn, Joey (Georgia Fall Invite)
46.28	Carmen, Matt (ACC Tourney)
46.51p	Paulus, Michael (ACC Tourney)
46.76	Crock, Devin (Georgia Fall Invite)
47.02p	Moe, Erik K. (ACC Tourney)
50.26	Clarke, Michael (FSU Vs. Miami)
51.06	Betts, Justin (FSU Vs. Arizona/SMU)

Men 200 Free

1:39.89p	Main-Baillie, Greg D. (GA Fall Invite)
1:42.84p	Moe, Erik K. (ACC Tourney)
1:43.29	Paulus, Michael (Georgia Fall Invite)
1:44.83	Cowling, Richard (FSU Vs. AZ/SMU)
1:45.31p	Ammons, Nnamse (GA Fall Invite)
1:45.51	Boatright, Jeff D. (FSU Vs. Miami)
1:46.56	Forson, Steven (FSU vs. Truman St.)
1:47.35	Carmen, Matt (FSU vs. LSU)
1:47.41p	Marshburn, Joey (Georgia Fall Invite)
1:50.63	Crock, Devin (FSU Pentathlon 2000)

500 Freestyle

4:45.24	Willhite, James (FSU vs. Georgia Tech)
4:45.39p	Moe, Erik K. (ACC Tourney)
4:46.14	Cowling, Richard (FSU vs. LSU)
4:50.58	Clarke, Michael (FSU Vs. AZ/SMU)
4:52.63	Boatright, Jeff D. (FSU Vs. Miami)
4:52.85	Montgomery, Tim (FSU vs. Alabama)
4:52.89x	Forson, Steven (FSU vs. Truman St.)

1000 Freestyle

9:58.08	Willhite, James (FSU vs. Georgia Tech)
10:00.32	Kaplan, Jonathan (FSU vs. Truman St)
10:04.87	Clarke, Michael (FSU vs. GA Tech)
10:06.23	Moe, Erik K. (FSU Vs. Miami)
10:09.08	Montgomery, Tim (FSU Vs. Alabama)
10:21.92	Dabrowski, Robert (FSU vs. UF)

100 Backstroke

49.37	Main-Baillie, Greg D. (GA Fall Invite)
50.11p	Crock, Devin (ACC Tourney)
50.52	Forson, Steven (GA Fall Invite)
52.47	McReynolds, Will (GA Fall Invite)
53.37p	Clarke, Michael (GA Fall Invite)
54.28	Kaplan, Jonathan D. (GA Fall Invite)
57.25	Willhite, James (FSU Pentathlon 2000)
58.34	Boatright, Jeff D. (FSU Pentathlon 2000)
59.61	Wheeler, Matt (FSU Pentathlon 2000)
59.81	Ammons, Nnamse (FSU Vs. Miami)

200 Backstroke

1:49.97	Main-Baillie, Greg (FSU vs. Alabama)
1:53.89p	Clarke, Michael (GA Fall Invite)
1:54.31p	Kaplan, Jonathan D. (ACC Tourney)
1:55.50	Montgomery, Tim (FSU vs. Alabama)
1:57.36	Moe, Erik K. (FSU Vs. Auburn)
1:59.39	Willhite, James (FSU Vs. AZ/SMU)

100 Breaststroke

54.90B	Nienaber, Wickus (JE Martin Invite)
55.60B	Betts, Justin (ACC Tourney)
55.96B	Stricker, Tal (JE Martin Invite)
56.03B	Cowling, Richard (ACC Tourney)
57.17	Broshoe, Chris (ACC Tourney)
58.53	Dabrowski, Robert (GA Fall Invite)
58.72p	Montgomery, Tim (GA Fall Invite)
1:03.74	Main-Baillie, Greg D. (FSU Pent 2000)
1:04.16	Wheeler, Matt (FSU Pentathlon 2000)
1:05.99	Clarke, Michael (FSU Pentathlon 2000)
1:06.33	Forson, Steven (FSU Pentathlon 2000)
1:08.80	Boatright, Jeff D. (FSU Pentathlon 2000)

200 Breaststroke

2:00.27B	Stricker, Tal (ACC Tourney)
2:01.01B	Nienaber, Wickus (ACC Tourney)
2:05.32	Betts, Justin (ACC Tourney)
2:05.69	Dabrowski, Robert (GA Fall Invite)
2:05.82p	Cowling, Richard (GA Fall Invite)
2:06.34	Montgomery, Tim (GA Fall Invite)
2:16.87	Wheeler, Matt (FSU vs. Georgia Tech)
2:17.01	Brosche, Chris (FSU vs. Auburn)

100 Butterfly

48.09B	Crock, Devin (ACC Tourney)
49.73	Forson, Steven (ACC Tourney)
50.24	McReynolds, Will (ACC Tourney)
50.46	Boatright, Jeff D. (ACC Tourney)
50.49p	Marshburn, Joey (GA Fall Invite)
51.26p	Wheeler, Matt (GA Fall Invite)
51.43p	Ammons, Nnamse (ACC Tourney)
55.23	Cowling, Richard (FSU Pent. 2000)
55.62	Main-Baillie, Greg D. (FSU Pent 2000)

57.33	Clarke, Michael (FSU Pentathlon 2000)
58.89	Betts, Justin (FSU Pentathlon 2000)

200 Butterfly

1:50.10	Wheeler, Matt (ACC Tourney)
1:51.53p	Cowling, Richard (ACC Tourney)
1:52.26p	Boatright, Jeff D. (ACC Tourney)
1:52.32	Crock, Devin (FSU vs. Alabama)
1:52.90	Forson, Steven (GA Fall Invite)

200 Individual Medley

1:49.80B	Cowling, Richard (ACC Tourney)
1:50.73	Stricker, Tal (ACC Tourney)
1:51.12	Betts, Justin (ACC Tourney)
1:53.36p	Clarke, Michael (GA Fall Invite)
1:54.31p	Wheeler, Matt (GA Fall Invite)
1:55.20p	Montgomery, Tim (ACC Tourney)
1:55.80p	Boatright, Jeff D. (GA Fall Invite)
1:55.83p	Forson, Steven (GA Fall Invite)
1:56.16	Main-Baillie, Greg FSU vs. Truman St)
1:56.29p	Kaplan, Jonathan D. (GA Fall Invite)
2:00.83p	Dabrowski, Robert (GA Fall Invite)

400 Individual Medley

4:03.20p	Clarke, Michael (GA Fall Invite)
4:03.70p	Wheeler, Matt (ACC Tourney)
4:04.97	Kaplan, Jonathan D. (GA Fall Invite)
4:06.35	Montgomery, Tim (GA Fall Invite)

1-METER Diving

291.55p	Edelman, Josh (ACC Tourney)
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3-METER Diving

550.80	Edelman, Josh (ACC Tourney)
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200 Freestyle Relay

1:20.61B	FSU "A" (ACC Tourney) (Main-Baillie, Ammons, Paulus, McReynolds)
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400 Freestyle Relay

2:58.32B	FSU "A" (ACC Tourney) (Main-Baillie, Ammons, Crock, McReynolds)
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800 Freestyle Relay

6:57.98	FSU "A" (GA Fall Invite) (Paulus, Moe, Cowling, Main-Baillie)
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200 Medley Relay

1:30.19	FSU "A" (Georgia Fall Invite) (Main-Baillie, Betts, Crock, Ammons)
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400 Medley Relay

3:16.10B	FSU "A" (ACC Tourney) (Main-Baillie, Nienaber, Crock, Ammons)
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A NCAA Automatic Qualifying Time

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p Preliminaries

x Exhibition