

EASTERN AIRLINES INVITATIONAL

Mike Long Track  
Tallahassee, Florida  
April 23, 1988

\*NCAA QUALIFYING  
+Track Record

Shot Put--1. Colleen Rosensteel (Florida) 14.98 (49-2) 2. Karen Hodgkinson (Tenn) 14.41 (47-3) 3. Shannon Emory (Alabama) 12.21 (40-0)

1500 Meters--1. Evelyn Adiru (Alabama) 4:16.42\*+ 2. Jasmine Jones (Tenn) 4:18.36\* 3. Shelly Steely (UNA) 4:19.80 4. Heidi Olafsdottir (Alabama) 4:29.04 5. Laura Matson (Florida) 4:21.02 6. Gina Procassio (UNA) 4:30.9 7. Ann Henderson (UNA) 4:30.5

100 Meter Hurdles--1. Pat Davis (Mazda TC) 13.00 2. Kim McKenzie (Mazda TC) 12.8 HT 3. Benita Fitzgerald (Mazda TC) 13.1 HT 4. Mary Hawkins (FSU) 13.2 HT \* 5. Terry Robinson (Florida) 13.2 HT\* 6. Andrea Thompson (FSU) 13.2\* 7. Flora Hyacinth (Alabama) 13.4\* (wind-+.41)

400 Meter Run--1. Dannette Young (Reebok) 52.46 2. Barbara Flowers (Texas) 52.84\* 3. Tara Coleman (Tenn) 53.36 4. Robin Benjamin (Tenn) 53.88 5. Sandra Latham (Alabama) 53.99 6. Janet Davis (FSU) 54.04

100 Meter Dash--1. Andrea Thompson (FSU) 11.60 2. Ximeena Restrepo (Columbia) 11.74 3. Mary Bolden (Texas) 11.75 4. Lisa Horton (FSU) 11.80 5. Benita Fitzgerald-Brown (Mazda TC) 11.82 6. Tamela Saldava (Texas) 11.89 (wind + 0.86)

Long Jump--1. Manka Scott (Tenn) 5.96 (19-7) wind (+3.44) 2. Rosmary Rifka (UNA) 5.77 (18-11) 3. Tasha Gaither (Florida CC) 5.67 (18-7) 4. Sonay Blades (FSU) 5.60 (18-3) 5. Lisa Rhodes (Florida) 5.55 (18-2) 6. Michelle Krietsch (Miami) 5.52 (18-1) 7. Tamela Saldana (Texas) 5.22 (17-1 1/2) 8. Freddie Winley (Tenn) 4.92 (16-2)

800 Meter Run--1. Vonda Hammond (Tenn) 2:06.28 2. Shola Lynch (Texas) 2:07.12 3. Ilray Oliver (Adidas TC) 2:08.17 4. Delight Abru (UNA) 2:08.39 5. Shelly Steely (UNA) 2:09.04 6. Sandra Braasch (Florida) 2:10.4 HT 7. Sonja Braasch (Florida) 2:11/3 HT 8. Valory Bertrand (Tenn) 2:11.41

400 Meter Hurdles--1. Kim Batten (FSU) 59.04 2. Shawn Moore (Tenn) 1:00.84 3. Kellie Roberts (Texas) 1:01.42 4. Carolyn Smith (FSU) 1:04.88 5. Rosa Diaz (FSU) 1:05.89

High Jump--1. Holly Kelly (FSU) 1.72 (5-8) 2. Rosemary Rifka (UNA) 1.67 (5-6) 3. Leinesa Thompson (N. Florida) 1.62 (5-4) 4. Freddie Winley (Tenn) 1.57 (5-2)

Triple Jump--Flora Hyacinth (Alabama) 12.87 (43-2 1/2) (wind +3.01) \*

2.Stacy McKnight (FAMU) 11.75 (38-6 1/2) 3.Lisa Rhodes (Florida)  
11.51 (37-9 1/4) 4.Menka Scott (Tenn) 11.45 (37-7)

200 Meter Dash--1.Pauline Davis (Alabama) 22.76\* 2.Nofalia Caravalia  
(Columbia) 23.5 HT 3.Lisa Horton (FSU) 23.6 HT 4.Robin Benjamin (Tenn)  
23.8 HT 5.Tamela Saldana (Texas) 24.18 6.Mary Bolden (Texas)  
24.3 HT 7.Pat Davis (Mazda TC) 24.35 8.Gloria Ward (Miami) 24.6 HT

Discus--1.Colleen Rosensteel (Florida) 52.28 (171-6)\* 2.Shannon Emory  
(Alabama) 51.15 (168-1) 3.Manette Cheshareck (Florida) 48.17 (158-1)  
4.Gretchen Brosk (Florida) 42.18 (138-5) 5.Solvi Watson (Florida)  
30.04 (98-7)

3000 Meter Run--1.Carla Borovicka (Tiger TC) 9:21.04 2.Evelyn Adiru (Alabama)  
9:34.77 3.Eileen Ellig (Texas) 9:36.28 4.Patty Weigand (Tenn)  
9:42.37 5.Ann Henderson (UNA) 9:50.21 6.Julie Campbell (N.Florida)  
10:00.9 HT 7.Carrie Boyd (FSU) 10:03.7 HT

Javelin--1.Rosa Diaz (FSU) 40.86 (134-1) 2.Ruth Ann Brooks (Florida)  
36.69 (120-4)

1600 Meter Relay--1.Tennessee 3:37.70 2.Florida State 3:39.26  
3.Alabama 3:44.58 4.Texas 3:47.93 5.Florida 3:48.80 6.Miami 4:09.1  
HT

5000 Meter Run--1.Kami Semick (Alabama) 17:56.37 2.Michele Farrall (FSU)  
18:19.76 3.Sylvia Sanchez (UNA) 18:20.73 4.Cheryl Patterson (Brevard CC)  
18:48.71 5.Vivian Hernandez (Florida CC) 19:28.50  
6.Laura Logman (Brevard CC) 19:40.0 HT

FLORIDA STATE-ALABAMA-MIAMI TRIANGULAR MEET

Mike Long Track  
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Hammer Throw--1.George Karakatsanis (FSU) 49.64 (164-0) 2. Eric Chambers (FSU) 35.48 (116-5) 3. Mike Hill (FSU) 32.69 (107-3) 4. Tom Fettes (FSU) 30.15 (98-0) Team Scores: Florida State 11, Alabama 0, Miami 0

3000 Steeplechase--1.Guy Schultz (UNA) 9:13.65 2.Pat Morris (Alabama) 9:17.43 3.Richard Corbett (FSU) 9:18.44 4.John Charlton (FSU) 9:58.67 5.Ralph Bonatz (Miami) 10:26.11 Team Scores: Florida State 16, Alabama 5, Miami 1

Shot Put--1.Eric Chambers (FSU) 14.79 (48-6) 2.Brian Hall (UNA) 14.33 (47-9) 3.Mike Hill (FSU) 13.94 (45-9) 4.Mark Napier (FSU) 11.89 (39-0) 5.Mark McIntosh (FSU) 8.54 (28-0) Team Scores: Florida State 27, Alabama 5, Miami 1

1500 Meter Run--1.William Wuyke (UNA) 3:49.40 2.Herman Beltran (Alabama) 3:49.98 3.Doug Keen (Alabama) 3:51.54 4.Tony Gines (Alabama) 3:52.03 5.Steven Dahmer (Alabama) 3:55.43 6.Chris Novak (Miami) 3:55.6 7.Billy Penick (FSU) 3:57.9 Team Scores: Florida State 27, Alabama 16, Miami 1

110 Meter High Hurdles--1.Arthur Blake (FSU) 13.49\*+ 2.Jason Welch (FSU) 14.18 3.John Whitehead (FSU) 14.33 4.Bruce Bery (UNA) 14.55 5.Marvin Westry (Alabama) 15.08 (wind +0.82) Team Scores: Florida State 37, Alabama 17, Miami 1

400 Meter Dash--1.Larry Cantrell (Alabama) 45.92\* 2.Tyrone Bligen (FSU) 47.35 3.Rodney Lawson (FSU) 48.20 4.Mickey Updegraff (Miami) 49.12 5.Brian Mallory (49.44) 6.Kevin Lareau (Miami) 51.7 HT Team Scores: Florida State 42, Alabama 22, Miami 2

Javelin--1.Sigy Einarsson (UNA) 78.27 (256-10) 2.Sigy Matthiasson (Alabama) 72.65 (238-4) 3.Milton Westery (UNA) 69.64 (228-6) 4.Tom Fettes (FSU) 63.18 (207-3) 5.Erik Robinson (FSU) 44.52 (146-1) 6.Eric Chambers (FSU) 46.36 (152-1) Team Scores: Florida State 48, Alabama 27, Miami 2

100 Meter Dash--1.Deion Sanders (FSU) 10.26 2.Sammie Smith (FSU) 10.34 3.Howard Huckaby (FAMU) 10.57 4.Donny Young (UNA) 10.76 5.Victor Floyd (FSU) 10.78 6.Jack Williams (Alabama) 10.80 7.Ron Benefield (Alabama) 10.89 8.Sheldon Brown (UNA) 10.98 Team Scores: Florida State 63, Alabama 33, Miami 3 (wind + 0.60)

Triple Jump--1.Mark Napier (FSU) 14.82 (48-7 1/2) 2.Tony Eaton (FSU) 13.34 (43-90) 3.Brian Mallory (FSU) 12.80 (42-0) 4.Robert Clark (FAMU) (49-4) Team Scores: Florida State 83, Alabama 33, Miami 3 (wind = +2.22)

Long Jump--1.Ron Vickers (UNA) 7.17 (23-6 1/2) 2.Brian Mallory (FSU)

5.74 (22-1) 3. Mark McIntosh (FSU) 6.26 (30-6) 4. Erik Robinson (FSU)  
6.10 (20-1 1/2) Team Scores: Florida State 83, Alabama 33, Miami 3  
Wind (-0.35)

800 Meter Run--1. Alphonzo Henson (Alabama) 1:49.50 2. Tony Gines (Alabama) 1:50.82 3. Bruce Jamison (FAMU) 1:53.31 4. George Gardner (UNA) 1:53.34 5. Gary Rossen (FSU) 1:54.54 6. Philip Harrell (UNA) 1:56.32 7. Billy Penick (FSU) 1:56.37 8. Richard Corbett (FSU) 2:00.06  
Team Scores: Florida State 86, Alabama 41, Miami 3

400 Meter Hurdles--1. Bruce Berry (UNA) 51.57 2. Luis Bello (Alabama) 53.66 3. Bruce James (FSU) 53.73 4. Chris Sloan (FSU) 54.79 5. Scott Dickens (Miami) 58.03 6. Michael Volk (Miami) 1:01.8 HT Team Scores: Florida State 91, Alabama 46, Miami 4

Pole Vault--1. Jeff Ward (UNA) 17-6 2. Tom Riether (FSU) 16-6 3. Matt Vermillion (UNA) 16-0 4. Brian Fitzsimmons (UNA) 15-0 5. Greg Martin (UNA) 14-6 6. Mark McIntosh (FSU) 14-6 Team Scores: Florida State 96, Alabama 51, Miami 4

200 Meter Dash--1. Sammie Smith (FSU) 20.82 2. Howard Huckaby (FAMU) 21.47 3. Rod Benefield (Alabama) 21.57 4. Craig Griffin (Alabama) 21.67 5. Dexter Carter (FSU) 21.7 HT 6. David Lucas (FAMU) 21.9 HT 7. Matt Kolb (Alabama) 22.3 HT 8. Kevin Lareau (Miami) 23.4 HT  
Team Scores: Florida State 102, Alabama 56, Miami 4 (Wind +1.41)

Discus--1. Dock Luckie (Mazda TC) 59.02 (193-8) 2. Brian Hall (UNA) 46.21 (151-7) 3. Mike Hill (FSU) 46.19 (151-7) 4. George Karakatsanis (FSU) 28.54 (93-7) Team Scores: Florida State 110, Alabama 56, Miami 4

5000 Meter Run--1. Chris Novak (Miami) 15:45.11 2. George Abreu (UNA) 16:03.69 3. Stram Snyder (Miami) 16:45.47 4. Robert Wolverton (Miami) 16:58.68 5. Chris Thomas (Miami) 18:23.40 Team Scores Florida State 110, Alabama 56, Miami 15

High Jump--1. Lance Lenoir (UNA) 2.03 (6-8) 2. Mark Napier (FSU) 1.98 (6-6) 3. Mark McIntosh (FSU) 1.83 (6-0) Team Scores: Florida State 118, Alabama 56, Miami 15

1600 Meter Relay--1. Alabama 3:08.81 2. Florida State 3:14.30 Team Score: Florida State 121, Alabama 61, Miami 15