

Miller putting in overtime for USC during Metro meet

By KEVIN MARKLAND
Special Correspondent

To say that USC's Eddie Miller was doing his best to be a team player in this weekend's Metro Conference Track and Field Championships would be an understatement. Miller is running in the 4x400 meter relay, the 4x100 meter relay, the 400 meters and the 200 meters.

"I think having to double up in the 400 and 200 may be the hardest combination there is in track, but I'm hoping to my best today and hopefully I can help the team win," Miller said during Friday's second day of competition.

The Gamecocks, playing host to the Metro meet, led in the men's competition by 12 points over defending champion Florida State, 63-51, at the completion of seven events. Virginia Tech was in third place with 45 points.

In women's competition, FSU racked up 71 points for a 19-point spread over Tech (52). Louisville and Memphis State were in a distant tie for third with 23 points each.

USC's Miller had the best time of all runners in Friday's 400 meter heats at 47.07 seconds, while USC's Chris Love placed second with a 47.76.

"I wanted to do well in the 400 and show both myself and coach (Charlie) Strong that I could run around a 47," Miller said.

Like Miller, USC's Robert Brooks is doing more than his share to help his team, also competing in four events: the 110 meter high hurdles, the 400 meter intermediate hurdles, the 4x400 and the 4x100 relay events. Brooks posted the day's best time in the 110 high hurdles with a time of 14.42.

In a mild upset, Florida State's James Milton defeated USC's Phillip Williams in the long jump with a jump of 25 feet, 1 1/4 inches. Williams finished second with a jump of 24-7 1/4. In the first round of jumping, Williams scratched twice and in the final round he scratched once.

METRO

tathlon, compiling 4,619 points to beat out teammate Rosa Diaz (3,961). Diaz then captured the javelin by a wide margin with a 145-6.

Kim Batten, Sonya Blades and Carolyn Hightower, all of FSU, finished 1-2-3 in the women's long jump, with Batten posting a 19-6 1/4. Michelle Farrell of Florida State easily captured the 10,000 meters with a time of 37:04.9.

Louisville's Vicki Stanton (42-9 1/2) and Pam Clements (39-6 1/2) topped the shot put competition, and Virginia Tech's Gwen Roller edged FSU's Carrie Boyd by 1/100th of a second, 9:34.93-9:34.94.

Finals in men's and women's running events are scheduled for today beginning at 6:15 p.m. Field events begin at 5.

"My steps got a little off in the early round and it seemed like I couldn't do anything to get my rhythm back," Williams said. "I did my best to recover after those scratches, but I just couldn't get the jump I wanted."

Earlier in the day, Williams placed first in the decathlon with a score of 6,674 points, defeating defending champion and teammate Wade Brantley, who scored 6,516. USC's Kent Harris finished in third place with personal-best 6,366.

"The weather was cold and it made things sort of hard, but overall I'm really pleased with the results," Williams said.

USC's Nigel Stoddart posted the top score in the 100 meters with a time of 10.55.

Cincinnati, FSU and Southern Mississippi also posted victories in field event finals. The Bearcats' Richard Hurst claimed the hammer with a heave of 191-9, easily topping Virginia Tech's Mike Sergeant (167-8).

Florida State's Tom Feters took the javelin competition, qualifying for the NCAA Championships with his 230-5 mark, also a Weems Baskin Track record. USC's Pat Keegan was a distant second at 212-2. Southern Miss' Shawn Wilson won the shot put with a toss of 49-9, ahead of Louisville's Ted Washington (48-0).

In the 3,000 meter steeplechase, Virginia Tech's Tim Covington (9:02.1) ran away from USC's Mike Hedgecock (9:10.9) and FSU's Pilly Penick (9:11.2). The Seminoles' David Keen claimed the 10,000 meters with a 29:47.24, ahead of a trio of Virginia Tech runners.

In women's events, Florida State dominated, winning four events. Candi Odom of FSU captured the hep-



Track

Metro championships

Results Saturday in the Metro Conference Track and Field Championships:

Men

Teams — 1. FSU, 182; 2. South Carolina, 173.5; 3. Cincinnati, 91; 4. Virginia Tech, 87; 5. Southern Miss, 46.5; 6. Memphis State, 42; 7. Louisville, 22.

Individuals

Pole vault — 1. Bill Riffe (C), 14-0; 2. Gary Morris (VT), 15-6; 3. Wayne Rimmer (SC), Wade Brantley (SC) and Jeff McCaulley (C), 15-6. **800m** — 1. Allen Williams (FSU), 1:51.4; 2. Arno Hart (SC), 1:51.5; 3. Aionzo Matchene (C), 1:51.7. **High jump** — 1. Tyrone Belfers (MS), 6-10; 2. Barry Scott (MS), 6-8; 3. Monte Cannon (C), 6-8. **400m relay** — 1. SC, 40.62; 2. SM, 40.83; 3. MS, 40.90. **Triple jump** — 1. Erik Robinson (FSU), 50-10 1/4; 2. Anthony Wood (SC), 49-1/4; 3. Brantley, 48-10. **1500m** — 1. Williams, 3:50.43; 2. Dwight Drefs (C), 3:51.30; 3. Billy Penick (FSU), 3:52.13. **110 hurdles** — 1. Rodney Lawson (FSU), 13.92; 2. Robert Brooks (SC), 14.24; 3. John Whitehead (FSU), 14.65. **400m** — 1. Eddie Miller (SC), 46.55; 2. Tyrone Blegen (FSU), 47.43; 3. Chris Love (SC), 47.56. **100m** — 1. Nigel Stoddart (SC), 10.59; 2. Robert Johnson (SM), 10.89; 3. Lawson, 10.94. **400 hurdles** — 1. Robert Brooks (FSU), 52.23; 2. Chris Sloan (FSU), 52.78; 3. Bruce James (FSU), 52.85. **Discus** — 1. Richard Hurst (C), 164-2; 2. Shelton Thompson (FSU), 160-7; 3. Mike Hill (FSU), 151-2 1/2. **200m** — 1. Lawson (FSU), 21.53; 2. James Milton (FSU), 21.53; 3. Eddie Miller (SC), 21.58. **5000m** — 1. Tim Covington (VT), 14:27.8; 2. Jim Estes (L), 14:29; 3. Brian Walter (VT), 14:31.5. **1600m relay** — 1. SC, 3:11.12; 2. C, 3:11.79; 3. MS, 3:13.3.

Women

Teams — 1. FSU, 261; 2. Virginia Tech, 111; 3. Memphis State, 89; 4. Louisville, 55; 5. Southern Miss, 29; 6. South Carolina, 16; 7. Cincinnati, 8.

Individuals

5000m — 1. Gwen Roller (VT), 17:24.5; 2. Michelle Farrell (FSU), 17:32.5; 3. Louise Schweitzer (L), 17:43.5. **Discus** — 1. Pam Clements (L), 114-9 1/2; 2. Tanva Grannernann (FSU), 111-9; 3. Angie Edwards (VT), 109-2 1/2. **800m** — 1. Shannon Wyont (SC), 2:10.28; 2. Angela Harris (FSU), 2:12.68; 3. Stella Nelson (MS), 1:05.46. **400 hurdles** — 1. Kim Batten (FSU), 59.97; 2. Candi Odom (FSU), 1:04.24; 3. Nelson, 1:05.46. **Triple jump** — 1. Batten, 40-6; 2. Sonja Blades (FSU), 35-11 1/2; 3. Anita Hobbs (MS), 34-6 1/2. **200m** — 1. Lisa Horton (FSU), 23.80; 2. Andy Lyons (FSU), 25.21; 3. Sarah Schuckerbier (MS), 25.40. **High jump** — 1. Holly Kelly (FSU), 5-6; 2. Odom (FSU), 5-4; 3. Lynne Davis (MS), 5-2. **1600m relay** — 1. FSU, 3:55.22; 2. MS, 4:00.83; 3. VT, 4:39.2. **400m relay** — 1. FSU, 45.80; 2. MS, 48.46; 3. VT, 51.74. **1500m** — 1. Carrie Boyd (FSU), 4:34.76; 2. Leslie Stark (L), 4:40.33; 3. Roller, 4:42.19. **100m hurdles** — 1. Batten, 13.83; 2. Carolyn Hightower (FSU), 13.92; 3. Mary Truitt (VT), 15.32. **400m** — 1. Lyons, 51.5; 2. Angie Nalin (FSU), 58.53; 3. Paula Ryan (SM), 59.44. **100m** — 1. Horton, 11.93; 2. Hightower, 12.36; 3. Schluckerbier, 12.61.

Track & Field

Metro Conference Championships
At Weems Baskin Track
Finals:

Men

Decathlon — 1. Phillip Williams (USC), 6674; 2. Wade Brantley (USC), 6516; 3. Kent Harris (USC), 6366; 4. Mark McIntosh (FSU), 5978; 5. Bill Riffe (Cinn), 5703; 6. Jason Shaffer (Cinn), 5698.

Hammer — 1. Richard Hurst (Cinn), 191-9; 2. Mike Sergent (VPI), 167-8 1/2; 3. Jeff Dupont (Cinn), 142-0; 4. Mark Napier (FSU), 140-7 1/2; 5. Greg Campbell (Cinn), 139-3; 6. Dave Gulschow (VPI), 121-13 1/4.

Shot Put — 1. Shawn Wilson (USM), 49-9; 2. Ted Washington (UofL), 48; 3. Mike Hill (FSU), 47-9 1/2; 4. Gregory Eltzev (USM), 46-6 1/2; 5. Richard Hurst (Cinn), 45-7; 6. Mike Sergent (VPI), 44-9.

Long Jump — 1. James Milton (FSU), 25-11 1/4; 2. Phillip Williams (USC), 24-7 1/4; 3. Robert Brooks (USC), 24-5; 4. Anthony Wood (USC), 23-11; 5. Drew Hardy (Cinn), 23-0 1/2; 6. Brian Malloy (FSU), 23-0 1/2.

Javelin — 1. Tom Fellers (FSU), 230-5; 2. Pat Keegan (USC), 212-3; 3. Bill Patrowicz (VT), 204-1; 4. Phillip Williams (USC), 199-0; 5. Jeff DuPont (UC), 186-2; 6. Richard Hurst (UC), 179-10.

3000 meter Steeplechase — 1. Tim Covington (VT), 9:02.1; 2. Mike Hedgecock (USC), 9:10.9; 3. Billy Penick (FSU), 9:11.2; 4. Gary Costello (UL), 9:18; 5. Jim Bever (UC), 9:25.2; 6. Wally Granville (VT), 9:29.2.

10,000 meters — 1. David Keen (FSU), 29:47.24; 2. Dan Foran (FSU), 30:11.18; 3. Brian Walter (VT), 30:14.5; 4. Travis Waller (VT), 31:19.0.

Women

Heptathlon — 1. Candi Odom (FSU), 4619; 2. Rosa Diaz (FSU), 3961; 3. Laura Gray (USM), 3607; 4. Cary Outland (VPI), 3087; 5. Angie Edwards (VPI), 2445.

Long Jump — 1. Kim Batten (FSU), 19-6 1/4; 2. Sonja Blades (FSU), 18-7 1/2; 3. Carolyn Hightower (FSU), 18-6 1/2; 4. Laura Gray (USM), 18-2 1/4; 5. Deborah Keaton (VT), 17-10 1/4; 6. Tracy Pierce (MSU), 17-1 1/4.

Shot Put — 1. Vicki Stanton (UL), 42-9 1/2; 2. Pam Clements (UL), 39-6 1/2; 3. Angie Edwards (VT), 36-7 1/4; 4. Damita Shazier (MSU), 35-4; 5. Teresa Ford (USM), 34-8 1/4; 6. Tanva Grannernann (FSU), 31-4 1/2.

3000 meters — 1. Gwen Roller (VT), 9:34.93; 2. Carrie Boyd (FSU), 9:34.94; 3. Louise Schweitzer (VT), 10:00.6; 4. Mary Loebker (UC), 10:26.8; 5. Terry Adams (MSU), 10:59.5; 6. Shelley Lampe (UL), 10:59.59.

Javelin — 1. Rosa Diaz (FSU), 145-6; 2.

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Angie Edwards (VT) 109-6; 3. Damita Shazier (MSU) 105-5; 4. Vicki Stanton (UL) 102-11; 5. Debra Lane (MSU) 82-11; 6. Cantrina Hayslett (MSU) 65-9 1/2. **10,000 meters** — 1. Michelle Farrell (FSU) 37:04.9; 2. Louise Schweitzer (VT) 43:21; 3. Gwen Roller (VT) 43:21; 4. Lisa Koch (MSU) 43:33.2; 5. Karen Thorsett (MSU) 44:30; 6. Gail Graham (MSU) 47:09.1.

Men's Standings (7 events): USC 63, Florida State 51, Virginia Tech 45, Cincinnati 30, Southern Miss 15, Louisville 12, Memphis State 0.

Women's Standings (6 events): Florida State 71, Virginia Tech 52, Louisville 23, Memphis State 23, Southern Miss 12, Cincinnati 4, USC 0.

1989 METRO CONFERENCE CHAMPIONSHIPS
MAY 10-13, 1989
WEEMS BASKIN TRACK
UNIVERSITY OF SOUTH CAROLINA

Men's Decathlon Final

1) Phillipe Williams (USC) 6,674 2) Wade Brantley (USC) 6,516 3) Kent Harris (USC) 6,366 4) Mark McIntosh (FSU) 5,978 5) Bill Riffle (Cinn) 5,703 6) Jason Shaffer (Cinn) 5,698

Women's Heptathlon Final

1) Candi Odom (FSU) 4,169 2) Rosa Diaz (FSU) 3,961 3) Laura Gary (USM) 3,607 4) Cary Outland (VT) 3,087 5) Angie Edwards (VT) 2,445

Men's Hammer Final

1) Richard Hurst (Cinn) 191-9 2) Mike Sergeant (VT) 167-8 1/2 3) Jeff DuPont (Cinn) 142-0 4) Mark Napier (FSU) 140-7 1/4 5) Greg Campbell (Cinn) 139-3 1/4 6) Dave Gutschow (VT) 121-1 3/4

Men's Long Jump Final

1) James Milton (FSU) 25-1 1/4 2) Phillipe Williams (USC) 24-7 1/4 3) Robert Brooks (USC) 24-5 4) Anthony Wood (USC) 23-11 1/2 5) Drew Hardyk (Cinn) 23-8 3/4 6) Brian Mallory (FSU) 23-0 1/2

Men's Shot Put Final

1) Shawn Wilson (USM) 49-9 2) Ted Washington (UofL) 48-0 3) Mike Hill (FSU) 47-9 3/4 4) Gregory Ellzey (USM) 46-6 3/4 5) Richard Hurst (Cinn) 45-7 6) Mike Sergeant (VT) 44-9

Men's Javelin Final

1) Tom Feters (FSU) 230-5 *NCAA Qualifying mark/ Weems Baskin Track record 2) Pat Keegan (USC) 212-2 3) Bill Patrowicz (VT) 204-1 4) Phillipe Williams (USC) 199-0 5) Jeff DuPont (Cinn) 186-2 6) Richard Hurst (Cinn) 179-0

Men's 3000M Steeplechase

1) Tim Covington (VT) 9:02.1 2) Mike Hedgecock (USC) 9:10.9 3) Billy Penick (FSU) 9:11.2 4) Gary Costelle (UofL) 9:18 5) Jim Beyer (Cinn) 9:25.2 6) Wally Granville (VT) 9:29.2

Men's 10,000M Final

1) David Keen (FSU) 29:47.24 2) Dan Foran (VT) 30:11.18 3) Brian Walter (VT) 30:14.50 4) Travis Walter (VT) 31:19.0 5) Paul Laymon 31:30.45 6) Jerry Dendinger (USM) 32:06.7

Women's Javelin Final

1) Rosa Diaz (FSU) 145-6 2) Angie Edwards (VT) 109-6 3) Damita Shazier (MSU) 105-5 4) Vicki Stanton (UofL) 102-11 5) Debra Lane (MSU) 82-11 6) Cantrina Hayslett (MSU) 65-9 1/2

Women's 10,000M Final

1) Michelle Farrell (FSU) 37:04.9 2) Louise Schweitzer (VT) 43.21 3) Gwen Roller (VT) 43.21 4) Lisa Koch (MSU) 43:33.2 5) Karen Thorsett (MSU) 44:30 6) Gail Graham (MSU) 47:09.1

Women's Long Jump Final

1) Kim Batten (FSU) 19-6 1/4 2) Sonya Blades (FSU) 18-7 1/2 3) Carolyn Hightower (FSU) 18-6 3/4 4) Laura Gray (USM) 18-2 3/4 5) Deborah Keaton (VT) 17-10 1/4 6) Tracy Pierce (MSU) 17-1 3/4

Women's Shot Put Final

1) Vicki Stanton (UofL) 42-9 1/2 2) Pam Clements (UofL) 39-6 1/2 3) Angie Edwards (VT) 36-7 3/4 4) Damita Shazier (MSU) 35-4 5) Teresa Ford (USM) 34-8 1/4 6) Tanya Grannernann (FSU) 31-4 1/2

Women's 3000M Final

1) Gwen Roller (VT) 9:34.93 2) Carrie Boyd (FSU) 9:34.94 3) Louise Schweitzer (VT) 10:00.6 4) Mary Loebker (Cinn) 10:26.80 5) Terry Adams (MSU) 10:59.50 6) Shelley Lampe (UofL) 10:59.59

1989 METRO CONFERNECE CHAMPIONSHIPS
MAY 10-13, 1989
WEEMS BASKIN TRACK
UNIVERSITY OF SOUTH CAROLINA

Men's 800M Final

1) Allen Williams (FSU) 1:51.4 2) Arno Hart (USC) 1:51.5 3) Alonzo Hatchette (Cinn) 1:51.7 4) Reggie Nayer (USC) 1:51.9 5) Larry Martin (MSU) 1:51.9 6) Jason Frank (FSU) 1:53.8

Women's 800M Final

1) Shannon Wyont (USC) 2:10.28 2) Angela Harris (FSU) 2:12.68 3) Leslie Stark (uofL) 2:12.95 4) Colleen O'Reilly (FSU) 2:14.93 5) Glynetha Davis (MSU) 2:21.25 6) Michelle McRaney (USM) 2:26.4

Women's 400IH Finals

1) Kim Batten (FSU) 59.97 2) Candi Odom (FSU) 1:04.24 3) Sheila Nelson (MSU) 1:05.46 4) Cantrece Hauslett (MSU) 1:06.9 5) Mary Trochill (VT) 1:10.3 6) Lisa Chiplin (USM) 1:13.9

Women's Triple Jump Final

1) Kim Batten (FSU) 40-6 2) Sonya Blades (FSU) 35-11 1/4 3) Anita Hobbs (MSU) 34-6 1/4 4) Cantrina Hayslett (MSU) 33-8 3/4 5) Angie Edwards (VT) 25-3 1/2

Men's 400IH Finals

1) Robert Brooks (USC) 52.23 2) Chris Sloan (FSU) 52.78 3) Bruce James (FSU) 52.85 4) Everette Brown (USM) 53.89 5) Britt Malott (USC) 54.15 6) Eric Camulli (Cinn) 55.31

Men's Discus Final

1) Richard Hurst (Cinn) 164-2 2) Shelton Thompson (FSU) 160-7 3) Mike Hill (FSU) 151-2 1/2 4) Greg Campbell (Cinn) 151-2 1/2 5) Shawn Wilson (USM) 148-5 6) Mike Sargent (VT) 146-0

Women's 200M dash Final

1) Lisa Horton (FSU) 23.80 2) Andy Lyons (FSU) 25.21 3) Sarah Schuklerbier (MSU) 25.40 4) Deborah Keaton (VT) 25.78 5) Kelly Hooly (FSU) 25.97 6) Paula Pugh (USM) 26.12

Women's High Jump Final

1) Holly Kelly (FSU) 5-6 2) Candi Odom (FSU) 5-4 3) Glynetha Davis (MSU) 5-2 4) Cary Outland (VT) 4-6

Men's 200M Dash Finals

1) Rodney Lawson (FSU) 21.53 2) James Milton (FSU) 21.53 3) Eddie Miller (USC) 21.58 4) Roger Elliot (Cinn) 21.96 5) Tyrone Bligen (FSU) 21.97

Men's 5000M final

1) Tim Covington (VT) 14:27.8 2) Jim Estes (UofL) 14:29.4 3) Brian Walter (VT) 14:31.5 4) David Keen (FSU) 14:35.0 5) Dan Foran (VT) 14:45.9 6) Paul Laymon (USC) 15:07.5

Women's 4 x 400M Relay

1) FSU 3:55.23 2) MSU 4:00.83 3) VT 4:39.2

Men's 4 x 400M Relay

1) USC 3:11.12 2) Cinn 3:11.79 3) MSU 3:13.3 4) FSU 3:22.19 5) VT 3:24.43

1989 METRO CONFERENCE CHAMPIONSHIPS
WEEMS BASKIN TRACK
MAY 10-13, 1989
UNIVERSITY OF SOUTH CAROLINA

Men's High Jump Final

- 1) Tyrone Betters (MSU) 6-10 2) Barry Scott (MSU) 6-8 3) Monte Cannon (Cinn) 6-8
4) Art Henson (USC) 6-6 5) TIE: Dwayne Packer (USM) and Wade Brantley (USC) 6-6

Women's 4 x 100M Relay

- 1) Florida State 45.80 2) Memphis State 48.46 3) Virginia Tech 51.74

Men's 4 x 100M Relay

- 1) USC 40.62 2) USM 40.84 3) MSU 40.90 4) Fla. St. 41.33 5) Cinn. 42.48 6) VT 44.33

Men's Triple Jump Finals

- 1) Erik Robinson (FSU) 50-10 1/4 2) Anthony Wood (USC) 49-0 1/4 3) Wade Brantley (USC) 48-10 4) Anthony Eaton (FSU) 47-0 3/4 5) Greg Taylor (VT) 46-8 6) Franklin Rhea (USM) 46-8

Men's 1500M Final

- 1) Allen Williams (FSU) 3:50.43 2) Dwight Drefs (Cinn) 3:51.30 3) Billy Penick (FSU) 3:52.13 4) Joel warwick (VT) 3:53.02 5) david Smith (VT) 3:55.66 6) Robert King (USM) 3:56.7

Women's 1500M Final

- 1) Carrie Boyd (FSU) 4:34.16 2) Leslie Stark (UofL) 4:40.33 3) Gwen Roller (VT) 4:42.19 4) Mary Loebker (Cinn) 4:42.84 5) Gwen Sherwood (USC) 4:50.2 6) Louise Schwietzer (VT) 4:52.63

Women's 100M Hurdles

- 1) Kim Batten (FSU) 13.83 2) Carolyn Hightower (FSU) 13.92 3) Mary Trochill (VT) 15.32 4) Sonya Blades (FSU) 15.38 5) Laura Gray (USM) 15.42 6) Shiela Nelson (FSU) 15.58

Women's 400M Final

- 1) Andy Lyons (FSU) 51.61 2) Angie Nash (FSU) 58.53 3) Paula Pugh (USM) 59.44 4) Deborah Keaton (VT) 59.49 5) Anita Hobbs (MSU) 59.50 6) Colleen fallon (UofL) 1:01.37

Men's 110H Hurdles

- 1) Rodney Lawson (FSU) 13.92 2) Robert Brooks (USC) 14.24 3) John Whitehead (FSU) 14.6 4) everette Brown (USM) 15.02 5) Jose Gonzales (UofL) 15.22 6) Britt Malott (USC) 15.3

Men's 400M Final

- 1) Eddie Miller (USC) 46.55 2) Tyrone Bligen (FSU) 47.43 3) Chris Love (USC) 47.56 4) Shannon Banks (MSU) 47.77 5) Roger Elliot (Cinn) 48.02 6) John Horne (MSU) 49.19

Women's 100M Final

- 1) Lisa Horton (FSU) 11.93 2) Carolyn Hightower (FSU) 12.36 3) Sarah Schluckerbi (MSU) 12.61 4) Sherry Bell (MSU) 12.77 5) Laur Gray (USM) 12.92 6) Valencia Russell (MSU) 13.42

Men's 100M dash Final

- 1) Nigel Stoddart (USC) 10.59 2) Robert Johnson (USM) 10.89 3) Rodney Lawson (FSU) 10. 4) Reginald Jones (MSU) 10.97 5) LeBarron Lee (USM) 11.13 6) Orin carpenter (MSU) 11.1

Men's

1989 METRO CONFERENCE CHAMPIONSHIPS
MAY 11, 1989
WEEMS BASKIN TRACK
University of South Carolina

Women's Discus Final

- 1) Pam Clements (UofL) 114-9 1/2 2) Tanya Grannernann (FSU) 111-9
3) Angie Edwards (VT) 109-2 1/2 4) Teresa Ford (USM) 85-4
5) Cary Outland (VT) 78-8

Women's 5000M Final

- 1) Gwen Roller (VT) 17:24.5 2) Michelle Farrell (FSU) 17:32.5
3) Louise Schwietzer (UofL) 17:43.5 4) Wilma DePiore (USC) 18:38.2
5) Lisa Koch (MSU) 20:21.9 6) Jennifer Waltermann (UofL) 21:13.1

Men's Pole Vault

- 1) Bill Riffle (Cinn) 16-0 2) Gary Morris (VT) 15-6 3) TIE: Wayne Rimmer (USC) 15-6
Jeff McCaulley (Cinn) 15-6, Pat Phillips (VT) 15-6 6) Wade Brantley (USC) 15-6

FINAL METRO MEN'S TEAM STANDINGS

- | | |
|-------------------------|-------|
| 1) Florida State | 182 |
| 2) South Carolina | 173.5 |
| 3) Cincinnati | 91 |
| 4) Virginia Tech | 87 |
| 5) Southern Mississippi | 46.5 |
| 6) Memphis State | 42 |
| 7) Louisville | 22 |

FINAL METRO WOMEN'S TEAM STANDINGS

- | | |
|-------------------------|-----|
| 1) Florida State | 261 |
| 2) Virginia Tech | 111 |
| 3) Memphis State | 89 |
| 4) Louisville | 55 |
| 5) Southern Mississippi | 29 |
| 6) South Carolina | 16 |
| 7) Cincinnati | 8 |

Women's Coach of the Year--- Terry Long, Florida State

Men's Coach of the Year-- Charlie Strong, South Carolina

Women's Most Outstanding Athlete-- Kim Batten, Florida State

Men's Most Outstanding Athlete-- Phillipe Williams, South Carolina

1989 METRO MEN'S TRACK AND FIELD CHAMPIONSHIPS

DECATHLON RESULTS FROM DAY ONE

Athletes	100M	Long Jump	Shot Put	High Jump	400M	Totals
Phillipe Williams USC	11.52 748	22-10 6.96m 804	37-2 3/4 11.34m 566	6-5 1.96m 767	52.38 708	3,593
Wade Brantley USC	11.72 707	21-9 6.62m 725	38-10 1/4 11.84m 597	6-6 1/4 1.99m 794	52.38 708	3,531
Kent Harris USC	12.43 569	20-2 1/2 6.16m 621	33-11 3/4 10.34m 506	6-5 1.96m 767	51.64 741	3,204
Mark McIntosh Fla. St.	11.83 685	21-2 6.45m 686	31-1 1/4 9.48m 454	5-11 1/4 1.81m 636	52.84 688	3,149
Jason Shaffer Cinn.	12.26 601	20-0 1/2 6.11m 610	31-2 9.50m 456	5-11 1/4 1.81m 636	54.53 618	2,921
Bill Riffle Cinn.	12.29 595	20-2 1/2 6.16m 621	36-2 1/2 11.03m 548	5-6 1/2 1.69m 536	57.23 512	2,815
Rob Hopper Va. Tech	12.68 523	18-4 5.59m 500	37-3 3/4 11.37m 568	5-11 3/4 1.81m 636	56.73 531	2,758
Stacy Ballou Va. Tech	12.71 518	19-6 5.94m 574	28-9 8.78m 413	NH 0	55.48 580	2,085

FINAL DECATHLON RESULTS AFTER DAY TWO

ATHLETE	110H	DISCUS	POLE VAULT	JAVELIN	1500M	TOTAL
Phillipe Williams USC	16.36 693	117-0 35.67m 577	15-5 4.70m 819	171-0 52.11m 620	5:35.66 372	6,674
Wade Brantley USC	16.63 663	121-5 37.00m 604	15-5 4.70m 819	157-4 47.96m 558	5:42.22 341	6,516
Kent Harris USC	15.73 763	115-10 35.30m 570	12-9 1/2 3.90m 590	161-1 49.08m 575	4:42.58 664	6,366
Mark McIntosh Fla St.	15.18 828	107-8 32.81m 520	13-1 1/2 4.00m 617	124-8 37.99m 413	5:19.82 451	5,978
Bill Riffle Cinn.	18.63 465	97-3 29.64m 457	15-9 4.80m 849	183-3 55.86m 676	5:21.76 441	5,703
Jason Shaffer Cinn.	16.49 679	95-2 29.00m 445	13-1 1/2 4.00m 617	143-4 43.69m 496	5:03.38 540	5,698
Rob Hopper Va. Tech	17.06 618	114-7 34.91m 562	9-6 1/4 2.90m 333	109-2 33.28m 346	5:48.09 315	4,932
Stacy Ballou Va. Tech	16.64 662	97-2 29.62m 457	11-9 3/4 4.60m 381	98-0 29.87m 297	5:02.25 547	4,429

1989 METRO WOMEN'S TRACK AND FIELD CHAMPIONSHIPS

HEPTATHLON RESULTS AFTER DAY ONE

ATHLETE	100 Hurdles	High jump	Shot Put	200M Dash	Totals
	16.01	5-5	31-1	26.28	
Candi Odoms		1.65m	9.47m		
Fla. St.	713	795	495	773	2,776
	15.65	4-9 3/4	28-8	27.05	
Laura Gray		1.47m	8.74m		
Southern Miss.	758	588	447	708	2,501
	18.32	5-0 1/4	27-7	27.71	
Rosa Diaz		1.53m	8.41m		
Fla. St.	456	655	426	654	2,191
	18.92	4-5	29-7 1/2	27.39	
Cary Outland		1.35m	9.03m		
Va. Tech	398	460	466	680	2,004
	20.07	4-5	36-3	33.65	
Angie Edwards		1.35m	11.05m		
Va. Tech	296	588	598	258	1,612

FINAL HEPTATHLON RESULTS AFTER DAY TWO

ATHLETE	LONG JUMP	JAVELIN	800M	TOTAL
	18-3 1/2	110-8	2:39.72	
Candi Odom	5.57	33.70		
Fla. St.	720	547	576	4,619
	15-6 1/2	138-6	2:39.91	
Rosa Diaz	4.73	42.18		
Fla. St.	487	709	574	3,961
	17-8 1/2	74-1	3:37.24	
Laura Gray	5.40	22.56		
Southern Miss.	671	337	98	3,607
	15-0 3/4	71-3	3:05.9	
Cary Outland	4.59	21.68		
Va. Tech	451	320	312	3,087
	14-1 1/2	88-3	3:39.35	
Angie Edwards	4.30	26.87		
Va. Tech	379	417	87	2,445