

- 1995 SUMMARY -

NORTH CAROLINA - ACC Champion & Tied 11th Place NCAA Championships

CLEMSON - Tied 11th Place NCAA Championships

FLORIDA STATE - Tied 21st Place NCAA Championships

GEORGIA TECH - Tied 39th Place NCAA Championships

37th Annual Championships, Greensboro, N.C., Feb. 24-25

Team	Points	Team	Points
North Carolina	192	Florida State	55.5
Clemson	89.5	Virginia	32
Wake Forest	85	Duke	20
N.C. State	76	Maryland	13
Georgia Tech	59		

ACC INDIVIDUAL CHAMPIONS: 55-Meter Dash-Alvis Whitted, N.C. State (6.24); 55-Meter Hurdles-Duane Ross, Clemson (7.22); 200-Meter Dash-Alvis Whitted, N.C. State (21.43); 400-Meter Dash-Milton Campbell, North Carolina (47.42); 800-Meter Run-Milton Campbell, North Carolina (1:54.27); One-Mile Run-Brant Armentrout, Wake Forest (4:14.27); 3000-Meter Run-Jose Gonzalez, N.C. State (8:23.36); 5000-Meter Run-Kyle Armentrout, Wake Forest (14:32.20); 4x400 Relay-Clemson (Gill, Richards, Francis, Wheeler) (3:12.14); Distance Medley Relay - Wake Forest (Sherman, Putman, Kinser, B. Armentrout) (10:05.08); Long Jump-Maurice Smith, North Carolina (25'5 1/4"); High Jump-Eric Bishop, North Carolina (7'1"); Triple Jump-Kendrick Morgan, North Carolina (52'4"); Pole Vault-Shannon Pope, North Carolina (17'2 3/4"); Shot Put-Jerry Ingram, North Carolina (55'3/4"); 35-Pound Weight Throw-Obaro Ibru, North Carolina (56'4").

ATLANTIC COAST CONFERENCE MEET MVP: Alvis Whitted, N.C. State.

ATLANTIC COAST CONFERENCE COACH OF THE YEAR: Dennis Craddock, North Carolina.

NATIONAL COACH OF THE YEAR: Dennis Craddock, North Carolina (U.S. Track & Field Coaches Association)

ALL-ATLANTIC COAST CONFERENCE: Clemson (6)-Mitchell Francis, Davidson Gill, Eric Lander, Clarence Richards, Duane Ross, Tony Wheeler. Florida State (1)-Jon Carter. Georgia Tech (1)-Jeff Giesler. North Carolina (13)-Eric Bishop, Chad Black, Jerry Bright, Milton Campbell, Ken Harnden, Obaro Ibru, Jerry Ingram, Leon Johnson, Tony McCall, Kendrick Morgan, John Patterson, Shannon Pope, Maurice Smith. N.C. State (2)-Jose Gonzalez, Alvis Whitted. Wake Forest (7)-Brant Armentrout, Kyle Armentrout, Paul Kinser, Pat Phillips, Garrett Putman, Jon Russell, Warren Sherman.

ACC in NCAA MEET RESULTS - Team (Indianapolis, Indiana, March 10-11 (Top 20): 1-Arkansas (59), 2-George Mason and Tennessee (26), 4-Michigan and Illinois (25), 6-Georgia (24), 7-Rice, Baylor and UCLA (22), 10-California (20), 11-Clemson, Nebraska, and North Carolina (19), 14-LSU and Texas-El Paso (16), 16-Georgetown (15), 17-Eastern Michigan and Kentucky (14), 19-Alabama (13), 20-Wisconsin (12), T21-Florida State (10), T39-Georgia Tech (4).

NCAA MEET RESULTS - Individual (Top Eight Finishers): 55-Meter Hurdles - 1/Phillip Riley, FSU (7.10); 5/Duane Ross, Clemson (7.25); 55-Meter Dash-5/Tony McCall, UNC (6.26); 400-Meter Dash-2/Octavius Terry, GaT (46.88); 3/Clarence Richards, Clem (46.92); 6/Milton Campbell, UNC (47.57); 4x400-Meter Relay - 1/North Carolina (McCall, Campbell, McKoy, Harnden) (3:06.36); 5/Clemson (Francis, Richards, Gill, Wheeler) (3:07.34). Pole Vault-5/Shannon Pope, UNC (17'8 1/2").

NEW CONFERENCE INDOOR MEET RECORDS: No records broken.

1995 Top Individual Performers

55-M Dash: Phillip Riley, FSU 6.13
 55-M Hurdles: Phillip Riley, FSU 7.10
 200-M Dash: Alvis Whitted, NCS ... 21.20
 400-M Run: Jonas Motiejunas, GaT ... 46.60
 800-M Run: Davidson Gill, Clem ... 1:52.58
 Mile Run: Kristian Agnew, NCS ... 4:11.82
 3000-M Run: Jose Gonzalez, NCS ... 8:20.17

5000-M Run: Kyle Armentrout, WF 14:18.10
 1600-M Relay: North Carolina ... 3:06.86
 Distance Medley Relay: Duke ... 9:59.20
 Long Jump: Eric Bowers, GaT ... 25-1 1/4
 Triple Jump: Kendrick Morgan, UNC ... 53-5 1/2
 High Jump: John Thorp, Clem ... 7-3 1/4
 Pole Vault: Shannon Pope, UNC ... 17-7 1/4

Shot Put: Ryan Carson, FSU 53-9
 35-lb. Weight: Obaro Ibru, UNC ... 57-7 1/4

Annual Indoor Track & Field Champions

Year	Team Champion	Head Coach	Runnerup	Meet Site
1954	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1955	North Carolina	Dale Ranson	Maryland	Chapel Hill, N.C.
1956	Maryland	Jim Kehoe	Duke	Raleigh, N.C.
1957	Maryland	Jim Kehoe	North Carolina	Raleigh, N.C.
1958	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1959	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1960	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1961	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1962	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1963	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1964	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1965	Maryland	Jim Kehoe	North Carolina	Raleigh, N.C.
1966	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1967	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1968	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1969	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1970	Maryland	Nick Kovalakides	North Carolina	Chapel Hill, N.C.
1971	Maryland	Nick Kovalakides	Duke	Chapel Hill, N.C.
1972	Maryland	Nick Kovalakides	North Carolina	Chapel Hill, N.C.
1973	Maryland	Nick Kovalakides	North Carolina	College Park, Md.
1974	Maryland	Nick Kovalakides	North Carolina	College Park, Md.
1975	Maryland	Frank Costello	North Carolina	College Park, Md.
1976	Maryland	Frank Costello	North Carolina	College Park, Md.
1977	Maryland	Frank Costello	North Carolina	College Park, Md.
1978	Maryland	Frank Costello	N.C. State	Raleigh, N.C.
1979	Maryland	Frank Costello	North Carolina	College Park, Md.
1980	Maryland	Frank Costello	Clemson	Greensboro, N.C.
1987	Clemson	Wade Williams	N.C. State	Johnson City, Tenn.
1988	N.C. State	Rollie Geiger	Georgia Tech	Johnson City, Tenn.
1989	Clemson	Bob Pollock	N.C. State	Johnson City, Tenn.
1990	Clemson	Bob Pollock	North Carolina	Johnson City, Tenn.
1991	Clemson	Bob Pollock	N.C. State	Johnson City, Tenn.
1992	Clemson	Bob Pollock	North Carolina	Johnson City, Tenn.
1993	Clemson	Bob Pollock	North Carolina	Johnson City, Tenn.
1994	Florida State	Terry Long	Clemson	Greensboro, N.C.
1995	North Carolina	Dennis Craddock	Clemson	Greensboro, N.C.

No indoor championships were held between 1981 and 1986.

Championships by School: Maryland (26), Clemson (6), North Carolina (2), Florida State (1), N.C. State (1).

Championships by Coach: Jim Kehoe, Md. (15); Frank Costello, Md. (6); Nick Kovalakides, Md. (5); Bob Pollock, Clem. (5); Dennis Craddock, UNC (1); Rollie Geiger, NCS (1); Terry Long, FSU (1); Dale Ranson, UNC (1); Wade Williams, Clem. (1).

Championship Meet Results

1954		1955		1956		1957		1958	
Maryland	53.75	North Carolina	36	Maryland	52.50	Maryland	61.50	Maryland	52.40
North Carolina	33.75	Maryland	35.50	Duke	28	North Carolina	32	North Carolina	29.50
Duke	32	Duke	24	North Carolina	26	Duke	20.50	Duke	18.50
Virginia	5	South Carolina	14	N.C. State	15	Virginia	13	South Carolina	18.50
South Carolina	4.75	N.C. State	9	Clemson	11	Clemson	7.50	Clemson	9
Clemson	.75	Virginia	7.50	Virginia	8	N.C. State	6.50	Virginia	7.80
		Clemson	6	South Carolina	2.50	South Carolina	2	N.C. State	5.40
				Wake Forest	0	Wake Forest	0	Wake Forest	1.50
1959		1960		1961		1962		1963	
Maryland	72.50	Maryland	82	Maryland	81.50	Maryland	61	Maryland	81.50
North Carolina	23.50	North Carolina	30	North Carolina	48.50	North Carolina	44.40	North Carolina	56
Duke	21	Duke	28.70	Duke	20.33	Clemson	28.50	Duke	25.50
South Carolina	10	South Carolina	25.90	Clemson	19	Duke	22.50	Clemson	22
Clemson	9	Clemson	10	Virginia	13.33	South Carolina	17.50	South Carolina	4
N.C. State	3	Virginia	8.20	South Carolina	9	Virginia	13.50	Wake Forest	4
Virginia	2	N.C. State	8.20	N.C. State	3	N.C. State	4	N.C. State	2
Wake Forest	2	Wake Forest	0	Wake Forest	0.33	Wake Forest	3.50	Virginia	0
1964		1965		1966		1967		1968	
Maryland	82	Maryland	91	Maryland	85	Maryland	79	Maryland	106
North Carolina	37	North Carolina	18	North Carolina	32.50	North Carolina	34	North Carolina	32
South Carolina	22	Duke	15	N.C. State	16	Clemson	18	Duke	20
Duke	17	South Carolina	14	Duke	15	Duke	17.50	South Carolina	12
Clemson	16	N.C. State	12	South Carolina	13	South Carolina	14.50	N.C. State	10
Wake Forest	10	Clemson	11	Clemson	8	N.C. State	13	Virginia	8
N.C. State	6	Wake Forest	10	Wake Forest	5.50	Wake Forest	3	Clemson	4
Virginia	5	Virginia	9	Virginia	4	Virginia	1	Wake Forest	0
1969		1970		1971		1972		1973	
Maryland	103.50	Maryland	76.50	Maryland	49.50	Maryland	66.50	Maryland	81
North Carolina	27.50	North Carolina	34.50	Duke	34	North Carolina	51.50	North Carolina	36
Duke	19	South Carolina	24	North Carolina	32	Clemson	23	Duke	31
South Carolina	16	Duke	21	South Carolina	30	N.C. State	20	Clemson	23
Clemson	13	Clemson	18	Clemson	17.50	Virginia	18	N.C. State	16
Virginia	11	Virginia	11	N.C. State	12	Duke	8	Virginia	14
N.C. State	2	N.C. State	6	Virginia	12	Wake Forest	5	Wake Forest	7
Wake Forest	0	Wake Forest	1	Wake Forest	5				
1974		1975		1976		1977		1978	
Maryland	88.50	Maryland	104.33	Maryland	86.50	Maryland	77.50	Maryland	69
North Carolina	45.50	North Carolina	27	North Carolina	42	North Carolina	43.40	N.C. State	44
N.C. State	29	N.C. State	25.33	N.C. State	40.50	N.C. State	38	North Carolina	38
Duke	21	Virginia	20	Clemson	17.50	Clemson	21	Clemson	26
Virginia	10	Duke	16	Virginia	17	Duke	19.50	Virginia	26
Clemson	7	Clemson	13.33	Duke	16.50	Virginia	17.50	Duke	20
Wake Forest	7	Wake Forest	2	Wake Forest	3	Wake Forest	7	Wake Forest	4
1979		1980		1987		1988		1989	
Maryland	77	Maryland	134	Clemson	103	N.C. State	128	Clemson	155
North Carolina	50	Clemson	108	N.C. State	97	Georgia Tech	107	N.C. State	113
N.C. State	29.50	North Carolina	62.50	Georgia Tech	84	Clemson	77	North Carolina	60
Clemson	27	N.C. State	60.50	North Carolina	57	North Carolina	63	Georgia Tech	60
Virginia	25.50	Georgia Tech	42.50	Maryland	51	Maryland	44	Virginia	50
Duke	10	Virginia	32	Virginia	31	Virginia	38	Maryland	30
Wake Forest	3	Duke	16.50	Duke	9	Wake Forest	2	Wake Forest	20
		Wake Forest	7	Wake Forest	2	Duke	1	Duke	7
1990		1991		1992		1993		1994	
Clemson	150	Clemson	111	Clemson	136	Clemson	156	Florida State	133
North Carolina	96	N.C. State	107.2	North Carolina	112	North Carolina	132	Clemson	106
N.C. State	77	North Carolina	89.6	N.C. State	68	Florida State	83	Georgia Tech	94
Virginia	60	Virginia	70.2	Florida State	61	Georgia Tech	82	North Carolina	92
Georgia Tech	58	Georgia Tech	68	Wake Forest	42	N.C. State	78	N.C. State	66
Wake Forest	30	Wake Forest	43	Georgia Tech	35	Wake Forest	45	Wake Forest	60
Duke	14	Maryland	7	Virginia	33	Virginia	36	Virginia	44
Maryland	11	Duke	0	Maryland	9	Maryland	6	Maryland	20
				Duke	0	Duke	5	Duke	8

Championship Meet Results (cont.)

1995	
North Carolina	192
Clemson	89.5
Wake Forest	85
N.C. State	76
Georgia Tech	59
Florida State	55.5
Virginia	32
Duke	20
Maryland	13

Men's Championship Meet Participation (1954-1995)

No indoor championships were held from 1981 to 1986.

School	Years	1st	2nd	3rd	4th	5th	6th	7th	8th	9th
Clemson	(36) 1954-1995	6	3	4	6-1	9	4-1	2	0	0
Duke	(36) 1954-1995	0	2	11-1	6	2	4	3	4	3
Florida State	(4) 1992-1995	1	0	1	1	0	1	0	0	0
Georgia Tech	(10) 1980-1995	0	1	2-1	1	4	1	0	0	0
Maryland	(36) 1954-1995	26	1	0	0	2	1	1	4	1
North Carolina	(36) 1954-1995	2	25	5-1	3	0	0	0	0	0
N.C. State	(35) 1955-1995	1	4	8	4	6	3-2	7	0	0
Virginia	(36) 1954-1995	0	0	0	5-1	6	12-2	4-1	6	0
Wake Forest	(33) 1956-1995	0	0	1	0	1-1	5-1	12-1	12	0
South Carolina	(18) 1954-1971	0	0	2-1	7	4-1	1	2	0	0

Men's Individual & Relay Champions By Event & School (1954-1995)

Event	Years	Clem	Duke	FSU	GaT	Md	UNC	NCS	UVa	WF	USC
55 Meters	(8) 1988-1995	4	0	1	0	0	0	2	0	0	0
200 Meters	(8) 1988-1995	2	0	1	0	0	1	3	0	0	0
400 Meters	(8) 1988-1995	1	0	0	3	0	3	0	1	0	0
800 Meters	(8) 1988-1995	2	0	0	2	0	1	0	3	0	0
1 Mile Run	(36) 1954-1995	6	5	0	1	6	14	2	0	1	1
3000 Meters	(8) 1988-1995	4	0	0	0	0	1	1	1	0	0
5000 Meters	(7) 1989-1995	2	0	0	2	0	0	2	0	1	0
55-Meter Hurdles	(8) 1988-1995	3	0	1	1	0	0	1	0	2	0
High Jump	(36) 1954-1995	3	1	1	0	21	7	3	3	0	0
Long Jump	(36) 1954-1995	1	4	1	2	17	6	2	2	0	2
Triple Jump	(17) 1973-1995	0	0	1	0	5	2	6	3	0	0
Pole Vault	(36) 1954-1995	1	1	2	0	26	4	0	3	0	1
Shot Put	(36) 1954-1995	4	7	0	0	11	1	8	1	1	3
35-Pound Weight	(9) 1987-1995	2	0	0	0	0	5	1	1	0	0
1 Mile Relay	(36) 1954-1995	8	1	0	7	17	1	1	0	0	1
Dist. Med. Relay	(7) 1976-1980, 1995	1	3	1	0	0	1	0	0	1	0
Discontinued Championship Events											
60-Yard Dash	(28) 1954-1987	3	2	0	0	13	5	2	2	0	1
440-Yard Dash	(3) 1954-55/80	1	0	0	0	2	0	0	0	0	0
600-Yard Run	(26) 1956-1987	4	1	0	0	14	4	2	0	0	1
880-Yard Run	(11) 1954-1964	0	1	0	0	2	5	2	0	0	1
1000-Yard Run	(17) 1965-1987	0	0	0	0	4	6	0	4	0	3
Two-Mile Run	(28) 1954-1987	3	6	0	0	9	11	0	0	0	0
60-Yard Hurdles	(14) 1968-1987	0	3	0	0	10	1	0	0	0	0
70-Yd. High Hurdles	(14) 1954-1967	1	3	0	0	8	0	0	0	0	2
70-Yd. Low Hurdles	(11) 1954-1964	1	3	0	0	6	0	0	0	0	1
Two-Mile Relay	(32) 1956-1993	5	1	0	1	15	4	3	0	1	0
Totals	(36) 1954-1995	62	42	9	19	186	83	44	24	7	16

Note: Statistics include ties in the high jump, long jump, pole vault and two-mile run.

ACC Indoor Track & Field Meet Records

Event	Time/Distance	Record Holder, School	Year
55-Meter Dash	6.10	- Michael Green, Clemson	1993
55-Meter Hurdles	7.12	- Larry Ryans, Clemson	1992
		- Duane Ross, Clemson	1993
200-Meter Dash	20.60	- Reggie Harris, North Carolina	1992
400-Meter Dash	45.94	- Reggie Harris, North Carolina	1992
800-Meter Run	1:49.06	- Conrad Nichols, Georgia Tech	1993
One-Mile Run	3:56.4	- Tony Waldrop, North Carolina	1974
3,000-Meter Run	8:10.33	- Jim Farmer, North Carolina	1988
5,000-Meter Run	14:04.79	- Yehezkel Halifa, Clemson	1989
1,600 Meter Relay	3:10.35	- Georgia Tech (Terry, Amedee, Adkins, Mills)	1993
3,200 Meter Relay	7:26.99	- Clemson (Soggs, Hines, Whittman, Herrington)	1989
Distance Medley Relay	9:57.40	- Duke (Lorusso, Ford, Royce, Schwartz)	1976
High Jump	7-3 1/2	- William Skinner, Maryland	1987
Long Jump	26-8 1/2	- Allen Johnson, North Carolina	1993
Triple Jump	54-4 1/2	- Mike Patton, N.C. State	1988
Pole Vault	5.50m/18-1/2	- Jeff Bray, Florida State	1993
Shot Put	63-4	- Mike Spiritoso, Clemson	1987
35-Pound Weight Throw ..	18.96m/62-2 1/2	- Sean Murray, North Carolina	1991

- Discontinued Events -

60-Yard Dash	6.1	- Dave Sime, Duke	1956
60-Yard Hurdles	6.9	- Renaldo Nehemiah, Maryland	1979
440-Yard Run	48.55	- Desai Williams, Clemson	1980
600-Yard Run	1:09.92	- Clive Harriot, North Carolina	1987
1,000-Yard Run	2:07.2	- Greg Canty, Virginia	1979
Two-Mile Run	8:36.1	- Steve Wheeler, Duke	1974
Medley Relay	9:57.4	- Duke (Lorusa, Ford, Royce, Schwartz)	1976

Individual Champions

55-Meter Dash

1988	Danny Peebles, NCS	6.28
1989	Kevin Braunskill, NCS	6.26
1990	Doug Thomas, Clem.	6.22
1991	James Trapp, Clem.	6.22
1992	Michael Green, Clem.	6.15
1993	Michael Green, Clem.	6.10
1994	Phillip Riley, FSU	6.19
1995	Alvis Whitted, NCS	6.24

200-Meter Dash

1988	Danny Peebles, NCS	21.05
1989	Kevin Braunskill, NCS	20.78
1990	James Trapp, Clem.	21.02
1991	Kevin Braunskill, NCS	20.75
1992	Reggie Harris, UNC	20.60
1993	Michael Green, Clem.	20.96
1994	Jon Carter, FSU	21.69
1995	Alvis Whitted, NCS	21.43

400-Meter Dash

1988	James Purvis, GaT	47.24
1989	Ben Kurgat, UVa	47.61
1990	Reggie Harris, UNC	46.69
1991	Derek Mills, GaT	46.78
1992	Reggie Harris, UNC	45.94
1993	Wesley Russell, Clem.	46.03
1994	Derek Mills, GaT	48.47
1995	Milton Campbell, UNC	47.42

800-Meter Run

1988	Terrance Herrington, Clem.	1:51.36
1989	Paul Ereng, UVa	1:49.30
1990	David Wittman, Clem.	1:53.01
1991	Ben Kurgat, UVa	1:49.25
1992	Ben Kurgat, UVa	1:49.73
1993	Conrad Nichols, GaT	1:49.06
1994	Conrad Nichols, GaT	1:51.85
1995	Milton Campbell, UNC	1:54.27

One-Mile Run

1954	Larry Faass, Md.	4:23.9
1955	Jim Beatty, UNC	4:16.3
1956	Jim Beatty, UNC	4:23.3
1957	Jim Beatty, UNC	4:16.9
1958	Burr Grim, Md.	4:12.5
1959	Billy Latham, USC	4:12.5
1960	Cary Weisiger, Duke	4:13.6
1961	Mark Wells, Md.	4:21.1
1962	Jerry Nourse, Duke	4:31.0
1963	Louis Van Dyke, Duke	4:20.8
1964	Art Maillet, UNC	4:17.2
1965	Charles Little, UNC	4:20.4
1966	Mike Williams, UNC	4:17.3
1967	Mike Williams, UNC	4:13.9
1968	Mike Williams, UNC	4:11.0
1969	John Baker, Md.	4:07.3
1970	John Baker, Md.	4:07.3
1971	Bob Wheeler, Duke	4:05.9
1972	Reggie McAfee, UNC	4:03.8
1973	Bob Wheeler, Duke	4:03.2
1974	Tony Waldrop, UNC	3:56.4
1975	Tony Garner, Md.	4:05.1
1976	Ralph King, UNC	4:01.8
1977	Ralph King, UNC	4:02.9
1978	Ralph King, UNC	4:11.7
1979	Doug Slack, UNC	4:08.4
1980	Hans Koeleman, Clem.	4:04.4
1987	Alan Drosky, GaT	4:02.25

One Mile Run (cont.)

1988	Paul McCaffrey, Clem.	4:10.50
1989	Philip Greyling, Clem.	4:08.96
1990	Philip Greyling, Clem.	4:05.85
1991	Bob Henes, NCS	4:05.03
1992	Cormac Finnerty, Clem.	4:03.72
1993	Anthony Riley, NCS	4:02.44
1994	Mike Kauffman, Clem	4:07.96
1995	Brant Armentrout, WFU	4:14.27

3000-Meter Run

1988	Jim Farmer, UNC	8:10.33
1989	Philip Greyling, Clem.	8:12.62
1990	Philip Greyling, Clem.	8:17.13
1991	Bob Henes, NCS	8:16.26
1992	Cormac Finnerty, Clem.	8:16.73
1993	Corman Finnerty, Clem.	8:11.94
1994	Rob Cook, UVa	8:17.82
1995	Jose Gonzalez, NCS	8:23.36

5000-Meter Run

1989	Yehezkel Halifa, Clem.	14:04.79
1990	Larry Clark, Clem.	14:24.05
1991	Todd Lopeman, NCS	14:17.3
1992	Todd Lopeman, NCS	14:15.23
1993	Ray Raparelli, GaT	14:31.62
1994	Ray Raparelli, GaT	14:36.41
1995	Kyle Armentrout, WFU	14:32.20

55-Meter High Hurdles

1988	James Purvis, GaT	7.23
1989	Terry Reese, NCS	7.42
1990	Steve Brown, WF	7.30
1991	Steve Brown, WF	7.26
1992	Larry Ryans, Clem.	7.12
1993	Duane Ross, Clem.	7.12
1994	Phillip Riley, FSU	7.19
1995	Duane Ross, Clem	7.22

High Jump

1954	Joel Shankle, Duke & Ray Quillen, UVa	6-1
1955	Alston Mitchell, Clem.	6-2
1956	George Hogan, Md.	6-3
1957	George Hogan, Md. & Tom Tait, Md.	6-3
1958	Tom Tait, Md.	6-3
1959	Tom Tait, Md.	6-3
1960	Dick Estes, Md.	6-5
1961	Dick Estes, Md. & Jim Bland, Md.	6-5
1962	Tom Clark, UNC	6-7 3/4
1963	Tom Clark, UNC	6-6
1964	Tom Clark, UNC	6-6
1965	Frank Costello, Md.	6-10
1966	Frank Costello, Md.	6-9
1967	John Stevens, Md.	6-5 1/4
1968	Frank Costello, Md.	6-8
1969	Joe David, Md.	6-10 3/4
1970	Joe David, Md.	6-10 1/2
1971	Joe David, Md.	6-10
1972	Brian Bozzzone, Md.	6-6
1973	Ed Fern, Clem.	6-10
1974	Brian Bozzzone, Md.	6-8 1/4
1975	Ed Fern, Clem.	6-10
1976	Brian Melly, Md.	6-10
1977	Brian Melly, Md.	7-1
1978	Lee Shuler, UNC	7-2 1/2
1979	Mike Corbin, Md.	7-2

High Jump (cont.)

1980	Lee Shuler, UNC	7-1
1987	William Skinner, Md.	7-3 1/4
1988	Herman Moore, UVa	7-2 1/4
1989	Kevin Ankrom, NCS	6-11 1/2
1990	Herman Moore, UVa	7-2 1/2
1991	Kevin Ankrom, NCS	7-2 1/2
1992	William Darity, UNC	7-1
1993	Kevin Crist, FSU	7-1
1994	Sean Garland, NCS	7-1
1995	Eric Bishop, UNC	7-1

Long Jump

1954	Joel Shankle, Duke	23-5 7/8
1955	Joel Shankle, Duke	23-3 1/4
1956	Dave Sime, Duke	23-2 1/2
1957	Bob Laverly, Duke	21-2 3/4
1958	Elliot Thompson, Md.	22-1 1/2
1959	Bjorn Anderson, Md.	21-11 1/4
1960	Lance Hodges, Md. & Jim Upton, USC	22-2 1/4
1961	John O'Bannon, UNC	21-0 1/8
1962	Billy Gambrell, USC	21-9 1/4
1963	Mike Cole, Md.	22-8 1/4
1964	Mike Cole, Md.	23-2
1965	Mike Cole, Md.	26-6 1/2
1966	Ed Marks, Md.	22-5
1967	Ed Marks, Md.	23-3
1968	Mike Harvey, UVa	24-0 1/2
1969	Elliot Garren, Md.	24-2
1970	Jim Shannon, UVa	23-2 1/2
1971	Perry Sandlet, Md.	22-8 1/2
1972	Darryl Kelly, UNC	22-5
1973	Bill Goodman, Md.	24-6 1/2
1974	Sam Beasley, UNC	24-5 3/4
1975	Neville Sinclair, Md.	24-2
1976	John Davenport, Md.	25-1 1/4
1977	John Davenport, Md.	24-1 1/2
1978	Bob Calhoun, Md.	23-9 1/2
1979	Bob Calhoun, Md.	25-8
1980	Kevin Wilson, Md.	24-4 1/4
1987	Danny Peebles, NCS	24-11 1/4
1988	Maurice Davis, GaT	25-2
1989	Rodney Keasler, Clem.	24-5 3/4
1990	Chucky Simmons, NCS	24-9
1991	Joe McDonald, GaT	24-9 1/4
1992	Allen Johnson, UNC	25-5 1/4
1993	Allen Johnson, UNC	26-8 1/2
1994	Kelsey Nash, FSU	25-3 1/2
1995	Maurice Smith, UNC	25-5 1/4

Triple Jump

1973	Darryl Kelly, UNC	49-2 1/4
1974	Andy Bilmanis, Md.	51-0 1/4
1975	Keith Witherspoon, UVa	52-3 1/2
1976	Keith Witherspoon, UVa	52-6
1977	Dennis Ivory, Md.	50-7 1/2
1978	Dennis Ivory, Md.	51-7
1979	Dennis Ivory, Md.	54-2
1980	Cornelius Cousins, Md.	50-6 1/4
1987	Mike Patton, NCS	52-6 1/2
1988	Mike Patton, NCS	54-4 1/2
1989	Mike Patton, NCS	52-1 1/4
1990	Cornell Grayson, UVa	51-7 3/4
1991	Tyrell Taitt, NCS	53-7 1/2
1992	Tyrell Taitt, NCS	52-0 1/4
1993	Tyrell Taitt, NCS	52-2 1/4
1994	Kelsey Nash, FSU	53-11 1/4
1995	Kendrick Morgan, UNC	52-4

Individual Champions (cont.)

Pole Vault

1954	Mel Schwartz, Md.	13-3¾
1955	Mel Schwartz, Md.	13-0
1956	Mel Schwartz, Md.	13-9½
1957	Henry Davenport, UVa	13-0
1958	Henry Davenport, UVa;	13-0
1958	Conway Snipes, USC &	
	Clarence Roberts, UVa	
1959	Carl Prigg, Md.	13-7
1960	Bjorn Anderson, Md.	14-0
1961	John Belitza, Md.	14-6½
1962	John Belitza, Md.	15-0
1963	John Belitza, Md.	15-1¾
1964	Ed Bennett, Md.	14-6
1965	Bob Williams, Md.	15-0
1966	Pete Kowzun, Md.	15-3½
1967	Tom Gagner, Md.	15-0
1968	Tom Gagner, Md.	15-4½
1969	Tom Smith, Md.	14-6
1970	Vince Struble, Md.	15-0
1971	Vince Struble, Md.	15-5½
1972	Vince Struble, Md.	16-0
1973	Bill Hayes, Md.	16-6¾
1974	Andy Herndon, Md.	16-1
1975	Mike Remus, Md.	16-0
1976	Mike Remus, Md.	16-0
1977	Brad Turley, Md.	15-6
1978	Mike Shankle, Duke	15-6
1979	Chip McCarthy, Md.	15-6
1980	Denny Lamp, Md.	16-0
1987	John Finney, Md.	16-7¼
1988	John Finney, Md.	16-8¾
1989	Tim Swain, UNC	16-4
1990	Kevin Brown, UNC	16-0¾
1991	Rob Rothwell, UNC	17-1
1992	Jeff Bray, FSU	17-10½
1993	Jeff Bray, FSU	18-0½
1994	Eric Lander, Clem	17-2¾
1995	Shannon Pope, UNC	17-2¾

Shot Put

1954	Durham Lawshe, Duke	51-0¾
1955	Durham Lawshe, Duke	51-1½
1956	Ed Cooke, Md.	49-7¾
1957	Ed Cooke, Md.	50-7 3/8
1958	Dave Coates, USC	54-3¾
1959	Dave Coates, USC	51-6¼
1960	Nick Kovalikades, Md.	49-9
1961	Dick Gesswein, Duke	54-5¼
1962	Dick Gesswein, Duke	56-3¼
1963	Dick Gesswein, Duke	56-3¼
1964	Walt Samora, Md.	53-5
1965	Rod Stewart, Duke	55-4½
1966	Rod Stewart, Duke	56-10½
1967	Greg Benz, Clem.	53-0¾
1968	John Hanley, Md.	60-1½
1969	John Hanley, Md.	57-8½
1970	John Jessup, Md.	56-2
1971	John Hanley, Md.	60-1½
1972	Bill MacLachlan, Md.	56-11
1973	Bill MacLachlan, Md.	54-9½
1974	John Holiday, NCS	52-11
1975	Bob Medlin, NCS	56-9¼
1976	Bob Medlin, NCS	62-1
1977	Bob Medlin, NCS	62-11
1978	Ian Pyka, Md.	60-4
1979	Joe Hannah, NCS	58-1¼
1980	Dean Leavitt, NCS	58-8¾
1987	Mike Spiritoso, Clem.	63-4¼

Shot Put (cont.)

1988	Tom Huminik, NCS	59-11¼
1989	Tom Huminik, NCS	62-4½
1990	Scott Erbach, Clem.	55-2¾
1991	Thom McKinney, UVa	56-2
1992	Scott Erbach, Clem.	57-7½
1993	Andrew Bloom, WFU	59-8¼
1994	Andrew Bloom, WFU	60-0½
1995	Jerry Ingram, UNC	55-0¾

35-Pound Weight Throw

1987	Mike Spiritoso, Clem.	50-11
1988	Tom Eckard, NCS	50-9¼
1989	Mike Neary, Clem.	53-7
1990	Sean Murray, UNC	58-11¼
1991	Sean Murray, UNC	62-2½
1992	Harlis Meaders, UNC	59-2¼
1993	Mike Murphy, UVa	58-3¾
1994	Obaro Ibru, UNC	56-3¼
1995	Obaro Ibru, UNC	56-4

1600-Meter Relay

1954	Maryland	3:28.2
1955	Maryland	3:32.3
1956	Maryland	3:33.7
1957	North Carolina	3:29.9
1958	Maryland	3:29.0
1959	Maryland	3:27.0
1960	Maryland	3:28.4
1961	Maryland	3:25.1
1962	Clemson	3:27.0
1963	Maryland	3:20.2
1964	Clemson	3:26.2
1965	Maryland	3:31.9
1966	South Carolina	3:26.4
1967	Maryland	3:24.6
1968	Maryland	3:24.6
1969	Maryland	3:25.3
1970	Maryland	3:35.5
1971	Duke	3:24.4
1972	Clemson	3:24.4
1973	Clemson	3:19.9
1974	Maryland	3:19.2
1975	Clemson	3:23.9
1976	Maryland	3:16.9
1977	Maryland	3:20.2
1978	N.C. State	3:19.8
1979	Maryland	3:16.9
1980	Clemson	3:16.81
1987	Georgia Tech	3:11.78
1988	Georgia Tech	3:12.08
1989	Georgia Tech	3:12.24
1990	Clemson	3:11.38
1991	Georgia Tech	3:12.79
1992	Georgia Tech	3:10.70
1993	Georgia Tech	3:10.35
1994	Georgia Tech	3:13.83
1995	Clemson	3:12.14

Distance Medley Relay

1976	Duke	9:57.40
1977	North Carolina	10:08.5
1978	Duke	10:15.00
1979	Clemson	10:07.40
1980	Duke	10:04.08
1994	Florida State	9:58.09
1995	Wake Forest	10:05.08

-Discontinued Events-

60-Yard Dash

1954	Jeff Newton, UNC	6.3
1955	Tony Woodlee, USC	6.6
1956	Dave Sime, Duke	6.1
1957	Dave Sime, Duke	6.2
1958	Don Whitaker, Md.	6.5
1959	Don Whitaker, Md.	6.3
1960	Jonas Spiegel, Md.	6.5
1961	Jonas Spiegel, Md.	6.3
1962	Don Voan Reenan, Md.	6.3
1963	Jim Wynn, Clem.	6.4
1964	Ed White, UNC	6.4
1965	Dale White, UNC	6.3
1966	Jon Levin, UNC	6.3
1967	Jim Lee, Md.	6.4
1968	Roland Merritt, Md.	6.3
1969	Roland Merritt, Md.	6.3
1970	Tony Greene, Md.	6.2
1971	Tony Greene, Md.	6.5
1972	Kent Merritt, UVa	6.3
1973	Kent Merritt, UVa	6.3
1974	Nick Basciano, Md.	6.2
1975	Nick Basciano, Md.	6.2
1976	Haywood Ray, NCS	6.2
1977	Delbert Powell, UNC	6.3
1978	Jerry Butler, Clem.	6.2
1979	Renaldo Nehemiah, Md.	6.2
1980	Desai Williams, Clem.	6.2
1987	Danny Peebles, NCS	6.19

440-Yard Dash

1954	Joe Hemler, Md.	51.9
1955	Burke Wilson, Md.	51.8
1980	Desai Williams, Clem.	48.55

600-Yard Run

1956	Lou Sergi, Md.	1:17.4
1957	Dave Leas, Md.	1:18.1
1958	Dave Scurlock, UNC	1:12.7
1959	John Dunkelberg, Clem.	1:12.7
1960	John Dunkelberg, Clem.	1:13.3
1961	Chris Stauffer, Md.	1:14.6
1962	Bob Hart, UNC	1:13.0
1963	John Pettyman, Md.	1:12.5
1964	Mike McGuinness, USC	1:13.2
1965	Ramsey Thomas, Md.	1:15.3
1966	John Warfield, Md.	1:13.6
1967	John Warfield, Md.	1:12.5
1968	George Wojtech, Md.	1:14.2
1969	George Wojtech, Md.	1:13.2
1970	Tom Sellers, UNC	1:13.3
1971	Bob Kaczka, UNC	1:13.9
1972	Wayne Jenkins, Clem.	1:13.7
1973	Mike Murphy, Duke	1:10.5
1974	Rod Cupa, Md.	1:12.4
1975	Bill Ohlmacher, Md.	1:11.0
1976	Bill Ohlmacher, Md.	1:10.4
1977	Gerald Johnson, Md.	1:11.7
1978	Ron Foreman, NCS	1:13.0
1979	Sam Brown, NCS	1:10.2
1980	Darryl Bryant, Md.	1:11.53
1987	Marcus Black, Clem.	1:10.00

880-Yard Run

1954	Charles Waggner, Md.	1:59.9
1955	Bob Jones, NCS	1:55.9
1956	Bob Jones, NCS	2:00.3

Individual Champions - Discontinued Events (cont.)

880-Yard Run (cont.)

1957	Dave Scurlock, UNC	1:57.1
1958	Dave Scurlock, UNC	1:59.9
1959	Dave Scurlock, UNC	1:52.7
1960	Cary Weisiger, Duke	1:57.5
1961	Gerry Stuver, UNC	1:54.7
1962	Scott Brent, UNC	1:58.7
1963	Dick Smith, Md.	1:52.8
1964	Bob Crombie, USC	1:54.1

1000-Yard Run

1965	Bob Crombie, USC	2:17.6
1966	Mark Matthews, Md.	2:16.0
1967	Dave Donohue, Md.	2:11.0
1968	Bill Bassett, UNC	2:14.6
1969	Bob Kaczka, USC	2:12.8
1970	Bob Kaczka, USC	2:15.7
1971	Tony Waldrop, UNC	2:09.7
1972	Tony Waldrop, UNC	2:10.7
1973	Reggie McAfee, UNC	2:10.9
1974	Ed Bailor, Md.	2:12.8
1975	Dave Watt, Md.	2:09.1
1976	William Southerland, UNC	2:13.2
1977	Greg Canty, UVA	2:12.9
1978	Greg Canty, UVA	2:10.3
1979	Greg Canty, UVA	2:07.2
1980	Greg Canty, UVA	2:09.89
1987	Dave Fuhrmann, UNC	2:07.54

Two-Mile Run

1954	Ben Good, Md.	9:46.8
1955	Jim Beatty, UNC	9:25.5
1956	Jim Beatty, UNC	9:24.5
1957	Jim Beatty, UNC	9:32.2
1958	Burr Grim, Md.	9:21.9
1959	Wayne Bishop, UNC	9:19.3
1960	Paul Masem, UNC	9:24.6
1961	Rett Everett, UNC	9:27.5
1962	Jerry Nourse, Duke	9:18.0
1963	Carmine Lunetta, UNC	9:44.5
1964	Mike George, Md.	9:30.7
1965	Mike George, Md.	9:37.0
1966	David Starnes, Md.	9:18.1
1967	David Starnes, Md.	9:05.5
1968	Ed Stenberg, Duke	9:02.2
1969	Russ Taintor, Md.	9:00.8
1970	Russ Taintor, Md.	9:00.5
1971	Larry Widgeon, UNC	8:53.4
1972	Larry Widgeon, UNC	8:55.1
1973	Scott Eden, Duke & Roger Beardmore, Duke	8:48.7
1974	Steve Wheeler, Duke	8:36.1
1975	Robbie Perkins, Duke	8:46.6
1976	Jeff Smith, Md.	8:48.6
1977	Dean Matthews, Clem.	8:57.7
1978	Ralph King, UNC	8:52.7
1979	Gary Hofstetter, UNC	8:52.2
1980	Hans Koeleman, Clem.	8:49.51
1987	Martin Flynn, Clem.	8:46.29

60-Yard High Hurdles

1968	Jeff Howser, Duke	7.4
1969	Jeff Howser, Duke	7.2
1970	Marshall Bush, Md.	7.4

60-Yard High Hurdles (cont.)

1971	Jeff Howser, Duke	7.3
1972	Greg Lardieri, Md.	7.5
1973	Greg Lardieri, Md.	7.4
1974	Mike Voight, UNC	7.4
1975	Tom Gwaltney, Md.	7.5
1976	Jeff Nichols, Md.	7.2
1977	Torrie Robertson, Md.	7.2
1978	Renaldo Nehemiah, Md.	7.1
1979	Renaldo Nehemiah, Md.	6.9
1980	Chris Pearson, Md.	7.4
1987	William Skinner, Md.	7.21

70-Yard High Hurdles

1954	Joel Shankle, Duke	8.8
1955	Joel Shankle, Duke	8.7
1956	Jim Duncan, Md.	8.9
1957	Jim Starboard, Md.	8.6
1958	Don Goodroe, USC	8.7
1959	Jim Starboard, Md.	8.5
1960	Bill Johnson, Md.	8.6
1961	Bill Johnson, Md.	8.5
1962	Charlie Bradshaw, USC	8.6
1963	Bob Vermillion, Md.	8.8
1964	Bob Fogle, Duke	8.7
1965	Richard Sheer, Md.	8.7
1966	Bruce Carson, Md.	8.7
1967	Jim Taylor, Clem.	8.8

70-Yard Low Hurdles

1954	Joel Shankle, Duke	7.7
1955	Joel Shankle, Duke	7.9
1956	Dave Sime, Duke	7.6
1957	Jim Starboard, Md.	7.7
1958	Don Goodroe, USC	8.1
1959	Larry Salmon, Md.	7.7
1960	Bill Johnson, Md.	7.9
1961	Wayne Smith, Md.	7.9
1962	Wesley King, Clem.	7.4
1963	Chris Stauffer, Md.	7.6
1964	Mike Cole, Md.	7.8

3200 Relay

1956	N.C. State	8:20.3
1957	Maryland	8:20.3
1958	Maryland	8:07.5
1959	Maryland	8:07.8
1960	Maryland	8:05.4
1961	Maryland	8:06.4
1962	North Carolina	8:00.2
1963	North Carolina	7:54.2
1964	Maryland	8:04.3
1965	Maryland	8:07.3
1966	N.C. State	7:56.6
1967	N.C. State	7:53.2
1968	Maryland	7:51.6
1969	North Carolina	7:49.4
1970	Clemson	7:57.5
1971	Clemson	7:47.4
1972	Maryland	7:52.8
1973	Maryland	7:41.4
1974	Maryland	7:44.6
1975	Maryland	7:49.2
1976	Maryland	7:49.2
1977	Duke	7:45.0
1978	Virginia	7:51.2
1979	Virginia	7:41.1
1980	Maryland	7:42.59
1987	Maryland	7:32.72

Two-Mile Relay (cont.)

1988	North Carolina	7:33.94
1989	Clemson	7:26.99
1990	Clemson	7:40.06
1991	Wake Forest	7:34.90
1992	Clemson	7:30.52
1993	Georgia Tech	7:31.24

All-Conference Teams

- 1987 *Clemson* (7)-Rodney Keasler, George Milton, Mike Spiritoso, Marcus Black, Terrance Herrington, Kelvin Sykes, Martin Flynn. *Georgia Tech* (5)-James Purvis, Maurice Morrison, Mike Krehnbrink, Dirk Morris, Alan Drosky. *Maryland* (2)-John Finney, William Skinner. *North Carolina* (6)-Johan Boakes, Kyle Lowe, Jim Farmer, Clive Harriott, Dave Fuhrmann, Kevin McGorty. *N.C. State* (4)-Mike Patton, Tom Huminik, Danny Peebles, Dwight Frazier. *Virginia* (2)-David Hood, Kris Herdt.
- 1988 *Clemson* (5)-Paul McCaffrey, Terrance Herrington, Jeff Fields, Dov Kremer, John Boobas. *Georgia Tech* (7)-James Purvis, Joe McDonald, Jerry Gilchrist, Mark Pickens, Maurice Morrison, Dirk Morris, Maurice Davis. *Maryland* (3)-Roman Wallace, Duane Carlisle, John Finney. *North Carolina* (5)-Johan Boakes, John Hussey, Clive Harriott, Kyle Lowe, Jim Farmer. *N.C. State* (9)-Danny Peebles, Mike Patton, Dwight Frazier, Tom Eckard, Tom Huminik, Bob Henes, Malcolm Branham. *Virginia* (1)-Herman Moore.
- 1989 *Clemson* (9)-Rodney Keasler, Dennis Hines, Terrance Herrington, Greg Moses, Mike Neary, Dave Wittman, John Soggs, Philip Greyling, Dov Kremer. *Georgia Tech* (5)-Rich Thompson, Mike Taylor, Derrick Adkins, Maurice Morrison, Jerry Gilchrist. *Maryland* (2)-John Finney, Don Thrower. *North Carolina* (4)-Tim Swain, Tim Goad, Scott Morris, Sean Murray. *N.C. State* (5)-Kevin Braunskill, Mike Patton, Terry Reese, Kevin Ankrom, Tom Huminik. *Virginia* (2)-Ben Kurgat, Paul Ereng. *Wake Forest* (2)-Jon Hume, Steve Brown.
- 1990 *Clemson* (12)-Larry Ryans, Andrew Beecher, Philip Greyling, Doug Thomas, James Trapp, Dave Wittman, Dion Wafford, Michael Green, Dennis Hines, Larry Clark, Naftal Gichaba, Scott Erbach. *Georgia Tech* (1)-Mark White. *North Carolina* (5)-Kevin Brown, Reggie Harris, William Darity, Sean Murray, Allen Johnson. *N.C. State* (3)-Chucky Simmons, Kevin Braunskill, Bob Henes. *Virginia* (3)-Thom McKinney, Brian Shafer, Herman Moore. *Wake Forest* (2)-Ben Schoonover, Steve Brown.
- 1991 *Clemson* (7)-Larry Ryans, Jeff Fields, Cormac Finnerty, Jorge Pacheco, Doug Thomas, James Trapp, Andrew Beecher. *Georgia Tech* (6)-Derek Mills, Chris Hilton, Joe McDonald, Julian Amedee, Guy Robinson, Rich Thompson. *North Carolina* (6)-William Darity, Harlis Meaders, Rob Rothwell, Allen Johnson, Sean Murray, Reggie Harris. *N.C. State* (5)-Tyrell Taitt, Todd Lopeman, Kevin Braunskill, Bob Henes, Kevin Ankrom. *Virginia* (2)-Thom McKinney, Ben Kurgat. *Wake Forest* (5)-Terry Weik, Mike Guegan, Warren Sherman, Jim Clarke, Steve Brown.
- 1992 *Clemson* (10)-Cormac Finnerty, Scott Erbach, Michael Green, Wesley Russell, Kendrick Roach, Larry Ryans, Steve Darity, Andrew Beecher, Paul Wright, James Trapp. *Florida State* (3)-Kevin Crist, Jeff Bray, Kelsey Nash. *Georgia Tech* (4)-Conrad Nichols, Octavius Terry, Derek Mills, Derrick Adkins. *Maryland* (1)-Greg Early. *North Carolina* (5)-William Darity, Kevin Brown, Harlis Meaders, Reggie Harris, Allen Johnson. *N.C. State* (2)-Tyrell Taitt, Todd Lopeman. *Virginia* (1)-Ben Kurgat. *Wake Forest* (2)-Andrew Bloom, Ben Schoonover.
- 1993 *Clemson* (6)-Cormac Finnerty, Michael Green, Mike Kauffman, Kendrick Roach, Wesley Russell, Duane Ross. *Florida State* (2)-Kevin Crist, Jeff Bray. *Georgia Tech* (9)-Derek Mills, Oliver Martinez, Octavius Terry, Gregg Robeson, Ray Raparelli, Conrad Nichols, Derek Adkins, Julian Amedee, Ivry Atlee. *North Carolina* (5)-Andre Williams, Randy Jordan, Allen Johnson, Rubin Patel, Kevin Brown. *N.C. State* (5)-Anthony Riley, Neil Chance, James Davidson, Tyrell Taitt, Emmanuel Barnes-Smith. *Virginia* (1)-Mike Murphy. *Wake Forest* (1)-Andrew Bloom.
- 1994 *Clemson* (3)-Eric Lander, Duane Ross, Mike Kauffman. *Florida State* (9)-Tim Middlekoop, Kelsey Nash, Martin Reid, Anthony Washington, Phillip Riley, Mike Hampton, Marc Anderson, Jon Carter, Mark Grey. *Georgia Tech* (5)-Jonas Motiejunas, Ray Raparelli, Derek Mills, Conrad Nichols, Octavius Terry. *Maryland* (1)-Ed Condon. *North Carolina* (4)-Obaro Ibru, Shannon Pope, Kendrick Morgan, Leon Johnson. *N.C. State* (2)-Alvis Whitted, Sean Garland. *Virginia* (2)-Rob Cook, Mark Hammons. *Wake Forest* (2)-Andy Bloom, Brant Armentrout.
- 1995 *Clemson* (6)-Mitchell Francis, Davidson Gill, Eric Lander, Clarence Richards, Duane Ross, Tony Wheeler. *Florida State* (1)-Jon Carter. *Georgia Tech* (1)-Jeff Giesler. *North Carolina* (13)-Eric Bishop, Chad Black, Jerry Bright, Milton Campbell, Ken Harnden, Obaro Ibru, Jerry Ingram, Leon Johnson, Tony McCall, Kendrick Morgan, John Patterson, Shannon Pope, Maurice Smith. *N.C. State* (2)-Jose Gonzalez, Alvis Whitted. *Wake Forest* (7)-Brant Armentrout, Kyle Armentrout, Paul Kinser, Pat Phillips, Garrett Putman, Jon Russell, Warren Sherman.

Atlantic Coast Conference Honors

Year	ACC Meet MVP
1987	William Skinner, Maryland
1988	James Purvis, Georgia Tech
1989	Kevin Braunskill, N.C. State
1990	Philip Greyling, Clemson
1991	Ben Kurgat, Virginia
1992	Reggie Harris, North Carolina
1993	Michael Green, Clemson
1994	Phillip Riley, Florida State
1995	Alvis Whitted, N.C. State

Coach of the Year
Wade Williams, Clemson
Buddy Fowlkes, Georgia Tech
Bob Pollock, Clemson
Bob Pollock, Clemson
Dennis Craddock, North Carolina
Bob Pollock, Clemson
Bob Pollock, Clemson
Terry Long, Florida State
Dennis Craddock, North Carolina

ACC in NCAA Championships

Year	Team Finish	Place-Score	Year	Team Finish	Place-Score	Year	Team Finish	Place-Score
1970	Maryland	T9th-8	1982	Florida State●	T37th-4		Virginia	T32nd-6
1971	Duke	T14th-7		Clemson	T37th-4		North Carolina	T41st-4
	Maryland	T30th-3	1983	Georgia Tech	T32nd-4		Clemson	T44th-2
1972	North Carolina	T14th-6		Clemson	T41st-2		Georgia Tech	T51st-1
1973	North Carolina	5th-10	1984	Georgia Tech	T12-10	1992	Clemson	2nd-46
	Florida State●	T26th-4		N.C. State	T21st-8		North Carolina	7th-21
	Georgia Tech	T48th-1		Florida State●	T21st-8		Florida State	T21st-6
1974	Florida State●	T7th-8		Virginia	T39th-4		Georgia Tech	T21st-6
	North Carolina	T15th-6		Maryland	T46th-2		N.C. State	T42nd-1
	N.C. State	T48th-1	1985	Georgia Tech	T9th-14	1993	Clemson	2nd-30
1975	Florida State●	T14th-6		Virginia	T27th-6		Georgia Tech	7th-17
	Maryland	T20th-5		Clemson	54th-1/4		North Carolina	T9th-14
1976	Virginia	T20th-4	1986	Florida State●	T13th-10		N.C. State	T21st-9
	Florida State●	T20th-4		Maryland	T39th-2	1994	Clemson	24th-8
	N.C. State	T32nd-3		Georgia Tech	T39th-2		Florida State	24th-8
	North Carolina	T51st-1		North Carolina	T46th-1		Georgia Tech	24th-8
1977	N.C. State	20th-5	1987	Clemson	T18th-8	1995	Clemson	11th-19
	Maryland	T28th-3		Florida State●	T37th-4		North Carolina	11th-19
1978	Maryland	T6th-20		N.C. State	43rd-3		Florida State	T21st-10
	Florida State●	20th-11		Maryland	T50th-1		Georgia Tech	T29th-4
	North Carolina	T43rd-2	1988	N.C. State	6th-16	● Florida State had not joined the league yet.		
1979	Maryland	6th-22		Georgia Tech	T13th-10			
	Virginia	T22nd-8		Florida State●	T21st-8			
1980	Florida State●	T12th-11		North Carolina	T21st-8			
	Maryland	13th-10 1/2		Clemson	T51st-1			
	Clemson	T37th-4		Virginia	T51st-1			
1981	Virginia	T20th-8	1989	Clemson	8th-19			
	Duke	T37th-4		Virginia	T16th-10			
	Maryland	44th-3 1/3		N.C. State	T36th-4			
	Clemson	T48th-2	1990	Clemson	22nd-7			
	N.C. State	T48th-2		N.C. State	50th-1			
	North Carolina	T56th-1	1991	N.C. State	T14th-10			

NCAA Indoor Individual Champions

Year	Individual, School	Event	Mark	Host or Site
1965	Mike Cole, Maryland	Long Jump	25-1	Detroit
1965	Frank Costello, Maryland	High Jump	6-10	Detroit
1970	Jim Williamson, Maryland	Pole Vault	16-6	Detroit
1971	Bob Wheeler, Duke	1,000-Yard Run	2:07.4	Detroit
1973	Tony Waldrop, North Carolina	1,000-Yard Run	2:10.0	Detroit
1974	Danny Smith, Florida State	60-Yard Hurdles	7.0	Detroit
1974	Tony Waldrop, North Carolina	Mile Run	3:59.5	Detroit
1975	Danny Smith, Florida State	60-Yard Hurdles	7.0	Detroit
1978	Walter McCoy, Florida State	600-Yard Run	1:09.64	Detroit
1978	Renaldo Nehemiah, Maryland	60-Yard Hurdles	7.16	Detroit
1979	Renaldo Nehemiah, Maryland	60-Yard Hurdles	6.90●	Detroit
1980	Florida State (Reginald Ross, Mel Boodie, Palmer Simmons, Walter McCoy)	Mile Relay	3:16.64	Detroit
1984	Antonio McKay, Georgia Tech	400-Meter Dash	46.46	Syracuse, N.Y.
1988	James Purvis, Georgia Tech	55-Meter Hurdles	7.13	Oklahoma City, Okla.
1989	Paul Ereng, Virginia	800-Meter Run	1:47.45	Indianapolis, Ind.
1989	Clemson (Michael Radziwinski, Dave Wittman, Philip Greyling, Terrance Herrington)	3,200-Meter Relay	7:17.45●	Indianapolis, Ind.
1992	Michael Green, Clemson	55-Meter Dash	6.08	Indianapolis, Ind.
1992	Allen Johnson, North Carolina	55-Meter Hurdles	7.07●	Indianapolis, Ind.
1992	James Trapp, Clemson	200-Meter Dash	20.66	Indianapolis, Ind.
1993	Michael Green, Clemson	55-Meter Dash	6.15	Indianapolis, Ind.
1993	Wesley Russell, Clemson	400-Meter Dash	45.92	Indianapolis, Ind.
1993	Georgia Tech (Guy Robinson, Julian Amedee Derrick Adkins, Derek Mills)	1,600-Meter Relay	3:06.23	Indianapolis, Ind.
1995	Phillip Riley, Florida State	55-Meter Hurdles	7.10	Indianapolis, Ind.
1995	North Carolina (Tony McCall, Milton Campbell Henry McKoy, Ken Harnden)	4x400 Meter Relay	3:06.36	Indianapolis, Ind.

● denotes NCAA Championship record holders

- 1995 SUMMARY -

NORTH CAROLINA - ACC Champion & 8th Place NCAA Championships
 VIRGINIA - 40th Place NCAA Championships

9th Annual Championship Meet, Greensboro, N.C., Feb. 24-25

Team	Points	Team	Points
North Carolina	192	Florida State	41
Clemson	88	Maryland	22
Virginia	75	N.C. State	9
Georgia Tech	65	Duke	6
Wake Forest	48		

ATLANTIC COAST CONFERENCE CHAMPIONS: 55-Meter Dash-Simone Tomlinson, Clemson (6.89); 55-Meter Hurdles-Tasha Colander, North Carolina (7.77); 200-Meter Dash-Tasha Colander, North Carolina (24.093); 400-Meter Dash-Tiffany Weatherford, North Carolina (55.25); 800-Meter Run-Monique Hunt, North Carolina (2:13.59); 3000-Meter Run-Nicole Stevenson, Wake Forest (9:41.21); 5000-Meter Run-Susanna Matsen, North Carolina (17:02.51); One Mile Run-Beth Mallory, Georgia Tech (4:51.17); Distance Medley Relay-Georgia Tech (Stewart, Tucker, Lisska, Mallory) (11:53.70); 4x400 Relay-North Carolina (Morrison, Hunt, Dickson, Weatherford) (3:44.82); High Jump-Kim Jones, North Carolina (5'10½"); Long Jump-Rebecca Grube, Virginia (20'0¾"); Shot Put-Nicole Sims, Clemson (51'3½"); Triple Jump-Tyra Moore, North Carolina (42'5½").

ATLANTIC COAST CONFERENCE MEET MVP: Tasha Colander, North Carolina.

ATLANTIC COAST CONFERENCE COACH OF THE YEAR: Dennis Craddock, North Carolina.

ALL-ATLANTIC COAST CONFERENCE: Clemson (5)-Virginia Barnes, Mareike Rensing, Nicole Sims, Simone Tomlinson, Samantha Watt. Georgia Tech (5)-Linda Lisska, Beth Mallory, Be-Atrice Sams, Erin Stewart, Tahira Tucker. North Carolina (9)-Tasha Colander, Leigh Dickson, Kelly Donahoe, Monique Hunt, Kim Jones, Susanna Matsen, Pam Morrison, Tyra Moore, Tiffany Weatherford. Virginia (2)-Rebecca Grube, Nicole Kimbrough. Wake Forest (3)-Catrina Bindel, Cindy Moreshead, Nicole Stevenson.

NCAA MEET RESULTS (Indianapolis, Indiana, March 10-11): 1-Louisiana State (40); 2-UCLA (37); 3-Texas (32); 4-Arkansas and Villanova (31); 6-Pittsburgh (22); 7-Georgia (20); 8-Nebraska and North Carolina (19); 10-Wisconsin (18); T40-Virginia (3).

NCAA MEET RESULTS - Individual (Top Eight Finishers): 55-Meter Hurdles-2/Tasha Colander, North Carolina (7.57); Distance Medley Relay-5/North Carolina (11:21.77); High Jump-7/Kim Jones, North Carolina (5'11¼"); Long Jump-6/Rebecca Grube, Virginia (20'1½"); Triple Jump-4/Tyra Moore, North Carolina (42'11½").

NEW CONFERENCE INDOOR MEET RECORDS: No records broken.

1995 Top Individual Performers

55-M Dash: Simone Tomlinson, Clem . . . 6.85	3000-M Run: Mareike Rensing, Clem . . . 9:43.8	High Jump: Kim Jones, UNC 5-11¼
55-M Hurdles: Tasha Colander, UNC . . . 7.69	5000-M Run: Sharon Servidio, UVa . . . 17:16.58	Shot Put: Nicole Sims, Clem 49-9¼
200-M Dash: Tasha Colander, UNC . . . 24.32	Mile Relay: Florida State 3:43.34	
400-M Run: Monique Hennegan, UNC . . . 53.35	Distance Medley Relay: UNC 11:37.44	
800-M Run: Kerrie Bowes, Md. 2:11.05	Long Jump: Nicole Kimbrough, UVa . . . 20-7¼	
Mile Run: Beth Mallory, GaT 4:52.42	Triple Jump: Tyra Moore, UNC 42-2	

Annual Women's Indoor Track & Field Team Champions

Year	Team Champion	Head Coach	Runnerup	Meet Site
1987	Virginia	Fred Binggeli	North Carolina	Johnson City, Tenn.
1988	North Carolina	Dennis Craddock	Virginia	Johnson City, Tenn.
1989	North Carolina	Dennis Craddock	Clemson	Johnson City, Tenn.
1990	North Carolina	Dennis Craddock	Clemson	Johnson City, Tenn.
1991	North Carolina	Dennis Craddock	Clemson	Johnson City, Tenn.
1992	Clemson	Wayne Coffman	North Carolina	Johnson City, Tenn.
1993	North Carolina	Dennis Craddock	Clemson	Johnson City, Tenn.
1994	North Carolina	Dennis Craddock	Virginia	Greensboro, N.C.
1995	North Carolina	Dennis Craddock	Clemson	Greensboro, N.C.

Championships by School: North Carolina (7); Clemson (1), Virginia (1).

Championships by Coach: Dennis Craddock, North Carolina (7); Fred Binggeli, Virginia (1), Wayne Coffman, Clemson (1).

Atlantic Coast Conference Women's Indoor Track & Field Honors

Year	ACC Meet MVP	Coach of the Year
1987	Kathy Harrison, Georgia Tech	Fred Binggeli, Virginia
1988	Sharon Couch, North Carolina	Dennis Craddock, North Carolina
1989	Kim Austin, North Carolina	Wayne Coffman, Clemson
1990	Sharon Couch, North Carolina	Dennis Craddock, North Carolina
1991	Penny Blackwell, North Carolina	Dennis Craddock, North Carolina
1992	Kim Graham, Clemson and Marchelle Payne, Maryland	Wayne Coffman, Clemson
1993	Karen Hartmann, Clemson	Dennis Craddock, North Carolina
1994	Sheryl Covington, Florida State	Fred Binggeli, Virginia
1995	Tasha Colander, North Carolina	Dennis Craddock, North Carolina

ACC in NCAA Championships

Year	Team	Place-Score	Year	Team	Place-Score	Year	Team	Place-Score
1983	Virginia	T5th-17.25	1989	North Carolina	8th-17	1993	North Carolina	T21st-6
	Clemson	T10th-10		Maryland	22nd-6		Georgia Tech	T27th-4
	Florida State•	28th-4.25		Virginia	27th-4		Maryland	T27th-4
	N.C. State	T38th-1		N.C. State	T40th-1		Clemson	T33rd-3
		<i>Tina Krebs, Clem</i>	<i>1st-1000m run</i>	1990	North Carolina	24th-7		Virginia
1984	Florida State•	4th-16		Clemson	T41st-2	1994	Georgia Tech	T23rd-8
	Maryland	T7th-12		N.C. State	T41st-2		Virginia	T27th-7
	Virginia	T29th-4	1991	North Carolina	8th-21		Clemson	T29th-6
	N.C. State	T35th-2		N.C. State	T11th-12		North Carolina	T39th-3
1985	Florida State•	1st-34		Clemson	T35th-1	1995	North Carolina	T8th-19
	Clemson	12th-16	1992	Georgia Tech	T7th-18		Virginia	T40th-3
	Virginia	T25th-6		Clemson	T22nd-8	NCAA Championship Record Holders		
	<i>Tina Krebs, Clem</i>	<i>1st-1500-m run</i>			North Carolina			
		<i>Michelle Finn, FSU</i>		<i>1st-55-m dash</i>		N.C. State	T26th-6	1983:
	<i>Esmeralda Garcia, FSU</i>	<i>1st-triple jump</i>		Maryland	T31st-4	1985:	<i>Tina Krebs, Clem, 1500-meter run, 4:17.85</i>	
1986	Florida State•	1st-34		Virginia	T40th-1	<i>Italics denote individual champion.</i> •Florida State had not joined the league yet.		
	Clemson	12th-16		<i>Natasha Alleyne, GaT</i>	<i>1st-high jump</i>			
	Virginia	T24th-6						
1987	Virginia	9th-16						
	Florida State•	T16th-8						
1988	North Carolina	T18th-6						

Italics denote individual champion.

*Florida State had not joined the league yet.

Women's Indoor Track & Field Records

Event	Time/Distance	Record Holder, School	Year
55-Meter Dash	6.86	- Kendra Mackey, North Carolina	1991
55-Meter Hurdles	7.63	- Sharon Couch, North Carolina	1991
200-Meter Dash	23.59	- Kim Graham, Clemson	1992
400-Meter Dash	53.43	- Nelrae Pasha, Georgia Tech	1992
800-Meter Run	2:06.62	- Rebecca Russell, North Carolina	1992
One-Mile Run	4:42.92	- Rosalind Taylor, Maryland	1989
3,000-Meter Run	9:25.35	- Katrina Price, N.C. State	1991
5,000-Meter Run	15:55.26	- Laurie Gomez, N.C. State	1991
1,600 Meter Relay	3:39.91	- Georgia Tech (Jones, O'Neal, Dempsey, Pasha)	1982
3,200 Meter Relay	8:38.71	- North Carolina (Stallings, McCaskill, Hunt, Morrison)	1993
Distance Medley Relay	11:48.46	- Clemson (Barnes, Avery, Engel, Rassing)	1994
High Jump	1.89m/6-2 1/4	- Natasha Alleyne, Georgia Tech	1992
Long Jump	6.45m/21-2	- Trinette Johnson, Florida State	1993
Triple Jump	13.34m/43-9 1/4	- Marchelle Payne, Maryland	1992
Shot Put	15.65m/51-4 1/4	- Kelly Bodiford, Virginia	1991

- Discontinued Events -

60-Yard Dash	6.84	- Kathy Harrison, Georgia Tech	1991
60-Yard Hurdles	7.88	- Kim Austin, North Carolina	1987
600-Yard Run	1:20.03	- Mia Pollard, North Carolina	1987
1,000-Yard Run	2:29.32	- Shelly McBride, Virginia	1987
Two-Mile Run	10:01.47	- Ute Jamrozky, Clemson	1987

Championship Meet Results

1987	1988	1989	1990	1991	1992
Virginia 132	North Carolina 172	North Carolina 143	North Carolina 177	North Carolina 150	Clemson 107
North Carolina 85	Virginia 69	Clemson 83	Clemson 92	Clemson 120	North Carolina 95
Maryland 57	Maryland 58	Virginia 55	Virginia 54	Virginia 74	Virginia 71
Georgia Tech 35	Clemson 36	N.C. State 50	Georgia Tech 41	N.C. State 26	Georgia Tec 57
N.C. State 22	Georgia Tech 29	Georgia Tech 49	Maryland 25	Georgia Tech 22	Florida State 52
Clemson 22	Wake Forest 20	Maryland 38	N.C. State 22	Wake Forest 15	N.C. State 33
Wake Forest 10	N.C. State 14	Wake Forest 12	Wake Forest 15	Maryland 14	Maryland 12
Duke 8	Duke 3	Duke 4	Duke 7	Duke 2	Wake Forest 7
					Duke 0
1993	1994	1995			
North Carolina 142	North Carolina 152	North Carolina 192			
Clemson 136.5	Virginia 112	Clemson 88			
Florida State 77	Clemson 92.5	Virginia 75			
Virginia 51.5	Florida State 76.5	Georgia Tech 65			
Georgia Tech 48	Georgia Tech 57	Wake Forest 48			
Wake Forest 44	Wake Forest 37	Florida State 41			
N.C. State 25	Duke 8	Maryland 22			
Maryland 19	Maryland 8	N.C. State 9			
Duke 3	N.C. State 2	Duke 6			

All-Conference Teams

1987	Clemson (2)-Ute Jamrozy, Jeannie Burris. Georgia Tech (1)-Kathy Harrison. Maryland (3)-Rosalind Taylor, Carla Brown, Monica Kuhn. North Carolina (6)-Leah Ann Miller, Mia Pollard, Vicki Verinder, Kim Austin, Jill Irizarry, Carol Chambers. N.C. State (1)-Janet Smith. Virginia (8)-Sandy Schuler, Latanya Wynn, Michele Johnson, Cathron Birge, Sonja Fridy, Charlene Hinton, Michelle Rowen, Julie Sandy.	1992	Clemson (6)-Monique Everett, Angel Fleetwood, Monyetta Haynesworth, Karen Hartmann, Kim Graham, Angela Dolby. Florida State (3)-Patrice Verdun, Trinetta Johnson, Sheryl Covington. Georgia Tech (5)-Shellie O'Neal, Janeen Jones, Nelrae Pasha, Natasha Alleyne, Audrey Dempsey. Maryland (1)-Marchelle Payne. North Carolina (4)-Tisha Waller, Rebecca Russell, Ayo Atterberry, Lynda Lipson. N.C. State (3)-Laurie Gomez-Henes, Francine Dumas, Kim Dean. Virginia (5)-Jen Garvin, Claire Forbes, Michelle Samuels, Lara Drauglis, Kim Liggins.
1988	Clemson (2)-Ute Jamrozy, Jeannie Burris. Georgia Tech (1)-Bridget Koster. Maryland (2)-Rosalind Taylor, Carla Brown. North Carolina (9)-Monica Witterholt, Shelby Moorman, Mia Pollard, Kendra Mackey, Kim Austin, Sharon Couch, Michelle Faherty, Jill Irizarry, Kari Krehnbrink. N.C. State (1)-Chavonda Jacobs. Virginia (3)-Latanya Wynn, Charlene Hinton, Robin Landes. Wake Forest (1)-Jennifer Rioux.	1993	Clemson (9)-Treshell Mayo, Karen Hartmann, Monyetta Haynesworth, Imke Kohler, Tonya McKelvey, Kim Graham, Mareike Rassing, Sheryl Covington, Tonya Avery. Florida State (1)-Trinetta Johnson. Georgia Tech (2)-Janeen Jones, Nelrae Pasha. Maryland (1)-Marchelle Payne. North Carolina (5)-Lynda Lipson, Ayo Atterberry, Andrea Green, Angela Boice, Ingrid Hantho. N.C. State (2)-Kelly Cook, Heather Hollis. Virginia (1)-Sherry Gould. Wake Forest (5)-Kate Weber, Nicole Stevenson, Cynthia Moreshead, Kelly Clarke, Molly Pancake.
1989	Clemson (3)-Angela Dolby, Jeannie Burris, Lisa Dillard. Georgia Tech (4)-Anne Ylipahkala, Bridget Koster, Shellie O'Neal, Michelle Linihan. Maryland (1)-Rosalind Taylor. North Carolina (6)-Sonya Thomas, Kim Austin, Sharon Couch, Rebecca Russell, Kendra Mackey, Mia Pollard. N.C. State (3)-Janet Smith, Chavonda Jacobs, Katrina Price. Virginia (1)-Dana Boone. Wake Forest (1)-Seana Arnold.	1994	Clemson (8)-Nicole Sims, Mareike Rassing, Tonya McKelvey, Christine Engel, Courtney Singleton, Pam Ketter, Virginia Q. Barnes, Tonya Avery. Florida State (5)-Radhiya Teagle, Erica Shepard, Indy Henry, Sheryl Covington, Myriam Charles. Georgia Tech (3)-Tracey Harrell, Colleen Stroud, Janeen Jones. North Carolina (6)-Karen Godlock, Ingrid Hantho, Tyra Moore, Andrea Green, Susanna Matsen, Ayo Atterberry. Virginia (5)-Rebecca Grube, Michelle Samuels, Pam Lemons, Bernarda Gras, Sherry Gould. Wake Forest (1)-Mia Richardson.
1990	Clemson (4)-Jeannie Burris, Angela Dolby, Anne Evans, Lisa Dillard. Georgia Tech (3)-Nelrae Pasha, Shellie O'Neal, Anne Ylipahkala. North Carolina (12)-Mia Pollard, Cammie Putman, Tisha Waller, Euba Wilkerson, Rebecca Russell, Kendra Mackey, Jane Boulter, Leslie McCaskill, Sharon Couch, Penny Blackwell, Kim Austin, Kari Krehnbrink. N.C. State (1)-Katrina Price. Virginia (2)-Dana Boone, Claire Forbes. Wake Forest (1)-Mary Powell.	1995	Clemson (5)-Virginia Barnes, Mareike Rassing, Nicole Sims, Simone Tomlinson, Samantha Watt. Georgia Tech (5)-Linda Lisska, Beth Mallory, Be-Atrice Sams, Erin Stewart, Tahira Tucker. North Carolina (9)-Tasha Colander, Leigh Dickson, Kelly Donahoe, Monique Hunt, Kim Jones, Susanna Matsen, Pam Morrison, Tyra Moore, Tiffany Weatherford. Virginia (2)-Rebecca Grube, Nicole Kimbrough. Wake Forest (3)-Catrina Bindel, Cindy Moreshead, Nicole Stevenson.
1991	Clemson (7)-Lisa Dillard, Angela Dolby, Ane Skak, Angel Fleetwood, Kim Graham, Marcia Fletcher, Anne Evans. Georgia Tech (1)-Shellie O'Neal. North Carolina (13)-Jeanne Peterson, Kendra Mackey, Euba Wilkerson, Rebecca Russell, Sonya Thomas, Tisha Waller, Ayo Atterberry, Penny Blackwell, Mel Benner, Sharon Couch, Michelle Faherty, Nicky Hudson, Andrea Green. N.C. State (2)-Laurie Gomez, Katrina Price. Virginia (2)-Kelly Bodiford, Claire Forbes.		

Individual Champions

55-Meter Dash

1988	Kendra Mackey, UNC	7.06
1989	Lisa Dillard, Clem.	6.91
1990	Lisa Dillard, Clem.	6.88
1991	Kim Graham, Clem.	6.91
1992	Kim Graham, Clem.	6.91
1993	Sheryl Covington, FSU	6.91
1994	Sheryl Covington, FSU	6.95
1995	Simone Tomlinson, Clem	6.89

200-Meter Dash

1988	Kendra Mackey, UNC	24.46
1989	Kendra Mackey, UNC	24.05
1990	Kendra Mackey, UNC	23.79
1991	Kim Graham, Clem.	23.78
1992	Kim Graham, Clem.	23.59
1993	Kim Graham, Clem.	23.67
1994	Sheryl Covington, FSU	24.07
1995	Tasha Colander, UNC	24.093

400-Meter Dash

1988	Shelby Moorman, UNC	55.69
1989	Sonya Thomas, UNC	54.81
1990	Rebecca Russell, UNC	53.81
1991	Angel Fleetwood, Clem.	54.44
1992	Nelrae Pasha, GaT	53.43
1993	Nelrae Pasha, GaT	53.74
1994	Janeen Jones, GaT	55.49
1995	Tiffany Weatherford, UNC	55.25

800-Meter Run

1988	Michelle Faherty, UNC	2:09.30
1989	Rosalind Taylor, Md.	2:10.53
1990	Mia Pollard, UNC	2:09.97
1991	Ane Skak, Clem.	2:07.14
1992	Rebecca Russell, UNC	2:06.62
1993	Karen Hartmann, Clem.	2:07.92
1994	Mia Richardson, WF	2:12.12
1995	Monique Hunt, UNC	2:13.59

One-Mile Run

1987	Michelle Rowen, UVa	4:44.71
1988	Rosalind Taylor, Md.	4:45.19
1989	Rosalind Taylor, Md.	4:46.04
1990	Claire Forbes, UVa	4:49.48
1991	Michelle Faherty, UNC	4:51.26
1992	Karen Hartmann, Clem.	4:44.49
1993	Karen Hartmann, Clem.	4:51.26
1994	Colleen Stroud, GaT	4:56.63
1995	Beth Mallory, GaT	4:51.17

3000-Meter Run

1988	Jennifer Rioux, WF	9:28.08
1989	Seana Arnold, WF	9:46.28
1990	Anne Evans, Clem.	9:48.54
1991	Katrina Price, NCS	9:25.35
1992	Claire Forbes, UVa	9:43.06
1993	Mareike Rassing, Clem.	9:39.45
1994	Susanna Matsen, UNC	9:37.32
1995	Nicole Stevenson, WF	9:41.21

5000-Meter Run

1989	Janet Smith, NCS	16:09.92
1990	Katrina Price, NCS	17:01.50
1991	Laurie Gomez, NCS	15:55.26
1992	Laurie Gomez-Henes, NCS	16:05.85
1993	Heather Hollis, NCS	17:00.94
1994	Tracey Harrell, GaT	16:50.78
1995	Susanna Matsen, UNC	17:02.51

Distance Medley Relay

1994	Clemson	11:48.46
1995	Georgia Tech	11:53.70

Mile Relay

1987	Virginia	3:41.10
1988	North Carolina	3:47.73
1989	North Carolina	3:44.62
1990	North Carolina	3:44.37
1991	North Carolina	3:41.99
1992	Georgia Tech	3:39.91
1993	Clemson	3:44.35
1994	Florida State	3:50.36
1995	North Carolina	3:44.82

55-Meter High Hurdles

1988	Sharon Couch, UNC	7.89
1989	Kim Austin, UNC	7.79
1990	Sharon Couch, UNC	7.65
1991	Sharon Couch, UNC	7.63
1992	Monique Everett, Clem.	7.74
1993	Ayo Atterberry, UNC	7.78
1994	Ayo Atterberry, UNC	7.95
1995	Tasha Colander, UNC	7.77

High Jump

1987	Monica Kuhn, Md.	5-6
1988	Robin Landes, UVa	5-11 $\frac{1}{4}$
1989	Chavonda Jacobs, NCS	5-9 $\frac{1}{4}$
1990	Tisha Waller, UNC	5-8 $\frac{3}{4}$
1991	Tisha Waller, UNC	6-2
1992	Natasha Alleyne, GaT	6-2 $\frac{1}{4}$
1993	Sherry Gould, UVa	6-0
1994	Sherry Gould, UVa	6-0
1995	Kim Jones, UNC	5-10 $\frac{1}{2}$

Long Jump

1987	Kathy Harrison, GaT	20-4 $\frac{1}{4}$
1988	Sharon Couch, UNC	20-6 $\frac{1}{4}$
1989	Dana Boone, UVa	20-9 $\frac{1}{4}$
1990	Penny Blackwell, UNC	42-5 $\frac{1}{2}$
1991	Penny Blackwell, UNC	20-10 $\frac{3}{4}$
1992	Monyetta Haynesworth, Clem.	20-5
1993	Trinette Johnson, FSU	21-2
1994	Tonya McKelvey, Clem	20-0 $\frac{1}{4}$
1995	Rebecca Grube, UVa	20- $\frac{3}{4}$

Triple Jump

1987	Latanya Wynn, UVa	40-4 $\frac{1}{4}$
1988	Latanya Wynn, UVa	39-8
1989	Kim Austin, UNC	42-0 $\frac{1}{2}$
1990	Kim Austin, UNC	41-10 $\frac{1}{2}$
1991	Penny Blackwell, UNC	42-5 $\frac{1}{2}$
1992	Marchelle Payne, Md.	43-9 $\frac{1}{4}$
1993	Marchelle Payne, Md.	42-0 $\frac{3}{4}$
1994	Tyra Moore, UNC	41-8
1995	Tyra Moore, UNC	42-5 $\frac{1}{2}$

Shot Put

1987	Jeannie Burris, Clem.	42-4 $\frac{1}{4}$
1988	Jeannie Burris, Clem.	44-6
1989	Jeannie Burris, Clem.	47-9 $\frac{3}{4}$
1990	Angela Dolby, Clem.	48-0 $\frac{3}{4}$
1991	Kelly Bodiford, UVa	51-4 $\frac{1}{4}$
1992	Lynda Lipson, UNC	48-4 $\frac{1}{2}$
1993	Lynda Lipson, UNC	47-2 $\frac{1}{4}$
1994	Ingrid Hantho, UNC	45-10 $\frac{3}{4}$
1995	Nicole Sims, Clem	51-3 $\frac{1}{2}$

DISCONTINUED EVENTS

60-Yard Dash

1987	Sonja Fridy, UVa	6.87
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600-Yard Run

1987	Mia Pollard, UNC	1:20.56
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1000-Yard Run

1987	Rosalind Taylor, Md.	2:31.79
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Two-Mile Run

1987	Ute Jamrozky, Clem.	10:01.47
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60-Yard Hurdles

1987	Kim Austin, UNC	7.89
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Two-Mile Relay

1987	North Carolina	9:00.49
1988	North Carolina	9:02.99
1989	Georgia Tech	8:54.81
1990	North Carolina	9:07.63
1991	North Carolina	8:56.06
1992	Virginia	8:53.19
1993	Wake Forest	8:54.50

Women's Championship Meet Participation (1987-1995)

School	Years	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	Champions
Clemson	(9) 1987-1995	1	5	1	1	0	1	0	0	0	26
Duke	(9) 1987-1995	0	0	0	0	0	0	1	5	3	0
Florida State	(4) 1992-1995	0	0	1	1	1	1	0	0	0	5
Georgia Tech	(9) 1987-1995	0	0	0	4	5	0	0	0	0	11
Maryland	(9) 1987-1995	0	0	2	0	1	1	3	2	0	7
North Carolina	(9) 1987-1995	7	2	0	0	0	0	0	0	0	48
N.C. State	(9) 1987-1995	0	0	0	2	1	2	2	1	1	7
Virginia	(9) 1987-1995	1	2	5	1	0	0	0	0	0	14
Wake Forest	(9) 1987-1995	0	0	0	0	1	4	3	1	0	45

Women's Individual & Relay Champions By Event & School (1987-1995)

Event	Years	Clem	Duke	FSU	GaT	Md	UNC	NCS	UVa	WF
55 Meters	(8) 1988-1995	5	0	2	0	0	1	0	0	0
200 Meters	(8) 1988-1995	3	0	1	0	0	4	0	0	0
400 Meters	(8) 1988-1995	1	0	0	3	0	4	0	0	0
800 Meters	(8) 1988-1995	2	0	0	0	1	4	0	0	1
Mile Run	(9) 1987-1995	2	0	0	2	2	1	0	2	0
3000 Meters	(8) 1988-1995	2	0	0	0	0	1	1	1	3
5000 Meters	(7) 1989-1995	0	0	0	1	0	1	5	0	0
55-Meter Hurdles	(8) 1988-1995	1	0	0	0	0	7	0	0	0
High Jump	(9) 1987-1995	0	0	0	1	1	3	1	3	0
Long Jump	(9) 1987-1995	2	0	1	1	0	3	0	2	0
Triple Jump	(9) 1987-1995	0	0	0	0	2	5	0	2	0
Shot Put	(9) 1987-1995	5	0	0	0	0	3	0	1	0
Mile Relay	(9) 1987-1995	1	0	0	1	0	5	0	1	0
Distance Medley Relay ..	(2) 1994-1995	1	0	0	1	0	0	0	0	0
Discontinued Championship Events										
60-Yard Dash	(1) 1987	0	0	0	0	0	0	0	1	0
600-Yard Run	(1) 1987	0	0	0	0	0	1	0	0	0
1000-Yard Run	(1) 1987	0	0	0	0	1	0	0	0	0
Two-Mile Run	(1) 1987	1	0	0	0	0	0	0	0	0
60-Yard Hurdles	(1) 1987	0	0	0	0	0	1	0	0	0
Two-Mile Relay	(7) 1987-1993	0	0	0	1	0	4	0	1	1
Totals	(9) 1987-1995	26	0	5	11	7	48	7	14	5

- 1995 SUMMARY -

NORTH CAROLINA - ACC Champion & 7th Place NCAA Championships

CLEMSON - T10th Place NCAA Championships

WAKE FOREST - T19th Place NCAA Championships

GEORGIA TECH - T28th Place NCAA Championships

N.C. STATE - 46th Place NCAA Championships

FLORIDA STATE - T47th Place NCAA Championships

42nd Annual Championship Meet, Winston-Salem, N.C., April 21-22

Team	Points	Team	Points
North Carolina	164	Virginia	61
Wake Forest	133	Georgia Tech	54
Clemson	124.5	Duke	36
Florida State	98	Maryland	15.5
N.C. State	85		

ATLANTIC COAST CONFERENCE CHAMPIONS: 100-Meter Dash-Tony McCall, North Carolina (10.45); 200-Meter Dash-Tony Wheeler, Clemson (20.36); 400-Meter Dash-Milton Campbell, North Carolina (45.99); 800-Meter Run-Warren Sherman, Wake Forest (1:49.99); 1500-Meter Run-Miles Hall, Duke (3:50.45); 5000-Meter Run-Kyle Armentrout, Wake Forest (14:29.32); 10,000-Meter Run-Kyle Armentrout, Wake Forest (30:43.67); 110-Meter Hurdles-Duane Ross, Clemson (13.89); 400-Meter Hurdles-Ken Harnden, North Carolina (49.76); 3,000-Meter Steeplechase-Steve Guerrini, Wake Forest (9:04.15); 400-Meter Relay-North Carolina (Black, McCall, Campbell, Johnson) (39.02); 4x400-Meter Relay-Clemson (Francis, Thomas, Hines, Wheeler) (3:05.16); Long Jump-Eric Bowers, Georgia Tech (25'5 1/4"); Triple Jump-Kendrick Morgan, North Carolina (53'2 3/4"); Shot Put-Andy Bloom, Wake Forest (60'10 3/4"); Discus-Andy Bloom, Wake Forest (208'3"); Javelin-Justin Johnston, Florida State (217'11"); High Jump-Jeff Kluttz, North Carolina (7'3 1/4"); Pole Vault-Shannon Pope, North Carolina (16'6 3/4"); Decathlon-John Anderson, Virginia (6814).

ATLANTIC COAST CONFERENCE MEET MVP: Andy Bloom, Wake Forest.

ATLANTIC COAST CONFERENCE COACH OF THE YEAR: John Goodridge, Wake Forest.

ALL-ATLANTIC COAST CONFERENCE: Clemson (9) Mitchel Francis, David Hartzler, Greg Hines, Todd Holliday, Enayat Oliver, Duane Ross, Shawn Thomas, John Thorp, Tony Wheeler, Duke (1) Miles Hall, Florida State (6) Mark Anderson, Lou Angelo, Ryan Carson, Jon Carter, Justin Johnston, Tim Middlekoop, Georgia Tech (3) Eric Bowers, George Darden, Octavius Terry, Maryland (1) Brian Montgomery, North Carolina (7) Chad Black, Milton Campbell, Ken Harnden, Curtis Johnson, Jeff Kluttz, Tony McCall, Kendrick Morgan, N.C. State (3) Emmanuel Barnes, Neil Chance, Jason Perry, Virginia (1) John Anderson, Wake Forest (7) Kyle Armentrout, Andy Bloom, Eric Dunn, Steve Guerrini, Pat Phillips, Jon Russell, Warren Sherman.

NCAA MEET RESULTS - Team (Knoxville, Tenn., May 31-June 3): 1-Arkansas (61.5), 2-UCLA (55), 3-Louisiana State (38), 4-Southern Cal (35), 5-Tennessee (31), 6-George Mason (28), 7-North Carolina (26.5), T8-Baylor and Rice (26), T10-Georgia and Clemson (25), 12-UTEP (24), T13-Texas and TCU (19), 15-Arizona (18), 16-Kentucky (17), 17-Iowa State (15), 18-Florida (14), T19-Wake Forest, SW Texas State, Michigan, Iowa, Alabama and Houston (11), T28-Georgia Tech (8), 46-N.C. State (5.5), T47-Florida State (5).

NCAA MEET RESULTS - INDIVIDUAL (Top Eight Finishers): 100-Meter Dash-6/Tony McCall, UNC (10.27), T7/Jon Carter, FSU (10.32), 200-Meter Dash-4/Tony McCall, UNC (20.52), 6/Tony Wheeler, Clem (20.64), Men's 800-Meter Run-6/Warren Sherman, WFU (1:48.49), 110-Meter Hurdles-1/Duane Ross, Clem (13.32), 400-Meter Hurdles-1/Ken Harnden, UNC (48.72), 2/Octavius Terry, GaT (49.25), 5/Mitchel Francis, Clem (49.99), 4x100-Meter Relay-5/Clemson (39.28), 6/North Carolina (39.30), 4x400-Meter Relay-7/Brian Montgomery, North Carolina (3:07.38), High Jump-3/Omarr Dixon, NCS (7'2 1/4"); 5/John Thorp, Clem (7'2 1/4"); 8/Jeff Kluttz, UNC (7'2 1/4"); Pole Vault-8/Shannon Pope, UNC (17'4 1/2"); Triple Jump-7/Kendrick Morgan, UNC (52'9 3/4"); Discus Throw-2/Andy Bloom, WFU (191'8"); Javelin Throw-6/Justin Johnston, FSU (230'8").

NEW CONFERENCE MEET RECORDS: 200-Meter Dash-20.36 by Tony Wheeler, Clem (old record: 20.37 by Renaldo Nehemiah, Md, 1979), 4x100 Meter Relay-39.02 by North Carolina (Black, McCall, Campbell, Johnson) (old record: 39.14 by Clemson, 1991), High Jump-7'3 1/4" by Jeff Kluttz, UNC (old record: 7'2 1/2" by Mike Pasquozzo, Md and Victor Smalls, Clem, 1984), Discus-208'3" by Andy Bloom, WFU (old record: 189'9" by Alan Baginski, Md, 1982).

NEW CONFERENCE RECORDS: 4x100 Meter Relay-39.02 by North Carolina (Black, McCall, Campbell, Johnson) (old record: 39.07 by N.C. State, 1989), Discus-208'3" by Andy Bloom, WFU (old record: 203'4" by Jack Harkness, Clem, 1982).

ACC PERFORMERS OF THE WEEK: M28-Carlton Chambers, Clem and Andy Bloom, WFU; A4-Tony McCall, UNC; A11-Ken Harnden, UNC.

1995 Top Individual Performers

100-M Dash: Tony McCall, UNC	10.18	110-M Hurdles: Duane Ross, Clem	13.32	Shot Put: Andy Bloom, WFU	60'10 3/4"
200-M Dash: Tony Wheeler, Clem	20.36	400-M Hurdles: Ken Harnden, UNC	48.72	Pole Vault: Shannon Pope, UNC	17-9
400-M Dash: Milton Campbell, UNC	45.84	400-M Relay: North Carolina	39.02	Discus: Andy Bloom, WFU	208-3
800-M Run: Warren Sherman, WF	1:48.22	1600-M Relay: North Carolina	3:04.70	Javelin: Justin Johnston, FSU	231-5
1500-M Run: Eric Dunn, WF	3:49.19	High Jump: Jeff Kluttz, UNC	7-3 1/4"	Decathlon: John Anderson, UVA	6814
3000-M SC: Steve Guerrini, WF	8:52.60	Long Jump: Eric Bowers, GaT	26-1 1/4"		
5000-M Run: Patrick Joyce, NCS	14:23.5	Triple Jump: Kendrick Morgan, UNC	54-4 1/2"		
10,000-M Run: Kyle Armentrout, WF	29:21.34				

Annual Men's Outdoor Track & Field Team Champions

Year	Team Champion	Head Coach	Runnerup	Meet Site
1954	Maryland	Jim Kehoe	North Carolina	College Park, Md.
1955	North Carolina	Dale Ranson	Maryland	Chapel Hill, N.C.
1956	Maryland	Jim Kehoe	Duke	Durham, N.C.
1957	Maryland	Jim Kehoe	North Carolina	Chapel Hill, N.C.
1958	Maryland	Jim Kehoe	Duke	Durham, N.C.
1959	Maryland	Jim Kehoe	Duke	Columbia, S.C.
1960	Maryland	Jim Kehoe	Duke	College Park, Md.
1961	Maryland	Jim Kehoe	North Carolina	Durham, N.C.
1962	Maryland	Jim Kehoe	North Carolina	Columbia, S.C.
1963	Maryland	Jim Kehoe	Duke	Chapel Hill, S.C.
1964	Maryland	Jim Kehoe	Clemson	College Park, Md.
1965	Maryland	Jim Kehoe	Clemson	Raleigh, N.C.
1966	Maryland	Jim Kehoe	South Carolina	Columbia, S.C.
1967	Maryland	Jim Kehoe	N.C. State	Durham, N.C.
1968	Maryland	Jim Kehoe	South Carolina	Chapel Hill, N.C.
1969	Maryland	Jim Kehoe	South Carolina	Durham, N.C.
1970	Maryland	Nick Kovalakides	South Carolina	Raleigh, N.C.
1971	Maryland	Nick Kovalakides	South Carolina	Columbia, S.C.
1972	Maryland	Nick Kovalakides	North Carolina	Charlottesville, Va.
1973	Maryland	Nick Kovalakides	Duke	Raleigh, N.C.
1974	Maryland	Nick Kovalakides	North Carolina	Chapel Hill, N.C.
1975	Maryland	Frank Costello	N.C. State	Raleigh, N.C.
1976	Maryland	Frank Costello	N.C. State	Durham, N.C.
1977	Maryland	Frank Costello	North Carolina	Charlottesville, Va.
1978	Maryland	Frank Costello	N.C. State	Clemson, S.C.
1979	Maryland	Frank Costello	Virginia	Chapel Hill, N.C.
1980	Clemson	Sam Colson	Maryland	Raleigh, N.C.
1981	Maryland	Stan Pitts	N.C. State	Durham, N.C.
1982	N.C. State	Tom Jones	—	Charlottesville, Va.
	Clemson	Sam Colson		
1983	N.C. State	Tom Jones	Clemson	Clemson, S.C.
1984	N.C. State	Tom Jones	Virginia	Chapel Hill, N.C.
1985	N.C. State	Rollie Geiger	Clemson	Raleigh, N.C.
1986	N.C. State	Rollie Geiger	Clemson	Chapel Hill, N.C.
1987	N.C. State	Rollie Geiger	Clemson	Atlanta, Ga.
1988	N.C. State	Rollie Geiger	North Carolina	Durham, N.C.
1989	Clemson	Bob Pollock	N.C. State	Charlottesville, Va.
1990	Clemson	Bob Pollock	N.C. State	Clemson, S.C.
1991	Clemson	Bob Pollock	N.C. State	Chapel Hill, N.C.
1992	North Carolina	Dennis Craddock	Clemson	Tallahassee, Fla.
1993	Clemson	Bob Pollock	North Carolina	Chapel Hill, N.C.
1994	North Carolina	Dennis Craddock	Florida State	Raleigh, N.C.
1995	North Carolina	Dennis Craddock	Wake Forest	Winston-Salem, N.C.

Championships by School: Maryland (26); N.C. State (6-1); Clemson (5-1); North Carolina (4). (Outright-Shared)

Championships by Coach: Jim Kehoe, Md. (15); Frank Costello, Md. (5); Nick Kovalakides, Md. (5); Rollie Geiger, NCS (4); Bob Pollock, Clem. (4); Tom Jones (2-1); Sam Colson, Clem. (1-1); Stan Pitts, Md. (1); Dennis Craddock, UNC (3); Dale Ranson, UNC (1). (Outright-Shared)

Championship Meet Results

1954		1955		1956		1957		1958	
Maryland	59.20	North Carolina	55.25	Maryland	71	Maryland	83.50	Maryland	72.50
North Carolina	57.70	Maryland	54	Duke	36.20	North Carolina	47.50	Duke	44
Duke	42.90	Duke	37	North Carolina	32.90	Duke	32.50	North Carolina	37
South Carolina	35.20	South Carolina	28.25	Clemson	25.50	South Carolina	24.50	South Carolina	24
Virginia	16.50	Virginia	16.50	South Carolina	25.20	Virginia	23.50	Clemson	23
Clemson	6.50	Clemson	16	Virginia	20.50	Clemson	13	Virginia	22.50
N.C. State	5.00	N.C. State	13	N.C. State	8.70	N.C. State	.50	N.C. State	2
		Wake Forest	5	Wake Forest	5	Wake Forest	0	Wake Forest	0
1959		1960		1961		1962		1963	
Maryland	106.50	Maryland	98	Maryland	82.50	Maryland	77.50	Maryland	100.50
Duke	37	Duke	40	North Carolina	44.50	North Carolina	43	Duke	46
North Carolina	30	North Carolina	28.50	Duke	40	Duke	34	North Carolina	43.50
South Carolina	20	South Carolina	20	South Carolina	21	South Carolina	28	Clemson	37
Clemson	12.70	Clemson	19.50	Clemson	21	Clemson	26	South Carolina	13
Virginia	8.75	Virginia	16	Virginia	16	Virginia	22	Virginia	7
N.C. State	6	Wake Forest	2	N.C. State	0	Wake Forest	2.50	Wake Forest	6
Wake Forest	3	N.C. State	1	Wake Forest	0	N.C. State	2	N.C. State	2
1964		1965		1966		1967		1968	
Maryland	95	Maryland	95	Maryland	103	Maryland	98	Maryland	134
Clemson	61	Clemson	38	South Carolina	54	N.C. State	37	South Carolina	31
North Carolina	41	North Carolina	35	North Carolina	23	Clemson	29	Clemson	31
South Carolina	23	South Carolina	32	Duke	19	South Carolina	28	North Carolina	28
Duke	17	Duke	20	N.C. State	17	North Carolina	26	Duke	19
Virginia	8	N.C. State	17	Clemson	15	Duke	18	Virginia	18
N.C. State	6	Wake Forest	10	Wake Forest	14	Virginia	13	N.C. State	10
Wake Forest	4	Virginia	8	Virginia	10	Wake Forest	6	Wake Forest	1
1969		1970		1971		1972		1973	
Maryland	117.50	Maryland	89	Maryland	71	Maryland	104.50	Maryland	110.50
South Carolina	50.50	South Carolina	47	South Carolina	66	North Carolina	44.50	Duke	63
Duke	35	Clemson	37	Duke	41	Duke	39	N.C. State	45
North Carolina	28	North Carolina	31	North Carolina	40	Clemson	35	North Carolina	39
Clemson	19	Duke	30	Virginia	30	Virginia	34	Virginia	21
Virginia	14	Wake Forest	15	Clemson	24	N.C. State	20	Clemson	18.50
N.C. State	7	N.C. State	12	N.C. State	16	Wake Forest	11	Wake Forest	7
Wake Forest	1	Virginia	11	Wake Forest	0				
1974		1975		1976		1977		1978	
Maryland	127	Maryland	105.50	Maryland	124.50	Maryland	208	Maryland	182.50
North Carolina	52	N.C. State	67.50	N.C. State	57.50	North Carolina	105	N.C. State	121
N.C. State	49	Clemson	48	Duke	35	N.C. State	83	Virginia	84
Duke	41	Duke	33	North Carolina	33	Virginia	74	North Carolina	78
Clemson	13	North Carolina	28	Clemson	30	Clemson	62	Clemson	58.50
Wake Forest	12	Virginia	20	Virginia	24	Duke	46	Duke	42
Virginia	10	Wake Forest	2	Wake Forest	0	Wake Forest	11	Wake Forest	16
1979		1980		1981		1982		1983	
Maryland	212	Clemson	150	Maryland	167.50	Clemson	144	N.C. State	169
Virginia	101.50	Maryland	138	N.C. State	157	N.C. State	144	Clemson	163
Georgia Tech	86	N.C. State	106	Clemson	88	Maryland	118	Virginia	106
N.C. State	75.50	Virginia	87	Virginia	73	Virginia	90	Maryland	84
North Carolina	67	North Carolina	65	North Carolina	51	Georgia Tech	47	Georgia Tech	45
Clemson	50	Georgia Tech	48	Georgia Tech	45	North Carolina	43	North Carolina	37
Duke	21	Duke	13	Duke	24.50	Duke	32	Duke	14
Wake Forest	6	Wake Forest	13	Wake Forest	14	Wake Forest	0	Wake Forest	2
1984		1985		1986		1987		1988	
N.C. State	161	N.C. State	161	N.C. State	171	N.C. State	157	N.C. State	174.5
Virginia	146	Clemson	117	Clemson	155	Clemson	140	North Carolina	134.5
Clemson	125.50	Georgia Tech	108	Georgia Tech	93.50	Georgia Tech	133	Clemson	102
Maryland	102	Virginia	90	North Carolina	90.50	North Carolina	88.50	Georgia Tech	99
Georgia Tech	53	Maryland	86	Maryland	80	Maryland	86	Maryland	46
Wake Forest	13	North Carolina	47	Virginia	16	Virginia	10.50	Virginia	43
North Carolina	10	Duke	8	Duke	10	Wake Forest	1	Wake Forest	18
Duke	9	Wake Forest	3	Wake Forest	4	Duke	1	Duke	5

Championship Meet Results (cont.)

1989		1990		1991		1992		1993	
Clemson	148	Clemson	161	Clemson	165	North Carolina	178.5	Clemson	181
N.C. State	146	N.C. State	135	N.C. State	115	Clemson	178	North Carolina	158
Georgia Tech	75	North Carolina	100	North Carolina	109	Florida State	123	N.C. State	126.5
North Carolina	69	Georgia Tech	80	Virginia	107	Georgia Tech	89	Florida State	112.5
Virginia	69	Virginia	79	Georgia Tech	79	N.C. State	74.5	Georgia Tech	67
Maryland	54	Maryland	32	Wake Forest	33	Wake Forest	69	Wake Forest	65
Wake Forest	44	Wake Forest	27	Maryland	10	Virginia	35	Virginia	45
Duke	15	Duke	6	Duke	0	Maryland	23	Maryland	17
						Duke	8	Duke	5
1994		1995							
North Carolina	168	North Carolina	164						
Florida State	164	Wake Forest	133						
Clemson	127	Clemson	124.5						
N.C. State	105	Florida State	98						
Virginia	79	N.C. State	85						
Georgia Tech	78	Virginia	61						
Wake Forest	35	Georgia Tech	54						
Maryland	11	Duke	36						
Duke	5	Maryland	15.5						

ACC in NCAA Championships

Year	Team Finish	Place-Score	Year	Team Finish	Place-Score	Year	Team Finish	Place-Score
1956	Duke	T22nd-8	1980	Florida State •	3rd-38	1988	N.C. State	9th-24
	North Carolina	T22nd-8		N.C. State	T25th-8		Clemson	T15th-17
1959	Maryland	36th-4 7/20		Clemson	T30th-6		North Carolina	T24th-10
1960	Georgia Tech •	T17th-12	1981	Florida State •	T28th-7		Virginia	T24th-10
1961	Georgia Tech •	T35th-4		Clemson	T33rd-5	1989	Clemson	T23rd-11
1962	Maryland	8th-15		Virginia	T43rd-2		Virginia	T26th-10
1963	Florida State •	T29th-4	1982	Clemson	19th-25		Georgia Tech	T39th-6
	Maryland	T33rd-2		Florida State •	T33rd-14		N.C. State	T39th-6
1966	Maryland	14th-16		Virginia	T38th-13		Florida State •	T68th-1
	Duke	T49th-1		Maryland	T53rd-9	1990	N.C. State	T28th-10
1968	Duke	T23rd-8		N.C. State	67th-6		Wake Forest	T38th-8
	Clemson	T38th-4		North Carolina	T8th-4		Clemson	T46th-7
	Maryland	T46th-3		Wake Forest	T68th-4		Georgia Tech	T52nd-5
	Florida State •	T48th-2	1983	N.C. State	T22nd-20		North Carolina	T68th-1
	Georgia Tech •	T48th-2		Clemson	T40th-13	1991	Clemson	T13th-17
1969	Maryland	T10th-18		Virginia	46th-10		Georgia Tech	T26th-12
	Clemson	T48th-1		Maryland	T67th-5		N.C. State	T26th-12
1970	Clemson	T39th-4		North Carolina	T85th-2	1992	Georgia Tech	T8th-23
1971	Duke	T19th-9		Georgia Tech	T88th-1		Clemson	12th-19
	Maryland	T29th-6	1984	Florida State •	28th-18.5		North Carolina	24th-12
1972	Duke	T22nd-8		Georgia Tech	T32nd-15		Florida State	25th-11
	North Carolina	T34th-6		Virginia	T50th-6		Virginia	T50th-4
	Virginia	T43rd-2		Maryland	T75th-2	1993	Clemson	T10th-23
	Maryland	T51st-1		Clemson	T75th-2		Georgia Tech	T15th-18
1973	North Carolina	T13th-14	1985	N.C. State	T24th-10		N.C. State	T25th-10
	Duke	T43rd-4		Florida State	T34th-6		Florida State	T31st-9
1974	North Carolina	T31st-6		Clemson	T43rd-5		North Carolina	T34th-8
	Florida State •	T31st-6		Virginia	T65th-2	1994	Georgia Tech	4th-34
1975	Maryland	T40th-4		Wake Forest	T69th-1		Clemson	11th-19
1976	Maryland	T26th-8	1986	N.C. State	T18th-14		North Carolina	T26th-10
	Florida State •	T36th-4		Clemson	30th-10.5		Florida State	T30th-9
	N.C. State	T47th-1		Florida State •	T31st-10		N.C. State	T42nd-6
1977	Clemson	T26th-7		North Carolina	T38th-6		Virginia	T72nd-1
	Maryland	T36th-5		Georgia Tech	T56th-2	1995	North Carolina	7th-26.5
	N.C. State	T55th-1	1987	Florida State	T21st-14		Clemson	T10th-25
	North Carolina	T55th-1		N.C. State	25th-13		Wake Forest	T19th-11
1978	Maryland	T9th-25		Georgia Tech	T30th-10		Georgia Tech	T28th-8
	Florida State •	22nd-9		Clemson	T41st-7		N.C. State	46th-5.5
	North Carolina	T35th-2		Maryland	T50th-5		Florida State	T47th-5
1979	Maryland	T8th-22		North Carolina	T66th-2			
	Florida State •	T11th-20						
	Virginia	T46th-1						

• FSU, GaT had not joined the league yet.

ACC Outdoor Track & Field Records

Event	Individual, School	Performance	Site	Date
100 Meters	Conference: Michael Green, Clemson	10.09	New Orleans, La.	6-5-93
	ACC Meet: Greg Moses, Clemson	10.23	Raleigh, N.C.	4-19-85
200 Meters	Conference: James Trapp, Clemson	20.17	New Orleans, La.	6-28-93
	ACC Meet: Renaldo Nehemiah, Maryland	20.37	Chapel Hill, N.C.	4-21-79
400 Meters	Conference: Derek Mills, Georgia Tech	44.62	New Orleans, La.	6-5-93
	ACC Meet: Derek Mills, Georgia Tech	45.38	Raleigh, N.C.	4-23-94
800 Meters	Conference: Paul Ereng, Virginia	1:43.16	Zurich, Switzerland	8-16-89
	ACC Meet: Paul Ereng, Virginia	1:46.66	Durham, N.C.	4-22-88
1500 Meters	Conference: Terrance Herrington, Clemson	3:38.57	Baton Rouge, La.	6-6-87
	ACC Meet: Per Kristoffersen, Maryland	3:43.91	Raleigh, N.C.	4-20-85
3000 Steeplechase	Conference: Hans Koeleman, Clemson	8:21.72	Koblenz, Germany	8-26-81
	ACC Meet: Hans Koeleman, Clemson	8:35.5	Charlottesville, Va.	4-16-82
5000 Meters	Conference: Stijn Jaspers, Clemson	13:24.46	Kessel-Lo, Belgium	6-1-84
	ACC Meet: Hans Koeleman, Clemson	13:56.76	Clemson, S.C.	4-23-83
10,000 Meters	Conference: Bob Henes, N.C. State	28:48.37	Raleigh, N.C.	3-29-91
	ACC Meet: Mike Cotton, Virginia	28:55.1	Durham, N.C.	4-17-81
400-Meter Relay	Conference: N.C. State (Darian Bryant, Dwight Frazier, Michael Brooks, Kevin Braunskill)	39.07	Provo, Utah	6-2-89
	ACC Meet: Clemson (Doug Thomas, Michael Green, Charlie James, James Trapp)	39.14	Chapel Hill, N.C.	4-20-91
1600-Meter Relay	Conference: Georgia Tech (Octavius Terry, Julian Amedee, Derrick Adkins, Derrick Mills)	2:59.95	Austin, Texas	6-6-92
	ACC Meet: Georgia Tech (Octavius Terry, Jonas Motiejunas, Conrad Nichols, Derek Mills)	3:03.47	Raleigh, N.C.	4-23-94
110-Meter Hurdles	Conference: Renaldo Nehemiah, Maryland	13.00	Los Angeles, Calif.	5-6-79
	ACC Meet: James Purvis, Georgia Tech	13.65	Atlanta, Ga.	4-18-87
400-Meter Hurdles	Conference: Derrick Adkins, Georgia Tech	48.60	New York, N.Y.	6-15-91
	ACC Meet: Derrick Adkins, Georgia Tech	48.64	Tallahassee, Fla.	4-18-92
High Jump	Conference: Victor Smalls, Clemson	2.29m/7-6	Atlanta, Ga.	5-10-86
	ACC Meet: Jeff Kluttz, North Carolina	2.22m/7-3 1/4	Winston-Salem, N.C.	4-22-95
Pole Vault	Conference: Jeff Bray, Florida State	5.65m/18-6 1/2	Tallahassee, Fla.	4-17-92
	ACC Meet: Jeff Bray, Florida State	5.65m/18-6 1/2	Tallahassee, Fla.	4-17-92
Long Jump	Conference: Jake Howard, N.C. State	7.98m/26-2 1/4	Raleigh, N.C.	5-19-85
	ACC Meet: Neil Chance, N.C. State	7.90m/25-11	Raleigh, N.C.	4-23-94
Triple Jump	Conference: Dennis Ivory, Maryland	16.84/55-3	Champaign, Ill.	6-2-79
	ACC Meet: Kelsey Nash, Florida State	16.61m/54-6	Tallahassee, Fla.	4-18-92
Shot Put	Conference: Mike Spiritoso, Clemson	20.83m/68-4 1/4	Indianapolis, Ind.	6-6-86
	ACC Meet: Bob Medlin, N.C. State	19.45m/63-10	Charlottesville, Va.	4-22-77
Discus	Conference: Andy Bloom, Wake Forest	63.48m/208-3	Winston-Salem, N.C.	4-22-95
	ACC Meet: Andy Bloom, Wake Forest	63.48m/208-3	Winston-Salem, N.C.	4-22-95
Javelin	Conference: Sean Murray, North Carolina	73.36m/240-8	Tallahassee, Fla.	4-17-92
	ACC Meet: Sean Murray, North Carolina	73.36m/240-8	Tallahassee, Fla.	4-17-92
Decathlon	Conference: Stephen Dunphy, Virginia	7920	Austin, Texas	5-6-92
	ACC Meet: Stephen Dunphy, Virginia	7861	Tallahassee, Fla.	4-17/18-92

Note: Records in the 100-meter dash, 200-meter dash, 110-meter hurdles, long jump or triple jump are based on the absence of an aiding wind of more than 2.0 meters per second or in the decathlon if there is an aiding wind of more than 4.0 meters per second.

Individual Champions

100-Meter Dash

1976	Nick Basciano, Md.	10.47
1977	Al Green, NCS	10.40
1978	Renaldo Nehemiah, Md.	10.45
1979	Renaldo Nehemiah, Md.	10.2
1980	Desai Williams, Clem.	10.49
1981	Terrence Toatley, Clem.	10.53
1982	Jeff Jarkin, GaT	10.39
1983	Terrence Toatley, Clem.	10.60
1984	Auguston Young, NCS	10.34
1985	Greg Moses, Clem.	10.31
1986	Greg Moses, Clem.	10.32
1987	Danny Peebles, NCS	10.51
1988	Danny Peebles, NCS	10.37
1989	Kevin Braunskill, NCS	10.50
1990	James Trapp, Clem.	10.12
1991	Michael Green, Clem.	10.39
1992	James Trapp, Clem.	10.27
1993	Michael Green, Clem.	10.03
1994	Jonathan Carter, FSU	10.44
1995	Tony McCall, UNC	10.45

200-Meter Dash

1976	Nick Basciano, Md.	21.33
1977	Andre Lancaster, Md.	20.96
1978	Albert Lomotey, NCS	21.09
1979	Renaldo Nehemiah, Md.	20.37
1980	Desai Williams, Clem.	20.71
1981	Auguston Young, NCS	21.31
1982	Perry Williams, NCS	21.03
1983	Harvey McSwain, NCS	20.92
1984	Auguston Young, NCS	20.65
1985	Greg Moses, Clem.	20.41
1986	Harvey McSwain, NCS	20.60
1987	Danny Peebles, NCS	20.74
1988	Danny Peebles, NCS	20.96
1989	Kevin Braunskill, NCS	20.76
1990	James Trapp, Clem.	20.61
1991	Kevin Braunskill, NCS	20.79
1992	James Trapp, Clem.	20.48
1993	Michael Green, Clem.	20.83
1994	Tony Wheeler, Clem	20.52
1995	Tony Wheeler, Clem	20.36

400-Meter Dash

1976	Jerome Napier, NCS	47.18
1977	Gerald Johnson, Md.	47.25
1978	Ron Foreman, NCS	47.25
1979	Wayne Miller, UNC	46.77
1980	Wayne Miller, UNC	47.67
1981	Wayne Miller, UNC	46.50
1982	Ed McIntyre, NCS	48.09
1983	Mike Armour, GaT	46.81
1984	Tom Hind, GaT	46.71
1985	Tom Hind, GaT	46.57
1986	Marcus Black, Clem.	46.77
1987	Marcus Black, Clem.	47.00
1988	Donald Colson, UNC	46.78
1989	Don Thrower, Md.	46.63
1990	David Fields, NCS	46.49
1991	Reggie Harris, UNC	46.09
1992	Reggie Harris, UNC	45.41
1993	Wesley Russell, Clem.	45.62
1994	Derek Mills, GaT	45.38
1995	Milton Campbell, UNC	45.99

800-Meter Run

1976	Dave Watt, Md.	1:50.22
1977	Don Lockerbie, UNC	1:53.07
1978	Greg Canty, UVa	1:49.59
1979	Greg Canty, UVa	1:48.5
1980	Greg Canty, UVa	1:49.01
1981	Rick Block, Duke	1:50.32
1982	Rick Block, Duke	1:49.15
1983	Ray Brown, UVa	1:49.86

800-Meter Run (cont.)

1984	Ray Brown, UVa	1:48.85
1985	John Hinton, UVa	1:50.12
1986	Dave Fuhrmann, UNC	1:50.74
1987	Terrance Herrington, Clem.	1:48.73
1988	Paul Ereng, UVa	1:50.27
1989	Paul Ereng, UVa	1:48.01
1990	Ben Kurgat, UVa	1:48.89
1991	Andrew Beecher, Clem.	1:48.83
1992	Andrew Beecher, Clem.	1:48.20
1993	Conrad Nichols, GaT	1:47.45
1994	Conrad Nichols, GaT	1:47.74
1995	Warren Sherman, WFU	1:49.99

1500-Meter Run

1976	Richard Schwartz, Duke	3:44.24
1977	Ralph King, UNC	3:45.3
1978	Ralph King, UNC	3:48.1
1979	Jon Donegan, Duke	3:48.57
1980	Hans Koeleman, Clem.	3:46.55
1981	Vince Draddy, UVa	3:45.7
1982	Per Kristoffersen, Md.	3:51.50
1983	John Hinton, UVa	3:51.53
1984	Per Kristoffersen, Md.	3:47.89
1985	Per Kristoffersen, Md.	3:43.91
1986	Martin Flynn, Clem.	3:44.30
1987	Terrance Herrington, Clem.	3:47.34
1988	Dov Kremer, Clem.	3:44.46
1989	Terrance Herrington, Clem.	3:56.3
1990	Dave Wittman, Clem.	3:47.58
1991	Dave Wittman, Clem.	3:47.95
1992	Tony Riley, NCS	3:46.45
1993	Tony Riley, NCS	3:46.25
1994	Mike Kauffman, Clem	3:46.16
1995	Miles Hall, Duke	3:50.45

5000-Meter Run

1976	Jeff Smith, Md.	14:20.02
1977	Ralph King, UNC	14:15.87
1978	Ralph King, UNC	14:03.18
1979	John Green, Md.	14:12.9
1980	Julius Ogaro, Clem.	14:07.0
1981	Bryan Alif, Duke	14:06.6
1982	Bryan Alif, Duke	14:03.32
1983	Hans Koeleman, Clem.	13:56.76
1984	Stijn Jaspers, Clem.	14:07.34
1985	Martin Flynn, Clem.	14:18.72
1986	Martin Flynn, Clem.	14:07.99
1987	Jim Farmer, UNC	14:14.44
1988	Jim Farmer, UNC	13:58.15
1989	Bill Babcock, WF	14:27.4
1990	Bob Henes, NCS	14:12.41
1991	Todd Lopeman, NCS	14:10.63
1992	Cormac Finnerty, Clem.	14:10.78
1993	Cormac Finnerty, Clem.	14:16.38
1994	Rob Cook, UVa	14:07.90
1995	Kyle Armentrout, WFU	14:29.32

10,000-Meter Run

1976	Robbie Perkins, Duke	29:40.9
1977	Gary Hofstetter, UNC	30:09.03
1978	Robbie Perkins, Duke	29:59.9
1979	Gary Hofstetter, UNC	29:16.10
1980	Julius Ogaro, Clem.	29:31.85
1981	Mike Cotton, UVa	28:55.1
1982	Jim Haughey, Clem.	29:46.9
1983	Jim Haughey, Clem.	30:00.75
1984	Stijn Jaspers, Clem.	29:43.54
1985	Pat Piper, NCS	30:09.67
1986	George Nicholas, UNC	29:29.16
1987	Reggie Harris, UNC	30:04.03
1988	Yehezkel Halifa, Clem.	28:56.80
1989	Yehezkel Halifa, Clem.	29:53.15
1990	Larry Clark, Clem.	29:54.48
1991	John Doherty, Clem.	30:11.15

10,000-Meter Run (cont.)

1992	David Honea, NCS	30:03.87
1993	Andre Williams, UNC	30:04.57
1994	Mark Hammons, UVa	29:47.34
1995	Kyle Armentrout, WFU	30:43.67

3000-Meter Steeplechase

1971	Roger Beardmore, Duke	9:01.07
1972	Roger Beardmore, Duke	8:50.2
1973	Roger Beardmore, Duke	8:40.9
1974	Tom Rae, WF	9:14.0
1975	Peter Quance, Duke	9:04.6
1976	Jim Clayton, Duke	9:01.5
1977	Jim Clayton, Duke	8:59.0
1978	Jim Clayton, Duke	9:19.9
1979	Mike Cotton, UVa	9:03.5
1980	Julius Ogaro, Clem.	8:42.7
1981	Hans Koeleman, Clem.	8:40.8
1982	Hans Koeleman, Clem.	8:35.5
1983	Hans Koeleman, Clem.	8:35.9
1984	John Hinton, UVa	8:55.0
1985	Dennis Cullinane, Md.	8:56.4
1986	Dennis Cullinane, Md.	8:52.4
1987	Mark Coogan, Md.	8:44.1
1988	Gavin Gaynor, NCS	8:45.23
1989	Dave Wittman, Clem.	9:01.3
1990	Eric Hichman, UNC	8:47.2
1991	Dave Wittman, Clem.	8:53.5
1992	John Moritz, GaT	8:52.86
1993	Rob Cook, UVa	8:57.64
1994	Rob Cook, UVa	8:41.55
1995	Steve Guerrini, WFU	9:04.15

110-Meter Hurdles

1976	Greg Robertson, Md.	14.07
1977	Greg Robertson, Md.	13.8
1978	Greg Robertson, Md.	13.6
1979	Greg Robertson, Md.	14.08
1980	Mark McKoy, Clem.	14.26
1981	Greg Smith, NCS	14.20
1982	Raymond Stiles, GaT	13.82
1983	Auguston Young, NCS	14.43
1984	Auguston Young, NCS	13.96
1985	Dirk Morris, GaT	13.91
1986	James Purvis, GaT	13.75
1987	James Purvis, GaT	13.65
1988	James Purvis, GaT	13.70
1989	Steve Brown, WF	13.95
1990	Steve Brown, WF	13.76
1991	Larry Ryans, Clem.	13.76
1992	Duane Ross/Larry Ryans, Clem	13.61
1993	Allen Johnson, UNC	13.55
1994	Philip Riley, FSU	13.71
1995	Duane Ross, Clem	13.89

400-Meter Hurdles

1976	Jeff Nichols, Md.	51.61
1977	Karl Williams, UVa	51.77
1978	Greg Robertson, Md.	50.80
1979	Chris Pearson, Md.	50.68
1980	Ron Foreman, NCS	50.10
1981	Chris Pearson, Md.	51.78
1982	Chris Pearson, Md.	51.70
1983	Gus Young, NCS	52.33
1984	Izel Jenkins, NCS	51.19
1985	James Purvis, GaT	50.89
1986	James Purvis, GaT	51.04
1987	James Purvis, GaT	50.22
1988	James Purvis, GaT	50.53
1989	Derrick Adkins, GaT	50.39
1990	Derrick Adkins, GaT	50.26
1991	Derrick Adkins, GaT	49.42
1992	Derrick Adkins, GaT	48.64
1993	John Rothwell, FSU	51.72
1994	Octavius Terry, GaT	50.00
1995	Ken Harnden, UNC	49.76

Individual Champions (cont.)

High Jump

1954	Joel Shankle, Duke	6-0
1955	George Hogan, Md.	6-2 3/4
1956	Perry Moore, Md.	6-2
1957	George Hogan, Md.	5-11
1958	Tom Tait, Md.	6-5 1/4
1959	Tom Tait, Md.	6-5
1960	Dick Estes, Md.	6-5 1/4
1961	Bob Stephenson, Duke	6-1 7/8
1962	Tom Clark, UNC	6-5 3/4
1963	Tom Clark, UNC	6-6 1/8
1964	Tom Clark, UNC	6-6 3/4
1965	Frank Costello, Md.	6-10
1966	Frank Costello, Md.	6-10
1967	David Lassiter, UNC	6-7
1968	Frank Costello, Md.	6-10 3/4
1969	Joe David, Md.	6-8 1/4
1970	Joe David, Md.	6-8
1971	Joe David, Md.	6-4
1972	Jerome White, WF	6-11
1973	Jerome White, WF	6-8
1974	Ed Fern, Clem.	6-10
1975	Ed Fern, Clem.	6-9 1/4
1976	Ed Fern, Clem.	7-0
1977	Brian Melly, Md.	7-2
1978	Brian Melly, Md.	7-0
1979	Lee Shuler, UNC	7-0
1980	Lee Shuler, UNC	7-2
1981	Mike Ripberger, NCS	7-2
1982	Greg Byers, UVa	6-11 1/4
1983	Mike Pascuzzo, Md.	7-1 3/4
1984	Mike Pascuzzo, Md.	7-2 1/2
1985	Victor Smalls, Clem.	7-1
1986	Victor Smalls, Clem.	6-11 3/4
1987	William Skinner, Md.	7-3 1/4
1988	Scott Morris, UNC	6-10 1/4
1989	Kevin Ankrom, NCS	6-11 3/4
1990	Herman Moore, UVa	7-1 3/4
1991	Kevin Ankrom, NCS	7-0 1/2
1992	Kevin Crist, FSU	7-1 3/4
1993	Rubin Patel, UNC	7-1 3/4
1994	Jeff Kluttz, UNC	7-1 3/4
1995	Jeff Kluttz, UNC	7-3 1/4

Long Jump

1954	Joel Shankle, Duke	23-5 5/8
1955	Joel Shankle, Duke	23-9 1/4
1956	Charles Yarborough, UNC	23-4 1/4
1957	Edmund Lloyd, Md.	22-3
1958	Ray Stanley, UNC	22-5 1/2
1959	Ray Stanley, UNC	23-4 1/4
1960	Ray Stanley, UNC	23-1 1/4
1961	John McElwain, Duke	23-7 1/4
1962	John O'Bannon, UNC	23-6 1/2
1963	Carter Leland, Clem.	24-5
1964	Mike Cole, Md.	23-7 1/4
1965	Mike Cole, Md.	23-9 1/4
1966	Ed Marks, Md.	23-6 3/4
1967	Ed Marks, Md.	23-10 3/4
1968	Rick Arner, Md.	24-6 1/4
1969	Mike Neff, Md.	23-9 1/2
1970	Mike Neff, Md.	24-1 1/4
1971	Jim Shannon, UVa	22-3 1/2
1972	Hubert West, UNC	23-11
1973	Bill Goodman, Md.	25-4
1974	Sam Beasley, UNC	24-9 3/4
1975	John Davenport, Md.	25-2
1976	Dennis Ivory, Md.	24-3 1/4
1977	Dennis Ivory, Md.	25-4 1/4
1978	Jeff Nesbit, Duke	24-0 1/4
1979	Dennis Ivory, Md.	24-3 1/2
1980	Cornelius Cousins, Md.	24-1 1/2
1981	Ward Wilson, Md.	23-11 1/2
1982	Ward Wilson, Md.	25-5 1/4

Long Jump (cont.)

1983	Jeff Jones, Clem.	24-9 1/4
1984	Bruce Randolph, UVa	24-1 1/2
1985	Jake Howard, NCS	24-10 1/2
1986	Shelton Boyer, Clem.	25-1 3/4
1987	Maurice Davis, GaT	25-6
1988	Danny Peebles, NCS	24-6 1/2
1989	Rodney Keasler, Clem.	24-11
1990	Chucky Simmons, NCS	24-11 3/4
1991	Allen Johnson, UNC	25-6 3/4
1992	James Milton, FSU	25-2 1/2
1993	Neil Chance, NCS	26-11
1994	Neil Chance, NCS	25-11
1995	Eric Bowers, GaT	25-5 1/4

Triple Jump

1963	David Wheeler, Duke	46-4 1/2
1964	Avery Nelson, Clem.	46-7 1/2
1965	Avery Nelson, Clem.	46-7
1966	Ed Marks, Md.	49-1 1/4
1967	Ed Marks, Md.	49-9 3/4
1968	Ed Marks, Md.	49-8 1/4
1969	Mike Harvey, UVa	48-6 3/4
1970	Darryl Kelly, UNC	49-9
1971	Darryl Kelly, UNC	47-7 1/4
1972	Andy Bilmanis, Md.	50-5 1/4
1973	Andy Bilmanis, Md.	50-9 1/4
1974	Andy Bilmanis, Md.	50-9
1975	Keith Witherspoon, UVa	51-11 1/2
1976	Keith Witherspoon, UVa	51-7 1/2
1977	Dennis Ivory, Md.	50-8 3/4
1978	Dennis Ivory, Md.	51-5 3/4
1979	Dennis Ivory, Md.	53-0 3/4
1980	Cornelius Cousins, Md.	50-3 1/4
1981	Arnold Bell, NCS	50-5 1/2
1982	Arnold Bell, NCS	52-0
1983	Laide Oluwole, NCS	52-1 3/4
1984	Simon Ware, NCS	50-11 1/2
1985	Mike Patton, NCS	50-5 3/4
1986	Mike Patton, NCS	52-6
1987	Mike Patton, NCS	51-11 1/4
1988	William Turner, NCS	51-4 1/2
1989	Mike Patton, NCS	53-1
1990	Chike Chukwulozie, UVa	52-3 3/4
1991	Cornell Grayson, UVa	51-0 3/4
1992	Kelsey Nash, FSU	54-6
1993	Tyrell Taitt, NCS	55-3
1994	Tyrell Taitt, NCS	53-2 3/4
1995	Kendrick Morgan, UNC	53-2 3/4

Pole Vault

1954	Charles Yarborough, UNC & Joel Shankle, Duke	12-6
1955	Yarborough, UNC; Waters, UNC & Schwartz, Md.	13-0
1956	Mel Schwartz, Md.	13-7 1/4
1957	Pat Whitaker, UVa	13-0
1958	Davenport, UVa; Roberts, UVa; Whitaker, UVa; & Murnan, Md.	13-6
1959	Andersen, Md. & Prig, Md.	13-4
1960	Bjorn Andersen, Md.	14-0
1961	John Belitza, Md.	14-4 3/4
1962	John Belitza, Md.	14-7 5/8
1963	John Belitza, Md.	15-5 1/4
1964	Stewart Markley, Md.	14-6
1965	Stuart Corn, NCS	14-6
1966	Tom Tompson, Md.	15-0
1967	Clint Brown, Duke	15-0
1968	Tom Gagner, Md.	15-0
1969	Rick Wilson, UNC	15-6 1/4
1970	Jim Williamson, Md.	15-6
1971	Jim Williamson, Md.	15-9
1972	Vince Struble, Md.	15-0
1973	Bill Hayes, Md.	16-4

Pole Vault (cont.)

1974	Danny Deacon, UNC	15-6
1975	Drew Harndon, Md.	16-4
1976	Dave Robinson, UNC	15-6
1977	Brad Turley, Md.	15-6
1978	Mike Remus, Md.	15-0
1979	Chip McCarthy, Md.	16-0
1980	Chip McCarthy, Md.	17-0
1981	Jon Warner, Md.	17-0
1982	Chris Mand, UNC	16-8 1/4
1983	Chris Mand, UNC	15-4 1/4
1984	William Butler, Md.	16-9 1/4
1985	Fidelis Obikwy, NCS	15-4 3/4
1986	Kevin McGorty, UNC	15-5
1987	John Finney, Md.	17-1
1988	John Finney, Md.	16-9 1/2
1989	John Finney, Md.	16-6
1990	Jeff Fields, Clem.	17-0
1991	Kevin Brown, UNC	17-0 3/4
1992	Jeff Bray, FSU	18-6 1/2
1993	Jeff Bray, FSU	17-4 1/2
1994	Jeff Bray, FSU	17-0 3/4
1995	Shannon Pope, UNC	16-6 3/4

Shot Put

1954	Durham Lawshe, Duke	50-4 3/5
1955	Roger Morris, UNC	51-4
1956	Ed Cooke, Md.	51-5 1/2
1957	Ed Cooke, Md.	52-4
1958	Ed Cooke, Md.	54-2
1959	Dave Coates, USC	52-4
1960	Nick Kovalakides, Md.	50-4 1/2
1961	Dick Gesswein, Duke	52-5 1/2
1962	Dick Gesswein, Duke	55-5
1963	Dick Gesswein, Duke	56-10
1964	Walt Samora, Md.	55-10 1/4
1965	Rod Stewart, Duke	57-9 1/4
1966	Rod Stewart, Duke	58-3
1967	Greg Benz, Clem.	52-5 1/4
1968	Greg Benz, Clem.	55-4 1/2
1969	Jack Hanley, Md.	58-8 1/2
1970	Jack Hanley, Md.	57-0 3/4
1971	Jack Hanley, Md.	58-11
1972	Bill MacLachlan, Md.	55-2 1/2
1973	Bill MacLachlan, Md.	52-1 3/4
1974	Bob Medlin, NCS	52-0 3/4
1975	Bob Medlin, NCS	58-10
1976	Bob Medlin, NCS	63-41/2
1977	Bob Medlin, NCS	63-10
1978	Ian Pyka, Md.	60-11 1/4
1979	Ian Pyka, Md.	63-2 1/4
1980	Dean Leavin, NCS	59-5 1/2
1981	Joe Hannah, NCS	55-10 1/2
1982	Jack Harkness, Clem.	57-7
1983	Greg Rowe, Md.	59-2 1/4
1984	Mike Spiritoso, Clem.	58-10
1985	Scott Yrabel, NCS	57-6 3/4
1986	Tim Goad, UNC	55-8 1/4
1987	Mike Spiritoso, Clem.	59-4 1/4
1988	Tom Huminik, NCS	62-4 1/2
1989	Tom Huminik, NCS	62-5 3/4
1990	Mark White, GaT	55-5 1/2
1991	Michael Theuerkauf, UVa	53-2 1/4
1992	Scott Erbach, Clem.	58-2 1/2
1993	Andy Bloom, WFU	59-1 1/4
1994	Ryan Carson, FSU	56-4 1/4
1995	Andy Bloom, WFU	60-10 3/4

Discus

1954	Roger Morris, UNC	150-1 3/4
1955	Roger Morris, UNC	153-10 7/8
1956	Joe Silas, USC	148-7
1957	Ed Cooke, Md.	149-7
1958	Ed Cooke, Md.	152-0

Individual Champions (cont.)

Discus (cont.)

1959	Nick Kovalakides, Md.	140-1¼
1960	Colin Smith, UNC	145-0½
1961	Dick Gesswein, Duke	150-11¼
1962	Dick Gesswein, Duke	160-5¼
1963	Dick Gesswein, Duke	156-6
1964	Dick Dobbs, Clem.	156-0 ½
1965	Art Swarts, USC	175-1
1966	Art Swarts, USC	173-1
1967	Art Swarts, USC	164-0¾
1968	Rick Drescher, Md.	178-1½
1969	Rick Drescher, Md.	181-3
1970	Paul Corrigan, Md.	172-3½
1971	Paul Corrigan, Md.	168-7
1972	Paul Corrigan, Md.	177-9
1973	Craig Johnson, Md.	166-5
1974	Terry Taylor, UNC	153-1½
1975	Mike Columbus, Clem.	176-1½
1976	Mike Columbus, Clem.	169-3
1977	Mike Columbus, Clem.	188-7
1978	Mike Columbus, Clem.	186-0
1979	Rob Horton, GaT	176-7
1980	Alan Baginski, Md.	172-11
1981	Alan Baginski, Md.	177-3
1982	Alan Baginski, Md.	189-9
1983	Alan Baginski, Md.	179-6
1984	John Garvey, Md.	188-11
1985	Kevin Latham, UVa	172-6
1986	Terry Thomas, NCS	171-3
1987	Mark White, GaT	170-10
1988	Tom Huminik, NCS	180-7
1989	Steve Yates, Md.	169-0
1990	Mark White, GaT	187-10
1991	Harlis Meaders, UNC	175-9
1992	Harlis Meaders, UNC	182-5
1993	Andy Bloom, WFU	181-7
1994	Marcus Jones, UNC	162-9
1995	Andy Bloom, WFU	208-3

Javelin

1954	Harry Brown, UNC	199-3 2/5
1955	Jack Ladner, WF	197-8¼
1956	Jack Ladner, WF	206-7½
1957	Dick Bartulski, UNC	208-2
1958	Dave Sime, Duke	212-10
1959	Paul Snyder, Clem.	219-9
1960	Nick Kovalakides, Md.	220-0
1961	Nick Kovalakides, Md.	217-5
1962	Jim Montgomery, Md.	203-10
1963	Mike Curtis, Duke	213-2
1964	Nick Street, UNC	210-11
1965	Russ White, Md.	239-5½
1966	Dick Dull, Md.	223-3½
1967	Russ White, Md.	235-1
1968	Roger Collins, Clem.	247-1
1969	Roger Collins, Clem.	253-9
1970	Roger Collins, Clem.	262-2
1971	Jack Bacon, Md.	232-9
1972	Jim George, Md.	249-1
1973	Don Fisher, Md.	222-5
1974	Don Fisher, Md.	234-1
1975	Stewart Ralph, Clem.	239-8
1976	Stewart Ralph, Clem.	266-5
1977	Jim Kirby, Md.	262-6
1978	Stewart Ralph, Clem.	249-5
1979	Paul Dubyoski, Md.	218-8
1980	Mike Hardle, Clem.	249-4
1981	Mike Murphy, NCS	237-5
1982	Mike Hardle, Clem.	257-6
1983	Curt Sheaffer, UNC	248-11
1984	Mark Ryan, NCS	244-9
1985	Curt Sheaffer, UNC	244-11

Javelin (cont.)

1986	Frank Crossen, Clem.	208-8
1987	Frank Crossen, Clem.	216-8
1988	Frank Crossen, Clem.	214-7
1989	Sean Murray, UNC	231-3
1990	Steve Kiessling, UVa	223-11
1991	Steve Kiessling, UVa	222-7
1992	Sean Murray, UNC	240-8
1993	Eric Lander, Clem.	198-3
1994	Lou Angelo, FSU	225-11
1995	Justin Johnson, FSU	217-11

4x100-Meter Relay

1978	N.C. State	40.5
1979	Maryland	40.2
1980	N.C. State	40.2
1981	N.C. State	40.65
1982	Clemson	40.86
1983	N.C. State	39.93
1984	Virginia	40.25
1985	N.C. State	39.17
1986	N.C. State	39.59
1987	N.C. State	39.90
1988	N.C. State	40.23
1989	N.C. State	40.00
1990	Clemson	40.19
1991	Clemson	39.14
1992	Clemson	39.96
1993	Clemson	39.80
1994	Clemson	40.29
1995	North Carolina	39.02

4x400-Meter Relay

1978	Maryland	3:12.03
1979	N.C. State	3:08.10
1980	N.C. State	3:09.79
1981	Maryland	3:10.25
1982	Virginia	3:11.83
1983	Georgia Tech	3:11.94
1984	Georgia Tech	3:07.25
1985	Georgia Tech	3:06.32
1986	Clemson	3:10.09
1987	Georgia Tech	3:09.17
1988	Georgia Tech	3:07.1
1989	N.C. State	3:09.70
1990	Clemson	3:08.02
1991	Georgia Tech	3:08.75
1992	Clemson	3:05.09
1993	Georgia Tech	3:07.17
1994	Georgia Tech	3:03.47
1995	Clemson	3:05.16

Decathlon

1979	John Bryan, UVa	6696
1980	Willy Pirde, UVa	6926
1981	Vince Reilly, Md.	7250
1982	Fidelis Obikwu, NCS	7616
1983	Bill Smith, Md.	6863
1984	Fidelis Obikwu, NCS	7383
1985	Fidelis Obikwu, NCS	7661
1986	Kevin McGorty, UNC	7520
1987	Kevin McGorty, UNC	7254
1988	Kevin McGorty, UNC	7417
1989	Dennis McGorty, UNC	6572
1990	Dennis McGorty, UNC	7092
1991	Stephen Dunphy, UVa	7499
1992	Stephen Dunphy, UVa	7861
1993	Eric Lander, Clem.	6934
1994	Stephen Dunphy, UVa	7069
1995	John Anderson, UVa	6814

Individual Champions - Discontinued Events

100-Yard Dash

1954	Tommy Woodlee, USC	9.9
1955	Tommy Woodlee, USC	9.9
1956	Dave Sime, Duke	9.5
1957	Dave Sime, Duke	9.6
1958	Dave Sime, Duke	9.5
1959	Jonas Spiegel, Md.	9.6
1960	Jonas Spiegel, Md.	10.1
1961	Jonas Spiegel, Md.	10.0
1962	Jimmy Wynn, Clem.	9.7
1963	Jimmy Wynn, Clem.	9.7
1964	Dale White, UNC	10.1
1965	Dale White, UNC	9.9
1966	James Lee, Md.	9.8
1967	Dick Trichter, NCS	9.7
1968	Roland Merritt, Md.	9.7
1969	Josh Collins, Clem.	9.6
1970	Josh Collins, Clem.	9.6
1971	Kent Merritt, UVa	9.9
1972	Kent Merritt, UVa	9.5
1973	Kent Merritt, UVa	9.3
1974	Nick Basciano, Md.	9.6
1975	Nick Basciano, Md.	9.7

220-Yard Dash

1954	Tommy Woodlee, USC	22.1
1955	Tommy Woodlee, USC	21.5
1956	Dave Sime, Duke	20.3
1957	Dave Sime, Duke	21.1
1958	Dave Sime, Duke	20.6
1959	Don Whitaker, Md.	21.8
1960	Jonas Spiegel, Md.	22.3
1961	Jonas Spiegel, Md.	21.8
1962	Don Stauffer, Md.	21.9
1963	Jimmy Wynn, Clem.	21.0
1964	Dale White, UNC	21.5
1965	Mike Cole, Md.	21.5
1966	James Lee, Md.	21.0
1967	Dick Trichter, NCS	21.3
1968	Roland Merritt, Md.	20.9
1969	Marshall Bush, Md.	21.5
1970	Josh Collins, Clem.	21.5
1971	Keith Eidson, USC	22.4
1972	Kent Merritt, UVa	21.6
1973	Jon Krassny, Duke	21.6
1974	Nick Basciano, Md.	21.6
1975	Nick Basciano Md.	21.7

440-Yard Dash

1954	Jim Pentzer, Md.	49.6
1955	Burke Wilson, Md.	48.8
1956	Dave Leas, Md.	48.0
1957	Dave Scurlock, UNC	49.1
1958	Dave Scurlock, UNC	48.1
1959	Dave Scurlock, UNC	48.0
1960	John Dunkleburg, Clem.	47.9
1961	Gil Faccio, UVa	48.3

440-Yard Dash (cont.)

1962	Chris Stauffer, Md.	48.2
1963	Chris Stauffer, Md.	47.7
1964	Steve Lamb, Md.	48.7
1965	Steve Lamb, Md.	47.6
1966	Eddie Sonnenheld, USC	47.9
1967	Ron England, NCS	47.4
1968	Dick Trichter, NCS	43.1
1969	Hershell Sellers, UNC	49.0
1970	Dick Harris, USC	47.5
1971	Mike Murphy, Duke	47.5
1972	Steve Koob, NCS	49.5
1973	Mike Murphy, Duke	47.5
1974	Mike Johnson, Md.	48.7
1975	Jim Bennett, NCS	47.7

880-Yard Run

1954	Boyd Newman, UNC	1:55.5
1955	Bob Jones, NCS	1:54.1
1956	Carl Party, Md.	1:54.6
1957	Dave Scurlock, UNC	1:55.6
1958	Dave Scurlock, UNC	1:56.1
1959	Dave Scurlock, UNC	1:52.9
1960	Tom Bazemore, Duke	1:54.0
1961	Dick Smith, Md.	1:53.2
1962	Dick Smith, Md.	1:51.6
1963	Dick Smith, Md.	1:49.8
1964	Bob Crombie, USC	1:52.3
1965	Ramsey Thomas, Md.	1:52.3
1966	Bob Taylor, USC	1:52.2
1967	Mike Williams, UNC	1:51.4
1968	Mike Williams, UNC	1:52.6
1969	Bob Kaczka, USC	1:52.6
1970	Bob Kaczka, USC	1:49.6
1971	Bob Wheeler, Duke	1:43.2
1972	Tony Waldrop, UNC	1:49.7
1973	Tony Waldrop, UNC	1:48.3
1974	Dave Watt, Md.	1:52.7
1975	Myles Bagley, NCS	1:51.3

Mile Run

1954	Ben Good, Md.	4:24.4
1955	Jim Beatty, UNC	4:16.6
1956	Jim Beatty, UNC	4:09.4
1957	Burr Grim, Md.	4:15.8
1958	Billy Latham, USC	4:12.7
1959	Cary Weisiger, Duke	4:11.7
1960	Cary Weisiger, Duke	4:08.4
1961	Mark Wells, Duke	4:12.8
1962	Mark Wells, Duke	4:09.8
1963	Louis Van Dyck, Duke	4:12.4
1964	Tom Kreuger, Md.	4:17.8
1965	Bob Crombie, USC	4:06.1
1966	Mike Williams, UNC	4:15.7
1967	Mike Williams, UNC	4:10.6
1968	John Baker, Md.	4:05.5
1969	John Baker, Md.	4:07.0

Mile Run (cont.)

1970	John Baker, Md.	4:04.2
1971	Bob Wheeler, Duke	4:02.7
1972	Reggie McAfee, UNC	4:04.8
1973	Reggie McAfee, UNC	3:59.3
1974	Tony Waldrop, UNC	3:59.8
1975	Robbie Perkins, Duke	4:02.1

Two-Mile Run

1954	David Miller, NCS	9:49.1
1955	Mike Shea, NCS	9:27.6
1956	Mike Shea, NCS	9:25.3
1957	Burr Grim, Md.	9:25.8
1958	Wayne Bishop, UNC	9:19.9
1959	Jerry Nourse, Duke	9:27.1
1960	Jerry Nourse, Duke	9:26.7
1961	Pett Everett, UNC	9:20.5
1962	Jerry Nourse, Duke	9:14.0
1963	Tom Krueger, Md.	9:30.9
1964	Mike Folk, UNC	9:25.2
1965	Mike George, Md.	9:21.8
1966	Dave Starns, Md.	9:19.9

Three-Mile Run

1967	Dave Starns, Md.	14:01.4
1968	Ed Stenberg, Duke	14:11.2
1969	Charles Schrader, Md.	14:13.8
1970	Russ Taintor, Md.	13:47.6
1971	Mike Graves, Duke	13:50.0
1972	Scott Eden, Duke	14:11.8
1973	Steve Wheeler, Duke	13:45.9
1974	Jim Wilkins, NCS	14:10.7
1975	Robbie Perkins, Duke	13:43.4

Six-Mile Run

1973	Scott Eden, Duke	28:59.3
1974	Scott Eden, Duke	29:44.5
1975	Dan Rincon, Md.	29:19.2

120-Yard High Hurdles

1954	Joel Shankle, Duke	14.8
1955	Joel Shankle, Duke	14.7
1956	John Steedley, Clem.	14.7
1957	Don Goodroe, USC	14.4
1958	Don Goodroe, USC	14.3
1959	Bill Johnson, Md.	14.2
1960	Bill Johnson, Md.	14.6
1961	Bill Johnson, Md.	14.4
1962	Charles Bradshaw, USC	14.8
1963	Jim Brown, UNC	14.3
1964	Bob Fogle, Duke	14.8
1965	Bob Fogle, Duke	14.7
1966	Bruce Carson, Md.	14.8
1967	Jim Taylor, Clem.	14.4
1968	Jeff Howser, Duke	13.9
1969	Jeff Howser, Duke	14.0
1970	Bill Novo, USC	14.0

Individual Champions - Discontinued Events (cont.)

120-Yard High Hurdles (cont.)

1971	Bill Novo, USC	14.1
1972	Jerry Carney, Md.	14.7
1973	David Bracey, NCS	14.2
1974	Jeff Nichols, Md.	14.5
1975	Jeff Nichols, Md.	14.3

220-Yard Low Hurdles

1954	George Gratten, UVa	24.5
1955	Joel Shankle, Duke	23.6
1956	Dave Sime, Duke	22.4
1957	Larry Salmon, Md.	23.9
1958	Larry Salmon, Md.	23.3
1959	Larry Salmon, Md.	24.0
1960	Bill Johnson, Md.	24.7
1961	Jim Brown, UNC	23.8
1962	Charlie Bradshaw, USC	24.2

330-Yard Int. Hurdles

1963	Chris Stauffer, Md.	36.7
1964	Bob Vermillion, Md.	38.3
1965	Dave Gatch, USC	37.6

440-Yard Int. Hurdles

1966	Bruce Carson, Md.	54.3
1967	Ted Patterson, Md.	55.0
1968	Gary Iverson, UNC	51.3

440-Yard Int. Hurdles (cont.)

1969	Jeff Howser, Duke	53.6
1970	Tom Duniga, Duke	52.4
1971	Mac Copeland, Clem.	53.0
	Steve Fullerton, Md.	52.9
1973	Steve Fullerton, Md.	53.2
1974	Jeff Nichols, Md.	53.7
1975	Jeff Nichols, Md.	52.0

440-Yard Relay

1962	Clemson	42.3
1963	Clemson	41.8
1964	Clemson	41.8
1965	Maryland	41.8
1966	South Carolina	41.8
1967	Maryland	41.6
1968	Maryland	41.2
1969	Maryland	41.1
1970	South Carolina	41.9
1971	South Carolina	41.7
1972	Virginia	41.9
1973	Maryland	41.3
1974	Maryland	41.2
1975	Maryland	41.5
1976	Maryland	41.1
1977	Maryland	40.9

Mile Relay

1954	Maryland	3:20.2
1955	Maryland	3:22.2
1956	Maryland	3:19.7
1957	North Carolina	3:22.0
1958	Duke	3:17.0
1959	Duke	3:18.5
1960	Duke	3:18.8
1961	Maryland	3:20.9
1962	Maryland	3:18.0
1963	Maryland	3:15.6
1964	Clemson	3:14.2
1965	Maryland	3:12.7
1966	South Carolina	3:16.9
1967	N.C. State	3:14.3
1968	South Carolina	3:13.2
1969	South Carolina	3:17.5
1970	South Carolina	3:14.0
1971	South Carolina	3:15.8
1972	Virginia	3:16.8
1973	Duke	3:16.1
1974	Duke	3:17.2
1975	N.C. State	3:14.1
1976	Maryland	3:13.7
1977	Maryland	3:14.1

NCAA Outdoor Individual Champions

Year	Individual, School	Event	Mark	Host or Site
1921	Longino Welch, Georgia Tech	Pole Vault	12-0	Chicago
1927	Edward Hamm, Georgia Tech	Long Jump	24-1	Chicago
1928	Edward Hamm, Georgia Tech	Long Jump	25-0	Chicago
1950	Bill Albans, North Carolina	220-Yard Hurdles	23.8	Minnesota
1955	Joel Shankle, Duke	Long Jump	24-3 $\frac{1}{4}$	Southern Cal
1962	John Belitza, Maryland	Pole Vault	15-3	Oregon
1965	Frank Costello, Maryland	High Jump	6-11	California
1979	Renaldo Nehemiah, Maryland	110-Meter Hurdles	12.91w	Illinois
1979	Brad Cooper, Florida State	Discus	63.94m (209-9)	Illinois
1980	Mike Roberson, Florida State	200-Meter Dash	19.96w	Texas
1984	Antonio McKay, Georgia Tech	400-Meter Hurdles	44.83	Oregon
1985	N.C. State (Auguston Young, Alston Glenn, Danny Peebles, Harvey McSwain)	400-Meter Relay	39.12	Texas
1988	Paul Ereng, Virginia	800-Meter Run	1:46.76	Oregon
1988	James Purvis, Georgia Tech	110-Meter Hurdles	13.58	Oregon
1989	Paul Ereng, Virginia	800-Meter Run	1:47.50	Brigham Young
1992	Georgia Tech (Octavius Terry, Julian Amede, Derrick Adkins, Derek Mills)	1600-Meter Relay	2:59.95	Texas
1993	Michael Green, Clemson	100-Meter Dash	10.09	New Orleans
1993	Tyrell Taitt, N.C. State	Triple Jump	55-5 $\frac{3}{4}$	New Orleans
1994	Derek Mills, Georgia Tech	400-Meter Dash	45.06	Boise
	Octavius Terry, Georgia Tech	400-Meter Hurdles	49.85	Boise
	Georgia Tech (Octavius Terry, Jonas Motiejunas, Conrad Nichols, Derek Mills)	1600-Meter Relay	3:01.75	Boise
1995	Duane Ross, Clemson	110-Meter Hurdles	13.32	Knoxville
	Ken Harnden, North Carolina	400-Meter Hurdles	48.72	Knoxville

w denotes wind-aided times or distances

Atlantic Coast Conference Honors

Year	ACC Meet* Most Outstanding Performer*	Coach of the Year
1954	Joel Shankle, Duke	
1955	Joel Shankle, Duke	
1956	Dave Sime, Duke	
1957	Dave Scurlock, UNC	
1958	Dave Sime, Duke	
1959	Dave Scurlock, UNC	
1960	Nick Kovalakides, Md	
1961	Dick Gesswein, Duke	
1962	Dick Gesswein, Duke	
1963	Chris Stauffer, Md	
1964	Avery Nelson, Clem	
1965	Mike Cole, Md	
1966	Bob Taylor, USC	
1967	Mike Williams, UNC	
1968	Roland Merritt, Md	
1969	Roger Collins, Clem	
1970	Bob Kaczka, USC	
1971	Bob Wheeler, Duke	
1972	Kent Merritt, UVA	
1973	Reggie McAfee, UNC	
1974	Tony Waldrop, UNC	

* From 1954 to 1983 this award was known as the Fetzer Award

Year	ACC Meet Most Outstanding Performer*	Coach of the Year
1975	Robbie Perkins, Duke	
1976	Nick Basciano, Md	
1977	Gerald Johnson, Md	
1978	Ralph King, UNC	
1979	Renaldo Nehemiah, Md	
1980	Julius Ogaro, Clem	
1981	Mike Cotton, UVA	
1982	Hans Koeleman, Clem	
1983	Hans Koeleman, Clem	
1984	Auguston Young, NCS	Dennis Craddock, UVA
1985	Greg Moses, Clem	Rollie Geiger, NCS
1986	James Purvis, GaT	Rollie Geiger, NCS
1987	Danny Peebles, NCS	Buddy Fowlkes, GaT
1988	Danny Peebles, NCS	Rollie Geiger, NCS
1989	Kevin Braunskill, NCS	Bob Pollock, Clem
1990	James Trapp, Clem	Bob Pollock, Clem
1991	Derrick Adkins, GaT	Bob Pollock, Clem
1992	James Trapp, Clem	Bob Pollock, Clem
1993	Michael Green, Clem	Bob Pollock, Clem
1994	Rob Cook UVA	Dennis Craddock, UNC
1995	Andy Bloom, WFU	John Goodridge, WFU

All-Conference Teams

1986 - *Clemson* (11) - Kerwin Johnson, Marcus Black, Victor Smalls, Greg Moses, Eddie Richardson, Terrance Parks, Martin Flynn, Robert Wotring, Frank Crossen, Shelton Boyer, George Chiles. *Duke* (1) - Kalen Crookson, Duke. *Georgia Tech* (5) - Chester Riggins, Mike Krehnbrink, Mark White, James Purvis, Alan Drosky. *Maryland* (4) - Dan Foley, William Skinner, Dennis Cullinane, John Finney. *North Carolina* (5) - Dave Fuhrmann, Tim Goad, Brent Walker, George Nicholas, Kevin McGorty. *N.C. State* (8) - Terry Thomas, William Turner, Troy Wright, Jake Howard, Danny Peebles, Harvey McSwain, Dwight Frazier, Mike Patton.

1987 - *Clemson* (7) - Terrance Herrington, George Milton, Mike Spiritoso, Frank Crossen, Kevin Sykes, Shelton Boyer, Marcus Black. *Georgia Tech* (9) - Mike Krehnbrink, Dirk Morris, Mark Pickens, Eric Smith, James Purvis, Maurice Morrison, Mark White, Alan Drosky, Maurice Davis. *Maryland* (4) - William Skinner, Mark Coogan, John Finney, Donald Thrower. *North Carolina* (3) - Reggie Harris, Jim Farmer, Kevin McGorty. *N.C. State* (9) - Terry Thomas, Steve Brown, Eric Schoenborn, Darian Bryant, Malcolm Branham, Marco Meulink, Danny Peebles, Dwight Frazier, Mike Patton.

1988 - *Clemson* (4) - Dov Kremer, Yehezkel Halifa, Frank Crossen, Terrance Herrington. *Georgia Tech* (7) - Steve Pulley, James Purvis, Dirk Morris, Mark Pickens, Maurice Morrison, Mark White, Maurice Davis. *Maryland* (3) - Mark Coogan, Duane Carlisle, John Finney. *North Carolina* (6) - Jim Farmer, Tim Goad, Kevin McGorty, Donald Colson, Scott Morris, Sean Murray. *N.C. State* (9) - William Turner, Kevin Braunskill, Danny Peebles, Pat Piper, Michael Brooks, Dwight Frazier, Marco Meuling, Tom Huminik, Gavin Gaynor. *Virginia* (2) - Ben Kurgat, Paul Ereng. *Wake Forest* (1) - Mike Guegan.

1989 - *Clemson* (11) - Frank Crossen, Larry Clark, Scott Erbach, Yehezkel Halifa, Jeff Fields, Terrance Herrington, Charlie James, Philip Greyling, Dion Wafford, Dave Wittman, Rodney Keasler. *Georgia Tech* (2) - Rich Thompson, Derrick Adkins. *Maryland* (2) - Steve Yates, John Finney. *North Carolina* (4) - Dennis McGorty, Tom Rentenbach, Terry Reese, Sean Murray. *N.C. State* (8) - Jeff Taylor, Kevin Braunskill, Aaron Merriweather, Kevin Ankrom, Dwight Frazier, Darian Bryant, Tom Huminik, Michael Brooks. *Virginia* (3) - Paul Ereng, Herman Moore, Peter Sheehan. *Wake Forest* (2) - Steve Brown, Bill Babcock.

1990 - *Clemson* (12) - Doug Thomas, Jeff Fields, Philip Greyling, Larry Ryans, Charlie James, James Trapp, Rim Cox, Dave Wittman, Andrew Beecher, Dennis Hines, Dion Wafford, Larry Clark. *Georgia Tech* (3) - Rich Thompson, Mark White, Derrick Adkins. *Maryland* (1) - Steve Yates, Md. *North Carolina* (7) - Paul Foxson, Eric Hichman, William Darity, Reggie Harris, Dennis McGorty, Sean Murray, Harlis Meaders. *N.C. State* (6) - Tyrell Tait, David Fields, Chucky Simmons, Kevin Braunskill, Bob Henes, Joe Johnson. *Virginia* (5) - Steve Kiessling, Chike Chukwulozie, Brian Shafer, Herman Moore, Ben Kurgat. *Wake Forest* (2) - Jon Hume, Steve Brown.

1991 - *Clemson* (9) - Larry Ryans, John Doherty, Jeff Fields, Charlie James, Michael Green, Doug Thomas, Dave Wittman, James Trapp, Andrew Beecher. *Georgia Tech* (5) - Guy Robinson, Rich Thompson, Derek Mills, Derrick Adkins, Julian Amedee. *North Carolina* (5) - William Darity, Kevin Brown, Harlis Meaders, Reggie Harris, Allen Johnson. *N.C. State* (6) - Kevin Braunskill, Christian Corcoran, Todd Lopeman, Kevin Ankrom, Bob Henes, Derek Halberg. *Virginia* (8) - Eric Sorensen, Michael Theuerkauf, Stephen Dunphy, Steve Kiessling, Peter Sheehan, Ben Kurgat, Cornell Grayson, Michael Murphy. *Wake Forest* (1) - Mike Guegan, WF.

1992 - *Clemson* (10) - Wesley Russell, Trevor Gilbert, Cormac Finnerty, Larry Ryans, James Trapp, Duane Ross, Larry Armstead, Scott Erbach, Andrew Beecher, Kendrick Roach. *Florida State* (6) - James Milton, Kelsey Nash, Shannon Baker, Jeff Bray, Eric Chambers, Kevin Crist. *Georgia Tech* (3) - John Moritz, Octavius Terry, Derrick Adkins. *North Carolina* (8) - Jerod Neas, Andre Williams, Allen Johnson, Sean Murray, Reggie Harris, Kevin Brown, Harlis Meaders, William Darity. *N.C. State* (2) - David Honea, Tony Riley. *Virginia* (2) - Steve Dunphy, Steve Kiessling. *Wake Forest* (2) - Andrew Bloom, John Sence.

1993 - *Clemson* (9) - Kevin Hogan, Wesley Russell, Enayat Oliver, Michael Wheatley, Michael Green, Andrew Beecher, Cormac Finnerty, Devon Wilson, Trevor Gilbert. *Florida State* (1) - John Rothwell. *Georgia Tech* (4) - Conrad Nichols, Guy Robinson, Derek Mills, Julian Amedee. *Maryland* (1) - Kevin McQueen, Md. *North Carolina* (3) - Andre Williams, Allen Johnson, Phil Hemery. *N.C. State* (1) - Tony Riley, NCS. *Virginia* (2) - Rob Cook, Gerald Howard. *Wake Forest* (2) - John Sence, Paul Sklar.

1994 - *Clemson* (8) - Eric Lander, Duane Ross, Enayat Oliver, Mitchel Francis, Larry Ryans, Tony Wheeler, Mike Kauffman. *Florida State* (8) - Philip Riley, Ryan Carson, Marc Anderson, Justin Johnston, Jeff Bray, Jonathan Carter, Kevin Ansley, Lou Angelo. *Georgia Tech* (5) - Octavius Terry, Jonas Montejunas, Conrad Nichols, David Krummenacker, Derek Mills. *N.C. State* (4) - Neil Chance, Jose Gonzalez, Sean Garland, Tyrell Tait. *North Carolina* (7) - Eric O'Brien, Tony McCall, Andre Williams, Maurice Smith, Jeff Klutetz, Kevin Brown, Marcus Jones. *Virginia* (3) - Mark Hammons, Steve Dunphy, Rob Cook.

1995 - *Clemson* (9) - Mitchel Francis, David Hartzler, Greg Hines, Todd Holliday, Enayat Oliver, Duane Ross, Shawn Thomas, John Thorp, Tony Wheeler. *Duke* (1) - Miles Hall. *Florida State* (6) - Mark Anderson, Lou Angelo, Ryan Carson, Jon Carter, Justin Johnston, Tim Middlekoop. *Georgia Tech* (3) - Eric Bowers, George Darden, Octavius Terry. *Maryland* (1) - Brian Montgomery. *North Carolina* (7) - Chad Black, Milton Campbell, Ken Harnden, Curtis Johnson, Jeff Klutetz, Tony McCall, Kendrick Morgan. *N.C. State* (3) - Emmanuel Barnes, Neil Chance, Jason Perry. *Virginia* (1) - John Anderson. *Wake Forest* (7) - Kyle Armentrout, Andy Bloom, Eric Dunn, Steve Guerrini, Pat Phillips, Jon Russell, Warren Sherman.

- 1995 SUMMARY -

NORTH CAROLINA - ACC Champion & 16th Place NCAA Championships
 WAKE FOREST - Tied 33rd Place NCAA Championships
 N.C. STATE - Tied 47th Place NCAA Championships

13th Annual Championship Meet, Winston-Salem, N.C., April 21-22

Team	Points	Team	Points
North Carolina	199	Maryland	44
Virginia	118	Georgia Tech	41
Clemson	116	Duke	13
Florida State	104	N.C. State	12
Wake Forest	87		

ATLANTIC COAST CONFERENCE CHAMPIONS: 100-Meter Dash-Deleeta Bradley, Florida State (11.60). 200-Meter Dash-Treshell Mayo, Clemson (23.47). 400-Meter Dash-Monique Hennegan, North Carolina (53.42). 800-Meter Run-Monique Hunt, North Carolina (2:06.83). 1500-Meter Run-Jennifer Finnegan, Wake Forest (4:25.63). 3000-Meter Run-Kristen Hall, N.C. State (9:44.09). 5000-Meter Run-Cindy Moreshead, Wake Forest (17:06.50). 10,000-Meter Run-Cindy Moreshead, Wake Forest (36:14.52). 100-Meter Hurdles-Tasha Colander, North Carolina (13.50). 400-Meter Hurdles-Radhiya Teagle, Florida State (58.83). 400-Meter Relay-Virginia (Kimbrough, Alleyne, Edmundson, Satchell) (45.20). 4x400-Meter Relay-Florida State (Embon, Teagle, Danvers, Shepard) (3:37.66). High Jump-Kim Jones, North Carolina (5'9¼"). Long Jump-Marion Jones, North Carolina (20'10½"). Triple Jump-Tyra Moore, North Carolina (42'8¼"). Shot Put-Nicole Sims, Clemson (52'7¼"). Discus-Amy Brown, Virginia (154'6"). Javelin-Price Russell, North Carolina (164'11"). Heptathlon-Catrina Bindel, Wake Forest (5,433).

ATLANTIC COAST CONFERENCE MEET TRI-MVPs: Cynthia Moreshead, Wake Forest; Nicole Sims, Clemson; Radhiya Teagle, Florida State.

ATLANTIC COAST CONFERENCE CO-COACH OF THE YEAR: Fred Binggelli, Virginia; Dennis Craddock, North Carolina.

ALL-ATLANTIC COAST CONFERENCE: Clemson (3)-Treshell Mayo, Mareike Rassing, Nicole Sims. Florida State (7)-Deleeta Bradley, Maria Embon, Sophia Danvers, Catherine Erickson, Rikke Ronholt, Erica Shepard, Radhiya Teagle. Georgia Tech (1)-Mary Sullivan. Maryland (1)-Simone Farrar. North Carolina (9)-Tasha Colander, Sandi Everett, Karen Godlock, Monique Hennegan, Monique Hunt, Marion Jones, Tyra Moore, Price Russell, Tiffany Weatherford. N.C. State (1)-Kristen Hall. Virginia (6)-Valentia Alleyne, Amy Brown, Ann Crouse, Chrissie Edmundson, Nicole Kimbrough, Leslie Satchell. Wake Forest (5)-Catrina Bindel, Kate Brandy, Jennifer Finnegan, Cindy Moreshead, Chrissy Person.

NCAA MEET RESULTS (Knoxville, Tenn., May 31-June 3): 1-Louisiana State (69), 2-UCLA (58), 3-Georgia (41.5), 4-Illinois (30.5), 5-George Mason (29.5), 6-Southern Methodist, Texas and Nebraska (27), 9-Tennessee (23), 10-Wisconsin (21.5), 11-Villanova (20), 12-Eastern Michigan and Providence (18), 14-Colorado and Kansas State (17), 16-North Carolina (16.5), 17-Arizona State, Miami (Fl) and Pittsburgh (15), 20-Kent State (14), T33-Wake Forest (7), T47-N.C. State (3).

NCAA MEET RESULTS - Individual (Top Eight Finishers): 800-Meter Run-6/Monique Hunt, UNC (2:06.65). 1500-Meter Run-4/Jennifer Finnegan, WFU (4:17.51). 10000 Meter Run-6/Kristen Hall, NCS (35:25.65). 100-Meter Hurdles-6/Tasha Colander, UNC (13.56). 4x100-Meter Relay-5/North Carolina (44.24). High Jump-7/Kim Jones, UNC (5'9¼"). Long Jump-4/Marion Jones, UNC (21'½"). Triple Jump-10/Tyra Moore, UNC (42'4¼"). Shot Put-13/Nicole Sims, Clem (49'9"). Javelin-8/Mary Price Russell, UNC (160'4"). Heptathlon-7/Catrina Bindel, WFU (5,497).

NEW CONFERENCE OUTDOOR MEET RECORDS: Shot Put-52'7¼" by Nicole Sims, Clemson (old: 52'1½" by Marita Walton, Maryland, 1983)

1995 Top Individual Performers

100-M Dash: Deleeta Bradley, FSU 11.60
 Tasha Colander, UNC 11.60
 200-M Dash: Karen Joseph, FSU 23.43
 400-M Dash: Monique Hennagan, UNC 52.32
 800-M Run: Monique Hunt, UNC 2:04.79
 1500-M Run: Jennifer Finnegan, WFU . 4:17.51
 3000-M Run: Nicole Stevenson, WFU . . 9:34.8
 5000-M Run: Kristen Hall, NCS 16:54.31

10,000-M Run: Kristen Hall, NCS ... 34:15.86
 100-M Hurdles: Tasha Colander, UNC 13.27
 400-M Hurdles: Radhiya Teagle, FSU .. 57.72
 400-M Relay: North Carolina 44.24
 4x400-M Relay: North Carolina 3:35.21
 High Jump: Kim Jones, UNC 6'½"
 Long Jump: Marion Jones, UNC 21'1¾"

Triple Jump: Tyra Moore, UNC 42'8¼"
 Shot Put: Nicole Sims, Clem 52'7¼"
 Discus: Amy Brown, UVA 159'7"
 Javelin: Price Russell, UNC 164'11"
 Heptathlon: Catrina Bindel, WFU 5497

Annual Women's Outdoor Track & Field Team Champions

Year	Team Champion	Head Coach	Runnerup	Meet Site
1983	Virginia	Dennis Craddock	Maryland	Clemson, S.C.
1984	Virginia	Dennis Craddock	North Carolina	Chapel Hill, N.C.
1985	Virginia	Dennis Craddock	N.C. State	Raleigh, N.C.
1986	Virginia	Doug Williamson	N.C. State	Chapel Hill, N.C.
1987	Virginia	Fred Binggeli	North Carolina	Atlanta, Ga.
1988	North Carolina	Dennis Craddock	Virginia	Durham, N.C.
1989	North Carolina	Dennis Craddock	Virginia	Charlottesville, Va.
1990	North Carolina	Dennis Craddock	Virginia	Clemson, S.C.
1991	Clemson	Wayne Coffman	North Carolina	Chapel Hill, N.C.
1992	North Carolina	Dennis Craddock	Clemson	Tallahassee, Fla.
1993	North Carolina	Dennis Craddock	Clemson	Chapel Hill, N.C.
1994	North Carolina	Dennis Craddock	Virginia	Raleigh, N.C.
1995	North Carolina	Dennis Craddock	Virginia	Winston-Salem, N.C.

Championships by School: North Carolina (7); Virginia (5); Clemson (1).

Championships by Coach: Dennis Craddock, UVa & UNC (10); Fred Binggeli, UVa (1); Wayne Coffman, Clem. (1), Doug Williamson, UVa (1).

ACC Championship Meet Results

1983	1984	1985	1986	1987
Virginia 196	Virginia 219	Virginia 226	Virginia 217	Virginia 185
Maryland 122	North Carolina 170.50	N.C. State 127	N.C. State 152	North Carolina 145
North Carolina 78	Maryland 113	Maryland 114	North Carolina 96	Maryland 75
N.C. State 76	Clemson 32	North Carolina 69	Maryland 38	Georgia Tech 71
Clemson 47	N.C. State 25.50	Duke 29	Clemson 35	N.C. State 56
Wake Forest 1	Wake Forest 20	Clemson 13	Georgia Tech 28	Wake Forest 23
		Wake Forest 4	Duke 18	Clemson 21
			Wake Forest 4	Duke 9
1988	1989	1990	1991	1992
North Carolina 226	North Carolina 193	North Carolina 217	Clemson 178	North Carolina 171
Virginia 107	Virginia 116	Virginia 142	North Carolina 175	Clemson 164
Georgia Tech 66	Clemson 111	Clemson 135	Virginia 125	Virginia 146
Maryland 54	Georgia Tech 72	Georgia Tech 42	Georgia Tech 44	Florida State 95
Clemson 54	N.C. State 49	N.C. State 22	N.C. State 30	Georgia Tech 75
N.C. State 38	Maryland 23	Duke 14	Maryland 28	Wake Forest 40
Wake Forest 22	Wake Forest 14	Maryland 10	Wake Forest 7	Maryland 28
Duke 16	Duke 10	Wake Forest 7	Duke 2	N.C. State 15
				Duke 5
1993	1994	1995		
North Carolina 198	North Carolina 242	North Carolina 199		
Clemson 127	Virginia 136	Virginia 118		
Virginia 122	Florida State 115	Clemson 116		
Florida State 110.5	Clemson 110	Florida State 104		
Wake Forest 92	Georgia Tech 55	Wake Forest 87		
Georgia Tech 47.5	Wake Forest 49	Maryland 44		
Maryland 18	Maryland 15	Georgia Tech 41		
N.C. State 13	N.C. State 11	Duke 13		
Duke 8	Duke 8	N.C. State 12		

Women's Outdoor Track & Field Records

Event	Individual, School	Performance	Site	Date
100 Meters	Conference: Sonja Fridy, Virginia	11.36	Raleigh, N.C.	3-28-87
	ACC Meet: Sonja Fridy, Virginia	11.42	Atlanta, Ga.	4-18-87
200 Meters	Conference: Kim Graham, Clemson	22.98	Noisy-le-Grand, France	7-3-93
	ACC Meet: Kim Graham, Clemson	23.31	Tallahassee, Fla.	4-18-92
400 Meters	Conference: Nelrae Pasha, Georgia Tech	51.30	Chapel Hill, N.C.	5-8-93
	ACC Meet: Nelrae Pasha, Georgia Tech	51.90	Chapel Hill, N.C.	4-17-93
800 Meters	Conference: Tina Krebs, Clemson	2:02.07	Knoxville, Tenn.	5-21-83
	ACC Meet: Tina Krebs, Clemson	2:02.81	Chapel Hill, N.C.	4-21-84
1500 Meters	Conference: Rosalind Taylor, Maryland	4:13.42	Tampa, Fla.	6-18-88
	ACC Meet: Rosalind Taylor, Maryland	4:20.76	Atlanta, Ga.	4-18-87
3000 Meters	Conference: Betty Springs, N.C. State	8:59.79	Indianapolis, Ind.	6-19-83
	ACC Meet: Claire Forbes, Virginia	9:13.75	Tallahassee, Fla.	4-17-92
5000 Meters	Conference: Betty Springs, N.C. State	15:33.43	Oslo, Norway	7-9-83
	ACC Meet: Kerry Robinson, Clemson	16:02.76	Clemson, S.C.	4-22-83
10,000 Meters	Conference: Kathy Ormsby, N.C. State	32:36.2	Philadelphia, Pa.	4-24-86
	ACC Meet: Joan Nesbit, North Carolina	33:00.53	Chapel Hill, N.C.	4-20-84
400-Meter Relay	Conference: Florida State	44.29	Austin, Texas	6-3-92
	(Trinette Johnson, Sheryl Covington, Patrice Verdun, Andi Lyons)			
	ACC Meet: Clemson	44.60	Tallahassee, Fla.	4-18-92
1600-Meter Relay	(Gail Prescod, Tonya McKelvey, Angel Fleetwood, Kim Graham)			
	Conference: North Carolina	3:32.17	Durham, N.C.	6-2-90
	(Rebecca Russell, Mia Pollard, Cammie Putman, Kendra Mackey)			
100-Meter Hurdles	ACC Meet: Georgia Tech	3:34.06	Tallahassee, Fla.	4-18-92
	(Nelrae Pasha, Janeen Jones, Shellie O'Neal, Audrey Dempsey)			
400-Meter Hurdles	Conference: Ayo Atterberry, North Carolina	13.33	Boise, Idaho	6-3-94
	ACC Meet: Ayo Atterberry, North Carolina	13.41	Raleigh, N.C.	4-23-94
High Jump	Conference: Rebecca Russell, North Carolina	56.86	Austin, Texas	6-5-92
	ACC Meet: Rebecca Russell, North Carolina	57.03	Tallahassee, Fla.	4-18-92
Long Jump	Conference: Tisha Waller, North Carolina	1.92m/6-3 1/2	Austin, Texas	5-5-91
		1.92m/6-3 1/2	Chapel Hill, N.C.	5-16-92
	ACC Meet: Tisha Waller, North Carolina	1.90m/6-2 3/4	Tallahassee, Fla.	4-17-92
Triple Jump	Conference: Marion Jones, North Carolina	6.75m/22-1 3/4	Boise, Idaho	6-1-94
	ACC Meet: Dana Boone, Virginia	6.41m/21-0 1/2	Chapel Hill, N.C.	4-19-91
	Trinette Johnson, Florida State		Tallahassee, Fla.	4-17-92
Shot Put	Conference: Kathy Harrison, Georgia Tech	13.37m/43-10 1/2	Baton Rouge, La.	6-6-87
	ACC Meet: Marchelle Payne, Maryland	12.95m/42-6	Tallahassee, Fla.	4-18-92
Discus	Conference: Marita Walton, Maryland	16.99m/55-9	Stanford, Calif.	4-2-83
	ACC Meet: Nicole Sims, Clemson	16.03m/52-7 1/4	Winston-Salem, N.C.	4-22-95
Javelin	Conference: Lynda Lipson, North Carolina	55.18m/181-0	Eugene, Oregon	6-18-93
	ACC Meet: Ingrid Hantho, North Carolina	55.12m/180-10	Raleigh, N.C.	4-23-94
Heptathlon	Conference: Julia Solo, Virginia	55.98m/183-8	Philadelphia, Pa.	4-28-89
	ACC Meet: Julia Solo, Virginia	54.38m/178-5	Durham, N.C.	4-22-88
Heptathlon	Conference: Nicky Hudson, North Carolina	5578	Austin, Texas	6-3/4-92
	ACC Meet: Nicky Hudson, North Carolina	5506	Chapel Hill, N.C.	4-19/20-91

Note: Records in the 100-meter dash, 200-meter dash, 100-meter hurdles, long jump or triple jump are based on the absence of an aiding wind of more than 2.0 meters per second or in the heptathlon if there is an aiding wind of more than 4.0 meters per second.

All-Conference Teams

- 1986 *Clemson (3)-Ute Jamrozy, Elsa Breit, Tina Krebs. Georgia Tech (1)-Kathy Harrison. Maryland (1)-Monica Kuhn. North Carolina (3)-Jill Irizarry, Sherrie MacKinney, Diane Thomas. N.C. State (9)-Natalie Lew, Kathy Ormsby, Suzie Tuffey, Janet Smith, Connie Robinson, Chavonda Jacobs, Cheryl Weaver, Jennifer Dunklin, Angela Hudson. Virginia (12)-Beth Sheehan, Phyllis Buber, Kim Duke, Tracy Crockett, Julia Solo, Shelly McBride, Michele Johnson, Lisa Jeter, Charlene Hinton, Sonja Fridy, Patty Matava, Cathy Fitzpatrick.*
- 1987 *Clemson (1)-Jeannie Burris. Georgia Tech (2)-Kathy Harrison, Pam Thomas. Maryland (2)-Rosalind Taylor, Beth Jacobsen. North Carolina (6)-Kari Krehnbrink, Lynn Norwood, Kim Austin, Mia Pollard, Shelby Moorman, Jill Irizarry. N.C. State (3)-Alicia Messina, Chavonda Jacobs, Susan Childers. Virginia (9)-Julia Solo, Michelle Rowen, Julia Sandy, Lisa Jeter, Kim Duke, Phyllis Buber, Patty Matava, Sonja Fridy, Charlene Hinton. Wake Forest (2)-Sue Vander Wagen, Cindy Goethals.*
- 1988 *Clemson (3)-Patricia Cuffey, Helen Rogers, Jeannie Burris. Georgia Tech (3)-Karen Hoffman, Bridget Koster, Anne Ylipahkala. North Carolina (12)-Sherrie MacKinney, Shelby Moorman, Lynn Norwood, Mia Pollard, Sonya Thomas, Kendra Mackey, Kim Austin, Tracy Cooke, Heidi Halbert, Sharon Couch, Kelly Joyce, Jill Irizarry. N.C. State (3)-Chavonda Jacobs, Janet Smith, Cheryl Weaver. Virginia (6)-Latanya Wynn, Dana Boone, Suzanne Sweeney, Leslie Stiff, Charlene Hinton, Julia Solo. Wake Forest (2)-Liz Becker, Jennifer Rioux.*
- 1989 *Clemson (5)-Angela Dolby, Lisa Parak, Lisa Dillard, Nancy Taliaferro, Jeannie Burris. Georgia Tech (4)-Pam Thomas, Bridget Koster, Shellie O'Neal, Anne Ylipahkala. Maryland (1)-Jennifer Van Horn. North Carolina (8)-Tisha Waller, Marta Thacker, Mia Pollard, Kim Austin, Kendra Mackey, Rebecca Russell, Sharon Couch, Nicky Hudson. N.C. State (2)-Katrina Price, Janet Smith. Virginia (4)-Dana Boone, Julia Sandy, Julia Solo, Suzanne Sweeney.*
- 1990 *Clemson (8)-Lisa Dillard, Angela Dolby, Anne Evans, Tara Henderson, Lisa Parak, Patina Walton, Michelle Scholtz, Angel Fleetwood. Georgia Tech (3)-Natasha Alleyne, Shellie O'Neal, Anne Ylipahkala. North Carolina (12)-Cammie Putman, Rebecca Russell, Penny Blackwell, Tisha Waller, Sonya Thomas, Mia Pollard, Kim Austin, Nicky Hudson, Sharon Couch, Jeanne Peterson, Lynda Lipson, Kendra Mackey. N.C. State (1)-Katrina Price. Virginia (6)-Cathron Birge, Kelly Bodiford, Claire Forbes, Dana Boone, Suzanne Sweeney, Julia Sandy.*
- 1991 *Clemson (10)-Angel Fleetwood, Lisa Parak, Kim Graham, Gail Groulx, Lisa Dillard, Tara Henderson, Patina Walton, Ane Skak, Mareike Rassing, Patricia Cuffey. Georgia Tech (3)-Nelrae Pasha, Shellie O'Neal, Janeen Jones. Maryland (2)-Jennifer Van Horn, Marchelle Payne. North Carolina (10)-Sharon Couch, Rebecca Russell, Tisha Waller, Sonya Thomas, Jeanne Peterson, Angela Boice, Lynda Lipson, Shannon Davenport, Kendra Mackey, Nicky Hudson. N.C. State (2)-Katrina Price, Laurie Gomez. Virginia (4)-Angela Griffith, Dana Boone, Claire Forbes, Kelly Bodiford.*
- 1992 *Clemson (9)-Karen Hartmann, Monyetta Haynesworth, Gail Prescod, Tonya McKelvey, Kim Graham, Liz Griesback, Anne Evans, Angel Fleetwood, Angela Dolby. Florida State (4)-Trinette Johnson, Angela Harris, Patrice Verdun, Kim Stephens. Georgia Tech (6)-Audrey Dempsey, Nelrae Pasha, Janeen Jones, Shellie O'Neal, Nelrae Pasha, Kelli Robinson. Maryland (1)-Marchelle Payne. North Carolina (7)-Tisha Waller, Rebecca Russell, Nicky Hudson, Lynda Lipson, Ingrid Hantho, Angela Boice, Penny Blackwell. Virginia (3)-Claire Forbes, Beni Gras, Sharon Servidio.*
- 1993 *Clemson (7)-Kim Graham, Monyetta Haynesworth, Treshell Mayo, Pam Ketter, Tonya McKelvey, Mareike Rassing, Ericka Selby. Florida State (3)-Kim Stephens, Trinette Johnson, Sheryl Covington. Georgia Tech (5)-Tahirah Tucker, Kelli Robinson, Jameka Reed, Nelrae Pasha, Telsie Andrews. Maryland (1)-Marchelle Payne. North Carolina (5)-Leslie McCaskill, Andrea Green, Ayo Atterberry, Lynda Lipson, Judith McCullough. N.C. State (1)-Heather Hollis. Virginia (3)-Kelly Bodiford, Sherry Gould, Kendra Hickman. Wake Forest (3)-Mary Powell, Kelly Clarke, Catrina Bindel.*
- 1994 *Clemson (5)-Jodie Phillips, Sharia Clinkscales, Mareike Rassing, Denise Massey, Nikki Sims. Florida State (8)-Peggy Armand, Erica Shepard, Radhiya Teagle, Indianne Henry, Sophia Danvers, Sheryl Covington, Shannon Cook, Myriam Charles. Georgia Tech (2)-Tracey Harrell, Janeen Jones. North Carolina (12)-Price Russell, Ayo Atterberry, Pam Morrison, Keisha Quick, Karen Godlock, Ingrid Hantho, Tiffany Weatherford, Sandi Everett, Marion Jones, Susanna Matsen, Leigh Dickson, Tyra Moore. Virginia (3)-Nicole Kimbrough, Rebecca Grube, Sharon Servidio. Wake Forest (3)-Kate Weber, Chrissy Person, Mia Richardson.*
- 1995 *Clemson (3)-Treshell Mayo, Mareike Rassing, Nicole Sims. Florida State (7)-Deleeta Bradley, Maria Embon, Sophia Danvers, Catherine Erickson, Rikke Ronholt, Erica Shepard, Radhiya Teagle. Georgia Tech (1)-Mary Sullivan. Maryland (1)-Simone Farrar. North Carolina (9)-Tasha Colander, Sandi Everett, Karen Godlock, Monique Hennegan, Monique Hunt, Marion Jones, Tyra Moore, Price Russell, Tiffany Weatherford. N.C. State (1)-Kristen Hall. Virginia (6)-Valentia Alleyne, Amy Brown, Ann Crouse, Chrissie Edmundson, Nicole Kimbrough, Leslie Satchell. Wake Forest (5)-Catrina Bindel, Kate Brandy, Jennifer Finnegan, Cindy Moreshead, Chrissy Person.*

Atlantic Coast Conference Women's Outdoor Track & Field Honors

Year	ACC Meet Outstanding Performer
1984	Joan Nesbit, North Carolina
1985	Linda Spent, Maryland
1986	Sonja Fridy, Virginia
1987	Kathy Harrison, Georgia Tech
1988	Kendra Mackey, North Carolina
1989	Sharon Couch, North Carolina
1990	Claire Forbes, Virginia
1991	Kim Graham, Clemson
1992	Claire Forbes, Virginia and Kim Graham, Clemson
1993	Kim Graham, Clemson
1994	Janeen Jones, Georgia Tech
1995	Cynthia Moreshead, Wake Forest Radhiya Teagle, Florida State

Coach of the Year
Dennis Craddock, Virginia
Dennis Craddock, Virginia
Doug Williamson, Virginia
Dee Todd, Georgia Tech
Dennis Craddock, North Carolina
Dennis Craddock, North Carolina
Fred Binggeli, Virginia
Wayne Coffman, Clemson
Dennis Craddock, North Carolina
Francie Goodridge, Wake Forest
Dennis Craddock, North Carolina
Fred Binggeli, Virginia
Dennis Craddock, North Carolina

Individual Champions

100-Meter Dash

1983	Senerchia Gray, NCS	12.19
1984	Sonja Fridy, UVa	11.9
1985	Nevada Tinsley, UVa	12.33
1986	Sonja Fridy, UVa	11.67
1987	Sonja Fridy, UVa	11.42
1988	Kendra Mackey, UNC	11.58
1989	Lisa Dillard, Clem.	11.64
1990	Lisa Dillard, Clem.	11.57
1991	Kendra Mackey, UNC	11.62
1992	Kim Graham, Clem.	11.48
1993	Kim Graham, Clem.	11.57
1994	Marion Jones, UNC	11.67
1995	Deletea Bradley, FSU	11.60

200-Meter Dash

1983	Lisa Garrett, UVa	24.50
1984	Sonja Fridy, UVa	24.51
1985	Jennifer Dunklin, NCS	24.51
1986	Sonja Fridy, UVa	23.72
1987	Sonja Fridy, UVa	23.32
1988	Kendra Mackey, UNC	23.84
1989	Lisa Dillard, Clem.	23.73
1990	Lisa Dillard, Clem.	23.56
1991	Kim Graham, Clem.	23.42
1992	Kim Graham, Clem.	23.31
1993	Kim Graham, Clem.	23.73
1994	Janeen Jones, GaT	23.46
1995	Treshell Mayo, Clem	23.47

400-Meter Dash

1983	Lisa Garrett, UVa	54.80
1984	Kelly Houk, UNC	55.21
1985	Gail Bryant, UVa	54.90
1986	Jennifer Dunklin, NCS	54.51
1987	Kathy Harrison, GaT	52.59
1988	Shelby Moorman, UNC	55.21
1989	Kendra Mackey, UNC	53.56
1990	Kendra Mackey, UNC	53.37
1991	Nelrae Pasha, GaT	52.92
1992	Nelrae Pasha, GaT	52.11
1993	Nelrae Pasha, GaT	51.90
1994	Janeen Jones, GaT	52.20
1995	Monique Hennegan, UNC	52.58

800-Meter Run

1983	Tina Krebs, Clem.	2:06.00
1984	Tina Krebs, Clem.	2:02.82
1985	Tina Krebs, Clem.	2:05.79
1986	Tina Krebs, Clem.	2:05.80
1987	Phyllis Buber, UVa	2:07.21
1988	Mia Pollard, UNC	2:09.00
1989	Mia Pollard, UNC	2:07.99
1990	Mia Pollard, UNC	2:08.93
1991	Rebecca Russell, UNC	2:04.90
1992	Shellie O'Neal, GaT	2:05.91
1993	Andrea Green, UNC	2:09.00
1994	Chrissy Person, WF	2:07.48
1995	Monique Hunt, UNC	2:06.83

1500-Meter Run

1983	Lynne Strauss, Clem.	4:25.42
1984	Carolyn Forde, Md.	4:20.82
1985	Carolyn Forde, Md.	4:23.39
1986	Elsa Breit, Clem.	4:23.77
1987	Rosalind Taylor, Md.	4:20.76
1988	Rosalind Taylor, Md.	4:25.19
1989	Anne Ylipahkala, GaT	4:23.95
1990	Claire Forbes, UVa	4:23.68
1991	Claire Forbes, UVa	4:22.72
1992	Karen Hartmann, Clem.	4:21.52
1993	Kelly Clarke, WF	4:24.55
1994	Karen Godlock, UNC	4:28.04
1995	Jennifer Finnegan, WF	4:25.63

3000-Meter Run

1983	Carolyn Forde, Md.	9:44.30
1984	Joan Nesbit, UNC	9:24.77
1985	Lynne Strauss, Clem.	9:32.91
1986	Suzie Tuffey, NCS	9:14.83
1987	Michelle Rowan, UVa	9:20.06
1988	Liz Becker, WF	9:25.75
1989	Janet Smith, NCS	9:23.40
1990	Claire Forbes, UVa	9:34.70
1991	Katrina Price, NCS	9:28.43
1992	Claire Forbes, UVa	9:13.75
1993	Mareike Rassing, Clem.	9:33.25
1994	Susanna Matsen, UNC	9:36.08
1995	Kristen Hall, NCS	9:44.09

5,000-Meter Run

1983	Kerry Robinson, Clem.	16:02.76
1984	Patty Matava, UVa	16:49.50
1985	Holly Murray, UNC	16:19.38
1986	Janet Smith, NCS	16:09.61
1987	Patty Matava, UVa	16:32.88
1988	Janet Smith, NCS	16:29.31
1989	Katrina Price, NCS	16:41.65
1990	Claire Forbes, UVa	16:48.44
1991	Claire Forbes, UVa	16:30.82
1992	Claire Forbes, UVa	16:35.98
1993	Mary Powell, WF	17:14.01
1994	Susanna Matsen, UNC	16:34.25
1995	Cindy Moreshead, WF	17:06.50

10,000-Meter Run

1983	Betty Springs, NCS	33:31.20
1984	Joan Nesbit, UNC	33:00.53
1985	Stacy Bilota, NCS	37:38.76
1986	Ute Jamrozky, Clem.	33:32.60
1987	Sue VanderWagon, WF	35:10.46
1988	Jennifer Rioux, WF	33:58.69
1989	Helen Rogers, Clem.	35:20.0
1990	Jeanne Peterson, UNC	34:42.84
1991	Jeanne Peterson, UNC	34:31.94
1992	Beni Gras, UVa	35:40.50
1993	Mary Powell, WF	35:56.68
1994	Tracey Harrell, GaT	34:27.50
1995	Cindy Moreshead, WF	36:14.52

100-Meter Hurdles

1983	Kim Hatchett, UVa	14.55
1984	Diane Thomas, UNC	14.06
1985	Tamela Penny, Md.	14.17
1986	Diane Thomas, UNC	14.59
1987	Kim Austin, UNC	14.06
1988	Tracy Cooke, UNC	13.73
1989	Kim Austin, UNC	13.79
1990	Sharon Couch, UNC	13.40
1991	Sharon Couch, UNC	13.54
1992	Audrey Dempsey, GaT	13:52
1993	Kelli Robinson, GaT	13.45
1994	Ayo Atterberry, UNC	13.41
1995	Tasha Colander, UNC	13.50

400-Meter Hurdles

1983	Kim Hatchett, UVa	62.84
1984	Gail Bryant, UVa	60.71
1985	Gail Bryant, UVa	60.43
1986	Kim Duke, UVa	60.54
1987	Kathy Harrison, GaT	57.59
1988	Jill Irizarry, UNC	59.20
1989	Pam Thomas, GaT	60.07
1990	Sonya Thomas, UNC	59.64
1991	Ane Skak, Clem.	58.61
1992	Rebecca Russell, UNC	57.03
1993	Ericka Selby, Clem.	1:02.04
1994	Radhiya Teagle, FSU	58.90
1995	Radhiya Teagle, FSU	58.83

High Jump

1983	Ann Bair, UVa	5-5 $\frac{3}{4}$
1984	Tamela Penny, Md.	5-7
1985	Monica Kuhn, Md.	5-7 $\frac{3}{4}$
1986	Monica Kuhn, Md.	5-8 $\frac{1}{2}$
1987	Chavonda Jacobs, NCS	5-9 $\frac{3}{4}$
1988	Chavonda Jacobs, NCS	5-8
1989	Tisha Waller, UNC	5-10
1990	Natasha Alleyne, GaT	5-8 $\frac{1}{2}$
1991	Tisha Waller, UNC	6-1 $\frac{1}{2}$
1992	Tisha Waller, UNC	6-2 $\frac{3}{4}$
1993	Catrina Bindel, WF	5-8 $\frac{3}{4}$
1994	Indianne Henry, FSU	5-11 $\frac{1}{4}$
1995	Kim Jones, UNC	5-9 $\frac{1}{4}$

Long Jump

1983	Tomi Rucker, Md.	19-1 $\frac{1}{2}$
1984	Felecia Carter, UNC	19-7
1985	Sonja Fridy, UVa	18-10 1/2
1986	Sonja Fridy, UVa	20-5 $\frac{3}{4}$
1987	Sonja Fridy, UVa	20-0 $\frac{1}{4}$
1988	Dana Boone, UVa	19-9 $\frac{1}{2}$
1989	Sharon Couch, UNC	20-1 $\frac{1}{2}$
1990	Dana Boone, UVa	20-7 $\frac{3}{4}$
1991	Dana Boone, UVa	21-0 $\frac{1}{2}$
1992	Trinette Johnson, FSU	21-0 $\frac{1}{2}$
1993	Trinette Johnson, FSU	21-6
1994	Marion Jones, UNC	20-3 $\frac{3}{4}$
1995	Marion Jones, UNC	20-10 $\frac{1}{2}$

Individual Champions (cont.)
Javelin

1983	Sue Amey, Md.	136-3
1984	Sherrie MacKinney, UNC	150-5
1985	Kelly Warner, UVa	139-8
1986	Julia Solo, UVa	170-9
1987	Julia Solo, UVa	168-8
1988	Julia Solo, UVa	178-5
1989	Julia Solo, UVa	168-9
1990	Lisa Parak, Clem.	161-4
1991	Lynda Lipson, UNC	144-8
1992	Liz Griesback, Clem.	148-6
1993	Lynda Lipson, UNC	162-5
1994	Price Russell, UNC	168-10
1995	Price Russell, UNC	164-11

4x100-Meter Relay

1983	North Carolina	49.75
1984	Virginia	47.21
1985	Virginia	46.60
1986	Virginia	46.24
1987	Virginia	46.18
1988	Virginia	47.38
1989	North Carolina	45.53
1990	Clemson	45.61
1991	Clemson	44.88
1992	Clemson	44.60
1993	Clemson	45.69
1994	North Carolina	45.39
1995	Virginia	45.20

Triple Jump

1984	Michele Johnson, UVa	38-8 $\frac{1}{4}$
1985	Michele Johnson, UVa	37-11 $\frac{1}{4}$
1986	Michele Johnson, UVa	40-2 $\frac{3}{4}$
1987	Kathy Harrison, GaT	42-4 $\frac{3}{4}$
1988	Dana Boone, UVa	40-6 $\frac{1}{4}$
1989	Kim Austin, UNC	42-4
1990	Kim Austin, UNC	43-9 $\frac{1}{4}$
1991	Dana Boone, UVa	42-6
1992	Marchelle Payne, Md.	42-6
1993	Marchelle Payne, Md.	41-7 $\frac{1}{4}$
1994	Tyra Moore, UNC	40-11 $\frac{1}{4}$
1995	Tyra Moore, UNC	42-8 $\frac{1}{4}$

4x400-Meter Relay

1983	Virginia	3:51.42
1984	Virginia	3:44.32
1985	Virginia	3:44.85
1986	Virginia	3:44.46
1987	North Carolina	3:47.84
1988	North Carolina	3:43.35
1989	North Carolina	3:40.85
1990	North Carolina	3:41.69
1991	Clemson	3:34.50
1992	Georgia Tech	3:34.06
1993	Georgia Tech	3:43.80
1994	Florida State	3:37.50
1995	Florida State	3:37.66

Shot Put

1983	Marita Walton, Md.	52-1 $\frac{1}{4}$
1984	Shunta Robinson, UNC	44-7
1985	Shunta Robinson, UNC	43-8 $\frac{1}{4}$
1986	Lisa Jeter, UVa	42-8 $\frac{3}{4}$
1987	Lisa Jeter, UVa	43-1 $\frac{3}{4}$
1988	Jeannie Burris, Clem.	45-9
1989	Jeannie Burris, Clem.	45-2 $\frac{1}{2}$
1990	Angela Dolby, Clem.	47-7 $\frac{3}{4}$
1991	Kelly Bodiford, UVa	48-6 $\frac{1}{4}$
1992	Angela Dolby, Clem.	50-0 $\frac{1}{2}$
1993	Lynda Lipson, UNC	46-3 $\frac{1}{4}$
1994	Nikki Sims, Clem	47-6 $\frac{1}{4}$
1995	Nicole Sims, Clem	52-7 $\frac{1}{4}$

Heptathlon

1983	Ann Bair, UVa	5387
1984	Linda Spenst, Md.	5330
1985	Linda Spenst, Md.	5398
1986	Beth Sheehan, UVa	5278
1987	Jill Irizarry, UNC	4968
1988	Jill Irizarry, UNC	5051
1989	Suzanne Sweeney, UVa	4915
1990	Nicky Hudson, UNC	5024
1991	Nicky Hudson, UNC	5506
1992	Nicky Hudson, UNC	5431
1993	Sherry Gould, UVa	5166
1994	Rebecca Grube, UVa	5308
1995	Catrina Bindel, WF	5433

Discus

1983	Marita Walton, Md.	162-2
1984	Kay Lichota, UNC	144-10
1985	Vanya Lewis, UVa	142-11
1986	Lisa Jeter, UVa	130-7
1987	Jeannie Burris, Clem.	135-5
1988	Heidi Halbert, UNC	137-10
1989	Lisa Parak, Clem.	150-2
1990	Lisa Parak, Clem.	149-7
1991	Lisa Parak, Clem.	149-8
1992	Lynda Lipson, UNC	169-10
1993	Kelly Bodiford, UVa	177-5
1994	Ingri Hantho, UNC	180-10
1995	Amy Brown, UVa	154-6

Women's Championship Meet Participation (1983-1995)

School	Years	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	Individual Champions
Clemson	(13) 1983-1995	1	2	3	2-1	2	1	1	0	0	41
Duke	(11) 1985-1995	0	0	0	0	1	1	1	5	3	0
Florida State	(4) 1991-1995	0	0	1	3	0	0	0	0	0	8
Georgia Tech	(10) 1986-1995	0	0	1	4	2	2	1	0	0	17
Maryland	(13) 1983-1995	0	1	3	1-1	0	3	4	0	0	17
North Carolina ...	(13) 1983-1995	7	3	2	1	0	0	0	0	0	71
N.C. State	(13) 1983-1995	0	2	0	1	5	1	0	3	1	14
Virginia	(13) 1983-1995	5	5	3	0	0	0	0	0	0	66
Wake Forest	(13) 1983-1995	0	0	0	0	2	5	4	2	0	12

Women's Individual & Relay Champions By Event & School (1983-1995)

Event	Years	Clem	Duke	FSU	GaT	Md	UNC	NCS	UVa	WF
100 Meters	(13) 1983-1995	4	0	0	0	0	3	1	4	0
200 Meters	(13) 1983-1995	6	0	0	1	0	1	1	4	0
400 Meters	(13) 1983-1995	0	0	0	5	0	5	1	2	0
800 Meters	(13) 1983-1995	4	0	0	1	0	6	0	1	1
1500 Meters	(13) 1983-1995	3	0	0	1	4	1	0	2	2
3000 Meters	(13) 1983-1995	2	0	0	0	1	2	4	3	1
5000 Meters	(13) 1983-1995	1	0	0	0	0	2	3	5	2
10,000 Meters	(13) 1983-1995	2	0	0	1	0	3	2	1	4
100-Meter Hurdles	(13) 1983-1995	0	0	0	2	1	9	0	1	0
400-Meter Hurdles	(13) 1983-1995	2	0	2	2	0	3	0	4	0
High Jump	(13) 1983-1995	0	0	1	1	3	4	2	1	1
Long Jump	(13) 1983-1995	0	0	2	0	1	4	0	6	0
Triple Jump	(11) 1984-1995	0	0	0	1	2	4	0	5	0
Shot Put	(13) 1983-1995	6	0	0	0	1	3	0	3	0
Discus	(13) 1983-1995	4	0	0	0	1	4	0	4	0
Javelin	(13) 1983-1995	2	0	0	0	1	5	0	5	0
4x100 Relay	(13) 1983-1995	4	0	0	0	0	3	0	6	0
4x400 Relay	(13) 1983-1995	1	0	2	2	0	4	0	4	0
Heptathlon	(13) 1983-1995	0	0	0	0	2	5	0	5	1
Totals	(13) 1987-1995	41	0	8	17	17	71	14	66	12

ACC in NCAA Championships

Year	Team	(Place)	Score	Year	Team	(Place)	Score	Year	Team	(Place)	Score
1982	Florida State●	(3rd)	119.5	1987	Florida State●	(10th)	22	1992	North Carolina	(12th)	20
	Virginia	(T11th)	40		Virginia	(T30th)	7		Clemson	(17th)	15
	Maryland	(21st)	16		Georgia Tech	(T30th)	7		Georgia Tech	(T29th)	6
	Clemson	(T32nd)	8	1988	Florida State●	(T30th)	5		N.C. State	(T29th)	6
	N.C. State	(T36th)	7		Maryland	(T30th)	5		Florida State	(T34th)	5
1983	Florida State●	(2nd)	108		N.C. State	(T30th)	5		Maryland	(T34th)	5
	N.C. State	(T10th)	37		North Carolina	(T38th)	4		Virginia	(T34th)	5
	Virginia	(T10th)	37		Virginia	(T42nd)	3	1993	Clemson	(T26th)	8
	Clemson	(T20th)	20	1989	Maryland	(T29th)	8		Georgia Tech	(T26th)	8
	Maryland	(T40th)	9		North Carolina	(T29th)	8		Virginia	(T36th)	4
1984	Florida State●	(1st)	145		N.C. State	(T29th)	8		North Carolina	(T44th)	3
	Maryland	(T36th)	10		Virginia	(T29th)	8		Florida State	(T49th)	2
	North Carolina	(T38th)	9		Clemson	participant		1994	North Carolina	(6th)	24
	N.C. State	(T54th)	6	1990	North Carolina	(14th)	19		Georgia Tech	(T29th)	8
1985	Florida State●	(T2nd)	46		N.C. State	(T25th)	8		Florida State	(T39th)	5
	Clemson	(T35th)	5		Virginia	(T25th)	8		Virginia	(T55th)	2
	Duke	(T40th)	3		Clemson	(33rd)	7	1995	North Carolina	(16th)	16.5
	Maryland	(T40th)	3		Georgia Tech	(T56th)	2		Wake Forest	(T33rd)	7
	Virginia	(T49th)	1	1991	North Carolina	(T10th)	18		N.C. State	(T47th)	3
1986	Florida State●	(T14th)	17		Clemson	(T12th)	17				
	Clemson	(T23rd)	11		N.C. State	(T18th)	11				
	Duke	(T33rd)	6		Virginia	(T39th)	5				
	N.C. State	(T39th)	5		Maryland	(T51st)	3				
	Virginia	(T55th)	1		Georgia Tech	(T58th)	1				

●Florida State had not joined the league yet

NCAA Outdoor Individual Champions

Year	Individual/School	Event	Mark	Host or Site
1982	Tonja Brown, FSU	400-Meter Hurdles	56.46	Brigham Young
1982	Marita Payne, FSU	400-Meter Dash	52.01	Brigham Young
1983	Betty Jo Springs, NCS	5,000-Meter Run	15:51.97	Houston
1983	Betty Jo Springs, NCS	10,000-Meter Run	33:01.02	Houston
1983	Florida State	400-Meter Relay	42.94	Houston
	(Angela Wright, Marita Payne, Brenda Cliette, Randy Givens)			
1983	Florida State◆	1600-Meter Relay	3:28.46	Houston
	(Randy Givens, Brenda Cliette, Angela Wright, Marita Payne)			
1984	Randy Givens, FSU	100-Meter Dash	11.06w	Oregon
1984	Randy Givens, FSU	200-Meter Dash	22.87	Oregon
1984	Marita Payne, FSU	400-Meter Dash	51.05	Oregon
1984	Florida State	400-Meter Relay	43.72	Oregon
	(Michelle Finn, Marita Payne, Brenda Cliette, Randy Givens)			
1984	Florida State	1600-Meter Relay	3:28.93	Oregon
	(Janet Davis, Brenda Cliette, Randy Givens, Marita Payne)			
1985	Michelle Finn, FSU	100-Meter Dash	11.04w	Texas
1985	Esmeralda Garcia, FSU	Triple Jump	43'7½"	Texas
1987	Florida State	400-Meter Relay	43.19	Louisiana State
	(Janet Levy, Janet Davis, Andrea Thompson, Michelle Finn)			
1991	Laurie Gomez, NCS	5000-Meter Run	16:07.96	Oregon

w denotes wind-aided times or distances

◆ denotes NCAA meet record holder