



Seminole Challenge Final Results

May 5, 1996
Mike Long Track
Tallahassee, FL

Women's 100 Meter Dash:

1. Jett, Kisha, Florida 11.43 w:NWI; 2. Custer, Casey JO, Florida Stat 11.82 w:NWI; 3. Mingo, Jennifer, Florida Stat 11.97 w:NWI; 4. Joseph, Karen, Florida Stat 12.15 w:NWI; 5. Johnson, Tiffany, Florida 12.18 w:NWI; 6. Johnson, Dana, Unattached 12.46 w:NWI; 7. McLean, Olen, Central Flor 12.82 w:NWI; 8. Halverson, Kim, Central Flor 12.90 w:NWI; 9. Alvarez, Lynette, Florida Stat FS w:NWI.

Women's 200 Meter Dash:

1. Jett, Kisha, Florida 23.21 w:NWI; 2. Robinson, Ebony, Florida 23.62 w:NWI; 3. Lawrence, Tanya, Florida Inte 24.16 w:NWI; 4. Custer, Casey JO, Florida Stat 24.42 w:NWI; 5. Bass, Valma, Florida CC J 24.59 w:NWI; 6. Mingo, Jennifer, Florida Stat 24.69 w:NWI; 7. Teagle, Radhiya, Florida Stat 25.18 w:NWI; 8. Johnson, Tiffany, Florida 25.19 w:NWI; 9. Akpan, Ime, Unattached 25.87 w:NWI; 10. Lafarr, Jamie, Florida 25.99 w:NWI; 11. Halverson, Kim, Central Flor 26.53 w:NWI; 12. McLean, Olen, Central Flor 26.55 w:NWI; 13. Allegretta, Jessica, Florida 27.14 w:NWI; 14. Alvarez, Lynette, Florida Stat 27.58 w:NWI.

Women's 400 Meter Dash:

1. Howard, Anita, Reebok 52.43; 2. Hudson, Jessica, Unattached 53.35; 3. Danvers, Sophia, Florida Stat 53.50; 4. Edwards, Yashiva, Florida Stat 53.65; 5. Embon, Maria, Florida Stat 53.98; 6. Fitts, Angela, Florida 54.48; 7. Parsons, Le'Titia, North Florid 54.73; 8. Mitchell, Kim, Reebok 55.00; 9. Lyles, Keisha, Unattached 55.91; 10. Covington, Sheryl, Unattached 55.92; 11. Bass, Valma, Florida CC J 56.09; 12. King, Tammy, Florida Inte 56.86; 13. Teagle, Radhiya, Florida Stat 56.99; 14. Brown, Melaine, North Florid 57.68; 15. Mullings, Zuzette, Unattached 59.11; 16. Rothwell, Cheryl, Jacksonville 1:02.37.

Women's 800 Meter Run:

1. Clark, Joetta, Footlocker T 2:01.10; 2. Besealy, Nekita, Reebok 2:06.92; 3. Shepard, Erica, Florida Stat 2:07.64; 4. Spann, Dawn, Florida Inte 2:14.17; 5. Crosby, Marleenea, Florida Stat 2:14.53; 6. Cranston, Beth, Florida 2:14.77; 7. McLaughlin, Joanna, Florida 2:15.15; 8. Singleton, Nicole, Florida Stat 2:15.34; 9. Cartee, Nicole, Bethune-Cook 2:16.29; 10. Starr, Christine, Florida 2:16.82; 11. Sturgeon, Rachel, Florida Inte 2:17.21; 12. Bell, Cheria, Central Flor 2:17.97; 13. Sparks, Rebecca, Brooks Racin 2:18.87; 14. Thompson, Stacy, Unattached 2:19.41; 15. Mihalcik, Jenny, Florida 2:19.47; 16. Moore, Leanne, North Florid 2:23.06; 17. Burnett, Allison, Florida 2:23.35; 18. Schriever, Courtney, Jacksonville 2:27.47; 19. McCubbin, Courtney, Florida 2:27.89; 20. Henderson, Shannon, Jacksonville 2:43.90; 21. Mosconi, Amy, Jacksonville 2:55.02.

Women's 1,500 Meter Run:

1. Wells, Becky, Florida 4:18.85; 2. Grady, Shannon, Florida 4:26.33; 3. Pawelek, Kim, North Florid 4:29.62; 4. Mason, Christie, Florida Inte 4:32.25; 5. Sparks, Rebecca, Brooks Racin 4:35.41; 6. Fisher, Kim, Florida 4:37.81; 7. McCray, Bonnie, Unattached 4:37.92; 8. Singleton, Nicole, Florida Stat 4:38.76; 9. Wilson, Robyn, Jacksonville 4:48.27; 10. Kendall, Michelle, Jacksonville 4:52.21; 11. Anderson, Heather, Florida Stat 4:54.89; 12. Blundell, Jessica, Jacksonville 5:05.56; 13. Zakhary, Maria, Jacksonville 5:09.34; 14. Callis, Laura, Unattached 5:15.64; 15. Adriani, Micah, Central Flor 5:19.84; 16. Hanley, Jennifer, Jacksonville 5:52.29.

Women's 3,000 Meter Run:

1. Miller, Christy, Central Flor 10:27.54; 2. Meadows, Theresa, Jacksonville 10:28.16; 3. Thompson, Jodi, Jacksonville 11:00.91; 4. Stein, Robyn, Florida 11:07.08; 5. Ventura, Corie, Florida CC J 12:01.88.

Women's 5,000 Meter Run:

1. Hill, Tiffany, Central Flor 19:09.99; 2. Lesniak, Jeanne, Central Flor 19:20.74; 3. Mangaroo, Chateau, Florida Stat 19:34.94; 4. Wiggins, Leslie, Florida Stat 19:49.72; 5. Vitori, April, Central Flor 20:45.26; 6. Knapp, Meg, Central Flor 20:45.41.

Women's 100 Meter High Hurdles:

1. Akpan, Ime, Unattached 14.01 w:NWI; 2. Thorne, Kristin, Florida Stat 14.02 w:NWI; 3. Shivers, Carmellia, Unattached 14.27 w:NWI; 4. Ronholt, Rikke, Florida Stat 14.97 w:NWI; 5. McLean, Olen, Central Flor 15.44 w:NWI; 6. Lafarr, Jamie, Florida 15.66 w:NWI; 7. Barbes, Adrianna, Jacksonville 16.22 w:NWI.

Women's 400 Meter Int Hurdles:

1. Mattis, Tracy, Nike Interna 57.64; 2. Ronholt, Rikke, Florida Stat 59.50; 3. Thorne, Kristin, Florida Stat 1:00.58; 4. Ullman, Carrie, Florida 1:01.53.

Women's 4x400 Meter Relay:

1. Unattached 3:30.48; 2. Florida Stat 3:32.70; 3. Florida 3:32.90; 4. Florida Inte 3:42.98; 5. Florida Stat "B" 3:44.15; 6. North Florid 3:48.63; 7. Florida "B" 3:54.14.

Women's High Jump:

1. Shivers, Carmellia, Unattached 1.65m (5-05); 2. Wilson, Shannon, Florida A&M 1.65m (5-05); 3. Daniels, Christine, Florida Stat 1.65m (5-05); 4. Dallmann, Hannah, Florida 1.60m (5-03); 5. Braswell, Christine, Florida 1.60m (5-03); 6. Boike, Michelle, Central Flor 1.50m (4-11).

Women's Long Jump:

1. Day, Keisha, Florida 5.73m w:NWI (18-09.75); 2. Moultrie, Petena, Florida Stat 5.60m w:NWI (18-04.50); 3. Small, Tasha, Florida 5.27m w:NWI (17-03.50); 4. Norton, Terita, Florida Stat 5.16m w:NWI (16-11.25); 5. Shivers, Carmellia, Unattached 5.15m w:NWI (16-10.75); 6. Connolly, Cathy, Jacksonville 4.54m w:NWI (14-10.75).

Women's Triple Jump:

1. Moultrie, Petena, Florida Stat 12.15m w:NWI (39-10.50); 2. Small, Tasha, Florida CC J 11.54m w:NWI (37-10.50); 3. Day, Keisha, Florida 11.38m w:NWI (37-04); 4. Norton, Terita, Florida Stat 10.69m w:NWI (35-01); 5. Welsh, Kelli, Central Flor 10.49m w:NWI (34-05).

Women's Shot Put:

1. Schroeder, Stacey, Florida 14.84m (48-08.25); 2. Cook, Shannon, Florida Stat 14.30m (46-11); 3. Mose, Lakeisha, Florida Stat 13.7m (40-01.25); 4. Shivers, Carmellia, Unattached 11.84m (38-10.25); 5. Lafarr, Jamie, Florida 9.58m (31-05.25); 6. Connolly, Cathy, Jacksonville 9.06m (29-08.75); 7. Ferrier, Nicole, Jacksonville 8.66m (28-05).

Women's Discus Throw:

1. Schroeder, Stacey, Florida 49.24m (161-06); 2. Jackson, Tamara, Southwest TE 46.26m (151-09); 3. Goens, Laura, Florida Stat 43.80m (143-08); 4. Cook, Shannon, Florida Stat 43.72m (143-05); 5. Mose, Lakeisha, Florida Stat 36.40m (119-05); 6. Jackson, Lashawnda, Florida 35.00m (114-10); 7. Ferrier, Nicole, Jacksonville 28.68m (94-01).

Women's Hammer Throw:

1. Marshall, Nikkie, Florida 46.12m (151-04); 2. Jackson, Lashawnda, Florida 44.70m (146-08); 3. Cook, Shannon, Florida Stat 43.54m (142-10); 4. Mose, Lakeisha, Florida Stat 43.38m (142-04); 5. Goens, Laura, Florida Stat 38.60m (126-08).

Women's Javelin Throw:

1. Herceg, Cindy, Unattached 52.20m (171-03); 2. Rothwell, Cheryl, Jacksonville 39.80m (130-07); 3. Marlow, Vikki, Florida 39.36m (129-01); 4. Sulte, Holly, Florida 38.86m (127-06); 5. Goens, Laura, Florida Stat 35.76m (117-04); 6. Connolly, Cathy, Jacksonville 28.68m (94-01); 7. Ethier, Nicole, Jacksonville 18.50m (60-08); 8. Huber, Sarah, Jacksonville 11.70m (38-05); - Watson, Solvi, Unattached FOUL; - Barbes, Adrianna, Jacksonville FOUL.

Men's 100 Meter Dash:

1. Sams, Terry, Florida 10.49 w:NWI; 2. Cocker, Ray, Florida Alum 10.51 w:NWI; 3. Barther, Larry, Florida 10.52 w:NWI; 4. Colombo, Andrea, Florida Stat 10.53 w:NWI; 5. Hodges, Eric, Miami Dade C 10.54 w:NWI; 6. Primas, Ashada, Miami Dade C 10.56 w:NWI; 7. Millner, Dominick, Unattached 10.63 w:NWI; 8. Capers, Byron, Florida Stat 10.65 w:NWI; 9. Blake, Cleon, Florida Stat 10.67 w:NWI; 10. Bolton, Anthony, Florida Stat 10.76 w:NWI; 11. West, Don, Florida Stat 10.80 w:NWI; 12. Jackson, Victor, Unattached 10.81 w:NWI; 13. Poole, Corey, Discipline T 10.93 w:NWI; 14. Buscema, John, Florida 11.24 w:NWI; 15. Magee, Claude, Unattached 11.25 w:NWI; 16. McIntire, David, Florida Stat 11.42 w:NWI.

Men's 200 Meter Dash:

1. Harnden, Ken, Nike Interna 21.14 w:NWI; 2. Sams, Terry, Florida 21.18 w:NWI; 3. Cocker, Ray, Florida Alum 21.48 w:NWI; 4. Colombo, Andrea, Florida Stat 21.49 w:NWI; 5. Capers, Byron, Florida Stat 21.58 w:NWI; 6. Primas, Ashada, Miami Dade C 21.70 w:NWI; 7. Hodges, Eric, Miami Dade C 21.74 w:NWI; 8. Smtih, Van, Florida 21.84 w:NWI; 9. Blake, Cleon, Florida Stat 21.93 w:NWI; 10. Bolton, Anthony, Florida Stat 21.99 w:NWI; 11. Poole, Dwayne, Discipline T 22.17 w:NWI; 12. Jackson, Victor, Unattached 22.30 w:NWI; 13. Magee, Claude, Unattached 22.78 w:NWI.

Men's 400 Meter Dash:

1. Harnden, Ken, Nike Interna 46.26; 2. Hamilton, Aundrae, Miami Dade C 47.34; 3. Clervil, Gerald, Florida 47.71; 4. Carter, Jonathan, Florida Stat 48.31; 5. Pollard, Wilfred, Florida A&M 48.54; 6. Bradley, Gary, South Florid 48.56; 7. Brown, Wayne, Miami Dade C 49.17; 8. Benion, Jeremy, Miami Dade C 49.68; 9. Bulloch, Dominique, Unattached 55.57.

Men's 800 Meter Run:

1. Everett, Mark, New Balance 1:47.72; 1. Holman, Steve, Reebok 1:47.72; 3. Johnson, Donnell, Reebok 1:48.57; 4. Thorne, Ronald, Unattached 1:49.12; 5. Thompson, Rob, Florida Inte 1:49.22; 6. Dailey, Mark, Powerade TC 1:49.47; 7. Stallings, Jeremy, Florida 1:49.61; 8. Horton, Bradford, New York AC 1:50.58; 9. Smith, Danny, Florida Stat 1:52.32; 10. Dougan, Brian, Florida 1:52.57; 11. Kelly, Anton, Florida Stat 1:53.59; 12. Horne, James, Florida CC J 1:54.11; 13. Middelkoop, Tim, Florida Stat 1:55.57; 14. Curran, John, Florida Stat 1:56.68; 15. Nicaragua, Jerry, Miami Dade C 1:57.36; - Hickey, Brian, Unattached DNF.

Men's 1,500 Meter Run:

1. Williams, Mike, Unattached 3:52.93; 2. Ogletree, David, Florida Stat 3:53.90; 3. Dameron, Shannon, Miami Dade C 3:54.07; 4. Monderoy, Sheldon, South Florid 3:59.17; 5. Keller, Jeff, Florida Alum 4:02.46; 6. Ritter, Jason, Florida Stat 4:08.23; 7. Kamiska, Rick, Florida Alum 4:11.51; 8. Nickolas, Jimmy, Florida CC J 4:15.11; 9. Townsend, Brian, Florida CC J 4:17.72; 10. Johnson, Chris, Florida CC J 4:23.13; - Hickey, Brian, Unattached DNF.

Men's 5,000 Meter Run:

1. Vaknin, Dror, Unattached 14:53.91; 2. Ferrell, Jeff, South Florid 15:01.46; 3. Clark, Dan, Florida TC 15:06.47; 4. Plasencia, Rene, Central Flor 15:13.06; 5. Snelling, Lou, Central Flor 15:16.25; 6. Lipham, Erik, Central Flor 15:19.79; 7. Wilcox, Steve, Unattached 15:23.32; 8. Droze, Gary, Unattached 15:24.44; 9. Harkema, Kevin, South Florid 15:25.24; 10. Edge, Jeremy, South Florid 16:06.41; 11. Simpkins, Tim, Unattached 16:19.41; - Lucyk, Brian, Florida Stat DNF; - Ogletree, David, Florida Stat DNF; - Hollinger, Randy, Florida DNF; - Ritter, Jason, Florida Stat DNF.

Men's 110 Meter High Hurdles:

1. Riley, Phillip, Florida Stat 13.92 w:NWI; 2. West, Don, Florida Stat 14.32 w:NWI; 3. Buscema, John, Florida 14.53 w:NWI; 4. Hawkins, Yamil, Florida 14.88 w:NWI; 5. Terrell, Clay, Florida Stat 15.70 w:NWI; - Bolton, Anthony, Florida Stat DNF w:NWI.

Men's 400 Meter Int Hurdles:

1. Rothell, John, Nike Interna 49.18; 2. Dean-Neil, Andrew, Unattached 50.63; 3. Franklin, Tim, Florida Stat 50.81; 4. Dean-Neil, Anthony, Unattached 52.75; 5. Richardson, Thurston, Miami Dade C 52.80; 6. Hawkins, Yamil, Florida 54.11; 7. Glover, Reggie, Florida Stat 54.52; 8. Carter, Khalil, Florida 55.89; 9. Card, Tranquil, Miami Dade C 57.59.

Men's 3,000 Meter Steeplechase:

Men's 3,000 Meter Steeplechase: (Continued)

1. Hollinger, Randy, Florida 9:41.68; 2. Montini, Reid, Florida Stat 10:08.87.

4x100 Meter Relay:

1. Florida 40.31; 2. Miami Dade C 40.64; 3. Florida Stat 40.68; 4. Discipline T 40.79.

Men's 4x400 Meter Relay:

1. Florida Stat 3:10.24; 2. Florida 3:10.68; 3. Florida Stat "B" 3:14.38; 4. Florida CC J 3:16.37; 5. Florida "B" 3:17.19.

Men's High Jump:

1. Barton, Tony, Adidas TC 2.21m (7-03); 2. Garye, Chris, Florida A&M 2.18m (7-01.75); 3. Washington, Anthony, Florida Stat 2.05m (6-08.75); 4. Jones, Darius, Unattached 2.00m (6-06.75); 5. Osborn, Chris, Florida Stat 2.00m (6-06.75); 6. Robinson, Tony, Miami Dade C 1.95m (6-04.75); - Lopez, Juan, Florida FAIL.

Men's Pole Vault:

1. Stissel, Ken, Florida 5.05m (16-06.75); 2. Rumfelt, Troy, Florida 4.90m (16-00.75); 3. Till, Brian, Florida Stat 4.30m (14-01.25).

Men's Long Jump:

1. Millner, Dominick, Unattached 7.47m w:-0.2 (24-06.25); 2. Jones, Darius, Unattached 7.01m w:1.5 (23-0); 3. Smtih, Brian, Miami Dade C 6.99m w:-0.1 (22-11.25); 4. Robinson, Oscar, Florida Stat 6.49m w:0.3 (21-03.50); 5. McIntire, David, Florida Stat 6.27m w:0.6 (20-07); 6. Lopez, Juan, Florida 5.54m w:0.7 (18-02.25).

Men's Triple Jump:

1. Smtih, Brian, Miami Dade C 14.61m w:NWI (47-11.25); 2. Wright, Brinston, Miami Dade C 13.95m w:NWI (45-09.25); 3. Robinson, Oscar, Florida Stat 13.55m w:NWI (44-05.50).

Men's Shot Put:

1. Gurley, Buck, Unattached 17.10m (56-01.25); 2. Szawransyj, Paul, Florida 15.28m (50-01.75); 3. Navarro, Luis, Florida 15.22m (49-11.25); 4. Sergeant, Derek, Unattached 15.02m (49-03.50).

Men's Discus Throw:

1. Meaders, Harlis, Unattached 50.30m (165-0); 2. Navarro, Luis, Florida 49.10m (161-01); 3. Szawransyj, Paul, Florida 47.72m (156-07); 4. Gurley, Buck, Unattached 44.08m (144-07); 5. Claxton, Pra, Unattached 42.34m (138-11).

Men's Hammer Throw:

1. Szawransyj, Paul, Florida 54.50m (178-10); 2. Shirk, William, Florida Stat 51.34m (168-05); 3. Navarro, Luis, Florida 50.90m (156-07).

Men's Javelin Throw:

1. Angelo, Louis, Unattached 66.92m (219-07); 2. Johnston, Justin, Florida Stat 66.66m (218-08); 3. Hartle, Mike, Unattached 64.00m (210-0); 4. Supple, Paul, Florida 47.54m (156-0); 5. Lopez, Juan, Florida 40.64m (133-04).



MAY 5, 1996

FOR IMMEDIATE RELEASE

FSU HOSTS SEMINOLE CHALLENGE TRACK MEET

Tallahassee, FL -- Florida State University held the Seminole Challenge track meet at Mike Long Track. The meet included several other schools including Florida, Central Florida and Jacksonville.

The women's 4x400m relay was the highlight of the competition. FSU posted the best time in the nation to date with an NCAA automatic qualifying mark of 3:32.70. The Florida Gators were right behind the Lady Seminoles with a time of 3:32.90, the second fastest time in the country. An unattached team won the event with a time of 3:30.48. FSU's team of Yashiva Edwards, Maria Embon, Erica Shepard and Sophia Danvers finished second at the NCAA Indoor Championships earlier in the year.

Freshman Lakeisha Mose continues to improve as she added a collegiate best throw in the hammer. Mose, a native of Richmond, VA, had a toss of 142'4" which was good for fourth place.

All-American Phillip Riley took home first place in the 110 meter high hurdles. The senior, who was drafted by the Philadelphia Eagles in the recent NFL Draft, clocked in at 13.92. Riley automatically qualified for the NCAA's in the event earlier this season at the ACC Championships.

Petena Moultrie finished first in the triple jump for the Lady Seminoles. The senior from Jacksonville recorded a mark of 39'10.5" to beat out Tasha Small of FCCJ, who jumped 37'10.5"

Florida State will again be in action next weekend as FSU hosts the Seminole Twilight at Mike Long Track. The meet will be held May 11 and admission is free to the public.



FLORIDA STATE UNIVERSITY

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MAY 4, 1996

FOR IMMEDIATE RELEASE

FSU TRACK TEAMS IN ACTION SUNDAY

TALLAHASSEE, FL -- Florida State University will host the Seminole Challenge tomorrow at Mike Long Track. FSU will face several schools in the event including the University of Florida. Field events will start Sunday morning at 11:00 and the running events will start at 5:00 p.m. Admission is free to the public.

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TALLAHASSEE DEMOCRAT

MONDAY, MAY 6, 1996

FLORIDA STATE

Women's relay team sets national best

The Florida State women's 4x400 relay team posted a 3:32.70, the best in the nation this year, at the Seminole Challenge Track Meet on Sunday at Mike Long Track.

The team of **Yashiva Edwards**, **Maria Embon**, **Erica Shepard** and **Sophia Danvers** finished second behind an unattached team. FSU's relay team wound up second at the NCAA Indoor Championships earlier in the year.

All-American **Phillip Riley**, a former FSU football player who was drafted by the Philadelphia Eagles in last month's NFL Draft, won the 110-meter hurdles in 13.92.

Freshman **Lakeisha Mose** had a collegiate-best hammer throw of 142-4.

Petena Moultrie finished first in the triple jump with a 39-10.5.

Godby High's **Buck Gurley** won the shot put with a toss of 56-01.25.

The meet included unattached runners and teams from Central Florida, Florida and Jacksonville.
