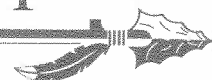




FLORIDA STATE UNIVERSITY

SPORTS INFORMATION



FOR IMMEDIATE RELEASE

APRIL 11, 1998

HOST FSU CONCLUDES FLORIDA INTERCOLLEGIATE WITH NUMEROUS INDIVIDUAL TITLES

TALLAHASSEE, FL -- The Florida State men's and women's track teams picked up 19 first place finishes as the Florida Intercollegiate Championships wrapped up competition this afternoon at Mike Long Track.

All-American Zuzette Mullings led the way for the women as she collected Florida Intercollegiate individual titles in both the long jump (20-3) and triple jump (40-0). Mullings also ran on the first place 4x100m relay team (along with Tonya Carter, Teresa Bundy and Jennifer Mayhue) that clocked in at 45.17 and took second in the 200m with a time of 23.98.

Lakeisha Mose and Ayana Townsend each added a pair of first place individual titles. Mose recorded throws of 162-5 in the hammer and 41-2.25 in the shot put while Townsend won the 100m hurdles (14.16) and the 400m hurdles (1:00.12).

On the men's side, Tavaris Spradley won the 100m dash while also running a leg of the winning Seminole 4x400m relay team with Nafthaly Kurgat, Kenyun Langston and Antonio Smith. Spradley ran 10.74 in the 100m and his relay team crossed the finish line at 3:20.06.

The following Florida State athletes also claimed first place finishes this weekend: Brad Hess (hammer, 151-11); Brad Shriver (5K, 15:13.67); Jody Lawrence (discus, 169-10); Chris Osborn (high jump, 6-11.75); Vanessa Fuchs (discus, 135-7); Barnard Francis (triple jump, 48-0.50); Christine Daniels (high jump, 5-5); Jason Dean (pole vault, 15-6); Nicole Singleton (800m, 2:10.02).

Next up for the FSU track teams are the ACC Outdoor Championships (April 17-18) in Orlando.

--30--

Finals WOMEN'S JAVELIN THROW

1. Cheryl Rothwell, Jacksonville 44.22m (145-01);
2. Shannon Steele, FL State 40.42m (132-07);
3. Chinette Johnson, FL State 30.20m (99-01);
4. Ingrid Rackebrandt, Jacksonville 27.68m (90-10).

Men's MEN'S JAVELIN THROW

1. Lou Angelo, Unattached 66.42m (217-11);
2. Greg Jack, Unattached 63.08m (206-11);
3. Mike Brown, Unattached 61.62m (202-02);
4. Dore Louis, FL State 55.90m (183-05);
5. Quasin Simmons, FL A & M 50.24m (164-10);
6. Daniel Irby, Jacksonville 48.76m (160-0);
7. Darius Jones, FL State 43.56m (142-11);
8. David Loreday, Jacksonville 37.68m (123-07);
9. Ryan O'Donnell, Jacksonville 32.96m (108-02).

Finals WOMEN'S HAMMER THROW

1. Lakeshia Mose, FL State 49.52m (162-05);
2. Sara White, FL State 41.42m (135-11);
3. Kerry Miano, FL State 36.94m (121-02);
4. Vanessa Fuchs, FL State 31.14m (102-02).

Finals MEN'S HAMMER THROW

1. Brad Hess, FL State 46.30m (151-11);
2. Jodi Lawrence, FL State 45.66m (149-10).

Finals WOMEN'S 1,500 METER RUN UNSEEDDED

1. Amy McCanless, Jacksonville 5:22.75;
2. Clair Simmons, Jacksonville 5:23.82;
3. Madeleine Combs, Jacksonville 5:44.54;
4. Emily Simmons, Jacksonville 5:44.64.

Finals MEN'S 1,500 METER RUN UNSEEDDED

1. Scott Chapman, FLorida Comm 4:07.79;
2. Morgan Castner, Unattached 4:35.88;
3. David Loreday, Jacksonville 4:44.04;
4. Shane Muscato, Jacksonville 4:54.49.

Finals MEN'S 3,000 METER STEEPLECHASE

1. Ed Barnett, Jacksonville 9:47.82;
2. Japheth Koech, Jacksonville 9:57.08;
3. Brandon Lauria, Jacksonville 10:04.31.

Finals MEN'S 5,000 METER RUN

1. Brad Shriver, FL State 15:13.67;
2. Elias Gonzalaz, FLorida Comm 15:31.62;
3. Chris Heijn DeVries, Jacksonville 15:53.71;
4. Bryan Cotter, Jacksonville 15:56.90;
5. Sean Cooper, Jacksonville 16:19.60;
6. Germaine Clark, FL A & M 16:36.64;
7. Aaron Coy, FL A & M 16:37.39;
8. Tim Simpkins, Unattached 16:41.81;
9. Marquan Mickle, FL A & M 16:41.82;
10. Corey Cherr, Unattached 16:59.79;
11. Bosworth Henry, FL A & M 17:40.62.

Finals WOMEN'S SHOT PUT

1. Lakeshia Mose, FL State 12.55m (41-02.25);
2. Vanessa Fuchs, FL State 11.42m (37-05.75);
3. Tamara Batey, FL A & M 11.17m (35-07.75);
4. Kerry Miano, FL State 10.84m (35-06.75);
5. Sara White, FL State 10.33m (33-10.75);
6. Johnetta Fulton, FL A & M 10.28m (33-08.75);
7. Maisha Anderson, FL A & M 10.19m (33-05.25).

Finals WOMEN'S POLE VAULT

1. Sara Robertson, Jacksonville 3.20m (10-06);
2. Ingrid Rackebrandt, Jacksonville 3.05m (10-0);
3. Chinette Johnson, FL State 2.60m (8-06.25);
3. Lindsey Adkins, FL State 2.60m (8-06.25).

Finals MEN'S DISCUS THROW

1. Jodi Lawrence, FL State 51.76m (169-10);
2. Donald Heaven, FL State 47.92m (157-03);
3. Jomo Cousins, FL A & M 47.44m (155-08);
4. Brad Hess, FL State 47.36m (155-04);
5. Jeff Scott, FL A & M 37.92m (124-05).

Finals WOMEN'S LONG JUMP WEST PIT

1. Zuzette Mullings, FL State 6.17m w:NWI (20-03);
2. Vanessa King, FL A & M 6.00m w:NWI (19-08.25);
3. Julia Bennett, Great Britia 5.81m w:NWI (19-00.75);
4. Chinette Johnson, FL State 5.75m w:NWI (18-10.50);
5. Ericka Williams, FL A & M 5.47m w:NWI (17-11.50);
6. Terita Norton, FL State 5.21m w:NWI (17-01.25);
7. Nicole Ethier, Jacksonville 4.60m w:NWI (15-01.25).

Finals MEN'S LONG JUMP EAST PIT

1. Nathan Morgan, Great Britia 7.20m w:NWI (23-07.50);
2. Darius Jones, FL State 7.17m w:NWI (23-06.25);
3. Reynold Martin, FL A & M 6.74m w:NWI (22-01.50);
4. David Barnett, FL A & M 6.72m w:NWI (22-00.75);
5. Marcus Odum, Unattached 6.64m w:NWI (21-09.50);
6. Cordney Battle, FL A & M 6.45m w:NWI (21-02);
7. Oscar Robinson, FL State 6.39m w:NWI (20-11.75);
8. Todd Marine, FL State 6.23m w:NWI (20-05.25);
9. David Loreday, Jacksonville 5.07m w:NWI (16-07.75);
9. Jumpin Jim McLester, FL State 5.07m w:NWI (16-07.75);
11. Bernard Francis, FL State 4.66m w:NWI (15-03.50).

Finals MEN'S HIGH JUMP

1. Chris Osborn, FL State 2.13m (6-11.75);
2. Darius Jones, FL State 2.03m (6-08);
3. Dore Louis, FL State 1.93m (6-04).

Finals WOMEN'S DISCUS THROW

1. Vanessa Fuchs, FL State 41.34m (135-07);
2. Sara White, FL State 37.86m (124-02);
3. Kerry Miano, FL State 37.58m (123-03);
4. Johnetta Fulton, FL A & M 36.88m (121-0);
5. Tamara Batey, FL A & M 36.30m (119-01);
6. Maisha Anderson, FL A & M 31.00m (101-08).

Finals WOMEN'S TRIPLE JUMP WEST PIT

1. Zuzette Mullings, FL State 12.19m w:NWI (40-0);
2. Chinette Johnson, FL State 11.99m w:NWI (39-04);
3. Vanessa King, FL A & M 11.87m w:NWI (38-11.50);
4. Ericka Williams, FL A & M 11.54m w:NWI (37-10.50);
5. Terita Norton, FL State 11.10m w:NWI (36-05).

Men's MEN'S TRIPLE JUMP EAST PIT

1. Bernard Francis, FL State 14.64m w:NWI (48-00.50);
2. Reynold Martin, FL A & M 14.13m w:NWI (46-04.25);
3. Cordney Battle, FL A & M 13.99m w:NWI (45-10.75);
4. Oscar Robinson, FL State 13.62m w:NWI (44-08.25);
5. Todd Marine, FL State 13.26m w:NWI (43-06).

Finals WOMEN'S HIGH JUMP

WOMEN'S HIGH JUMP (Continued)

1. Christine Daniels, FL State 1.65m (5-05); 2. Shannon Steele, FL State 1.65m (5-05); 3. Michaela Steele, FL State 1.60m (5-03); 4. Jennifer Mageras, Unattached 1.50m (4-11); - Jennifer Brown, FL A & M NH.

Men's SHOT PUT

1. Jeff Scott, FL A & M 15.68m (51-05.50); 2. Donald Heaven, FL State 15.08m (49-05.75); 3. Brad Hess, FL State 15.04m (49-04.25).

Finals MEN'S POLE VAULT

1. Jasen Dean, FL State 15-06 (4.72m); 2. Darius Jones, FL State 15-0 (4.57m); 3. Dore Louis, FL State 14-0 (4.27m); 4. Quasin Simmons, FL A & M 13-0 (3.96m); - Charlie Proux, Unattached NH.

Finals MEN'S 110 METER HIGH HURDLES

1. Orentheus Hutcherson, FL A & M 14.82 w:NWI; 2. Marcus Odum, Unattached 14.95 w:NWI; 3. Tamar Mowatt, Unattached 14.97 w:NWI; 4. Dore Louis, FL State 15.48 w:NWI.

Finals WOMEN'S 100 METER HIGH HURDLES

1. Yanni Townsend, FL State 14.16 w:NWI; 2. Kristen Thorne, Unattached 14.22 w:NWI; 3. Tatum Hopson, FL A & M 14.61 w:NWI; 4. Vanessa King, FL A & M 14.71 w:NWI; 5. Melanie Black, FL State 15.61 w:NWI.

Finals MEN'S 100 METER DASH

1. Travaris Spradley, FL State 10.74 w:NWI; 2. Kenneth Bush, FL A & M 10.84 w:NWI; 3. Dimitri Albert, Jacksonville 11.06 w:NWI; 4. Ryon Jason, FL A & M 11.10 w:NWI; 5. Daniel Irby, Jacksonville 11.66 w:NWI.

Finals WOMEN'S 100 METER DASH

1. Carla Guthrie, FL A & M 11.62 w:NWI; 2. Teresa Bundy, FL State 11.64 w:NWI; 3. Tonya Carter, FL State 11.72 w:NWI; 4. Tangela Neal, FL A & M 12.07 w:NWI; 5. Renee Herring, FL A & M 12.57 w:NWI; - Dorcus Golden, Jacksonville NT w:NWI; - Nikole Collins, Jacksonville NT w:NWI; - Danielle Riley, FL State NT w:NWI; - Melanie Black, FL State NT w:NWI.

Finals WOMEN'S 4X100 METER RELAY

1. FL State 45.17; 2. FL A & M 45.25; 3. Jacksonville 52.36.

Finals MEN'S 4X100 METER RELAY

1. FL A & M 41.76; 2. FL State 42.93; 3. Jacksonville 43.39.

Finals MEN'S 1,500 METER RUN SEEDED

1. Dave Ogletree, FL State 3:53.90; 2. James Thomas, Unattached 3:58.15; 3. Michi Maier, FL State 4:01.34; 4. Marquan Mickle, FL A & M 4:09.28; 5. Brady Thomas, Unattached 4:11.72.

Women's 400 METER DASH

1. Kim Batten, Reebok 51.85; 2. Sophia Danvers, OceanSpray 53.07; 3. Rikke Ronholt, Unattached 54.30; 4. Chinette Johnson, FL State 56.09; 5. Tangela Wobbleton, FL State 58.28; 6. Jennifer Mayhue, FL State 59.26; 7. Nikole Collins, Jacksonville 1:00.40; 8. April McAdoo, FL A & M 1:00.90; 9. Sara Robertson, Jacksonville 1:02.09; - Lakisha Johnson, FL A & M DNF.

Finals MEN'S 400 METER DASH

1. Ken Harnden, Unattached 46.24; 2. Winfred Pollard, FL A & M 46.74; 3. Charles Kumber-Smart, FL A & M 47.44; 4. Corey Cameron, FL A & M 48.53; 5. Kenyun Langston, FL State 49.00; 6. Antonio Smith, FL State 49.08; 7. Chris Williams, Unattached 49.24; 8. Calvin Randolph, FL State 49.96; 9. Kelvin Randolph, FL State 51.71.

Finals WOMEN'S 800 METER RUN

1. Nicole Singleton, FL State 2:10.02; 2. Maria Embon, Unattached 2:10.30; 3. Monica Green, FL A & M 2:13.57; 4. Alicia Sewell, FL A & M 2:17.76; 5. Asjah Muhammad, Jacksonville 2:19.94; 6. Jennifer Brown, FL A & M 2:20.68; 7. Ayesha Muhammad, Jacksonville 2:20.76; 8. Shanika Clary, FL A & M 2:21.63; 9. Dana Glover, Unattached 2:22.11; 10. Nadi Vlaun, FL State 2:31.86; 11. Addy Zeigert, Jacksonville 2:33.76; 12. Maria Zakhary, Jacksonville 2:34.57; 13. Latoya Jones, FL A & M 2:35.33; 14. Sarah Sandblom, Jacksonville 2:41.30.

Finals MEN'S 800 METER RUN

1. Danny Smith, Unattached 1:51.54; 2. Aaron Scheer, FL State 1:52.79; 3. Nafthaly Kurgat, FL State 1:52.82; 4. Jeremiah Hunt, FL State 1:53.89; 5. Terrell Davis, FL A & M 1:54.02; 6. Lee Willis, Unattached 1:55.02; 7. Wade Brett, Unattached 1:55.79; 8. Mike Recek, Unattached 1:58.91; 9. Zena Lewis, FL A & M 1:59.11; 10. Andy Cappiello, Jacksonville 2:01.50; 11. Bruno Avila, FL State 2:01.95; 12. Kevin Barry, Jacksonville 2:07.82.

Finals WOMEN'S 400 METER INT HURDLES

1. Yanni Townsend, FL State 1:00.12; 2. Tatum Hopson, FL A & M 1:04.02; 3. Fiona Norwood, FL State 1:05.72; 4. Danielle Riley, FL State 1:07.09.

Finals MEN'S 400 METER INT HURDLES

1. Orentheus Hutcherson, FL A & M 52.18; 2. Reggie Glover, Unattached 53.23; 3. Marcus Odum, Unattached 54.49; 4. Tamar Mowatt, Unattached 55.13; 5. SuperDave McIntire, FL State 56.12; 6. Ryan Owaski, FL State 56.31.

Finals WOMEN'S 200 METER DASH

1. Sophia Danvers, OceanSpray 23.77 w:NWI; 2. Zuzette Mullings, FL State 23.98 w:NWI; 3. Yashiva Edwards, Unattached 24.27 w:NWI; 4. Teresa Bundy, FL State 24.62 w:NWI; 5. Rikke Ronholt, Unattached 24.92 w:NWI; 6. Tangela Neal, FL A & M 25.22 w:NWI; 7. Renee Herring, FL A & M 25.65 w:NWI; 8. Duchane Cole, FL A & M 28.23 w:NWI; 9. Terita Norton, FL State 29.39 w:NWI.

Finals MEN'S 200 METER DASH

MEN'S 200 METER DASH (Continued)

1. Ken Harnden, Unattached 21.26 w:NWI; 2. Travaris Spradley, FL State 21.56 w:NWI; 3. Corey Cameron, FL A & M 21.73 w:NWI; 4. Antonio Smith, FL State 21.86 w:NWI; 5. Melvin Carter, FL A & M 22.03 w:NWI; 6. Kenneth Bush, FL A & M 22.06 w:NWI; 7. Dimitri
Hart, Jacksonville 22.52 w:NWI; 8. Calvin Randolph, FL State 22.58 w:NWI; 9. Chris Williams, Unattached 22.74 w:NWI; 10. Jayson
Jones, FL State 22.88 w:NWI; 11. John Underhill, Jacksonville 23.09 w:NWI; 12. Kelvin Randolph, FL State 23.27 w:NWI; 13. Patrick
Hayes, FL State 23.34 w:NWI.

Finals WOMEN'S 4X400 METER RELAY

1. Unattached 3:40.01; 2. FL State 3:49.70; 3. FL State "B" 4:04.92; 4. Jacksonville 4:16.88; 5. FL State "C" 4:26.50.

ACC Women's Outdoor Track & Field Best Performances Report

School: FSU

Meet Name: _____

FIELD EVENTS:

High Jump

	Performance
1. <u>Christine Brown</u>	<u>5-5</u>
2. <u>Sharon Green</u>	<u>5-3</u>
3. <u>Lindsay Smith</u>	<u>5-3</u>
4. _____	_____

Discus

	Performance
1. <u>Vanessa Fuchs</u>	<u>135-7</u>
2. <u>Sara White</u>	<u>124-2</u>
3. <u>Kerry Miano</u>	<u>123-3</u>
4. _____	_____

Long Jump

1. <u>Zucette Mullins</u>	<u>20-3</u>
2. <u>Chinette Johnson</u>	<u>18-10.50</u>
3. <u>Terita Norton</u>	<u>17-1.25</u>
4. _____	_____

Shot Put

1. <u>Lakeisha Mose</u>	<u>41-2.25</u>
2. <u>Vanessa Fuchs</u>	<u>37-5.75</u>
3. <u>Kerry Miano</u>	<u>35-6.75</u>
4. <u>Sara White</u>	<u>33-10.75</u>

Triple Jump

1. <u>Zucette Mullins</u>	<u>40-0</u>
2. <u>Chinette Johnson</u>	<u>39-4</u>
3. <u>Terita Norton</u>	<u>36-5</u>
4. _____	_____

Javelin

1. <u>Sharon Stude</u>	<u>132-7</u>
2. <u>Chinette Johnson</u>	<u>99-1</u>
3. _____	_____
4. _____	_____

Pole Vault

1. <u>Chinette Johnson</u>	<u>8-6.25</u>
2. <u>Lindsay Adams</u>	<u>8-6.25</u>
3. _____	_____
4. _____	_____

Hammer

1. <u>Lakeisha Mose</u>	<u>162-5</u>
2. <u>Sara White</u>	<u>135-11</u>
3. <u>Kerry Miano</u>	<u>121-2</u>
4. <u>Vanessa Fuchs</u>	<u>102-2</u>

Performer of the Week Nomination

SID Contact: Jeff P.Event: Long Jump, Triple Jump, 400mAthlete: Zucette MullinsPerformance: 20-3, 40-0, 45.1, 7Meet: FSU Int.Things To Note: • won three FSU Intercollegiate titles• Also finished 2nd in 200m at 23.98

ACC Men's Outdoor Track & Field Best Performances Report

School: FSU

Meet Name: _____

FIELD EVENTS:

High Jump

	Performance
1. <u>Chris Osborn</u>	<u>6-11.75</u>
2. <u>Darius Jones</u>	<u>6-8</u>
3. <u>Dore Louis</u>	<u>6-4</u>
4. _____	_____

Discus

	Performance
1. <u>Jody Lawrence</u>	<u>169-10</u>
2. <u>Donald Heaven</u>	<u>157-3</u>
3. <u>Brad Hess</u>	<u>155-4</u>
4. _____	_____

Long Jump

1. <u>Darius Jones</u>	<u>23-6.25</u>
2. <u>Oscar Robinson</u>	<u>20-11.75</u>
3. <u>Todd Marine</u>	<u>20-5.25</u>
4. <u>Barnard Francis</u>	<u>15-3.50</u>

Shot Put

1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

Triple Jump

1. <u>Barnard Francis</u>	<u>48-0.50</u>
2. <u>Oscar Robinson</u>	<u>44-8.25</u>
3. <u>Todd Marine</u>	<u>43-6</u>
4. _____	_____

Javelin

1. <u>Dore Louis</u>	<u>183-5</u>
2. <u>Darius Jones</u>	<u>142-11</u>
3. _____	_____
4. _____	_____

Pole Vault

1. <u>Jason Dean</u>	<u>15-6</u>
2. <u>Darius Jones</u>	<u>15-0</u>
3. <u>Dore Louis</u>	<u>14-0</u>
4. _____	_____

Hammer

1. <u>Brad Hess</u>	<u>151-11</u>
2. <u>Jody Lawrence</u>	<u>149-10</u>
3. _____	_____
4. _____	_____

Performer of the Week Nomination

SID Contact: Jeff P.Event: 100m / 4x400mAthlete: Tavaris SpedleyPerformance: 10.74 / 3:20.06Meet: FSU IntercollegiateThings To Note: won the 100m and ran on winning4x400m team at the FSU Intercollegiate

Meet Name: Florida Intercollegiate
 Meet Date: April 10-11
 School: FSU
 SID Contact: Jeff Roston

Site: Tallahassee, FL
 Track Size: _____
 FAX Number: 850-644-3820

Please list your top performances in each event. All times and marks must be reported in English measure

100 Meter Dash

Time

1. Tavaris Spradley 10.74
2. _____
3. _____
4. _____

5,000 Meter Run

1. Brad Shriver 15:13.67
2. _____
3. _____
4. _____

200 Meter Dash

1. Tavaris Spradley 21.56
2. Antonio Smith 21.86
3. Calvin Randolph 22.58
4. _____

10,000 Meters

1. _____
2. _____
3. _____
4. _____

400 Meter Dash

1. Kenyon Langston 49.00
2. Antonio Smith 49.08
3. Calvin Randolph 49.86
4. Kelvin Randolph 51.71

100-Meter Hurdles

1. Dore Louis 15.48
2. _____
3. _____
4. _____

800 Meter Run

1. Aaron Scheer 1:52.79
2. Nathaniel Kurgat 1:52.82
3. Jeremiah Hunt 1:53.89
4. _____

400-Meter Hurdles

1. Dave McIntire 56.12
2. Ryan Owski 56.31
3. _____
4. _____

1500 Meter Run

1. Dave Ogletree 3:53.90
2. _____
3. _____
4. _____

3,000 Meter Run

1. _____
2. _____
3. _____
4. _____

Mile Run

1. _____
2. _____
3. _____
4. _____

Time

1,600 Meter Relay

1. FSU 3:20.06

Heptathlon

1. _____
2. _____
3. _____
4. _____

400 Meter-Relay

1. FSU 42.93

ACC Women's Outdoor Track & Field Best Performances Report

Meet Name:

Florida Intercollegiate

Site:

FSU

Meet Date:

Track Size:

School:

State

FAX Number:

SID Contact:

Please list your top performances in each event. All times and marks must be reported in English measure

100 Meter Dash

Time

5,000 Meter Run

1. Teresa Bundy 11.64
2. Tonya Carter 11.72
3. _____
4. _____

1. _____
2. _____
3. _____
4. _____

200 Meter Dash

1. Zucetta Mullings 23.98
2. Teresa Bundy 24.62
3. _____
4. _____

10,000 Meters

1. _____
2. _____
3. _____
4. _____

400 Meter Dash

1. Chirette Johnson 56.09
2. Tangelia Wobblaton 58.28
3. Jennifer Mayhue 59.26
4. _____

100-Meter Hurdles

1. Ayana Townsend 14.16
2. Melanie Black 15.61
3. _____
4. _____

800 Meter Run

1. Nicole Singleton 2:10.02
2. Nadi Vlas 2:31.86
3. _____
4. _____

400-Meter Hurdles

1. Ayana Townsend 1:00.12
2. Evana Norwood 1:05.72
3. Danielle Riley 1:07.09
4. _____

1500 Meter Run

1. _____
2. _____
3. _____
4. _____

3,000 Meter Run

1. _____
2. _____
3. _____
4. _____

Mile Run

Time

1. _____
2. _____
3. _____
4. _____

1,600 Meter Relay

1. FSU 3:49.70
2. _____
3. _____
4. _____

400 Meter Relay

1. FSU 45.17

2. _____
3. _____
4. _____