



FLORIDA STATE UNIVERSITY

SPORTS INFORMATION



FOR IMMEDIATE RELEASE

DATE: March 29, 2003

CONTACT: Jason Leturmy, Track & Field SID (850) 644-4836

Tigchelaar And Gill Set School Records At Stanford Invitational
Senior Allison Lind runs to a personal best time at the Raleigh Relays.

TALLAHASSEE, Fla. – On Friday evening in Palo Alto, Calif. at the Stanford Invitational, seniors Joep Tigchelaar and Vicky Gill each turned in a personal best time in the men's and women's 10,000m run. Both Tigchelaar and Gill received automatic bids to the NCAA Championships in Sacramento, Calif. with their outstanding performances in the 10K and in the process established new school records.

Tigchelaar's time of 28:33.81 broke a school record that held strong for 32 years. Ken Misner held that record in the 10K when he ran 28:55.34 back in 1971. On a perfect evening for running in Palo Alto, Tigchelaar kept pace with the lead pack for pretty much the entire race. He moved anywhere from third to eighth place before making his move towards the front. With about 950m to go in the race, Tigchelaar claimed the lead and never looked back running his last mile in a time of 4:19.00.

Gill placed second in the women's 10K finishing in a time of 33:14.98. That time crushed the old school record by more than 44 seconds, previously held by Gill in a time 33:59.67 established back in 2002. Gill started the race with the second lead pack of runners, as several athletes got out to a quick start. Through the first half of the race, she sat in sixth before making strides to catch the leader. Gill would come up just short in her attempt to win the race, but not before running one of the best 10K's in her collegiate career.

At the Adidas Raleigh Relays on the campus of NC State, senior Allison Lind was the top performer for the Seminoles finishing tenth in a time of 35:37.70 in the 10K. Lind's performance was a personal best and places her fourth on the all-time FSU record books. Fellow teammate Misty Harper also turned in a record setting performance in the 10K, finishing in 14th place in a time of 36:20.97. Her personal best time was good for seventh in Florida State history.

Other performers in Raleigh were in the men's 5000m run: Kevin Cook, 22nd place (14:42.67) and AJ Wilson, 44th place (15:01.53); men's 10,000m: Matt Kalinski, 18th place (31:30.74).

Men 5000 Meter Run # II & I

EVENING SECTIONS Cut off 14:40 and under

Section #1 at 6:30pm Section 2 at 7:20pm

Region: 14:25.00

Rank	Name	Year School	Finals
1	Alan Webb	una-Nike	14:06.56
2	Rod Koborsi	Georgetown	14:07.59
3	Adam Sutton	Providence C	14:10.29
4	<u>Chris Seaton</u>	UNA-Adidas	14:15.35
5	Sean Graham	William & Ma	14:16.74
6	Paul Reilly	Providence C	14:19.89
7	<u>David Christian</u>	NC State	14:20.42
8	Musa Gwanzura	Unattached	14:22.09
9	Nick Mangum	NC State	14:23.29
10	Mike Smith	Georgetown	14:23.67
11	Jason Long	Unattached	14:26.10
12	Matt Ruhl	Virginia	14:26.28
13	Kyle Smits	Unattached	14:29.50
14	Andrew Carlson	Minnesota	14:30.03
15	Nolan Tully	Pennsylvania	14:31.68
16	Tyler McCabe	Providence C	14:31.87
17	Yewer Brad	East Tenness	14:35.57
18	Dan Tebbano	Unattached	14:37.32
19	<u>Ricky Brookshire</u>	NC State	14:37.34
20	Erik Grumstrup	Minnesota	14:39.71
21	Lucas Meyer	Yale Univers	14:42.56
22	Kevin Cook	Fla State	14:42.67
23	<u>Allen Bader</u>	Unattached	14:43.79
24	L.A. Snead	Virginia Tec	14:44.38
25	Josh DoBell	Minnesota	14:44.68
26	Scott Shaw	Clemson Univ	14:46.32
27	Jerimie Slick	Buffalo	14:49.52
28	Erick Too	Fairleigh Di	14:49.77
29	Tommy Manning	Georgetown	14:51.41
30	Derrick Williamson	Appalachian	14:51.75
31	Hubba Hill	High Point	14:52.36
32	Sean Stevens	Wake Forest	14:52.50
33	Brandon Bartholomew	Wake Forest	14:52.73
34	Nick Hutchins	Unattached	14:53.65
35	Jeff Hedley	William & Ma	14:54.01
36	Robert Rotich	Fairleigh Di	14:54.27
37	Lance Parker	Appalachian	14:54.71
38	Matthew Daly	UNC	14:54.92
39	Phil Latter	UNC-Asheville	14:56.00
40	Andrew Smith	una-Saucony	14:56.56
41	Dan Lounsbury	Bucknell	14:57.81
42	Josh Baker	Charlotte	14:58.67
43	Ted Herbert	James Madiso	15:00.58
44	A.J. Wilson	Fla State	15:01.53
45	Ben Lukowski	West Virgini	15:01.86
46	Duncan Bitok	Norfolk Stat	15:03.00
47	Mark Bahnuk	James Madiso	15:04.03
48	James Grufferty	East Tenness	15:05.72
49	Casey Moriarty	Yale Univers	15:06.62
50	Steve Owens	Edinboro Tra	15:06.72
51	Charlie Hurt	William & Ma	15:12.41
52	Pat Lenaghan	Georgetown	15:13.46
53	Matt Gutridge	Virginia	15:16.32
54	Jeff Fairman	High Point	15:17.43
55	Franklin Manchester	Appalachian	15:20.30
56	Tomasz Baginski	Lewis	15:22.69
57	Dave Vitto	Virginia	15:29.29
58	Seann Mulcahy	Richmond	15:30.99
59	Jared Kessen	Charlotte	15:33.31
60	Allen Carr	James Madiso	15:33.86
61	Matt Hannay	Richmond	15:35.92
62	Trevor Cable	William & Ma	15:40.05
63	Ethan Kearns	Georgetown	16:07.44
--	one Hall	Unattached	DNF
--	Robbie Watson	West Virgini	DNF
--	Matt Maline	William & Ma	DNF

-- Dusty Lieb	Pennsylvania	DNF
-- Chris Lukezic	Georgetown	DNF
-- Ruiz Bryce	NC State	DNF
-- <u>Colin Cronin</u>	Unattached	DNF
-- Brian Smith	Wake Forest	DNF
-- Mike Bialick	Minnesota	DNF

Women 10000 Meter Run

EVENING SECTION

Section I

Name	Year School	Finals
1 Kate O'Neill	Yale Univers	33:18.51
2 Laura O'Neill	Yale Univers	33:18.86
3 <u>Kristin Price</u>	NC State	33:27.78
4 Allison Henderson	William & Ma	33:55.23
5 <u>Beth Fonner</u>	NC State	34:28.60
6 Katherine Newberry	Unattached	34:29.08
7 Caroline Cretti	Williams	35:00.18
8 Jane Maxwell	Virginia	35:12.25
9 Ruth Chege	Richmond	35:33.27
10 Allison Lind	Fla State	35:37.70
11 Meghan McLaughlin	UNA-Potomac	35:52.06
12 Danielle Kramer	Unattached	36:16.88
13 Theresa Dennis	Bucknell	36:18.28
14 Misty Harper	Fla State	36:20.97
15 Stacey Vidt	Virginia Tec	36:28.40
16 Lindsay Vieira	Rhode Island	36:39.83
17 Kim Milbourn	Virginia Tec	36:48.00
18 Kristen Koch	Pennsylvania	36:57.98
19 Nadia Sawicki	Yale Univers	37:05.61
20 Aimee Gibbs	Christopher	37:06.83
21 Julia Bensen	Williams	37:12.03
22 Laura Magee	North Florid	37:15.57
23 Kim Wiedman	Unattached	37:30.53
24 Heidi Westerling	Rhode Island	37:35.78
25 Emily Vince	Yale Univers	37:48.97
26 Jennifer Malavolta	Unattached	37:59.01
27 Jane Albright	Rutgers	38:08.95
28 Robyn Ritter	Coastal Caro	38:16.38
29 Janelle Silverman	Appalachian	38:19.00
30 Andrea Good	Eastern Menn	38:25.67
31 Jen Oreck	Campbell	38:29.29
32 Lindsey roberts	edinboro	38:36.99
33 Crista Neinast	Albany	38:50.15
34 Lindsay McPherson	Charleston S	39:17.86
35 Rachel Tutmaher	Bucknell	39:35.73
36 Jenny Koepfel	Buffalo	39:58.65
37 Emily Ward	Richmond	40:14.50
38 Holly Potts	Rutgers	40:23.37
39 Leah Erenrich	WV Wesleyan	40:26.01
40 Marybeth Redheffer	Richmond	40:26.16
41 Rebecca Stearns	Duquesne Uni	40:33.95
42 Claire Tafelski	Rutgers	40:34.34
43 Amy Tucker	Duquesne Uni	40:37.79
44 Sarah Dill	Richmond	42:00.04
-- Jamie Vetten	High Point	DNF
-- Stephanie Hatfield	WV Wesleyan	DNF
-- Macy Little	UNC-Asheville	DNF

Men 10000 Meter Run Section I

*****EVENING SECTION***** Cut off 30:59.00 and under

Name	Year School	Finals
1 aron rowe	edinboro	30:17.38
2 Jason Meany	Clemson Univ	30:23.85
3 Folk Matt	Unattached	30:27.45
4 Pat Moulton	Providence C	30:28.97
5 Tony Evans	Unattached	30:30.84
6 Kevin Crosby	Furman	30:33.08
7 Paul Spangler	una-Gulf Win	30:38.47
8 Jacob Frey	William & Ma	30:43.25
9 Andy Filachek	Virginia	30:47.11
10 Mike Prada	Maryland	30:56.96
11 Ricky Moore	Wheeling Jes	30:59.24
12 kimmo lassila	edinboro	31:02.10
13 Matthew Wagoner	una-Bryn Maw	31:05.07
14 Terrance Coyne	La Salle Uni	31:09.64
15 Bryan Poerner	UNA-Philadel	31:12.56
16 Jason Schoener	William & Ma	31:14.10
17 Casey Frazier	Virginia Tec	31:20.59
18 Matt Kalinski	Fla State	31:30.74
19 Andrew Allstadt	Albany	31:39.88
20 Mike Lawson	Virginia Tec	31:41.51
21 Dustin Scott	Elizabethtow	31:45.65
22 joe reynolds	edinboro	31:46.18
23 Byron Gartrell	Boston Colle	31:47.81
24 Tim Fisher	Saint Joesph	31:55.80
25 Matt Pimentel	Clemson Univ	32:03.49
26 Tom Cresong	La Salle Uni	32:14.43
27 Andrew Frum	Ohio Univers	32:14.75
28 Nick Buzek	Youngstown S	32:20.84
29 David Kelly	Kent State	32:23.87
30 Tony Orcena	Youngstown S	32:35.47
31 Tyler Kirk	William & Ma	32:46.05
32 David Swift	Georgetown	33:15.15
Jason Gurney	WV Wesleyan	DNF
Colin Benner	La Salle Uni	DNF
-- Murad Campbell	Essex County	DNF

Men's 10,000 Meter Run Top Section

1	(h-1)	Joep Tigchelaar, Florida State	28:33.81
2	(h-1)	Mindaugas Pukstas, SMU	28:35.64
3	(h-1)	Matt Gonzales, New Mexico	28:38.64
4	(h-1)	<u>Ian Dobson</u> , Stanford	28:39.55
5	(h-1)	<u>Louis Luchini</u> , Stanford	28:41.13
6	(h-1)	Adam Wallace, Wisconsin	28:41.40
7	(h-1)	Keating Westly, Texas Pan-American	28:41.95
8	(h-1)	<u>Adam Tenforde</u> , Stanford	28:43.18
9	(h-1)	Fasil Bizuneh, Arizona State	28:55.88
10	(h-1)	<u>Brad Hauser</u> , Nike	28:59.35
11	(h-1)	Ryan Craig, Portland	29:04.98
12	(h-1)	Peter Kiprono, Alabama	29:07.64
13	(h-1)	Patrick Gildea, Tennessee	29:09.53
14	(h-1)	Ryan Andrus, Oregon	29:12.02
15	(h-1)	Greg Rouault, Oklahoma State	29:15.00
16	(h-1)	<u>Seth Hejny</u> , Stanford	29:16.08
17	(h-1)	Girmay Guangul, California	29:17.78
18	(h-1)	Aaron Davis, Team Eugene	29:19.36
19	(h-1)	William Kemey, Belmont	29:22.58
20	(h-1)	<u>Neil Davis</u> , Stanford	29:27.17
21	(h-1)	Christopher Toloff, Michigan State	29:29.89
22	(h-1)	Chris Lundstrom, Unattached	29:39.08
23	(h-1)	Jeff Driscoll, Portland	29:40.15
24	(h-1)	Travis Laird, Northern Arizona	29:43.47
25	(h-1)	Garick Hill, Wake Forest	29:46.14
26	(h-1)	Jake Flynn, Central Michigan	29:46.88
27	(h-1)	Ryan Miller, Reebok Aggies	30:12.03
28	(h-1)	Arthemon Sindayigaya, Abilene Christian	30:14.80
	(h-1)	<u>Jonathon Riley</u> , Nike	DNF

Women's 10,000 Meter Run

1	(h-1)	Magdalena Lewy, Nike Farm Team	32:41.76
2	(h-1)	Vicky Gill, Florida State	33:14.98
3	(h-1)	Anne Bersagel, Wake Forest	33:23.52
4	(h-1)	Lindsey Thompson, Brigham Young	33:25.30
5	(h-1)	Devra Vierkant, Brigham Young	33:29.97
6	(h-1)	Jamie Krzyminski, Michigan State	33:29.98
7	(h-1)	Sabrina Monro, Washington	33:32.28
8	(h-1)	Debbie Thornhill, Baylor	33:34.85
9	(h-1)	Kristen Ogden, Brigham Young	33:35.83
10	(h-1)	Melanie Cleland, Transports Adidas	33:49.69
11	(h-1)	Penny Splichal, Arkansas	34:14.15
12	(h-1)	Kate Bradshaw, Washington	34:43.47
13	(h-1)	Tara Struyk, West Virginia	34:45.34
14	(h-1)	Lisa Antonelli, Brigham Young	34:47.39
15	(h-1)	Cynthia Losee, Weber State	34:48.84
16	(h-1)	Kristen Koppes, Impala Racing	34:51.73
17	(h-1)	Katie Appenrodt, UC Santa Barbara	35:02.08
18	(h-1)	Laura Jakosky, Arkansas	35:05.67
19	(h-1)	Valerie Flores, UCLA	35:08.05
20	(h-1)	Carmen Winant, UCLA	35:15.04
21	(h-1)	Sarah Haskins, Tulsa	35:18.57
22	(h-1)	Cindy Durocher, Michigan State	35:19.12
23	(h-1)	Paige Higgins, Kansas	35:20.46
24	(h-1)	Lindsay Hattendorf, Indiana	35:23.31
25	(h-1)	Janae Johnson, Weber State	35:30.68
26	(h-1)	Katie Lee, Chico State	35:34.18
27	(h-1)	Kayte Tranel, Nebraska	35:50.10
28	(h-1)	Stephanie Bylander, Adams State	36:01.56
29	(h-1)	Lisa Massoth, UC Irvine	36:28.24
30	(h-1)	Carol Cabanillias, Utah State	36:36.54
31	(h-1)	Lauren Shaffer, Pittsburgh	36:40.19
32	(h-1)	Rebecca Obrecht, Indiana	36:49.05
33	(h-1)	Julie Manson, UC Irvine	36:49.25
	(h-1)	Emily Nay, Unattached	DNF