FOR IMMEDIATE RELEASE

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Track & Field Claim Two More School Records Gerber and Gill run to victories for the Seminoles

PALO ALTO, Calif. – It must be something in the water out in California. If four school records is an omen for what's lurking at the NCAA Championships to be held in Sacramento, Calif in June, then the Florida State track and field team is in pretty good shape. For the second time this season, the Seminoles traveled to Palo Alto, Calif. and for the second time will return to Tallahassee with two more school records. Back on March 28th, it was Joep Tigchelaar and Vicky Gill that established school record times in the 10K. This time, despite cold and windy conditions, Laura Gerber and Vicky Gill set school records in the 800m and 5000m, respectively.

Gerber, who entered the Cardinal Qualifier ranked third in the nation in the 800m, regained the top spot with her victory in a time of 2:03.08. She finished almost three seconds ahead of second place finisher, Laura Simmons (Nike Farm Team). Gerber now becomes the new school leader in the 800m surpassing Erica Shepard, who established the previous top time back in 1997 at 2:03.54.

Senior Vicky Gill must love running on the west coast. She set her second school record of the season on Friday evening, winning the women's 5000m run in a time of 15:42.40. Her time breaks her previous record mark of 15:58.99 set earlier this season in Tallahassee at the Snowbird Invitational.

Senior Maarten van den Heuvel ran to a season best time of 3:44.42 in the men's 1500m, finishing fifth. It was the second fastest time recorded by van den Heuvel in his collegiate running career.

The Florida State track and field team will return to action next weekend for their final meet before heading to the NCAA East Regional Championships on May 30-31. The Seminoles will travel to Atlanta, Ga. to compete in the Reebok Invitational, May 16-17.

-www.seminoles.com-

2003 Cardinal Qualifier Results

By Track-on-a-Mac on May 9, 2003 at 9:36 PM

Men's 400 Meters

1	(h-1)	Curt Goehring, Stanford	48.44	
2	(h-1)	Che Banjoko, Unattached	49.66	5
3	(h-1)	Busayo Ojumu, Stanford	49.98	3
4	(h-1)	Jeff Conkey, Stanford	51.45	
5	(h-1)	Dominique Higgins, Unattached	52	2.39
6	(h-1)	Chris Ryan, Stanford	54.05	
7	(h-1)	Daniel Knickerbocker, Stanford	55.	60
Me	n's 800) Meters		
1	(h-1)	Toby Henkels, Team USA Minne	sota	1:49.33
2	(h-1)	Sebastian Hock, SMU	1:49.9	6
3	(h-1)	Aaron Davis, Adams State	1:50	.09
4	(h-2)	Nick Symmonds, Willamette	1:5	1.29
5	(h-1)	Chris Puga, Cal State Northridge	1:5	1.65
6	(h-1)	Jeff Delong, Nike Farm Team	1:5	2.02
7	(h-2)	Brendan Fitzgibbon, Nike Farm T	'eam	1:52.41
8	(h-1)	John Honerkamp, Unattached	1:5	2.49
9	(h-2)	Robert Hatcher, Tennessee-Chatta	nooga	1:52.71
10	(h-2)	Randy Fair, California	1:52.98	3
11	(h-2)	Ryan Chaney, Unattached	1:53	3.45
12	(h-1)	Darren Dineen, Nike Farm Team	. 1	:53.65
13	(h-2)	Busayo Ojumu, Stanford	1:53	.85

14 (h-1) Abraham Ekal, SMU	1:54.45
15 (h-2) Che Banjoko, Unattached	1:54.46
16 (h-2) Matt Saul, Nike Farm Team	1:57.87
17 (h-2) Jeff Conkey, Stanford 2	:04.71
(h-1) Jan Olszowy, Oregon	ONS
(h-2) Ryan Flaherty, Oregon	ONS
	NS
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Men's 1500 Meters	
1 (h-1) Dan Wilson, Asics 3:	42.75
2 (h-1) <u>Jonathon Riley</u> , Nike 3:	:43.06
3 (h-1) Brendon Mahoney, Georgia Tech	3:43.48
4 (h-1) Jason Long, Unattached	3:43.63
5 (h-1) Martin van den Heuvel, Florida Stat	e 3:44.42
6 (h-1) Adam Goucher, Nike	3:44.95
7 (h-1) <u>Justin Romaniuk</u> , Stanford	3:45.60
8 (h-1) Eric Garner, Washington	3:45.83
9 (h-1) Martin Allgeyer, SMU	3:46.16
10 (h-1) Neil McDonagh, Georgia Tech	3:46.85
11 (h-2) John Collin, Oakley Golden Bear A	.C 3:46.93
12 (h-1) Rob Vermillion, Nike Farm Team	3:47.14
13 (h-2) Christian Hesch, Unattached	3:47.46

14 (h-2) Chris Graff, Nike Farm Team

3:47.49

15	(h-2)	Brad Hauser, Nike	3:47.51
16	(h-2)	Scott Anderson, Unattached	3:47.75
17	(h-1)	Colin Sullivan, Tennessee-Chatta	anooga 3:48.55
18	(h-2)	Matt Johnsrud, Unattached	3:49.68
19	(h-2)	Doug Hamilton, Humboldt State	3:50.96
20	(h-2)	David Vidal, Stanford	3:51.53
21	(h-2)	Chris Emme, Stanford	3:51.82
22	(h-1)	Karoly Varga, Louisiana Tech	3:52.03
23	(h-2)	Brett Gotcher, Unattached	3:52.75
24	(h-2)	Peter Meindl, Unattached	3:53.53
25	(h-2)	Parker Pruett, Nike Farm Team	3:53.74
26	(h-2)	Derek Treadwell, Nike Farm Tea	am 3:54.42
27	(h-2)	Biren Roy, Nike Farm Team	3:55.16
28	(h-2)	Steven DeWitt, Unattached	3:55.80
29	(h-2)	Isaac Hawkins, Stanford	3:58.06
30	(h-2)	Abadir Barre, California	4:00.35
31	(h-1)	Amos Skinner, SMU	4:01.11
32	(h-2)	Sean Drake, Unattached	4:02.57
33	(h-2)	Craig Lee, California	4:03.34
	(h-2)	Matt Lane, Nike	DNS

Men's 3000 Meter Steeplechase

1 (h-1) Ray Hughes, Nike 8:43.61

2 (h-1) Carl Blackhurst, Boulder Running Co 8:44.25

3	(h-1)	Dave Cullum, Nike Farm Team	8:44.36
4	(h-1)	Richard Jeremiah, Victorian Inst Spo	ert 8:45.37
5	(h-1)	Chuck Sloan, Unattached	8:54.56
6	(h-1)	Tom Brooks, Unattached	8:57.09
7	(h-1)	Sean Knapp, Stanford 9	:04.10
8	(h-1)	Nick Branen, Abilene Christian	9:05.37
9	(h-1)	Scott Overby, Willamette	9:06.08
10	(h-1)	Linas Salkauskas, Tennessee-Chatta	nooga 9:13.11
11	(h-1)	Kelly Christiansen, Western State	9:13.81
12	(h-1)	Jason Gibbons, Nike Farm Team	9:29.46
13	(h-1)	Michael Thatcher, Unattached	9:34.25
	(h-1)	Tom Chorny, Unattached	DNS
	(h-1)	Josh Muxen, Nike Farm Team	DNS
	(h-1)	Tim Miller, Humboldt TC	DNS
	(h-1)	Jason Walker, Humboldt TC	DNS
	(h-1)	Chris Coffee, Oakley Golden Bear A	C DNS

Men's 5000 Meters

1	(h-1)	Aaron Davis, Team Eugene	14:0	0.04
2	(h-1)	Benjamin Dawson, Nike	14:00	.16
3	(h-1)	Matt Levassiur, Adams State	14:07	7.40
4	(h-1)	Celedonio Rodriguez, Adams State	14	1:09.73
5	(h-1)	Shawn Forrest, Victorian Inst Sport	14:	10.66
6	(h-1)	Corey Creasey, Oakley Golden Bear	AC	14:13.16

7	(h-1)	Gediminas Banevicius, Tennessee-	-Chattano 14:13.93
8	(h-1)	Solomon Kandie, Unattached	14:17.04
9	(h-1)	Chris Gorgelous, Nike Farm Team	14:18.22
10	(h-1)	Avery Blackwell, Nike Farm Tear	m 14:18.63
11	(h-1)	James Nielsen, Nike Farm Team	14:22.79
12	(h-1)	Patrick McCurry, Nike Portland	14:24.87
13	(h-1)	Jacob Stout, Willamette	14:27.17
14	(h-1)	Patrick Chessar, Spokane CC	14:30.63
15	(h-1)	Steven Kocsis, Tennessee-Chattan	nooga 14:31.32
16	(h-1)	Nate Bowen, Nike Farm Team	14:34.26
17	(h-1)	Mike Wallace, Nike Farm Team	14:35.47
18	(h-1)	Jonathan Pierce, Unattached	14:38.39
19	(h-1)	Greg Jimmerson, Nike Farm Team	n 14:46.79
20	(h-1)	Ben Lake, Oklahoma State	14:52.00
21	(h-1)	Aaron Young, Willamette	14:56.86
22	(h-1)	Erik Heinonen, Oregon	14:58.00
23	(h-1)	Russ Martin, Stanford	15:01.09
24	(h-1)	Aaron Hollingshead, Willamette	15:08.42
25	(h-1)	Josh Sohn, Stanford	15:23.49
26	(h-1)	Ryan Bickerstaff, Stanford	16:12.58
	(h-1)	Andrew Hill, Stanford	DNS
	(h-1)	Nick MacFalls, U.S. Air Force	DNS
	` ,	Nick MacFalls, U.S. Air Force Scott Fuqua, Unattached	DNS DNS

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Men's 110 Meter Hurdles

- 1 (h-1) Chris Stokes, Muzik
- 14.02 +2.1 M/S
- 2 (h-1) Chris Boyles, World Decathlon Club
- 15.16 +2.1 M/S

- 3 (h-1) Josh Hustedt, Stanford
- 15.24 +2.1 M/S

Men's High Jump

- 1 (h-1) Teddy Davis, Oregon
- 6'08.75" (2.05m)
- 2 (h-1) Jeff Lindsey, Oregon
- 6'08.75" (2.05m)
- 3 (h-1) Chad Clason, Oregon
- 6'04.75" (1.95m)
- 4 (h-1) Darryl Meigs, Stanford
- 6'02.75" (1.90m)
- 5 (h-1) Josh Hustedt, Stanford
- 6'02.75" (1.90m)
- (h-1) Chris Boyles, World Decathlon Club
- NH

Men's Pole Vault

- 1 (h-1) David Moore, Unattached
- 16'08.75" (5.10m)
- 2 (h-1) Tony Moore, Unattached
- 16'08.75" (5.10m)
- 3 (h-1) Jon Derby, Oregon
- 16'02.75" (4.95m)
- 4 (h-1) Josh Hustedt, Stanford
- 11'11.75" (3.65m)
- 5 (h-1) Casey Roche, Unattached
- 11'11.75" (3.65m)
- (h-1) David Lindenberg, Unattached
- NH

Men's Shot Put

- 1 (h-1) Jesse Roberge, Unattached
- 63'11.75" (19.50m)
- 2 (h-1) Richard Harrison, U.S. Air Force
- 61'05.00" (18.72m)
- 3 (h-1) Chris Boyles, World Decathlon Club
- 43'10.50" (13.37m)

- 4 (h-1) Josh Hustedt, Stanford
- 33'11.25" (10.34m)

Men's Discus

- 1 (h-1) Omer Inan, Stanford 188'06" (57.47m)
- 2 (h-1) Nick Welihozkiy, Stanford 174'09" (53.26m)
- 3 (h-1) James March, Oregon 169'10" (51.78m)
- 4 (h-1) Chris Boyles, World Decathlon Club 136'01" (41.49m)
- 5 (h-1) Nicholas Taylor, Stanford 115'05" (35.18m)

Men's Hammer

- 1 (h-1) Jerry Ingalls, Army WCAP 223'08" (68.18m)
- 2 (h-1) Mike Mai, Army WCAP 219'00" (66.76m)
- 3 (h-1) Nick Welihozkiy, Stanford 213'10" (65.18m)
- 4 (h-1) Rhuben Williams, California 202'07" (61.76m)

Men's Javelin

- 1 (h-1) <u>Bryan Kelley</u>, Stanford 182'03" (55.54m)
- 2 (h-1) Keith Avila, Unattached 172'09" (52.65m)

Men's 6kg Shot Put

1 (h-1) Tyler Porter, Unattached 52'04.50" (15.96m)

Women's 400 Meters

- 1 (h-1) Tamika Williams, Nike Farm Team 54.92
- 2 (h-1) Tyrona Heath, Nike Farm Team 55.98
- 3 (h-1) Ashley Wysong, Nike Farm Team 56.57
- 4 (h-1) Theresa Shortel, Central Louisian TC 58.04
- 5 (h-1) Elizabeth Anderson, Stanford 1:00.49
 - (h-1) Lauren Simmons, Nike Farm Team DNS

Women's 800 Meters

1	(h-1)	Laura Gerber, Florida State	2:03.08	
2	(h-1)	Lauren Simmons, Nike Farm Team	2:06.00	
3	(h-1)	Ashley Wysong, Nike Farm Team	2:06.30	
4	(h-1)	Tyrona Heath, Nike Farm Team	2:06.71	
5	(h-1)	Courtney Inman, Washington	2:06.90	
6	(h-1)	Vicky Fleschner, Unattached	2:07.61	
7	(h-1)	Eri Macdonald, Oregon	2:08.71	
8	(h-1)	Lindsay Hyatt, Stanford	2:09.49	
9	(h-1)	Tracy Robertson-Frack, Asics	2:11.91	
10	(h-1)	Sara Schaaf, Oregon	2:15.64	
11	(h-1)	Danielle McMillian, Stanford	2:18.70	
12	(h-1)	Elizabeth Anderson, Stanford	2:18.92	
	(h-1)	Chantee Earl, Nike Farm Team	DNS	
	(h-1)	Tamika Williams, Nike Farm Team	DNS	
	(h-1)	Katie Hotchkiss, Stanford	DNS	
W	omen's	1500 Meters		
1	(h-1)	Elissa Riedy, Nike Farm Team	4:16.58	
2	(h-1)	Mari Chandler, Nike Farm Team	4:18.54	
3	(h-1)	Sally Hauser, Nike Farm Team	4:18.94	
4	(h-1)	Ashley Couper, Nike Farm Team	4:20.62	
5	(h-1)	Christine Kane, Nike Farm Team	4:20.86	
6	(h-1)	Sarna Becker, Nike Farm Team	4:22.07	
7	(h-1)	Aeron Genet, Reebok Aggies	4:22.91	
8	(h-1)	Danielle Thornal, Nike Farm Tean	a 4:23.27	

9 (h-1) <u>Jeane Goff</u> , Stanford 4:27.19	
10 (h-1) Christine Olen, Reebok Aggies 4:37.	97
11 (h-1) Yfa Kretzschmar, Stanford 4:48.6	5
(h-1) Sara Bei, Stanford DNS	
Women's 3000 Meter Steeplechase	
1 (h-1) Janet Trujillo, Nike 10:05.53	
2 (h-1) Rika Feuth, SMU 10:35.31	
3 (h-1) Rebekah Walter, Unattached 10:38	.27
4 (h-1) Kari Holbert, Willamette 11:18.78	}
(h-1) Lee D'Alessandro, Hoy's Excelsior DNS	
(h-1) <u>Kristin Cohoon</u> , Stanford DNS	
Women's 5000 Meters	
1 (h-1) Vicky Gill, Florida State 15:42.40	
2 (h-1) Marie Davis, Nike Farm Team 16:2	0.24
3 (h-1) Genevieve Graff-Ermeling, Puro Pro 16	:20.68
4 (h-1) Karin van Rooyen, SMU 16:30.	27
5 (h-1) Kara Goucher, Nike 16:47.61	
6 (h-1) Carrie Zografos, Oregon 16:51.10)
7 (h-1) Erin Leigh, Unattached 16:52.49	ı
8 (h-1) Emily Mortensen, Adams State 16:5	6.13
9 (h-1) Lisa Blomme, Western State 16:56	.75
10 (h-1) Kristin Toney, Western State 17:01	.89
11 (h-1) Mary Huang, Unattached 17:23	.13
12 (h-1) Kati Gosnell, Humboldt State 17:24	1.80

13 (h-1) Natalie Muren, Willamette 17:31.08 (h-1) Melissa Sutton, Track West DNS (h-1) Sara Day, U.S. Army DNS (h-1) Kathryn Krieger, Hoy's Excelsior DNS (h-1) Ali Mann, Track West DNS (h-1) Linn Schulte-Sasse, Nike Farm Team DNS Women's Long Jump 17'05.50" (5.32m) +0.7 (h-1) Leah Tapscott, Stanford 16'08.00" (5.08m) +1.0 (h-1) Victoria Folayan, Stanford (h-1) Jennifer Lint, Stanford 16'05.75" (5.02m) +3.5 16'00.25" (4.88m) -0.5 (h-1) Fortune Meriwether, Stanford Women's Triple Jump 36'09.50" (11.21m) +4.3 (h-1) Victoria Folayan, Stanford 35'00.50" (10.68m) +0.8 (h-1) Jennifer Lint, Stanford Women's High Jump (h-1) Kim Stone, Stanford 5'11.50" (1.82m) 5'03.00" (1.60m) (h-1) Sally Mills, Stanford 5'01.00" (1.55m) (h-1) Cheryl Burdick, Stanford Women's Pole Vault (h-1) Leila Ben-Youssef, Stanford 12'05.50" (3.80m) 12'05.50" (3.80m) (h-1) Samantha Shepard, Stanford (h-1) Danielle Navarre, California 11'11.75" (3.65m) (h-1) Leora Ward, California 11'11.75" (3.65m)

(h-1) Kathleen Donoghue, Stanford

11'11.75" (3.65m)

6	(h-1)	Amy Chow, Unattached	11'05.75" (3.50m)		
7	(h-1)	Taylor Franklin, Unattached	10'06.00" (3.20m)		
8	(h-1)	Tal Cohen, Unattached	09'06.25" (2.90m)		
Wo	omen's	Shot Put			
1	(h-1)	Jill Camarena, Stanford	54'02.50" (16.52m)		
2	(h-1)	Carrie Johnson, Unattached	43'03.00" (13.18m)		
3	(h-1)	Sally Mills, Stanford	40'05.50" (12.33m)		
	(h-1)	Cerenity Young, Florida State	ND		
W	omen's	Discus			
1	(h-1)	Sheni Russell, Unattached	171'02" (52.18m)		
2	(h-1)	Molly Meyer, Stanford	161'08" (49.28m)		
3	(h-1)	Kitty Currier, Stanford	157'00" (47.86m)		
4	(h-1)	Jill Camarena, Stanford	156'03" (47.63m)		
5	(h-1)	Amy Thiel, USC	154'02" (47.00m)		
6	(h-1)	Jill Hoxmeier, Oregon	151'09" (46.25m)		
7	(h-1)	Tambi Cork, Stanford	145'00" (44.20m)		
8	(h-1)	Stephanie Benight, Unattached	143'03" (43.66m)		
9	(h-1)	Lindsay Brisbin, Stanford	143'01" (43.61m)		
10	(h-1)	Brenda Westbrook, Unattached	136'03" (41.53m)		
11	(h-1)	Carrie Johnson, Unattached	125'00" (38.11m)		
W	Women's Hammer				
1	(h-1)	Donielle Colich, Stanford	183'01" (55.80m)		
2	(h-1)	Amy Thiel, USC	176'11" (53.93m)		
3	(h-1)	Sarah Hopping, Stanford	176'10" (53.90m)		

(h-1)	Tammy d'Arteney, California	166'00" (50.60m)
(h-1)	Sheni Russell, Unattached	163'09" (49.92m)
(h-1)	Katy Elsbury, Stanford	160'09" (49.00m)
(h-1)	Jenny Cain, Pacific Bay TC	159'05" (48.60m)
(h-1)	Cat Seymour, Pacific Bay TC	159'01" (48.50m)
(h-1)	Lindsay Brisbin, Stanford	152'03" (46.40m)
(h-1)	Carrie Johnson, Unattached	137'05" (41.90m)
	(h-1) (h-1) (h-1) (h-1)	 (h-1) Tammy d'Arteney, California (h-1) Sheni Russell, Unattached (h-1) <u>Katy Elsbury</u>, Stanford (h-1) Jenny Cain, Pacific Bay TC (h-1) Cat Seymour, Pacific Bay TC (h-1) <u>Lindsay Brisbin</u>, Stanford (h-1) Carrie Johnson, Unattached

Women's Javelin

1	(h-1)	Erica Wheeler, Unattached	170'02" (51.87m)
2	(h-1)	Nicole Carroll, Unattached	161'05" (49.20m)
3	(h-1)	Jennifer Lee, Stanford	123'05" (37.61m)
4	(h-1)	Sally Mills, Stanford	115'08" (35.27m)
5	(h-1)	Meabon Burns, Stanford	086'06" (26.38m)