September 20, 1980

FLORIDA STATE AT ALABAMA INVITATIONAL

1.	Florida State	32
2.	Alabama	40
3.	Alabama-Birmingham	108
4.	FSU 3 team	119
5.	Vanderbilt	162
6.	Georgia State	0
7.	Memphis State	0

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Results From Alabama Invitational

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Florida State (miseralty "A" beam	7.3
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Control of the Control	Maisana Barminahan	102
All Marian Carlot	historistic Total Lean	119
Vanabert 118		163
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Florida State Ramers decablism

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		la Male	2 Mile	Minish	Lat	2 (A)	3rd
{ }	Dirten Andrea	5:50	12:34	19:00.2	5:50	6:44	6:26
1.1	Margaret coorder	5:47	12:35	19:05.3	5:47	6:4 8	6:30
()	Gale Grant	S:55	12:59	20:00.5	5:55	6:54	7:01
-13	Susan Eble	6:02	13:20	20:19.3	6:02	7:18	6:59
5)	Mary Banks	6:00	13:21	20:25.1	6:00	7:21	6:56
6)	Lisa R ho den	6:15	13:40	20:54.1	6:15	7:25	7:14
7)	Bunny Bradov	6:25	13:59	21:19.4	6:25	7:34	7:19
8)	Cinda Summa	6:15	14:03	21:40.3	6:15	7:48	7:37
9)	Debbie Kemp	6:19	14:15	22:03.5	6:19	7:56	7:48
10)	Chris Edwards	6:15	14:22	22:32.7	6:15	8:07	7:50
11)	Kerrie Moore	6:46	Unknown	22:50.6	6:46	8:02 average	8:02
12)	Steph Smith	6:02	13:22	No Time	6:02	7:20	N.T.
				Coach Pul	led Off		

Total Team Time ~ 2:2::04:9

Time Spread 1 thru 7 = 2:19.2 FAR TO GREAT

Overview: It was pleasing to win the meet. Our weaknesses were obvious in that we clearly need to appropriate more training time to hill work if we are to win the regionals and perform well at the Nationals.

If we look at the miles break down, we also show a weaknesses in our over distance work.

The last 600 meters Florida State whowed great pride, in their they reached down and found something left.

As a team your approach to the meet was very determined.

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and the state of	Jus Jackson	18:441	ALa	126		Courtwy	22:01.	Van.
	Daries Andrew	19:00.2	fsu	27		Komp	22:03.5	
	Margaret Combon	9:05.5	fsu	28		Williams	2009.	
	Laurie Brewer		Memphis	29		Hoffman	22:26	
	er Ann Steltzen mul	er 14:45.7	Ala	30		Edwards		
	unda usclemman	19:53.4	Ala	31		Wishart -	22:12.7	開始的 高级联
	Sale Crowt	20:00.5	fra	32		Moore	THE RESERVE OF THE PARTY OF	Vano
	Carla Dean	20:047	UAB	33	7	Schrider	3 5 A 1 A 1 A 2 A 3	Asa.
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		20:23.7		35	İ	Thomas		Mem
		20:25.1	Managara Company	36	1	choate		NAR
		20:32.9	於「包含的例如 <i>是自由</i> 和關係	37	İ	Loftis	24:11.2	
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