



FLORIDA STATE UNIVERSITY

DEPARTMENT OF ATHLETICS



FOR IMMEDIATE RELEASE

OCTOBER 10, 1998

FLORIDA STATE MEN'S AND WOMEN'S CROSS COUNTRY TEAMS WIN SEMINOLE INVITATIONAL

Tallahassee, FL--The Florida State men's and women's cross country teams took first place in the Seminole Invitational held Saturday at the Seminole Golf Course in Tallahassee, FL. The men's team, with a total of 38 points, easily defeated runner-up Troy State University (80 points) in a field of 12 schools. The women's team outlasted runner-up Georgia State University, defeating them 55 to 61 in the ten-team women's field.

The men's team was led by senior Aaron Sheer. Sheer, a native of Fremont, NE, finished third with a time of 25:16.18 in the 8K men's event. Freshman Tommy Kunish finished in sixth place among collegiate competitors with a time of 25:36.65. Michael Maier, a senior from Germany, finished in eighth place with his best time at Florida State at 25:40.66. Zach Heissner finished in tenth place after beating teammate Brady Thomas by just over one second. Heissner finished with a time of 25:52.68, while Thomas came in at 25:53.87.

The women's team was led by sophomore Cynthia Campbell. Campbell, the top runner for the Lady Seminoles, recorded a time of 18:24.23 to finish in fourth place in the women's 5K. Natalie Reid, a sophomore from Jacksonville, FL, finished in fifth place at 18:41.67. Diana Hartnup recorded a time of 18:51.90 to place 10th among collegiate competitors. Mary Gaskins and Kingsley Broughton rounded out the scoring for the Lady Seminoles with times of 19:01.15 and 19:13.53, respectively.

Michael Green of Troy State University won the men's race with a time of 24:29.51, while Vibeke Nilsen of Florida International grabbed top honors on the women's side with a time of 17:53.03.

Both the men's and women's teams travel to the Florida Intercollegiate this weekend in Tampa, FL.

Florida State University - Saturday 10/10/98

Event 3 Collegiate Women's 5,000 Meter Run
WOMEN'S TEAM SCORES

[illegible]

Event 3 Collegiate Women's 5,000 Meter Run
Results by Order of Finish - Saturday 10/10/98

RANK	COMP#	ATHLETE NAME	YR	TEAM	AVG MILE	TIME
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1	47	Nilsen, Vibeke	JR	Florida Internatio	5:45	17:53.03 1
2	68	Howard, Sarah	JR	Georgia State Univ	5:47	17:58.36 2
3	87	Hanley, Jennifer	SR	Jacksonville Unive	5:54	18:21.51 3
4	52	Campbell, Cynthia		Florida State Univ	5:55	18:24.23 4
5	248	Beasley, Vista		Unattached	5:59	18:36.74
6	60	Reid, Natalie		Florida State Univ	6:01	18:41.64 5
7	219	Simpson, Tanya	SR	University of West	6:01	18:42.48 6
8	179	Kelley, Erin	FR	Samford University	6:01	18:44.18 7
9	69	Hughes, Brittanie	FR	Georgia State Univ	6:02	18:45.38 8
10	90	Nado, April	SO	Jacksonville Unive	6:03	18:48.61 9
11	54	Hartnup, Diana		Florida State Univ	6:04	18:51.90 10
12	178	Flewellyn, Katie	FR	Samford University	6:04	18:52.83 11
13	50	Wells, Sadie	SO	Florida Internatio	6:05	18:55.14 12
14	33	Mora, Nicole	SR	Florida Atlantic U	6:05	18:56.43 13
15	66	Harris, Laurie	FR	Georgia State Univ	6:07	19:00.89 14
16	53	Gaskins, Mary		Florida State Univ	6:07	19:01.15 15
17	182	VanAntwerp, Julia	FR	Samford University	6:07	19:01.35 16
18	67	Hoffman, Jenna	JR	Georgia State Univ	6:08	19:05.24 17
19	85	Campos, Adriana	FR	Jacksonville Unive	6:09	19:07.49 18
20	44	Borrel, Liz	SO	Florida Internatio	6:10	19:09.72 19
21	71	Phelan, Laurie	JR	Georgia State Univ	6:10	19:10.07 20
22	51	Broughton, Kingsley		Florida State Univ	6:11	19:13.53 21
23	45	Heninger, Shannon	SO	Florida Internatio	6:14	19:23.39 22
24	93	Weiher, Christine	SO	Jacksonville Unive	6:15	19:25.45 23
25	48	Richards, Meisha	JR	Florida Internatio	6:18	19:37.39 24
26	83	Blundell, Jessica	SR	Jacksonville Unive	6:19	19:40.56 25
27	46	Moya, Karen	SO	Florida Internatio	6:21	19:44.38 26
28	34	Osborn, Sarah	SR	Florida Atlantic U	6:22	19:48.06 27
29	24	Brown, Jennifer	SO	Florida A&M Univer	6:23	19:51.16 28
30	36	Revel, Leila	SO	Florida Atlantic U	6:24	19:55.03 29
31	177	Bourque, Tara	SO	Samford University	6:24	19:55.82 30
32	209	Baker, Kellie	FR	University of West	6:25	19:57.69 31
33	84	Callaghan, Nicole	SO	Jacksonville Unive	6:26	19:59.81 32
34	49	Spitzer, Sarah	SO	Florida Internatio	6:26	20:00.81 33
35	222	Butler, Marie	JR	Valdosta State Uni	6:28	20:06.69 34
36	180	McGough, Abbey	FR	Samford University	6:28	20:07.90 35
37	225	Norton, Claudia	JR	Valdosta State Uni	6:30	20:12.27 36
38	64	Wilson, Amanda		Florida State Univ	6:30	20:13.22 37
39	28	Sewell, Alicia	JR	Florida A&M Univer	6:31	20:15.21 38
40	29	Sewell, Jessica	JR	Florida A&M Univer	6:32	20:18.18 39
41	58	Murphy, Sandra		Florida State Univ	6:32	20:20.12 40
42	183	Wilson, Jenny	SR	Samford University	6:33	20:23.88 41
43	26	Green, Monica	SO	Florida A&M Univer	6:35	20:28.71 42
44	88	Muhammad, Ayesha	SO	Jacksonville Unive	6:36	20:32.80 43

45	265 Fuller, Ife	FR Georgia State Univ	6:37	20:34.03	44
46	181 McGough, Alice	FR Samford University	6:37	20:36.44	45
47	86 Combs, Madeleine	SO Jacksonville Unive	6:38	20:37.86	
48	65 Hall, Beth	JR Georgia State Univ	6:39	20:40.47	46
49	63 Vlaun, Nadi	Florida State Univ	6:42	20:50.82	
50	59 Pearce, Shannon	Florida State Univ	6:43	20:54.15	

Florida State University

10/12/98 2:42 PM

1998 Seminole Invitational

Florida State University - Saturday 10/10/98

Hy-Tek's MEET MANAGER

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Event 3 Collegiate Women's 5,000 Meter Run

Results by Order of Finish - Saturday 10/10/98

RANK	COMP#	ATHLETE NAME	YR	TEAM	AVG MILE	TIME
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51	214	Hill, Michelle	JR	University of West	6:43 20:54.74	47
52	213	Fry, Kim	JR	University of West	6:44 20:57.39	48
53	27	Hopson, Tatum	SO	Florida A&M Univer	6:45 21:00.27	49
54	61	Skinner, Holly		Florida State Univ	6:46 21:03.47	
55	56	Lands, Jennifer		Florida State Univ	6:48 21:09.03	
56	57	Lazarus, Erica		Unattached	6:50 21:13.95	
57	207	Adrian, Emily	SR	University of West	6:50 21:14.32	50
58	5	Encarnacion, Danerys	FR	Columbus State Uni	6:51 21:17.03	51
59	25	Clary, Shanicka	SO	Florida A&M Univer	6:51 21:18.39	52
60	211	Craft, Jessica	JR	University of West	6:51 21:18.59	53
61	89	Muhommad, Asjah	SO	Jacksonville Unive	6:53 21:24.95	
62	267	Ramos, Kim	FR	Georgia State Univ	6:54 21:26.88	
63	62	Stevens, Xuan		Florida State Univ	6:56 21:34.94	
64	266	Roberts, Mandy	FR	Georgia State Univ	6:57 21:36.36	
65	217	Ney, Lisa	JR	University of West	6:58 21:39.37	54
66	55	Hynes, Amanda		Florida State Univ	7:00 21:45.23	
67	228	Smith, Heather	S	Valdosta State Uni	7:01 21:48.41	55
68	32	Miller, Lisa	JR	Florida Atlantic U	7:01 21:50.94	56
69	269	Gallagher, Taylor		Unattached	7:03 21:54.93	
70	208	Antanokas, Nicole	JR	University of West	7:04 21:57.80	
71	8	Mitchell, Cheryl	SR	Columbus State Uni	7:06 22:04.80	57
72	6	Grinder, Megan	FR	Columbus State Uni	7:07 22:06.90	58
73	9	Patrick, Sachiko	FR	Columbus State Uni	7:08 22:10.70	59
74	10	Prieto, Frances	SR	Columbus State Uni	7:08 22:10.86	60
75	210	Carr, Jessica	SO	University of West	7:11 22:22.04	
76	216	McDaniel, Amanda	JR	University of West	7:12 22:25.22	
77	7	McKnight, Liz	JR	Columbus State Uni	7:13 22:25.83	61
78	30	Dilisio, Nikki	FR	Florida Atlantic U	7:16 22:36.49	62
79	227	Rogers, Krista	JR	Valdosta State Uni	7:22 22:55.96	63
80	215	Lautala, Johanna	SR	University of West	7:24 23:02.17	
81	31	Hughes, Rachel	JR	Florida Atlantic U	7:27 23:09.53	64
82	220	Thorington, Stacy	JR	University of West	7:32 23:27.05	
83	224	McCall, Jennifer	F	Valdosta State Uni	7:37 23:41.32	65
84	218	Reiter, Monica	SO	University of West	7:46 24:09.14	
85	94	Baiera, Sharon	SO	Lee University	7:52 24:28.19	
86	212	Foute, Courtney	JR	University of West	7:55 24:37.25	
87	100	Summitt, Michelle	FR	Lee University	8:10 25:24.03	
88	223	Frilling, Sara	F	Valdosta State Uni	8:13 25:32.00	66
89		Unknown			8:29 26:24.32	Exh
90	226	Reach, Shannon	F	Valdosta State Uni	8:53 27:36.59	67
91	99	Land, Laura	FR	Lee University	9:06 28:18.54	
92	96	Cottle, Fariba	FR	Lee University	9:29 29:29.94	