

new one!

FLORIDA STATE UNIVERSITY

LADY SEMINOLE

TRACK SCHEDULE

1974 - 1975

<u>DATE</u>	<u>MEET</u>	<u>SITE</u>
March 1	Univ. of Tenn. Invitational	Knoxville, Tenn.
March 29	Florida Relays	Gainesville, Fla.
April 12	Murray State Invitational (tentative)	Murray, Kentucky
April 26	Becky Boone Relays	Richmond, Kentucky
May 10	Tom Black Classic	Knoxville, Tenn.
May 15-17	AIAW Nationals	Corvallis, Oregon

LADY SEMINOLE TRACK 1975

March 1, 1975

Tennessee Women's Invitational Track Meet
Knoxville, Tennessee

1st	60 Yard Dash	7.3	Sally Hamin*
1st	880 Yard Run	2:23.0	Laura Ledbetter*
1st	Shot Put	39'9"	Vickie Smith*
3rd	High Jump	5'0"	Laura Ledbetter*
4th	Long Jump	15'0"	Sally Hamlin
6th	Mile Run	5:46.8	Rose Saliba*

3rd Place Team - Florida State University

*New School Records

March 15, 1975

West Georgia College
USTFF Metric All-Commers Championship
at Carrollton, Georgia.

1st	High Jump	4'11"	Laura Ledbetter
1st	1500 Meter Run	5.10.2	Laura Ledbetter*
2nd	Shot	29'11"	Rose Saliba
2nd	Discus	97'	Rose Saliba
4th	1500 Meter Run	5.24	Rose Saliba

1st Place Team

*New School Records

March 29, 1975

Memphis State Invitational

4th	Shot	37'51/8	Vickie Smith
6th	Mile	6.02.8	Rose Saliba

April 12, 1975

Murray State University

1st	Shot	40'3"	Vickie Smith
9th	Mile Run	5.45	Rose Saliba
	Javelin	105'.0"	Rose Saliba
	220 yd	27.2	Sally Hamlin
	Long Jump	15'5"	Sally Hamlin

Track con't

April 26, 1975

Becky Boone Relays

2nd	Shot	38'.7"	Vickie Smith
	100 yds	11.8	Sally Hamlin*
8th	Long Jump	16'6"	Sally Hamlin

*Ties School Record

May 10, 1975

Tom Black Classic

1st	Shot Put	40'11"	Vickie Smith*
3rd	Javelin	107'11"	Rose Saliba
4th	High Jump	5'2"	Laura Ledbetter**
5th	Discus	98'	Rose Saliba

**New School Record

*New Meet Record

LADY SEMINOLE CROSS - COUNTRY 1974

November 2, 1975

Lady Seminoles X-Country Championships
Tallahassee, Florida

1st Laura Ledbetter
3rd Gretchen Bebb
5th Rose Saliba

1st Place Team Florida State University

November 9, 1974

University of Tenn. Women's Invitational X-Country Meet
Knoxville, Tenn.

13th Laura Ledbetter
17th Rose Saliba
25th Jeannette Brown

5th Place Team Florida State University

WOMEN'S TRACK AND FIELD
FSU School Records
(through 1975 season)

	<u>Outdoors</u>		
60 yards	Peggy Reed	1974	:07.6
100 yards	Susan Hagler REED	1974	:11.8
	Sally Hamlin	1975	
220 yards	Susan Hagler REED	1974	:26.8
440 yards	Laura Ledbetter	1974	1:02.2
600 yards	Laura Ledbetter	1974	1:39.4
880 yards	Laura Ledbetter	1975	2:22.5
1000 yards	Laura Ledbetter	1975	2:46.0
1500 meters	Sharon Burgess	1971	4:50.0
One Mile	Sharon Burgess	1973	5:05.2
Two Miles	Sharon Burgess	1973	11:27.4
100 meter hurdles (33"0	Vickie Smith	1974	:16.9
400 meter hurdles (30")			
440 yard relay	Marilyn Williams	1974	:51.3
	Peggy Reed		
	Susan Hagler REED		
	Joann Sharpe		
880 yard medley relay	Jeanette Brown	1972	2:03.6
	Laura Gibbons		
	Joyce Dickinson		
	Janice Shadwell		
Mile relay	Susan Hagler REED	1974	4:23.2
	Leanda Selvey		
	JILL NICHOL		
	Laura Ledbetter		
4-Kilo Shot Put	Lee Wojtkowski	1969	42'9 1/4"
discus	Laura Gibbons	1972	122'1"
Javelin	Laura Gibbons	1972	149'6"
High Jump	Laura Ledbetter	1975	5'2"
Long Jump	Joann Sharpe	1974	16'10"

Track School Records con't

INDOORS

60 yard	Sally Hamlin	1975	:07.3
440 yards	Laura Ledbetter	1974	1:07.7
880 yards	Laura Ledbetter	1975	2:23.0
One Mile	Rose Saliba	1975	5:46.8
4 kilo lb. shot put	Vickie Smith	1975	39' 9"
High Jump	Laura Ledbetter	1975	5' 0"