

LSU TRIANGULAR TRACK AND FIELD MEET

SUNDAY, FEBRUARY 16, 1986

LSU Field House

(LSU, ALABAMA, FLA. STATE)

FILE COPY — DO NOT REMOVE

WOMEN

60 YARD HURDLES (SEMI-FINALS) - 1. Alicia Bass, LSU, 7.77; 2. Kathy Freeman, Unatt., 8.00; 3. Flora Hyacinth, Alabama, 8.04; 4. Ann Girvan, Florida State, 8.15; 5. Lyndsey Almond, LSU, 9.14; 6. Cheryl Wilson, LSU, DNF. Heat 2 - 1. Schowonda Williams, LSU, 7.96; 2. Joann Brown, Florida State, 8.03; 3. Carlete Smith, Unatt., 8.24; 4. Helena Hedlund, LSU, 8.81; 5. Carmelle Hunka, LSU, 9.12; 6. Bryndis Holm, Alabama, 9.43. (TOP 3 FINISHERS FROM EACH HEAT AND NEXT 4 FASTEST TIMES ADVANCE TO FINALS AT 3:00 PM)

60 YARD DASH (SEMI-FINALS) - Heat 1 - 1. Alicia Bass, LSU, 6.99; 2. Flora Hyacinth, Alabama, 7.18; 3. Danyel Wofford, LSU, 7.24; 4. Claire Connor, LSU, 7.31; 5. Joann Brown, Florida State, 7.34; 6. Veronica Connally, Alabama, 7.53; 7. Ann Girvan, Florida State, 7.54; 8. Bridgette Richardson, Unatt., 7.59. Heat 2 - 1. Pauline Davis, Alabama, 6.90; 2. Angie Phipps, LSU, 6.99; 3. Esmeralda Garcia, Florida State, 7.15; 4. Andrea Bush, LSU, 7.19; 5. Sharon Clarke, LSU, 7.26; 6. Michele Morris, LSU, 7.28; 7. Dawn Flackhart, Florida State, 7.51; 8. Carlette Smith, Unatt., 7.67. (TOP THREE FINISHERS FROM EACH HEAT AND THE NEXT 4 FASTEST TIMES ADVANCE TO FINALS AT 3:30 PM.)

LONG JUMP (FINAL) - 1. \*Sharon Clarke, LSU, 20-3 (6.17); 2. Flora Hyacinth, Alabama, 19-5 (5.92); 3. Claire Connor, LSU, 18-8 3/4 (5.71); 4. Bryndis Holm, Alabama, 17-10 1/4 (5.44); 5. Cheryl Wilson, LSU, 17-3 3/4 (5.28); 6. Helena Hedlund, LSU, 17-3 1/2 (5.27); 7. Lyndsey Almond, LSU, 16-2 (4.93).

MILE RUN (FINALS) - 1. \*Elizabeth Lynch, Alabama, 4:43.45; 2. Claire Townsend, Alabama, 4:54.78; 3. Jennifer Messinese, Florida State, 4:55.70; 4. Brend Moore, Florida State, 4:56.75; 5. Colleen Scnalan, LSU, 5:09.25; 6. De Anne Dahmer, Mississippi State, 5:11.53; 7. Brenda Fleming, Mississippi State, 5:11.66; 8. Mary Green, Mississippi State, 5:12.2(MT); 9. Michelle Crow, LSU, 5:19.6(MT); 10. Sue Cummings, Unatt., DNR.

SHOT PUT (FINALS) - 1. \*Teresa Williford, LSU, 51-1 1/2 (15.58); 2. Stacy Shaw, LSU, 42-9 3/4 (13.05); 3. Cheryl Wilson, LSU, 41-5 (12.62); 4. Kelly Landry, Alabama, 41-1 1/2 (12.53); 5. Helena Hedlund, LSU, 38-1/4 (11.59); 6. Lyndsey Almond, LSU, 33-10 (10.31); 7. Bryndis Holm, Alabama, 32-11 3/4 (10.05); 8. Laverne Everne Eve, Unatt., 46-5 1/2 (14.16).

60 YARD HURDLES (FINALS) - 1. \*Schowanda Williams, LSU, 7.76; 2. Alicia Bass, LSU, 7.80; 3. Flora Hyacinth, Alabama, 8.01; 4. Ann Girvan, Florida State, 8.08; 5. Helena Hedlund, LSU, 8.65; 6. Lyndsey Almond, LSU, 8.96; 7. Carlette Smith, Unatt., DNR; 8. Bryndis Holm, Alabama, DNR.

440 YARD DASH (FINALS) - 1. Michele Morris, LSU, 56.19; 2. Danyel Wofford, LSU, 56.48; 3. Lori Ward, Florida State, 56.83; 4. Kathy Freeman, Unatt., 57.29; 5. Dawn Flackhart, Florida State, 57.30; 6. Sheryl White, Alabama, 58.05; 7. Carmelle Hunka, LSU, 58.82.

\*NCAA QUALIFYING STANDARDS

Note: All unatt. persons were not placed.

LSU TRIANGULAR TRACK AND FIELD MEET  
SUNDAY, FEBRUARY 16, 1986  
LSU Field House  
(LSU, ALABAMA, FLA. STATE)

WOMEN

600 YARD RUN (FINALS) - 1.\*Schowonda Williams, LSU, 1:20.00; 2.\*Lillie Leatherwood, Alabama, 1:20.17; 3. Janet Levy, Florida State, 1:20.90; 4. Wendy Truvillion, LSU, 1:22.01; 5. Jackie Bobien, LSU, 1:23.57.

60 YARD DASH (FINALS) - 1.\*Pauline Davis, Alabama, 6.86; 2. Angie Phipps, LSU, 6.99; 3. Alicia Bass, LSU, 7.00; 4. Esmerelda Garcia, Florida State, 7.12; 5. Flora Hyacinth, Alabama, 7.21; 6. Claire Connor, LSU, 7.29; 7. Danyel Wofford, LSU, DNR; 8. Andrea Bush, LSU, DNR; 9. Michelle Morris, LSU, DNR; 10. Sharon Clarke, LSU, DNR.

TRIPLE JUMP (FINALS) - 1. Sharon Clarke, LSU, 39-10 3/4 (12.16); 2. Esmeralda Garcia, Florida State, 39-5 1/4 (12.02); 3. Bryndis Holm, Alabama, 36-0 (10.97); 4. Helena Hellund, LSU, 35-8 (10-87).

880 YARD RUN (FINALS) - 1. Elizabeth Lynch, Alabama, 2:11.20; 2. Jennifer Jonas, Florida State, 2:12.94; 3. Samantha Green, Florida State, 2:13.24; 4. Sylvia Brydson, LSU, 2:16.80; 5. Carol Samules, Florida State, 2:18.60; 6. Leisel Miller, Mississippi State, 2:19.52; 7. Brenda Fleming, Mississippi State, NT.

1000 YARD RUN (FINALS) - 1. Camille Cato, LSU, 2:36.80; 2. Evelyn Adiru, Alabama, 2:37.28; 3. Jennifer Messinese, Florida State, 2:39.58; 4. Heidi Olafsdottir, Alabama, 2:40.67; 5. Claire Townsend, Alabama, 2:43.52; 6. Colleen Scanlan, LSU, 2:44.82; 7. Lisa Hillman, Mississippi State, 2:50.00; 8. Deanne Dahmer, Mississippi State, 2:52.29; 9. Sue Cummings, Unatt.

300 YARD RUN (FINALS) - 1. Pauline Davis, Alabama, 34.06 (NEW FIELD HOUSE RECORD); 2. Janet Davis, Florida State, 34.53; 3. Angie Phipps, LSU, 35.14; 4. Alicia Bass, LSU, 35.46; 5. Cheryl Wilson, LSU, 35.99; 6. Flora Hyacinth, Alabama, 36.06; 7. Danyel Wofford, LSU, 36.46; 8. Joann Brown, Florida State, 37.18; 9. Carmelle Hunka, LSU, 37.72; 10. Ann Girvan, Florida State, 39.41; 11. Kathy Freeman, Unatt., 35.92; 12. Michelle King, Unatt., 35.97; 13. Carlette Smith, Unatt., 37.96; 14. Bridgette Richardson, Unatt., 40.16; 15. Dawn Flockheart, Florida State, DNR.

TWO MILE RUN (FINALS) - (NO PICTURE MANUEL TIMES) - 1. Jeni Mielsen, Alabama, 10:31.8; 2. Brenda Moore, Florida State, 10:49.9; 3. Lisa Pakutka, Alabama, 10:51.2; 4. Barbara Mathews, Florida State, 11:02.1; 5. Susan Crawford, Alabama, 11:21.2; 6. Michelle Crow, LSU; 7. Danielle Trelles, LSU; 8. Mindy Lukens, Alabama.

4X400 METER RELAY (FINALS) - 1. FLORIDA STATE, (Lori Ward, Carol Samuels, Janet Levy, Samantha Green.), 3:44.39; 2. LSU "A", 3:45.09; 3. Alabama, 3:54.95; 4. Florida State "B"; 5. LSU "B".

HIGH JUMP (FINALS) - 1. Laura Agront, Alabama, 5-7 3/4 (172); 2. Kelly Gregory, LSU, 5-6 1/2 (169); 3. Jackie Razenberg, Alabama, 5-6 1/2 (169); 4. Helena Hedlund, LSU, 5-2 1/2 (159); 5. Lyndsey Almond, LSU, 5-2 1/2 (159).

\*NCAA QUALIFYING STANDARDS

Note: All Unatt. persons were not placed.

FINALS

LSU-66

Alabama 53

Florida State- 32

LSU TRIANGULAR MEET

Feb. 16, 1986

(Men's -- LSU, Alabama, Miss. State)

(Women's -- LSU, Alabama, Fla. State)

MEET NOTES

Women's Long Jump -- Sharon Clarke (LSU) winner with jump of 20-3 (NCAA Q-Mark)  
Sharon Clarke (LSU) -- "in our first meet, I didn't jump at all and last week I didn't do that well. Today, I felt real good. I guess it is a meet-to-meet thing how I jump. I feel real good going into the SEC's and NCAA's with today's jumps."

Men's Shot Put -- Garry Frank (MSU) winner with throw of 61-7½ (NCAA Q-Time)  
also set a new SEC best mark for 1985-86 season (previously 61-4 3/4 by Mike Judge of UGA)

Women's Shot Put -- Teresa Williford (LSU) winner with throw of 51-1½ (NCAA Q-Mark)  
quarter-inch from her best throw this season (set in the LSU Relays)

Women's Mile Run -- Elizabeth Lynch (Alabama) winner with run of 4:43.45 (NCAA Q-Time)  
just behind Alisa Harvey (Tenn.) time for best mark in SEC this season

Men's Mile Run -- Regal Perry (Alabama) winner with run of 4:10.70  
LSU's first mile this year - Jeff Slater finished sixth with time of 4:20.86

Men's Long Jump -- Jonathan Taylor (LSU) winner with jump of 23'11 3/4  
LSU finishes 1-2-3 with Milton second and Druilhet third

---

QUOTES - from Alabama's Elizabeth Lynch

"I like the track here. I ran a 4:43 last time I was here and my teammate finished second. I think it will do me good to run here (for the SEC Championships). I felt real confident going into today's race. You can't look out for just one person, everyone is a threat to you. Even my own teammates can beat you."

---

Men's 60 Hurdles -- Bernard Williams (LSU) winner with run of 7.19 (NCAA Q-Time)  
best mark of LSU hurdlers this season (previous - 7.20 by Charles James)  
Williams previous best mark was 7.27 in the LSU Relays; Talley from Ala. (NCAA Q-Time 7.19)

Women's 60 Hurdles -- Schowonda Williams (LSU) winner with run of 7.76 (NCAA Q-Time)  
also Alicia Bass (LSU) qualifies for NCAA with run of 7.80

Women's 600 run -- Schowonda Williams (LSU) winner with run of 1:20.00 (NCAA Q-Time)  
also Lillie Leatherwood (Alabama) qualifies with run of 1:29.19

SEC's best time of the year (previous Chris Crowther of Florida at 1:20.62)  
Schowonda Williams (LSU) -- "In the 60 yd. hurdles, I have to get my time down. I didn't feel good about that. I am happy with my 600 yd. time. I'm satisfied with that."

Women's 880 run -- Elizabeth Lynch (Alabama) winner with time of 2:11.20  
second best time in the SEC this season (best is 2:09.11 by Susan Nash of Florida)

Women's Triple Jump -- Sharon Clarke (LSU) winner with jump of 39'10 3/4"  
Clarke's second win today - first was in the long jump

Women's 60 dash -- Pauline Davis (Alabama) winner with run of 6.86 (NCAA Q-Time)  
Angie Phipps of LSU finished second with time of 6.99 (LSU's best time this season)  
Davis previously ran 6.62 earlier this season

Men's 880 yd. run -- Kraig Cesar (Miss. State) winner with time of 1:54.52  
Cesar earlier ran best time of 1:54.77

LSU women's coach Loren Seagrave -- "I really am pleased as far as performances go. Our people are getting better. I am suprised at the point differential. I was very worried before the meet. Alabama has one of the stronger teams in the conference. Schowonda Williams often gets a lot of credit and you have to give it to her today. She beat her teammate in the hurdles (Alicia Bass) who was sixth in the country and third collegiately. She also beat one of the best in Lillie Leatherwood (Alabama) in the 600. She ran an excellent time in the 600, just 2/10 off the school record.

Men's 4 x 440 relay -- LSU won with a time of 3:14.53

LSU consists of Bernard Williams, David Herbert, Bernard Whyte, Andre Brown

Men's Triple Jump -- Dudson Higgins (Alabama) won with a jump of 50-6½

MEN'S TEAM SCORES -- LSU 79½  
Alabama 47  
Miss. State 35½

Women's High Jump -- Laura Agront (Alabama) won with 5-7 3/4

WOMEN'S TEAM SCORING -- LSU 66  
Alabama 53  
Fla. State 32