

FLORIDA STATE TRACK & FIELD

Saluki Invitational

February 13, 1993

Southern Illinois University

Patrice Verdun and Trinette Johnson reached the 55m Dash finals where they ran 2-3. Verdun crossed the line in 7.12, Johnson in 7.15. Kelly Rouse ran the prelims in 7.51.

Florida State placed three athletes in the 55m Hurdles final. Peggy Armand was the top Seminole finisher, placing second in 8.21. Felicia Evans placed one spot behind in 8.50. Kim Stephens ran her best race this season in 8.78.

Patrice Verdun finished second in the 200m Dash in 24.72. Trinette Johnson placed fourth in 25.44. Armand also ran the 200 in 28.09.

Kelly Rouse took top honors in the 400m Dash. Her winning time was 57.84. Kim Stephens placed third in 59.61.

Radhiya Teagle was the lone Seminole athlete in the 600m Run. Teagle placed second in 1:39.16.

Kerry White was the top finisher in the 800m run. Her winning time was 2:17.36.

Tracy Pepoon landed a third-place finish in the 3000 Meters. Her time was a season-best 10:09.84.

Armand and Bradley both high jumpes Saturday. Armand was second in 5-05. Bradley jumped 5-03.

Trinette Johnson won the long jump competition with a 19-10.25 effort. Felicia Evans was fourth in the long jump and Shannon Cook was fifth. Evans jumped 17-00.75, Cook 16-09.75.

Evans came back to win the triple jump. Her effort was 38-03.25.

Shannon Cook competed in the shot put. Her heave was for 40-02.00.

The team tied for second place with 69 points in the scored meet.

1. Indiana State	70
2. Florida State	69
2. Southern Illinois	69
4. Murray State	25
5. Southern Miss	13

Southern Illinois University

Hy-Tek's Meet Manager

Lion's Club Sports Invitational
Southern Illinois Rec Center - Saturday Feb 13, 1993

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COMPLETE RESULTS FOR ALL ROUNDS

Event 1 Women's 55 Meter Dash

Qual Standard: 6.66

Rec Center: 6.87 Heather Samuel Murr St 1992

SIU Indoor: 7.05 D. Blackman 1986

Finals Results

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Samuel, Heather	Murray St	7.05	10
2	Verdun, Patrice	Florida State	7.12	8
3	Johnson, Trinette	Florida State	7.15	6
4	Evans, Anisa	Indiana State	7.22	4
5	Constantinou, Crystall	Southern Ill	7.28	2
6	Brown, Belinda	Southern Miss	7.48	1

Qualifying Results

PL	ATHLETE NAME	SCHOOL	TIME
1	Samuel, Heather	Murray St	6.97
2	Verdun, Patrice	Florida State	7.08
3	Evans, Anisa	Indiana State	7.18
4	Johnson, Trinette	Florida State	7.18
5	Constantinou, Crystall	Southern Ill	7.25
6	Brown, Belinda	Southern Miss	7.38
7	Doty, Jill	Murray St	7.41
8	Moore, Nacolia	Southern Ill	7.42
9	Ford, Felicia	Murray St	7.44
10	Rouse, Kelly	Florida State	7.51
11	Ezell, Robyn	Southern Miss	7.71
12	Coultas, Traci	Southern Ill	7.72
13	Green, Tisha	Southern Miss	7.75
14	Williams, Natasha	Southern Ill	7.91
15	Bailey, Renee	Murray St	8.05
16	Bailey, Jennifer	Southern Ill	8.27

Event 2 Women's 55 Meter Low Hurdles

Qual Standard: 7.68

Rec Center: 7.81 Katie Anderson Alabama 1992

SIU Indoor: 7.72 Kathleen Raske 1989

Finals Results

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Coyne, Rebecca	Southern Ill	8.20	10
2	Armand, Peggy	Florida State	8.21	8
3	Evans, Felicia	Florida State	8.50	6
4	Dunn, Teresa	Indiana State	8.80	4
5	Gardner, Sarah	Indiana State	9.63	2
6	Stephens, Kim	Florida State	15.20	1

Event 2 Women's 55 Meter Low Hurdles

Qual Standard: 7.66

Rec Center: 7.81 Katie Anderson Alabama 1992

SIU Indoor: 7.72 Kathleen Raske 1989

Qualifying Results

PL	ATHLETE NAME	SCHOOL	TIME
1	Armand, Peggy	Florida State	8.16
2	Coyne, Rebecca	Southern Ill	8.30
3	Evans, Felicia	Florida State	8.57
4	Dunn, Teresa	Indiana State	8.77
5	Stephens, Kim	Florida State	8.78
6	Gardner, Sarah	Indiana State	9.43
7	Smith, Stephanie	Southern Ill	9.90

Event 3 Women's 200 Meter Dash

Qual Standard: 23.88

Rec Center: 24.34 Stephanie Saleem UN 1992

SIU Indoor: 25.09 D. Kyriacou 1989

*** We will be reseeding this event 30 minutes prior to the start of the race. Bring scratchers to the computer table. ***

Finals Results

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Hyche, Holli	Indiana State	23.72	10
2	Verdun, Patrice	Florida State	24.72	8
3	Samuel, Heather	Murray St	24.84	6
4	Johnson, Trinette	Florida State	25.44	4
5	Evans, Anisa	Indiana State	25.57	2
6	Upton, Felicia	Murray St	25.58	1
7	Dobbs, Cindy	Indiana State	25.62	
8	Constantinou, Crystall	Southern Ill	25.74	
9	Brown, Belinda	Southern Miss	26.45	
10	Daniels, Katrina	Southern Ill	26.51	
11	Coyne, Rebecca	Southern Ill	26.69	
12	Kruer, Kathe	Indiana State	26.71	
13	Gayle, Patriece	Indiana State	27.02	
14	Melton, Danielle	Southern Ill	27.24	
15	Ezell, Robyn	Southern Miss	27.26	
16	Moore, Nacolia	Southern Ill	27.34	
17	Williams, Natasha	Southern Ill	27.81	
18	Coultas, Traci	Southern Ill	27.83	
19	Armand, Peggy	Florida State	28.09	
20	Bailey, Jennifer	Southern Ill	30.82	

COMPLETE RESULTS FOR ALL ROUNDS

Event 4 Women's 400 Meter Dash

Qual Standard: 53.50

Rec Center: 55.14 Nelrae Pasha Georgia Tch 1992

SIU Indoor: 55.80 D. Blackman 1985

Finals Results

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Rouse, Kelly	Florida State	57.84	10
2	Daniels, Katrina	Southern Ill	59.44	8
3	Stephens, Kim	Florida State	59.61	6
4	Banks, Alicia	Southern Miss	1:00.98	4
5	Dunn, Teresa	Indiana State	1:02.38	2

Event 5 Women's 600 Meter Run

Rec Center: 1:31.60 Stephanie Saleem Murr St 1990

SIU Indoor: 1:32.98 R. Vincent 1989

Finals Results

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Upton, Felicia	Murray St	1:35.76	10
2	Teagle, Radhiya	Florida State	1:39.16	8
3	Powell, LaSenna	Murray St	1:39.29	6
4	Elliott, Kelly	Southern Ill	1:40.09	4
5	Helgerson, Melody	Murray St	1:42.16	2
6	Jofferis, Tiernnee	Southern Ill	1:42.40	1
7	Gardner, Sarah	Indiana State	1:49.00	

Event 6 Women's 800 Meter Run

Qual Standard: 2:07.10

Rec Center: 2:08.71 Vicky Lynch Alabama 1993

SIU Indoor: 2:11.99 R. Vincent 1989

Finals Results

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	White, Kerry	Florida State	2:17.36	10
2	Wamsley, Karen	Indiana State	2:18.86	8
3	Schrick, Marni	Indiana State	2:20.50	6
4	Winfield, Shaurae	Southern Ill	2:21.00	4
5	Gabler, Christina	Southern Ill	2:21.80	2
7	Adams-Ball, Andrea	Southern Miss	2:30.88	1
6	Burwell, R	MSU	2:28.67	

Event 7 Women's 1,000 Meter Run (Continued)

PL	ATHLETE NAME	SCHOOL	TIME	PTS
-	Kosteiny, Jennifer	Southern Ill	3:11.48	
-	Elliott, Pam	Indiana State	3:16.05	
-	Olson, Christi	Indiana State	3:00.67	
-	Barefoot, Dawn	Southern Ill	3:00.90	
-	Dahman, Tana	Indiana State	No Data	
-	Batsie, Laura	Southern Ill	3:03.74	
-	Horner, Jennie	Southern Ill	3:00.17	

Event 8 Women's 1 Mile Run

Qual Standard: 4:43.00

Rec Center: 4:56.49 Anne Ylipahkala Georgia Tc 1990

SIU Indoor: 4:52.20 V. Sinou 1988

Finals Results

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Barefoot, Dawn	Southern Ill	5:05.27	10
2	Burnett, Rebecca	Murray St	5:12.91	8
3	Kostelny, Jennifer	Southern Ill	5:30.80	6
4	Lynch, Jennifer	Southern Ill	5:32.20	4
5	Hyde, Angie	Southern Miss	5:46.11	2
6	Carney, Shannon	Southern Miss	5:46.14	1
7	Givens, Tesi	Southern Miss	5:59.46	
8	French, Lara	Murray St	6:00.59	
9	Saveley, Kim	Murray St	6:28.15	

Event 9 Women's 3,000 Meter Run

Qual Standard: 9:23.00

Rec Center: 9:54.41 Heather Warner Alabama 1992

SIU Indoor: 9:42.70 V. Sinou 1988

Finals Results

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Ramseyer, Debbi	Indiana State	10:04.00	10
2	Daehler, Deborah	Southern Ill	10:06.97	8
3	Pepoon, Tracy	Florida State	10:09.84	6
4	Todd, April	Indiana State	10:40.17	4
5	McCormack, Stacy	Southern Ill	10:54.25	2
6	Heile, Amy	Indiana State	11:27.45	1

FINISH LINE HEAT SHEET

Event 7 Women's 1,000 Meter Run Finals

Rec Center: 2:51.54 Marie Ohlund Alabama 1992

SIU Indoor: 2:54.76 R. Vincent 1989

Pos # Section 1

✓ 1	218	Lynch, Jennifer	Southern Ill	1	<u>9</u>	<u>3:24.5</u>	<u>3:24.56</u>
2	167	Jones, Heather	Indiana State	2			
✓ 3	173	Olson, Christi	Indiana State	3	<u>3</u>	<u>3:00.5</u>	<u>3:00.67</u>
✓ 4	199	Batsie, Laura	Southern Ill	4	<u>5</u>	<u>3:03.6</u>	<u>3:03.74</u>
✓ 5	227	Smith, Tara	Southern Ill	5	<u>8</u>	<u>3:20.4</u>	<u>3:20.46</u>
✓ 6	198	Barefoot, Dawn	Southern Ill	6	<u>4</u>	<u>3:00.8</u>	<u>3:00.90</u>
✓ 7	217	Kostelny, Jennifer	Southern Ill	7	<u>6</u>	<u>3:11.2</u>	<u>3:11.48</u>
✓ 8	161	Elliott, Pam	Indiana State	8	<u>7</u>	<u>3:15.7</u>	<u>3:16.05</u>
9	144	Bowrosen, Stacey	Florida State	9			
✓ 10	213	Horner, Jennie	Southern Ill	10	<u>2</u>	<u>2:59.4</u>	<u>3:00.17</u>
✓ 11	158	Dahman, Tana	Indiana State	11	<u>1</u>	<u>2:59.0</u>	<u>2:59.14</u>

EVENT OFFICIAL

TITLE

_____	_____
_____	_____
_____	_____

Event 7 Women's 1,000 Meter Run

7 French, Lara
8 Carney, ShannonMurray St 11:55.68
Southern Miss 11:57.65Rec Center: 2:51.54 Marie Ohlund Alabama 1992
SIU Indoor: 2:54.76 R. Vincent 1989

----- Finals Results -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Smith, Tara	Southern Ill	3:20.46	
2	Lynch, Jennifer	Southern Ill	3:24.56	

9 Snowden, Kim Murray St 3:03.18

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COMPLETE RESULTS FOR ALL ROUNDS

Event 10 Women's 5,000 Meter Run

Qual Standard: 16:18.00

Rec Center: 17:32.49 Nicole Adams Illinois St 1990
SIU Indoor: 17:01.47 L. Judiscak 1988

----- Finals Results -----

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Conee, Amy	Indiana State	17:49.00	10
2	Lathrop, Amy	Indiana State	17:55.00	8
3	Reed, Leeann	Southern Ill	18:25.00	6
4	Pigg, Denise	Indiana State	18:40.00	4
5	Gardner, Karri	Southern Ill	19:13.00	2
6	Karchnick, Kristen	Southern Miss	20:42.80	1

Event 11 Women's High Jump

Qual Standard: 1.87m (6'01.50")

Rec Center: 1.82m (5'11.50") Natasha Alleyne Georg To 1992
SIU Indoor: 1.73m (5'08.00") A. Dougherty 1980

**** Starting Height - 5'0.75" ****

----- Finals Results -----

PL	ATHLETE NAME	SCHL MARK	PTS
1	Klott, Annette	SIU 1.65m (5'05.00")	10
2	Armand, Peggy	FS 1.65m (5'05.00")	8
3	Byrd, Karen	ISU 1.65m (5'05.00")	6
4	Smith, Stephanie	SIU 1.60m (5'03.00")	4
5	Bradley, Deleeta	FS 1.60m (5'03.00")	2
6	Brown, Rhonda	SIU 1.55m (5'01.00")	1
7	Showalter, Andrea	ISU 1.55m (5'01.00")	

Event 12 Women's Long Jump

Qual Standard: 6.38m (20'11.25")

Event 12 Women's Long Jump

Qual Standard: 6.38m (20'11.25")

Rec Center: 5.95m (19'06.25") D. Woodside Murray St 1990
SIU Indoor: 5.90m (19'04.25") C. Philippou 1989

----- Qualifying Results -----

PL	ATHLETE NAME	SCHL MARK
1	Johnson, Trinette	FS 6.05m (19'10.25")
2	Kruer, Kathe	ISU 5.30m (17'04.75")
3	Moore, Nacolia	SIU 5.27m (17'03.50")
4	Evans, Felicia	FS 5.20m (17'00.75")
5	Cook, Shannon	FS 5.12m (16'09.75")
6	Green, Tisha	USM 4.98m (16'04.25")
7	Wiggam, Kim	ISU 4.85m (15'11.00")
8	Banks, Alicia	USM 4.83m (15'10.25")
9	Smith, Stephanie	SIU 4.65m (15'03.25")

Event 13 Women's Triple Jump

Qual Standard: 12.95m (42'06.00")

Rec Center: 12.66m (41'06.50") Natasha Alleyne Georg To 1992
SIU Indoor: 12.19m (40'00.00") C. Philippou 1988

----- Finals Results -----

PL	ATHLETE NAME	SCHL MARK	PTS
1	Evans, Felicia	FS 11.66m (38'03.25")	10
2	Moore, Nacolia	SIU 11.37m (37'03.75")	8
3	Banks, Alicia	USM 11.04m (36'02.75")	6
4	Wiggam, Kim	ISU 10.27m (33'08.50")	4
5	Green, Tisha	USM 9.95m (32'07.75")	2

----- Qualifying Results -----

PL	ATHLETE NAME	SCHL MARK
1	Evans, Felicia	FS 11.66m (38'03.25")

Rec Center: 5.95m (19'06.25") D. Woodside Murray St 1990
 SIU Indoor: 5.90m (19'04.25") C. Philippou 1989

Finals Results

PL	ATHLETE NAME	SCHL	MARK	PTS
1	Johnson, Trinette	FS	6.05m (19'10.25")	10
2	Evans, Felicia	FS	5.43m (17'09.75")	8
3	Green, Tisha	USM	5.38m (17'08.00")	6
4	Kruer, Kathe	ISU	5.30m (17'04.75")	4
5	Moore, Nacolia	SIU	5.27m (17'03.50")	2
6	Cook, Shannon	FS	5.12m (16'09.75")	1

2	Moore, Nacolia	SIU	11.37m (37'03.75")
3	Banks, Alicia	USM	11.04m (36'02.75")
4	Wiggam, Kim	ISU	10.27m (33'08.50")
5	Green, Tisha	USM	9.95m (32'07.75")

Event 14 Women's Shot Put

Qual Standard: 51'10.00" (15.80m)

Rec Center: 51'00.75" (15.56m) Kristy Barrett Ind St. 1990

SIU Indoor: 51'01.00" (15.57m) R. McCausland 1985

Finals Results

PL	ATHLETE NAME	SCHL	MARK	PTS
1	Koebocke, Julie	ISU	45'01.75" (13.76m)	10
2	Ballenger, Jessica	ISU	43'11.50" (13.40m)	8
3	Cokely, April	SIU	43'08.25" (13.32m)	6
4	Mausel, Cathy	ISU	43'01.50" (13.14m)	4

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Lion's Club Saluki Invitational
 Southern Illinois Rec Center - Saturday Feb 13, 1993

COMPLETE RESULTS FOR ALL ROUNDS

Event 17 Men's 55 Meter Dash

Qual Standard: 6.18

Rec Center: 6.24 Izing Adeyanju Wich St 1990

SIU Indoor: 6.14 Ivory Crockett 1970

Finals Results

PL	ATHLETE NAME	SCHL	MARK
1	Koebocke, Julie	ISU	44'05.25" (13.54m)
2	Ballenger, Jessica	ISU	43'11.50" (13.40m)
3	Cokely, April	SIU	43'08.00" (13.31m)
4	Mausel, Cathy	ISU	42'09.00" (13.03m)
5	Scott, Wendy	MSU	41'10.00" (12.75m)
6	Saracco, Stefany	SIU	41'02.25" (12.55m)
7	Cook, Shannon	FS	40'02.00" (12.24m)
8	Grammer, Cynthia	SIU	40'01.50" (12.23m)
9	Knight, Tracey	USM	39'06.50" (12.05m)
10	Cawthon, Yolanda	SIU	39'02.00" (11.94m)
11	Melton, Jenny	ISU	38'03.50" (11.67m)
12	Leonard, Danielle	MSU	36'01.50" (11.01m)
13	Personett, Amy	SIU	35'02.00" (10.72m)
14	Jones, Megan	MSU	34'09.50" (10.60m)
15	Showalter, Andrea	ISU	30'11.00" (9.42m)
16	Smith, Stephanie	SIU	29'05.25" (8.97m)

Event 15 Women's 4x400 Meter Relay

PL	ATHLETE NAME	SCHOOL	TIME	PTS
1	Evans, Earnest	Southern Miss	6.31	10
2	Carter, Jon	Florida State	6.41	8
3	Brown, Duval	Southern Miss	6.48	6
4	Matthews, Armon	Southern Miss	6.61	4
5	Dixon, Marcus	Florida State	6.71	2
6	Messam, Wayne	Florida State	7.01	1

Qualifying Results

PL	ATHLETE NAME	SCHOOL	TIME
1	Evans, Earnest	Southern Miss	6.50
2	Carter, Jon	Florida State	6.52
3	Brown, Duval	Southern Miss	6.59
4	Matthews, Armon	Southern Miss	6.66
5	Dixon, Marcus	Florida State	6.67
6	Roney, Kris	Indiana State	6.75*
7	Messam, Wayne	Florida State	6.87
8	Dixon, Eric	Murray St	7.01
9	Krampe, Tony	Murray St	7.04
10	Brush, Ken	Vanderbilt	7.55

ACC Indoor Track Performance

Meet Name: Saluki Invitational
Meet Date: February 13, 1993
School: Florida State Univ.
SID Contact: Steve Roogow

Site: Southern Illinois Univ.
Track Size: 200 meters
Men/Women: Women (T-2nd)
FAX Number: (904) 644-3820

EVENT:

(Please fill in top five runners and performance in Metric Only)

55 Meter Dash

Time

Mile

Time

1. _____
2. _____
3. _____
4. _____
5. _____

1. _____
2. _____
3. _____
4. _____
5. _____

55 Meter Hurdles

1. Peggy Armand
2. Kim Stephens
3. _____
4. _____
5. _____

8.16
8.78

3,000 Meters

1. Tracey Pepoon
2. _____
3. _____
4. _____
5. _____

10:09.84

200 Meters

1. _____
2. _____
3. _____
4. _____
5. _____

5,000 Meters

1. _____
2. _____
3. _____
4. _____
5. _____

400 Meters

1. Kim Stephens
2. _____
3. _____
4. _____
5. _____

59.61

1,600 Meter Relay

1. Florida State

Mile Relay

1. _____

800 Meters

1. _____
2. _____
3. _____
4. _____
5. _____

3,200 Meter Relay

1. _____

2 Mile Relay

1. _____

To the best of my knowledge, all performances are accurate.

Signed: _____

(HEAD COACH ONLY)

-more-

ACC Indoor Track Performance (cont'd)

School: Florida State Univ.

Meet Name: Saluki Invitational

FIELD EVENTS:

High Jump

1. Peggy Armand
2. Deletea Bradley
3. _____
4. _____

Performance

1. 65
2. 60
3. _____
4. _____

Pole Vault (for men only)

1. _____
2. _____
3. _____
4. _____

Performance

- _____
- _____
- _____
- _____

Long Jump

1. Shannon Cook
2. _____
3. _____
4. _____

5. 12
- _____
- _____
- _____

Shot Put

1. _____
2. _____
3. _____
4. _____

- _____
- _____
- _____
- _____

Triple Jump

1. _____
2. _____
3. _____
4. _____

- _____
- _____
- _____
- _____

35 lb Weight (for men only)

1. _____
2. _____
3. _____
4. _____

- _____
- _____
- _____
- _____

To the best of my knowledge, all performances are accurate.

Signed: 
(HEAD COACH ONLY)